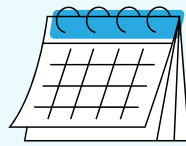


# Heart to Heart: A Conversation About Cardiovascular Health

Join us for an honest conversation about simple lifestyle changes and medical insights that will keep your heart strong.



2PM - 3PM



Monday, May 11, 2026



Greenbriar at  
Whittingham  
AC/Dance Room

**Taryn Webber, RN, BSN**  
Community Health Nurse  
Saint Peter's University Hospital

**Registration Required**

Please call/visit Concierge  
Desk to sign up!

