

Clark Fitness Training, LLC
Presents
Greenbriar Whittingham
Monroe Township



AQUACISE CLASS SCHEDULE!
MARCH-APRIL 2026

REGISTRATION BEGINS 2/23

SPACE IS LIMITED. TO GUARENTEE A SPOT, PLEASE RSVP TO 908-770-8653.

NO RSVP OR PAYMENT WILL BE ACCEPTED PRIOR TO THE ABOVE DATE!

PLEASE REGISTER FOR YOURSELF AND ONLY 1 OTHER PERSON.

**FOR EVERYONE'S SAFETY 20 IS THE MAXIMUM ALLOWED IN AQUACISE CLASS
10 IS THE MAXIMUM ALLOWED FOR DEEP WATER**

MONDAY

Aquacise w/Christine

11:00AM-12:00PM

7 SESSIONS

(Make-up 3/2)(No class 3/16)

3/9-4/27

COST: \$42.00

THURSDAY

Aquacise w/Christine

11:00AM-12:00PM

8 SESSIONS

3/5-4/30

(No class 3/19)

COST: \$48.00

FRIDAY

Deep Water Aquacise w/Christine

11:00AM-12:00PM

5 SESSIONS

(Make-up 3/6)(No class 3/20, 4/3)

3/13-4/24

COST: \$30.00

Questions: Contact Marie Wedgeworth at 908-770-8653 or wedge08506@yahoo.com.

Register: 1) RSVP Marie starting 8/27 and Give check payable to Clark Fitness to the instructor

2) register online at www.clarkfitness.com.

Cancellations: Inclement weather cancellations will be listed at www.Clarkfitness.com home page.

Important Updates: To be added to the new message system, text the word Whittingham to 732-344-4578

-----**CUT HERE**-----

Name: _____ Phone: _____ Email _____

I am paying for these classes: _____