

YOGA

WITH AVI RAY

(former long-time yoga teacher at Gw)



**WEDNESDAYS * 4:30PM - 5:30PM
IN THE POKER ROOM**

\$10/CLASS - PAY AS YOU GO

**Please bring a yoga mat and wear loose, comfortable clothing.
Class for all levels. Everyone is welcome!**

Questions? Feel free to call 732-991-8180