

TREY MCGOWENS

POSITION: Guard

HEIGHT: 6-3 (1.93 m)

WEIGHT: 190 lbs (86 kg)

BIRTHDATE: May 15, 2000 (Pendleton, South Carolina, US)

HIGH SCHOOL: Hargrave Military Academy (Chatham, Virginia, US)

UNIVERSITY/COLLEGE: University of Nebraska (2020-2022)
University of Pittsburgh (2018-2020)

INSTAGRAM: @trey.mac

HOW ACQUIRED:

YEARS PRO: 4

PROFESSIONAL CAREER

Trey McGowen's spent his (2025-2026) season with the Austin Spurs in the NBA G League...Averaging 6.4 points, 1.9 rebounds and 1.4 assists ...During the (2024–2025) season, McGowens played for Trefl Sopot in Poland, competing in the EuroCup....From (2023-2024) he played for the NBA G League, the CEBL and internationally...He played for the Edmonton Stingers in the CEBL... Averaging 15.7 points, 4.6 rebounds, 3.2 assists and 2.2 steals...McGowens played for the Long Island Nets in the NBA G League and... Averaged 9.6 points, 2.9 rebounds and 1.7 steals...He played for the College Park Skyhawks of the NBA G League where he averaged 26 minutes, 12.1 points, 3.9 rebounds, 3.9 assists and 2.9 steals...He also played for the Raptors 905, another NBA G League team...Totalling 31 minutes with the Raptors and 9 points...During the FIBA World Cup in (2023)... McGowens starred in the final against Israel with 10 points, leading the USA 21 - 3 victory...He finished as top scorer of the event with a total of 54 points...McGowens was awarded MVP as USA won gold medal at the FIBA 3x3 U23 World Cup 2023 in Poland in October...From his (2022-2023) season, he played with the Long Island Nets for the first time...Averaging 10.3 minutes, 3.7 points, 1.2 rebounds and 1.1 assists...

COLLEGE CAREER

McGowens finished his university career with the University of Nebraska Huskers from (2020-2022)...In his last season (2021-2022) with the Huskers, he averaged 6.8 points, 4.1 rebounds and 1.6 steals...Appearing in 17 games total that season...He held his season high of 4 steals, 7 points and 5 rebounds against Northwestern...And scored a season high 12 points on 4-of-5 shooting with 5 rebounds and four assists and 4 steals against Penn St...In his (2020-2021) season with the Huskers, he averaged 10.7 points, 3.9 rebounds, 2.3 assists and 1.4 steals per game...He was second for scoring and assists and fifth in steals in the Big Ten per game...McGowens averaged 10.6 points per game in the Huskers first 10 games with 19 points against North Dakota State... He scored a season-high 20 points along with five rebounds against No. 17 Michigan State...McGowens played for the University of Pittsburgh for his (2018-2020) season...In (2019-2020) he averaged 11.5 points per game, 3.3 rebounds and 3.6 assists...From (2018-2019) he averaged 11.6 points, 3.2 rebounds 1.7 assists and 1.9 steals per game...He started in 32 games out of 33...During this season he earned Pitt Freshman Record for Single-Game Points with 33 vs Louisville...Pitt Freshman Record for Single-Game Steals with 7 vs West Virginia...Pitt Freshman Record for Single-Game Free Throws with 18 vs Louisville... and was named ACC Rookie of the Week December 2018 and January 2019...