

Walking United Summer 2025

Join us for **Walking United**. We meet at **9:15 a.m.** on Monday's at various trails in the city. See the schedule below for dates & locations. We walk at various paces, **there's a pace and a place for everyone**. Our walks are usually no more than 1 hour. Come when you can, no experience necessary! For more information call Brenda Reid @ 403 505-6323 or Caron Murray @ (403) 396-2376

June 2 Heritage Ranch
June 9 Mckenzie Trails
June 16 Riverbend
June 23 Bower Mall
June 30 Maskepetoon Park

July 7 Kerry Wood Nature Centre
July 14 Heritage Ranch
July 21 Mckenzie Trails
July 28 Riverbend

Aug 4 Barrett Park
Aug 11 Maskepetoon Park
Aug 18 Bower Mall
Aug 25 Kerry Wood Nature Centre

Sept 1 Cronquist House
Sept 8 Heritage Ranch
Sept 15 Riverbend
Sept 22 Kerry Wood Nature Centre
Sept 29 Bower Mall