

THRIVE X

TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15am HYROX BILLY	6:15am STRONG NIC 9:30am HYROX NIC	6:15am HYROX IRIS		6:15am HYROX VICKI	9:30am ENGINE BILLY/VICKI	9:15AM HYROX DOUBLES IRIS
6pm STRONG IRIS	6:30pm HYROX BILLY	6:30pm FUNDAMENTALS NIC	6:30pm HYROX DOUBLES BILLY			

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