

New Life Child Care and Educational Center Inc.

Throughout the year we have parties and cooking activities that your child may participate in. These activities may include food. The following list is a sample of the food items your child may be served during our celebrations. By signing the form you are agreeing to have your child participate in our celebrations and be served the food we provide. If your child is not permitted to have any of the items listed below please mark with an **x**.

Fresh or canned fruit	Juice boxes	Beans
Fresh or canned vegetables	Pizza(cheese or pepperoni)	Gelatin/Jell-o
Dressings/veggie Dip	Pasta and sauce	lemonade
Apple sauce/fruit cups	Hamburgers	Cake/Cupcake
Yogurt	Chicken nuggets/chicken	Extracts(lemon/vanilla/almond)
Cheese	Mashed potatoes/ French fries	Chocolate chips
Ice Cream/Ice Pops	Tuna fish	Patties
Milk-white/chocolate/strawberry	Ham/Turkey	Spiced Buns
Pudding	Mayo/mustard/ketchup/pickles	Sprinkles
Raisins/dried fruits	Whipped Cream	Oil/cooking spray
Pancakes/waffles/French toast	Frosting	Cinnamon
Pancake syrup	Bagels, Bread, English Muffins	French Toast
Rice cakes	Fruit snacks	Jelly/Butter/Margarine
Cream cheese	Candy/Marshmallow	
Assorted Crackers	Eggs	
Cookies	Sour Cream	
Cakes	Food coloring	
Donuts	Taco/Tortilla/Pita Bread	
Pies	Stuffing	
Chips/Pretzels/Cheese Puffs	Cranberry Sauce	

List any known allergies _____

I give my child _____(Name) permission to eat the above mentioned food items with the exception of those marked with an **x**.

Parent/Guardian signature _____ Date _____