

CLASS SCHEDULE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Child

3:00 PM
4:00 PM
5:00 PM
6:00 PM
7:00 PM

3:00 PM
4:00 PM
5:00 PM
6:00 PM
7:00 PM

3:00 PM
4:00 PM
5:00 PM
6:00 PM
7:00 PM

3:00 PM
4:00 PM
5:00 PM
6:00 PM
7:00 PM

3:00 PM
4:00 PM
5:00 PM
6:00 PM

9:00 AM
10:00 AM
11:00 AM
12:00 PM
> Sparring Class

Adult

6:00 PM
7:00 PM

6:00 PM
7:00 PM

8:00 AM
6:00 PM
7:00 PM

6:00 PM
7:00 PM

8:00 AM
5:00 PM
6:00 PM

9:00 AM
11:00 AM
12:00 PM
> Sparring Class



6950 Kingery Highway
WILLOWBROOK
630-850-3500