

Fall 2026 Winter 2027 Walking United

Join us for **Walking United**. We meet at 9:15 a.m. on Mondays at various trails in the city. See the schedule below for dates & locations. We walk at various paces, **there's a pace and a place for everyone**. Our walks are usually no more than 1 hour. Come when you can, no experience necessary! For more information call Brenda Reid @ 403 346-6838 or Caron Murray @ (403) 396-2376

Oct. 5 Heritage Ranch
Oct. 12 Kiwanis Picnic Park
Oct. 19 Riverbend
Oct. 26 Kerry Wood Nature Centre

Nov. 2 Cronquist House
Nov. 9 Michael O'Brien Wetland
Nov. 16 McKenzie Trails
Nov. 23 Bower Mall
Nov. 30 Heritage Ranch

Dec. 7 Kiwanis Picnic Park
Dec. 14 Riverbend
Dec. 21 Kerry Wood Nature Centre
Dec. 28 Cronquist House

Jan. 4 Riverbend
Jan. 11 McKenzie Trails
Jan. 18 Bower Mall
Jan. 25 Barrett Park Trail

*Servus Arena (4725-43 Street) free Walking Track is also an option. It is a good option to avoid the ice and cold. May be closed on holiday Mondays.