

May 2026

Senior FOCUS

Stephen Dalina, Mayor
Kevin McGowan, Business Administrator



Monroe Township Office of Senior Services & Senior Center
 12 Halsey Reed Road, Monroe Township, NJ 08831 - (609) 448-7140

Monday - Friday, 8:30am to 4:30pm
www.mtseniorcenter.com

Every month of May, the nation observes **Older Americans Month** to encourage and recognize the contributions that older Americans make to our communities. This year's theme is "**Champion Your Health**," emphasizing prevention, wellness, self-advocacy, and encouraging older adults to take an active role in managing their health.

May is traditionally the springboard into summer, and the Senior Center has several programs and events to start your summer off right! **Starting Friday, May 1st**, our weekly outdoor activities resume. If Bocce is not your cup of tea, Cornhole, Shuffleboard, and Walking Club are three great ways to get outside, meet friends or make new ones, and enjoy the warm weather. These programs continue through the end of October.

The Human Relations Commission is hosting the Monroe Township **National Day of Prayer on Thursday, May 7th at 3:00PM** at the Senior Center. This interfaith gathering is a chance to come together as neighbors for a special time of reflection and unity. Registration is not required. **The Monroe Township Chorus**, made up exclusively of Senior Center members, will present **Lights Up on Broadway on Saturday, May 16th at 2:00PM** here at the Senior Center. Tickets are available at the door for \$15 each. Admission is free for those 18 and under. The Friends of the Senior Center will hold their **5th Annual Classic Car Show on Saturday, May 23rd from 10:00AM to 2:00PM** in the Senior Center parking lot. For more information, call the Friends at (609) 448-7598.

The Middlesex County Office of Aging and Disabled Services will hold their annual **90+ Birthday Celebration on Friday, May 29th from 11:00AM to 1:00PM** at the South Brunswick Senior Center. Township residents may register online at:

forms.office.com/g/8vGN4kZWVd
 or use the QR code to the right.

Senior Center members needing transportation, or those not comfortable using the internet, must register in person at the Senior Center. Registration ends Friday, May 15th.

Also, the Senior Center will host a **Parent's Day Lunch on Friday, May 29th at 1:00PM**. The event honors the amazing moms, dads, guardians, and parent figures who make our community so wonderful! See the blurb on page 4 for more information.

The Senior Center staff looks forward to seeing all of our members in the month of May!

| | |
|-----------------------------|-------------------------------------|
| Trip Registration | Monday, April 20th at 9:00AM |
| Program Registration | Monday, April 27th at 9:00AM |

Registration is available in person or online via Community Pass

In person, use main entrance only. Doors open 8:30AM
<https://register.communitypass.net/monroetownshipseniorcenter>

Registering in person? If you need transportation for any of the above, please call (609) 443-0511 at least 24 hours in advance.

You must be a registered member of the Senior Center to participate in our activities.

REMINDER: Community Pass user support is not available on registration days.

Use the QR code below to register for the **90+ Birthday Celebration**.

Senior Center members needing transportation, or those not comfortable using the internet, must register in person at the Senior Center.



"Patriotism is not short, frenzied outbursts of emotion, but the tranquil and steady dedication of a lifetime."

- Adlai Stevenson

Monroe Township Office of Senior Services & Senior Center
 Nancy Harrigan, Director

- Jonathan Broder, Program Coordinator
- Teresa Fallon, Receptionist
- Jeanine Fama, Program Supervisor
- Samantha Gerbino, Senior Social Worker
- Cynthia L. Malkin, Supervisor of Social Services
- Rupa Ranganath, Secretary
- Krista Scheid, Office Coordinator
- McKenzie Tonkery, Program Coordinator
- Emilia Volyand, Receptionist



May 2026 Center Activities

Registration for programs is
REQUIRED EACH MONTH

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--------|
|  | <p>Don't leave someone sitting home!</p>  <p>If you are unable to attend a program you must call (609) 448-7140 x216 to cancel. Waitlisted members will appreciate it!</p> |  | <p>1</p> <p>9:00 <i>Walking Club</i> 9:00 <i>Cornhole & Shuffleboard</i> 9:00 <i>Zumba Gold</i> 9:30 <i>Canasta</i> 10:00 <i>Meditation</i> 10:30 <i>Harmonica</i> 11:00 <i>Move & Groove (B)</i> 2:00 <u>Keith Franklin Trio</u></p> | |
| <p>4</p> <p>9:00 <i>Walking Club</i> 9:00 <i>Cardio Blast</i> 9:30 <i>Drop-In Bridge</i> 10:00 <i>Total Body Reset</i> 10:00 <u>Robinson Artshop (\$)</u> 11:00 <i>Gentle Stretch</i> 12:00 <i>Mah Jongg</i> 1:00 <i>Yarn It</i> 1:00 <u>Cinco de Mayo Celebration</u> 3:30 <i>Tap Dancing</i></p> | <p>5</p> <p>9:00 <i>Bocce Ball</i> 9:00 <i>Chorus</i> 10:15 <i>Drums Alive</i> 10:30 <u>The SS Edmund Fitzgerald (Z)</u> 11:30 <i>Drums Alive</i> 2:00 <u>Michael Zandman</u></p> | <p>6</p> <p>9:00 <i>Walking Club</i> 9:00 <i>Cornhole & Shuffleboard</i> 9:00 <i>Bocce Ball</i> 9:00 <i>Total Toning</i> 9:30 <i>Watercolor w/ James</i> 10:00 <i>Move & Groove (A)</i> 10:30 <u>Brain Age</u> 11:00 <i>Raise the Barre</i> 12:15 <i>Duplicate Bridge</i> 2:00 <i>Cribbage</i> 2:00 <u>Edema Management</u></p> | <p>7</p> <p>8:45 <i>Chair Yoga</i> 9:00 <i>Bocce Ball</i> 10:00 <i>Body Works</i> 10:00 <i>Creative Art w/ Andrea</i> 10:30 <i>Book Club</i> 11:00 <u>Chef Stephen Wolff</u> 11:00 <i>Gentle Stretch Plus</i> 3:00 <u>National Day of Prayer</u></p> | |
| <p>11</p> <p>9:00 <i>Walking Club</i> 9:00 <i>Cardio Blast</i> 9:30 <i>Drop-In Bridge</i> 10:00 <i>Total Body Reset</i> 11:00 <i>Gentle Stretch</i> 12:00 <i>Mah Jongg</i> 1:00 <i>Yarn It</i> 2:00 <u>Guys and Dolls</u> 3:30 <i>Tap Dancing</i></p> | <p>12</p> <p>8:45 <i>Mat Yoga</i> 9:00 <i>Chorus</i> 9:00 <i>Bocce Ball</i> 10:15 <i>Drums Alive</i> 10:30 <u>Riverside Park (Z)</u> 10:30 <i>Green Thumbs</i> 11:30 <i>Drums Alive</i></p> | <p>13</p> <p>9:00 <i>Walking Club</i> 9:00 <i>Cornhole & Shuffleboard</i> 9:00 <i>Bocce Ball</i> 9:00 <i>Total Toning</i> 9:30 <i>Watercolor w/ James</i> 10:00 <i>Move & Groove (A)</i> 10:30 <u>Osteoarthritis</u> 11:00 <i>Raise the Barre</i> 12:15 <i>Duplicate Bridge</i> 2:00 <u>Marc Vincent Sica</u></p> | <p>14</p> <p>8:45 <i>Chair Yoga</i> 9:00 <i>Bocce Ball</i> 10:00 <i>Creative Art w/ Andrea</i> 10:00 <i>Body Works</i> 10:30 <u>The American Revolution</u> 11:00 <u>Fun with Yiddish (\$)</u> 11:00 <i>Gentle Stretch Plus</i> 2:00 <u>The Dreamers</u></p> | |
| <p>18</p> <p>9:00 <i>Walking Club</i> 9:00 <i>Cardio Blast</i> 9:30 <i>Drop-In Bridge</i> 10:00 <i>Total Body Reset</i> 10:00 <u>Robinson Artshop (\$)</u> 11:00 <i>Gentle Stretch</i> 12:00 <i>Mah Jongg</i> 1:00 <i>Yarn It</i> 2:00 <u>Murdered in Monmouth</u> 3:30 <i>Tap Dancing</i></p> | <p>19</p> <p>8:45 <i>Mat Yoga</i> 9:00 <i>Bocce Ball</i> 10:00 <u>Spring Flowerpots</u> 10:15 <i>Drums Alive</i> 10:30 <i>Bereavement Group</i> 10:30 <u>Broadway Musicals of the 60s - 80s (Z)</u> 11:30 <i>Drums Alive</i> 2:00 <u>The Dan & Lou Show</u> 3:15 <i>WOW</i></p> | <p>20</p> <p>9:00 <i>Walking Club</i> 9:00 <i>Cornhole & Shuffleboard</i> 9:00 <i>Bocce Ball</i> 9:00 <i>Total Toning</i> 9:00 <i>Move & Groove (A)</i> 10:00 <u>Music Bingo</u> 11:00 <i>Raise the Barre</i> 12:15 <i>Duplicate Bridge</i> 2:00 <i>Cribbage</i> 2:00 <u>Debra & Patrick</u></p> | <p>21</p> <p>8:45 <i>Chair Yoga</i> 9:00 <i>Bocce Ball</i> 10:00 <i>Body Works</i> 10:30 <u>New Orleans & The National WWII Museum</u> 11:00 <i>Fun with Yiddish</i> 11:00 <i>Gentle Stretch Plus</i> 2:00 <u>Off R' RockerZ</u></p> | |
| <p>25</p> <p>OFFICE CLOSED</p> <p>MEMORIAL DAY <i>Remember and Honor</i></p>  | <p>26</p> <p>8:45 <i>Mat Yoga</i> 9:00 <i>Bocce Ball</i> 9:00 <u>AARP Smart Driver (\$)</u> 10:30 <u>The Grandmasters of American Comedy (Z)</u> 1:30 <u>Parks & Gardens of New York</u></p> | <p>27</p> <p>9:00 <i>Walking Club</i> 9:00 <i>Cornhole & Shuffleboard</i> 9:00 <i>Bocce Ball</i> 9:00 <i>Total Toning</i> 10:00 <i>Move & Groove (A)</i> 10:30 <u>Animals of the Amazon</u> 11:00 <i>Raise the Barre</i> 12:15 <i>Duplicate Bridge</i> 2:00 <u>Strictly 60's</u></p> | <p>28</p> <p>8:45 <i>Chair Yoga</i> 9:00 <i>Bocce Ball</i> 10:00 <i>Body Works</i> 10:30 <u>Boggle Challenge</u> 11:00 <i>Fun with Yiddish</i> 11:00 <i>Gentle Stretch Plus</i> 1:30 <i>Caregiver's Support</i> 2:00 <u>Gordon James</u></p>  | |
| | | | <p>29</p> <p>9:00 <i>Walking Club</i> 9:00 <i>Cornhole & Shuffleboard</i> 9:30 <i>Canasta</i> 10:30 <i>Harmonica</i> 12:00 <i>MTHS T.A.P.</i> 1:00 <u>Parent's Day Lunch</u></p> | |

Keith Franklin Trio: Friday, May 1 at 2:00 pm. Keith is an exemplary, creative jazz pianist having studied with Jackie Bayard, Olga Von Til, Kenny Barron, Dennis Sandole, and Phil Woods. His repertoire features a mix of instrumentals performed by a swinging ensemble, drawing on bebop, Latin jazz, and the Great American Songbook. He will be accompanied by stellar musicians Jerry D'Anna on upright bass and Liam Sutcliffe on trumpet.

Robinson Artshop: Monday, May 4 - OR - May 18 from 10:00 am to 12:00 pm. Join James Robinson as he guides you to paint your own masterpiece. *Project fee: \$10 per person upon registering. No refunds. Only one (1) session per member.*

Cinco de Mayo Celebration: Monday, May 4 from 1:00 to 2:30 pm. Get ready to shake your maracas at a fiesta full of fun, flavor, and games! Enjoy chips with guacamole and sweet churro sundaes that are worth celebrating all by themselves. Come dressed in your best festive flair and get ready for laughs as we prepare to celebrate Cinco de Mayo. Prizes for game winners and best sombrero! *Sponsored by Senior Helpers, Dove Hospice, The Gardens at Monroe, Brookdale at Monroe, and Waypoint Legal.*

The SS Edmund Fitzgerald: Tuesday, May 5 at 10:30 am via Zoom. Featuring exclusive footage of the construction of the SS Edmund Fitzgerald, this lecture includes interviews from the builders, sailors, and investigators of the largest shipwreck on the Great Lakes. Ric M. also shares footage from his 550-foot dive in a tiny submarine to personally experience and explore the wreck.

Michael Zandman: Tuesday, May 5 at 2:00 pm. Lead singer for the Stonebridge Jammers and The Florida Keys, and veteran of Remember Then Radio and Hamilton iHeart Radio, Michael Zandman returns from Florida to perform songs of the 50s through the 80s.

Brain Age: Wednesday, May 6 at 10:30 am. Just like the body, the mind can age and lose strength over time. But did you know that it's possible to slow, halt, or even reverse brain aging? Neuroscientists have introduced the concept of Brain Age to demonstrate how this can be achieved. Daniel C., from Parker at Monroe, will conduct an assessment to help you determine your Brain Age - the number that reflects the age group whose cognitive performance most closely aligns with yours.

Edema Management: Wednesday, May 6 at 2:00 pm. Are your feet, ankles, or hands feeling puffy, swollen, or tight? Therapist Rebecca H. of CentraState Healthcare will explain why swelling, also known as edema, happens as we age and what you can do about it. Discover the common causes, warning signs, and steps you can take to manage it safely using practical strategies such as movement, elevation, diet, and compression.

Chef Stephen Wolff - Burrito Bowls: Thursday, May 7 at 11:00 am. In celebration of Cinco de Mayo, Chef Stephen will demonstrate how to build the perfect burrito bowl, from fluffy rice and seasoned proteins to vibrant toppings and zesty sauces. Learn simple techniques for balancing flavor, texture, and nutrition while creating a dish that's easy to adapt for any diet. Whether you like to meal-prep or are just looking for a quick, satisfying bite, this demo will leave you inspired to bring bold, Mexican-inspired flavors to your own kitchen.

The Apollo Theater: Friday, May 8 at 2:00 pm. Jimmy S. showcases some of the world's most talented entertainers that graced the stage of the Apollo Theater and created the most magical music of our generation. This multimedia presentation brings the golden years of the Apollo back to life and highlights the cornerstone of African American cultural history in Harlem.

Guys and Dolls - Broadway's Great NYC Musical: Monday, May 11 at 2:00 pm. Damon Runyon's tale of gamblers and showgirls from old Times Square became a hit musical that remains an international favorite after more than 70 years. John K. takes us behind the scenes into the creation of the original production, the film version, and some memorable revivals. Performance clips will cover three generations that performed Frank Loesser's glorious score.

Riverside Park: Tuesday, May 12 at 10:30 am via Zoom. Stephanie A., author of Heaven on the Hudson, takes us on a virtual tour of the mansions, monuments, and marvels of Riverside Park in New York City. Learn about the history of the neighborhood and explore its architecture.

Osteoarthritis: Wednesday, May 13 at 10:30 am. Osteoarthritis has a significant impact on quality of life and often occurs in the hands, shoulders, knees, and hips. Did you know low-dose radiation can be used to treat osteoarthritis and other inflammatory conditions? Physicians from Astera Care will provide the education, collaboration, and support you need to start your journey to improvement. Learn how this non-invasive, FDA approved treatment is successfully giving patients their life back.

Marc Vincent Sica: Wednesday, May 13 at 2:00 pm. Marc Vincent Sica is an accomplished musician and the creative force behind The Nashville Attitude, a dynamic country and Americana band. Drawing inspiration from his love of Nashville's rich musical heritage, Marc honors the timeless sounds of honky-tonk and classic country. His performances are a tribute to the legends of country music, celebrating the timeless songs and traditions that shaped the genre.

The American Revolution and the Fate of the World: Thursday, May 14 at 10:30 am. Professor and author Richard B. presents a riveting global take on the American Revolution, revealing it as far more than just a colonial rebellion but as a sprawling global war with consequences felt across six continents. The Revolution was a complex geopolitical struggle shaped by commerce, diplomacy, propaganda, and contingency. Richard's latest book, *The American Revolution and the Fate of the World*, offers a bold new lens on this defining historical moment.

Fun with Yiddish: Thursday, May 14 from 11:00 am to 12:30 pm. Naomi's mission is to teach Yiddish and make it fun. In her new course, "Oy, I ordered the wrong thing!", you'll learn how to purchase and return items, complain politely, and choose what you want to buy. This **10-week** course is for all levels of Yiddish speakers, even beginners. *Course fee: \$20 per person upon registering. No refunds. No class 6/18. Last class 7/23.*

The Dreamers: Thursday, May 14 at 2:00 pm. The Dreamers are a vocal trio consisting of Carl, Donna, and Tom that perform classic songs from artists of the 60s and 70s. Sing along to hits from Chicago, The O'Jays, and Frankie Valli. Get out those dancing shoes and groove to some of your favorites!

Documentary - Luther - Never Too Much: Friday, May 15 from 1:00 to 2:45 pm. Using rarely seen archives, Luther Vandross tells his own story with assistance from his close friends and collaborators including Mariah Carey, Dionne Warwick, and Roberta Flack. This film relives the many stunning moments of Luther's musical career, while exploring his unrequited love life, health struggles, and a lifelong battle to earn the respect his music deserved.

Murdered in Monmouth County: Monday, May 18 at 2:00 pm. Historian Greg C. will profile four centuries of murders,

from the first documented killing of a European in the 1600s, to serial killers prowling quiet neighborhoods in the 60s and 70s. Hidden history will be uncovered, including war-time executions, Prohibition-era mob hits, and shocking missing persons cases right in our own backyard. You may never look at Monmouth County the same way again!

Spring Flowerpots: Tuesday, May 19 from 10:00 to 11:30 am. Join Daniel from Parker at Monroe for a hands-on workshop where you'll decorate flowerpots with a spring inspired theme. Let your imagination bloom as you personalize your own pot that will be perfect for brightening your home or gifting to someone special. All supplies are included, along with soil and plants, so you can leave with a beautifully finished piece ready to grow.

Broadway Musicals of the 60s - 80s: Tuesday, May 19 at 10:30 am via Zoom. Daniel P. examines the transformation that reshaped American theater from the hippie era and the British Invasion to Disney's theatrical influence and the birth of the jukebox musical. At a time when Broadway was struggling, groundbreaking composers and artists helped redefine the stage and build the foundation of modern Broadway.

The Dan & Lou Show: Tuesday, May 19 at 2:00 pm. Two of your favorites come together for one great show! Dan Stevens and Lou Orrichio will perform a string of great duets and other favorite hits of the 60s and 70s.

Music Bingo: Wednesday, May 20 from 10:00 to 11:30 am. Join Tara's take on BINGO with a musical twist! Groove in your seat to popular song beats as you try to get BINGO!

Debra & Patrick: Wednesday, May 20 at 2:00 pm. The very entertaining Debra and Patrick are delighted to return to the Senior Center. This dynamic pair will keep you entertained with their jazz, blues, and pop repertoire. They are endlessly on tour from New York City to Key West, making a special stop in Monroe Township!

New Orleans & The National WWII Museum: Thursday, May 21 at 10:30 am. New Orleans has several well-known nicknames including The Big Easy and the Mardi Gras Capital of the World. Join historian Paul W. to explore its culture, history, and geography. In addition, get an up close look at The National World War II Museum which has been rated the #8 museum in the world!

Off R' RockerZ: Thursday, May 21 at 2:00 pm. This veteran rock group brings the sounds of the 70s and 80s back to life with a dynamic mix of classic pop and rock hits. From Linda Ronstadt to Santana, their high-energy set delivers crowd-pleasing favorites from a band that's proudly a bit off its rocker.

Poker Tournament: Friday, May 22 from 1:00 to 2:30 pm. Enjoy an afternoon of Texas Hold'em poker. A brief tutorial will be offered before the games begin, making it easy for newcomers to join in the fun. With professional poker dealers and casino quality chips, you'll feel like you have stepped into an Atlantic City casino.



The Office of Senior Services and Senior Center will be closed on Monday, May 25th in observance of Memorial Day.

AARP Smart Driver: Tuesday, May 26 from 9:00 am to 4:00 pm. Enhance your driving skills during this AARP Smart Driver course. Most auto insurance companies offer discounts to individuals who complete this course. No test required. You must attend the entire class to receive a certificate of completion. Exact cash or check payable to "AARP" at the time of registration. *The class fee for AARP members is \$20 and \$25 for non-members.*

In-person registration only. Not available on Community Pass. Only registered members of the Monroe Township Senior Center may attend.

The Grandmasters of American Comedy: Tuesday, May 26 at 10:30 am via Zoom. For more than seven decades, Carl Reiner and Mel Brooks made America laugh through remarkable solo careers and legendary partnership. They were giants of American comedy who basically conquered every field they entered, whether television, movies, Broadway, or records. Brian R. will examine their extraordinary achievements, beginning with their work together on Sid Caesar's *Your Show of Shows* to their individual accomplishments as writers, directors, and performers.

Parks & Gardens of New York: Tuesday, May 26 from 1:30 to 3:00 pm. New York City isn't just a concrete jungle, there's plenty of green space, both well-known and hidden. Join the Zuckermans as they explore everything from the secrets of Central Park to the charming gardens of the East Village. Hear stories about how these serene spots were created and the people behind them. The journey takes you from Winston Churchill Park to the rooftop gardens at Rockefeller Center and even to the medieval gardens of the Cloisters, with many more stops in between.

Animals of the Amazon: Wednesday, May 27 at 10:30 am. The Amazon rainforest is one of the most biodiverse places on Earth. Professional photographer and Monroe Township resident, Chris K., shares his amazing photos from his recent adventures in South America. Get ready to see some of the millions of species that call the Amazon home including mammals, amphibians, reptiles, birds, and primates.

Strictly 60's: Wednesday, May 27 at 2:00 pm. Back by popular demand, this band relives one of the most extraordinary decades of musical innovation and creativity. The 60s return for this tuneful journey spanning a wide variety of genres, including Motown, rock n' roll, soul, doo-wop, and R&B.

Boggle Challenge: Thursday, May 28 at 10:30 am. Test your vocabulary, challenge your mind, and enjoy great company during our Boggle game day. Whether you're a word wizard or just love a good game, this event is perfect for keeping your brain sharp and your spirits high. Prizes will be awarded to several winners. *Sponsored by The Gardens at Monroe, Dove Hospice, Senior Helpers, Mira Vie, and Waypoint Legal.*

Gordon James - The British Invasion: Thursday, May 28 at 2:00 pm. In the early 60s, British bands flooded American pop charts with their music. These bands included *The Rolling Stones, The Beatles, The Bee Gees, Dave Clark Five, The Kinks, Herman's Hermits, and Gerry and the Pacemakers.* In this lecture with song, Gordon discusses and performs some of their hits including *I Wanna Hold Your Hand, Glad All Over, You Really Got Me, Satisfaction, As Tears Go By, To Love Somebody, There's a Kind of Hush, I'm into Something Good, and Don't Let the Sun Catch You Crying.*

Parent's Day Lunch: Friday, May 29 from 1:00 to 2:30 pm. Enjoy a special celebration honoring the amazing moms, dads, guardians, and parent figures who make our community so wonderful! Instead of separate Mother's and Father's Day events, we are bringing everyone together for one unforgettable afternoon. Whether you are a proud parent, grandparent, or someone who's always been like a parent, this day is all about celebrating you. If you wish, you may provide Senior Center staff with a photo of you and your "children" to be included in a slide show presentation which will be displayed at lunch. Photos will be collected in May. *\$10 per person upon registering. No refunds.*



MONROE TOWNSHIP HUMAN RELATIONS COMMISSION
Cordially invites you to join community members and
leaders in an interfaith gathering in the observance of the

NATIONAL DAY OF PRAYER

May 7, 2026 3:00 P.M.

Monroe Township Senior Center

COME TOGETHER AS NEIGHBORS FOR A SPECIAL TIME OF
REFLECTION & UNITY TO SEEK HOPE, ENCOURAGEMENT,
AND STRENGTH FOR OUR TOWN AND NATION

**(No Registration
Necessary)**



TRANSPORTATION TRIPS

Transportation Dept. John Magda, Transportation Manager (609) 443-0511

Pre-Registration is required for all trips. Trip registration is:

MONDAY, APRIL 20, 2026 at 9:00am

If you are unable to participate in a trip, you must call to cancel.

Resorts Casino in Atlantic City, NJ (1½ hours from the Senior Center)

Wednesday, May 20, 2026

Resorts brought gaming to Atlantic City as the first American casino outside Nevada when it opened in 1978. Resorts offers a large casino floor, numerous restaurants, and an oceanfront location on the Boardwalk.

The following items are prohibited in the casino: weapons of any kind, outside food & beverages, alcohol, large bags, backpacks, chairs, umbrellas, and selfie sticks. Non-professional or professional cameras with detachable, long or extending lenses are not permitted. Recording devices of any kind are also prohibited.

Lunch: There are numerous locations within the casino where you may enjoy lunch.

Departure Time: 9:00am **Return Time:** 7:00pm (Charter bus) **Cost:** \$15 per person (You will receive \$18.00 slot play from Resorts.)

Liberty Science Center in Jersey City, NJ (1 hour from the Senior Center)

Thursday, June 11, 2026



Liberty Science Center is a 300,000-square-foot learning center located in Liberty State Park on the Jersey City bank of the Hudson near the Statue of Liberty. The Science Center houses 12 museum exhibition halls, a live animal collection with 110 species, giant aquariums, a 3D theater, live simulcast surgeries, hurricane and tornado-force wind simulators, the Jennifer Chalsty Planetarium (the biggest in America) and the LSC Giant Dome Theater.

Walking and steps are required for this trip.

No outside food or beverages.

Lunch: Lunch is on your own at Liberty Science Center. The Cosmic Café is located on the second floor.

Departure Time: 9:00am **Return Time:** 3:00 pm (Township Bus)

Cost: \$31 per person (includes admission and planetarium)

Adventure Aquarium in Camden, NJ (1¼ hours from the Senior Center)

Tuesday, June 16, 2026



Since opening to the public in 1992, Adventure Aquarium's mission has been to provide the best possible care to its resident animals. Today, it is home to a vast collection of aquatic animals and offers once-in-a-lifetime opportunities to explore life underwater through up-close animal encounters, interactive touch exhibits, and the chance to see and learn about some of the ocean's rarest and most fascinating species. Don't wait! Make today an adventure

Walking is required for this trip. You will be on your own to explore the Aquarium.

Lunch: Lunch is on your own at one of the two restaurants at the venue, *Flying Fish Beer Garden* and *The Marketplace*. There is also coffee available at *Coffee by La Colombe*. You are also welcome to bring outside food into the Aquarium. For more information, visit: <https://www.adventureaquarium.com/explore/dining-and-shopping>

Still cameras for personal use may be brought into the aquarium. Please be courteous to other guests around you and do not block others from viewing exhibits when taking pictures. Camera cases will be inspected before entry. Tripods and monopods are prohibited. Please note that any images you take are for your personal use only, and cannot be used for commercial purposes without written consent from Adventure Aquarium.

Departure Time: 9:15am **Return Time:** 3:15pm (Township Bus) **Cost:** \$56 per person.

All Shook Up at the Dutch Apple Dinner Theatre in Lancaster, PA (2 hours from the Senior Center)
Thursday, June 18, 2026

Enjoy the Dutch Apple experience of a wonderful day of live entertainment and bountiful buffet tables filled with salads, main dishes, and desserts, followed by the Broadway musical, *All Shook Up*. Loosely based on Shakespeare's *Twelfth Night*, the show tells of the repressed residents of a small hamlet in 1950s America who experience an awakening within themselves when a roustabout with a guitar comes to town. Inspired by and featuring the songs of Elvis Presley, you'll be tapping your feet to classics like *Heartbreak Hotel*, *Jailhouse Rock*, and *Don't Be Cruel*. Content Guide: Adult themes, sexual innuendo and mistaken identity.

Lunch: A bountiful buffet of salads, main dishes, and dessert will be served prior to the show. Water, iced tea, hot tea, and coffee are included. Soda and specialty drinks available for purchase.

Tables will be assigned

Lunch: 11:30am **Show time:** 1:00pm (running time approximately 2 hours including intermission)

Departure Time: 9:15am **Return Time:** 6:00pm (Charter Bus) **Cost:** \$87 per person.

Guys and Dolls at the Surflight Theatre in Beach Haven, NJ (2 hours from the Senior Center)
Thursday, June 25, 2026

Considered by many to be the perfect musical comedy, *Guys and Dolls* ran for 1,200 performances when it opened on Broadway in 1950. Set in Damon Runyon's mythical New York City, *Guys and Dolls* is an oddball romantic comedy that takes you from the heart of Times Square to the Cafes of Havana, Cuba, to the sewers of New York City. The plot follows gambler Sky Masterson's bet to woo a missionary, Sarah Brown, while his friend, Nathan Detroit, tries to find a location for his floating crap game, all set to a score that blends comedy, romance, and classic Broadway tunes.

Steps and walking from the restaurant to the theatre are required for this trip.

Buckalew's Restaurant & Tavern

101 North Bay Avenue Beach Haven, NJ 08008

Please choose one of the following meals for lunch:

Chicken Pot Pie Tender chicken in a creamy sauce with corn, carrots, pearl onions, peas, and potatoes topped with a flakey puff pastry. **Traditional Cheeseburger** American cheese, cooked medium, with French fries. **Shrimp Tacos** Mojo marinated shrimp, shredded cabbage, queso fresco, salsa, cilantro and lime crema. **Buddah Bowl** Broccoli, roasted chickpeas, braised red cabbage, coconut rice, sweet chili, and peanut sauce. **Grilled Chicken Caesar Salad*** Romaine lettuce, croutons, and Parmesan cheese.

All meals come with house salad (Italian dressing), rolls & butter, soft beverages, coffee and tea. Cash bar available.

** Caesar salad is served with Manhattan Clam Chowder in place of house salad.*

Lunch: 11:30am **Show time:** 2:00pm (running time approximately 2½ hours including intermission)

Departure Time: 9:30am **Return Time:** 6:30pm (Charter Bus) **Cost:** \$80 per person.

The A.A.C.A. Museum in Hershey, PA (2½ hours from the Senior Center)
Tuesday, July 7, 2026

The AACA Museum, Inc. is America's Transportation Experience, dedicated to the preservation and presentation of motor vehicle history in a manner that provides for the education and entertainment of its guests. The Museum displays vintage automobiles in unique settings while visitors stroll through eight decades in time. The AACA Museum ranks among the top automotive museums in the world and has been recognized by the Smithsonian as an Affiliate Museum. This visit will take you on a 2 hour guided tour behind the scenes of the Museum's storage facility, housing more than 70 vehicles not currently on public display.

Walking and standing required.

Lunch: Following your tour, a buffet lunch will be served in the Museum's spacious rotunda.

The buffet will consist of:

Chicken Parmesan, Salmon with Dill Sauce, Garlic Smashed Potatoes, Steamed Green Beans, and Caesar Salad

All meals include bottled water, soda, and cookies for dessert.

Outside food or beverage (except bottled water) is prohibited. Cameras and photography are permitted.

Departure Time: 8:15am **Return Time:** 5:30pm (Charter Bus) **Cost:** \$96 per person.

Important Information About Monthly Trips

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| <p>Monthly Trips</p> | <p>Every month, the Senior Focus newsletter offers a wide variety of upcoming destinations which Senior Center members may take advantage of. The newsletter also indicates when registration for these trips will begin. These affordable journeys include entertainment, shopping, culture, and other points of interest.</p> |
| <p>How to Attend Trips</p> | <ul style="list-style-type: none"> • All trips require pre-registration. • Only current members of the Senior Center may register for trips. (If you have a purple card, it means that you are a current member.) |
| <p>Registration In-person</p> | <ul style="list-style-type: none"> • Per the above, each Senior Focus monthly newsletter indicates the date that registration will begin for the latest upcoming trip offers. Registration start time is always 9:00 a.m. (satellite/universal time). • You may register in-person at the Senior Center via the main entrance doors which open at 8:30 a.m. or from home using your Community Pass account (see below). • In-person, you may register for yourself and one additional member. If you are registering for yourself and another household member, you may not register for anyone else. |
| <p>Registration From Home Using Community Pass</p> | <ul style="list-style-type: none"> • Community Pass is a website that Monroe Township and other municipalities offer to its residents for managing programs and activities. • All members of the Senior Center have a Community Pass account with a user name and password. • Internet savvy members may register for trips and other programming from home or elsewhere online using their Community Pass account. • As with in-person registration, start time is at 9:00 a.m. (satellite/universal time). If you have logged in to Community Pass prior to that time, remember to refresh/reload your browser at 9:00 a.m. so that you will see the updated trip list when it “goes live.” • When registering online, Community Pass will only allow you to register for members of your own household/account. |
| <p>Seat Assignments</p> | <p>Your seat will be assigned by the Transportation Department via a lottery system. You cannot change your seat number with anyone once it is assigned to you. You will be notified the day before the trip by email or phone regarding seat assignment and departure time. Important: Buses leave promptly at the specified departure time.</p> |
| <p>Payments</p> | <ul style="list-style-type: none"> • In-person, personal checks, credit cards, and cash (exact change) are accepted. • When paying by check, please use one check for the entire household. • DO NOT fill in the dollar amount on your check until it has been verified at the time that you register. • Make checks payable to Township of Monroe. • In-person, when registering for an additional member in a different household, please use a separate check or other method of payment. • When registering online, Community Pass accepts Visa, Mastercard, and Discover, or an e-Check. |
| <p>Accessibility</p> | <p>Not all trips are wheelchair or scooter accessible, while others may require more walking, steps, or other obstacles. If this is a concern, please call the Transportation Department prior to registration day to determine if a particular trip is appropriate for you.</p> |
| <p>Cancellation</p> | <ul style="list-style-type: none"> • To avoid the need to cancel, please check your personal calendar <u>before</u> you register. If you must cancel, please call the Transportation Department as soon as possible so there is time to contact the next person on the waitlist. • Outside regular business hours, you may still call to cancel by leaving a voice mail with your name, phone number, and the date of your trip. The answering machine operates 24 hours a day. • Refunds will be given only if your seat is replaced by someone on the waitlist or if the trip is cancelled. • Your purchase is non-transferable. You may not assign another person to take your place. |