Vol. 27, No. 9 – SEPTEMBER 2023
P.O. Box 70, Millstone, N.J. 08510
A Monthly Periodical Serving Greenbriar at Whittingham

Greenbriar at Whittingham VOICE

Presented by the Residents Civic Club of Greenbriar at Whittingham

At the 2023 Olympics





Some of the Winners!



Shuffleboard



Billiards



Ping Pong



Water volleyball



The medals



Cornhole

See more Olympics' Photos on Page 5

PERFORMING ARTS CLUB PAC

Calling all residents of Greenbriar to join our group in its goal to have local talent producing quality shows. If you want to get involved in any phase of theatre production, please contact one of our board members listed below.

Barbara Kravitz beekay54@ comcast.net 732-690-2551
Fredda Fine fredda.fine@ yahoo.com 732-925-2822
Gerrie Pisapia gerriepisapia@gmail.com 732-857-4939

Dues are $10 per person and extends from January to January. Dues must be paid by check made out to PAC and placed in box #25 in the Towne Center Library. We're looking forward to working with all of you.

Arts & Crafts Fair

Sunday, Sept. 10,
12 pm – 3 pm
Towne Centre Ballroom
Free Admission
Join Us,
Show Your Talent!

Pick up your application at the Concierge Desk

Any questions??? Call Dale: 609-409-6705

Vendors must be residents

Residents' Civic Club

September 13
Meet Your Local Candidates for Public Office
7:30 PM - Towne Centre Ballroom

Nurse's Notes: Fall Is Coming! Let's Keep It a Season and Not an Event



By Bari Siegel, Lisa DiGiovanni, EdD, MSN, RN, MEDSURG-BC, CHSE

According to the Centers for Disease Control and Prevention (CDC), approximately 36 million older Americans report having fallen every year. While three million of those injuries result in visits to the emergency department, unfortunately 32,000 people die each year from injuries sustained in a fall.

With some effort and commitment, there are several actions you can take to prevent injuries from falling.

Check your senses: If your hearing and eyesight aren't as good as they used to be, make sure you have your eyes and ears checked. You may need to wear your prescribed glasses and/or hearing aids. These tools can help you see and hear hazards that could cause a fall.

Chronic health conditions: If you suffer from heart disease or diabetes, or even nerve pain, these health concerns can cause balance issues. Talk with your healthcare provider about how you can avoid falling risks caused by your health conditions.

How are your feet? Sensible sturdy shoes can give you the best chance of moving around with stability. If your feet hurt for any reason, your balance and gait may be off. These challenges can certainly lead to falls. You might want may also want to consider using a cane or other assistive devices to help you get a stronger footing as you move around. Make sure you are instructed by a healthcare provider on the proper use of assistive devices.

Take your time: There are times when we want to move faster than our feet will take us. It's important to allow enough time to get your daily tasks done safely.

Are you taking medications? Some medications may increase your risk of falling, such as heart medication, antidepressants, and pain medications. Discuss with your healthcare provider the need to stay on certain medications especially if the medicines interfere with your activities of daily living.

Get active! You may think that not engaging in physical activity is the best way to protect yourself from falling. This is not true. Discuss with your healthcare provider about what type of activity is best for you to engage in, such as walking and water workouts. These activities will make you physically stronger, improve your balance and coordination skills. If you need some extra help with your movement, discuss with your healthcare provider about prescribing physical therapy to get you to stay strong so you can live life to the fullest and continue to enjoy your independence.

The Green Thumb

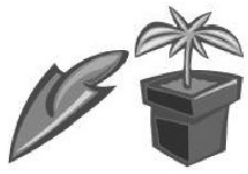
By Laura Resnick

THE FALL GARDEN is very colorful, with late bloomers such as asters, mums, goldenrod, sedum, dahlias, and Montauk daisies. Hostas have long finished blooming, but their variegated foliage lasts many weeks after the first frost. Among the season's red and browns, even the color gray stands out, in stachys (lamb's ears), lavender and rue.

HARVEST TIME FOR EGGPLANT

Right along with Jersey tomatoes and farm fresh sweet corn, locally grown eggplant has better taste and a longer shelf life. The most familiar variety is the midnight skinned, teardrop shaped type.

When shopping, look for eggplants that are shiny, firm, and heavy for their size.



They should not be sunken, pitted or soft. The calyx (the crown just below the stem) should be bright green, not brown.

PLANT HARDY PERENNIALS IN AUTUMN

Roots grow much faster in the cool, moist fall weather than in the spring. Also, they do not have to compete with top growth. By spring they will be well-established and can start to grow as soon as the weather is favorable. The tough ones like daylilies, hostas, liatris and violets can go into the ground as late as November.

Allow your shrubs and perennials to finish their summer growth cycle in a natural manner. Do not encourage growth with fertilizer or excessive pruning at this time, as this will delay their hardening process that has already begun in anticipation of winter. New growth can be easily injured by an early freeze.

DIVIDING BULBS AND PERENNIALS IN THE FALL

The best time is immediately after blooming, so that they will have the maximum amount of time to root before winter.

- Phlox can be divided after three years. The outside pieces of the divided clumps make the best transplants.

(Continued on page 4)

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Recreation Department

By Kristin Puriza

September is here and summer is coming to an end; it's been a fun one! I think most of you would agree.

The GW Olympics were a hit. Thank you to all the residents that participated and made it a great time. If you didn't join in on the fun this year, don't miss out on next year!

The Pool Party sponsored by Republic Waste Management had perfect weather and was enjoyed by many residents.

ARTS & CRAFTS FAIR

Stop by The Ballroom from 12:00 p.m. – 3:00 p.m. on Sunday, September 10th for Greenbriar at Whittingham's 24th Annual Arts & Crafts Fair! See all your friends and neighbors' talents.

ATLANTIC CITY

September 6th we are headed to Tropicana and each person will receive $20 slot play. On October 18th we will be going to Resorts and receive $15 slot play.

BALLROOM MOVIES

There are no movies scheduled in September due to holidays and lack of ballroom availability. Please let us know what you'd like to see moving forward! Send us your recommendations either by email, recreation@gwmonroe.net, on our website: https://www.gwmonroe.com/movies-in-the-ballroom, or by phone 609-395-0404 x227.

FAMILY DAY

Family Day planning is in the works for October! We are excited about this and can't wait to share more information with you.

NEW YORK TRIP

Our last bus trip of the season to the Theatre District of New York, known as Duffy Square, is scheduled for Wednesday, September 27th. Visit The Concierge to sign up today!

SHOWS

Our September show is on a FRIDAY night! *** Friday, September 29th at 7:00 PM The Beat Tells, see The Concierge to purchase your tickets. We are working on entertainment for October and November so make sure you watch for the flyers.

If you notice a flyer is missing from the website and/or Channel 26 please be sure to e-mail it to me at kristin@gwmonroe.net OR stop by the Recreation Office and hand me a hard copy.

Continue to visit our website to stay up to date: www gwmonroe.com/recreation.

Meet the Stars



Gail and Myron Alpern

On July 16th, in the Towne Centre ballroom, we were treated to the duo Neil Berg and Rita Harvey. Through the years, Neil Berg has been a household name at GW. Whenever he has a show for sale, you can be sure that the tickets will sell like hotcakes. This time was no exception as he presented his new show called "I Choose the Light." Neil had command of the piano as he played in his masterful fashion. Rita Harvey sang so many tunes from Broadway shows past and present and she did it with her exceptional vocal ability. Neil is a fabulous storyteller, and he introduces each song with tidbits about Broadway productions. Then Rita belts out the songs, from those classic productions, that we all know and love.

The audience members had a resounding response to all the songs and applauded them all with great enthusiasm. Our two Meet the Stars ladies were Ceil Velasco and Vivian Zawel. Ceil told me that being in our audience and hearing all the great songs was better than being at Broadway! She found them to be top notch and thought that Neil gave us fascinating background information. She was enthralled by Rita Harvey's magnificent voice. Whenever I choose people to be in the Meet the Stars article, it is totally at random. Much to my surprise, Vivian Zawel knew Neil Berg because her son-in-law plays cards with him, and they see each other regularly. Neil greeted Vivian with a hug, and they chatted backstage. Imagine how surprised I was to learn about all of this. Of course, Vivian thought the couple did a terrific job and she enjoyed the reunion.

We hope that you continue to enjoy our shows in the ballroom. See the flyers at the concierge desk or online at the Recreation section. Come to our shows and enjoy entertainment close to home. Remember you may be the next one To Meet the Stars!

SPORTS

News from the Golf Course

By Allan Cooper

New Jersey shared in the heat wave that descended on the United States this summer. Atlantic City usually has 19 days over 90 degrees but this year they had 27 days. Our very close neighbor, New Brunswick, usually has 20 days while this year they had 32. We hoped for rain to cool things off but after we got torrential rains, the temperature returned to record high marks. The evening did not bring much relief in the temperature either. A serious problem for the golf course is that the sun acts to heat the water and cooks the grass.

While most golf courses are designed to have the water run off as quickly as possible, our golf course doubles as a conduit for stormwater runoff from the surrounding community. In addition to the severe problems it creates for the root systems, there is a constant threat of fungal infection. A serious fungal infection can do devastating damage to the greens, fairways and tees. The Superintendent, John Cipriano, must judiciously apply anti-fungal chemicals to keep things under control. So far with his careful management the course remains in very good shape.

This September the golf course will host three tournaments:

- September 18, The Friends Golf Tournament.
- September 23 Special Olympics Golf Tournament.
- September 30, Bill Benjamin Memorial Tournament.

GW Friends will hold a golf outing on **September 18**. GW Friends are a community organization open to men and women. They hold many interesting field trips, bring top level entertainers to the community, and organize social events. They sponsor many interesting clubs: current events, history club, finance and investing, Socrates Cafe discussion group, book club, pizza and billiards, and a monthly breakfast. These activities generally enrich the experience of living in our community.

For several years we have hosted the **Special Olympics**. This outing, and competition, is for athletes who are intellectually challenged but want to compete in a golf tournament. The tournament is being held on **September 23**. In order to enter the competition the Special Olympics golfers must compete in three rounds of nine hole golf in order to obtain a handicap score. During the Special Olympics a volunteer who understands golf accompanies the athlete and keeps his or her score. Prizes are awarded, the press is invited along with members of local government. This is truly an impressive and enjoyable event.

The Machestics will hold the **Bill Benjamin Memorial Tournament** on **September 30.** The Machestics is a Breast Cancer Awareness and Treatment Charity. Many of the women in this organization have had breast cancer. *Their entire income is spent in New Jersey on awareness, treatment, and rehabilitation.* Very little of the money raised goes to overhead costs. It is of interest to note that the Machestics also race Dragon Boats all over the world to raise money for their breast cancer organization. These boats are 40 feet long, four feet wide, and are outfitted with Dragon Heads in the front of the boat. Ten women on each side paddle the boat and compete in races with other breast cancer survivors. These meets are held in many areas of New Jersey, all over the USA, and around the world.

Susan Benjamin, who is organizing this outing, has competed in many of these races. Bill Benjamin was a long standing member of the golf board. He participated in, officiated at, and provided entertainment for many of the golf outings. He was very proud of Susan's participation in the Machestics. He traveled everywhere with her: to watch her, encourage her, and cheer for her as she competed in the Dragon Boat races.

The outings usually have a format that includes a Scramble. That is, everybody tees off and the group decides which ball they think is best to use. The entire foursome then hits their next shots from that spot. The procedure is repeated until the ball is on the green and then every member takes a turn at putting the ball until someone hits it into the hole. This format allows people of different abilities to play together on the same team and have a good time.

GW Tennis Club

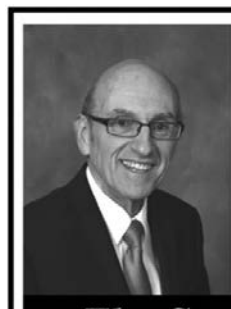
By Felix Vazquez

The purpose of the tennis club is to provide a fun, healthy recreational activity for all GW residents (owners & renters). We play on three tennis courts (Court #1, 2 & 3) located in the main parking lot for the GW Towne Centre next to the GW golf course. We have GW tennis club schedules for all levels of play. The GW Tennis courts can be reserved at https://www.gwmonroe.com/recreation. We also have open tennis sessions that can be scheduled via text with tennis scheduler Ron Sacoff 917-709-0039. GW tennis club ball machine is available to sign out with the Towne Centre Concierge.

2023 – 2024 Officers are:
President - Felix Vazquez - fvazquez152@verizon.net
Vice President – Ron Sacoff – ron088@comcast.net
Treasurer – Andy Goodman – agoodman20@comcast.net
Corresponding Secretary – Jay Katz – katzjay@comcast.net
Recording Secretary – Fran

(Continued on page 4)




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Book and lyrics by Joe DiPietro and music and lyrics by David Bryan
October 13 - 29, 2023
THE NICETIES
Two extraordinary women square off in a high-stakes academic debate over race, reputation and who gets the final word on American history is written.
A play by Eleanor Burgess
November 11 – 19, 2023
A CHRISTMAS CAROL
Charles Dickens' immortal classic returns to the Playhouse 22 stage featuring Ebenezer Scrooge, Jacob Marley, three unforgettable spirits and a boy named Tiny Tim.
December 8 – 17, 2023
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Tennis Club

(Continued from page 3)

Solomon – fransolomon885@comcast.net

Annual dues (September 2023 thru September 2024) are only $10, which, for the most part, goes towards offsetting the cost of our social gatherings and monthly meetings.

GW Tennis Club Schedules

- Court #1: Level B (M, W, F)
  8:00 AM TO 9:30 AM
  9:30 AM TO 11:00 AM
- Court #2: Level A (M, W, F)
  8:00 AM TO 9:30 AM
  9:30 AM TO 11:00 AM
- Court #3: Ladies (M, W, F)
  8:00 AM TO 9:30 AM
  9:30 AM TO 11:00 AM

There will be two morning sessions for beginners:

- TUESDAY AND THURSDAY 8:00 AM TO 10:00 AM - CONTACT TENNIS SCHEDULER RON SACOFF via Text (917-709-0039)



The Green Thumb

(Continued from page 2)

- Perennials with corms or thick roots, such as irises, can be cut apart with a knife. Daylily roots grow in bunches that are easily broken apart by hand.
- Daffodils produce new bulbs at the base of the original bulb, causing the plant to be pulled lower into the soil year after year, affecting their bloom. If you observe less vigor and fewer flowers, it's time to divide and transplant.
- All perennials, whether divisions or new plants, should be thoroughly watered after planting, and then once a week until frost.

THE TIME IS NOW

Are some of your indoor plants summering outside? It's important to cleanse them before you bring them back indoors. First get them off the ground and onto a bench or table. Then give them a shower of sudsy water, 2 or 3 times, to evict whatever tiny creatures have taken up residence within the pots. They should come inside before the night temperature drops to 50 degrees F.

Now it's your time to relax and plan ahead for next season.

Calendar Note: The next meeting of the Green Thumbs will take place at 11 am on Tuesday, September 12, at the Monroe Township Senior Center.

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Call for Artwork, MT Cultural Arts Juried Art Show

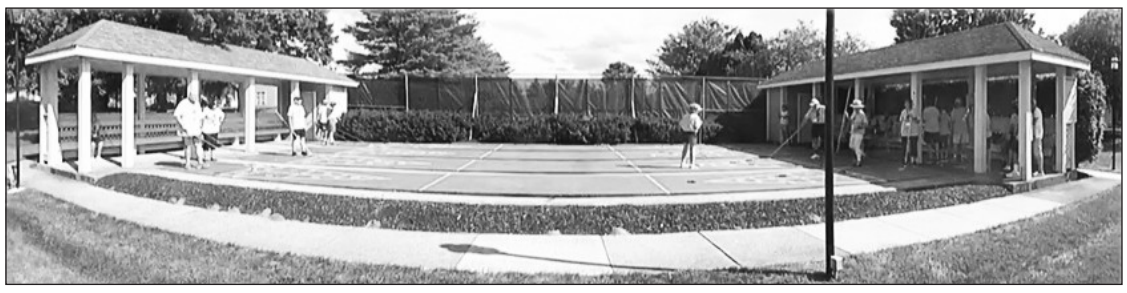
By Cathleen Norback

Artists are invited to submit their artwork online for the Monroe Township Cultural Arts Commission's Juried Art Show between September 9 and September 16. Works from beginners to established artists in all media, including sculpture, will be considered. Large pieces, 2-D or 3-D, are encouraged. The exhibit is open to living artists only. Only one submission per artist is allowed. There is a $10 nonrefundable entry fee. Submitting artists and their families will be invited to a special opening celebration October 8. For details, including entry instructions and dates, refer to the website: www.MonroeTownshipCulturalArts.com

The exhibition will be held at the Monroe Township Library from October 5 through October 14. This will be followed by a virtual exhibit online.

At the 2023 Olympics





Shuffleboard



Bocce



At the Olympic luncheon

Zoodling*



A Monthly Feature by Linda Wagner*

A zoodle is a long, single strip of zucchini that resembles a spaghetti noodle. Zoodling is when long, single strips of thought are twirled together like spaghetti on a fork.

My Devices Encourage Vices

On any given morning at our house you will hear, "Google, what's the weather?" followed by an automated response providing the day's forecast. For those who are not familiar with devices that listen and respond this may sound novel, but for my husband, who seems to view every exchange with our device as a game of one-upmanship, this question is shortly followed by "Google, what's my favorite color?" or "Google, tell me a joke" to which he replies "Google, are you kidding me?"

Even my tried and trusted iPhone provides unexpected humor at times. I sent a voice-to-text asking my better-half to pick up some Montepulciano but the text he received asked for some "Multi Channel". I almost ended up with a short-wave radio that night instead of red wine. Not funny on a Friday night when I absolutely deserved a treat.

As technology progresses, I find that I am driven to taking up new vices, like swearing at the GPS or accidentally insulting friends in speech-to-text messages. Once the phrase "At Anna's" was transmogrified into "Fat Anna." I still miss her…

The malicious GPS in my Mazda has often taken me to some surprising locations… and sometimes to non-locations like dead ends. Very funny. Once that GPS forced me to miss a hair appointment by making me circle the salon until it was too late. I drove home wondering what I did to antagonize "her" (the GPS has a feminine voice).

Sometimes the camera on my phone will insidiously show me a not so flattering closeup of my nostrils or my thighs when I inadvertently snap a picture. Now that's just rude! You'd be surprised at how many videos I have of the inside of my purse. (I will let you know when I have a screening date lined up. The cinematography is really quite original.) In light of all of this idiotic behavior from my devices I have to ask myself, "What's the purpose of artificial intelligence?" It's not real intelligence, it's artificial, i.e., not intelligence at all! How did I miss THAT misnomer?

Recently, I noticed that my GPS is beginning to make value judgments. Instead of routing me to Four Boys Ice Cream, per my request, I ended up at a Weight Watchers' meeting.

It's not just my portables that victimize me. Sometimes my lawn irrigation system waits until I am in my pajamas on the back patio to kick in and drench me, leaving my neighbors wondering why I am outside crying at 6:30 A.M. "Chin up," I tell myself. "Now I can skip my morning shower."

I just don't know how to handle all this modern technology. It baffles me. I think I need to get some good advice. Maybe I'll ask Google.

Cheers,
Linda

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CLUBS AND GROUPS

The Barry Geffner After Hours Club

By Gail Alpern

The July 28th Barry Geffner After Hours Club event had some interesting twists and turns. As the members came into the ballroom, they were greeted by the music selections of DJ Russ who had a large screen up on the stage. DJ Russ had videos of past parties from After Hours and they were surprised to see themselves dancing during some of our past events. In addition, as each song was played, the actual entertainers were shown singing in their original performances on the shows of yesteryear. It was fun to remember back to teenage times when we would come home from school and turn on shows like American Bandstand or Dance Party USA and see the heartthrobs of a bygone era. DJ Russ played a wide variety of songs, and the dance floor was crowded with couples and line dancers together in perfect harmony.

B Bistro served a delicious buffet dinner and seconds were always available. I did mention that there were some twists, so here they are. We have decided that everyone that attends the party has their name placed into a container to be eligible to win a free dinner to come to the next event of their choice. There was a lot of excitement when the name was called. So, join us next time and you may be the winner to receive a free dinner! The second thing that occurred was a tribute to Ralph whose last night happened to be at the After Hours affair. We all went out on to the dance floor and formed a semi-circle. Ralph stood in the middle, the DJ played *That's What Friends are For*, and we all sang to Ralph. It was a touching send off to his 17 years as our wonderful custodian.

Wouldn't you like to come and be part of the fun? You never know what will happen next at After Hours. Becoming a member is easy to do! Just make out your check to The Barry Geffner After Hours Club and put it in Box #8. It is $10.00 pp or $20.00 per couple. Put a note on your check for 2024. Please include your email address so we can keep you informed. We meet on the 4th Friday of the month. Look for our flyers in the rounder by the concierge desk for all the particulars. Don't miss out and join the fun and you will say the After Hours Club keeps you young!

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Alisa Hadassah

By Elinor Weinstein

Rosh Hashanah for Hebrew Year 5784 begins at sundown on Friday, September 15th and ends at nightfall on Sunday 17th. We wish all of our members a Happy and Healthy New Year.

We are honored to share the PROPOSED SLATE OF 2024 OFFICERS. Co-Presidents, Sharon Nachimson and Suzanne Rosenzweig, Fundraising Vice President, Ellen Panzer-Schwartz, Programming Vice President, Alice Purus, Educational Vice Presidents, Sharon Nachimson and Suzanne Rosenzweig, Vice President Communications and IT, Eileen. Carpenter, Membership Vice President, Cheryl Saft, Vice President of Finance, Carol Levine, Recording and Corresponding Secretary, Esther Swier.

ALISA HADASSAH HAS PLANNED MANY INTERESTING AND FUN ACTIVITIES.

MONDAY, SEPTEMBER 18th at 7 PM, MONTHLY MEETING at the Monroe Township Senior Center. Come enjoy our fascinating speaker, Susan Addelston who will discuss "The Secret Lives of First Ladies." You will not want to miss this program. From Martha to Michele to Melania: Why are they called that? What is their role in America? Have they changed the course of history? All are welcome. Refreshments will be served.

MARK YOUR CALENDARS. MONDAY, OCTOBER 16th at 7 PM, MEMBERSHIP APPRECIATION at our monthly meeting at the GW Towne Centre ballroom. Details to follow. If you have any questions, please call Cheryl Saft at 732-718-2247.

LUNCH BUNCH IS RETURNING!!! September 20th and October 18th. Lunch Bunch is a monthly gathering at a local restaurant. We charge $5 extra over the bill as a donation to Hadassah. Our September Lunch Bunch will be at the Brownstone Pancake Factory on Route 9 in Freehold. Questions, please call Ellen Panzer-Schwartz at 516-672-8180.

MUMS FOR SALE Lush and colorful mums will again be on sale for the same price as last year. $8 for a single plant, and $21 for 3 plants. You will have a choice of red, yellow, and white. Look for the flyer on the rounder in the Towne Centre as well as in our September bulletin. For information please call Cheryl Saft at 732-718-2247.

WEDNESDAY, NOVEMBER 8th at 11:30, CARD AND GAME PARTY at the GW Towne Centre. Please call Marilyn Gerstein at 609-409-9176 with any questions. Marilyn will help you find a group to play with.

BEREAVEMENT SUPPORT GROUP Co-Chaired by Arlene Lazar and Karen Mandel. Alisa Hadassah has formed a group to help people in their time of need. In addition to sending "regrets" (of passings) by email to our members, we provide those in need of names of local funeral homes, minyan groups, restaurants to deliver during shiva and nearby supermarkets. If the need arises, please call Arlene Lazar at 609-409-2749 or Karen Mandel at 609-235-9289. PLEASE CHECK OUT OUR FLYERS AT THE TOWNE CENTRE.

GWCC

By Roy Goldschmidt

PHOTOGRAPHY CAPTURES A MOMENT IN TIME THAT WILL NEVER EVER REPEAT ITSELF

The Greenbriar at Whittingham Camera Club has pictures taken by our club members on display in the annex section of our clubhouse, near the exercise center. This provides an opportunity for our members to show their improvements, achievements, and creativity. Much of this is being accomplished by implementing a mentoring system where beginners and intermediate members are taught and mentored by experienced and professional members of the club. New photographs are rotated every 3 months providing every member of the club with the opportunity to display their photographs for the Greenbriar at Whittingham community to see and enjoy. From August 1, 2023 to November 1, 2023, the following members images will be on display:

Rich Polk, Rich Lewis, Roy Goldschmidt, Roger Jones, Herb Saperstein, Frank Genova, Kenny Kaiser, and Arie Markowitz.

Please take the time to view and appreciate your neighbors and friends' amazing photographs.

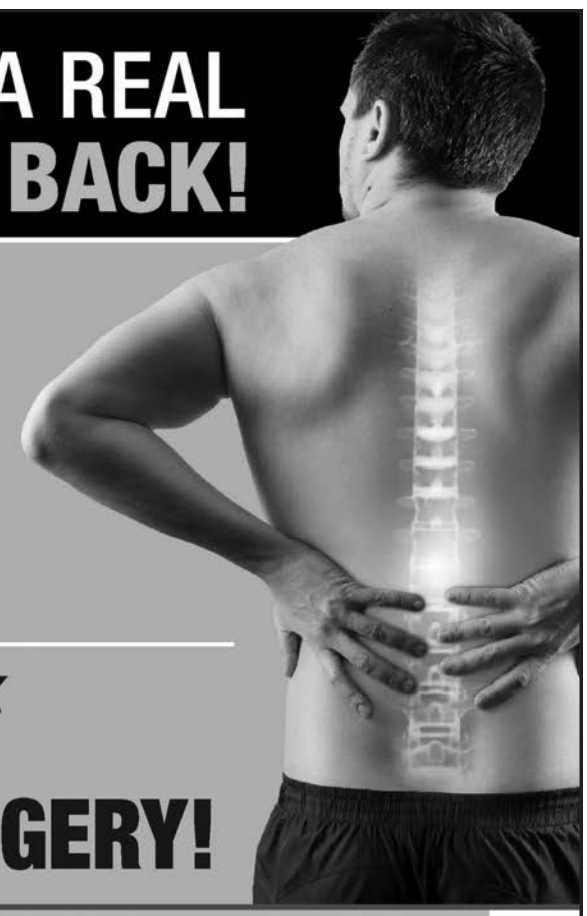
Bret Harmon from Madison Photo Plus in Madison, NJ introduced our club members to every significant camera, lenses, filters, bags, tripods, and various accessories available for photographers' daily use. He also discussed Smartphones (both iPhones and Droids), and had discussions about photographic techniques for beginners, intermediate, and experienced photographers.

The event included a question and answer period for our members. We all had an opportunity to obtain additional information and to improve our skills while having an enjoyable evening. Thanks again to Bret Harmon for this educational, informative, and enjoyable experience.

Autumn Photography

Autumn is considered by many photographers as the best season to take pictures. The foliage takes on a beautiful palette of earthy colors, the weather is mild, and the abundance of subjects makes autumn a valid contender for the title of "Best Season of the Year". Taking fall pictures will require you to pay special attention to a couple of crucial factors. The first one is planning. Be sure to always check when the peak of foliage colors will be at the location you want to conduct your shoot. Getting the right colors in the shot represents a good 75% of the process of capturing a great autumn photo. So, do your research beforehand. You can do this by looking at photo sharing websites like

(Continued on page 7)

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GWCC

(Continued from page 6)

Flicker or 500PX. In addition to photo sharing websites, you can use webcams and social media like Instagram. The second factor is the gear you take out for your shoot. Pet photography is a lot of fun during autumn. Try to place dogs, cats, pets, etc. in an area covered with leaves. Let them play, run and pose for you. The results will be surprising to say the least. Forests are by far the most beautiful subjects to shoot in the fall season due to the splendid colors that the foliage can take. Some of the best types of trees to photograph are sugar maples, birches, and beeches, etc. Try to visit a forest where you can find these trees. Autumn shots with fog fit together like chocolate and cream, like peanut butter and jelly. Fog will help you to enhance the autumnal mood whatever the time of day. This is because fog softens the contrasts of the scene and gives a nice depth of field. The most important part of autumn photography is to pick up your camera and take those amazing shots.

The next meeting of the GWCC is on Wednesday, September 20 at 7 PM in the upstairs Poker Room. September program to be announced. Looking forward to seeing everyone there.

The Sherlock Holmes Club

By Paul Hartnett

British author Sir Arthur Conan Doyle did not set out to be a writer. His path to becoming the creator and author of the 60 original Sherlock Holmes stories is an interesting one. Doyle was born into poverty in Edinburgh, Scotland in 1859. Supported by wealthy uncles, he was sent to England, to Stonyhurst preparatory school, at the age of nine. Doyle then went on to Stonyhurst College, which he attended until 1875. From 1876 to 1881, he studied medicine at the University of Edinburgh Medical School. He worked as ship's doctor on a Greenland whaler in 1880. After graduating with Bachelor of Medicine and Master of Surgery degrees from the University of Edinburgh in 1881, Doyle served as ship's surgeon on a voyage to the West African coast. In 1885, he completed his Doctor of Medicine (M.D.) degree, an advanced degree beyond the basic medical qualification in the UK.

The young doctor set off by opening his own practice in Portsmouth, England. It was not a success. While waiting for patients, Doyle began writing fiction. In early 1891, Doyle embarked on the study of ophthalmology in Vienna. He had previously studied at the Portsmouth Eye Hospital in order to qualify to perform eye tests and prescribe glasses. Filled with energy and confidence, Doyle opened a small office and consulting room at Wimpole Street, London. Alas, again he had no patients, and his efforts as an ophthalmologist were a failure.

While the world lost a promising ophthalmologist, it gained a prolific writer and creator of the most famous detective duo in literature, Sherlock Holmes, and Dr. John H. Watson. For as Sir Arthur awaited the patients who never materialized, the Master Detective and Good Doctor took shape, as did the story of their meeting and first adventure together, *A Study in Scarlet*. And the rest, as they say, is history. A total of 56 short stories and 3 more novels would follow, published over a forty year span. Through the years an audience of millions over the world enjoy their adventures by reading, radio and television, movies, and theater.

A Study in Scarlet will be the adventure for discussion at our October 25th meeting. In this first story Watson relates his medical background, his military service and explains just how expensive living in London is on his army pension. One day Watson bumps into an old army buddy who coincidently has a friend looking to share rooms to save on rent. His name is Sherlock. The two meet and hit it off and a lifelong partnership begins.

The Middlesex Constabulary, a Sherlock Holmes Club of Greenbriar Whittingham, is a scion society of The Baker Street Irregulars. The Club is dedicated to exploring and discussing the adventures of Sherlock Holmes, Dr. John Watson and the life and times of Victorian England. One of the 60 original stories by Sir Arthur Conan Doyle is selected for each meeting, which feature film clips and discussion. New members are warmly welcomed, and the stories are available for free online. No dues, no commitment, just fun. We meet on the 4th Wednesday of the month at 4:30 in the 2nd floor Poker Room.

As follows, one online link to the story: https://mrsherlockholmes.com/novels/a-study-in-scarlet/.

Join us Wednesday, October 25th at 4:30 in the 2nd floor Poker Room. The Game is Afoot!

??? Call Paul (609) 642-6314.

Martin Salmanowitz Senior Social Club

By Mary Laresch

Where did the summer go? We are still enjoying the outdoors – but slowly getting ready for autumn! On September 4th we celebrate Labor Day, and shortly after that the schools will open and back to the fall routine. For our Jewish friends we want to wish them Happy Holy Days with Rosh Hashanah starting at sundown on September 15th and ending at sundown on September 17th. Then, Yom Kippur, the holiest day in the Jewish calendar, begins at sundown on September 24th and ends at sundown on September 25th. It is a blessing that we can celebrate all our special Holy Days with friends and family praying together, and enjoying traditional sweet foods, and the blowing of the Shofar.

I just want to review our last luncheon show on July 13th. We feasted on a delicious brunch catered by Bagel Bazaar. Endless choices of French toast, eggs, sausage, bacon, salads, bagels, muffins, Danishes, fresh fruit salad, and coffee. No one went home hungry! Our entertainer was Suzi Cruz, and she was accompanied by all her special costumes. No dozing during her performance! She "becomes" the character in appearance and voice – with familiar songs and personalities. We had the right combination of great food and a great performer – great afternoon!

Upcoming Calendar of Events

Saturday, September 23rd – 6:30 p.m. in our Ballroom – The Michael Andrew Trio and the Best of the 50's and 60's. The Trio will perform the best

(Continued on page 8)



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Senior Social Club

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of the songs from the 50's and 60's. Rock and Roll, American Classics, Frank Sinatra, Dean Martin, Bobby Darin. Our special Hawaiian Luau Dinner will include sweet chili chicken, BBQ ribs, coconut shrimp, ham, pork fried rice, beef and broccoli, dim sum, Kona salad, cake, and coffee. Please bring your own beverage. $33/pp members; $35/pp non-resident guests. No refunds after September 15th.

Thursday, October 12th – 1:00 p.m. in our Ballroom – The Tomardo Luncheon Show. As a legendary entertainer, Tomardo has performed in Atlantic City, on Cruise Ships, and for private events throughout the nation. He will sing favorites of Frank Sinatra, Dean Martin, Bobby Darin, as well as the country tunes we love. For lunch we will have assorted deli sandwiches, salads, dessert and coffee. It will be catered by Bagel Bazaar. Please bring your own beverage. $23/pp members; $25/pp non-resident guests. No refunds after October 4th. No same day walk-ins since food is pre-ordered by table.

Please enclose your seating preferences for tables of 10 or 12, listing all names of those at your table along with your checks, and place in Box 1. Less than 10 people may be filled in. Please make your checks payable to the "Senior Social Club." Please place your checks in individual envelopes for each event, with event name on the OUTSIDE.

Bingo

The Senior Social Club sponsors Bingo on the second Friday of each month, and doors open at 7:00 p.m. Our upcoming Bingo night will be on September 8th. All are welcome. Come and enjoy playing the games with your friends, and you may win a few bucks!

Volunteers Needed

We are in need of volunteers. Our club is looking for some of our new and energetic residents. We have a variety of activities to choose from. Give us a call or email us. Let's get together, and share ideas. We would love to hear from you. **Please call Paul Bresalier at 609-409-6750, email:** brnj4432@msn.com **or Mary Laresch at 609-409-1007, email:** marylaresch@ comcast.net

Membership Dues

Membership dues are now due. Our membership year is July 1st- June 30th. Please make your separate dues check out to the "Senior Social Club" and deposit it into our Box #1 in the clubhouse. Our dues are $20/couple, $10/all singles. Thanks for all your support – please stay well and safe.

Italian American Senior Social Club

By Joe Atanasio

Johnny Maestro was one of the finest lead vocalists in modern music. A pure-toned tenor who never failed to captivate and inspire. Born John Mastrangelo on May 7, 1939, Maestro was raised on Manhattan's Lower East Side and during the height of the vocal group era, few acts could lay claim to the degree of national success enjoyed by his vocal group, The Crests. In just four years, they placed 13 records on Billboard's pop chart, six inside the Top 20 including "16 Candles," "Step by Step" and "The Angels Listened In."

Brooklyn native J.T. Carter formed the original Crests in 1955 with first tenor Talmadge "Tommy" Gough, second tenor Harold Torres, and tenor Patricia Vandross (Sound Familiar). They were all residents of the Alfred E. Smith housing project in Chinatown on the Lower East Side and were students at P.S. 160 Junior High. They performed in their school auditorium, at neighborhood dances, and on street corners, emulating the sounds of the Harptones, The Cadillacs, and The Penguins.

In 1956, Mastrangelo, who lived nearby Mulberry Street, met the group at the Henry Street Settlement House. When he met them, they were looking for a lead singer. They had heard Johnny was singing with a couple of friends in the neighborhood so they approached him and asked if he would sing with them. The Crests were one of a small number of mixed race and gender groups, the group consisted of three African Americans, one Italian American and one Puerto Rican. Although the association was unusual, it was never an issue for them. "We were all very interested in the music and harmonies at the time," Maestro explained. "All of us were looking to form a group and it wasn't even a thought. We just worked well together, sang well together, and that was the main concern."

The quintet practiced regularly for over a year. On one occasion in the early months of 1957, the Crests boarded the Lexington IRT and began singing. They were noticed by freelance producer, musician and band leader Al Browne's wife who gave them her husband's business card. Browne, who had worked with The Heartbeats, landed the group a contract with the tiny Joyce label, that operated out of the back of a record shop at 1928 Fulton Street Brooklyn. The Crests' first release, "My Juanita/Sweetest One", was issued in the spring 1957. Both sides received heavy airplay in the New York area and "Sweetest One" climbed to No. 86 on Billboard's pop chart, a lofty accomplishment for a small firm like Joyce. Maestro's royalty check for the disc totaled $17.50. Soon, The Crests were introduced to Browne's friend, songwriter, arranger, and singer Billy Dawn Smith, who brought them to George Paxton, a music publisher who signed the group and formed Coed Records.

At this point, Vandross was forced to drop out. Coed wanted them to travel and promote the records and the group. Vandross was 16, and her mom wasn't too happy about her traveling with the group, so she pulled her out. Working with songwriters Luther Dixon and Billy Dawn Smith and arranger Bert Keyes, the Crests turned out polished, well-crafted music which Coed's distributors promoted nationally. Their initial offering, the up tempo "Pretty Little Angel," backed with "I Thank the Moon" did well locally in the summer of 1958. That November, "16 Candles," was released. It was a Bandstand favorite that climbed to No. 2 on the Hot 100 and No. 4 on the R&B charts during a 21-week chart run into early 1959. "That was unexpected to me and the group," Maestro confessed. "We were rooting for the other side, Beside You. That's the side that we wanted released but Alan Freed decided to play 16 Candles."

Maestro's powerful lead helped carry four more songs on to the pop chart in 1959 including the hit, "The Angels Listened In". They would appear numerous times on American Bandstand but touring in the still segregated South proved problematic for the mixed-race Crests. In some places they played, Johnny would have to stand on the other side of the stage. The audiences were also separated, which was something they never experienced in New York.

In late winter 1960, the string-backed "Step by Step" climbed to No. 14 on the pop charts. They returned to the top 20 during the summer with the upbeat "Trouble in Paradise." Their final two releases of 1960, "Journey of Love" and "Isn't It Amazing" both reached the lower third of the Hot 100, bringing The Crests an incredible nine consecutive national chart hits. Maestro and The Crests went their separate ways in 1961 with The Crests con-

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Italian American Club

(Continued from page 8)

tinuing with James Ancrum as lead vocalist.

In 1965 Maestro went with the Del Satins who did the backgrounds on Dion's solo hits "Runaround Sue," "The Wanderer," "Donna the Prima Donna", but never got any recognition for it. They wanted to enlarge the group and have a bigger sound. It was the beginning of the big sound era with Chicago and Blood, Sweat and Tears breaking through. They decided to look for a group to back them up and came up with the Rhythm Method who were seven pieces. They met with their manager and discussed merging the groups. He said not to do it because it would be too hard to sell the group because there would be 11 members. He said it would be easier to sell the Brooklyn Bridge than to sell this act, and that's where the name came from.

After signing with Buddha Records, The Brooklyn Bridge earned a gold record in 1969 for "The Worst That Could Happen" written by Jimmy Webb, Maestro recalled. "When we first signed with Buddha, they were promoting bubble gum music. I found "The Worst That Could Happen," we put our arrangement on it, went into the studio and they were floored." Several contemporary rock efforts, including "Welcome Me Love," "Blessed Is the Rain," and "Your Husband, My Wife" earned The Brooklyn Bridge chart success into the early 1970s. Johnny Maestro and the Brooklyn Bridge continued to tour the country steadily for the next 40 years, occasionally releasing new material.

Johnny Maestro eventually relocated to Cape Coral, Fla., where he spent the final seven years of his life. He never tired of singing and entertaining. Diagnosed with kidney cancer in 2009, Maestro made his final appearance at Connecticut's Mohegan Sun Arena in January 2010, nine weeks before his death, as part of Bowzer's Rock 'N' Roll Party. "He was frail and a little jaundiced, and he had torn the ligaments in his shoulder, so he had his arm in a sling underneath his jacket," bass player Jim Rosica later told a Newsday reporter. "We hadn't disclosed to anyone that he had cancer, but it didn't take a rocket scientist to figure out something was seriously wrong. But when Johnny went onstage, he just nailed it."

Series host and producer Jon "Bowzer" Bauman recalled that although they were scheduled to close with "The Worst That Could Happen", Maestro was compelled to perform one more song. "Johnny turned to me with a look in his eyes I will never forget. Johnny was always quiet, but his eyes said something deep, profound, and unmistakable. 'One more,' he said. 'I need to do one more," before returning to the stage for a powerful version of "You'll Never Walk Alone." It was his final song. We lost Johnny in March of 2010 and his many fans who miss him dearly wonder why this incredible vocalist was never inducted into the Rock and Roll Hall of Fame.

Until Next Time.

Ciao!

GW Friends

By Alan Hermelee

GW Friends started off the season with beautiful weather for our Spring Golf Outing that was enjoyed by all participants, and we are hoping for the same weather for our fall outing planned for September 11 (rain date September 18). Tee off time is 9:30AM and we will be playing a 9-hole scramble. A hot lunch buffet will be provided by B. Bistro.

On September 18, GW Friends Monthly Membership meeting will feature Alisa Dupuy, owner of *The Ladies of History Historical Productions*. Alisa Dupuy will depict Elizabeth Van Liew, an unlikely Union spy, in "Women of the Civil War" where she dresses up in historic costumes to highlight the contribution of women to history. As usual, the business meeting will commence at 7:15PM followed by the entertainment.

GW Friends members enjoyed listening to Anthony Florio at our August Membership meeting talk about his "Life as the Luckiest Kid in NY as a NY Yankees Batboy" during the 1962, 1963, and 1964 baseball seasons. Many attendees were wearing their baseball hats, jerseys, and tee shirts as they listened to Anthony Florio talk about Yankee greats of that era.

GW Friends bus trip to Hunterdon Hills Playhouse on August 9 to see the hilarious comedy "Remember Me" starring Joyce DeWitt of the television series "Three's Company" was enjoyed by everyone. Before the show we were served a delicious lunch.

To those of you who have paid your dues for the 2023 calendar year, we thank you. If you have not paid, please drop off your dues ($10 singles / $15 couples) in the GW Friends Towne Centre mailbox (Box 22).

Besides our Monthly Membership meetings offering a mix of interesting speakers and fabulous entertainment, GW Friends has a monthly pool and pizza gathering, a fun-filled monthly breakfast at Christos Kitchen, a Socrates Cafe discussion group, a finance group, a history club, and a book club. Members of the book club always have interesting discussions led by a different facilitator each month who selects the book for that month. The books cover a variety of subjects, both fiction and nonfiction on a variety of topics. Below find details of our group activities planned for the month of September.

Tuesday, September 5 – GW Friends BREAKFAST -- 9:00 AM at Christos Kitchen in the Concordia Shopping Center at a cost of $13.00. There will be a special GWF menu, important announcements about future events, and a 50/50 drawing. Please bring exact change. Reservations are necessary. Call Howie Katz at 609-409-8606 to make a reservation.

Tuesday, September 5 and 19 – CURRENT EVENTS 2:00 PM in Towne Centre Board Room. Alan Hermelee will facilitate discussions on a range of topics that include current affairs, political issues, technology, community concerns, etc. Call Alan at 609.664.2271 for information.

Monday, September 11 – HISTORY Group -- 4:00 PM in the Towne Centre Poker Room. Pierre Rein will facilitate a discussion on "9/11 Overview and Discussion". Pierre will also ask the audience to participate by telling their own stories on that day. Call Pierre at 908.420.4181 for information.

Tuesday, September 12 – FINANCE & INVESTING Group – 4:00 PM in the Towne Centre Front Multi-Purpose Room. Jerry Gittler and Len Gold will facilitate the discussion about today's markets. Call Jerry at 609-642-8929 or Len at 609-915-8120 for information.

Wednesday September 13 – POOL & PIZZA -- Ciro's for pizza at 12:30 PM and then head downstairs to the pool room at the Towne Centre. Reservations are necessary. Call Kenny Kaiser on 732-580-1791 to make a reservation.

Monday, September 18 – SOCRATES CAFÉ -- 4:00

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- You can protect your loved one with substance abuse issues.
- You can avoid the common missteps by families raising children with challenges, disabilities, or special needs.

Now is the right time for you to get your affairs in order with an up-to-date Estate Plan!

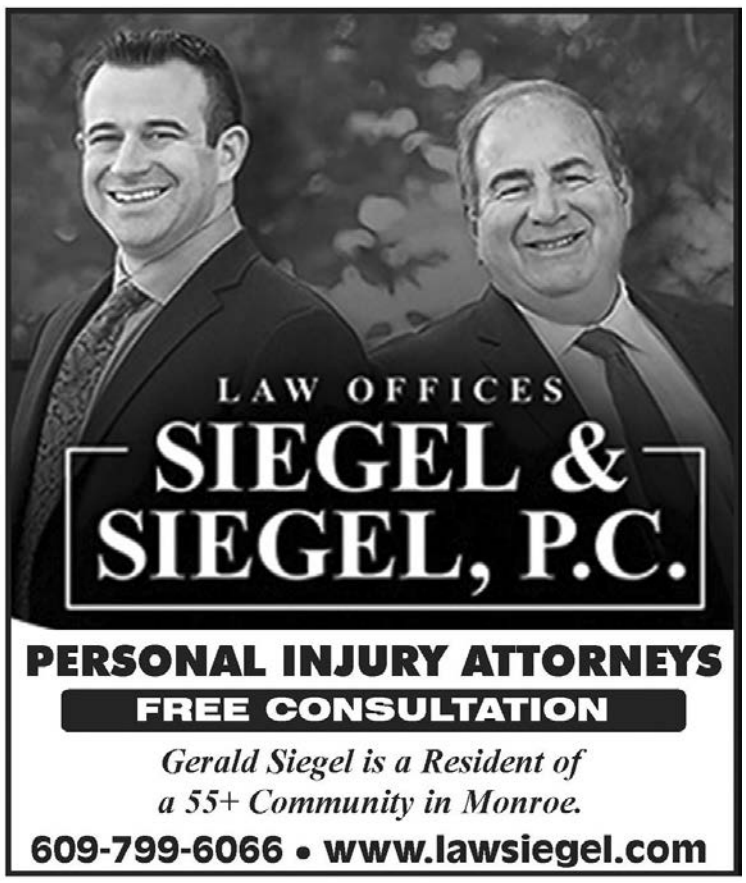
Monroe
Courtyard Marriott
Cranbury South Brunswick
420 Forsgate Drive
Tuesday, September 12th
10:00am | 2:00pm | 7:00pm

Freehold
Radisson
50 Gibson Place
Wednesday, September 13th
10:00am | 2:00pm | 7:00pm

Holmdel
Bell Works
101 Crawfords Corner Road
Thursday, September 14th
10:00am | 2:00pm | 7:00pm

You may register by calling our office at (732) 238-6000 or online at www.levinefurman.com/seminars.

Most attendees choose to make an appointment at the end of the presentation, so please bring your calendar with you.







GW Friends

(Continued from page 9)

PM in the Towne Centre Poker Room. Dr. Allan Cooper will facilitate an interesting discussion on topics relating to life issues. Call Allan at 609 409-3860 for further information.

September – BOOK Club -- The Book Club will not meet in September. Call Marvin Bachman at 609-409-5464 for further information.

Yiddish Club

By Mameleh and Boychik Weinstein.

Rosh Hashanah for Hebrew Year 5784 begins at sundown on Friday, September 15th and ends at nightfall on Sunday, September 17th. We wish all of our members who observe Rosh Hashanah a Happy and Healthy New Year.

JOIN US FOR OUR BREAKFAST MEETING, SUNDAY, SEPTEMBER 3rd at 10 am in the Towne Centre Ballroom. Come enjoy the BRIAN ST. JOHN BAND who will perform its rendition of Hava Nagila. Come prepared to dance, clap your hands, and participate in stimulating rock music featuring prominent Jewish composers and music from Grateful Dead, Eagles, Rolling Stones, and Led Zeppelin. Registration is $10 per member. A registration form will be emailed to all members. Not a member? Fill out our membership form in the Towne Centre rounder along with a $10 check made out to the Yiddish Club. Place your membership check and $10 for the September 3rd breakfast in Lock Box #6 no later than August 28th. Questions, please call Robin Zimmerman at 516-528-2730. Our MONTHLY MOVIE will resume in November. Watch for the next upcoming movie in the October Voice. Movie information will also be sent by email to our members.

A BISSELL OF YIDDISH… Halevai…Pronounced hah-liv-eye, to rhyme with "dollify." An Aramaic word, found quite frequently in the Talmud. "Would that," "Oh, that…meaning "I hope," "I wish," "I hope so," "I wish I had," "If only I had," etc. WANT TO HEAR WHAT YIDDISH SOUNDS LIKE? Elsie Landau Yiddish Vinkle - We have a small group of members who are interested in expanding their understanding of and/or ability to speak Yiddish at the group called Yiddish Vinkle. Please join us on Wednesday, September 20th at 10 am in the Poker Room in the Towne Centre. Harriet Weitzner welcomes all of you to join in.

BOOKS AND DVD'S are available for lending at the Sunday breakfasts. Sylvia Kolber Yiddish Multi-Media Center. PLEASE CHECK OUT OUR FLYERS IN THE TOWN CENTRE ROUNDER.

GW Connections: The Long, Hot Summer

By Michele Sandler

Are you looking for interesting people? Are you looking for stimulating activities? Are you looking for friendly conversation? Are you looking for an opportunity to do good? GW Connections is the place for you! Air conditioning included!

At our general meeting Monday, August 7th, author Shirley Russak Wachtel introduced her new book, "A Castle in Brooklyn." It's an engaging story of immigration that begins with a friendship in 1944 Poland and continues telling the story about love, family and struggles in the U.S.

Wednesday, August 16, GW Connections had a fabulous luncheon at the Knob Hill Country Club. Everyone was entertained by Alisa Dupuy and enjoyed her interpretation of the Roaring Twenties and the era of "The Great Gatsby.". She was amazing! (https://www.theladiesofhistory.com)

"Provocative Thinking" meets the third Monday of the month. A new topic is explored each time. The last one was, "Can we separate art from the artist?" It was a dive into considering the unsavory behavior of artists or performers whether or not we should appreciate their creations. Many interesting viewpoints were discussed.

Dinner and a movie are also an option for members. It's on the third Friday evening with BYOD (Bring Your Own Dinner) happening before the movie.

There are also book clubs exploring books like "Horse," a novel involving art and science with a story of relationships and our reckoning with racism. Other titles have been "Wish You Were Here," "The Other Einstein" and many more.

The "It's Debatable" group explores topics dealing with current events. The "Short Stories" group meets in our clubhouse the third Thursday of the month at 2:30. More than one short story is explored at each session.

The "Movie Review" meets the third Thursday of the month at 10:00 AM. The movies for August were "Pride and Prejudice" and "All That Jazz," both available on Netflix, as well as "Oppenheimer" currently in theaters. "The Classics", "Poetry Reading" and so many other groups of varying interests all meet right in our GW Clubhouse. Please review the list below.

GW Connections members are also doing good work for others. So far this summer we have been able to send 8 underserved children from Homefront to Camp Mercer. With membership dues and fundraising we hope to send more next year.

Membership is May through May. Fees are $15 (single) and $20 (family) with much of that devoted to our charities: Homefront, Women Aware (https://womenaware.net/) and the Monroe Township Food Pantry. Make your check payable to GW Connections and place in box #5 (Attn: Sandy Duncan) in the Clubhouse lobby with your contact information. Only luncheons have additional fees. The fabulous meetings with stimulating presentations and performances are included with your dues. Ongoing activities are:

BOOK GROUP (2 groups): 3rd Monday and 3rd Tuesday of every month at 1:00 pm

IT'S DEBATABLE GROUP: 1st Monday of every month at 10:00 am

THE CLASSICS GROUP: 2nd Monday of every month at 2:00 pm

POETRY READING: 1st Monday of every month at 1:30 pm

FRIDAY NIGHT MOVIE: 3rd Friday of every month

MOVIE REVIEW: 3rd Thursday of every month at 10:00 AM

PROVOCATIVE THINKING: 3rd Monday of every month at 10:00 AM

SHORT STORY GROUP: once a month on Thursday at 1:00 PM

Kindly call Carol Cooper at 609-409-3860 with your inquiries.

FOR EVERYONE'S SAFETY, NO SPEEDING IN THE COMMUNITY



ORT

By Joan Hermelee

We hope you are all enjoying the summer months. September is a new year for Jewish people, and we wish everyone a good year. We look forward to the following events:



- Wednesday, September 27 – Jessica Solomon of the Jewish Heritage Museum will speak about the roles of Jewish Women in politics.



- Wednesday, October 25 – Meteorologist Scott Sincoff will be discussing weather issues, while we celebrate the fall season at the Monroe Township Senior Center.
- Wednesday, December 20 – Lots of Fun Holiday Party

For next year, look for:

Wednesday, March 27, 2024 – Karim Shomsi-Basha, from the Star Ledger will talk about seeing New Jersey from an outsider's perspective.

April 15, Women's Seder, co-sponsored with Hadassah, at Bnai Tikvah Temple.

We all hope that you will support the efforts of national by contributing to the cause and participating in fund raising events. ORT is a global education network driven by Jewish values and innovation, preparing people and communities for meaningful self-sufficient futures.

Please be sure to pay your dues if you have not already done so. The annual dues of $36 allows each person to participate in events and learn about all the plans underway. Our committees are hard at work finding new events, programs, and lunches. Make your check out to ORT and place in box # 18 in the Towne Centre Library.

*** All special information for ORT programs will be sent via email. If we do not have your email, please notify Gail Klein at 609 642-6111.

As a member of ORT, you will be entitled to attend all events and know that you are contributing to education around the world. We need new people to assist on our committees. Please consider offering input or assistance with program meetings, educational functions, creating flyers, day trips, hospitality, phone squad, artistic skills, game/card parties, fundraising, and/or carpooling. We welcome all new ideas and people. If interested, please contact Carole: 609 409-3819, or Joni: 609 664-2794.

ORT sponsored greeting cards and tributes are sold by Helen Kuhl – 609 409-1788.

If you do not reach Helen by phone, please keep trying.



At the Republic Waste Management picnic last month

September

By Joan Freeman

September is the beginning of fall in the northern hemisphere. Almost all schools begin the new term after Labor Day which is celebrated on the first Monday of the month. It is dedicated to the workers who deserve a break once a year.

Following, I will list some interesting facts about September.

September is the ninth month of the year although the "sept" in the word is seven.

Astrology signs are Virgo, August 23-September 22 and Libra, September 23-October 22.

It has 30 days in it. The Autumn equinox occurs on September 22 or 23 when the days and nights are of equal length.

Its birthstone is a sapphire.

Its flower is the aster.

September celebrations include National Wildlife Day, 9/4, National Cheese pizza Day, 9/5, National Grandparents Day, 9//10, and National Coffee Day, 9/29.

The first newspaper was printed in the USA on 9/25.

September full moon is known as the harvest moon.

King Henry V, Queen Elizabeth 1, of England and Ireland, and Agatha Christie were born in September.

In 1620 the ship Mayflower sailed from Plymouth bringing the pilgrims to America.

On September 3, 1939, England and France declared war against Germany, thus beginning the first world war.

On September 8th, 1944, the first V2 flying bombs kill 3 people in London.

In 1962 the Beatles had their first recording session.

On September 11, 2001, The World Trade Center collapsed when attacked by Islamic terrorists connected to Al Qaeda.

The U.S. open tennis match will begin at the end of August and continue for two weeks in September.

I wonder what September 2023 will bring us!

Why Not JRB???

By Mark Surks

Remember when Presidents were referred to by their initials? What happened? I think Franklin Delano Roosevelt was the first, although his cousin Teddy may have been referred to as TR while he stood before the bully pulpit.

I think back in the day newspapers seemed to choose how we refer to Presidents and FDR was their choice. Takes up a lot less space and uses a lot less ink than spelling out Franklin Delano Roosevelt. This decision has made it easier too for all the things named for him, like schools, buildings and one of my least favorite roads, the FDR Drive.

After FDR, newspapers stayed with that tradition to some extent referring to Truman as HST in newspaper headlines. I think everyone knows, although it bears repeating here, that Truman had no middle name. His parents just stuck the S in there to honor some family member. Truman didn't even use a period after the S. Just Harry S Truman.

Now when Eisenhower became President, DDE was used in headlines but Ike, the name he was more familiarly called by his friends, was overwhelmingly preferred. I like the cool slickness of a guy named Eisenhower going by Ike. His campaign famously used that in the "I like Ike" rhyming slogan. Having "Ike" to work with, was a dream come true for political ad writers. While Ike

(Continued on page 12)

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Message from Mayor Stephen Dalina

Our community prides itself on being one of the safest municipalities in New Jersey with one of the lowest crime rates.

Monroe is fortunate to have a professional, well-trained police force that is a visible presence within all neighborhoods and our senior communities. Our officers respond promptly to emergencies and truly embrace community-oriented policing. They conduct regular community safety information sessions throughout the Township.

Our residents are the other key component of our success as they always keep an eye out for themselves and their neighbors.

In ensuring Monroe remains as safe as possible, we continually invest in additional officers and new technologies.

This summer, 26 patrol cruisers were installed with in-car camera systems and automated license plate readers. This high-speed, computer-controlled technology automatically captures license plate numbers and reviews them in real-time with state and regional law enforcement databases.

Moreover, the police department has purchased 10 stationary cameras, which will be placed at different locations around the township to read license plates and inform the police of stolen cars, active warrants, and missing persons as they enter town or circulate within.

The importance of this technology for Monroe residents:

- According to the International Association of Chiefs of Police, upwards of 70% of crime involves using a vehicle.
- In many cases, a license plate number is the best piece of evidence law enforcement can use to make an arrest.
- Stolen vehicles are often used to commit additional crimes. Alerting Monroe police when a stolen vehicle or known suspect enters a community can prevent crime before it happens.

As part of this latest upgrade to protect the public, our police department also has 72 body-worn cameras and associated equipment, as well as 72 non-lethal tasers with associated training tools and equipment.

It comforts me to know that this state-of-the-art public safety equipment is being implemented in the best interest of the residents of Monroe. This is an important safety investment in our ongoing efforts to improve our equipment and technology, enhance crime prevention efforts and provide a stronger link with County and State law enforcement.

Our police department comprises 67 sworn officers. The department consists of a detective bureau, a juvenile/youth services bureau, a domestic unit, a traffic safety bureau and has an officer assigned to senior citizen crime prevention.

We will remain at the forefront of technology and invest in the best equipment for our police force to be successful in their efforts to maintain a safe community.

Thanks for being an important part of our public safety team and continue to report any suspicious activity to the police department immediately.



JRB

(Continued from page 11)

was more popular, DDE was used as well.

Then of course perhaps the most famous monogram in the history of the world came along, JFK. I think being identified like that even predated his political career. What a great set of initials with the first and last letters rhyming with each other. Just the sound of it brings to mind the look and taste and feel of that dynamic era cut so tragically short.

Right now, closets, attics and basements are filled with millions, maybe billions of pieces of luggage that have tags printed with JFK hanging on them. What a monogram for the ages.

The urge to refer to his brother Bobby as RFK had to stem from the comfort we all had with the JFK nomenclature. It just seemed natural after JFK to use RFK. Somehow Teddy didn't win any initials lottery. Who ever heard of EMK?

Lyndon Baines Johnson was using the LBJ designation for many years before becoming President. The ranch he took ownership of in 1951 was named the LBJ ranch. Once he became politically known, the LBJ identity began marching towards immortality.

All of a sudden it was over. Nixon became President but RMN was not widely used. Maybe because the name Nixon was already a short, two syllable identifier. With that the era of referring to Presidents by their initials ground to a halt.

There would be no GRF, JEC, RWR, GHWB, WJC. No, the age of presidential monograms had ended its run. Of course, Bush's people came up with using his middle initial W, to distinguish him from his father. That idea was a nod to the practice established when John Adams and his namesake son were both Presidents.

We have seen the uses of presidential initials fall into disfavor. Too bad. It was a snappy and comforting way to refer to a president as Ike or LBJ. It was almost like we knew them personally.



Poetry – Not by Mark Surks

By Mark Surks

This may be the easiest article I have ever written for The Voice. Normally, I spend a lot of time thinking about what I will write. After I get it all down I "wordsmith" it to try to make it sound like I am a better writer than I really am. I proof and polish and finally let the spell checker do what I am totally unable to do. As far as the grammar goes, that's always a crap shoot. Who knows? After all everyone knows Brooklyn grammar is a bit different from regular grammar.

Luckily, The Voice has a crack staff of editors who *double* read everything that makes it to print and that is after our amazing Editor in Chief Hermelee gives it a hard look. That is why the Voice is so well presented by the time it hits your inbox.

Unlike the others, writing this article was easy as it consisted of poetry, not prose. Not just any poetry though. I never, ever wrote poetry before in my life. I kind of like poetry but I would feel silly trying to write something. Iambics and meters are something I never understood. If I wrote a poem it would probably just be a risqué limerick. "There once was a man from Monroe …." You get the idea. I have a better chance of writing a symphony than a poem.

Why then have I submitted two poems to The Voice? Well, I didn't write them. I just copied and pasted them; however, I didn't plagiarize them. I copied them from open source AI ChatGPT. Totally legal per the "open source" part.

I went to Chat GPT (https://chat.openai.com/), which is artificial intelligence, and asked it to write a poem about Senior Citizens and ***it*** produced one which I have published here verbatim. It then asked me if I thought I would like another try and it produced the second one. Then it asked me which one I liked better.

I am not sure how many iterations it would have allowed before telling me to go take a nap, but you can see why the world is a little scared of this. While I don't know how these poems would be received in the literary world, they seem to have the right characteristics of a poem produced the way they have for millennia. If my English teacher asked me to write a poem and I submitted this, I think I would get a good grade. This is why teachers and professors are so concerned about AI. So while we are not yet at the point where an AI supercomputer like HAL of "2001 a Space Odyssey" can control our lives, only 20 years after HAL's time setting, AI is hurtling there at an accelerated pace.

Open note to The Voice editing staff. Feel free to edit my article but don't you dare touch the "not my poems". It has already been edited by a mind much greater than our own.

Follow-up on Low Vision

By Alice Zusi

This is a follow up on the information I have recently shared regarding my husband and his low vision problems due to macular degeneration. We have agreed that while there are some things he can no longer do, there are many things he can do and new things he can still learn. One of the things he now enjoys is listening to audio books from the library. While our library has been a wonderful starting point, I decided to look for more options with larger resources. I called the New Jersey State Library Talking Book & Braille Center and received information very quickly. I spoke to a young lady who sent me an application to fill out and have his eye doctor sign and return. Once he was approved it took a matter of a couple of days for him to have a large selection of books, magazines, and music to listen to. I was able to follow their easy instructions and add an app to his iPhone immediately. Please contact me if you have any questions at 973-886-9605.

New Jersey State Library Talking Book & Braille Center
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(609) 406 7179 (Local)
(609) 406 7181 (Fax)
(800) 792 8322 (Toll-Free)
(877) 882 5593 (TDD/TTY)
tbbc@njstatelib.org

League of Women Voters Candidate Info, Voter Registration Deadline

By Linda Bozowski

Mark your calendars for the upcoming Candidates' Forum at the Senior Center scheduled for Thursday, September 14 at 7:00 pm. Community members seeking seats on the Township Council as well as two mayoral contenders will have the opportunity to briefly present their points of view and to answer questions about important issues affecting Monroe Township. The candidates will be asked questions prepared by the League of Women Voters as well as those from audience members.

Mayoral candidates are incumbent Stephen Daline, Democrat, and Charles DiPierro, Republican. Council candidates are incumbents Miriam Cohen, Terry VanDzura, and Michael Markel, all Democrats, and Republican contenders Joellen Arrabito, Adam Durando, and Anjan Karnati.

The questions and candidates' comments will be available on the VOTE411.org site in mid-September.

Residents who have not yet updated their registration information may do so by the deadline of Tuesday, October 17 at a local registration event in person, online, or by mail, which must be postmarked by the October 17 deadline. In-person events are scheduled for September 5 at the Library, 11 am to 3 pm, and at the Green Fair on September 23 between 10 am and 4 pm.

Election Day is Tuesday, November 7, 2023. As a reminder, the Board of Education election and budget vote has been moved to April 2024.

Every vote is important, as are informed voters. Meet the candidates and hear their points of view. League presentations are open to the public, membership is not required. Please join us for this discussion.

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Poetry Corner



Stories as Yet Untold

Not by Mark Surks

In the autumn of life, they gracefully stride,
A tapestry of wisdom, experience as their guide.
Senior citizens, with hearts full of gold,
Their stories and laughter, a treasure to behold.
Through the winds of time, they've weathered and grown,
In the gardens of memory, seeds of love sown.
With each passing year, like oaks they stand tall,
As pillars of strength, they inspire one and all.
Lines etched on their faces, maps of a life well-lived,
Each wrinkle, a testament of the joy they've received.
Their eyes sparkle bright, like stars in the night,
Reflecting the wisdom and the joys of their flight
They dance to a melody only they can hear,
With grace in their steps, they conquer every fear.
Their laughter like music, a symphony of glee,
Bringing warmth to the hearts of those they set free.
In tales spun with charm, and moments of grace,
They share with us lessons, like a warm embrace.
Their journeys, a canvas painted in hues,
Of laughter, of love, and of dreams pursued.
With wisdom as their beacon, they guide the way,
Through life's ebb and flow, like a lighthouse's ray.
They teach us that age is but a mere count,
For the spirit within knows no age's amount.
So let's celebrate their lives, their joys, their tears,
And cherish the wisdom gained through the years.
For senior citizens are treasures to behold,
A testament to love, and stories yet untold.

Rebecca Bergknoff, CPA

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Still Burning Bright

Not by Mark Surks

In twilight's embrace, they gently stand,
Senior citizens, a seasoned band,
With wisdom etched in every line,
They've lived a life, both yours and mine.
Through countless tales, their eyes convey,
A treasure trove of yesterday,
A lifetime's worth of joy and tears,
A wealth of knowledge spanning years.
Each wrinkle tells a tale profound,
Of love, of loss, on life's playground,
With weathered hands and hearts so kind,
They've faced the storms and found the light.
In laughter lines and memories sweet,
Their vibrant spirits, never deplete,
With tender care and grace they impart,
Lessons learned from a life's fine art.
They've seen the world in black and white,
And watched it bloom in colors bright,
Through wars and peace, they've carried on,
Their resilience, a heartfelt song.
They dance with grace, though time may wane,
Their youthful spirits shall remain,
For age is but a number, true,
In spirits old, eternal youth.
They hold the wisdom of the earth,
In their souls, a timeless rebirth,
Their legacy, a cherished heirloom,
Guiding us through each gloom and bloom.
So let us cherish and adore,
Our seniors wise, forevermore,
For in their eyes, we see the light,
Of a life well-lived, burning bright.

Grateful

By Charlotte Rubin

So grateful for all the little things
The simple ones that mean so much
A restful night's sleep
A grandchild's laugh and touch
So thankful I can still drive
And shop, and clean and cook
Work through my to-do list
And have time to read a book
Thankful I have been gifted
A brain that doesn't quit
Lucky to be in good health
And always striving to stay fit
Grateful to walk unassisted
No walkers and no canes
Lucky to negotiate stairs
Without any physical strain
I'm truly blessed every day
Material things no longer dear
What I am thankful for now
Is being alive in my 90th year

Rainy Days

By Charlotte Rubin

Sometimes I love a rainy day
Listening to the pitter patter
Nice and cozy in my dry little nest
While the outside world doesn't matter
So relaxed, not a thought in my head
Even time for a well-deserved nap
Cuddling up with a best-seller book
Favorite blanket covering my lap
Feeling a little guilty 'cause
I know I'm avoiding my chores
I really should be dusting
And vacuuming the floors
But tomorrow is another day
And I really need this break
So, in the end, this opportunity
I absolutely refuse to forsake

You Set the Rules

By Bill Friedman

If enough is enough, always take your stand,
before things actually get out of hand.
Back to the wall, things not going as planned,
prepare to draw a line in the sand.
Be ready to sidestep the heebee jeebees,
when facing a barrage of dangerous bee bees.
Never say never if willing to endeavor,
Anything is possible by just acting clever.
Before push comes to shove demonstrate love,
and be guided by the lord above.
You may only dream of being your own judge and jury,
a twist of fate may lead to faded glory.
Refuse to be daunted by theories flaunted,
never allowing yourself to fear being haunted.
Having luckily dodged the thrust of a viper,
next time you may pay the piper.
Just being able to act aloof,
isn't nearly enough to avoid a spoof.
Giving in to greed, and being enticed,
will so often lead to a failed heist.
If you use the right tone when picking a bone,
avoiding the need to cast the first stone.

They Got Things Write

By Bill Friedman

Since Greta Moretta received a threatening letter,
She never leaves home without her beretta.
Constantly aware, living in fear,
always ready to cover her rear.
Contacted the police, hoping they'd render,
some sort of plan to ID the sender.
Studying in the library, she couldn't ignore,
a person writing in script she'd seen before.
She snapped his photo, being discreet,
then made her way right to the street.
Entering a cab without hesitation,
made her way to the nearest police station.
Using the photo she provided and appreciating her guile,
The chief authorized a search for serial harassers on file.
Working hours refusing to quit,
they eventually made a definite hit.
By the next day the subject was in jail,
charged with parole violation and offered no bail.
He won't be harassing for a while it appears,
cause he'll be behind bars for another 5 years.

Dented Cans

By Irwin Dunsky

Spending an evening with
A group of poets
Is uplifting
And inspiring
Even though most of us
Are screwed up
We know and admit it
And so, we are screwed up
In a healthy way.
For those who take offense
And believe you are insightful.
And not screwed up,
Wait long enough and
If you identify with
Something we read

(Continued on page 15)

TOWNE CENTRE NEWS

By Monica Caterson, Clubhouse Recreation Manager

Stay up to date with all current events, shows, trips, etc. by visiting our website: https://www.gwmonroe.com/recreation

WHOA's Atlantic City Trips

Wednesday, September 6, 2023
Tropicana ~ $25 Per Person
$20 Slot Play

Wednesday, October 18, 2023
Resorts ~ $25 Per Person
$15 Slot Play

WHOA's Arts & Crafts Fair

24th Annual Arts & Crafts Fair
Sunday, September 10, 2023
12:00 p.m. – 3:00 p.m.
in The Towne Centre Ballroom
~ Pick up your application at The Concierge Desk! ~

WHOA's NYC Bus Trip

Wednesday, September 27, 2023
NYC Bus Trip to The Theatre District
$30 Per Person
*This bus will resume in May of 2024.

WHOA's Ballroom Shows

Friday, September 29 at 7:00 p.m.
The Beat Tells
*On Sale Thursday, August 3rd

WHOA's Movie in The Ballroom

There will not be any movies in September due to Holidays and lack of ballroom availability.
For future movies, if you have any movie suggestions, please e-mail them to us at recreation@gwmonroe.net

Zumba

(Instruction by Video)
in the AC/Dance Room
Mondays at 12:30 p.m.
Tuesdays at 6:30 p.m.
Wednesdays at 12:30 p.m.
Thursdays at 4:30 p.m.
Saturdays at 10:00 a.m.

Tips To Help You Stay Active and Become A Healthier You

There is no better time than the present to think about what you can do to improve your health. Wherever you are on your journey to active and healthy living, there are things you can do to help you get or stay on track.

Try these tips to help manage your weight and stay active.

• Try to be active every day. Make physical activity a part of your daily routine rather than something you do occasionally. Invite a friend or family member to make it more fun and to help you stick with your goals.

• Think small. Small changes can add up to big results if you stay consistent. You don't have to run a marathon or go on a strict eating plan to lose weight. Taking just a 10-minute walk every day or replacing your bowl of ice cream with a piece of fruit are great choices that can improve your health over time.

• Look for creative ways to be healthier. There are many ways to form healthy habits. Walk around a local park, take the stairs instead of the elevator, or try a hobby that keeps you moving. Look for snacks low in added sugar and salt, like frozen or fresh fruit, hummus, and crunchy veggies.

• Reduce your "screen time." We may not realize how much time we spend sitting still watching television, playing online games, or being on social media. Try turning off devices and take a walk, try a new sport with your loved ones, or create a playlist of favorite songs and have a dance contest.

• Be mindful of your eating habits. Keeping a food and beverage diary will make you more aware of what you eat and drink, which can help you make healthier choices. Many apps and online tools are available to help you track your meals.

Health is a lifelong pursuit and is more achievable when you turn healthy behaviors into habits. To do that, remember to:

• Be patient. Most people at some point in their lives try to become more active or lose weight. It's not easy, but it is doable! If you stick to your plan, you can reach your goals.

• Be prepared for setbacks. It's normal to have slip-ups on your health journey. Don't feel bad or punish yourself. Instead, remember that creating new habits takes time.

• Celebrate successes. Losing weight and becoming more physically active are big achievements. Be proud of yourself for wanting to become healthier and for doing what you can each day to make that happen.

If you are not sure where to start, visit the NIDDK's Body Weight Planner tool at www.niddk.nih.gov/bwp to set some calorie and activity goals. Also talk with your health care professional about goals based on your unique health and lifestyle.

To learn more about healthy living, visit the NIDDK website at www.niddk.nih.gov.

Sing with the Monroe Township Chorus

Calling all sopranos, altos, tenors, and bass to come and join the fun and camaraderie of a wonderful group of men and women and share the gift of song. We sing four-part harmony and rehearse on Tuesday mornings from 9:00 a.m. to 11 a.m. at the Monroe Township Senior Center, 12 Halsey Reed Road, Monroe

Senior Center Membership Is Required. For more information contact Sheila Werfel, Director at 609-619-3229

We don't sing because we're happy, we're happy because we sing.

Poetry

(Continued from page 14)

Or something we write
Then you know
You are a dented can.
Calm down.
If you
Have made it to this
Point in your life
You are living among the dented cans.
Poets are just comfortable
Admitting it.
A poet sees what others do not,
Through creativity
They find the words to express it
And make sense of it all.
I am drawn to my brothers and sisters,
Beautiful visionary dented cans.
Thank you for adding
Intellect, excitement, humor.
Incite identification,
And the feeling of belonging
To my life.



PICK UP PRINTED COPIES OF THE VOICE IN THE UPPER PARKING LOT UNDER THE BUS SHELTER.
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The GW VOICE Editorial Staff welcomes any resident interested in joining us in any capacity.

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Real Estate

ANOTHER SUCCESSFUL CLOSING: 27 Winthrop Rd. sold in less than one week, marketed by Linda November R/A, RE/MAX Preferred Professionals. 609-462-1671 Lindanovember@remax.net. Call Linda for more information and/or real estate assistance. No matter what the month, always think November.

Miscellaneous/ Services

TECH BUDDY – Simple step-by-step help with smartphones, computers and tablets. Large print solutions for low tech problems. Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Amazon Alexa setup and training. Have Alexa remind you of your appointments, read audiobooks, more. $5 off setup. Free quote. (732) 589-4974. techbuddybarb@aol.com

COMPUTERS CUSTOM BUILT & REPAIRED - RJF Sales Company LLC.* Time to clean your computer and get educated on protecting yourself from scams. Desktop and laptop repair in your home. Virus removal and protection. Evenings and weekends also available. Monroe resident with over 20 years of computer experience. (732) 723-9537 or (732) 967-3400. Please leave message; most calls returned same day.

Help & Health Services

AT ANGEL TOUCH HOME CARE we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

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ANNA'S HOME CARE – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 917-4208 or (908) 337-7462.

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ARNIE'S DRIVING SERVICE. Anywhere. Anytime. Airport and NYC specialist. 609-751-1612.

AAA TRANSPORTATION— Monroe area. (Encore resident.) Transportation to airports, trains, piers, NYC, and I will drive your car to and from Florida. Reasonable rates. Call Howard (732) 979-3085.

BOB'S RIDES FOR CASH. All airports and N.Y.C. Locals. Concordia resident. Call Bob at (609) 819-1240.

LIMO GUY — Our 20th year. We go almost anywhere. Upgraded SUVs. $100 to Newark Airport. $205 Philadelphia. $205 JFK. We go almost anywhere. 24/7. Call (732) 803-2521.

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☐ The Rossmoor News
☐ **Check here for all seven**

All ads must be mailed with payment.
No classifieds accepted by phone or email.

- Note: Phone numbers count as one word. Do not count punctuation. Do not abbreviate.
- State category/heading, ie., "For Rent", "For Sale", "Help Wanted." No charge for the heading.
- One check or money order must accompany insert, *PAYABLE TO* PRINCETON EDITORIAL SERVICES

SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9 am Ping Pong 9 am Pickleball 10 am Beginners Plus Line Dancing with Joan & Sona 10:30 am Brian's Yoga 12:30 pm Scrabble 6:15 pm Italian American Club	**2** 10 am Chair Yoga with Karen 10 am Zumba (Instruction by Video) 
3 10:15 am Yiddish Club	**4** Labor Day ~ Music by the pool: 12 p.m. – 4 p.m. 	**5** 9 am Pickleball 10 am Greenbriar Site Review Comm. Mtg. 10 am Line Dancing Teaching with Ann 10:30 am Line Dancing with Ann 1 pm Cards 2 pm Current Events Discussion 4 pm Tap Dancing 5:30 pm Water Volleyball 6:30 pm Billiards 6:30 pm Zumba (Instruction by Video) 7 pm Gin Rummy	**6** 9 am Ping Pong 9 am Pickleball 9 am Aqua-Fit with Lisa 10 am Ceramics 10:30 am Team Motion 12:30 pm Zumba (Instruction by Video) 4 pm Resident Civic Club Board Mtg. 7 pm New Kids on The Block	**7** 9 am 3D Art 9 am Pickleball 10 am Chorus 10 am Entertainment Mtg. 11 am Senior Social Board 11 am Aquacise 1 pm Cards 2 pm PAC Rehearsal 4:30 pm Zumba (Instruction by Video) 6 pm Stained Glass Group 6:30 pm Billiards 	**8** 9 am Ping Pong 9 am Pickleball 10 am Beginners Plus Line Dancing with Joan & Sona 10:30 am Brian's Yoga 12:30 pm Scrabble 7 pm BINGO 7 pm Canasta Tournament 	**9** 10 am Chair Yoga with Karen 10 am Zumba (Instruction by Video)
10 12 pm 24th Annual Arts & Crafts Fair 	**11** 9 am Ping Pong 9 am Pickleball 9:30 am Hadassah Board Mtg. 10 am ORT Board Mtg. 10 am PAC Rehearsal 10 am Team Weights 11 am Aquacise 11 am Pickleball for Beginners 12:30 pm Zumba (Instruction by Video) 1 pm Gin Rummy 4 pm Tappers 7 pm Teri's Line Dancing 	**12** 9 am Pickleball 10 am Brain Fitness 10 am Line Dancing Teaching with Ann 10:30 am Line Dancing with Ann 1 pm Cards 4 pm Tap Dancing 4 pm Finance Comm. 5:30 pm Water Volleyball 6:30 pm Billiards 6:30 pm Zumba (Instruction by Video) 7 pm Gin Rummy 	**13** 9 am Ping Pong 9 a.m. Pickleball 9 am Aqua-Fit with Lisa 10 am Ceramics 10:30 am Team Motion 12:30 pm Zumba (Instruction by Video) 4:30 pm Indo-American Ladies 7:30 pm Resident Civic Club	**14** 9 am 3D Art 9 am Pickleball 10 am Chorus 11 am Senior Social Board Mtg. 11 am Towne Centre Comm. Mtg. 11 am Aquacise 1 pm Cards 2 pm PAC Rehearsal 4:30 pm Zumba (Instruction by Video) 6 pm Stained Glass Group 6:30 pm Billiards 	**15** 9 am Ping Pong 9 am Pickleball 10 am Building and Grounds/Site Review Comm. 10 am Beginners Plus Line Dancing with Joan & Sona 10:30 am Brian's Yoga 12:30 pm Scrabble 6:30 pm Canasta Tournament 7 pm GW Music Club 7 pm GW Movie Group	**16** 10 am Tennis Club 10 am Chair Yoga with Karen 
17	**18** 9 am Ping Pong 9 am PAC Mtg. 9 am Pickleball 10 am PAC Rehearsal 10 am Provocative Thinking 10 am Team Weights 11 am Aquacise 11 am Pickleball for Beginners 12:30 pm Zumba (Instruction by Video) 1 pm Gin Rummy 4 pm Tappers 4 pm Socrates Café 7 pm Teri's Line Dancing 7:15 pm GW Friends	**19** 9 am Pickleball 10 am Line Dancing Teaching with Ann 10:30 am Line Dancing with Ann 1 pm Cards 1 pm GW Connections Book Club 2 pm Current Events Discussion Group 4 pm Tap Dancing 5:30 pm Water Volleyball 6:30 pm Billiards 6:30 pm Zumba (Instruction by Video) 7 pm Gin Rummy	**20** 9 am Ping Pong 9 am Pickleball 9 am Aqua-Fit with Lisa 10 am Ceramics 10 am Greenbriar Covenants Comm. Mtg. 10 am The Yiddish Vinkle 10:30 am Team Motion 12:30 pm Zumba (Instruction by Video) 6 pm PAC Rehearsal 7 pm Camera Club	**21** 9 am 3D Art 9 am Pickleball 10 am Chorus 11 am Senior Social Club Board Mtg. 11 am Aquacise 1 pm Cards 2 pm PAC Rehearsal 4:30 pm Zumba (Instruction by Video) 6 pm Stained Glass Group 6:30 pm Billiards 	**22** 9 am Ping Pong 9 am Pickleball 10 am Yiddish Board Mtg. 10 am Beginners Plus Line Dancing with Joan & Sona 10:30 am Brian's Yoga 12:30 pm Scrabble 7 pm After Hours Club 	**23** 10 am Chair Yoga with Karen 10 am Zumba (Instruction by Video) 6:30 pm Senior Social Club 
24 	**25** 9 am Ping Pong 9 am Pickleball 9:30 am Golf Mtg. 9:45 am GW Connections Bd Mtg. 10 am PAC Rehearsal 10 am Team Weights 11 am Aquacise 11 am Golf Mtg. 11 am Pickleball for Beginners 12:30 pm Zumba (Video) 1 pm Gin Rummy 4 pm Tappers 4 pm GW Friends Book Club 6 pm Indo American Club 7 pm Teri's Line Dancing 	**26** 9 am Pickleball 10 am Yiddish Board Mtg. 10 am Line Dancing Teaching with Ann 10:30 am Line Dancing with Ann 1 pm Cards 4 pm Tap Dancing 5:30 pm Water Volleyball 6:30 pm Billiards 6:30 pm Zumba (Instruction by Video) 7 pm Gin Rummy 	**27** 9 am Ping Pong 9 am Pickleball 9 am Aqua-Fit with Lisa 10 am Ceramics 10 am WHOA Covenants Comm. 10:30 am Team Motion 12:30 pm Zumba (Instruction by Video) 7 pm Election Night	**28** 9 am 3D Art 9 am Pickleball 10 am Chorus 10 am WHOA Landscape Comm. Mtg. 11 am Senior Social Board Mtg. 11 am Aquacise 11 am Safety Comm. Mtg. 1 pm Cards 2 pm PAC Rehearsal 6 pm Stained Glass Group 6:30 pm Billiards	**29** 9 a.m. Ping Pong 9 am Pickleball 10 am Beginners Plus Line Dancing with Joan & Sona 10:30 am Brian's Yoga 12:30 pm Scrabble 7 pm WHOA Show: The Beat Tells	**30** 10 am Chair Yoga with Karen 10 am Zumba (Instruction by Video) 