

2025 Mutual Ministry Report

Building Families Program

SPRING VALLEY PRESBYTERIAN CHURCH, COLUMBIA, SC

- During **2025**, Building Families reached over **728** children and family members throughout Florida, Georgia, and South Carolina.
- A total of **18** clients were served through our partnership with **Spring Valley Presbyterian Church!**
- Building Families offered virtual/telehealth, office-based, and in-home sessions to individuals and families. **Elizabeth** provided **263 sessions in 2025!** This included **16** assessment appointments, **113** individual counseling sessions, and **134** family therapy sessions.
- **Elizabeth** provided **Aftercare services** for **20** clients, checking in with their families on a monthly basis over the course of the year to provide support, address new challenges, and connect them to needed resources.
- **Elizabeth** has enjoyed interacting with the congregation and staff at **Spring Valley Presbyterian Church!**

The Building Families Program is now operating as
Thornwell Community Counseling!

While the name of the program and structure of services have evolved, Thornwell's commitment to serving individuals and families through high-quality, compassionate care remains the same.

Thornwell Community Counseling provides trauma-informed, attachment-based therapy for **ALL ages**, now including adults, children, teens, and families.

Previously called Family Specialists in the Building Families model, our staff are now referred to as **Mental Health Counselors**.

As we move forward under this new program name, we do so with excitement and purpose. More clients can access the services they need to live hopeful, healthy, and empowered lives, fulfilling their God-given potential.

Elizabeth Ogorek, LPC, LMFT

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Lead Mental Health Counselor
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A YEAR IN REVIEW

JANUARY

Elizabeth continued her work with 2 families from 2024 and added 3 additional families to her caseload!

FEBRUARY

Elizabeth completed work with 2 families, one celebrated with a s'mores and Diva Juice (sparkling cider) party!

MARCH

Elizabeth began a new role of completing Program Coordinator tasks for the Building Families team in addition to serving families in-home.

APRIL

Elizabeth hosted a table to share information about the Building Families Program at a block party in the Woodfield Park community.

MAY

Elizabeth co-hosted a gathering of TBRI Practitioners in South Carolina to build connections and raise awareness of Building Families services. She also volunteered at the Thornwell Spring Festival.

JUNE

Elizabeth collaborated with her teammates from FL, GA, and SC at an all-team meeting on Thornwell's campus in Clinton, SC.

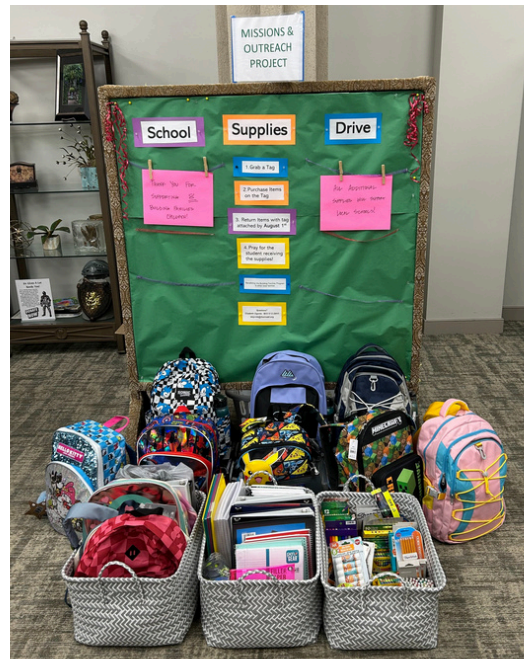
(Right) Elizabeth repurposed a Guess Who game as a means of discussing feelings of comfort and discomfort with young clients.



(Left) Elizabeth enjoyed volunteering at the Yuletide event at SVPC and sharing information about Building Families with Preschool parents!



(Right) SVPC's generosity shines brightly during the School Supplies drive!



(Left) The Building Families team celebrating Thornwell's 150th Anniversary together!



JULY

Elizabeth coordinated the SVPC school supplies drive and delivered supplies and backpacks to 2 families (8 students!)

AUGUST

Elizabeth enjoyed attending SVPC night at the Fireflies baseball game with church members!

SEPTEMBER

Elizabeth passed on a donation from an SVPC member that allowed a Mother and her 2 children to attend the zoo for their first trip in 5 years!

OCTOBER

Elizabeth attended Thornwell's 150th celebration documentary viewing and worship concert. She enjoyed trick or treating with the SVPC Preschool classes!

NOVEMBER

Elizabeth enjoyed sharing about the Building Families Program on Thornwell Sunday at SVPC.

DECEMBER

Elizabeth received generous gifts from SVPC members through the Angel Tree project that will support families served in 2025 and 2026! She enjoyed attending SVPC's Yuletide event!

Your support makes this program possible! If you have a heart for families, ask Elizabeth about upcoming opportunities.

BREAKTHROUGHS

Family Specialists work with families to develop and achieve their goals. One mom reflected on positive changes she has seen in her home while working with Elizabeth:

"Better communication, more respect, more love, caring. We spend more time together and talk things through. We didn't do that before very well. We use active listening--listening to understand instead of listening to respond." Her son added, *"I learned that I have a lot of potential and I can do way better things if I put my mind to it and actually try."*