A Thrill of Hope



The Reset Has Come!



Advent Devotional
Guide for Families
& Youth

Welcome!

A Note to Youth

Hi friends!

Welcome to the Kids & Youth Advent Devotional, a special guide made just for you. This book is a fun companion to the adult devotional, "A Thrill of Hope: The Reset Has Come."

Each week, you will learn about Hope, Peace, Joy, Love, and Life through Bible stories, fun activities, crafts, yummy recipes, and family challenges. You can read, pray, create, and celebrate with your family as you learn how Jesus brings light and love to the world. The resources in the back of this guide will assist you with the activities.

Get ready to explore God's Word, have fun, and share His love this Advent season!

A Note to Parents:

Dear Parents,

This devotional is designed to be flexible and fun for your family as you journey through the season of Advent together. Feel free to adjust the recipes for healthier options if you prefer, or to adapt any activity to suit your child's age and abilities.

For older children or those who enjoy a challenge, you can incorporate additional writing, journaling, or deeper reflection with the activities. The goal is not perfection—it's to explore the themes of Hope, Peace, Joy, Love, and Life together, create memories, and engage with Goa's Word in a meaningful way.

Most importantly, keep it fun and interactive, letting this guide help your family travel through Advent together, celebrating the story of Jesus and experiencing His presence throughout the season.

Enjoy the journey!



HOPE RESET



Memory Verse:

Isaiah 9:2 - "The people walking in darkness have seen a great light."

Big Idea:

Jesus brings hope when things feel dark or scary.

Prayer:

Jesus, thank You for giving us hope. Help us trust You even when things feel scary. Amen.

Craft Activity:

Make a "Hope Lantern" from paper or a jar with a battery tea light. Decorate with stars or hearts.

Journaling Prompts:

- What is one thing I hope for this week?
- How can I trust God when I feel scared?
- Draw or write how God has shown hope to you.

Daily Readings & Reflections

Day 1: Isaiah 9:2

- Jesus is the light for all who are in darkness.
- Draw a bright star.

Day 2: Psalm 33:18

- God sees you and loves you.
- Write one thing you are thankful for.

Day 3: Lamentations 3:22-23

- God's mercies are new every morning.
 - Draw a rainbow.

Day 4: Romans 15:13

- God fills us with hope.
 - Write one hope you have for this week.

Day 5: 1 Peter 1:3

- Jesus gives us a living hope.
- Color a candle.

Day 6: Micah 7:7

- Wait for God; He will save.
 - Draw a path with light.

Day 7: John 8:12

- Jesus is the light of the world.
 - Reflect: How does He light up your life?

Family Challenge:

Share a story of a time when God gave your family hope. Pray together for one hope each of you has this week.



PEACE RESET



Memory Verse:

Isaiah 9:6 - "He will be called... Prince of Peace."

Big Idea: Jesus brings peace when we feel worried or upset.

Prayer:

Lord, help us have Your peace in our hearts and to share it with others. Amen.

Craft Activity:

Create a "Peace Banner" with paper doves or olive branches. Write peace messages and hang in your room.

Journaling Prompts:

- What worries can I give to God this week?
- How can I show peace to my friends or family?
- Draw or write what peace looks like to you.

Daily Readings & Reflections

Day 8: John 14:27

- Jesus gives peace.
 - Draw a calm river.

Day 9: Philippians 4:6-7

- Give your worries to God.
 - Write them down.

Day 10: Isaiah 26:3

- God keeps your mind at peace.
 - Color a dove.

Day 11: Colossians 3:15

- Let Jesus' peace rule in your heart.
 - Draw a crown.

Day 12: Numbers 6:24-26

- God blesses you with peace.
 - Draw hands praying.

Day 13: Psalm 4:8

- Sleep peacefully in God's care.
- Write a bedtime prayer.

Day 14: Romans 12:18

- Live peacefully with others.
 - Draw a peace symbol.

Family Challenge:

worry or disagreen

Pick one worry or disagreement and pray together for God's peace. End with a family hug.



JOY RESET



Memory Verse:

Luke 2:10 – "I bring you good news of great joy!"

Big Idea: Jesus is the reason we celebrate with joy.

Prayer:

God, thank You for the joy of Jesus. Fill our hearts with happiness in You. Amen.

Craft Activity:

Make a "Joy Jar." Each day, write one joyful moment on a slip of paper. Read them at the end of the week.

Journaling Prompts:

- What brings me joy this week?
- How can I share joy with others?
- Draw or write about a time you felt God's joy.

Daily Readings & Reflections

Day 15: Psalm 16:11

- Joy comes from being with God.
- Draw a happy sun.

Day 16: Nehemiah 8:10

- The joy of the Lord is your strength.
 - Write one happy thing.

Day 17: Isaiah 55:12

- God's people go out with joy.
 - Draw a walking path.

Day 18: John 15:11

- Abide in Jesus to have full joy.
 - Color a heart.

Day 19: 1 Peter 1:8-9

- Rejoice even if you haven't seen Jesus.
 - Write a prayer.

Day 20: Psalm 30:5

- Joy comes in the morning.
 - Draw a sunrise.

Day 21: Habakkuk 3:17-18

- Rejoice in God even in hard times.
- Color a rainbow.

Family Challenge:
Plan a "Joyful Surprise" for someone
together.



LOVE RESET



Memory Verse:

John 3:16 – "God so loved the world that He gave His one and only Son."

Big Idea: Jesus shows us God's love.

Prayer:

Thank You, God, for loving us. Help us to love others like You love us. Amen.

Craft Activity:

Make a "Love Chain" with paper strips. Write ways to show love and link them together.

Journaling Prompts:

- How has God shown love to me this week?
- Who can I show love to today?
- Draw a picture of one act of love you did or received.

Daily Readings & Reflections

Day 22: Romans 5:8

- God loves us even when we mess up.
- Draw a heart.

Day 23: 1 John 3:1

- God calls us His children.
 - Write your name in a heart.

Day 24: 1 Corinthians 13:4-7

- Love is patient and kind.
 - Draw a rainbow heart.

Day 25: John 15:12-13

- Love one another.
- Draw hands holding.

Day 26: Ephesians 3:17-19

- God's love is huge!
 - Color a big heart.

Day 27: 1 John 4:9-11

- God's love helps us love others.
- Write one way you can show love.

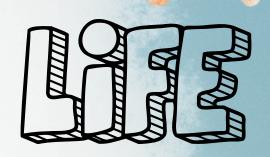
Day 28: Deuteronomy 7:9

- God keeps His promises.
 - Write a promise you trust God for.

Family Challenge:
Perform one random act of kindness
together.



LIFE RESET



(Christmas Week)

Memory Verse:

John 1:4 - "In Him was life, and that life was the light of all people."

Big Idea: Jesus gives us life full of light and love.

Prayer:

Jesus, thank You for coming to bring life, light, hope, joy, and love. Shine through us today. Amen.

Craft Activity:

Make a "Nativity Scene" using paper, toys, or craft supplies.

Journaling Prompts:

- How does Jesus bring new life to me?
- What is one way I can shine God's light to others?
- Write a short letter to Jesus, thanking Him for coming.

Daily Readings & Reflections

Day 29: Isaiah 7:14

- Immanuel, God with us.
- Draw a star.

Day 30: Luke 2:6-14

- Jesus is born!
 - Draw the nativity.

Day 31: John 10:10

- Jesus gives abundant life.
 - Write one gift He gives you.

Day 32: Colossians 3:1-4

- Seek Jesus above all.
- Draw a cross.

Day 33: 2 Corinthians 5:17 4

- We are a new creation in Christ.
 - Draw yourself shining.

Day 34: 1 John 5:11-12

- Life is found in Jesus.
- Write a short thank-you note.

Day 35: Revelation 21:5

- Jesus makes all things new.
- Draw a sunrise.

Family Challenge:

Celebrate Christmas together: read the nativity, sing carols, and share one way to live more like Jesus in the new year.



Bonus Recipes



Star-Shaped Sugar Cookies

Ingredients:

- Sugar cookie dough
- Yellow icing
- Star-shaped cookie cutters
- Sprinkles

Instructions:

- Roll out the dough and use star cutters to make shapes.
- 2. Bake according to package directions.
- Decorate with yellow icing and sprinkles while talking about how Jesus is the light of the world.

Peaceful Hot Cocoa

Ingredients:

- 2 cups milk
- 2 tbsp cocoa powder
- 1-2 tsp sugar
- Marshmallows (optional)
- Cinnamon (optional)

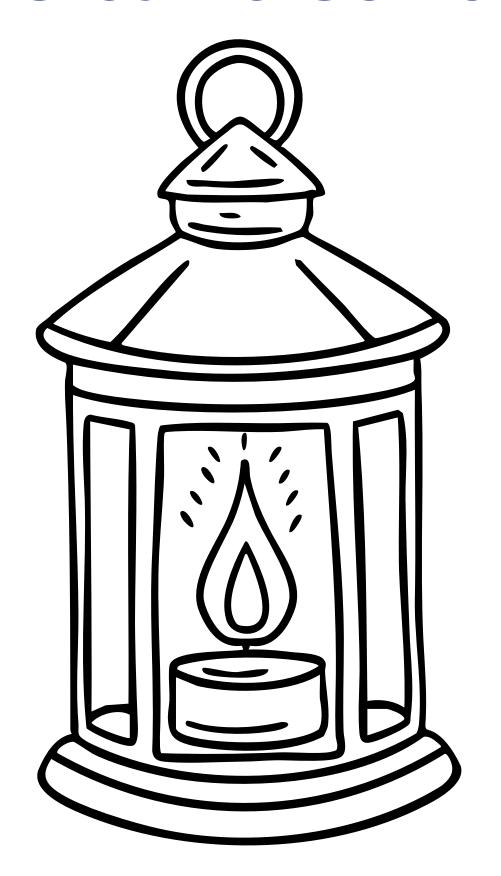
Instructions:

- 1. Heat milk in a pan.
- 2. Stir in cocoa and sugar until smooth.
- 3. Pour into mugs and top with marshmallows.
- 4. Sprinkle a little cinnamon "peace dust."
- 5. Sip together and talk about ways
 Jesus brings peace.

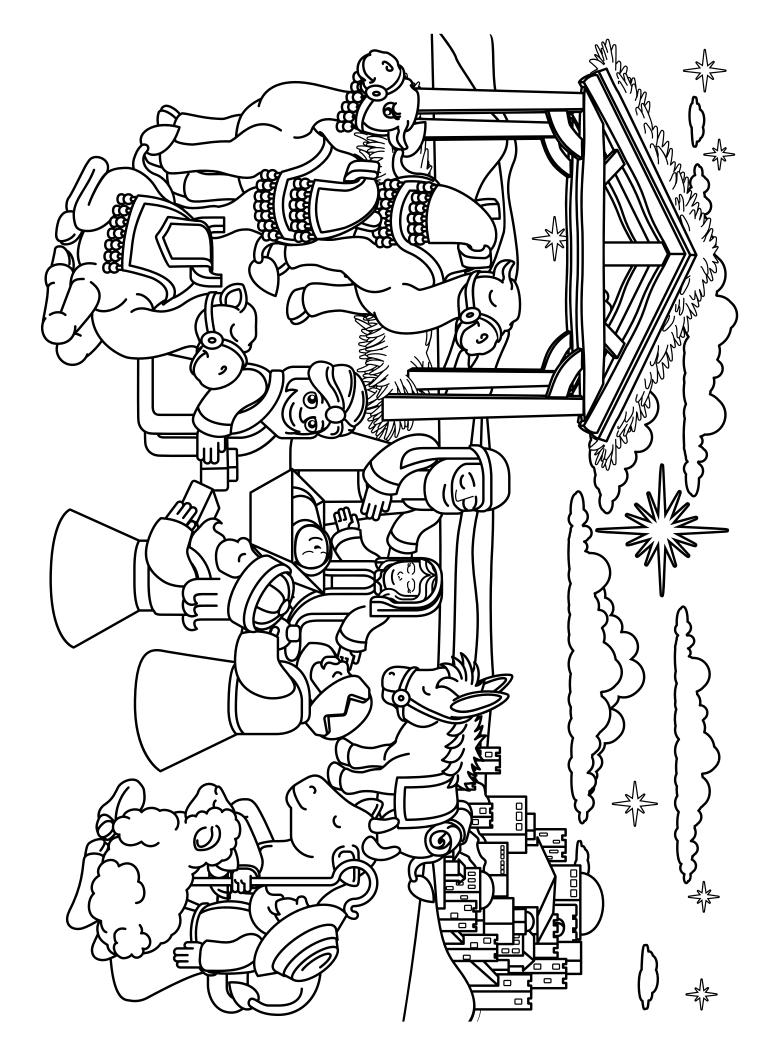
Shortcut: Use hot cocoa mix.



Creative Corner







christians.



Color a block each day to track your progress!



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