

Clark Fitness Training, LLC
Presents
Greenbriar Whittingham
Monroe Township



Zumba w/Diane

This interval Zumba class combines easy to follow dance and toning segments to increase bone density, burn calories and sculpt the body.

NOVEMBER-DECEMBER 2025

Saturdays @ 9:00-10:00

Please Register by November 1

(No class 11/15, 11/29, 12/27-Holiday)

Class dates: 11/1, 11/8, 11/22, 12/6, 12/13, 12/20

6 weeks; \$36.00 – MIN 8 PEOPLE

(Class will be held in Ballroom - unless room is in use)

Questions: Contact Marie Wedgeworth at 908-770-8653 or wedge08506@yahoo.com.

Register: 1) Give check payable to Clark Fitness to the instructor

2) register online at www.clarkfitness.com.

Cancellations: Inclement weather cancellations will be listed at www.Clarkfitness.com home page.

Important Updates: To be added to the new message system, text the word Whittingham to 732-344-4578

-----CUT HERE-----

Name: _____ Phone: _____ Email _____

I am paying for these classes: _____