

Stevens, Ben

POSITION: Center
HEIGHT: 6'10" (208 cm)
WEIGHT: 234 lbs (106 kg)
BIRTHDATE: May 21, 1999 (Halifax, Nova Scotia)
HIGH SCHOOL: Halifax Grammar School
UNIVERSITIES: Wilfrid Laurier University (2017-2023)
TWITTER / @ben_stevens14 / @benstevens.14
INSTAGRAM:
YEARS PRO: 4

PROFESSIONAL CAREER

Averaged 10.1 points. 9.2 rebounds. 1.5 assists. 0.9 steals. 0.7 blocks. And 25.0 minutes across 128 professional games with EPG Guardians Koblenz (Germany ProA). KK Vardar (North Macedonia). Nova Hut Ostrava (Czech Republic). Central Coast Crusaders (Australia NBL1). South West Slammers (Australia NBL1). Serdheci (Azerbaijan). Montreal Alliance (CEBL). And Bishrelt Metal (Mongolian Basketball League).

2026: Re-signed with the Montréal Alliance for the 2026 CEBL summer season... Appeared in 10 games off the bench, averaging 1.9 points and 2.0 rebounds in 7.5 minutes per game while shooting 52.9 percent from the field... Contributed as a depth forward with consistent interior efficiency, converting field goal attempts at a high rate throughout the season.

2025-26 : Appeared in 17 games with Bishrelt Metal (Mongolian Basketball League), totaling 202 points, 195 rebounds, and 34 assists in 496 minutes... Averaged 11.9 points, 11.5 rebounds, and 2.0 assists per game while shooting 86–168 from the field, 1–3 from three, and 29–66 from the free throw line... Opened a midseason stretch with 5 points and 7 rebounds against Miners (Jan. 23)... Recorded a season-high 18 points, adding 11 rebounds and 5 assists versus Yaya Falcons (Jan. 25)... Posted 12 points and 9 rebounds against the Xac Broncos (Jan. 30)... Added 12 points and a season-high 12 rebounds against Birmis Brothers (Feb. 3)... Closed the span with 13 points and 12 rebounds versus Mongolians (Feb. 4)... Delivered consistent interior production and elite rebounding presence, recording multiple double-digit scoring efforts and anchoring the glass throughout the season.

2024-25 : Contributed 5.0 points, 5.5 rebounds, 0.7 assists, 0.6 steals, 0.6 blocks and 17.3 minutes across 23 games played after signing on November 22, 2024 with EPG Guardians Koblenz in the German Pro A league, a second-tier league of professional basketball in Germany ... Had 5 starts ... Led his team with seven rebounds, adding two steals and six points against Tuebingen (Dec. 1)... Led his team with seven rebounds against Hagen (Dec. 6)... Registered first start of the season against Crailsheim (Dec. 16), scoring 10 points and seven rebounds to lead his team... Grabbed nine rebounds to lead his team against Giessen (Dec. 21)... Contributed eight points and six rebounds in 16 minutes against Bayreuth (Jan. 3)... Recorded a season-high 14 points and eight rebounds, while shooting 87.5% from inside the arc against Duesseldorf (Jan. 11)... Co-led the team with season-best 10 rebounds, adding eight points and two assists against Nuernberg (Mar. 9)... Registered a double-double against Jena (Mar. 17) with 11 points and tied his season-best 10 rebounds, along with season-best three assists and one steal... Contributed seven rebounds to lead his team, adding eight points and two steals against Hagen (Mar.

26)... Secured a season-best three steals against Artland (Apr. 6).

Stevens signed with the Montréal Alliance for the 2025 CEBL summer season... Appeared in 20 games, averaging 5.0 points and 3.9 rebounds in 12.4 minutes per game while shooting 62.2 percent from the field... Opened the stretch with 8 points and 8 rebounds in a win over Brampton (May 18)... Added 9 points on 4-of-5 shooting versus Edmonton (June 6)... Recorded 8 points and 8 rebounds in 26 minutes against Niagara (June 20)... Posted 8 points in a win over Saskatchewan (June 22)... Delivered 7 points and three blocks against Saskatchewan (July 3)... Scored 9 points on a perfect 4-of-4 shooting in a start versus Niagara (July 6)... Followed with 9 points on 4-of-4 shooting against Calgary (July 10)... Contributed 7 points versus Vancouver (July 13)... Grabbed 7 rebounds against Niagara (July 25)... Closed the season with two steals in a win over Brampton (Aug. 1)... Provided efficient interior scoring and physical rebounding production throughout the summer, contributing in both starting and reserve roles.

2024: Signed with Nova Hut Ostrava in the Czech NBL, averaging 5.4 points, 4.0 rebounds, 0.7 assists, 0.6 steals, 0.4 blocks and 12.6 minutes in 20 games played... Registered two starts and one double-double... Shot 55.3% from the field... Recorded 11 points, four rebounds, and season-best two steals against SK Slavia Praha (Mar. 13)... Scored 10 points, shooting a perfect 100.0% from the field, along with three rebounds, and one steal against BC Kolin (Apr. 10)... Posted a season-high 14 points, season-high 12 rebounds, one assist, two steals, and one block in 21.1 minutes against BC Kolin (Apr. 12)... Grabbed five rebounds in 7.0 minutes against BK Opava (Apr. 22)... Contributed 10 points, five rebounds, and one steal against BK Opava (Apr. 26)... Recorded a season best two blocks to go with three points, four rebounds, and one steal in 7.5 minutes against BK Opava (Apr. 28)... Distributed a season-high three assists against CEZ Nymburk (May 5), while shooting 100.0% from the field to contribute six points... Posted six points, eight rebounds, and one block in 16.2 minutes against CEZ Nymburk (May 10)... Signed with the central coast crusaders for his second season in the NBL1... Averaging 16.8 points, 12.4 rebounds, 1.5 assists, 1.5 steals, 1.2 blocks, and 30.8 minutes across 11 games, while shooting 55.0% from the field... Started in all 11 appearances... Scored 10 or more points on 10 occasions... Grabbed 10 or more rebounds on eight occasions... Recorded a double-double on seven occasions... Started in his debut game with the team, contributing 15 points, nine rebounds, and one block against BA CoE (May 25)... Registered a double-double, earning him top performance of the game, against Bankstown B. (May 26), contributing 14 points, 14 rebounds, and two steals... Posted a 20 points and led his team with 13 rebounds, along with two steals against Albury W.B. (Jun. 1)... Recorded 12 points, 10 rebounds, two steals, and one block as the top performer of the game against Sutherland S. (Jun. 2)... Contributed a season-high 23 points, nine rebounds, and a season-best four steals against Norths B. (Jun. 15)... Matched his season-high 23 points to go with 10 rebounds and two blocks in a double-double against Sydney C. (Jun. 16)... Scored a double-double consisting of 15 points and 11 rebounds against Inner WB (Jun. 23)... Registered 22 points, 16 rebounds, two blocks, and one steal against Illawarra H. 2 (Jun. 29)... Posted 19 points, nine rebounds, and a season-high three blocks while shooting 72.7% from the field against Hills H. (Jul. 6), earning him top performer of the game... Secured 16 rebounds against HKBA (Jul. 12)... Contributed a double-double consisting of 20 points, a season-high 19 rebounds, a season-best three assists and one block, shooting 90.0% from the field against Manly Warr. (Jul. 13), earning him top performer of the game. Signed with KK Vardar in Skopje in the Macedonian Superleague, a top-tier basketball league in the Republic of North Macedonia... Averaging 11.2 points, 11.7 rebounds, 2.2 assists, 0.8 steals, 0.2 blocks and 30.8 minutes in 6 games played... Had 6 starts in all 6 games played ... Grabbed a game-high 15 rebounds, 5 offensive and 10 defensive Oct. 13 vs. Kozuv, along with 6 points and 4 assists ... Recorded first double-double Oct. 19 vs. Feniks 2010, scoring 13 points along with 11 rebounds and adding 3 assists ... Recorded a double-double Oct. 26 vs. Shkupi, shooting eight for 12 from the field to score a personal season-high 18 points along with 12 rebounds and three assists... Recorded third double-double of the season Nov. 9 vs. Cair 2030, grabbing a personal high 15

rebounds and shooting five for six from the field to add 12 points across 29 minutes, earning him top performer of the game for his team.

2023-2024 : Signed with Serdheci in the Azerbaijani league... Averaging 12.5 points, 11.7 rebounds, 1.5 assists, and 30.8 minutes across 11 games, while shooting 53.0% from the field... Started in eight appearances... Registered six double-doubles... Scored 10 or more points on 10 occasions... Started in his debut game, scoring 16 points, nine rebounds, and three assists against Jalilabad (Oct. 22)... Recorded a double-double consisting of 13 points and 16 rebounds, along with one block against Sheki (Nov. 5)... Scored 13 points, 13 rebounds, and one block in a double-double against Sumqayit (Nov. 10)... Contributed 12 points and 6 rebounds in 20 minutes against Sabah (Nov. 19)... Posted 17 points, 13 rebounds, and one block against Gence (Nov. 23)... Recorded a double-double, scoring 17 points, shooting 80.0% from the field, along with 10 rebounds against NTD (Dec. 2)... Led his team with 14 rebounds and a season-high two blocks against Xirdalan (Dec. 8)... Contributed a double-double consisting of a season-high 18 points and a season-high 18 rebounds against Neftci (Dec. 20)... Shot 100.0% from the field, scoring 13 points to go with eight rebounds against Jalilabad (Jan. 13)... Posted 12 points, nine rebounds, three assists, and a season-best two steals against Sheki (Jan. 17)... Grabbed 14 rebounds to lead his team against Sumqayit (Jan. 26)... Registered a double-double with 10 points, 14 rebounds, and a season-best three assists against Gence (Feb. 10).

2023: Signed his first professional contract with the South West Slammers in the NBL1... Averaging 18.0 points, 12.4 rebounds, 1.7 assists, 1.4 steals, 1.4 blocks, and 33.0 minutes across 19 games, while shooting 51.5% from the field... Registered 19 starts in all appearances... Recorded 13 double-doubles... Scored 10 or more points on 18 occasions... Grabbed 10 or more rebounds 14 occasions... Started in his debut game, contributing 11 points, five rebounds, and two assists against Kalamunda ES (Apr. 15)... Led his team with 26 points, nine rebounds, a season-high four assists, and a season-best five blocks against Lakeside L. (Apr. 21), earning him top performer of the game... Contributed 16 points, seven rebounds, three assists, three blocks, and two steals against Joondalup W. (Apr. 22)... Posted a double-double with 11 points, 16 rebounds to lead his team, and three blocks against Perry Lakes H. (Apr. 29), earning him top performer of the game... Scored 18 points and 12 rebounds to record a double-double against Warwick S. (May 6), along with a season-best four steals... Contributed a double-double consisting of 15 points, 10 rebounds, and tied his season-high four assists against Cockburn C. (May 12)... Scored a double-double with 16 points and 12 rebounds against East Perth E. (May 13)... Recorded a season-high 29 points to go with 11 rebounds and three assists in a double-double against Mandurah M. (May 26), earning him top performer of the game... Registered 15 points, 15 rebounds, and three steals against Rockingham F. (Jun. 3)... Scored 16 points, a team-high 15 rebounds, and two steals against Goldfields G. (Jun. 10)... Posted a double-double with 18 points and 14 rebounds against Willetton T. (Jun. 18)... Contributed a double-double of 22 points and 10 rebounds against Rockingham F. (Jun. 23)... Led his team with 27 points and 13 rebounds against Kalamunda ES (Jun. 24)... Posted 24 points, and a season-high 21 rebounds in double-double performance against Goldfields G. (Jul. 1)... Secured a team-high 17 rebounds against Warwick S. (Jul. 8)... Registered a double-double with team-high 25 points and 15 rebounds against Perth R. (Jul. 15), earning top performer of the game... Posted 12 points, 18 rebounds, and four blocks against Willetton T. (Jul. 21).

UNIVERSITY CAREER

Averaged 6.9 points, 6.7 rebounds, 0.7 assists, 0.7 steals, 0.9 blocks in 18.7 minutes across 107 games played with Wilfrid Laurier University (2017-2023) in the Ontario University Athletics conference (OUA)... Shot a career 53.2% from the field to score 738 career points, 714 rebounds, 79 steals, and 101 blocks in over 2,000

minutes of playing time.

2022-23 (Graduate): Culminated his university career averaging 10.3 points, 9.1 rebounds, 1.2 assists, and 1.0 steals in 21.2 minutes across 22 games, shooting 51.0% from the field and 47.8% from the free throw line... Started in 15 games... Scored 10 or more points on 16 occasions... Registered a double-double on 11 occasions... Scored 11 points and 10 rebounds to record a double-double against Western (Nov. 4)... Registered a season-high 20 points, shooting 90.0% from the field in a double-double performance with 12 rebounds against Guelph (Nov. 16)... Recorded 11 points, 10 rebounds, and four assists against Lakehead (Nov. 19)... Posted 15 points, 11 rebounds, two assists, and two blocks in 25 minutes against Queen's (Nov. 25)... Contributed a double-double consisting of 13 points and 11 rebounds against Ontario Tech (Nov. 26)... Filled the stats sheet with 12 points, 17 rebounds, two assists, two steals, and two blocks against Nipissing (Dec. 2)... Tied his season-high with 20 points against Laurentian (Dec. 3), along with eight rebounds, three rebounds, one steal, and one block... Grabbed a season-high 18 rebounds to go with 13 points, a season high five assists, a season-high three steals, and two blocks against Ottawa (Jan. 6)... Registered a double-double with 10 points and 11 rebounds against Windsor (Jan. 11)... Posted 16 points, seven rebounds, and two blocks against Toronto Metropolitan (Jan. 14)... Secured 12 rebounds in 15 minutes against Waterloo (Feb. 4)... Contributed back to back double-double performances against Algoma consisting of 13 points, 11 rebounds, and three steals (Feb. 10) as well as 15 points and 11 rebounds (Feb. 11)... Scored a double-double with 14 points, 11 rebounds, and a season-high four blocks against Western (Feb. 18)... Contributed three steals and three blocks against Carleton (Feb. 25)... Named Laurier Athlete of the Week (Nov. 21).

2021-22 (Senior): Contributed 6.6 points, 7.2 rebounds, 0.7 assists, and 1.0 blocks in 19.8 minutes across 16 games, shooting 59.0% from the field... Started in all 16 games... Scored 10 or more points on seven occasions, including five double-doubles... Recorded back-to-back double-double's against Lakehead, posting 17 points, 14 rebounds, and two blocks (Nov. 19), as well as 10 points and 12 rebounds (Nov. 20)... Distributed a season-high three assists against Windsor Lancers Men (Nov. 24)... Recorded a double-double consisting of 10 points and 13 rebounds against Algoma (Feb. 12)... Secured a season-high three steals against Guelph (Mar. 4), along with 14 points, six rebounds, and one block... Grabbed 10 rebounds in back-to-back games against McMaster (Mar. 9 and Mar. 12), along with a season-high three blocks in the latter game... Scored a season-high 22 points and a season-high 15 rebounds in 22 minutes to contribute a double-double against Western (Mar. 16), while shooting 90.9% from the field... Registered 10 points, 10 rebounds, two steals, and two blocks in a double-double against Brock (Mar. 19).

2020-21: COVID Season - Did not play

2019-20 (Junior): Appeared in 22 games, averaging 6.9 points, 6.3 rebounds, 0.8 assists, 1.0 steals, and 1.2 blocks in 17.5 minutes while shooting 54.2% from the field... Had 3 starts... Grabbed eight rebounds and a season-high three blocks against Toronto (Oct. 23)... Secured 10 rebounds against Windsor Lancers (Oct. 26)... Scored 12 points and nine rebounds against Carleton (Nov. 2)... Scored 10 points in 12 minutes, shooting 71.4% from the field against Nipissing (Nov. 15)... Posted a double-double consisting of 13 points and 10 rebounds against Laurentian (Nov. 16) to go with three assists, two blocks, and one steal... Named Laurier Athlete of the Week (Nov. 18)... Recorded a double-double performance with 10 points and 10 rebounds, along with a season-high five assists against Western (Nov. 23)... Grabbed 11 rebounds in 16 minutes against Waterloo (Jan. 8)... Recorded a season-high 15 points, shooting 87.5% from the field against Windsor (Jan. 11)... Tied his season-best three blocks against McMaster (Feb. 5) and against Brock (Feb. 7)... Scored 12 points and nine rebounds in OUA first round playoff game against Queen's (Feb. 19)... Helped contribute to the teams semi-final appearance in the OUA conference playoffs, where they lost by one point.

2018-19 (Sophomore): In his second season with Wilfrid Laurier University, contributed 6.2 points, 6.1 rebounds, 0.5 assists, and 1.0 blocks in 18.8 minutes across 24 games... Registered 19 starts... Grabbed 11 rebounds to lead his team against Western (Oct. 27)... Secured a season-best 14 rebounds against Toronto (Nov. 9)... Scored 11 points in 12 minutes of playing time against York (Nov. 17)... Posted three blocks against Nipissing (Nov. 24)... Recorded 9 points, 13 rebounds, and two blocks against McMaster (Jan. 12)... Contributed 9 points, seven rebounds, and one steal in 15 minutes against Waterloo (Jan. 25)... Posted a season-high 17 points, along with four rebounds, two blocks, and one steal against Windsor (Feb. 2)... Secured a season-best four steals against Lakehead (Feb. 9)... Registered a double-double against Waterloo (Feb. 15) consisting of 12 points and 10 rebounds in 13 minutes of playing time while shooting 83.3% from the field and 100.0% from the free throw line... Recorded a season-high four blocks against Guelph (Feb. 16), along with eight points, two rebounds, and two steals... Helped lead Laurier to an OUA semi-final appearance in the conference playoffs, where he contributed 9 points and eight rebounds.

2017-18 (Freshman): Began his collegiate career averaging 4.5 points, 4.9 rebounds, and 0.2 assists in 16.8 minutes across 23 games, shooting 47.8% from the field... Started in 13 games... Made collegiate debut as a starter against Nipissing (Nov. 3), grabbing five rebounds and scoring first career points (2)... Scored 8 points and two steals against Laurentian (Nov. 4)... Secured 10 rebounds and two blocks against Carleton (Nov. 11)... Led his team with season-high 15 points and season-best 16 rebounds in double-double performance against York (Nov. 17)... Led his team with 12 rebounds against Toronto (Nov. 24), along with eight points and two blocks... Recorded seven rebounds in 13 minutes against Western (Jan. 5)... Distributed season-best two assists on two occasions against Windsor (Jan. 6) and McMaster (Jan. 13)... Scored 10 points, shooting 66.7% from the field, to go with five rebounds and season-best three steals against Guelph (Jan. 10)... Led his team with eight rebounds against McMaster (Jan. 13)... Recorded three blocks against Brock (Jan. 31)... Shot a perfect game against Lakehead (Feb. 16), scoring 10 points on five field goals... Posted season-high four blocks to lead his team against Lakehead (Feb. 17)... Registered six points, four rebounds, two assists, two blocks, and one steal in 16 minutes against McMaster (Feb. 21) to help team win the OUA playoff round 1 game... Helped lead the team to a semi-final appearance in the OUA conference playoffs.

PERSONAL

Graduated from Wilfrid Laurier University with a degree in Environmental Studies. He is the founder of Big Ben's Basketball camps, which trained 30 kids in basketball over the course of 8 full-time weeks across two summers. Volunteered as a Mental Health and Addictions Research Assistant for the IWK Foundation, a not-for-profit organization.

PROFESSIONAL STATISTICS

Totals

Year	Team	G	MIN	PTS	2FG P	3FG P	FT	RO	RD	RT	AS	PF	BS	ST	TO
2026	Montreal Alliance - CEBL	10	75	19	9-17	0-0	1-6	8	12	20	6	11	1	6	9
2025-26	Bishreht Metal - Mongolian Basketball League	17	496	202	86-168	1-3	29-66	57	138	195	34	43	11	21	38

Year	Team	G	MIN	PTS	2FG P	3FG P	FT	RO	RD	RT	AS	PF	BS	ST	TO
2024-25	Montreal Alliance - CEBL	20	262.7	107	49-79	0-1	9-27	33	42	75	18	37	11	10	15
2024-25	EPG Guardians Koblenz - G Pro A	23	398.0	116	52-94	0-1	12-42	41	85	126	15	61	14	13	25
2024-25	KK Vadar - Ma Superleague	6	183.4	67	31-60	0-3	5-15	21	49	70	13	22	1	5	17
2024	Central Coast Crusaders - NBL1	11	331.9	185	83-151	1-5	18-44	44	92	136	16	25	13	14	41
2023-24	Nova Hut Ostrava - CZ NBL	20	251.7	108	47-85	1-1	13-37	32	47	79	13	44	7	11	25
2023-24	Serhedci PIK Baku - ABL	13	319.0	162	70-132	0-0	22-58	46	106	152	20	34	9	7	25
2023	South West Slammers - NBL1	19	638.0	342				59	176	235	33	62	27	26	68

Averages

Year	Team	G	MIN	PTS	2FG P	3FG P	FT	RO	RD	RT	AS	PF	BS	ST	TO
2026	Montreal Alliance - CEBL	10	7.5	1.9	0.529	0.000	0.167	0.8	1.2	2.0	0.6	1.1	0.1	0.6	0.9
2025-26	Bishrelt Metal - Mongolian Basketball League	17	29.2	11.9	0.512	0.333	0.439	3.4	8.1	11.5	2.0	2.5	0.6	1.2	2.2
2024-25	Montreal Alliance - CEBL	20	13.1	5.3	0.620	0.000	0.333	1.6	2.1	3.8	0.9	1.9	0.6	0.5	0.8
2024-25	EPG Guardians Koblenz - G Pro A	23	17.3	5.0	0.553	0.000	0.286	1.8	3.7	5.5	0.7	2.7	0.6	0.6	1.1
2024-25	KK Vadar - Ma Superleague	6	30.6	11.2	0.517	0.000	0.333	3.5	8.2	11.7	2.2	3.7	0.2	0.8	2.8
2024	Central Coast Crusaders - NBL1	11	30.2	16.8	0.550	0.200	0.409	4.0	8.4	12.4	1.5	2.3	1.2	1.3	3.7
2023-24	Nova Hut Ostrava - CZ NBL	20	12.6	5.4	0.553	1.000	0.351	1.6	2.4	4.0	0.7	2.2	0.3	0.6	1.2
2023-24	Serhedci PIK Baku - ABL	13	26.9	12.5	0.530	0.000	0.379	3.5	8.2	11.7	1.5	2.6	0.7	0.5	1.9
2023	South West Slammers - NBL1	19	33.6	18.0	0.515		0.413	3.1	9.3	12.4	1.7	3.3	1.4	1.4	3.6

UNIVERSITY / COLLEGE STATISTICS

Totals

Year	Team	G	MIN	PTS	2FG P	3FG P	FT	RO	RD	RT	AS	PF	BS	ST	TO
2022-23	Wilfrid Laurier - OUA	22	464	226	102-200	0-1	22-46	60	141	201	26	61	19	22	31
2021-22	Wilfrid Laurier - OUA	16	316	106	46-78	0-0	14-35	34	81	115	11	53	16	13	16
2020-21	COVID Season - Did not play														
2019-20	Wilfrid Laurier - OUA	22	385	152	71-131	0-1	10-43	51	88	139	17	47	22	13	22
2018-19	Wilfrid Laurier - OUA	24	452	150	66-117	0-1	18-48	56	91	147	11	61	24	20	24

Year	Team	G	MIN	PTS	2FG P	3FG P	FT	RO	RD	RT	AS	PF	BS	ST	TO
2017-18	Wilfrid Laurier - OUA	23	387	104	44-92	1-11	15-39	31	81	112	5	49	21	11	21

Averages

Year	Team	G	MIN	PTS	2FG P	3FG P	FT	RO	RD	RT	AS	PF	BS	ST	TO
2022-23	Wilfrid Laurier - OUA	22	21.1	10.3	0.510	0.000	0.478	2.7	6.4	9.1	1.2	2.8	0.9	1.0	1.4
2021-22	Wilfrid Laurier - OUA	16	19.8	6.6	0.590	0.000	0.400	2.1	5.1	7.2	0.7	3.3	1.0	0.8	1.0
2020-21	COVID Season - Did not play														
2019-20	Wilfrid Laurier - OUA	22	17.5	6.9	0.542	0.000	0.233	2.3	4.0	6.3	0.8	2.1	1.0	0.6	1.0
2018-19	Wilfrid Laurier - OUA	24	18.8	6.2	0.564	0.000	0.375	2.3	3.8	6.1	0.5	1.0	1.0	0.8	1.0
2017-18	Wilfrid Laurier - OUA	23	16.8	4.5	0.478	0.910	0.385	1.4	3.5	4.9	0.2	2.1	0.9	0.5	0.9