

Clark Fitness Training, LLC
Presents
Greenbriar Whittingham
Monroe Township



Zumba w/Diane

This interval Zumba class combines easy to follow dance and toning segments to increase bone density, burn calories and sculpt the body.

SEPTEMBER-OCTOBER 2025

Saturdays @ 9:00-10:00

Please Register by September 6

(Make-up 9/6)(No class 10/11)

Class dates: 9/13, 9/20, 9/27, 10/4, 10/18, 10/25

6 weeks; \$36.00 – MIN 8 PEOPLE

(Class will be held in Ballroom - unless room is in use)

Questions: Contact Marie Wedgeworth at 908-770-8653 or wedge08506@yahoo.com.

Register: 1) Give check payable to Clark Fitness to the instructor

2) register online at www.clarkfitness.com.

Cancellations: Inclement weather cancellations will be listed at www.Clarkfitness.com home page.

Important Updates: To be added to the new message system, text the word Whittingham to 732-344-4578

-----CUT HERE-----

Name: _____ Phone: _____ Email: _____

I am paying for these classes: _____