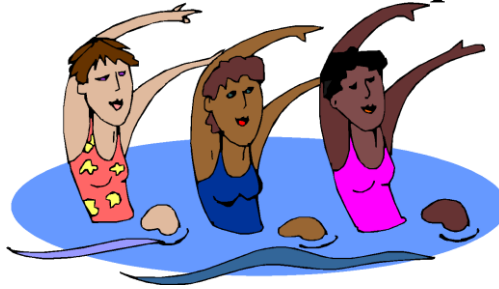


Clark Fitness Training, LLC  
Presents  
**Greenbriar Whittingham**  
**Monroe Township**



**AQUACISE CLASS SCHEDULE!**  
**JANUARY-FEBRUARY 2026**

**REGISTRATION BEGINS 12/22**

**SPACE IS LIMITED. TO GUARENTEE A SPOT, PLEASE RSVP TO 908-770-8653.**

**NO RSVP OR PAYMENT WILL BE ACCEPTED PRIOR TO THE ABOVE DATE!**

**PLEASE REGISTER FOR YOURSELF AND ONLY 1 OTHER PERSON.**

**FOR EVERYONE'S SAFETY 20 IS THE MAXIMUM ALLOWED IN AQUACISE CLASS**

**10 IS THE MAXIMUM ALLOWED FOR DEEP WATER**

**MONDAY**

**Aquacise w/Christine**

11:00AM-12:00PM

8 SESSIONS

1/5-2/23

COST: \$48.00

**THURSDAY**

**Aquacise w/Christine**

11:00AM-12:00PM

8 SESSIONS

1/8-2/26

COST: \$48.00

**(No class 1/1-Holiday)**

**FRIDAY**

**Deep Water Aquacise w/Christine**

11:00AM-12:00PM

8 SESSIONS

1/9-2/27

COST: \$48.00

**(No class 1/2-Personal)**

**Questions:** Contact Marie Wedgeworth at 908-770-8653 or [wedge08506@yahoo.com](mailto:wedge08506@yahoo.com).

**Register:** 1) RSVP Marie starting 8/27 and Give check payable to Clark Fitness to the instructor

2) register online at [www.clarkfitness.com](http://www.clarkfitness.com).

**Cancellations:** Inclement weather cancellations will be listed at [www.Clarkfitness.com](http://www.Clarkfitness.com) home page.

**Important Updates:** To be added to the new message system, text the word Whittingham to 732-344-4578

-----CUT HERE-----

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email \_\_\_\_\_

I am paying for these classes: \_\_\_\_\_