

Clark Fitness Training, LLC
Presents
Greenbriar Whittingham
Monroe Township



Zumba w/Diane

This interval Zumba class combines easy to follow dance and toning segments to increase bone density, burn calories and sculpt the body.

JULY-AUGUST 2025

Saturdays @ 9:00-10:00

Please Register by June 30

(No class 7/5-Holiday Weekend, 7/19, 8/9, 8/30)

Class dates: 7/12, 7/26, 8/2, 8/16, 8/23

5 weeks; \$30.00 – MIN 8 PEOPLE

(Class will be held in Ballroom - unless room is in use)

Please register at the Front Desk

Make checks payable to "Clark Fitness"

"For Class Cancellations Due to Inclement Weather go to www.ClarkFitness.com home page!"

****To be added to the message system, text Whittingham to the number 732-344-4578****

-----CUT HERE-----

Whittingham

Name: _____ Phone: _____ Email _____

I am paying for these classes: _____