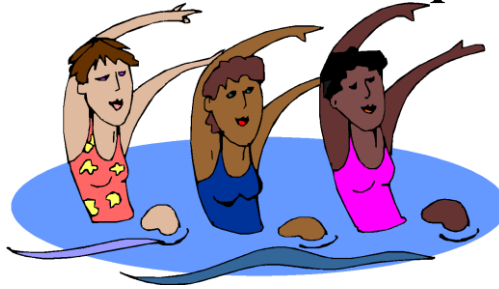


Clark Fitness Training, LLC
Presents
Greenbriar Whittingham
Monroe Township



AQUACISE CLASS SCHEDULE!
SEPTEMBER-OCTOBER 2025

REGISTRATION BEGINS 8/27

SPACE IS LIMITED. TO GUARENTEE A SPOT, PLEASE RSVP TO 908-770-8653.

NO RSVP OR PAYMENT WILL BE ACCEPTED PRIOR TO THE ABOVE DATE!

PLEASE REGISTER FOR YOURSELF AND ONLY 1 OTHER PERSON.

FOR EVERYONE'S SAFETY 20 IS THE MAXIMUM ALLOWED IN AQUACISE CLASS

10 IS THE MAXIMUM ALLOWED FOR DEEP WATER

		<u>DATES</u>	<u>SEPT-OCT</u>
<u>MONDAY</u>			
Aquacise w/Christine			(No class 9/1)
11:00AM-12:00PM	8 SESSIONS	9/8-10/27	COST: \$48.00
<u>THURSDAY</u>			
Aquacise w/Christine			(Make-up 9/4)(No class 10/2)
11:00AM-12:00PM	7 SESSIONS	9/11-10/30	COST: \$42.00
<u>FRIDAY</u>			
Deep Water Aquacise w/Christine			(Make-up 9/5)
11:00AM-12:00PM	8 SESSIONS	9/12-10/31	COST: \$48.00

Questions: Contact Marie Wedgeworth at 908-770-8653 or wedge08506@yahoo.com.

Register: 1) RSVP Marie starting 8/27 and Give check payable to Clark Fitness to the instructor
2) register online at www.clarkfitness.com.

Cancellations: Inclement weather cancellations will be listed at www.Clarkfitness.com home page.

Important Updates: To be added to the new message system, text the word Whittingham to 732-344-4578

-----CUT HERE-----

Name: _____ Phone: _____ Email _____

I am paying for these classes: _____