

Walking United Summer 2026

Join us for **Walking United**. We meet at **9:15 a.m.** on Monday's at various trails in the city. See the schedule below for dates & locations. We walk at various paces, **there's a pace and a place for everyone**. Our walks are usually no more than 1 hour. Come when you can, no experience necessary! For more information call Brenda Reid @ 403 505-6323 or Caron Murray @ (403) 396-2376

June 1 Heritage Ranch
June 8 Mckenzie Trails
June 15 Riverbend
June 22 Bower Mall
June 29 Maskepetoon Park

July 6 Kerry Wood Nature Centre
July 13 Heritage Ranch
July 20 Mckenzie Trails
July 27 Riverbend

Aug 3 Barrett Park
Aug 10 Maskepetoon Park
Aug 17 Bower Mall
Aug 24 Kerry Wood Nature Centre
Aug 31 Cronquist House

Sept 7 Heritage Ranch
Sept 14 Riverbend
Sept 21 Kerry Wood Nature Centre
Sept 28 Bower Mall