

Clark Fitness Training, LLC
Presents
Greenbriar Whittingham
Monroe Township



DEEP WATER AQUACISE SCHEDULE!

SEPTEMBER-OCTOBER 2026

FOR EVERYONE'S SAFETY 10 IS THE MAXIMUM ALLOWED IN THE DEEP WATER AQUA CLASS

FRIDAY

Deep Water Aquacise w/Christine

10:45-11:45AM

8 SESSIONS

9/11-10/30

COST: \$48.00

Questions: Contact Marie Wedgeworth at 908-770-8653 or wedge08506@yahoo.com.

Register: 1) RSVP Marie and Give check payable to Clark Fitness to the instructor

2) register online at www.clarkfitness.com.

Cancellations: Inclement weather cancellations will be listed at www.Clarkfitness.com home page.

Important Updates: To be added to the new message system, text the word Whittingham to 732-344-4578 and follow the prompts.

-----CUT HERE-----

Name: _____ Phone: _____ Email _____

I am paying for these classes: _____