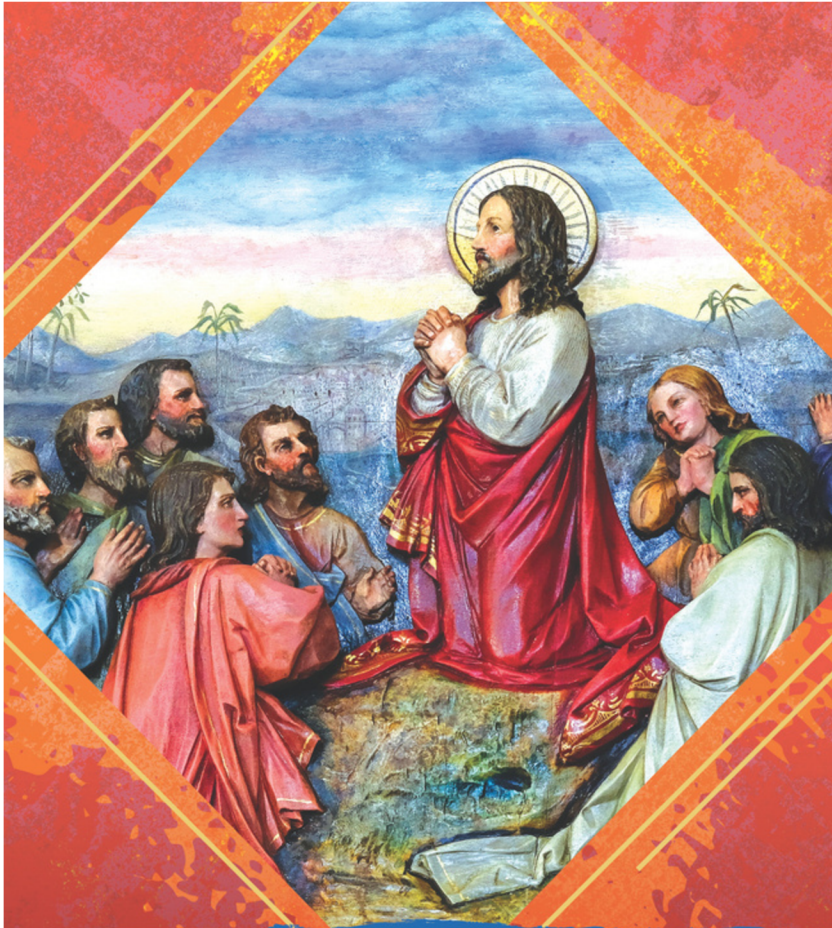




Saint Henry Catholic Church

5315 W. Main St., Belleville, IL 62226

July 5, 2026
14th Sunday in Ordinary Time
Matthew 11:25-30



14TH SUNDAY IN ORDINARY TIME

"Come to me, all you who labor and are burdened,
and I will give you rest." - Mt 11:28-30

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPi

This weekend, our nation celebrates the 250th anniversary of the signing of the Declaration of Independence. Unlike most nations, the United States was not founded primarily on a shared ethnicity, language, or culture. Instead, our founders built a political community out of diverse peoples united by a shared vision of liberty. That vision echoes something deep in the Christian mystery revealed in today's Gospel.

Jesus returns to his hometown. The people see only what is familiar: the carpenter, the son of Mary, one of their own. As Mark tells us, **"They took offense at him. Jesus said, 'A prophet is not without honor except in his native place and among his own kin and in his own house.'"** Their narrow vision blinds them. Jesus has come to inaugurate a new communion that transcends geography, bloodlines, and culture. He has come to unite all people in himself.

At its best, America's national unity reflects this possibility, which fully subsists only in the Catholic Church. Our unity is not based on ancestry or tribe, but on a shared commitment to higher ideals. For this reason, we can love our country with gratitude while situating patriotism within the broader horizon of faith.

Rooted in Christ, we are less vulnerable to the unholy tribalism that threatens civic life and faith. This weekend, let us thank God for our nation and pray that we also live as citizens of Heaven in Jesus Christ.

— *Father John Muir*

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PASTOR - (618) 233-2423
Very Reverend Kenneth J. York

DEACON
Deacon Gerald Bach
dcaon1948@charter.net

Deacon James Law - (618) 406-5709 or
deaconjlaw@gmail.com

Organist & Choir
Robert Wojcik - (618) 610-0121

Parish Secretary
Dawn Partington - (618) 233-2423 or
Email : sthenryc@peaknet.net

Parish Office Hours
Mon.-Fri. 8:00 am - 4:00 pm
Lunch 12:00 pm - 1:00 pm

Creative Learning Center
Jennifer Campbell - Director
Nicole Hettenhausen - Assist. Director
www.sthenryclc.com (618) 234-6061

St. Henry's Prayer Chain
Carol Lesko (618) 698-5838

Weekday Masses
Monday-Saturday 8:00 a.m.

Weekend Masses
Saturday 4:00 p.m.
Sunday 8:30 a.m. & 10:30 a.m.

Sacrament of Reconciliation
Saturday 3:00 p.m. to 3:45 p.m.

Liturgical Ministers	Lector	Eucharistic Minister	Greeter	Gift Bearer	Usher
July 11th Saturday, 4:00 PM	Trish Denton	Ramona Effinger Jeannette Yelinek	Bobby Elam Marilyn Elam	Betty Cerulli Sue Kaltenbronn	Kacie Denton Susan O'Malley
July 12th Sunday, 8:30 AM	Joyce Dierkes	George Mehochko	Kathy Pajares	Bernadette Gadu Alvina Tippy	Daniel Broeckling Paul Schwartzhoff
July 12th Sunday, 10:30 AM	Beth Regensberger	Dawn York	Sue Bolen	Lynne Fulte Need Volunteer	Jerry Ahrens Carol Tyler

Respect Life Corner

2026 Natural Family Planning Campaign Week 1

**"Man cannot fully find himself except
through a sincere gift of himself."
-St. Pope John Paul II**

At the heart of every human person is the call to love. Young or old, single, married, widowed—we are each capable of becoming a gift to another. We become a self-gift when we sit beside a friend in need, offer our time in service, faithfully "show up" for our children, choose love when it is most difficult, and when husbands and wives give themselves to one another freely, totally, faithfully, and fruitfully. In giving ourselves away, we do not lose who we are; we discover who we were created to be. Through these daily acts of self-giving love, we reflect the very heart of God and His infinite, unconditional love for each of us. The call to become a gift of self lies at the heart of God's beautiful plan for marriage and family. Through St. John Paul II's Theology of the Body, discover the deeper meaning of authentic love. Scan the QR code to learn more.



LIVE THE LITURGY - INSPIRATION FOR THE WEEK

These days, everyone's an expert. We have a world of information at our fingertips. But some answers can't be found in newspapers or even history books. What God hides from the wise, He reveals to the little ones. Are you looking in the right place?

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READINGS OF THE WEEK

Readings for the week of July 5, 2026

Sunday: Zec 9:9-10/Ps 145:1-2, 8-9, 10-11, 13-14/Rom 8:9, 11-13/Mt 11:25-30
Monday: Hos 2:16, 17c-18, 21-22/Ps 145:2-3, 4-5, 6-7, 8-9/Mt 9:18-26
Tuesday: Hos 8:4-7, 11-13/Ps 115:3-4, 5-6, 7ab-8, 9-10/Mt 9:32-38
Wednesday: Hos 10:1-3, 7-8, 12/Ps 105:2-3, 4-5, 6-7/Mt 10:1-7
Thursday: Hos 11:1-4, 8e-9/Ps 80:2ac and 3b, 15-16/Mt 10:7-15
Friday: Hos 14:2-10/Ps 51:3-4, 8-9, 12-13, 14 and 17/Mt 10:16-23
Saturday: Is 6:1-8/Ps 93:1ab, 1cd-2, 5/Mt 10:24-33
Next Sunday: Is 55:10-11/Ps 65:10, 11, 12-13, 14/Rom 8:18-23/Mt 13:1-23 or 13:1-9

Observances for the week of July 5, 2026

Sunday: 14th Sunday in Ordinary Time
Monday: St. Maria Goretti, Virgin and Martyr
Tuesday:
Wednesday:
Thursday: St. Augustine Zhao Rong, Priest, and Companions, Martyrs
Friday:
Saturday: St. Benedict, Abbot
Next Sunday: 15th Sunday in Ordinary Time
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Mass Intentions for the week of July 5, 2026

SUN	7/5	8:30 AM 10:30 AM	For The People Dr. Paul Biegler
MON	7/6	8:00 AM	Judith Marchand
TUES	7/7	8:00 AM	Catholic Extension Donor Intentions
WED	7/8	8:00 AM	Wayland Downen
THURS	7/9	8:00 AM	Catholic Extension Donor Intentions
FRI	7/10	8:00 AM	SVDP Members, Donors, & Volunteers
SAT	7/11	8:00 AM 4:00 PM	Catholic Extension Donor Intentions For The People
SUN	7/12	8:30 AM 10:30 AM	Curtis Wiley Jr. John Rensing

Sunday, July 5, 2026 | Fourteenth Sunday in Ordinary Time

(PRACTICING) CATHOLIC- RECOGNIZE GOD IN YOUR ORDINARY MOMENTS By Colleen Jurkiewicz Dorman

The Smallness of Great Faith

My children attend Catechesis of the Good Shepherd (CGS) for their faith formation. Because of its Montessori basis, CGS atriums, which are something like classrooms, contain lots of objects made from real materials — authentic glass, wood, and ceramic.

This is a polite way of saying there are lots of breakable things in there.

So when my four-year-old entered the atrium on her first day of CGS, my whole body tensed, wondering what she would shatter first. I had to restrain myself from crying out, "Don't touch anything!" She spotted the prayer table — the low, wooden stand which holds an open Bible, candles, a vase with flowers and a statue of the Good Shepherd. It's the centerpiece of every atrium.

She knelt before the table. She made the sign of the cross. And she sat there, still and silent.

I stopped dead in my tracks. How had she known to come here? And where did she learn to make the sign of the cross? (Obviously we've tried to teach her, but she does it wrong every time!) And why was she sitting there so quietly, so expectantly, in front of a book she can't read?

A thought came to me so clearly: Well, Colleen, you can read that book. But can you understand it?

It is so easy for us to forget that great faith does not require great intelligence. It does not require great knowledge of the world and its workings. Great faith does not require the believer to possess any answers.

Great faith only requires the believer to know his own smallness.

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We Love Our Volunteers!

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Empathy, Explained!

The virtue of empathy describes our ability to connect emotionally with the suffering of others. It's our interior capacity to appreciate and experience other people's feelings — to the extent, even, that we allow those feelings to impact our own decisions and our own actions.

Christ had empathy for us and for our state of imprisonment in original sin. He had empathy for the suffering we endure because of our self-imposed exile from friendship with God. This empathy meant that he sacrificed himself willingly for our salvation — he wanted to do it, because he had allowed our feelings to intermingle with his own. Since empathy flows directly from charity, the theological virtue that enables us to love God and to love others, we can use charity as a way to increase the empathy we feel. If we find ourselves struggling to muster empathy in a particular situation, engaging in charity will liberate us from our state of self-centeredness.

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Blessing for Our Country

Dear God,
Bless this land that we love, a land You created, in love. We are at our best when we're close to You. Please inspire, guide, and govern our leaders and our vision, that our greatness may be founded in and defined in You.
Amen.

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PRAYER REQUESTS

"Heavenly Father, we offer all the prayer requests on our prayer chain to you. We ask that you would hear and answer each one according to your perfect will. We trust in your love, your power, and your grace. May your peace reign in our hearts and in the lives of those we are praying for."

Andrea	Gustavo	Mary Ann
Barb	Janet	Odette
Benson Family	Kathleen	Rios & Alonso Families
Brook	Kathy	Santa-Cruz Family
Cáceres family	Kay	Scott
Caitlyn	Lou	Smith/Gereaux Family
Cathy	Margie	Tanya
Dorothy	Marilyn Family	Toby

Please keep in your prayers all who are ill, specially those listed below, their families and their caregivers.

To add names to the Prayer List, please contact Carol Lesko by phone at 618-698- 5838. If she unavailable to take your call please leave a message.

Names will be published for 4 weeks unless we are notified to retain them longer.



****All parish support listed is from the week's collections, mailed in, and online donations.****

Due to an Early Bulletin Deadline the Weekly contributions for the weekend of July 5th will be printed in the July 12th bulletin.



July 5, 2026

Sunday	8:30 AM Mass Live Stream 8:30 AM Mass 10:30 AM Mass
Monday	8:00 AM Mass NO SVDP Mtg
Tuesday	8:00 AM Mass
Wednesday	8:00 AM Mass Eucharistic Exposition 2:30-4:30 pm
Thursday	8:00 AM Mass
Friday	8:00 AM Mass
Saturday	8:00 AM Mass 4:00 PM Mass
Sunday	8:30 AM Mass Live Stream 8:30 AM Mass 10:30 AM Mass

St. Henry Happenings E-Newsletter

Keep up to date on St. Henry Happenings by signing up for our E-Newsletter. Information that comes in too late to make it into the bulletin is also posted in the E-Newsletter.

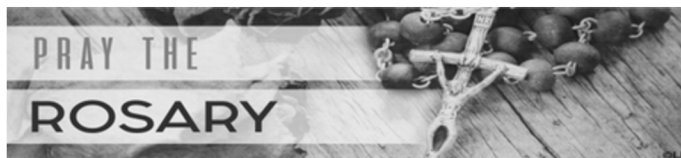
Sign up today to receive your copy!

Name: _____

Email: _____

Phone: _____

This slip can be placed In the collection basket. Or you may send an email to sthenryc@peaknet.net and request to sign up for the E-newsletter.



The Parish Rosary Program. Each week parishioners are requested to either email to the church secretary sthenryc@peaknet.net or drop a slip of paper in the collection basket with the number of rosaries they prayed this week. (started February 12, 2023)

Due to an Early Bulletin Deadline
Rosary totals will be in the next
bulletin

St. Vincent de Paul - Baby Bottle fundraiser



St. Henry Chapter of St. Vincent De Paul is holding a fundraiser to support our local Pregnancy Care Center.

The Baby Bottles were are given out on Mothers' Day, May 10th.

Please return the filled Baby Bottles!

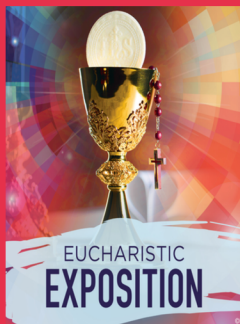
Vocation Corner

This weekend, we mark another anniversary of the signing of the Declaration of Independence. "On the 51st anniversary, Charles Carroll, the only Catholic to have signed the Declaration and the last surviving signer, said, "God grant that this religious liberty may be preserved in these States to the end of time, and that all believing in the religion of Christ may practice the leading principle of charity, the basis of every virtue." Today is a time for choosing how we will keep faith with the great accomplishments of our Catholic forebears as we seek to make our own contributions. If we or someone in your family is called by the Holy Spirit to a religious vocation, we should encourage and accept this challenge as we are all endowed by our Creator with life and liberty.

"Columbia, "Culture of Life", Oct. 2015, pg. 47.



Remember your loved ones with a Mass. Contact the parish office at 618-233-2423



The Chaplet of Divine Mercy
is the most powerful prayer a person
can say to obtain God's mercy!
If you have never experienced The
Chaplet in song then you are in for an
amazing experience.
Eucharistic Exposition every
Wednesday from 2:30-4:30.



As we journey through winter and prepare
for spring, we set new goals dedicated to
strengthening our church's community.
Faithfulness in giving allows us to share the gifts
that God has given us, so our spiritual home
may thrive. That is why our church offers
Online Giving as an option to support our
ongoing mission and ministries.

Online Giving helps support our church by
allowing you to make donations, payments,
and pledges via your mobile phone, smart
device, or computer to our church.



SIGN UP TODAY BY VISITING OUR CHURCH WEBSITE!

Celebrate!

Cian Ledee 07/06	Jeanette Gramlick 07/08
Frances Lopinot 07/06	Michael Lundy 07/08
Abraham Sanchez 07/06	Marilyn Lovatto 07/09
Oliver Kohl 07/07	JoAnn Dahlmann 07/10
Kelvin Argo 07/08	Rita Stringer 07/10
Nelson Arzola 07/08	Jeannette Yelinek 07/10
Jerry Barcinas 07/08	Sara Fitzwater 07/11



83rd Annual
Healing and Hope Novena
to Our Lady of the Snows



The National Shrine of Our Lady of the Snows
83rd Annual Healing and Hope Novena
to Our Lady of the Snows

Finding Healing and Hope through Our Lady's Intercession
Join us in prayer for any or all of these nine evening Masses,
(Tuesday, July 28, through Wednesday, August 5, 2026,
7:00 p.m. nightly) as we pray for our own needs and those of
our world.

For the schedule of themes and more information, visit
snows.org/Novena

Society of St. Vincent De Paul Needs Your Help!

Summer is here and the Belleville Diocesan Council
of St. Vincent de Paul is in dire need of some basic
summer pantry items:

Presweetened drink mixes, Napkins,
Bottled Water, Cups-8 oz disposable (large boxes
available from Sam's and Costco), Gatorade or
similar drinks, Tuna fish-#10 (large) size cans,
Tin foil-commercial rolls, Kleenex/tissues, Plastic T-
shirt bags, Coffee-large cans, Salad dressing, pickle
relish, mayonnaise and BBQ sauce-gallon jars,
Sugar, Toilet paper, Plastic liners for trash cans-55
gallon,
Paper plates-small, 6-inch, Bleach, Creamer large
jars, Laundry pods,
Chips, cookies, fruit cups-individual sized, Dish
Soap,
Packaged cookies, Fun Fruits,
Individually packaged food items:
cookies, fruit cups, tuna and chicken snack packs
chips, crackers, cheese sticks, cereal, instant
oatmeal,
Pop Tarts, breakfast bars, soup or pasta in a cup

Items can be dropped off at:
St. Vincent de Paul Council Office
8800 West Main Street, Belleville, Illinois 62223
(across from Blessed Sacrament Church)
Monday, Tuesday, Thursday, Friday 9:00 a.m.-noon
or
SVDP Thrift Store/Hubbard's Haven Soup Kitchen
3718 State Street, East St. Louis
Monday-Friday 9:00 a.m.-1:30 p.m.; Saturday 9:00
a.m.-12 Noon

For additional information contact Troy Herring or
Pat Hogrebe at 618-394-0126. Thank you and God
bless you for your generosity which enables St.
Vincent de Paul's life-saving ministry to the poorest
among us.

Sunday, July 5, 2026 | Fourteenth Sunday in Ordinary Time

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