

Vol. 2, No. 5 - August 2026

Greenbriar at Whittingham PULSE



"We The People - 250 Years"
by Brighton Court resident Frances Gunther

PRST STD
US POSTAGE
PAID
LAKEWOOD, NJ 08701
PERMIT NO. 211

GW Pulse Staff

Mark Surks

Editor-in-Chief 609-655-5065

Editorial staff:

Mimi Gruber, Janet Horowitz,
Phyllis Kundel, Arlene Lazar,
Harvey Lazar, Sharon Nachimson,
Gayle Shpirt, Linda Surks

The **GW Pulse** encourages residents and clubs of Greenbriar at Whittingham to submit articles, stories, recipes, or photos that would be of interest to the community. Additionally, clubs are welcome to submit flyers for upcoming events.

The deadline for material is the 7th of the month prior to the month of publication. Send .pdf .doc .jpg files to:
GWMonroePulse@gmail.com

We reserve the right to edit all materials.

Community Information

Greenbriar at Whittingham
100 Whittingham Drive Monroe Township, NJ
08831

GPS 160 Half Acre Road

Matt Lubas
General Manager
609.409.9292 x228
matt.lubas@fsresidential.com

Suzie Weingartner
Property Manager
609.409.9292 x223
suzie.weingartner@fsresidential.com

Kristin Puriza
Lifestyles and Facility Director
609-409-9292 x227
Kristin.puriza@fsresidential.com

Renata Slova
Resident Services
609-409-9292 x231
renata.slova@fsresidential.com

WHOA Board of Trustees

Tom Clark, President
Jay Respler, Vice President
Bob Brown, Secretary
Kathrine DeDonno, Treasurer
Joe Atanasio, Trustee
Cathy Clarken-Gleason, Trustee
Jeff Simonsen, Trustee

Greenbriar Board of Directors

Chester Trubinski, President
Alan Greenberg, Vice President
Mark Surks, Treasurer
Ron Parisi, Secretary
Cliff Durlacher, Trustee

Minutes of open board meetings are available via the resident portal at gwmonroe.net
Video of open board meetings are available on You Tube. Search for WHOA Recreation

After Hours Club

By Lori Filik

As always, the After Hours Club had a fun filled evening. We were treated to a fabulous dinner catered by Jacques. Entertainment lit up the night with a performance from Shore Sounds. We welcomed new members and celebrated special events from birthdays to anniversaries.

The most important thing at this time of our lives is to enjoy every day to the fullest.

Embrace the journey and remember "The best is yet to be".

Our flyers are available in the clubhouse, and new members are always welcome.

Come join Us!





Jerry NOONAN'S
AUTO-CENTER

AB LIC.# 00678A

Serving the community for over 38 years!

Your One Stop Auto Shop!

Automotive Service & Repair • Auto Body & Collision
NJ State Inspection & Re-Inspection • Towing

609-655-AUTO (2886)

251 Applegarth Road- Monroe Township NJ, 08831



Keith & Nadine Citron

JoAnne Chichetti

Venkataramani Sundaram & Veena Krishnamoorthy

Arlene & Scott Lamberson

Steven & Deborah Kropf

Ruth & Daniel Katsky

Jeffrey & Lisa Bloom

Scott Semel & Lauren Essex

Smart Technology & Computer Services
by **STETNET TECH**

Personalized Tech Help & Training

Services Offered: * Computer setup * Phone, tablet & device syncing * Home Automation set-up (Wi-Fi, TVs, speakers, cameras, thermostats)

Perfect for: Anyone who wants technology to *just work.*

www.StetNet.com

Call or Text : Eric 732.718.2236

Deadline for material to be submitted for the September issue of **The Pulse** is August 5th.

SEASONAL RESIDENTS
PROFESSIONAL DRIVER

20 yrs. experience, Honest, Reliable.
Now taking reservations to drive your vehicle back to Florida.
Hurry! Dates are filling up fast.



CALL (954) 336-3320



New Kids on the Block

By Maddi Litoff

New Kids on the Block had a wonderful event of music bingo. We had a very large crowd with a DJ, dancing and bingo.

We are a club that enjoys our old friends and embrace new friends. We reunite with residents that live here. We all like to meet each other and it's a great way to become an active part of our club and to meet new people for a bingo Mah jongg and a lotta dancing. We just have an enjoyable time.

Everyone's invited, couples or singles and we hope to have you join us. We meet the first Wednesday of the month. Our next affair will be the first Wednesday in October our annual Duck Scavenger Hunt in the clubhouse. It's wonderful wonderful time and we hope that you will all join us the Flyers will be out soon. Any suggestions or get to know us or give us a call at 201-280-3911 will be happy to agree and meet you all our best. New Kids on the block.



GW Residents Civic Club

By Gary Filik

Once again the Clubs and Activities night was a great success. We would like to thank everyone that participated in our annual event. Sometimes we all need to take a short vacation which this year will be in August.

I would like to let you know what will be happening in the upcoming months. On September 12, 2026 we will have the honor of hosting Senator Linda Greenstein, Assistant Majority Leader, 14th Legislative District.

The meeting will be held at 7:30 pm in the Ballroom. The Senator will be discussing issues concerning New Jersey residents including the climate crisis, expanding the use of electric vehicles and supporting New Jersey's thriving manufacturing sector. The Senator is also a leader driven by her passion for her community and is dedicated to serving its people.

In the month of October we will have a speaker reviewing all the important changes to Medicare and Social Security. More information will be available in the coming weeks. Continuing our tradition in the month of October, we will have our annual diaper drive to assist families in need of help caring for their families. There will be a portable crib set up in the lobby of the clubhouse to accommodate all donations. Please let's make this event as successful as last year.

Please come out and support all the events that the Residents Civic Club has to offer.



GW Music Club



GW Garden Club



All About The Beat Club: Lightning Does Strike Twice

By Debbie Harbatkin

They say lightning doesn't strike twice and the best laid plans...

The new **All About The Beat Club** here in Greenbriar At Whittingham has proven the first statement false and the second to be an inevitability in the wrong direction. Just trying to get started; illnesses delayed everything planned. The performance by **Rockology** to kick off the club had to be twice postponed due to sudden and serious health emergencies experienced by two band members weeks apart. The performance will be rescheduled for later this year, but in the meantime, all checks for the \$5 tickets were returned. Watch for the announcement and details of the rescheduled date.



On the inaugural night of July 15, the club instead sponsored an open house for all Greenbriar At Whittingham residents, which included music by DJ Joey A and dessert with coffee. The night was a chance to mingle, meet and learn what the club has in store and the goals for the future. Since this article is being written before the event, we will have more to share in the upcoming months.

Our next get together is on August 19th and we will be showing the documentary "**Standing In The Shadows Of Motown.**" After the movie, we will discuss the genre and listen and dance to the music that made this music a favorite of many generations.

On September 16, we have planned a live performance of an acoustic band, playing popular music loved by all! Watch for more details about the show, which will be free to **All About The Beat Club** members and open to non-members of the GW community for a ticket fee.

Meeting monthly on the 3rd Wednesday in the Towne Center Ballroom, members will enjoy live performances by bands and entertainers, movies and media about music and music history, speakers on a range of styles and studies of genres of music through the decades. Group discussions will highlight stories from residents who have studied music, encountered famous musicians and how and what happened, as well as diverse musical topics. The stage is set for a world of musical discovery. Each month will focus on a different theme, and each topic will be curated to appeal to a variety of ages and tastes.

As the club evolves, there will be special events and even group road trips to see concerts and shows, especially at the wonderful outdoor venues at the many parks and towns that New Jersey has to offer. You'll be surprised at how entertaining our area is.

Membership in the **All About The Beat Club** is \$20 per person per year. The dues will help offset the costs of live performances, guest entertainers and the cost of materials, snacks and coffee for our meetings. Those that purchased tickets to the **Rockology** show and got the \$5 credit on membership will still be honored when they purchase a ticket to the rescheduled show later this year.

To join the club, see the official flyer in this edition of the Pulse and also on the Greenbriar At Whittingham Recreation section of the website or Facebook group, you can also find a copy of the flyer in the rounder in the Towne Centre lobby or include your name, address, phone number and email address on a piece of paper. Include your check for \$20 per person made out to *GWBeat* and place it in mailbox #20 in the Towne Centre Library.

It's All About The Beat GW!

Looking to Purchase

Jeff Zimmerman

Member NJSSA - Certified Appraiser

Full and Partial Estates

Costume & Fine Jewelry, Silver,
Watches, Coins, Antiques, Art,
Sculpture, Furniture, Lighting,
Musical Instruments, Porcelain,
and more

Designer Mid-Century &
Modern Furniture

Special care for senior citizens

908-862-0200

848-466-9000

Time & Again Galleries
50 Years Experience
Paying Top Dollar

ads-4688

GWCA asks Greenbriar Residents to Vote For Amendment

By GWCA Board of Trustees

The GWCA (Greenbriar Board) is asking everyone to vote for an important by-laws amendment. Nothing about this matter has anything to do with the Whittingham neighborhood.

While it is not very often, sometimes we need to engage our attorneys in order to collect unpaid maintenance fees. Most efforts to collect from delinquent residents is done by our own management staff. They have instituted a successful program for staying on top of folks who have not been keeping up with their monthly maintenance fee.

On rare occasions however, their efforts to collect reach a dead end and only legal action by an attorney has any chance of success. Customarily, when legal action is taken in order to collect on a debt, the debtor is responsible not only for the debt, but the legal fees as well. I think everyone would agree this makes perfect sense

For some inexplicable reason, the by-laws for Greenbriar only allow us to charge a mere 20% of the legal fees to the debtor, leaving 80% of the legal cost having to be borne by our entire Greenbriar community. It is hard to understand why such an illogical policy was included in our by-laws.

Given that legal costs could be in the thousands, it makes no sense for us to utilize attorneys to collect these funds. It might cost us more than what we would collect! With that, so many collection tools available to us cannot be sensibly engaged.

The only way to rectify this is via a by-laws amendment that dictates that debtors pay any and all legal expense incurred in the collection of their debt to the community. This amendment requires a **full two thirds (2/3)** of the Greenbriar homes vote in the affirmative for the amendment to pass. Each home has one vote. ***We need 800 YES votes.***

So roughly 800 residents must approve the amendment. The problem of course is that it is hard to get 800 folks to vote for anything. The level of apathy here, and at most home owner associations, makes getting a voting quorum extremely difficult.

To that end, folks who fail to vote via our electronic system will get regular dunning notices until such time as they actually vote. Additionally, the digital voting system supplies management with a minute by minute report of who has and who hasn't, voted. Board members and perhaps others, will be telephoning those who did not vote to please do so. We really don't want to be calling anyone and the fewer the people we have to call, the better. For that reason we urge you to take a moment and respond to the email from VOTE HOA. There will also be paper ballots available in the Towne Centre lobby and from the Management Office.

This should be an easy decision. The board is urging folks to vote YES so we can take advantage of legal resources to collect our money without the entire community paying the legal fees incurred. The current system makes using legal methods pointless.

We are urging the residents of Greenbriar to respond to the vote so that the 800 vote quorum will be met and we won't have to make too many phone calls for that to happen.

Important Notice For Greenbriar Residents

(Whittingham residents are not impacted)

Greenbriar residents are being urged to vote on an amendment allowing us to require delinquent homeowners to pay 100% of any legal cost incurred in the effort to collect. Currently, our by-laws inexplicably require ***our community to absorb 80%*** of legal collection costs. This hampers our ability to collect and unfairly burdens the vast majority of residents who pay promptly. Please take the time to vote on-line via the emails you are receiving or via a paper ballot in the Towne Centre.

We need at least 800 residents to vote Yes for this to pass.



GWTC @ Monroe Recreation Mayor's Cup 2026

Men's and Mixed Doubles Championship

★ **THREE-PEAT CHAMPIONS** ★
2024 • 2025 • 2026



Official Team Roster

- Felix Vazquez (Captain)
- Andy Goodman
- Garry Klein
- Paul Shin
- Howie Kalish
- Nathan Wong
- Sol Nussbaum



2026 Mayor's Cup Winner Hat



Mixed Doubles Team

- Felix Vazquez (Captain)
- Garry Klein
- Linda Shiff
- Paul Shin
- Karen Ellis



FEATURE ARTICLE

For the third consecutive year, the Greenbrier at Whittingham Tennis Club (GWTC) proudly represented our community at the Monroe Recreation Mayor's Cup 2026.

GWTC captured 1st place in both the **Men's Doubles** and **Mixed Doubles** Championships, further cementing the club's reputation as one of Monroe Township's premier recreational tennis programs.

The events showcased the strong bonds of friendship, teamwork, and camaraderie that define GWTC. Through competitive play and community spirit, the team once again represented Greenbrier at Whittingham with pride and distinction, continuing the club's tradition of excellence in Monroe Township tennis competition.



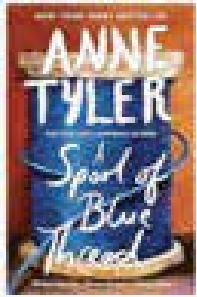
PHOTO CAPTION: GWTC teams celebrating success at the Monroe Recreation Mayor's Cup 2026.
Three years. Two titles. One unbeatable team!

Greenbrier at Whittingham Tennis Club (GWTC) • A Community of Tennis Enthusiasts • GWtennismonroe@gmail.com

The Marvin Bachman Book Club

The book club meets on the fourth Monday of each month at 4PM in our own Library.

The Club will meet on Monday August 24th at 4 PM to discuss “A Spool of Blue Thread” a novel by famed author Anne Tyler.



From Red's parents, newly arrived in Baltimore in the 1920s, to the grandchildren carrying the Whitshank legacy boisterously into the twenty-first century, the Whitshanks are one of those families that radiate an indefinable kind of specialness, but like all families, their stories reveal only part of the picture: Abby and Red and their four grown children have accumulated not only tender moments, laughter, and celebrations, but also jealousies, disappointments, and carefully guarded secrets

Contact Harriet Bachman for details. 609-409-5464

BOOK CLUB

A Tradition Lives On – Phillip Court Block Party

By Ed Pilcer

Since approximately 1998 the residents of Phillip Court have gotten together to celebrate their wonderful block. This year the tradition continued with a 4th of July block party. We moved here 6 years ago and have been attending every year. Due to the heat wave, it was held indoors, with 19 residents attending, some of whom are original owners.

A good time was had by Amy and Haus Kachalia, Kaye Kailas, Margaret and Randy Kahn, Pearl and Bruce Schwed, Linda and Allen Skupp, Arlene Arrigo, Miriam Gruber, Marilyn Silverberg, Harriet and Lonnie Mitchel, Amy Appleman, Jayne and Marc Press and Susan and Ed Pilcer.

Thanks to Jayne Press and Susan Pilcer (who volunteered her house), an amazing spread of food was provided and guests brought delicious appetizers and desserts. We played an American History trivia game created by Jayne with lottery tickets as prizes, listened to original owners reminisce about the beginning of their lives in the development and watched some world cup competition.

These special moments remind me of the enduring spirit of our community and the joy of sharing them together.



Attention all Veterans

You are cordially invited to Join our group. We are Post 609 JWV of Monroe Township and meet here at Greenbriar/Whittingham. All are welcome, we meet the third Sunday of each month for bagels and a schmear and interesting programs concerning veterans. If interested please call our Membership Chair to reserve a spot. Hoping to see you soon at one of our interesting meetings. We welcome all veterans for lively discussions guests and movies.

Kenneth Brettschneider 914-299-3346



You Are Never Too Old to Begin Photography

By Roy Goldschmidt

I found the story of Sandra Adorno (shown here) very interesting since it applies to all of us.

When Sandra Adorno picked up a camera for the first time, she was sixty years old. Now, I know what you're thinking, and no, she wasn't sixty years old with decades of photographic experience tucked away in a closet somewhere. Nor was she sixty years old returning to a childhood passion. She was sixty years old with zero experience taking photos, no photography education, and honestly, no real reason to believe she would become good at it.

In fact, according to Sandra, she was terrible. Of her very first workshop, she says "I was obviously the worst student that they'd ever had," with a laugh. That would've been enough to deter most people. But it didn't phase Sandra.

Today, 10 years later, she has published four photobooks, exhibited her work internationally, and was showing a solo exhibition at the Venice International Art Exhibition. Yet when you talk to her, accomplishments aren't what stand out. What stands out is her curiosity and joy. Her gratitude. Her genuine excitement about discovering something entirely new when most people assume their lives are settling into familiar patterns.

Her story is a reminder that photography is about so much more than just making pictures. Sandra's introduction to photography came through her daughter, who invited her to attend a photography workshop.

At the time, Sandra had spent decades building a career in business. Art was something she appreciated, but not something she imagined herself creating. "I never thought I could do photography," she said. "I never thought I could do anything artistic." Yet something happened during that workshop.

Before photography, she says she moved through life much like many of us do: focused on appointments, responsibilities, and getting from one obligation to the next. Photography forced her to slow down. "It was the first time that I looked around," she said. "It was really beautiful to see the world I live in."

In essence, photography gave Sandra permission to pay attention to a world that had always been there but had largely gone unnoticed amid the pace of everyday life. For her, it was a real gift.

So many of us hold on to the assumption that creative pursuits belong to the young. We celebrate photographers who start in their teens and twenties, publish books in their thirties, and establish careers by middle age. We wish we had been gifted, camera-toting children, so that we could be successful adults bearing the title "artist" by now. "If only I'd picked up a camera sooner."

Sandra's story completely dismantles that timeline. "You don't expect to discover something at sixty," she said "You normally think you're wrapping up. You're closing down." Much to her surprise, photography opened a new chapter. What she discovered was not only a passion, but also an entirely different way of experiencing the world. Rather than seeing age as a limitation, Sandra sees it as motivation. "The problem is that at my age, I don't have the luxury of time," she said. She laughed when she said it, but there is truth behind the humor. Many photographers spend years waiting for permission. Waiting until they have better equipment, more knowledge, more confidence. Sandra didn't have any of those things. She just started. It's as simple as that.

Photography seems to be a kind of conversation for Sandra, a new way to explore and interact with the world around her. Every project seems to lead her to another question. Every experiment opens another possibility. She keeps on gathering ideas, collecting inspiration, imagining what might come next. Perhaps it's that mindset that explains why she has accomplished so much in a relatively short period of time. While many photographers focus on outcomes, Sandra seems focused on discovery. She remains curious.

What got me excited about Sandra's story most of all is that it isn't really about photography. It's about possibility. It's about remaining open to change long after society expects us to have ourselves figured out and about embracing the discomfort of being a beginner. And it's about accepting that there may still be parts of ourselves we haven't met yet.

Sandra describes herself as the least artistic member of her family. Her sister was a painter and sculptor. Her brother was a writer. She was the practical one, the business-minded one. Then, at sixty years old, she picked up a camera. Today,



she speaks about books, exhibitions, collaborations, poetry, architecture, and visual experimentation with the enthusiasm of someone who still has a world of possibilities open to them.

It's easy to assume our potential is fixed. Sandra's story proves otherwise. "I think we have much more potential than we think." Looking at her work, it's hard to argue with her.

The photographs are beautiful, certainly. But what stays with me isn't any single image. It's the idea that somewhere out there, another sixty-year-old future photographer is walking into their first workshop or experience.

And they might just be the worst one in the room...For now.

Sandra Cattaneo Adorno started photographing in 2013 at the age of 60 and has since achieved extensive recognition for her work. Her inventive practice revolves around street photography as a way of questioning reality and representation. Guided by a profound sense of curiosity, Cattaneo Adorno pairs insight and playfulness to reflect through images on both society and personal memories.

The GWCC Camera Club currently has several members whose work is recognized through exhibitions, showings, and winning ribbons to recognize their accomplishments of current and past work. You are never too old to enjoy learning new skills, feeling a sense of accomplishment and creativity, and a comradery being part of something bigger than yourself. The camera club meets every Wednesday of the month in the upstairs Poker Room at 7 PM. Our next meeting is August 19th and there will be a guest speaker who has traveled and taken pictures all over the world. Bring your friends and neighbors!

Hadassah

By Joanne Sacoff

"August is like the Sunday of summer". How fast this hot exotic summer has gone by -- way too fast.

August is the month of our very popular **Book and Author** event. We all are very much looking forward to this year's program as a lot of us have read this interesting book for our July Hot Topics group. Now we can actually meet the author and hear all about how this book came to be. For those who have not yet read the book, "The Wisdom Whisperers" by Melinda Blau, you still have time. The event is not until Wednesday, August 26 and the book is available at Amazon. For those who are not interested in reading the book, plan on coming anyway as the author is an excellent, humorous, and interesting speaker. Come also for the delicious luncheon and to shop at our hand-picked vendors. Did I mention this wonderful event is being held at the **Forsgate Country Club at 11:30 am on Wednesday, August 26th**? Flyers are in the rounders, so you can place your reservation and indicate your seating requirements.

HADASSAH



On September 23 at 7 pm in the Poker Room at the Towne Centre we will present Mr. Fred Miller who will be speaking on "The Other Jewish Songwriters". We all know of Gershwin, Kern, Berlin and more so who are the others? Plan on coming to this very informative event and find out. Of course there will also be some lovely refreshments.

All of us at Alisa Hadassah are looking forward to the annual Membership Appreciation event in November. This is when we honor someone from our chapter for their leadership qualities. As you may or may not know the Myrtle Wreath Award is Hadassah's highest honor. In addition, the entertainment will be the wonderful comedian/actress Ellen Faris. Please check the flyers and/or your emails for the date and time of this wonderful program.

Once again for all of your greeting card needs, and that is for all occasions, please call Ann Matisoff or Rhoda Lesser. For trees in Israel and certificates, please call Joyce Gerbman.

For anyone reading this article who is not already a Hadassah member, please join us. We want everyone out there to have as much fun as we do planning and supporting all of our events. We always look forward to meeting our new members.

Call Sharon Nachimson at 973-668-1813 if you are interested.

Enjoy the rest of this summer and hope to see you soon!

Entertaining Greenbriar At Whittingham

By Debbie Harbatkin

It has been a fabulously successful more than half year of shows for our fellow residents in this Community. The WHOA Entertainment Committee has worked with our Lifestyles Director Kristin Puriza, to secure a variety of musical entertainment of different genres, different eras, and distinctive styles to allow everyone to enjoy a show they will enjoy.

The truly sensational **Sensational Soul Cruisers** warmed up our dreary January with a hot take on Soul, R&B, Motown and more!

Our fabulous completely sold out, then delayed due to a major “snow-mageddon” in February, our **Carole King tribute by Alice Leon**, (right) was something none of us will forget. I’m happy to report we are working on Alice and the phenomenal band to come back and see us in 2027.



Then we had the Rock & Roll powerhouse **Foreign Journey** (above) playing the best of the two bands’ hits for the delight of 70’s and 80’s popular music fans. Next, we had the fabulous ‘boy band for the mature set’ in the **Jersey Tenors** with a formidable nearly sold out show again!

Speaking of sell-outs -- the twice expanded capacity of the Ballroom kind, every ticket in May for **Danny V’s 52nd Street’s Billy Joel Tribute**, (below) had us all singing and dancing in our seats to the memories of the great Piano Man!



And then there was June with the **Jersey Sound** (right) who were just phenomenal with great musicians and great voices and harmonies in favorite oldies hits of the 60’s, 70’s and 80’s that made up the sounds of New Jersey we all loved growing up.

Next up is **Britishmania, a tribute to the Beatles**. For lovers of the Fab Four, the anticipation of this show can be nothing less than extraordinary and I am sure the band will far surpass our expectations!



But that was what was! Let’s look forward to the rest of our 2026 musical journey...

On August 29, join us for **Sir Elton**, yes THAT Elton, **Elton John tribute show** that is, playing the hits that have made the showman as legendary icon! From “**Benny & The Jets**” to “**Rocket Man**” to “**Good-Bye Yellow Brick Road**” to “**Our Song**” and so many more, everyone will have a favorite memory in this wonderful evening of thoughts and tunes of the past.

In September, we have the super fabulous voice of **Urban Country and popular music artist Lauren Davidson**, coming with a set of some of the most fun tunes for all musical tastes. This singer-songwriter has recently played in such fabulous venues as *Madison Square Garden*, *Chelsea Table* in Manhattan and *The Stone Pony* in Asbury Park. Her benchmark original songs for Country Music fans are “**Pouring Rain**”, “**Live In The Light**” and “**Soaking Up Every Second**”, but Lauren will perform for us a set list to include some of Billboard’s top songs from female artists popular through the many decades and many genres.

Not to give too much away, keep your eyes out for a Rock N Roll treat in October and a fantastic oldies band you are all sure to remember in November!

As Chairperson of the Committee, I want to give kudos go to my fellow current Entertainment Committee members: **Joe Atanasio, Marcia Bartolf, Len Feiner, Gary Filik, Joan Hermelee, Louise Lewis, Ann Matisoff, Gerrie Pisapia** and our **WHOA Board Liaison, Bob Brown**. If you are enjoying our shows, be sure to say thank you when you see them!

GW Connections: Long Lonely Summer...NOT!

By Michele Sandler

WEDNESDAY, AUGUST 12 is the day of the GW Connections **Gala Luncheon**—and this is an event you won't want to miss! Call immediately to find out if space is still available.

To be held at the beautiful Knob Hill Country Club, guests will enjoy a delicious plated luncheon featuring a choice of three entrées, appetizers, and dessert. Dietary needs will be accommodated. The afternoon will also feature special entertainment by vocalist Reginald Proctor.

MONDAY, AUGUST 3, at 7:00 p.m., GW Connections invites everyone to a **free Open Meeting** in the GW Ballroom featuring the witty and talented Robert DeVitis, widely recognized as one of the finest Benjamin Franklin impersonators in the Philadelphia area. This should already be on your calendar. Refreshments included.

Also at our **AUGUST 3rd meeting**, we will be collecting **school supplies** for the children at HomeFront, one of our charities. They especially need backpacks which could be a collective donation with friends. All school supply contributions are appreciated. Last year's campaign was a phenomenal success which we hope to duplicate.

MONDAY, NOVEMBER 3, at 7:00 p.m., plan to attend our next OPEN MEETING in the GW Ballroom.

Please feel free to contact us about all our ongoing groups, clubs and activities. As always, our dues support the following charities: HomeFront, Women Aware and the Monroe Township Food Pantry. A win-win for all.

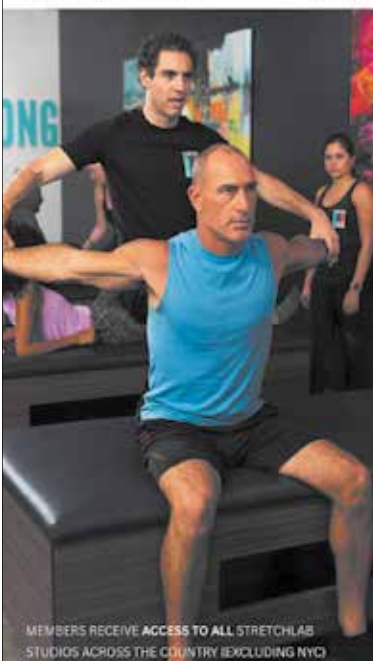
Contact: Carol Cooper — 609-409-3860

Dues (May 2026–May 2027):

\$15 (single) | \$20 (family) Please make checks payable to **GW Connections** and place them in Box #5 in the Clubhouse Library.



MONROE STRETCH LAB



Discounts on your Introductory Stretch

ONE-ON-ONE ASSISTED STRETCHING
DESIGNED TO HELP YOU:

- INCREASE FLEXIBILITY
- IMPROVE BALANCE & POSTURE
- REDUCE TIGHTNESS
- IMPROVE RANGE OF MOTION
- DECREASE MUSCLE & JOINT PAIN
- IMPROVE OVERALL PERFORMANCE

CALL TO BOOK:
(848) 290-1257

StretchLab Monroe
1000 Perrineville Rd, 41 C-2
Monroe, NJ 08831

MEMBERS RECEIVE ACCESS TO ALL STRETCHLAB STUDIOS ACROSS THE COUNTRY (EXCLUDING NYC)

ad-8785

Everything Stacey touches turns to
SOLD!



- ✓ Gets You the Best Price
- ✓ Is Dedicated to Your Sale
- ✓ Your Partner in The Process
- ✓ An Agent You Can Trust



STACEY VILARDI
REALTOR® ASSOCIATE
Direct: 732-266-7999
Office: 732-257-3500
staceylvilardi@gmail.com
www.staceylvilardi.net



33 Brunswick Woods Drive
East Brunswick, NJ 08816
ads-8400

neighborhoods.com

55PLACES.COM
PARTNER AGENT

News from the Golf Course

By Allan Cooper

There is a Member/Non-Member Tournament set for Saturday, August 22 at 9:00 AM. Coffee and bagels at 8:30 AM

The Golf Course wants to increase its membership.

Each year we lose members because of increasing age, and people moving permanently to warmer locations such as Florida or Arizona.

There are many golfers in the area who have never seen, or played the Greenbriar Golf Course. Because we are not open to daily players, golfers can't just drop in and see what the course is like. Our Golf Course is a Members-Only golf course. This means the only way a non-member can play is to be invited by a member of the course. To this end we are organizing a Member—Non-Member Golf Tournament. The cost of the tournament is \$25 per person, which includes the golf cart. Pre-registration required.

We are asking our members to invite up to three non-members to play together in a tournament. The purpose of this Tournament is to let potential members have the experience of playing at Greenbriar. The non-members should plausibly be able to join as members if they like the Golf Course. Inviting family members would not be appropriate for this outing. Inviting people who play at other courses would be a very good idea.

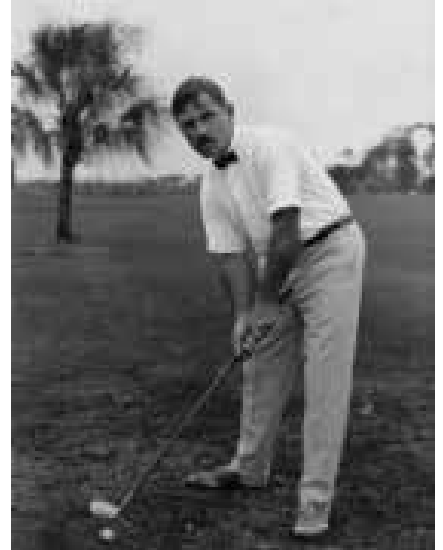
The format of the tournament will be a Scramble. A Scramble means that a foursome of golfers tee off together. They decide which shot is best. They all move their balls to that location. They all hit their next shot from that "best ball location", and again decide which shot is the best. They proceed this way, always choosing the best shot until the ball is in the hole.

In addition, there will be a prize awarded for the ball that gets closest to the hole on a par three. In addition, there will be a prize for the golfer who gets closest to the line and there will be prizes for a Putting Contest.

We hope to introduce our course, which we think is one of the most beautiful, and best kept courses in the area. There are five sets of tee boxes on each hole. The total yardage from the black tees is 6,530 yards for 18 holes of play..

***** PARTY *** Some time in September – The Community of Greenbriar at Whittingham will be invited to visit the Golf Course.**

A Party will be held for the community by the Golf Course. Stay tuned for updates in the weeks to come. This message should not be confused with the announcement of the Golf Tournament – which is a separate event.



Before bill-paying and routine paperwork overwhelm you, call the professionals.

ad-8920



Professional Paperwork Services, LLC

REDUCING CLIENT STRESS SINCE 2015

Trust us to manage your paperwork. We'll give you more freedom and peace of mind. Outstanding references. <https://paperwork-services.com>

Call for a free consultation: 609-608-0566

"The secret of staying young is to live honestly, eat slowly, and lie about your age." — Lucille Ball

Health, Fitness and Wellness Club

by Stephanie Lichtenstein

Health, Fitness, and Wellness Club – June Program Recap

The Health, Fitness, and Wellness Club welcomed a truly unique and inspiring presenter in June. **Veronica Britos**, a psychic medium, Reiki practitioner, spiritual healer, and intuitive guide, shared her gifts with the group. Veronica carries a sacred family lineage and works through faith, love, and divine energy to support healing in others.



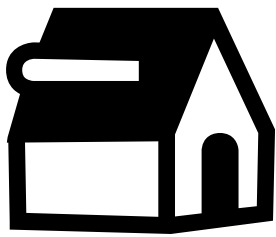
Veronica blends traditional Reiki with **Holy Fire Reiki**, a modality known for its powerful, uplifting energy that encourages both healing and spiritual growth. She works with **nine chakras**—including the Earth and Star chakras—rather than the traditional seven, offering a more expansive and holistic approach to energetic wellness.

Holy Fire Reiki sessions help cleanse and balance the body's energy, supporting physical, emotional, and spiritual well being while promoting inner peace and personal growth.

During the session, Veronica performed a group cleansing for all attendees. Everyone left feeling **relaxed, refreshed, and renewed**.

Upcoming Events

- **July 15** – Summer Core Workout: Understanding the Core
- **August 19** – Tai Chi with Stephanie
- **September 16** – Nutrition
- **October 14** – Scan the Body
- **November 18** – Veronica Returns



BATHROOM PROS *Handyman Services*



- ☒ Full Bathroom Remodeling
- ☒ New Showers
- ☒ Kitchen Remodeling

Free Estimates

TUB-TO-SHOWER CONVERSIONS-OUR SPECIALTY

Call Sal, the Owner Today!

609-532-0498

Licensed and Insured | www.qualitytileandconstruction.com

ads-8399

Another GW Resident Has a Book Published

by Mark Surks

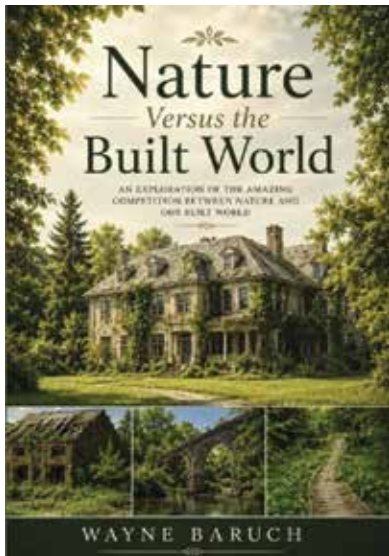
I continue to be surprised and thrilled when I discover all that has been accomplished by residents of GW. We have quite a number of members of our community whose art and photography has been exhibited, published and juried. We also have a number residents who have acted professionally. Additionally, we have quite a few residents whose writings have been published. To that list we can now add Wintons Way resident Wayne Baruch.

The copy below was supplied by the publisher. The book is available on Amazon KDP, Barnes and Noble, and Ingram/Spark, as well as other fine sellers in the near future.

Nature Versus the Built World

An Exploration of the Amazing Competition Between Nature and Our Built World

by Wayne Baruch



During Wayne's second career of over 20 years, he built new homes for a major U.S. home builder, was a board member of the local chapter of The National Assn. of the Remodeling Industry, passed the credentialing exam for first-level NJ building code inspectors, was involved with historic restoration in the tri-state area, was a member of his township historic preservation commission, and served as a construction expert witness with his reports being accepted into evidence by Courts of Law in five states. His pictures for that work focused on the construction (as-is, progress, and the finished "Voila!" snapshots), along with code compliance, regulatory, incident investigation, and risk management issues as an expert witness and a safety professional.

Something interesting happened in retirement. Better camera equipment and a growing interest in and understanding of lighting, colors, composition, storytelling, etc. helped those snapshots to evolve into photography. Architecture, historic restoration and preservation, and the Built World in general were still his preferred subjects, but places that the public doesn't normally see, construction progress, and forensic photos evolved into a more creative slant on his work. The historic restoration, especially, led to a new genre...

Abandonment photography is very different from that work. It also celebrates what we built—architecture, machines, and infrastructure, for example—and then what happens when we surrender them. Architecture and engineering devolve, and Nature takes over. Plants and animal life flourish as they create a certain fascinating aesthetic that is beautiful and awe-inspiring in its own way.

We generally abandon the Built World because of money, willpower, and maintenance, but let's not oversimplify! Those reasons are sometimes the culmination of changing, often uncontrollable, personal, political, technological, and tragic natural events. Those choices may have been the outcome of truly heartbreaking events—about the people and lives that were involved as those decisions came to fruition.

Nature doesn't care that we want the Built World to be beautiful and functional forever! She will do what she will do. Without compassion or intention, she sank the Titanic, toppled the Champlain Towers in Surfside, Florida, and collapsed the Tacoma Narrows Bridge, among her innumerable triumphs over us and our Built World. On Nature's side are forces like wind and water, heat and cold, oxidation and decay, botany and the efforts of insects and other animals, gravity, and so on, all competing to reclaim the order and control that we have sought.

She has been at work for 4.5 billion years, whereas the Built World has only existed for perhaps 40,000 years, and engineering has only existed for around 5,000 years. Human error, failure to understand and comply with her rules, and neglect of the Built World are easy competition for Nature.

There are several photographers around the world who also love this genre and do amazing work, but Wayne's book explores another fascinating aspect – resources and constructability. The designers, estimators, and engineers of pre-1960s buildings and infrastructure had no computers. Even today, those in less industrialized and less well-capitalized places still substitute modern computers, tools, and equipment with labor – lots of labor. Pre-industrial age constructors and artisans had no modern tools or heavy equipment. And yet, some structures have stood for 2,000 years or longer. For example, Horyu-ji Temple in Nara, Japan, dates from the early 7th century and is still beautiful.

Nature Versus the Built World asks you to wonder about the history and real lives: what we created; who designed it, how it was made; who worked with, in, or on it, and life inside. Performing historic restoration on buildings from the 18th century inspired Wayne to think about how he generally learned history in high school...a boring series of inane, disconnected factoids with little or no connection to a school kid, let alone how those minutiae might matter to oneself today. How many of us were unfortunate enough to also learn history in a similar fashion?

Throughout *Nature Versus the Built World*, you will see buildings, infrastructure, and machines from Europe to the U.S. and the Caribbean, along with observations about engineering, architecture, and a bit about their history. In the book, Wayne seeks to inspire awe, curiosity, wonder, hope, admiration for human ingenuity and creativity, and sometimes even sadness as he shares his photography and love of Nature, artisanship, history, aesthetics, and the human race's competition and collaboration with Nature.



GW CHESS CLUB

*The GW Chess Club meets on the first and third Friday of the month in the former Board Room in the building annex.
Contact Anatoly Shpirt at 347-693-8791
Beginners are encouraged to attend.*



TOP REASONS TO SELL YOUR GREENBRIAR HOME WITH SUE

Each ERA® Office is independently owned and operated. If you have a real estate services contract with a brokerage this is not meant as a solicitation.

**Why settle
for less?
Get the
BEST!**

- Sue knows the Greenbriar market
- She's been there, done that, and knows how to navigate every quirk of a Greenbriar sale!
- Her real estate expertise comes with a bonus: genuine care for seniors and their unique needs!
- Why sell with Sue? Because you deserve a Realtor® who knows how to make your golden years even brighter!

GREENBRIAR EXPERT

SUZANNE "SUE" NADWODNY

Broker Associate

609.313.4864 C

609.655.5535 O

Sue@LevinsonERA.com



NJ Realtors® Circle of Excellence Award® 2019–2025

609.313.4864 | HomesSalesBySue.com

Experience • Knowledge • Expert



ad 179

Welcome to HOA Living in Greenbriar at Whittingham

By Diane Morris-Paff

[Ed. note. What follows is an opinion piece]

A hearty hello and welcome to Greenbriar at Whittingham, if you are a new resident (and also for all community members). You are now living in an HOA community for residents 55+, well at least 1 person in the household has to be 55, or older, and the 2nd person must be at least 48 years old. What does that mean? A lot. If you are joining us from a non-HOA community you probably have no idea about the governing regulations, or by-laws, for such a community. Believe me, there are a lot.



If you are an “old-time resident” you have a 3-inch binder that is filled with rules and regs covering just about everything regarding your home and our community. For newer community members, this rules and reg book is available online. This community is really 2 very different entities under one umbrella. The Whittingham side was the original part of the community. It was built by one construction company that unfortunately went belly up. It was and is, a condo-based community. The second builder, US Homes, came in and built free-standing and attached single family dwellings. The Greenbriar side is non-condo area. So, right there, you should realize that there are differences in what the rules and regs and how they apply to each part of the community. Most are similar but not exactly the same. No matter which side you live on, you should know the rules for your part of the community and the rules for the communal areas, such as; the pool, tennis courts, Towne Centre, etc..

For all those new (and not so new) community members...

- Please stop asking about Comcast at the WHOA meetings. A deal was struck by the previous WHOA board with Comcast. It will run out in about 4-5 years. Until then you are more or less stuck with what we have (retail pricing for the packages), or you can just get Internet and go with all streaming services, or a satellite dish.
- Please stop suggesting that the community should install speed bumps and more stop signs. This has been discussed each year and the answer to both has been NO. Speed bumps could impede emergency vehicles and be a mess for the snow plows (and end up costing us all more for special snow removal and more repaving of the streets). Stop signs would cause more issues as to who has the right of way. All of the side streets already have stop signs coming onto the larger roads. That being said, the HOA may still have this on their “to do” list. Just realize it is brought up very often. Most importantly, SLOW DOWN!!! Obey the community speed limits, and then this is a moot point.
- Please stop walking in dark clothing at night. This makes it difficult for aged drivers to see you. Wear reflective clothing, carry a flash light and put something reflective on your dog, so that drivers can see them.
- Please stop walking your dog on anyone’s property, except your own. This has been written up many, many times in emails and Pulse articles. Walk your dog on the street or your own property and please make sure to clean up after your dog, no matter where the dog does its business.
- Please stop bringing up the possible fee/credit that we may, or may not, be assessed to support the restaurant. This has been discussed multiple times and voted on. Do not bring up the time of year the voting took place. All community members had the right to vote, or not vote. If you have an email and do not read them, this is not the community’s fault, but your own. If you do not attend WHOA meeting either in person or via Zoom, then please stop complaining about things that were discussed at previous meetings. You are able to view these meetings live, or later, on YouTube and can find the links on the community website. Don’t know how to do this? Ask someone in property management, or get a relative, or friend, to show you how.

You moved into a community with HOA governing that covers many, many things. It was your responsibility before purchasing to know these rules and by-laws. If the rules are a problem for you, then perhaps you should consider why you moved into an HOA community without looking in to what this entails.

Start to look at the positive things this community offers you....

- Landscaping (lawn mowing and edging)
- Snow removal
- A clubhouse
- Outdoor and indoor pools

- Many activities through clubs and what our fantastic recreation department puts on (thank you Kristin)
- A community garden
- Bocce court
- A golf course
- Well maintained landscaping around the community
- Plus more
- Most importantly, the WHOA Board that tries their best to protect all homeowners by getting the best deals possible for all that is needed to run this community as smoothly as possible. This is a thankless job, respect them and appreciate all that they do for us. If you don't like it you can run for the board, head the clubs, etc.

Ladies Club

By Carrie Ferraro

The GW Ladies Club has embraced summer with fun events in July. We enjoyed a Pool Party and spent a lovely evening with our great group of ladies! We had a great day at Seven Presidents Beach in Long Branch. We relaxed in the sun while chatting away and enjoying the day!

Future activities include:

- A Night Out at The Working Dog Winery
- ALS Walk in Long Branch on Sept. 26th
- Planning stages for dinner and/or lunch

As always, we welcome new members to join the GW Ladies Club. Our meetings are held on the 2nd Monday of each month at 6:30 PM in the Ballroom. The annual dues is \$10 a year. Membership forms are available on the Kiosk in the lobby of the Clubhouse.

Looking forward to meeting new members and enjoying conversations and adventures with our current membership of amazing women!



Calling for Minyan Volunteers

The Shiva Minyan Group of Greenbriar at Whittingham has served our community for over 30 years. We need to ensure the presence of ten Jewish residents – men and/or women - at all Shiva Minyans.

You do not have to be fluent in Hebrew to be a part of our group, but we do need your presence. If you wish to be a Minyan volunteer, please call: Alan Schwartz 609-664-2970 Norman Leiderman at 732-618-6663, or Phyllis Kundel at 609-619-3656.



JET PRO

POWER WASHING

SOFT WASHING SPECIALISTS

Bring Your Home Back to Life!

Professional soft washing that safely removes dirt, mold & grime while protecting your surfaces.

HOUSES UNDER 2,500 SQ FT

\$300

Fully Washed!

Discounts Vary • Free Estimates

SERVICES WE OFFER:

 Soft Washing	 Driveway Cleaning + Resanding & Sealing
 Deck / Patio Cleaning	 Gutter Cleaning & Shining
 Resanding, Sealing & Surface Protection	 Window Cleaning

JET PRO POWER WASHING, LLC

FULLY INSURED

CALL FOR A FREE ESTIMATE!



732-299-8797

ad-8923

BEFORE



AFTER



OUR SERVICES

RESURFACING: CHIMNEYS - FOUNDATIONS - STEPS

SIDING - STONE - ROOFING - WINDOWS - DOORS
GUTTERS - STUCCO - STUCCO PAINTING



**MILITARY
DISCOUNT**



**SENIOR
DISCOUNT**



**FIRST RESPONDERS
DISCOUNT**

CONTACT US:

848-343-2813

INNOVATIVEJ.COM



**INNOVATIVE
EXTERIORS**

ads-8861

GW Friends: Summer Entertainment Continues

By Mark Surks

GW Friends at Club Night



Last month GW Friends members were treated to an encore performance by the remarkable, Reginald Proctor. Reginald always wows the crowd with his spectacular voice and dynamic stage presence. I am sure he will be back again sometime in the future.

Monthly meeting Monday August 24th We have the return of actor Alissa Dupuy. Alissa has graced our ballroom a number of times, most recently as Queen Elizabeth. She is always just amazing. In August, Alissa will be Adrienne de La Fayette, wife of the Marquis de La Fayette who played a vital roll in the American Revolution. You won't want to miss her performance.

Monday August 3rd Join us for our first Monday breakfast. The always fun *GW Friends Breakfast* is at its new time, 8:45 AM (early birds are expected, late comers are mocked but accommodated) at Christos Kitchen. Price is a ridiculously cheap \$14.00, tax and tip included, exact change preferred. We have our own menu and it is always an enjoyable morning.

Monday August 3rd The *History Club* meets at 4 PM in the Poker Room. This has been a real hit for the community. Larry Bartolf will present on *How Weather Has Affected Historical Events*

Pierre Rein expertly chairs this club. Contact him if there is a topic which you would like to present. We can assist you with any technology support you may need.

Friday August 7th and 21st The *Chess Club* has expanded to twice per month. The *Chess Club* meets at 2 PM in the former Board Room in the building annex. Contact Anatoly Shpirt at 347-693-8791 or just show up. Beginners are welcome.

Tuesday August 4th and 18th On the first and third Tuesday of every month the *Alan Hermelee Current Events Discussion Group* is held in the Board Room. We cover many subjects including a gentle handling of otherwise divisive topics. Come share your opinion and intellect with us. It is a wonderful way to give voice to your thoughts and learn so much from others. Alan Hermelee set the tone and we honor him by keeping it respectful. If you enjoy a stimulating discussion of topical matters, this is the place for you. ***Bring a topic!***

Tuesday August 11th The *Finance and Investing Group* will meet at 4:00 PM in the Poker Room. Jerry (*DOW 60K*) Gittler and Chester (*CD Ladder*) Trubinski facilitate the discussion about today's markets. This is an informative and entertaining group of both men and women.

Wednesday August 12th *Pizza and Billiards* (or just pizza or just pool). This is always well attended. We meet at 12:30 PM at Ciro's and then on to the GW Pool Hall downstairs in the Towne Centre. No reservations required.

Monday, August 17th The *Socrates Cafe* will meet at 4:00 PM in the Poker Room. Stimulating topics chosen by the group from a list curated by the facilitator will be discussed. Socrates Cafes began in 1996 as a place for an open exchange of ideas. The GW "Cafe" is hosted by Allan Cooper 609-409-3860.

Monday August 24th The *Book Club* will meet at 4PM to discuss *A Spool of Blue Thread* a novel by famed author Anne Tyler. It follows three generations of the Whitshank family in Baltimore, exploring their complex relationships, secrets, and the history of their beloved family home, built by patriarch Junior. The Marvin Bachman Book Club is always expertly facilitated by Harriet Bachman.

Walk, Run, Move

By Steve Flood

It's summertime in Monroe and we had a pretty hot July. If you were looking to lose weight or get in better shape, you may welcome the extreme temperatures. While it is true that walking in the heat forces the body to work harder and burn more calories, the extra calories are really minimal.

For the average walker, especially older walkers, the heat and humidity tend to quickly sap your energy. You are much less likely to maintain your normal pace or walk as far as usual. Attendance at our walks on hot days has been noticeably lower. People tend to stay home in the air-conditioning. So, in reality the heat actually results in less exercise and a lower overall calorie burn.

To combat the heat, outdoor activities like walking and running should be done during the coolest times of the day. Health professionals recommend sticking to a comfortable temperature where you can sustain a longer, faster workout. So, we have moved our regular Tuesday & Thursday walks (sometimes on different days due to rain) to 7:30 in the morning. On really hot days, we may start even earlier at 7:00. Be sure to check our calendar on the website or on Facebook.

Honestly, 7:30 is a little early for me, but it is less stressful on the body. There is a 6-6-6 Walking Challenge on the internet that starts at 6 AM, for 60 minutes, 6 days a week. That is probably just too much and too early for most folks. Plus, a healthy exercise routine should include a mix of weight training, flexibility and even different cardio exercises and not just walking.

In addition to avoiding the hottest parts of the day, you should wear light, sweat-wicking clothing, a wide-brimmed hat, and plenty of sunscreen. Drink water an hour before your walk, and bring more water on really hot days. Some of us might require a little more coffee than water. That is ok.

Caffeine is not dehydrating in normal amounts. While it acts as a mild diuretic, the hydrating water content in caffeinated beverages contributes just as much as plain water. So, you can enjoy your usual caffeinated drinks without worrying about dehydration. Of course, plain water is still the healthiest.

Our walks, runs, meetings and community events are currently posted to both our website at www.WalkRunGw.com and our Facebook page at: www.Facebook.com/WalkRunGW. By signing up for our mailing list, you can get a copy of these notices in your inbox.

For questions or more information, there is a new contact page on our website. Use the QR above. Enjoy the rest of your summer.



"My therapist told me the way to achieve true inner peace is to finish what I start. So far I have finished two bags of M&Ms and a chocolate cake. I feel better already." — Dave Barry



PAC is looking for someone to write an article once a month for the Pulse. We may also ask for an occasional review of our shows.

Contact: Gerrie Pisapia (732) 857- 4939

Greenbriar at Whittingham Community Presents



Thursday, August 6, 2026

\$180 per person, checks payable to WHOA
(Price includes show ticket, bus and driver gratuity.)

Bus leaves GW Community at 2:00 p.m.

Show starts at 7:30 p.m.

RADIO CITY MUSIC HALL
1260 6th Ave, New York, NY 10020

ORCHESTRA SEATING

**Tickets will be distributed on the bus.
Bus departs New York after the show.*

Cameron Mackintosh's production of Boublil and Schönberg's **LES MISÉRABLES: THE ARENA CONCERT SPECTACULAR** has captivated audiences around the globe for more than a year. With more than 1 million tickets sold across 30 cities, this groundbreaking, arena-scale production will make its North American premiere at the legendary Radio City Music Hall in New York City beginning in July 2026.

RESIDENTS ONLY—ON SALE BEGINNING MONDAY, MAY 4TH AT 6:30AM.

***ONLY 2 RESIDENTS PER CHECK WILL BE ACCEPTED.**

YOU MAY PURCHASE FOR YOUR HOUSEHOLD AND A NEIGHBORS HOUSEHOLD.

If you are purchasing for a neighbor, you MUST have their check.

No refunds unless the trip is sold out and your seat is resold.

*All Residents
Welcome!*



*Join us for an
Open House and Karaoke*

Monday, August 31, 2026

7:00 pm

*Meet us in the Poker Room upstairs in Towne Centre
for an entertaining night of Karaoke and refreshments.*

*If you have a song you would like to sing, please send us the title
so that we may add it to our list for the evening.*

**Contact: Ann Matisoff at Cheesequakeann@comcast.net
732-672-6792**



Call us with any questions...

*Genie (732) 857-4939
Marie-France (201) 925-2059*



THE PERFORMING ARTS CLUB IS PROUD TO PRESENT ...

EXIT STAGE LEFT



**TRAVEL WITH US TO MANHATTAN, PARIS AND
GREENBRIAR WHITTINHAM FOR OUR FALL SHOW!**

**SATURDAY, NOVEMBER 7, 2026
7:00 PM**

**SUNDAY, NOVEMBER 8, 2026
1:00 PM**

TICKETS GO ON SALE SEPTEMBER 14, 2026

MEMBERS \$12 NON-MEMBERS/GUESTS \$15

**TICKETS MAY BE PURCHASED AT THE CONCIERGE DESK
LOCATED IN TOWNE CENTRE, GREENBRIAR AT WHITTINHAM
CHECKS ONLY, PAYABLE TO PAC**

For more information, contact Genie Pisapia 732-857-4939 or Marcia Bartol 732-580-5448

Shalom Club's First MAH JONGG TOURNAMENT

JOIN THE GAME, FEEL THE VIBE!

\$36.00

JOIN US AND LET'S HAVE SOME FUN!

LOCATION Ballroom	SAVE THE DATE SEPTEMBER 9, 2026 11:00-3:00pm	PRIZES FOR WINNERS!	ALL SKILL LEVELS WELCOME!	STRATEGY • SKILL LUCK • FUN
-----------------------------	---	-------------------------------	-------------------------------------	---------------------------------------

LUNCH WILL BE CATERED BY: Panera BREAD

CHOICE OF HALF SALAD: • GREEK • CAESAR • FARMHOUSE CRUNCH	AND	CHOICE OF HALF SANDWICH: • TUNA SALAD • MEDITERRANEAN VEGGIE • TOMATO AND MOZZARELLA PANINI
---	------------	---

NAME: _____ PHONE # _____
EMAIL: _____

MARK ENVELOPE MAH JONGG TOURNAMENT AND PLACE IN LOCK BOX #6

CHECKS SHOULD BE RECEIVED NO LATER THAN SEPTEMBER 1ST

Sunday	Monday	Tuesday	Wednesday
2 1:00 p.m. WHOA Movie: Voicemails for Isabelle	3 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 10:00 a.m. Team Weights with Ellen 11:00 a.m. Cornhole 11:00 a.m. Aquacise with Christine 11:15 a.m. Line Dancing with Teri 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. History Club 7:00 p.m. Pickleball General Meeting 7:00 p.m. GW Connections	4 9:00 a.m. Pickleball Club Play 10:00 a.m. GW Ladies Club Board Meeting 10:00 a.m. Greenbriar Site Review Committee Meeting 10:00 a.m. Line Dancing 11:00 a.m. GW Woodworking Club Workshop 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. The Alan Hermelee Current Events Discussion 3:00 p.m. PAC Board Meeting 3:30 p.m. Tap Dancing 5:30 p.m. Water Volleyball 6:00 p.m. Poker 6:30 p.m. Billiards	5 9:00 a.m. Pickleball Club Play 9:00 a.m. Pickleball Club Play 10:00 a.m. Chair Yoga 10:30 a.m. Team Weights with Ellen 11:00 a.m. Resident Council Meeting 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. PAC Board Meeting 4:00 p.m. Israel Study Group 4:30 p.m. Yoga 6:00 p.m. Billiards 6:30 p.m. New K... 7:00 p.m. C...
9 9:45 a.m. Shalom Club	10 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 10:00 a.m. Entertainment Committee Meeting 10:00 a.m. Team Weights with Ellen 11:00 a.m. Aquacise with Christine 11:15 a.m. Line Dancing with Teri 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. After Hours Clu Board Meeting 6:00 p.m. Cornhole 6:30 p.m. GW Ladies Club	11 9:00 a.m. Pickleball Club Play 10:00 a.m. Line Dancing 10:00 a.m. Brain Fitness 11:00 a.m. GW Woodworking Club Workshop 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. Finance Discussion Group 5:30 p.m. Water Volleyball 6:30 p.m. Poker 6:30 p.m. Billiards	12 9:00 a.m. Pickleball Club Play 9:00 a.m. Pickleball Club Play 9:30 a.m. Computer C... 10:00 a.m. Team Weights with Ellen 10:00 a.m. Chair Yoga 10:30 a.m. Team Weights with Ellen 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. PAC Board Meeting 4:30 p.m. Indo... 4:30 p.m. Y... 6:00 p.m. Billiards 6:30 p.m. Billiards 7:30 p.m. Res...
16 9:30 a.m. Monroe Township Post 609 Jewish War Veterans 1:00 p.m. GW Wine Club Event	17 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 10:00 a.m. Provocative Thinking 10:00 a.m. Team Weights with Ellen 11:00 a.m. Cornhole 11:00 a.m. Aquacise with Christine 11:15 a.m. Line Dancing with Teri 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. Health Lecture: Keep Middlesex Moving 3:30 p.m. Tap Dancing 4:00 p.m. Socrates Café 6:30 p.m. WHOA Open Workshop Meeting 7:00 p.m. Intuitive Club	18 9:00 a.m. Pickleball Club Play 10:00 a.m. Line Dancing 11:00 a.m. GW Woodworking Club Workshop 12:30 p.m. Exercise (Instruction on TV) 1:00 p.m. GW Connections Book Club 2:00 p.m. The Alan Hermelee Current Events Discussion Group 3:30 p.m. Tap Dancing 5:30 p.m. Water Volleyball 6:30 p.m. Poker 6:30 p.m. Billiards	19 9:00 a.m. Pickleball Club Play 9:00 a.m. Pickleball Club Play 10:00 a.m. Chair Yoga 10:30 a.m. Team Weights with Ellen 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. PAC Board Meeting 4:30 p.m. Y... 6:00 p.m. Billiards 6:30 p.m. Billiards 6:30 p.m. Health/Fit... 7:00 p.m. All... 7:00 p.m. Camera...
23 1:00 p.m. WHOA Movie: A Beautiful Day in The Neighborhood 30	24 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 9:30 a.m. Golf Closed Meeting 9:45 a.m. GW Connections Board Meeting 10:00 a.m. Team Weights with Ellen 11:00 a.m. Golf Open Meeting 11:15 a.m. Line Dancing with Teri 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. GW Friends Book Club 6:00 p.m. Cornhole 6:00 p.m. Ladies Club Book Club 7:15 p.m. GW Friends 31 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 10:00 a.m. Team Weights with Ellen 11:00 a.m. Aquacise with Christine 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 7:00 p.m. PAC Karaoke	25 9:00 a.m. Pickleball Club Play 10:00 a.m. Line Dancing 10:00 a.m. Shalom Club Board Meeting 10:00 a.m. WHOA Landscape Committee Meeting 11:00 a.m. GW Woodworking Club Workshop 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 5:30 p.m. Water Volleyball 6:30 p.m. Poker 6:30 p.m. Billiards	26 9:00 a.m. Pickleball Club Play 9:00 a.m. Pickleball Club Play 10:00 a.m. Chair Yoga 10:30 a.m. Team Weights with Ellen 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. PAC Board Meeting 4:30 p.m. Y... 5:30 p.m. Indo... 6:00 p.m. Billiards 6:30 p.m. Billiards 7:00 p.m. Hadassa... 7:00 p.m. GGCA...

Wednesday	Thursday	Friday	Saturday
			1 10:00 a.m. Ping Pong 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV)
Ping Pong Pickleball Club Play Ceramics Yoga with Karen & Dave Motion with Ellen Civic Club Board Meeting (Instruction on TV) Acting Workshop Jeli Dance Class Yoga with Avi m. Bocce Gin Rummy Kids on The Block SPORT Program	6 9:00 a.m. 3D Art 9:00 a.m. Pickleball Club Play 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Aquacise with Christine 11:30 a.m. GW Social Club Board Meeting 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. Painting Group 4:30 p.m. Ballroom Dancing with Pam 6:00 p.m. Stained Glass Group 6:30 p.m. Poker 6:30 p.m. Billiards	7 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 9:15 a.m. Meditation Class 10:00 a.m. Beginners Plus Line Dancing with Joan & Sona 10:30 a.m. Yoga with Brian 11:00 a.m. Painting Group 12:30 p.m. Scrabble 12:30 p.m. Deep Water Aquacise with Christine 1:30 p.m. GW Pulse Editing 2:00 p.m. Chess Club 6:15 p.m. Italian American Club	8 10:00 a.m. Ping Pong 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV) 12:00 p.m. Pickleball Club
a. Ping Pong Pickleball Club Play Club Meeting (Zoom Only) Ceramics Writing Group Yoga with Karen & Dave Motion with Ellen (Instruction on TV) Acting Workshop -American Ladies Yoga with Avi m. Bocce Gin Rummy ident Civic Club	13 9:00 a.m. 3D Art 9:00 a.m. Pickleball Club Play 9:00 a.m. Greenbriar Budget & Finance Committee Meeting 10:00 a.m. WHOA Budget & Finance Committee Meeting 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Towne Centre Committee Meeting 11:00 a.m. Aquacise with Christine 12:30 p.m. Exercise (Instruction on TV) 1:00 p.m. GW Social Club Luncheon 2:00 p.m. Painting Group 4:30 p.m. Ballroom Dancing with Pam 6:00 p.m. Stained Glass Group 6:30 p.m. Poker 6:30 p.m. Billiards	14 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 9:15 a.m. Meditation Class 10:00 a.m. Greenbriar Executive Board Meeting 10:00 a.m. Beginners Plus Line Dancing with Joan & Sona 10:30 a.m. Yoga with Brian 11:00 a.m. Painting Group 12:30 p.m. Scrabble 12:30 p.m. Deep Water Aquacise with Christine 7:00 p.m. Bingo	15 10:00 a.m. Ping Pong 10:00 a.m. Tennis Club 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV)
Ping Pong Pickleball Club Play Ceramics Yiddish Vinkle Yoga with Karen & Dave Motion with Ellen (Instruction on TV) Acting Workshop Yoga with Avi m. Bocce Gin Rummy ness & Wellness Club About the Beat v/Photography Club	20 9:00 a.m. 3D Art 9:00 a.m. Pickleball Club Play 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Aquacise with Christine 11:30 a.m. GW Social Club Board Meeting 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. Painting Group 4:00 p.m. GW Friends Board Meeting 4:30 p.m. Ballroom Dancing with Pam 6:00 p.m. Stained Glass Group 6:30 p.m. Poker 6:30 p.m. Billiards	21 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 9:15 a.m. Meditation Class 10:00 a.m. WHOA Site Review Committee Meeting 10:00 a.m. Beginners Plus Line Dancing with Joan & Sona 10:30 a.m. Yoga with Brian 11:00 a.m. Painting Group 12:30 p.m. Scrabble 12:30 p.m. Deep Water Aquacise with Christine 2:00 p.m. Chess Club 6:30 p.m. Canasta Tournament 7:00 p.m. GW Music Club	22 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV)
Ping Pong Pickleball Club Play Ceramics Yoga with Karen & Dave Motion with Ellen (Instruction on TV) Acting Workshop Yoga with Avi -American Club m. Bocce Gin Rummy ah General Meeting Meet the Candidates	27 9:00 a.m. 3D Art 9:00 a.m. Pickleball Club Play 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Aquacise with Christine 11:30 a.m. GW Social Club Board Meeting 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. Painting Group 4:30 p.m. Ballroom Dancing with Pam 6:00 p.m. Stained Glass Group 6:30 p.m. Poker 6:30 p.m. Billiards 6:30 p.m. WHOA & GWCA Joint Open Board Meeting	28 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 9:15 a.m. Meditation Class 10:00 a.m. Beginners Plus Lin Dancing with Joan & Sona 10:30 a.m. Yoga with Brian 11:00 a.m. Painting Group 12:30 p.m. Scrabble 12:30 p.m. Deep Water Aquacise with Christine 6:30 p.m. After Hours Club	29 9:00 a.m. Ping Pong 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV) 7:00 p.m. WHOA Show: Sir Elton

Language and Miracles

By Herb Saperstein

Let me begin with a short anecdote about my

granddaughter, now 2 2/3 years old. The average child begins to speak at around 18 months, but at two years old, she still wasn't speaking despite being in a language rich environment. It was obvious to me that she understood a lot, but she wouldn't speak. Why was that? Every child is a puzzle.

The secret is that every child brings something with her to this earth that we can't easily explain. We are born not as a blank slate, but as individuals whose life potential will gradually unfold, each at a different pace.

At 2 1/2 years old, my granddaughter was saying a few words, but still not much. Then she got sick with a high fever that appeared and reappeared every day for a week. A time to be nervous? No. A time to be glad. When I saw her about four or five days into this fever marathon, I knew that something was going on. One could feel it, and it was something good. Yes, if you are tuned in to a child, you can feel when something not easily perceptible is happening to that child.

After seven straight days, the fever broke, and a dam had broken with the fever. She started to speak new words every day, then sentences and conversations. All of a sudden, there was a different child. You couldn't stop her from speaking all the time, saying words containing sounds that she had never uttered before. "Aquarium." Really? "Perhaps it's time for a nap." Yes, perhaps. That's the kind of language she began to use. Even her behavior changed.

Children are great imitators. They will imitate your gestures, even your feelings. They can read the adults around them, so the job of adults is to be good examples for the child. It's only a matter of time before they begin to imitate speech, so watch your language.

Where does language come from? It seems to me that we are born with a capacity for human language that sleeps within our souls at birth. As the child grows, the seed within is exposed to all this human activity that includes speech, and that child in time will begin to speak. If we observe closely, we will see language first manifest itself in the child's actions as gesture and then as babbling. At first, we do not see language, but then it suddenly erupts just as a seed will push up through the soil. The child was inwardly imitating speech without expressing it outwardly until the moment was ripe. In the case of my granddaughter, an illness was the ignition.

I used to be a teacher in an unusual school, and I learned some things about child development that they don't teach in our benighted universities. One of those things is that a childhood illness, especially one with a high fever, will often bring in its wake something new to the child's development. It's too bad that this knowledge hasn't gotten out to the larger world. We try to prevent children from getting any illnesses and when they get one, we look to medicines like antibiotics to stop it in its tracks.

I'm convinced these silent and sometimes imperceptible changes brought about by age and life experiences happen in every person's life, but we simply don't notice. This happens most particularly when we are young and then it stops if and when we become rigid and sclerotic. Growth stops. If we can retain something youthful, then these small miracles may continue. Certainly speech is one of the great miracles that happen to everyone.

One small detriment to life in a retirement community or 55+ community is the lack of children. People will disagree with me about this, but the old and the young need each other. The young need the experience and perspective that their elders are supposed to have, and children are enriched by seeing the last years of life as they live their early years. The old also need the young because we can learn from them things that we never learned or have forgotten. They are reminders of where we came from.

Our birth is but a sleep and a forgetting:
The Soul that rises with us, our life's Star,
Hath had elsewhere its setting,
And cometh from afar:
Not in entire forgetfulness,
And not in utter nakedness,



But trailing clouds of glory do we come

From God, who is our home

And that youthful, playful energy moves invisibly over to their elders and gives a jolt of new life to those in their last years.

Sarge's Corner: The Veterans' Dash

By Michael Boxer

The article below was written by Joe Belardo, Vietnam Veteran,

NJ State Commander Military Order of the Purple Heart

This July 4th, 2026, we are honoring our country's 250th Anniversary. These 250 Years did not happen by accident. It took the time out of the American Patriots live to fight and keep our 250 years living in a lifestyle we all call "Freedom". Freedom wasn't easy and it took all our veterans and the support of their families to fight to keep all of us safe. Sadly there were, and still are, those veterans who have given the supreme sacrifice to keep you "FREE". The poem below is something we all don't think about, but it is those unspoken words written on our head stones. I am honoring all our veterans with their "DASH".



DASH

by Joe Belardo

Between these dates on a headstone is a line we simply call a DASH. But a simple DASH, it's not.

That DASH represents all the time that our Veterans spent alive on earth with us.

And now only those who loved them know what that little line, that little DASH is worth.

For it matters not, how much our Veterans owned-- the cars, the house, the cash.

What matters is how our Veteran lived and loved and how they spent their DASH.

I know our Veterans would say, "Think long and hard. Are there things you'd like to change?"

For you never know how much time is left and that your DASH can still be rearranged.

They would say -Just slow down enough.....to consider what is true and real.

And always try to understand..... the way that people feel.

Be less quick to anger and show appreciation more.

Love the people in your lives as you've never them loved before.

Treat each other with respect and more often wear a smile.

Remember that this special DASH might only last a little while.

Today, July 4th, 2026, our Veterans life is being honored and we hopefully will remember them.

We know that their DASH includes love, family and friends

And their life was the best that anyone could have led.

This July 4th when you see our great nations flag flying high, please take the time stand and join me toasting and saluting all our great American Heroes, "OUR VETERANS"

God Bless you all in the name of Freedom,

Joe Belardo, Vietnam Veteran, Dusters, Quads & Searchlights, Charlie Battery, 1 st Bn. 44th Artillery DMZ 1967-68

The GW Community mourns the passing of Richard Diamond. Richard was a member of both the Greenbriar and the WHOA/Whittingham Budget and Finance Committees for approximately 14 years. His participation provided us with an important view from the perspective of a C.P.A.

VENDORS NEEDED!

Greenbriar at Whittingham's Arts and Crafts Fair

**SUNDAY,
SEPTEMBER 27, 2026
12PM - 3PM**

TOWNE CENTRE BALLROOM



**INTERESTED VENDORS CAN
PICK UP AN APPLICATION
at The Concierge desk.**



**IF YOU HAVE ANY QUESTIONS,
PLEASE CONTACT Dale Blum**
609-409-6705

Greater Monroe Chapter ORT AMERICA

ORT America transforms 200,000 lives yearly through education and training in 40 countries.

Challah for Challah-days



Rosh Hashanah is right around the corner! Buy a delicious, round, raisin or plain Challah bread (kosher) for you or friends/family from Tommy's Bagel and Deli, for your holiday dinner (or any other time). Also offering home baked marble sponge cake (comes in a box). Yummy!

BUY 1, or more (freeze one, or give it as a gift)

Pick up your freshly baked Challah at 77 Chichester Rd on Thursday, September 10th between 10AM and 12 PM.

Price: \$10/Challah, \$10/marble sponge cake
(hey, it's another fundraiser!)

If you have questions, please call: Elinor at (631) 398-1829

Name & Telephone #: _____

Number of Challahs: PLAIN _____ RAISIN _____

Number of Marble Sponge Cakes (in a box): _____

Make checks out to ORT and place in Box #18. Deadline to drop off checks is Thursday, Sept. 3rd. Please mark envelopes "Challah".

Greater Monroe Chapter ORT AMERICA

ORT America transforms 200,000 lives yearly through education and training in 40 countries.

RESIDENTS' RIGHTS BINGO



1st Wednesday, August 5, 2026 7:00PM

Greenbriar at Whittingham Towne Centre

Poker Room (upstairs)

Residents' Rights Bingo is a lively way to educate us about the individual rights of residents in long-term communities. We may have family/friends/loved ones in long-term communities and this will provide insight to the rights of residents and help empower them to speak up.

Presentation by June Mahon of NJ Office of the State Long Term Care Ombudsman

**Open to all - no charge
refreshments & sociability always**

If you have questions, please call:

Marcia at (609) 619-3994 or Lynda at (609) 409-1099

GW WHEELS

For Residents of
GREENBRIAR AT WHITTINGHAM
The Drive is Better Together!

Whether you own a classic, sport, muscle or specialty vehicle—car, truck, or bike—
or simply have an interest in the automotive world,
YOU ARE WELCOME HERE!
Ownership of a specialty vehicle is **NOT** required.

CLUB ACTIVITIES

ANNUAL CAR SHOW
Held every June
A showcase of amazing vehicles

NEW YEAR'S DAY PARADE
January 1st
Kick off the new year in style

ROAD TRIPS
Scenic drives to interesting destinations with great company

CRUISE NIGHTS & MEETUPS
Casual get-togethers, local cruises and car-friendly parties

SOCIAL GATHERINGS
Build friendships and enjoy a shared passion for vehicles

MAKE NEW FRIENDS • SHARE YOUR PASSION • ENJOY THE RIDE TOGETHER

Email: gwheels@icloud.com Website: <https://gwheelsclub.gatedbysites.com>

JOIN GW WHEELS! Membership Form
Annual Membership is just \$20 for a household.
Make checks payable to "GW Wheels." Return this form to Box #32 in the Towne Center.

Name: _____ Phone: _____

Email: _____

Do you have a car? ☐ Yes ☐ No If yes, please provide the information below:

VEHICLE INFORMATION (OPTIONAL)
Year: _____ Make: _____ Model: _____

GW WHEELS
EST. 2014
GREENBRIAR AT WHITTINGHAM

GREAT CARS • GREAT PEOPLE • GREAT COMMUNITY

Meet The Stars: Jersey Sound

By Debbie Harbatkin

Something for everyone and so much we all fondly remember! On Saturday, June 27, **Jersey Sound** lit up our Ballroom with the best of the '60s, 70's & 80's, with a live band, fabulous singers and exceptional harmonies that brought us the musical sounds all of New Jersey grew up on. Rosalie and Howard Bloom were the lucky residents who not only enjoyed the show but also got to Meet The Stars!

From Elvis to Sinatra, Motown to The Monkees, The Beatles To The Beach Boys, The Four Seasons and so many more, our residents sang, shimmied and shared a serenade of a lifetime of songs!

Jersey Sound had the privilege of performing at Frankie Valli's "Man of the Year" dinner in 2006, which was attended by over 600 guests. They also had the honor of performing at Jersey Boys' own Tommy DeVito's birthday party in July 2008 (founding member of the Four Seasons and Rock N Roll Hall of fame member). In recent years, the band has been on the road performing at numerous local feasts, festivals, fund-raisers, summer concert series and town events. Jersey Sound entertains frequently to the delight of active adult communities all over the Tri-State area.

Rosalie & Howard Bloom moved here after both retiring 18 years ago from Monroe, New York. They grew up in the Bronx before moving to Forest Hills, Queens, where they started a family. They then moved to Middletown, New York, where they raised their children and Roz worked in the schools as a teaching assistant. When Howard got a job in NYC, they moved to Monroe, New York for an easier commute. Roz then went to work as an administrative assistant to one of the VPs at Western Union In Paramus, New Jersey.

They've covered a lot of ground over the years while navigating a life for themselves and their children. Today, they have two beautiful grandsons living in North Carolina whose both sets of grandparents are here in New Jersey!

Rosalie & Howard play golf and cards with friends and neighbors weekly in our Community. They both enjoy the many clubs here in GW, particularly the entertainment the clubs and WHOA bring to the residents, especially the oldies!



The Martin Salmanowitz GW Social Club

By Lisa Baruch & Regina Savarese

During the month of August there are no holidays, just the dog days of summer. Stay cool and hydrated. Please check in on your friends and relatives.

Past Shows

Thursday, July 9th @ 1:00PM in our Ballroom we had Moreno Fruzzetti, who has been awarded with the prestigious honor of “Ambassador of Italian Music to America”. He is a truly gifted performer. He receives rave reviews at concerts throughout the world. As his loyal supporters can attest, he brings a sense of flair and personality to his performances. Not only does Moreno have a golden singing voice, but he has an onstage presence that cannot be learned. Everyone had a great time.

Upcoming Shows:

August 13th @ 1:00PM in our Ballroom. “Let The Sun Shine” is our theme for this month. Eric Kearns, Singing Impressionist will be our guest. He appears in theaters, casino showrooms, and community shows for the 55+ age audience. His schedule keeps him continually touring and having the time of his life on the road. Performing over 150 shows annually and a wide variety of songs he will be sure to entertain you. Eric's continually growing repertoire consists of more than 100 legendary singers and their greatest hit songs. A typical hour-long performance allows for showcasing up to 40 unique artists.

Our menu consists of: Rolled Eggplant Parmigiana, Grilled Chicken with Tomato Bruschetta, American Pot Roast, Meatballs in Tomato Sauce, Penne Pasta Primavera, Glazed Carrots, Potato Croquettes, Green Salad, Fruit Bowls, Rolls & Butter, Cookies.

Bingo: The GW Social Club sponsors Bingo on the second Friday of each month, and doors open at 7:00 p.m. Our upcoming Bingo night will be on August 14th. All are welcome. Come join us for an evening of fun and laughter as you play Bingo with friends and neighbors. Enjoy the excitement, the camaraderie, and maybe even win a few extra dollars along the way! If you enjoy Bingo why not become a member of the GW Social Club.

Membership: Our membership year is July 1st – June 30th. If your membership is not current, please make your separate dues check out to the “GW Social Club” and deposit it into our Box #1 in the clubhouse. Our dues are \$20/couple, \$10/all singles.

We are always looking for volunteers to help out with various committees such as Catering, Entertainment and Setup. Please get in touch with us if you are interested.

We look forward to seeing you in the near future.



NO MATTER WHAT THE MONTH ALWAYS THINK “NOVEMBER”

Specializing in Active Adult Communities and all
Residential Real Estate



Linda S. November, Realtor® Associate
O. (609) 951-8600 C. (609) 462-1671
LindaNovember@remax.net
www.LindaNovember.com



Greater Princeton Group

of
RE/MAX
Preferred Professionals

Each office independently owned and operated.

ad-8381

“Knowledge is like under-
wear. It is useful to have it,
but not necessary to show it
off.” — Bill Murray

Pickleball Club

By Randy Kahn

No, the past month was NOT characterized by dancing bears, trapeze artists, lion tamers or people being shot out of a cannon. Those COULD be ideas to be explored for future club events, but the big news was our first (hopefully of many to come) social play event. Some 80+ individuals, from not only Greenbriar at Whittingham, but also Encore, Rossmoor, Clearbrook and Concordia, descended onto our courts for 3+ hours of spirited, exciting, mildly competitive and fun-filled play on Sunday, June 28th. Coordinated by Club President Deborah Wallach, this event was a rousing success and we anxiously look forward to subsequent editions. Many thanks to Deborah for all her hard work in planning for and delivering this terrific day. The goal was to have fun, meet new people and make some friends. Mission accomplished.

Our Inter-Community Senior League teams are battling it out every week. One of our teams is heading toward the playoffs, likely against Venue, scheduled for the end of July. Updated info on playoff results will be reported in next month's Pulse.

The other two of our teams are, unfortunately, the victim of some roster shenanigans by the other teams in their divisions. This has forced them to play against individuals markedly more experienced, thus leading to not-so-terrific results. It was obvious that the spirit of the League rules has been violated. BUT, as the Captain of one of these two teams recently put it....The players tried their best, they played hard, they regularly complimented their teammates and offered support for each other throughout the season. I am proud of them and they are proud of themselves and their fellow players.

One clear observation of this year's League play has been the widespread support by a large number of Club members as well as players from ALL three of our teams. Repeatedly, there were 20+ spectators watching and cheering on players during the matches. After all, isn't camaraderie and support what the League was supposed to foster in the first place? Good goin, GW!!!

Soon after this article appears, we will have our annual picnic and group play tournament, on Saturday, August 8th. As this article is being written plans are well underway to make this event the great afternoon that we have all come to expect.

Here is something I have been wondering about lately. Aren't larger players with bigger feet more prone to step into the kitchen??? Logically, bigger feet, greater chance of stepping over the kitchen line, right??? So, should they be granted one or two extra violation accommodations per game??? After all, they did not CHOOSE to have bigger feet- - they just DO!!! Players in many sports are tested for all sorts of things before they play. Should we measure players' feet before a contest??? Shaquille O'Neal (with size 22 shoes) is into all sorts of activities and businesses. But, NOT pickleball. Probably 'cause he fears he will step over the kitchen line.....

With July 4th and the country's 250th anniversary having recently taken place, here's something to ponder- - 250 years from now, will folks still be swatting yellow plastic balls with holes, forgetting the score and wondering whose turn it is to serve???

Enjoy the balance of the Summer, friends.



I.C.C. Heating & Air Conditioning

609-655-4647

Located in Monroe Township Since 1974

RUDD, LENNOX DEALER

- Specializing in Heat Pumps
- Central AC Installations
- Furnace
- Coils
- Maintenance, Service, Rebates and Contracts Available
- Financing Available if Applicable

**ICC IS A LOCAL,
FULL-SERVICE COMPANY**

42 Halsey Reed Road
Monroe Township, NJ 08831

ad 8408

The Ort Report

by Ann Gold

Education is, in many ways, the ultimate expression of belief in second chances. If you've seen even a small amount of the ORT world, you may have met a student displaced by war. A teenager written off by society. A young adult whose opportunities were limited by poverty or instability. Through education, skills, mentorship, and community, lives can come back into focus.

Every day across the World ORT network, we see what becomes possible when people aren't defined by their setbacks, but by their potential.

ORT students (right) study in a bomb shelter in Zaporizhzhia, Ukraine built through our donations

And perhaps that's what vision really means.

Not simply seeing what's immediately in front of us, but learning to see what could yet be. To see capacity where others see limitation. To see futures where others see dead ends.

By Dov Ben-Shimon - Chief Executive Officer, World ORT

EVERYONE'S WELCOME

Wednesday, August 5th – 7PM, Upstairs Poker Room. June Mahon will present “Residents’ Rights Bingo”, a lively way to learn about individual rights of residents in long term communities – for yourself, loved ones, or friends to empower them.

Wednesday, September 2nd – 7PM, Upstairs Poker Room. Membership Appreciation Evening. This will be a time to meet up, catch up and have fun with all your friends. Going to be a carb-o-licious good time. Paid members only. RSVP is a must (by August 24th). See flyer for more details.

Wednesday, September 30th, 11:30AM, Ballroom. Game Day, an afternoon of food and fun. \$32/person. Catered by Tuscany. Information: Barbara at 609-642-6523.

Wednesday, November 4th, noon, at Forsgate Country Club. “Yearn to Learn” – ARTIFICIAL INTELLIGENCE 101: Understanding AI and how it will affect you

This event is open to all – members, non-members, family and friends. More info to follow.

Challah for Challah-days

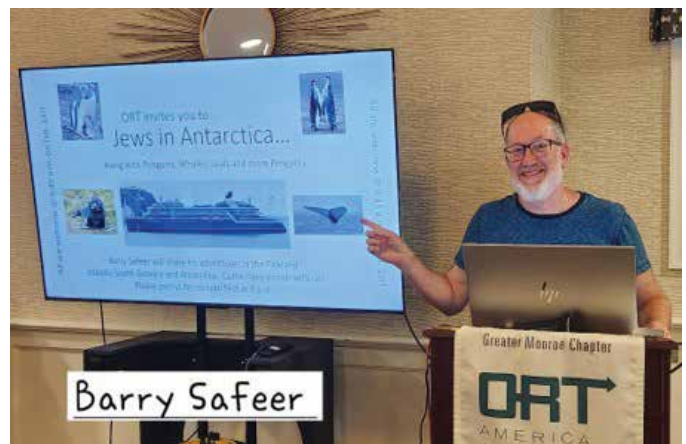
Rosh Hashanah is right around the corner! Buy a delicious, round, raisin or plain Challah bread (kosher) for you or friends/family from Tommy's Bagel and Deli, for your holiday dinner (or any other time). Also offering home baked marble sponge cake (comes in a box). Yummy!

Price: \$10/Challah (same price for plain or raisin), \$10/marble sponge cake

If you have questions, please call: Elinor at (631) 398-1829

Make checks out to ORT and place in Box #18. Deadline to drop off checks is Thursday, Sept. 3rd. Please mark envelopes “Challah”.

The “visit” to Antarctica at our July 1st meeting was fascinating and “cool” at the start of the week long heat wave.



The Sherlock Holmes Club

by Paul Hartnett

Sherlock Holmes “never lived and so can never die”. The phrase comes from a 1942 poem by Vincent Starrett, titled 221B. Starrett, a lifelong Sherlock Holmes enthusiast and co-founder of the Baker Street Irregulars, used the poem to capture the enduring appeal of Holmes’s world. Starrett’s imagery of “1895”, the gaslit cobble stone streets and the “yellow fog” of Baker Street evokes the timeless, unchanging setting of Holmes’s adventures. Holmes’ creator, Sir Arthur Conan Doyle, first introduced him in *A Study in Scarlet* (1887). Conan Doyle modeled Holmes partly on his teacher, Dr. Joseph Bell, admired for his deductive powers. Holmes’s popularity was so great that when Conan Doyle “killed” him off in *The Final Problem* (1893), readers protested so fiercely that Doyle brought him back in *The Adventure of the Empty House* (1903).



From the moment his popularity exploded with his first appearance in *The Strand Magazine*, Sherlock Holmes has enjoyed an enthusiastic following. His fans’ devotion has generated countless literary societies, fan clubs, films and publications that span the globe. Modern day following of the great detective began in the 1930’s with the Baker Street Irregulars, the premier Holmes society in the world. Shortly after the start of the BSI, local chapters began springing up across America. These small groups would then petition the parent organization for official recognition as a scion society of the Baker Street Irregulars.

Our Sherlock Holmes Club of Greenbriar Whittingham, *The Middlesex Constabulary*, is such a scion society. The scions engage in a long standing tradition called the Sherlockian Game- a playful, scholarly practice where people pretend Sherlock Holmes was a real historical person and analyze the stories as if they were factual case records. It’s a literary sport that has existed for over 100 years.

Sherlock Holmes feels real because Sir Arthur created the stories with the same attributes our brains use to identify real people-consistent behavior, documented history, physical locations, and a witness (Watson) who writes like a professional observer. (Put aside Nigel Bruce’s bumbling portrayal of Watson in the 1940’s Basil Rathbone Sherlockian films) We learn that Dr. John H. Watson began his career in the British Army Medical Department as an Assistant Surgeon, then attended the University of London, where he earned his M.D. in 1878. So, one can see how Watson’s writing mimics medical case notes and eyewitness testimony. He gives exact dates and times, real London addresses, clinical descriptions of injuries and evidence and, as is the way of a medico, unemotional commentary. When fiction imitates reality this closely, the mind may tend to imagine both Holmes and Watson as real people.

The Middlesex Constabulary, the Sherlock Holmes Club of Greenbriar Whittingham, is a meeting of friends and neighbors who share an interest in the adventures of Sherlock Holmes, Dr. Watson, and the life and times of Victorian England. We select one of the original 60 tales by Sir Arthur Conan Doyle for discussion, film clips and fun! All are welcome and the stories are available for free online. No dues, no obligation, just join in as we leave the cares and worries of our modern world behind for a while and escape to a simpler time and place.

The Sherlock Holmes Club will be on summer hiatus during August, returning on September 23rd at 4:30 in the upstairs meeting room. Our short story for discussion will be *The Resident Patient*. It is available for free online at: Sherlockian.net> *Investigating*> *60 Original Stories*> *The Resident Patient*> *Mr Sherlock Holmes*, and other sites. *The Game is Afoot!* ??? call Paul (609) 642-6314



“I walk around like everything is fine, but deep down,
inside my shoe, my sock is sliding off.” — Unknown



GWTC KICKS OFF 2026 WITH A SIZZLING FIRST TENNIS SOCIAL!

*Braving the Heat, Building Community,
and Having a Great Time!*

July 1, 2026 marked the Greenbriar at Whittingham Tennis Club's first Tennis Social of the 2026 season, and Mother Nature certainly made it memorable. With temperatures soaring to 102°F, a dedicated group of GWTC members showed remarkable determination by taking to the courts and proving that their passion for tennis is stronger than the summer heat.

The evening featured spirited doubles matches, plenty of smiles, and, most importantly, an opportunity for members to relax and enjoy each other's company after play. Under the pavilion, players gathered to cool off with refreshments, share stories, and celebrate the friendships that make GWTC such a special club.

It was wonderful to see both our men and women members spending time together, laughing, socializing, and strengthening the sense of community that defines the Greenbriar at Whittingham Tennis Club. Events like these remind us that tennis is about much more than competition—it's about camaraderie, friendship, and creating lasting memories.

A heartfelt thank you goes out to every player who braved the extreme heat to make our first Tennis Social a success. Your enthusiasm, sportsmanship, and dedication are what make GWTC such a vibrant and welcoming club.

*Here's to many more fun-filled socials
and a fantastic 2026 tennis season!*



Special Thanks
to Karen Ellis for organizing
with valuable support from
Andy Goodman & Felix Vazquez.



Thank you to all the brave players enduring 102 degrees heat on this day July 1st, 2026.
Great to see the men and women socializing.

Felix Vazquez

President, Greenbriar at Whittingham Tennis Club (GWTC)

Greenbriar at Whittingham Pulse

August 2026 - 35



GW Music Club



Rockin' Out with NTO

By Jon Leal

In January 2020, at the beginning of the pandemic, lock downs and mass hysteria, Shelly and I moved to the lovely confines of Greenbriar Whittingham. Shelly and I have been playing music together since we first met. We've been in bands together since about '92 and knew that we wanted to seek out musical community. Lifelong Brooklynites, and new to this kind of community, we soon found connections through NextDoor.com. I created a post looking for other like-minded guitar pickers. Sue Pilcer answered, and told me her husband Ed, has a few guitars (and if you know Ed, you know that's quite an understatement). Next thing you know we're on his deck picking, grinning and shivering. (If you recall, everybody in 2020 was entertaining outdoors, even in January).

We discovered we had a lot in common, musically and biographically. We're both alumni of Brooklyn's Erasmus Hall HS. Ed graduated a few years after me. I asked him, "Maybe you knew my brother"? It turns out my brother had signed his yearbook!

Ed, being a great networker, soon found Frank Genova, accomplished keyboardist and accordionist extraordinaire and Ira Harbatkin on drums and NTO was born. In March of 2024 Steve Posner (a pro vocalist) joined NTO on drums.

Somebody got the bright idea to make a club out of our project, to provide music for the community and provide us an opportunity to perform. Somebody suggested we could host singers and players from the neighborhood, and the Music Club was formed.

Once a month we put on a show, learn and relearn a bevy of tunes and host a grand array of participants and neighbors. It's not karaoke, it's not an open mic, it's an opportunity to sing with a real live rock and roll band. You got to practice with us (at least twice), show up early to sound check, and smile broadly in the group photo after the show. Truth be told, it's a gas from start to finish. Ask any of your neighbors who've rocked on stage with the band.

Playing music is a blessing and it's a pleasure to share that with our neighbors

Come join us on the third Friday of every month and rock on with NTO If you have questions, please email us at gwmusicclub790@gmail.com or call Susan at 732-689-1534





Sticky Nights? Soaring Bills? Binsky's Your Guy

- Free Estimates on HVAC Installations & Replacements
- Heating, Cooling, Plumbing, Sewer, & Electric Services
 - Licensed & Experienced Technicians
 - 24/7 Emergency Service

Save Time,
Schedule Online!



Exclusively for our Friends at Greenbriar at Whittingham

732•201•3303
BinskyHome.com

We've Got Your Maintenance Covered!

Need a New System?

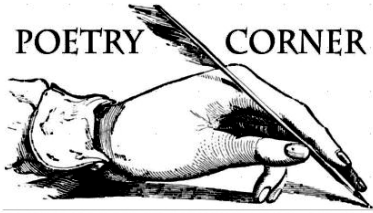
Get \$2,100 off installation of a new system +
we'll cover **10 years** of your Partner Plan

System Still Working for You?

Join the Binsky Home Partner Plan Today!
Sign up for a 6 month Partner Plan +
get 6 months free!

HIC LIC# 13VH02506600 HVACR LIC# 19HC00153400 PLUMBING LIC# 36BI0094000 ELECTRIC LIC# 34EB01182500

POETRY CORNER



Take It All Off

By Bill Friedman

Our neighbor's son joined a nudist camp,
and after a month gave a complete revamp.

Really enjoyed just hanging out,
learning what this life's all about.

Who wins nobody cares,
between lap dances and musical chairs.

Endless hours of booby snooping,
many perky others drooping.

Community social every week,
nothing beats dancing cheek to cheek.

Booty call hate to hear,
always bringing up the rear.

Hours of strip poker,
including beginners,

too many jokers never any winners.

Fashion show canceled due to lack of style,
only smiles to walk the isle.

All in all, my decision was the smartest,
But I have to admit the first day was the hardest.

No More Hunger Pains

By Bill Friedman

Shiska Bobs restaurant was ready for its final bow,
when he partnered with food legend General Tsau.

Sign was changed interior redesigned more and more diners
waiting in line.

As if a dream Pep Eroni,
the pied piper of pizza joined the team.

Sign was changed,
expectations high,

business grew like pie in the sky.

Then a most famous French chef with much ado,

leading to the final coup.

Sign was changed,
reservations online,

huge cocktail bar for those waiting to dine.

Within a year,

no delay, satellite spots across the USA.

Could this great story ever be true if Shishka Bobs hadn't gone
askew?

Living With Grief

By Charlotte Rubin

I had the most wondrous dream last night
that my loved one came back to me

Once again, my world was set right

My head resting on his shoulder comfortably

When I awoke, the reality of death took my breath away

Along with the grief and pain

I returned to my world of today

Where tears are as plentiful as rain

But for a brief time,

I was made whole once again

FINANCIAL PLANNING Economic Protection

Money/Income

**What are the economic
consequences of
Dying too soon or living too long**

Contact me for a free consultation

Irv Urken

 **Northwestern
Mutual®**

609-203-3997

irvurken@gmail.com

Greenbriar resident



Ads-8945

Italian American Senior Cultural Club

By Helen Fross

Buon Ferragosto a tutti! — Happy Ferragosto to everyone!

Although August 15 is the official public holiday of Ferragosto in Italy and the most anticipated day in the country's summer calendar, this cultural holiday usually lasts one to two weeks. Many Italians take their summer vacation during this time. Also, many smaller family-owned businesses and shops close for 2 to 4 weeks.

Originally the holiday was celebrated on August 1, a day set aside by Roman emperor Caesar Augustus in 18 BC to be a day of rest for his subjects after months of hard work in the fields, as well as to celebrate his victory over Marc Antony in the Battle of Actium. Everyone got the day off, even horses! Workers who wished their employers a “Buon Ferragosto” would get a nice bonus paycheck in return – sounds like a good deal to me!

After a while, the Catholic Church wanted to make the holiday less political and more religious, so they moved Ferragosto to August 15th, the same day as the Assumption of Mary, Jesus Christ's mother.

Mussolini also used this holiday as an opportunity to let lower-class people travel around to cultural sites or to the beach for a few days. There were special “holiday trains” set aside for this purpose, but vacationers still had to pay for their own hotels and food. This is why this holiday is celebrated with picnics and home-made foods rather than lavish, expensive lunches.

To Italians today, Ferragosto means time off with food, festivals and good times spent with family and friends!



Plan For Your Future and Empower Your Legacy

You've worked hard your entire life to provide for your family and we want to help you protect and pass on that legacy.



LEVINE • FURMAN • RUBIN

ESTATE PLANNING & ELDER LAW ATTORNEYS

1116 CAMPUS DRIVE
MORGANVILLE, NJ 07751

WWW.LEVINEFURMAN.COM

732-238-6000

We can help your family with:

- Estate Planning
- Elder Law Planning
- Medicaid Planning
- Medicaid Applications
- Guardianship
- Power of Attorneys
- Veteran's Benefits
- Special Needs Planning
- Probate, Estate and Trust Administration



Visit us at www.levinefurman.com
and join our email list to be notified
of our upcoming seminars!

ads-1551

indulge by chari... Upscale Boutique Apparel

End of Season Sale!!!

Summer Hours

Thursday 11a - 4p Friday 11a - 4p
Saturday 11a - 3p



957 Highway 33 West • Suite 10 • Monroe, NJ 08831
732-598.9192 • csstuff31@aol.com



@indulgebychari



@indulgebychari

ads-8099

GW IRISH AMERICAN CLUB

100 WHITTINGHAM DRIVE MONROE TOWNSHIP, NJ 08831

JUNE 2026 MEETING

We discussed whether the REPUBLIC OF IRELAND should unite with THE NORTH OF IRELAND.

There were many thoughts having to do with the desires of the people of Ireland. Through a very good You Tube video and our group, there was a discussion of the changes that would take place if such a change were to happen.

In our conclusion, we were made aware of many problems involving the expense the South would have to accept to fund the North's health and welfare expenses that Britain is paying. This is probably the biggest of all.

We will have to see what happens.

JULY 2026 MEETING

This meeting was to discuss "The Irish potato famine".

We used the meeting as an introduction to this vast piece of history which lasted from 1845 to 1852.

The group is considering investing 2 full meetings to cover this important period of time during which Ireland lost 2

million people. 1 million to actual starvation and 1 million to migration.

Frank. 848-223-4523

Bob. 732-991-6468

Israeli Dance for Beginners

By Rysie Perlman

This is my first article in the Pulse, but I have been running a beginner Israeli Dance class for more than 2 years now. It is still just once monthly, on the first Wednesday at 4 pm in the dance/arts & crafts room.

I am always teaching and reviewing the dances, so people can come and join us whenever. My dancers appreciate the joy of dancing, the joy of the Israeli music, and the joy of each other.

I have modified many of the dances to remove the quick turns or more difficult steps so almost anyone can do it.

This is not a club so there is no charge to come and have a great time. You can get a workout while hardly realizing it. And of course, learning new moves is a great brain workout too!



Jews in the American Revolution (Part II)

By Richard Weber

Saint Eustatius (often called St. Eustatius or “Statia”) is a tiny Dutch Caribbean island, whose Jewish merchants helped the United States during the American Revolution. In the 1700’s, it was one of the most important trading ports in the Atlantic as ships from Europe, the Caribbean, and North America stopped there to buy and sell goods.

Jews made up a large share of St. Eustatius’s European population. Many of these merchants were Sephardic Jews whose families fled the Spanish and Portuguese Inquisitions. They built shipping businesses, warehouses and trading networks that connected many countries.

When the American colonies began fighting Great Britain for independence, they desperately needed military supplies such as food, gunpowder, and weapons. The British tried to blockade these supplies from reaching the colonies. Jewish merchants found ways to move supplies through the island’s free port because of their extensive international family and business networks. They often disguised these shipments as ordinary cargo like tea.

British Admiral George Rodney considered the island a major source of aid to the Americans. In 1781, British forces captured St. Eustatius. The Jewish community was singled out with harsh treatment, and many Jewish residents were forced to leave as they lost their property and businesses. Many historians believe the island’s support helped the American cause survive during a critical period of the war.

On November 16, 1776, the American ship Andrew Doria entered St. Eustatius harbor flying the new American flag. The ship fired a salute from its cannons. The Dutch fort on St. Eustatius answered with its own cannon salute. This event became known as “The First Salute” and is often considered the first official recognition of the United States by a foreign power.

The story of how the Jewish merchants of St. Eustatius helped the American Revolutions is currently featured in a major exhibition at the Weitzman National Museum of American Jewish History in Philadelphia. “The First Salute: An Untold Story of the American Revolution” exhibit runs through April 2027.

*** SHALOM CLUB HAPPENINGS ***

Sunday, August 9 - 9:45am Monthly breakfast meeting - A History of NJ Diners, presented by Michael Gabriele

Wednesday, August 19 - 10:00am Yiddish discussion group (in the card room by the Nurse’s office) on the 3rd Wednesday of the month.

Sunday, September 6 - 9:45am Monthly breakfast meeting - Love Songs of WWII by Diane Cypkin, with Lena Panilova, piano accompanist

Wednesday, September 9 - 11:00am Mah Jongg Tournament in the GW Ballroom

SHALOM CLUB MEMBERS IN ACTION

Shalom Club members Miriam Devin and Esther Frank introduced their brother **Shalom Camhi** (right) who presented an informative evening about the story of their Sephardic Jewish family’s history.



Chris Nicola (left), an American caver, presented the amazing story of several Ukrainian Jewish families who survived World War II by going underground into caves. Thanks to Shalom Club member Ken Brettschneider (right) for connecting us to this incredible story.



Janet Horowitz, Shalom Club Publicity Chair, introduced **Bill Schrimmer**, (right) a gem from our GW community. At 102 ½ years young, Bill wowed the crowd with his incredible recollection of historical events during his life during pre-war Germany, refuge in England, and finally making the journey to the U.S. This was an amazing ‘living history’ event.



Grammys – Bringing Balance to the Universe

By Ken Wagner

Recently, I used this column to talk about my qualifications to be a Grampy. I mused that perhaps it was simply a case of nepotism considering the family ties. There wasn't a test or certification to qualify, and hopefully there won't be any performance reviews in the future.

The column resonated with more than a few people as the feedback was good. One result was that it got me thinking about my wife's qualifications to be a Grammy. She's too modest to brag about all of her strengths in this space, so I will take a shot at it. (I'm guessing that my take on the subject will be different than hers, but that just means mine is far more objective...)

It goes without saying that there are significant differences between Grampies and Grammys. In short, to be a Grampy you have to be something of a kid yourself. On the other hand, Grammys are here so that no one's final words are "Hey, watch this!"

In truth, one of the main reasons that Grammys stay married to Grampies so long is so they will always have a "child" in the house to care for. (Some people just adopt puppies...) So, instead of reminding a little someone to brush their teeth at bedtime, Grammys have someone they can remind to take their pills before bed. Close enough...

But what makes someone a good Grammy?

It might be easiest to understand Grammys in the way that they contrast with Grampies.

Grammy is the one who makes sure you take a sweater, even when it's 90° outside – just in case. Grampy doesn't notice that they made it out the door with no shoes on – in December.

Grammy keeps track of where everyone is at all times. Grampy is vaguely aware that there are small people in the house. He has been heard to say, "if no one is bleeding, I'm not getting involved".

Grammy has an internal clock which tracks screen time to the millisecond. Grampy thinks that bedtimes are flexible and non-compulsory.

Grammy is the one you hide that new tattoo from. Grampy is the one that you compare tattoos with.

To mis-quote Jeff Foxworthy, you might just be a Grammy if:

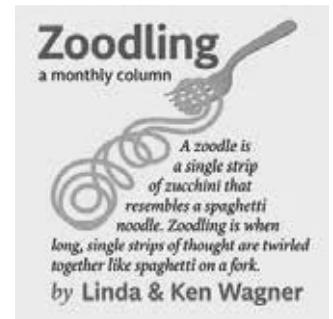
- Every meal must include a green vegetable.
- You have the power to convince children that fruit is actually a dessert.
- You know how to turn the kitchen table into a craft area in just minutes.
- Your purse contains two kinds of wet wipes, tissues and hand sanitizer.
- You actually carry coins for gum balls.
- You know everyone's birthday.
- You don't mind buying clothes for the grandkids that are two sizes too big, because "they will grow into them".
- You understand why a Band-Aid has to have a picture of Peppa Pig on it.
- You have often been accused of excessive hugging. (Double points if your grandchild has ever said they are considering a restraining order.)
- You notice if socks don't match.

I think in this Grammy / Grampy equation it's like many things in life: nature seeks to have a balance. It's a matter of complementary approaches which keeps civilization from collapsing suddenly.

My original theory still stands. Becoming a Grampy is probably just a matter of nepotism.

Becoming a great Grammy? That takes a special skill set, expert organization and enough common sense to keep Grampy from teaching the grandkids something they'll be repeating at Thanksgiving dinner – or worse yet in church...

Married authors Linda and Ken Wagner write Zoodling monthly as an attempt to chronicle their experiences, pleasures and hopefully some of the wisdom of growing older. You can reach them at wagnergroup@comcast.net.



**GREENBRIAR AT WHITTINGHAM
COMMUNITY PRESENTS
OUR 27TH ANNUAL
ARTS & CRAFTS FAIR**

SUNDAY, SEPTEMBER 27, 2026

12:00PM - 3:00PM * FREE ADMISSION

**JOIN US, SHOW YOUR TALENT!
APPLICATIONS ARE AT THE CONCIERGE DESK**

***ANY NON-RESIDENT WISHING TO PARTICIPATE MUST BE A GUEST OF A RESIDENT.**



**QUESTIONS?
CHAIRMAN DALE BLUM:
609-409-6705**

Shalom Club

of Greenbriar at Whittingham

Sunday, September 6, 2026

Doors open at 9:45 AM \$12.00 per person Members only



**While You Were Away:
Love Songs of WWII**
Performed by

Diane Cypkin

Lena Panilova
Piano accompanist

Diane Cypkin, soprano and professor at Pace University, takes you on a sentimental journey. Hear the era's well known songs and their little

known history. This concert /lecture is not only a thank you to the soldiers that saved her family during the war, but also reveals how spirits were uplifted by the music.

.....cut.....

For those wishing to sit together, place names and checks, made out to SHALOM CLUB, in same envelope. (Maximum 10 people per table). Mark envelope Sept. 6, 2026 breakfast and place envelope in Lock Box #6 no later than August 30, 2026 or mail to Shalom Club, Box #6, 100 Whittingham Drive, Monroe Twp., NJ 08831. Questions? Call Robin Zimmerman @ 516-528-2730

.....cut.....

NAME: _____ PHONE: _____
EMAIL: _____

THE SHERLOCK HOLMES CLUB



Holmes is summoned to the home of Dr. Percy Trevelyan, where a resident patient named Blessington has been found hanged in his bedroom. The police believe it to be suicide but Holmes's crime scene investigation convinces him otherwise. Can the master detective sort through the clues and uncover the truth? Join us as we follow Holmes and Dr. Watson in this investigative tour-de-force,

The Adventure of the Resident Patient

The Middlesex Constabulary, the Sherlock Holmes Club of Greenbriar Whittingham, invites you to join us at the Towne Centre on Wednesday, September 23rd at 4:30

Please read the short story prior to the meeting. It is available for free online at Sherlockian.net Investigating> 60 original stories> The Resident Patient> Mr. Sherlock Holmes, and other sites. The Game is Afoot! ??? Call Paul (609) 642-6314

Greenbriar at Whittingham Community Presents

SIR ELTON

a tribute featuring *Lance Millard*



Lance Millard, front man of "Sir Elton" will take you down Yellow Brick Road with his uncanny performances of everyone's favorite Elton John hits. He will captivate you with his Elton-eque costumes, glasses and custom baby grand piano!

SATURDAY, AUGUST 29, 2026 AT 7:00PM

IN THE TOWNE CENTRE BALLROOM

\$30.00 PER PERSON (Check Only, Payable to WHOA)

TICKETS ARE ON SALE MONDAY, JULY 20TH.

OPEN TO NON-RESIDENTS MONDAY, JULY 27TH.

Call the WHOA Box Office for Ticket information 609-395-0404 Extension 220 or 221.

*Refunds only if we are sold out and your tickets are resold.

GW Wheels Club News

by Ken Wagner



GW Wheels 2nd Annual club BBQ on June 23rd. The club celebrated the success of its 3rd Annual Invitational Car Show - two weeks prior - with food, friends and some time in the sun. Joining the club was the NTO Band, in honor of their musical contribution to the success of the car show.

★ **GREENBRIAR RESIDENT** ★
WITH YEARS OF EXPERIENCE
WHO KNOWS EXACTLY HOW TO
PUT MORE \$s IN YOUR POCKET

Summers Here & So Are My Buyers
"Think Wisdom - Think Solomon"
"Think Irene Solomon"
For A Caring 5-Star Realtor Call Me Now



IRENE SOLOMON
 Broker Associate

Free Consultations

732-599-3499 (CELL)

732-297-7900 (Office)

CENTURY 21 BARROOD REALTORS

3060 Rt 27, Kendall Pk, NJ 08824
 Each office independently owned & operated
 Member C21 Worldwide Relocation



AD# 8432



"Can I buy a vowel, Pat?"

AUGUST 2026

BY KRISTIN PURIZA, LIFESTYLE/FACILITIES DIRECTOR

BALLROOM SHOWS:

Saturday, August 29th:
SIR ELTON

On sale now.

Saturday, September 19th:

LAUREN DAVIDSON

*Lil Bit Country, Lil Bit Rock
On sale Monday, Aug. 24th.*

Saturday, October 17:

VINYL MADNESS RETURNS
On sale Monday, Sept. 14th.

NYC BROADWAY:

8/6/26: Les Miserables
See Concierge for availability!

WHOA MOVIES:

1PM - AC/DANCE ROOM
NO SIGN UP NEEDED
Aug 2: VOICEMAILS FOR ISABELLE
Aug 23: A BEUTIFUL DAY
IN THE NEIGHBORHOOD

CASINO BUS TRIPS:

ON SALE NOW:

August 5th: AC Resorts
September 2nd: Park Casino

ON SALE 8/25:

October 7th:
AC Resorts

HEALTH LECTURE:

WAYS TO KEEP
MIDDLESEX MOVING:
Transportation Guide
Facilitated by:
Connor Wallace,
Program Coordinator

Monday, August 17th
2PM * AC/DANCE ROOM
**Register with The Concierge.*

ARTS & CRAFTS FAIR:

SUNDAY, SEPTEMBER 27TH!
*Registration forms are available
with The Concierge.*
SEE FLYER FOR DETAILS.



Shalom Club of Greenbriar

presents the

VINKEL

We want to keep the
YIDDISH
language alive!



Come tell us
some stories!



Talk about
our heritage!



Celebrate
the holidays!



Our meetings are *fun* and *educational*!



Next meeting,
EVERY THIRD WEDNESDAY
of the month
at 10 AM
in the card room
across from the nurse's office

*Come one,
come all!*

Do you want to *spea*k or understand *Yiddish*?
Do you want to learn?

If so, join us at the

SHALOM CLUB'S MONTHLY VINKEL!

RSVP TO:

Marilyn Kirsner
732-501-1013



Helen Borowik
718-825-4070

Shalom Club

at Greenbriar @ Whittingham

Sunday, August 9, 2026

Doors open at 9:45 AM \$12.00 per person Members only

A HISTORY OF NEW JERSEY DINERS

Presented by Michael Gabriele



New Jersey is universally recognized as the "Diner Capital of the World". Diners play an important role in New Jersey's culture and community life.

The Garden State was the "factory" that built thousands of diners during the 20th century. Diner experiences—good food, slice of life encounters with friends and strangers, and the sentimental memories they inspired—reflect the State's spirit, culture and mythology. "A diner is more than just a place to eat and food is only half the meal!"

cut

For those wishing to sit together, place names and checks made out to SHALOM CLUB, in same envelope. (Maximum 10 people per table). Mark envelope August 9, 2026 breakfast and place envelope in lock box #6 no later than August 2, 2026 or mail to Shalom Club, 100 Whittingham Drive, Monroe Twp., NJ 08831. Questions?? Call Robin Zimmerman 516-528-2730

NAME: _____ PHONE: _____
EMAIL: _____



THE GW PERFORMING ARTS CLUB PRESENTS

2026

SUMMER SHOWCASE TALENT SHOW!

SATURDAY, SEPTEMBER 26, 2026

2:00 PM

The Performing Arts Club invites all GW residents and their families
to participate in a celebration of talent and creativity!



\$7 Members \$10 Guests

Light Refreshments will be served

50/50's

General Seating in the Towne Centre Ballroom

Tickets will be available July 5, 2026 at the Concierge Desk

Checks only, payable to PAC

For more information, contact Gentle at 732-857-4939



PAC is looking for someone to write an article once a month for the Pulse. We may also ask for an occasional review of our shows.

Contact: Gerrie Pisapia (732) 857- 4939

Directory

T.K.S. Home Improvements

A Full Service Contractor

- Basements • Decks • Kitchens & Baths • Tile & Hardwood
- Painting • Windows & Doors • Powerwashing and More

Handyman & Repair Services Available

No job too big or too small

Lic and Insured **609-259-2574** #13VH05970500

ARNIE'S DRIVING SERVICE

609-751-1612

In Our 8th Year Driving Safely

A Trusted Name since 2017 in Monroe Township

AIRPORTS • DOCTORS • SHOPPING

NEW YORK CITY FOR BROADWAY SHOWS

ANYWHERE, ANYTIME YOU NEED A RIDE

Specializing in New York Doctor Visits

STEAMWAY

**CARPET & UPHOLSTERY CLEANING
TILE AND GROUT CLEANING**

TRUCK MOUNTED STEAM CLEANING

Owner/Operator Nick

Cell: 732-609-1279 (Call or Text)

Receive \$10.00 off when you mention this ad

RFJ Sales Co LLC

Computers Built and Repaired
Desktop and Laptop in your home

Monroe Resident

732-723-9537 or 732-967-3400

Mike "The Handyman"

732-780-0468

36 YEARS
OF EXPERIENCE

- No job too small, so don't hesitate to call
- Same-day call back, work done within 24-48 hours
- Fully Insured
- References gladly furnished upon request

NJ Lic. # 13VH08300900

HERB PLUMBING

Fast & Reliable Service

Always Available

~ Fully Insured & Bonded ~

(732) 972-7779

Herb Weinberg
NJ License 9844

P.O. Box 493
Morganville, NJ 07751

VALIANT HOME REMODELERS

Family owned and operated since 1956

WINDOWS, DOORS AND SO MUCH MORE

732.541.7966 or www.valianthome.com

Affordable Financing Available

"Let our Family work for your Family"

NJ Lic #13VH00345100 & Insured

Tom's Transportation

Local Areas Door 2 Door Ride Service

Newark Airport Reservation

Call Tom @ 609-917-5600

Serving Monroe Twp. Senior Communities

Directory

DOOR QUEST GARAGE DOOR REPAIR & REPLACEMENT

Cable, Spring Roller, Opener

732-507-9988

Lic# 13VH10883700 • FREE ESTIMATES

STORM ELECTRIC

All Phases of Electrical Work

Mike Palladino

PH 732-591-0215

Bonded & Insured

Cell 732-904-5339

Lic# 12986

GOT TRASH? Trash and Junk Removal

Call or Text us at **732-239-6830**
20 Years in Business • Bulk Junk Removal

Full Property Cleanouts

Furniture, Appliances, Construction Debris

We Take Everything

Gottrashnj.com

Receive \$25.00 Off when you mention this ad

NEED-A-RIDE?

Neil's Need-A-Ride provides reliable service
for all NY/NJ/PA

Travel, Airports, Cruise Terminals, Medical
Appointments and More.

Always on time. Always nearby.

Call 609-642-9877

LIMO GUY – Our 25th year

Upgraded SUVs. Six vehicles.

\$110 to Newark Airport.

We go almost anywhere. All airports.

Call (732) 803-2521

limoguyincnj@gmail.com

WINDOW GLASS

Replacement & Patio Glass Door
Insulated Window Glass • Screen Repair

KC Glass & Mirror

732-895-9898

* Free Estimates *

Garage Door & Opener Installation and Repair Specialists
We service Central and South Jersey

Free New Door Estimate • Same Day Repairs

Call Us And Book Your Appointment Today!

Garage Door Masters LLC

garagedoormastersllc.com

garagedoormastersllc@gmail.com

NJ License #13VH07144300

Call or Text: 732-870-7313

Blinds by Howard Kaye

46 Years in Business

Sales and Installations

Shutters - Blinds - Shades -

Motorization

Howardbluestar@gmail.com

732.666.1723

John Pearl Home Improvement & Landscaping Services

Call 908-208-1150

* **Powerwashing - houses, sidewalks, decks**

* **General Repairs * Deck Repairs/Staining**

* **Landscaping * Painting**

Licensed (13VH06515700) & Insured

HANDYMAN CONCIERGE

Special Care for Seniors and busy families!

Life's easier when you can...

Just Ask Chris!

732-882-3407 | crloveltd@gmail.com

justaskchris.net

