



Saint Henry Catholic Church

5315 W. Main St., Belleville, IL 62226

August 2, 2026
Eighteenth Sunday in Ordinary Time
Matthew 14:13-21

In his song, "Lose Yourself," the artist Eminem raps, "the mood all changed."

We all know that moment when the mood changes, when life turns from lighthearted to deadly serious. That happens in today's Gospel. Jesus has just heard that John the Baptist, his cousin, forerunner, and friend, has been murdered. As Matthew tells us, **"When Jesus heard of it, he withdrew in a boat to a deserted place by himself."** Until now, he had been teaching in parables and healing quietly. But John's death signals a new phase. The shadow of the Cross begins to fall. Evil shows its teeth.

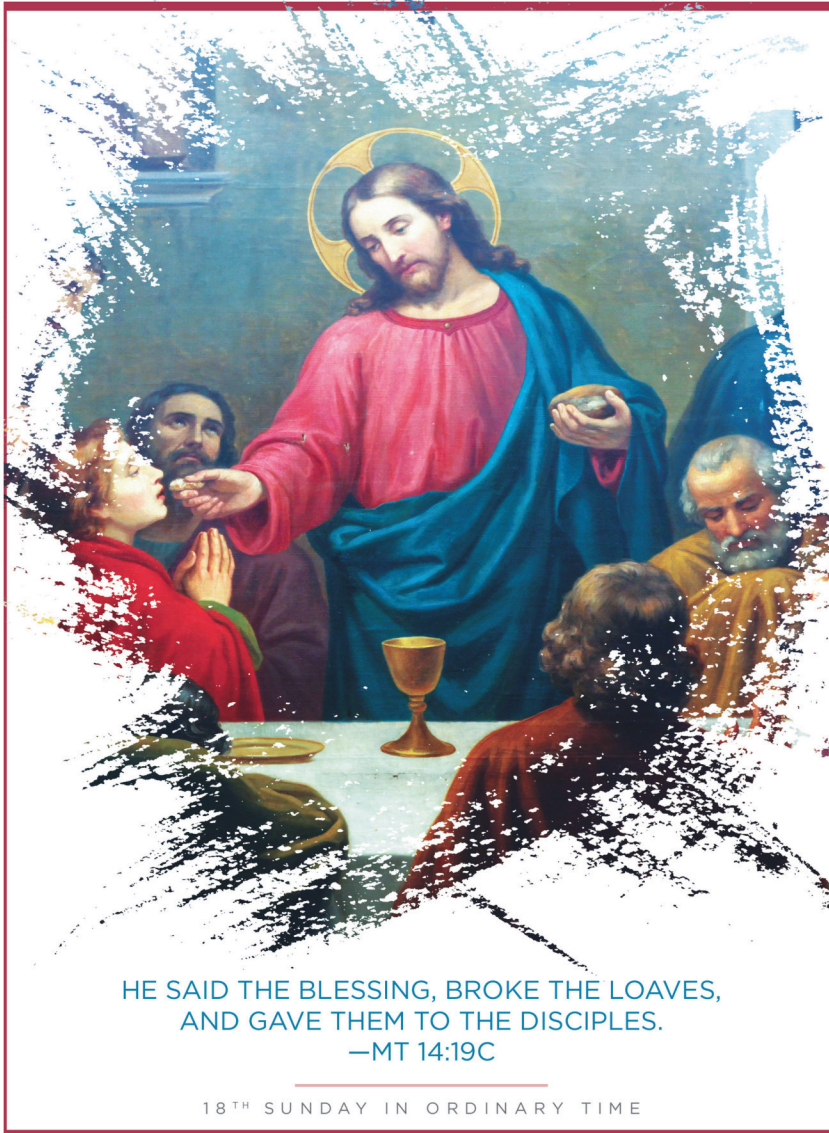
And how does Jesus respond? Not with rage or despair. He goes to a lonely place to go into deep communion with his Father. From that silence comes action. He feeds the multitude. Out of grief comes generosity. Out of sorrow, life.

This is the rhythm of every disciple's life. When tragedy or violence breaks our hearts, we face a choice. We can react, or we can retreat into prayer — like and with Christ. This is the hidden place where pain becomes compassion and compassion becomes self-gift.

Lord Jesus, when life intensifies, draw me into Your quiet strength. In that hidden place with You and the Father, turn my heartbreak into the bread of love for the world. Amen.

— Father John Muir

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HE SAID THE BLESSING, BROKE THE LOAVES,
AND GAVE THEM TO THE DISCIPLES.
—MT 14:19C

18TH SUNDAY IN ORDINARY TIME

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PASTOR - (618) 233-2423
Very Reverend Kenneth J. York

DEACON
Deacon Gerald Bach
dcaon1948@charter.net

Deacon James Law - (618) 406-5709 or
deaconjlaw@gmail.com

Organist & Choir
Robert Wojcik - (618) 610-0121

Parish Secretary
Dawn Partington - (618) 233-2423 or
Email : sthenryc@peaknet.net

Parish Office Hours
Mon.-Fri. 8:00 am - 4:00 pm
Lunch 12:00 pm - 1:00 pm

Creative Learning Center
Jennifer Campbell - Director
Nicole Hettenhausen - Assist. Director
www.sthenryclc.com (618) 234-6061

St. Henry's Prayer Chain
Carol Lesko (618) 698-5838

Weekday Masses
Monday-Saturday 8:00 a.m.

Weekend Masses
Saturday 4:00 p.m.
Sunday 8:30 a.m. & 10:30 a.m.

Sacrament of Reconciliation
Saturday 3:00 p.m. to 3:45 p.m.

Liturgical Minister	Lector	Eucharistic Minister	Greeter	Gift Bearer	Usher
August 8th Saturday, 4:00 PM	Trish Denton	David Bollman Ramona Effinger	Joyce Dierkes Need Volunteer	Kathleen Dinan Terry Starwalt	Mike Louth Anne Louth
August 9th Sunday, 8:30 AM	Peggy Hassel	George Mehochko	Need Volunteer	Bernadette Gadu Kathy Pajares	Daniel Broeckling Paul Schwartzhoff
August 10th Sunday, 10:30 AM	Maureen Reed	Dawn York	Sue Bolen	Lynne Fulte Need Volunteer	Jerry Ahrens Carol Tyler

Respect Life Corner

A Trinity of Love: Where God Enters the Picture

Soon-to-be beatified Archbishop Fulton Sheen used a simple image of a triangle to describe marriage: husband and wife are two points at the base, but God is the third point at the top, and their love for one another must first rise toward Him before it can bear fruit between them. When a couple struggles with infertility, it can feel like that fruitfulness is being withheld, and that pain is real; it is rightly called a cross. But even here, God remains in the midst of the marriage, and the "children" born of a couple's love don't always take the form expected. Sometimes they are spiritual children, works of mercy, or a fruitfulness the couple could not have planned. This month, we begin exploring Restorative Reproductive Medicine, a faithful, medically sound path that seeks healing for couples facing these crosses. Join us as we walk through it together.



LIVE THE LITURGY - INSPIRATION FOR THE WEEK

When Jesus multiplied the loaves and fishes, he didn't create only what was needed — there were leftovers that could be saved and shared again. God is lavish in bestowing His grace upon us. He always gives enough to share.

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READINGS OF THE WEEK

Readings for the week of August 2, 2026

Sunday: Is 55:1-3/Ps 145:8-9, 15-16, 17-18/Rom 8:35, 37-39/Mt 14:13-21
Monday: Jer 28:1-17/Ps 119:29, 43, 79, 80, 95, 102/Mt 14:22-36
Tuesday: Jer 30:1-2, 12-15, 18-22/Ps 102:16-18, 19-21, 29, 22-23/Mt 14:22-36 or Mt 15:1-2, 10-14
Wednesday: Jer 31:1-7/Jer 31:10, 11-12ab, 13/Mt 15:21-28
Thursday: Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9/2 Pt 1:16-19/Mt 17:1-9
Friday: Na 2:1, 3; 3:1-3, 6-7/Dt 32:35cd-36ab, 39abcd, 41/Mt 16:24-28
Saturday: Hb 1:12-2:4/Ps 9:8-9, 10-11, 12-13/Mt 17:14-20
Next Sunday: 1 Kgs 19:9a, 11-13a/Ps 85:9ab and 10, 11-12, 13-14/Rom 9:1-5/Mt 14:22-33

Observances for the week of August 2, 2026

Sunday: 18th Sunday in Ordinary Time
Monday:
Tuesday: St. John Vianney, Priest
Wednesday: The Dedication of the Basilica of St. Mary Major
Thursday: The Transfiguration of the Lord
Friday: St. Sixtus II, Pope, and Companions, Martyrs; St. Cajetan, Priest
Saturday: St. Dominic, Priest
Next Sunday: 19th Sunday in Ordinary Time ©LPi

Mass Intentions for the week of August 2, 2026

SUN	8/2	8:30 AM 10:30 AM	Maria Pezzuto Velda Bringaze
MON	8/3	8:00 AM	Jean Gass
TUES	8/4	8:00 AM	Joe Gruenewald
WED	8/5	8:00 AM	Joan Wilbret
THURS	8/6	8:00 AM	Catholic Extension Donor Intentions
FRI	8/7	8:00 AM	Memorial Donors
SAT	8/8	8:00 AM 4:00 PM	Catholic Extension Donor Intentions Agnes Rettle, Quentin Lauer
SUN	8/9	8:30 AM 10:30 AM	Harold James Galvin For The People

Sunday, August 2, 2026 | Eighteenth Sunday in Ordinary Time

(PRACTICING) CATHOLIC- RECOGNIZE GOD IN YOUR ORDINARY MOMENTS By Colleen Jurkiewicz Dorman

The Miracles We Don't See

"Why aren't there miracles anymore?"

I've heard people say this more than once. Usually, it is someone who is a believer in Christ but not a Catholic, because Catholics understand that miracles happen at every Mass, to say nothing of the other miracles the Church recognizes. But even some Catholics often find themselves wondering why it's been so long since God gave us a good show. A good sun-dance in the sky. A good, flashy reason to believe.

I don't know what it looked like when the loaves and the fishes were multiplied. I believe it happened, and I have envisioned it often, but I just can't picture it. Did everyone blink and there was a giant pile of food? Did they just keep finding more? Was it all the same kind of bread, or did Jesus mix it up?

I think the Gospel is deliberately vague on this to test the patience of pathologically nosy people like myself. It's not important what it looked like. If those details mattered, they would be spelled out in Scripture.

How often we find ourselves unsatisfied with the answers God has for us.

I wonder if that's what Christ was thinking when he savored those last few minutes of solitude on the boat, where he had gone to be alone after hearing the crushing news of his cousin's execution. Was he imagining the crowds gathering on shore? Was he contemplating their enormous expectations for God — for him! — and anticipating their disappointment when every wish could not be granted?

Maybe. But that's not what the Scripture says.

"His heart was moved with pity," we are told. I think of him looking at them all, so weary and uncertain and hungry. Pity — this is what he felt. Not resentment, exhaustion or frustration. Pity. And his precious heart was moved.

What a miracle. No details, no explanation. No dancing sun. But what a miracle.

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THE
Transfiguration
OF
Jesus

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Respect, Explained!

Respect, as defined in the Oxford Dictionary, means a feeling of admiration for someone's good qualities or achievements.

This is also how we understand respect in terms of Catholic virtue. Let's consider that: the Catechism

tells us that "man must...respect the particular goodness of every creature" (CCC 339) in God's world. So what are the admirable qualities shared by each and every creature?

There is only one, and it's quite simple: the Creator himself. Respect, wrote the theologian Fr. Romano Guardini, is the "everyday form of reverence."

Respect is an admiration of the sacredness of a thing. Respect for those made in God's image flows from our primary respect for God himself. Because of this, it is particularly important that we, as Christians, show respect for those segments of society that only we will recognize as being sacred: the unborn, the elderly, the poor, the stranger.

If we do not respect them, who will?

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Blessing of God's Provision

Dear God,

Thank You for the ways You have always provided in the past, and be with us in these days as well. Bless our community — every family, every home, every person entrusted to our parish's care. Provide for our needs — bodily, emotional, financial, mental, and spiritual — in Your holy and sacred name.

Amen.

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PRAYER REQUESTS

"Heavenly Father, we offer all the prayer requests on our prayer chain to you. We ask that you would hear and answer each one according to your perfect will. We trust in your love, your power, and your grace. May your peace reign in our hearts and in the lives of those we are praying for."

Brian	Lou	Rose
Cathy	Matt	Rosemary
Jykel	Patrick	Tanya
Koerber Family	Randy	Tom
Leslie	Range Family	
Linda	Rosalie	

Please keep in your prayers all who are ill, specially those listed below, their families and their caregivers.

To add names to the Prayer List, please contact Carol Lesko by phone at 618-698- 5838. If she unavailable to take your call please leave a message.

Names will be published for 4 weeks unless we are notified to retain them longer.



****All parish support listed is from the week's collections, mailed in, and online donations.****

July 26, 2026

Envelopes/Loose	\$ 4,630.85
St. Vincent de Paul	\$ 891.00
Guatemala	\$ 65.00

THANK YOU

to everyone who supports our parish through donations, prayer, and or service!



August 2, 2026

Sunday	8:30 AM Mass Live Stream 8:30 AM Mass 10:30 AM Mass
Monday	8:00 AM Mass SVDP Mtg 9:00 am
Tuesday	8:00 AM Mass
Wednesday	8:00 AM Mass Eucharistic Exposition 2:30-4:30 pm
Thursday	8:00 AM Mass
Friday	8:00 AM Mass 1:00 PM ACHS Orientation Mass
Saturday	8:00 AM Mass 4:00 PM Mass
Sunday	8:30 AM Mass Live Stream 8:30 AM Mass 10:30 AM Mass



Remember your loved ones with a Mass. (\$10.)
Contact the parish office at 618-233-2423



The Parish Rosary Program. Each week parishioners are requested to either email to the church secretary sthenryc@peaknet.net or drop a slip of paper in the collection basket with the number of rosaries they prayed this week. (started February 12, 2023)

Weekly	Year to Date	Grand Total
267	4,071	20,819

Vocation Corner

"Growing up on the east coast of Canada, I was involved in my family's parish, but my faith remained lukewarm. A vocation to the priesthood never crossed my mind. Instead, my attention was captured by the insights in the natural world provided by science, which eventually led me to pursue a doctorate in chemistry at a university in California. During my Ph.D. research, the Holy Spirit led me to ask deeper questions that could not be answered by chemistry alone. As a result, I came to believe the Catholic faith firmly and sought to live it intentionally. During this time, I sensed an unexpected call to the priesthood. The priests serving in campus ministry helped my discernment, and in time I heard God calling me home as a diocesan priest. After my doctorate, I entered seminary and was ordained in 2016.

Fr. James Fleming; Archdiocese of St. John's, Torbay Newfoundland and Labrador Columbia Nov 2025



We offer our deepest sympathies and prayerful support to the family of

Martin Gramlick

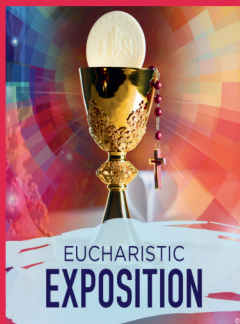
May our prayers be of comfort to their family in their time of loss and sorrow.

CATHOLIC TRIVIA – JUST FOR FUN

Question: In addition to Jesus' mother Mary, which saint is depicted in artwork more than any other?

Answer: St. Nicholas

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The Chaplet of Divine Mercy
is the most powerful prayer a person
can say to obtain God's mercy!
If you have never experienced The
Chaplet in song then you are in for an
amazing experience.

Eucharistic Exposition every
Wednesday from 2:30-4:30.



Planning is well underway for "Becoming Catholic" gatherings which will begin soon! Many inquirers are seeking to know, and are invited to "Come and See," what a relationship with Jesus through the Catholic Church looks like. Through sharing our Catholic faith, Holy Scripture, and personal witness of an everyday walk with Jesus, inquirers will come to know the Joy of "Becoming Catholic."

Inquiry gatherings will be offered on Thursday evenings in the Cathedral of St. Peter Undercroft at 7:00 PM on September 17 and again on September 24, 2026. Formation will begin on Thursday October 1, 2026.

These gatherings offer a perfect opportunity for anyone who has expressed interest in coming to the Church, wishing to complete their sacraments, or simply looking to learn more about our faith. Please contact **Deacon Jim Law** with questions regarding "Becoming Catholic."

BIRTHDAYS

Brianna Scott 08/03
Aidan Gaither 08/04
Barbara Gruenewald 08/04
Ken Kaffer 08/04
Mary Kay Agne 08/05
Maurice Gammon Jr 08/05
David Baechle 08/06
Henry Ficker 08/06

Emma Kellmeyer 08/06
Kieran Sobczak 08/06
Vernon Ficker 08/07
Cecilia Hellmann 08/07
James Lovatto 08/08
Kristie Galati 08/09
Brenda Weik 08/09



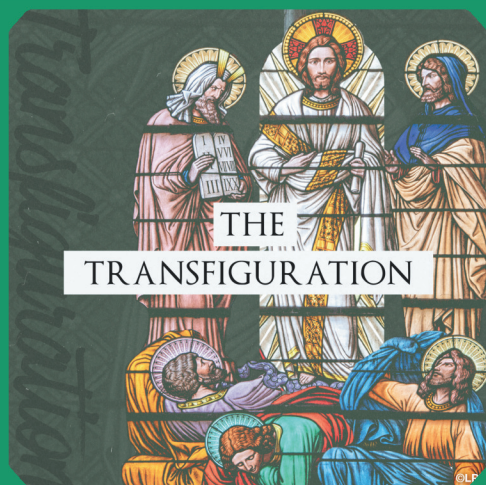
Blood Drive

St. Augustine of Canterbury- Kuhl Hall
1900 West Belle
Belleville, IL 62223

Monday, August 3, 2026 - 1:30 p.m. to 5:30 p.m.

Please visit RedCrossBlood.org and enter:
SAOC to schedule an appointment.

Come to give blood in August for a \$20 Amazon gift card
Terms rcblood.org/August



National Shrine of Our Lady of the Snows – Visitors Center When Mental Illness Hits Home Conference

"Mental Health through the Ages"

**Presenters: Sarah Surrey, LCSW,
Mindy Grossman,**

**Tanya Koelker, LCPC and Christopher Evans
Friday, August 28, 2026, from 9:00 AM to 3:00 PM**

This annual and unique conference is for family members and friends who journey with people with mental illness and for professionals in the mental health field.

Cost: \$50.00 per person, including lunch. Additional \$35.00 for Illinois CEUs

For more information, call 618-394-6281.
Register online at <https://snows.org/illness2026>

Sunday, August 2, 2026 | Eighteenth Sunday in Ordinary Time

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