

YOGA

WITH AVI RAY

(former long-time yoga teacher at Gw)



**WEDNESDAYS * 4:30PM - 5:30PM
IN THE POKER ROOM**

STARTING WEDNESDAY, MAY 6TH

\$10/CLASS - PAY AS YOU GO

Please bring a yoga mat and wear loose, comfortable clothing.

Class for all levels. Everyone is welcome!

Questions? Feel free to call 732-991-8180