

Vol. 1, No. 9 - December 2025

Greenbriar at Whittingham PULSE



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The **GW Pulse** encourages residents and clubs of Greenbriar at Whittingham to submit articles, stories, recipes, or photos that would be of interest to the community. Additionally, clubs are welcome to submit flyers for upcoming events.

The deadline for material is the 7th of the month prior to the month of publication. Send .pdf .doc .jpg files to: GWMonroePulse@gmail.com

We reserve the right to edit all materials.

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Minutes of open board meetings are available via the resident portal at gwmonroe.net
Video of open board meetings are available on You Tube. Search for WHOA Recreation



My heartfelt thanks to all of you who visited, called, provided goodies, flowers, and sent get well wishes (especially the ones that gave me a smile).

I'm home from rehab and recovering!!!

Now, I am grateful to you who also are helping doing some supermarketing. Greenbriar really does offer "community".

Gratefully,

Ann Gold

The Marvin Bachman Book Club

The book club meets on the fourth Monday of each month at 4PM in our own Library.

They will meet on Monday December 22nd at 4 PM to discuss the very recently published, *No More Tears: The Dark Secrets of Johnson & Johnson* by Gardiner Harris.

One day in 2004, Gardiner Harris, a pharmaceutical reporter for *The New York Times*, was early for a flight and sat down at an airport bar. He struck up a conversation with the woman on the barstool next to him, who happened to be a drug sales rep for Johnson & Johnson. Her horrific story about unethical sales practices and the devastating impact they'd had on her family fundamentally changed the nature of how Harris would cover the company—and the entire pharmaceutical industry—for the *Times*. His subsequent investigations and ongoing research since that very first conversation led to this book—a blistering exposé of a trusted American institution and the largest healthcare conglomerate in the world.

Harris takes us light-years away from the company's image as the child-friendly "baby company" as he uncovers reams of evidence showing decades of deceitful and dangerous corporate practices that have threatened the lives of millions. He covers multiple disasters: lies and cover-ups regarding the link of Johnson's Baby Powder to cancer, the surprising dangers of Tylenol, a criminal campaign to sell antipsychotics that have cost countless lives, a popular drug used to support cancer patients that actually increases the risk that cancer tumors will grow, and deceptive marketing that accelerated opioid addictions through their product Duragesic (fentanyl) that rival even those of the Sacklers and Purdue Pharma.

Filled with shocking and infuriating but utterly necessary revelations, *No More Tears* is a landmark work of investigative journalism that lays bare the deeply rooted corruption behind the image of babies bathing with a smile.

Contact Harriet Bachman for details. 609-409-5464

BOOK CLUB

Everything is funny, as
long as it's happening to
somebody else."

- Will Rogers



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Author Bea Lurie Speaks About GW Resident Sol Lurie's Holocaust Experience

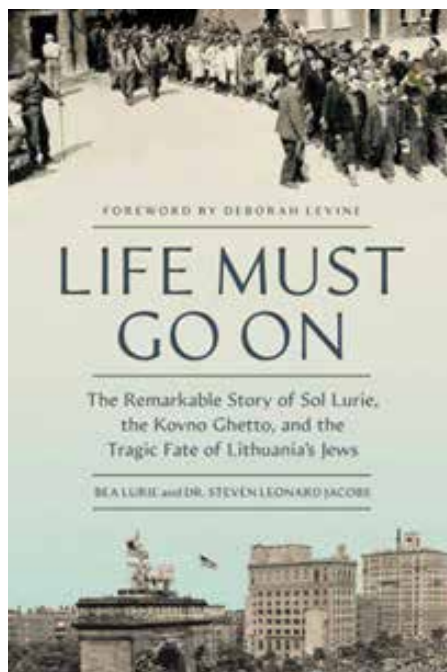
By Mark Surks

A packed Poker Room sat captivated as Bea Lurie spoke about her father's experiences as a young lad. Sol Lurie, who has been a decades long resident of GW, lived through a harrowing experience as a boy in Kovno, Lithuania.

Sol went from living a bucolic middle class life to a series of Nazi Concentration Camps. His daughter Bea has memorialized the story of her dad's life in Europe, but also the spirit he brought to his new life in America.

Bea relates the stories of her father while her co-author, Dr. Steven Leonard Jacobs tells of the historical elements surrounding the Jewish movement through eastern Europe.

You can purchase the book from Amazon and other booksellers. Visit lifemustgoonbook.com for more details and links. It is a remarkable story that will add to the trove of evidence of the horrors of the Nazi regime.



Chess Club Meets Fridays at 2 PM

The Chess Club will meet at 2 PM in the Ballroom 12/5. Contact Anatoly Shpirt at 347-693-8791 or just show up. Beginners are welcome



Greater Monroe Chapter



ORT America is the leading fundraising organization supporting ORT's global network,
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**ORT monthly meeting from November 5, 2025 with guest speaker
Shimon Klein**



Barry Geffner After Hours Club

by Marilyn Gerber

Our last party for 2025 took place on October 24th. We will begin 2026 in January with great food and entertainment. As a reminder, membership is \$10.00 per person due in January and extends to December 31st.

It is with mixed emotions that I am stepping down from the After Hours Club because I will be moving out of state by the end of the year. I have been living here in Greenbriar for the last 28 years and have loved every year. Thank you all; it has been my pleasure working with such a talented and supportive team and I truly appreciate the experiences and friendships along the way.

I am leaving the club in very capable hands. Lori Filik will be President; her team consists of: Eileen Birnbaum, Dale Blum, Joan Hermelee, Joni Kaiser, Jackie Rein, Ann Tuckman and Harlan Tuckman.

To Conclude: "The longer I live, the more beautiful life becomes."

"Count your age by friends, not years."

"There are far better things ahead than we ever leave behind."

LOVE TO ALL!!



Hadassah News

by Joanne Sacoff

"What good is the warmth of summer, without the cold of winter to give it sweetness". And coming from me that says a lot! And so to keep everyone busy and happy through the cold of winter, Alisa Hadassah has lots planned.

However, we cannot go forward without remembering some of the wonderful events of this past year. Of course, there was our always excellent Fashion Show; Our wonderfully clever and beyond entertaining Trivia night; Our lovely and sweet Member Appreciation Event with the honoring of our two Myrtle Wreath recipients-- Sharon Nachimson and Suzanne Rosenzweig. It has been a truly excellent and productive year. Thanks to all who worked and participated in all of these events. We certainly have a lot to be proud of. Now on to our next endeavors.

Let's start with our joyous and entertaining Chanukah program to be held on December 17th at 7pm at the Senior Center. Our entertainer, John Kendrick, will be presenting "The Comic Legacy of the Catskills" also known as the Jewish Alps. I think everyone will relate to those good old days, and do not forget there will be plenty of nosh to round out the evening.

While we are not planning anything special in January, the month of February brings us to our annual Purim event. Please check the rounders and bulletin for more info on this. Also keep your eyes peeled for blasts regarding our ever popular monthly "lunch bunch" dates. They are always fun and packed with interesting and informative health news.

If anyone is planning to be in Florida in February, look for a notice in our bulletin about our annual Alisa Hadassah reunion. I have attended the last few years and it is always such a nice luncheon and so good to see all who are there.

If anyone is interested in participating in memorializing their loved ones in "Alive in our Hearts", please call Alice Purus for information. Cost is \$4 per name.

Also remember that Karen Mandel has some beautiful greeting cards and now has Thank You cards as well. Give her a call with all of your greeting card needs.

Wishing everyone a very happy and healthy New Year. We look forward to doing it all over again in 2026, and we hope more and more of you will join us in the fun and satisfaction of participating in Hadassah.



A Jewish Thanksgiving?

By Richard Weber

On Sunday December 14th, 2025, the eight-day holiday of Hanukkah begins. Each night Jewish families around the world light the menorah, which is a 9-prong candelabra. We light the candles to symbolize the miracle of the rededication of the Temple in Ancient Jerusalem. The temple had been destroyed by the Syrian Greeks. A small band of Jewish fighters, led by Judah Maccabee, recaptured the temple. They found only enough oil to light the sacred Menorah for one night. A miracle occurred, and the oil lasted for 8 nights. In modern day terms, it would be like not having a charger and your cell phone holding a charge for 8 days instead of 1 day! To commemorate this miracle, on the first night we light one candle, two candles on the second night, and so on. The 9th candle is called the “shamash”, which is the helper candle to light the other candles.



Hanukkah is a holiday celebrating light and faith. We are an enduring people who are forever fighting for our right to exist. We do love to celebrate, and this is a happy holiday, which includes food items made with oil. Potato latkes are a fan favorite, and we have included an old but successful recipe. This is a joyful time of year for every religion. We hope that everyone gets to enjoy some special time with their families and friends.

Jenny Grossinger's Latkes

2 eggs

3 cups grated, drained potatoes

4 tablespoons salt

¼ teaspoon pepper

2 tablespoons cracker matzo meal

½ cup fat or butter

Beat the eggs and add the potatoes, onions, salt, pepper and meal.

Heat half of the fat or butter in a frying pan and drop the potato mixture into it by the tablespoon. Fry until browned on both sides. Keep pancakes hot until all are fried. As you are frying, add more fat or butter as required. Serves 8



Upcoming Events

Sunday, December 7, 2025 Chanukah Breakfast
Sunday, January 4, 2026, Emily Schuman will discuss The Luck Factor
January 28, 2026, Bill Schrimmer will speak about his life in Germany
April 2026 Susan Addelston will be returning for another 3-part seminar series
April 28, 2026 George Street Playhouse – My Lord, What a Night- details to follow
July 31, 2026, Shabbat Dinner – more details to follow
The Vinkle group meets every 3 rd Wednesday of the month



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Meet The Stars

By Debbie Harbatkin

A packed Ballroom audience, mesmerized by lead singer Curtis Di Domizio's astonishingly accurate voice of Neil Diamond, note for note, delivered memorable songs originally from one of American music's greatest icons. Backed by a wonderful group of musicians and singers, "The Real Diamond Band" entertained Greenbriar At Whittingham for our Saturday evening, October 18th show.

As found on the web, Neil Diamond is an American singer-songwriter born on January 24, 1941, in Brooklyn, New York. Known for hits like "Sweet Caroline" and "Cracklin' Rosie," he initially pursued a pre-med degree on a fencing scholarship at New York University before leaving to focus on music. He wrote songs for other artists, including The Monkees' "I'm a Believer," before launching a successful solo career that has seen him sell over 128 million records worldwide.

Since Neil Diamond's retirement from performing, Real Diamond has become the most requested Neil Diamond Tribute Band in the country. Curtis has performed on stage with Neil Diamond's own band. Real Diamond has been wowing crowds since 2008, according to the band's website. We were truly fortunate to have such talent perform Neil Diamond's many hits for our community.

We are also fortunate to have had Gail and Myron Alpert, who wrote this column for fifteen years in our former GW Voice newspaper, now stand on the other side of the camera for our "Meet The Stars" this month!

Gail said, "during the summer we went to a venue in Deal NJ and saw a Neil Diamond tribute show. We loved all the songs. Two of our favorites are "Hello Again" and "September Morn" since my birthday is September 2nd. The tone in his voice always puts you in a good mood. I appreciate his song writing ability. Great lyrics."

Gail & Myron have lived in Greenbriar for 27 years and have been married 60 years after meeting on Bradley Beach when she was 16 and he was 19. Jersey residents their whole lives raised a son and daughter in Edison for 17 years. They have 4 grandchildren, two grown and two still in college. While their family doesn't live close by, they visit, phone and text very frequently to stay an important part of their lives.

They both have a long history of volunteering in our community. Gail was a former WHOA Board Secretary for 6 1/2 years, member/chair/liason of the Entertainment Committee for 15 years and had written over 15 years for the GW Voice. Gail is a member of the Shalom Club, GW Friends, GW Connections and an active participant in the Chorus, Hadassah & ORT. Gail plays weekly Mah Jongg and enjoys the pool.

Myron was the former President of the After Hours Club for 5 years and chaired the WHOA landscape committee. He just stopped playing golf after 10 years and has a club of men that meets every Wednesday at Romeos Restaurant, aptly called The Romeos.

They say "Greenbriar has been a wonderful place to live because we have made so many friends through the years and participated in so many activities sponsored by clubs and WHOA. We like (being part of) events at the clubhouse and always feel like we belong to the Greenbriar family. There is always something to look forward to."

Speaking of looking forward, our exciting 2026 lineup of Entertainment will have something for EVERY-ONE! From tribute to cover shows, it was our committee's objective to offer varied styles from different eras of many of the best artists music had to offer! Stay tuned!!!



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GW Camera Club

by Roy Goldschmidt

The Greenbriar at Whittingham Camera Club (GWCC) is proud to announce that the following members who submitted pictures for the Photography Wall in the Towne Centre have been selected and approved. Congratulations go to Victor Goldmintz, Arie Markowitz, Herb Saperstein, Larry Bartolf, Frank Genova, Francis Gunther, Kenny Kaiser, Rich Polk, Richard Lonsdale, Rich Lewis, and Roy Goldschmidt. The Camera Club changes the picture selection every 3-4 months to encourage residents in the community to view the hard work and creative energy of the camera club members. It also encourages many of our newer and/or less skilled members to display their images as they improve their knowledge and skills at composition and creativity. If you are inquisitive and want to view some amazing, innovative and creative work the photography wall is in the Towne Centre close to the exercise room and the dance studio. Come see for yourself what Camera Club members have accomplished and created.



The Camera Club will not have meetings during the months of December, January and February. We will resume meetings March 18, 2026. We have surmised that the winter months are sparsely attended due to people being away in a warm climate.

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The GWCC wishes everyone a happy, healthy and safe holiday season.



Barry Haimer
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Steven & Marcia Flood

Eric & Jennifer Stetson

GW Ladies Club

By Carrie Ferraro

The GW Ladies Club began the holiday season with a special cultural Thanksgiving event. Our members shared their special family treats and recipes.

We also visited the Make a Wish Castle on Perrineville Road after a great lunch at the Baker's American Bar and Grille in Monroe. The tour was both informative and inspirational. The club purchased a memorial brick which was displayed on the grounds.

Our holiday Winter Wonderland event was very festive with all the beautiful garland, snowflakes, candles and lights. We enjoyed a delicious dinner catered by Romeo's Restaurant and danced to the wonderful music by DJ Jeff.

Our members made donations to help the needy families in our area.

We plan to share many more fun and interesting events in the upcoming new year.

The GW Ladies Book Club meets the fourth Monday of every month in the All Purpose Room at 6:30 PM.

The GW Ladies Club meets the 2nd Monday of every month at 6:30 PM in the Ballroom. New members are always welcome to join. Membership forms are located in the kiosk in the lobby of the clubhouse. Annual dues is \$10 per person. We look forward to meeting new members and sharing and creating new adventures together.



Monroe Township Parks & Recreation Presents...

Grandparents' Day Out

Tues., December 30, 2025

10:30 am

**Monroe Community Center
120 Monmouth Road
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This event is free but registration is required!

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<https://register.communitypass.net/monroetownship>

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Italian American Senior Social Club

By Paul Hartnett

With December comes one of the most important and exciting holidays on the Italian American calendar- Christmas, the birth of Our Lord Jesus Christ. Allow me to share some memories of growing up in Gravesend, Brooklyn during this joyous time.

Some background: Grandpa Antonio (Poppy) was born in a village in the Avellino province of Italy, which is east of Naples. He immigrated to New York at 3 years old with his mom and siblings, living in a tenement on the Lower East Side. Grandma Carmela's (Nana) family hailed from Sicily, from a small town near Palermo. They met, married and settled in Brooklyn, and then along came my mom, Uncle Pete and Aunt Marie.

The hallmarks of the family were always hard work, education, togetherness and...food! I would awake on Sunday morning, attend the 8am Mass and then buy bread from Sabatino's bakery on the way home, where I would arrive to the amazing aroma of tomato *sauce* (not gravy...that goes on turkey or roast beef, although others may beg to differ!) being prepared by Nana in the basement kitchen. And the shopping, cooking, and baking really kicked into high gear at Christmastime.

The Christmas Eve meal featured Nana's pasta con sarda (sardines) and also the *calamari* in garlic and oil sauce. Other seafood dishes included *baccalà* (salt cod) and shrimp. As a treat, Uncle Pete remembers her also making *braciola di cotenna*, which is a pig skin *braciola*. An old school Sicilian/southern Italian dish, her making it required much prodding and begging on his part, and the dish was not made every Christmas, as it was not everyone's favorite. My mom and aunts all joined in as the shopping, preparing, baking and cooking went on for days before the Eve. There were meatballs and roast beef, plenty of salad and fennel (*finocchio*) for the 10 kids (my siblings and cousins), plus fried flounder and plain pasta with butter or sauce, as we children were all not yet fans of seafood.

There was a long, sturdy wooden table for the "grown-ups," where grandpa presided at the head, while the youngsters sat at the "kids table." Once this wonderful main meal was consumed, it was time for Nana's special treats at dessert.

She would make *pignolata*, a Sicilian delicacy, which is similar to the Neapolitan *struffoli*. They are traditional Christmas "honey balls" flavored with lemon zest, coated with honey, and topped with sprinkles. For years we didn't realize that they were fried because hers were so light and not at all greasy. Her skills as a cook and a baker were unparalleled. It took her hours of work to prepare this for her loved ones. My sisters recall her baking sometimes late at night and would hang out with her in her kitchen. Another of her specialties was *cuiciadatta* cookies, a fig treat made from a dough which could easily be over-handled to become tough. Nana's never were. As children, we might not have appreciated her skills but we sure looked forward to enjoying her baking. These recipes, like many others, were handed down and are now recreated by my daughters and other family during the holidays.

The Christmas Eve feast wound up with roasted chestnuts and walnuts, fruit, espresso coffee (*Medaglia D'Oro anyone?*) as the men played cards at the big table and we children speculated as to what Santa might be gifting us this year. Had we been good little boys and girls? We would have to wait till the morning to find out!

The board of The Italian American Senior Cultural Club would like to wish you a very Merry Christmas (*Buon Natale*), Happy New Year (*Buon Anno!*), Happy Hanukkah and Happy Holidays to our friends and neighbors and their families.

By the way, did you know that the Rockefeller Center Christmas Tree was an Italian legacy? The first Christmas tree was erected there in 1931 by Italian immigrant construction workers during the Great Depression. These workers pooled their resources to create a modest but meaningful tree at the Rockefeller Center construction site, honoring their Catholic roots and bringing hope to the city. Over time, this humble gesture evolved into the world-famous Rockefeller Center Christmas Tree tradition, now adorned with over 50,000 lights and a Swarovski crystal star.



"Learn from the mistakes of others. You can never live long enough to make them all yourself." Groucho Marx

GW Friends: A November to Remember.

By Mark Surks

At their October meeting GWF Members were enthralled with the lecture by Prof. Paul Zigo on the events that led to the unconditional surrender of Germany in May of 1945 ending the war in Europe. We will have Prof. Zigo back in 2026 to discuss the equally fascinating process that ended the war with Japan just a few months later on VJ day September 2, 1945.

Members of the club visited the breathtaking BAPS Shri Swaminarayan Mandir Hindu Temple in Robbinsville. Pictures are included below.



Here is what ***our members exclusively*** will get to do this month.

We will not have a general membership meeting in December, but there is still plenty to do.

Friday, December 5th

The Chess Club will meet at 2 PM in the Ballroom. Contact Anatoly Shpirt at 347-693-8791 or just show up. Beginners are welcome

Monday, December 1st Join us for our first Monday breakfast. The always fun, frenetic and financially rewarding ***GW Friends Breakfast*** is at 8:45 AM (early birds are expected, late comers are accommodated) at Christos Kitchen. Price is a ridiculously cheap \$14.00, tax and tip included, exact change preferred. We have our own menu and it is a fun morning.

Monday December 1st ***History Club*** 4 PM in the Poker Room. The topic this month will be TV Game Shows. It will be presented by the always interesting Larry Bartolf. The History Club is chaired and curated by Pierre Rein (908-420-4181).

Tuesdays, December 2nd and 16th The first and third Tuesday of every month the ***Alan Hermelee Current Events Discussion Group*** is held in the new upstairs Board Room. We cover many subjects including a gentle handling of otherwise divisive topics. Come share your opinion and intellect with us. It is a wonderful way to give voice to your thoughts and learn so much from others. ***Politics is not discussed.*** Let me say that again. ***Politics is not discussed.*** Alan Hermelee set the tone and we honor him by keeping it respectful. If you enjoy a stimulating discussion of topical matters, this is the place for you. Arie Markowitz moderates the meetings with moderate success.

Tuesday, December 9th ***The Finance and Investing Group*** will meet at 4:00 PM ***now in the Poker Room.*** Jerry “buy on the dips” Gittler and Chester “T-Bill” Trubinski facilitate the discussion about today’s markets. You can reach Jerry at 609-642-8929. If you get his voice mail, he is napping. This is an informative and entertaining group of both men and women. It’s a good place to learn financial matters. If you need help understanding just what you own, this would be a good place to find out.

Wednesday, December 10th ***Pizza and Billiards*** (or just pizza or just pool). This is always well attended. We meet at 12:30 PM at Ciro’s and then on to the GW Pool Hall downstairs in the Towne Centre. Contact Howard Katz at 609-409-8606, or just show up.

Monday, December 15th The ***Socrates Cafe*** will meet at 4:00 PM in the Poker Room. Stimulating topics chosen by the group from a list curated by the facilitator will be discussed. Socrates Cafes began in 1996 as a place for an open exchange of ideas. The GW “Cafe” is hosted by Allan Cooper 609-409-3860.

Monday, December 22nd ***The Marvin Bachman Book Club*** will meet at 4:00 PM to discuss “No More Tears: The Dark Secrets of Johnson & Johnson” by Gardiner Harris.

One day in 2004, Gardiner Harris, a pharmaceutical reporter for The New York Times, was early for a flight and sat down at an airport bar. He struck up a conversation with the woman on the bar stool next to him, who happened to be a drug sales rep for Johnson & Johnson. Her horrific story about unethical sales practices and the devastating impact they’d had on her family fundamentally changed the nature of how Harris would cover the company—and the entire pharmaceutical industry—for the Times. His subsequent investigations and ongoing research since that very first conversation led to this book—a blistering exposé of a trusted American institution and the largest healthcare conglomerate in the world.

The Marvin Bachman Book Club is always expertly facilitated by Harriet Bachman.



Residents Civic Club

The Residents Civic Club held a diaper drive in October to help families who struggle to provide diapers and wipes for their children. We are so proud to say our Greenbriar community came out in full support. As this will be a yearly venture, we hope to continue to help the Central Jersey Diaper Bank so that no child is in need.

Please continue to support the Civic Club by attending our monthly events. The annual winter chorus concert will be held in the Ballroom on Tuesday December 9 at 7:30 PM. Refreshments will be served. Thank you for your continued support!



GW Connections: Sweater Weather is Better Together!

by Michele Sandler

On Monday evening, November 3, attendees at the GW Connections meeting were transported backstage to 1966, where Louis Armstrong was being interviewed by Richard Meryman for *Life* magazine. In his Chautauquan-style performance, Marvin Jefferson brought the legendary musician vividly to life. From Armstrong's beginnings in New Orleans, through his troubled youth, to his deep love of music and eventual worldwide fame, Jefferson fully embodied the spirit of the great "Satchmo."

An enlightening Q&A followed Mr. Jefferson's performance leaving the audience feeling as though they had truly been in the presence of Louis Armstrong himself.

This was the final general meeting of 2025 for GW Connections. However, our many activities continue throughout the year. The upcoming semiquincentennial celebration of our Declaration of Independence in 2026 offers new and exciting opportunities, including a visit from "Betsy Ross" and a trip to the Museum of the American Revolution in Philadelphia.

GW Connections remains deeply committed to supporting local charities. A portion of every membership fee—and all funds we raise—benefit Homefront, Women Aware, and the Monroe Food Pantry. Thanks to the generosity of attendees at our November 3rd meeting, we are also donating an abundance of new toys for the holidays to residents of Homefront.



Join Our Clubs

GW Connections offers a wide variety of groups where members can learn, share, and grow together. Current offerings include:

- Three Book Clubs
- Two Discussion Groups
- Poetry Reading Club
- Provocative Thinking Club
- Short Story Club
- Writing Workshop

We're always open to new ideas—if you'd like to suggest a new group, we'd love to hear from you!

Membership Information

- Fees: \$15 (single) / \$20 (family)
- Charities supported: Homefront, Women Aware, Monroe Food Pantry
- To join: Make checks payable to GW Connections and place them in Box #5 (Attn: Sandy Duncan) in the Clubhouse lobby. Please include your contact information.
- Inquiries: Call Carol Cooper at 609-409-3860



Marvin Jefferson as Louis Armstrong

News from the Golf Course

By Allan Cooper

WINTER GOLF

The Pro Shop will be closed January and February. It will re-open on March 1, 2026. Motorized Golf Carts will not be available. However, Golfers are permitted to walk the course and play Golf. They must follow the rules listed below.



1. Each day golfers must look for the sign that indicates whether the course is Open or Closed. There will be a sign-up sheet in a plastic box on the bench in front of the Pro Shop. Each golfer should sign before beginning to play.
2. When the course is open, play starts at 10:00 A.M. Golfers must be off the course by 4:00 P.M.
3. The course will be closed when the temperature is below 40 degrees.
4. It is suggested that golfers go out at least two at a time, and that they bring a cell phone.
5. All golfers must start at the pro shop (1st hole) to determine if the course is open.
6. Greens will be open for play unless otherwise noted.
7. When the greens are considered too soft for play, golfers must use the temporary greens. (Location of the flags will indicate which green to use.)
8. Golfers are urged to use common sense, and protect the golf course from any damage.
9. Rangers will monitor compliance.
10. Use of the Greenbriar Golf Course is reserved for those residents with playing memberships only.
11. Any golfer not following the rules will face a two week suspension during the summer season at the discretion of the Golf Board.

The only people that are allowed to walk on the Golf Course are Golfers who are signed up to play golf that day.

The winter is a time for the superintendent to repair machinery, sharpen the cutting blades, and repair engines. The Golf Course owns several large pieces of equipment such as the large mowers that cut the grass, and many smaller specialized pieces. They are all checked and receive preventive maintenance so they are ready to go when Spring returns.

The Superintendent also inspects the Golf Course to see that the fairways and Greens remain in good shape during the winter months. Any tree work left over from the regular golf season is completed during the winter.

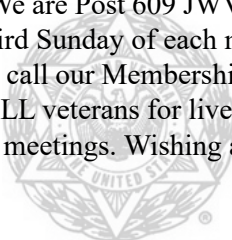
In other news from the Golf Course: In October the Golf Course hosted the Under Armour Junior Golf Tournament. Seventy young golfers, both boys and girls, from eight to fourteen years of age, participated in the tournament. Many parents caddied for their children. Other family members followed along either in golf carts or walking behind the golfers. Approximately thirty residents also followed the young golfers, and they uniformly reported that it was a very enjoyable experience to watch them play golf. The players and their parents said that Greenbriar was a great Golf Course to play and they hoped to repeat it again next year. Our former Head Pro, Kevin Darlington, caddied for his daughter Lexi, who won her match. So congratulations to them and we'll be happy to host the tournament again next year.

Attention ALL Veterans

You are cordially invited to join our group. We are Post 609 JWV of Monroe Township and meet here at Greenbriar/Whittingham. All are welcome. We meet the third Sunday of each month for bagels and a schmear and interesting programs concerning veterans. If interested, please call our Membership Chair to reserve a spot. Hoping to see you soon at one of our interesting meetings. We welcome ALL veterans for lively discussions, guests and movies. We are on Leave through December until April when we resume meetings. Wishing all residents a happy & healthy holiday season.

Stuart Weinstein 631-398-4274

Post Commander



Entertaining Greenbriar At Whittingham in 2026

By Debbie Harbatkin

After a year of fabulous WHOA shows, we have so much more! Look at what is coming to the Towne Centre Ballroom in 2026. Our tickets will still be \$30 each.

Our winter shows in January and February will be on Sunday afternoons to avoid the freezing nighttime temperatures, but things start heating up in March resuming our Saturday night shows, which have been a huge success!

We kick off the season on January 18th with the truly **Sensational Soul Cruisers**. We are in for an afternoon of 60's, 70's & 80's old school classic soul, funk, RnB, Motown, and disco with a modern twist. You will be grooving along and dancing on the floor or in your seats to songs you've known, you've heard and you've loved! Tickets are on sale now so do not miss this fabulous and fun show sure to please all ages!! These entertainers are playing larger venues in the area, including The Vogel and in Florida at ticket prices that are almost double, so you will be entertained, have so much fun, and at a great price right here at home!

In February we welcome **Alice Leon and her all-star band** to our stage, **celebrating the music of Carole King**. Her Now & Forever tour includes music from Carole's four Grammy winning album "**Tapestry**", with songs like "**It's Too Late**", "**I Feel The Earth Move**" and "**You've Got A Friend**". Alice is a fabulous singer, who among other performances, is a part of the touring trio known as The Three Troubadours in the Taylor, Simon, King shows selling out venues throughout the Country.

March brings us a combination tribute band that covers the music of iconic late 70's and 80's band sensations, **Journey** and **Foreigner**. **Foreign Journey** will play us the songs from both bands, whose hits included "**Don't Stop Believin**", "**Who's Crying Now**" and "**Open Arms**" to "**I Want to Know What Love Is**", "**Hot Blooded**", "**Cold As Ice**" and "**Feels Like The First Time**". Memories to envision fun times of the past and moving to the music of the contemporary sounds of pop rock radio.

After that, we can look forward to a variety of tribute bands from Billy Joel and Elton John to cover bands of the British Invasion, a variety of home-grown Jersey performers with some classic rock & roll, modern country music, oldies/ vocal harmony with popular songs of the 1950's 60's and 70's, and even a surprise or two.

Please remember that with the variety of music we bring to you, the size of the bands and the sound levels will vary. If you do not like the potential loud music of any of the shows, you can opt for seats in the back or wear noise canceling ear protection in order to best enjoy the show. Disposable Foam ear plugs are available for sale at the Concierge desk before each show for the reasonable cost of \$1 per pair.

Stay tuned for details and On Sale dates!



Irish American Club

GWwatched step dancing and sheep herding with dogs on a farm. We were entertained by a famous women's Irish folk group.

In our next meeting, we took a stroll through Central Dublin. We passed the Post Office where the Easter Rebellion began in 1916. We visited Trinity College which is famous for being the Keeper of The Book of Kells, which is one of the oldest written documents in the world. It was written around 800 AD.

Come to our meeting to hear the rest of the story.

We welcome you to have fun while we explore the beauty, music and history of Ireland.

We are a discussion group. We welcome your input.



"Never allow someone to be your priority while allowing yourself to be their option." - Mark Twain

GW Wheels Gears Up for Toys for Tots!

GW Wheels is proud to once again support the annual US Marine Corps Toys for Tots program! Residents are invited to bring a new, unwrapped toy to the Towne Centre now through December 6th to help make a difference in a child's life.

Since 1947, Toys for Tots has distributed more than 708 million toys to 314 million children nationwide. Each year the program collects new unwrapped toys and distributes those toys to economically disadvantaged children at Christmas - to help bring the joy of Christmas and send a message of hope to children in local communities.

This year, like last year, GW Wheels will deliver the toys collected at the Towne Centre to the Marines at Wayne's Auto Body Shop's Toys for Tots Car Show and "Hangout" in Sayreville on Sunday, December 7th. Last year over 100 toys were donated by Greenbriar residents! On the morning of the show, GW Wheels members will load up their sports and classic cars – like motorized Santa sleighs - and transport the toys to the event.

Local Toys for Tots campaigns are conducted annually in over 800 communities covering all 50 states and territories. At Christmas, coordinators, with the help of social welfare agencies, churches, and local community organizations – ensure toys reach children most in need.

With the help of FirstService, collection boxes have been set up in the Towne Centre lobby. Residents can drop off new, unwrapped toys in the collection boxes or make financial contributions online through the official Toys for Tots website: <https://www.toysfortots.org/>

The Toys for Tots Car Show will be held Sunday, December 7th from 9AM to 12PM at 1938 Highway 35, South Amboy. GW Wheels will join the other hot rods, muscle cars, classic cars and bikes on display that day.

GW Wheels is in its second year as a club at Greenbriar. The focus of the club is motorized vehicles with wheels – sports, muscle, classic cars and bikes. For more information about the club, or to join, contact them at gwwheels@icloud.com or visit the website at <https://gwwheelsclub.godaddysites.com>.



GW Wheels members Paul Lenci and Tom Mulvey delivering over 100 toys donated by Greenbriar residents to the Marine Corps Toys for Tots drive last year. Toys are being collected in the Towne Centre, now through December 6th for this year's drive.



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Put a **FREEZE** on Winter Holiday Fires

It's fun to decorate for the winter holidays, but holiday decorations can increase your risk for a home fire. As you deck the halls this season, be fire smart.



Half of the home decoration fires in December are started by candles.



More than 1/3 of home decoration fires are started by candles.



Christmas is the peak day for candle fires.



Keep candles at least **12 inches** away from anything that burns.



A dry Christmas tree can burn very hot and very fast.



More than 1 in every 5 Christmas tree fires were caused by a heat source too close to the tree.



Read manufacturer's instructions for the number of light strands to connect.



Make sure your tree is **at least 3 feet** away from heat sources like fireplaces, radiators, space heaters, candles or heat vents. Also, make sure your tree does not block exits.



Get rid of your tree after Christmas or when it is dry.



For more information on how to prevent winter fires, visit usfa.fema.gov/prevention/outreach/holiday.html and nfpa.org/winter.



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ads-8099

Attention Dog Walkers. Well Non-Dog Walkers Too, I Guess



Walk your dogs near the curbs, *not down the center* of our streets. Always walk *against* traffic for your safety.



Sunday	Monday	Tuesday	Wednesday
	1 9:00 a.m. Ping Pong 10:00 a.m. Team Weights with Ellen 11:00 a.m. Aquacise 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. History Club 6:30 p.m. Line Dancing with Teri 7:00 p.m. Wine Club 7:00 p.m. Intuitive Club	2 10:00 a.m. Greenbriar Site Review Committee Meeting 10:00 a.m. Line Dancing 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Fab, Fit & Fun 12:30 p.m. GW Ladies Club Board Meeting 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. The Alan Hermelee Current Events Discussion Group 3:00 p.m. PAC Board Meeting 3:30 p.m. Tap Dancing 5:30 p.m. Water Volleyball 6:30 p.m. WHOA/GWCA Budget Meeting 6:30 p.m. Billiards	3 9:00 a.m. ... 10:00 a.m. Chair Yoga 10:30 a.m. Resident Meeting 10:30 a.m. Team ... 12:30 p.m. Exercise ... 2:00 p.m. PAC ... 3:00 p.m. Israel ... 6:00 p.m. ... 6:00 p.m. ... 7:00 p.m. ... 7:00 p.m. New ...
7 9:45 a.m. Shalom Club	8 9:00 a.m. Ping Pong 10:00 a.m. Entertainment Committee Meeting 10:00 a.m. Team Weights with Ellen 11:00 a.m. Aquacise 12:30 p.m. Exercise (Instruction on TV) 1:30 p.m. GW Pulse Editing 3:30 p.m. Tap Dancing 6:30 p.m. GW Ladies Club 6:30 p.m. Line Dancing with Teri	9 10:00 a.m. Line Dancing 10:00 a.m. Brain Fitness 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Fab, Fit & Fun 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. Finance Committee Meeting 5:30 p.m. Water Volleyball 6:30 p.m. Billiards 7:30 p.m. Residents Civic Club	10 9:00 a.m. ... 9:30 a.m. Computer ... 10:00 a.m. ... 10:00 a.m. V ... 10:00 a.m. Chair Yoga 10:30 a.m. Team ... 12:30 p.m. Exercise ... 2:00 p.m. PAC ... 4:30 p.m. Indo- ... 6:00 p.m. ... 6:00 p.m. ... 6:00 p.m. ...
14	15 9:00 a.m. Ping Pong 10:00 a.m. Provocative Thinking 10:00 a.m. Team Weights with Ellen 11:00 a.m. Aquacise 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. Socrates Café 6:30 p.m. Line Dancing with Teri	16 10:00 a.m. Line Dancing 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Fab, Fit & Fun 12:30 p.m. Exercise (Instruction on TV) 1:00 p.m. GW Connections Book Club 2:00 p.m. Alan Hermelee Current Events Discussion Group 3:30 p.m. Tap Dancing 5:30 p.m. Water Volleyball 6:30 p.m. Billiards	17 9:00 a.m. ... 10:00 a.m. Greenbriar ... 10:00 a.m. Th ... 10:00 a.m. Chair Yo ... 10:30 a.m. Team ... 12:30 p.m. Exercis ... 2:00 p.m. PAC ... 6:00 p.m. ... 6:00 p.m. ... 6:30 p.m. WHOA/G ... 6:30 p.m. Health/Fi ... 7:00 p.m. Camer ...
21 9:30 a.m. Monroe Township Post 609 Jewish War Veterans	22 9:00 a.m. Ping Pong 9:45 a.m. GW Connections Board Meeting 10:00 a.m. Team Weights with Ellen 11:00 a.m. Aquacise 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. GW Friends Book Club 6:00 p.m. Ladies Club Book Club 6:30 p.m. Line Dancing with Teri 7:15 p.m. GW Friends	23 10:00 a.m. Line Dancing 10:00 a.m. WHOA Landscape Committee Meeting 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Fab, Fit & Fun 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 5:30 p.m. Water Volleyball 6:30 p.m. Billiards	24 *Christmas Centre Cl
28 1:00 p.m. WHOA Movie: The Woman in Cabin 10	29 9:00 a.m. Ping Pong 10:00 a.m. Team Weights with Ellen 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 5:30 p.m. Indo-American Club 6:30 p.m. Line Dancing with Teri	30 10:00 a.m. Line Dancing 10:00 a.m. Shalom Club Board Meeting 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Fab, Fit & Fun 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 5:30 p.m. Water Volleyball 6:30 p.m. Billiards	31 *New Year Centre Cl

Wednesday	Thursday	Friday	Saturday
<p>Ping Pong Ceramics Yoga with Karen & Dave Towne Civic Club Board Meeting Motion with Ellen (Instruction on TV) Acting Workshop Jelly Dance Class Gin Rummy m. Bocce WCA Joint Open Board Meeting Fitness & Wellness Club a/Photography Club</p>	<p>4</p> <p>9:00 a.m. 3D Art 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Aquacise 11:30 a.m. GW Social Club Board Meeting 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. Painting Group 3:30 p.m. IASCC Board Meeting 6:00 p.m. Stained Glass Group 6:30 p.m. Billiards</p>	<p>5</p> <p>9:00 a.m. Ping Pong 9:15 a.m. Meditation Class 10:00 a.m. Beginners Plus Line Dancing with Joan & Sona 10:30 a.m. Yoga with Brian 11:00 a.m. Painting Group 11:00 a.m. Deep Water Aquacise 12:30 p.m. Scrabble 1:00 p.m. Health Lecture: Medicare, Waste, Fraud & Abuse 2:00 p.m. Chess Club 5:00 p.m. PAC Cast Party</p>	<p>6</p> <p>9:00 a.m. Zumba with Diane 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV) 1:00 p.m. WHOA Movie: 27 Nights</p>
<p>Ping Pong Towne Club (Zoom Only) Ceramics Writing Group Yoga with Karen & Dave Motion with Ellen (Instruction on TV) Acting Workshop American Ladies Gin Rummy m. Bocce Cornhole</p>	<p>11</p> <p>9:00 a.m. 3D Art 9:00 a.m. Greenbriar Budget & Finance Committee Meeting 10:00 a.m. WHOA Budget & Finance Committee Meeting 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Towne Centre Committee Meeting 11:00 a.m. Aquacise 12:30 p.m. Exercise (Instruction on TV) 1:00 p.m. GW Social Luncheon 2:00 p.m. Painting Group 4:00 p.m. Shalom Club Program Committee Meeting 6:00 p.m. Stained Glass Group 6:30 p.m. WHOA Open Workshop Meeting 6:30 p.m. Billiards</p>	<p>12</p> <p>9:00 a.m. Ping Pong 10:00 a.m. Beginners Plus Line Dancing with Joan & Sona 11:00 a.m. Painting Group 11:00 a.m. Deep Water Aquacise 12:30 p.m. Scrabble 7:00 p.m. Bingo 7:00 p.m. Canasta Tournament</p>	<p>13</p> <p>9:00 a.m. Zumba with Diane 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV)</p>
<p>Ping Pong Ceramics Towne Covenants Committee Meeting Yiddish Vinkle Yoga with Karen & Dave Motion with Ellen (Instruction on TV) Acting Workshop Gin Rummy m. Bocce WCA Joint Open Board Meeting Fitness & Wellness Club a/Photography Club</p>	<p>18</p> <p>9:00 a.m. 3D Art 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Aquacise 11:30 a.m. GW Social Club Board Meeting 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. Painting Group 3:30 p.m. IASCC Board Meeting 4:00 p.m. GW Friends Board Meeting 6:00 p.m. Stained Glass Group 6:30 p.m. Billiards</p>	<p>19</p> <p>9:00 a.m. Ping Pong 9:15 a.m. Meditation Class 10:00 a.m. Site Review Committee Meeting 10:00 a.m. Beginners Plus Line Dancing with Joan & Sona 10:30 a.m. Yoga with Brian 11:00 a.m. Painting Group 11:00 a.m. Deep Water Aquacise 12:30 p.m. Scrabble 6:30 p.m. Canasta Tournament 7:00 p.m. GW Music Club</p>	<p>20</p> <p>9:00 a.m. Zumba with Diane 10:00 a.m. Tennis Club 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV)</p>
<p>Christmas Eve – Towne Closes at 1:00 p.m.</p>	<p>25 *Christmas Day – Towne Centre Closed</p>	<p>26</p> <p>9:00 a.m. Ping Pong 9:15 a.m. Meditation Class 10:00 a.m. Shalom Board Meeting 10:00 a.m. Beginners Plus Line Dancing with Joan & Sona 10:00 a.m. Greenbriar Covenants Committee Meeting 10:30 a.m. Yoga with Brian 11:00 a.m. Painting Group 12:30 p.m. Scrabble</p>	<p>27</p> <p>9:00 a.m. Zumba with Diane 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV)</p>
<p>Christmas Eve – Towne Closes at 1:00 p.m.</p>			

Fighting the Holiday Blues: Keeping Mind, Body, and Soul in Balance

By *Lisa DiGiovanni, EdD, MSN, RN, MEDSURG-BC, CHSE, and Elizabeth Caruso, MSN, RN, COHN-S, Saint Peter's University Hospital*

The holidays are meant to bring warmth, connection, and joy. But, for many seniors, this time of year can also bring sadness, stress, and loneliness. If you find yourself feeling more blue than bright during the winter season, you are not alone.

The good news is that there are simple, effective ways to lift your spirits and care for your whole self.



Mind: Stay Engaged and Connected

One of the best defenses against holiday sadness is mental stimulation and social connection. When routines slow down and family is far away, it's easy for the mind to turn inward. Challenge yourself instead!

Try a new hobby like painting, writing, or learning a language online. Join a book club, attend a community class, or volunteer for a few hours a week. Giving your time and sharing your experience not only helps others but also builds purpose and belonging.

If you can't meet in person, technology is your friend. Schedule video calls with family, reconnect with old friends, or join an online discussion group. Keeping your mind active and engaged builds resilience and reduces isolation.

Body: Move, Nourish and Rest

Shorter days and colder weather often mean you are getting out and about less often. However, staying active is key to keeping your mood up. Gentle exercise, such as walking, yoga or tai chi, boosts endorphins, improves sleep and sharpens focus. If your community doesn't offer any of these programs, you needn't look further than YouTube for countless videos that will show you step by step how to do these activities.

Nutrition matters, too. Comfort food can be tempting— and holiday gatherings mean there will be plenty of cookies and other goodies to choose from! Make a concerted effort to balance the treats with fruits, vegetables, lean proteins, and plenty of water.

Also, be cautious with alcohol. You may be tempted to indulge, but it's important to know that if you are feeling the holiday blues, alcohol can worsen fatigue and sadness.

You should also aim for seven to eight hours of sleep each night. A consistent sleep schedule helps regulate both mood and energy.

Soul: Find Meaning and Gratitude

Caring for your emotional health means that you might want to think about what gives your own life meaning. What makes you happy? The holidays can stir memories of people and the times we miss. Instead of avoiding those feelings, honor them. Light a candle for loved ones, share stories about them, or start a gratitude journal to reflect on what still brings you joy.

It's Important to Know You Are Not Alone

If sadness feels heavy or lasts for more than a few weeks, reach out for help. Talk to your doctor, counselor, or trusted friend.

This season, as you are giving friends and loved one's gifts, take some time to give yourself the gift of balance. Engage your mind, move your body, and nurture your soul. Happy holidays!

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Health Fitness and Wellness Club

By Stephanie Lichtenstein

On October 15th, our club welcomed Dr. Shraddha Wagh, PT, DPT, PCTS from Jag Physical Therapy for an insightful presentation on the role of physical therapists. Dr. Wagh shared how physical therapists are movement specialists who help individuals regain strength, mobility, and function through personalized care.



She explained that physical therapists work in diverse settings—including hospitals, private clinics, and rehabilitation centers—and treat a wide range of patients. This includes those recovering from injuries or surgeries, individuals managing chronic pain, and people with musculoskeletal, neurological, or cardiopulmonary conditions. Physical therapy is also commonly used as a proactive step before procedures like knee or hip replacements.

Dr. Wagh highlighted various treatment techniques such as massage, electrical stimulation, and joint manipulation, all aimed at reducing pain and enhancing movement. Education is a key part of therapy, as therapists empower patients with knowledge about their conditions and recovery strategies.

Following Dr. Wagh's presentation, our focus shifted to nutrition with a session led by Stephanie Lichtenstein, rounding out a well-rounded evening of health and wellness education.

Coming:

Self defense part 2

Tai Chi part 2

Chair pilates

Chair Yoga

GW Chorus To Perform in Ballroom

By Janet Blau, Choral Director

The GW Chorus will be presenting a program featuring the music of The British Invasion. I'm sure you will know and love all the songs we will be performing.

Our chorus is made up of a group of your friends and neighbors who love to sing, laugh and talk too much. We meet every Thursday morning in the Towne Centre Ballroom at 10:00 AM. Please consider joining our wonderful group as we enjoy each other's company while we make beautiful music. Many friendships have been formed throughout the years and we warmly welcome anyone who would like to sing with us. No auditions are held. All you need is to experience the joy of music. Our first meeting after our Dec. 9th concert will be on January 8, 2026. Please just come on down and we'll give you all the materials you need.



In addition to our wonderful singers, we have two of our members, Jon Leal and Sal Levatino, who enhance our music with their fabulous accompaniment. Sal excels on the keyboard and Jon is a fabulous guitarist. We are so lucky to have "the guys", or "The Dynamic Duo". They put so much time and effort into the music and work so hard to make us sound as good as we do.

The GW Chorus would like to thank The Resident Civic Club, especially Gary Filik, for its sponsorship and support. We know that they are there for anything we need.

So, come out and join us for a rocking and fun good time on Tuesday, December 9th at 7:30PM. I *guarantee* you'll leave singing the songs you've heard. There is no admission fee and refreshments will be served.

Pickleball Club

By Randy Kahn

Our Pickleball Club continues to roll along, with tournaments, social events, spirited play and LOTS AND LOTS OF FUN!!! We now have 196 members, doubling our number from just a short time ago. When we reach 2000 members we will march on Washington, DC, paddles in hand, demanding representation at the highest levels of government. The pickleball lobby on K Street in DC is just a dink away!!!

The annual Monroe Township Mayor's Cup was held on September 8th, 9th and 10th at Clearbrook and the Monroe Rec Center. The field was comprised of five teams, including GW, Venue, Regency, Falcons and Renaissance. Our women's team finished 4th; the mixed team finished 3rd; our men's team tied for 2nd place. Our players included Dave Blumenthal, Fernando Gonzalez, Lonnie Mitchel, Larry Turkel, Norm Levine, Jeff Weiss, Karen Ellis, Harriet Mitchel, Jenn Hyjack, Deb Wallach, Janice Liquori, Kathy DeDonno, Subir Sengupta.

We began our inaugural Greenbriar/Whittingham in-house tournament in mid-September. This was a competitive yet friendly event spanning roughly six weeks, comprised of both men and women. Some 40 individuals participated in this tournament. The regular standings for our four teams were: 4th place- -Your Sister's Knish, captained by Norm Levine; 3rd place- -The Unforced Terrors, captained by Deb Wallach; 2nd place- -The Rebels, captained by Lonnie Mitchel; and 1st place- -The Posse, captained by Larry Turkel. The photo accompanying this article illustrates the participants in this GW tournament. Playoffs were held November 6th and 13th, the results of which will be discussed in next month's Pulse. We ended the tournament with a pizza party in the clubhouse. A big thank you to Jeff Weiss for coordinating and administering this tournament with the cooperation and hard work by all of the captains. We all look forward to next Fall's edition of this tournament.

Club elections were held on September 29th and the following individuals were unanimously elected to their new positions- -Deb Wallach, President; Rosie Chorney, Vice-President; Rich Flathman, Treasurer; Robin Knee, Secretary. We look forward to spirited leadership from this new team and wish all these individuals the best of luck in their new roles. We celebrated this new team coming aboard with an ice cream party in the clubhouse poker room following the election.

Our big social event of the past few months was a Western-themed hoedown, which took place on Saturday evening, October 25th in the clubhouse. More than 100 individuals attended this party which included a country music duo playing guitar, banjo and fiddle. There were lasso demonstrations, bales of genuine hay, delicious food catered by Tuscany, spirited dancing and LOTS of merriment. The Monroe Township Board of Health put the kabash on our plans for calf-roping, barrel jumping and horse branding, but anyone interested in these activities, continue to check Team Reach, as we may hold clinics for these activities if there is sufficient interest.

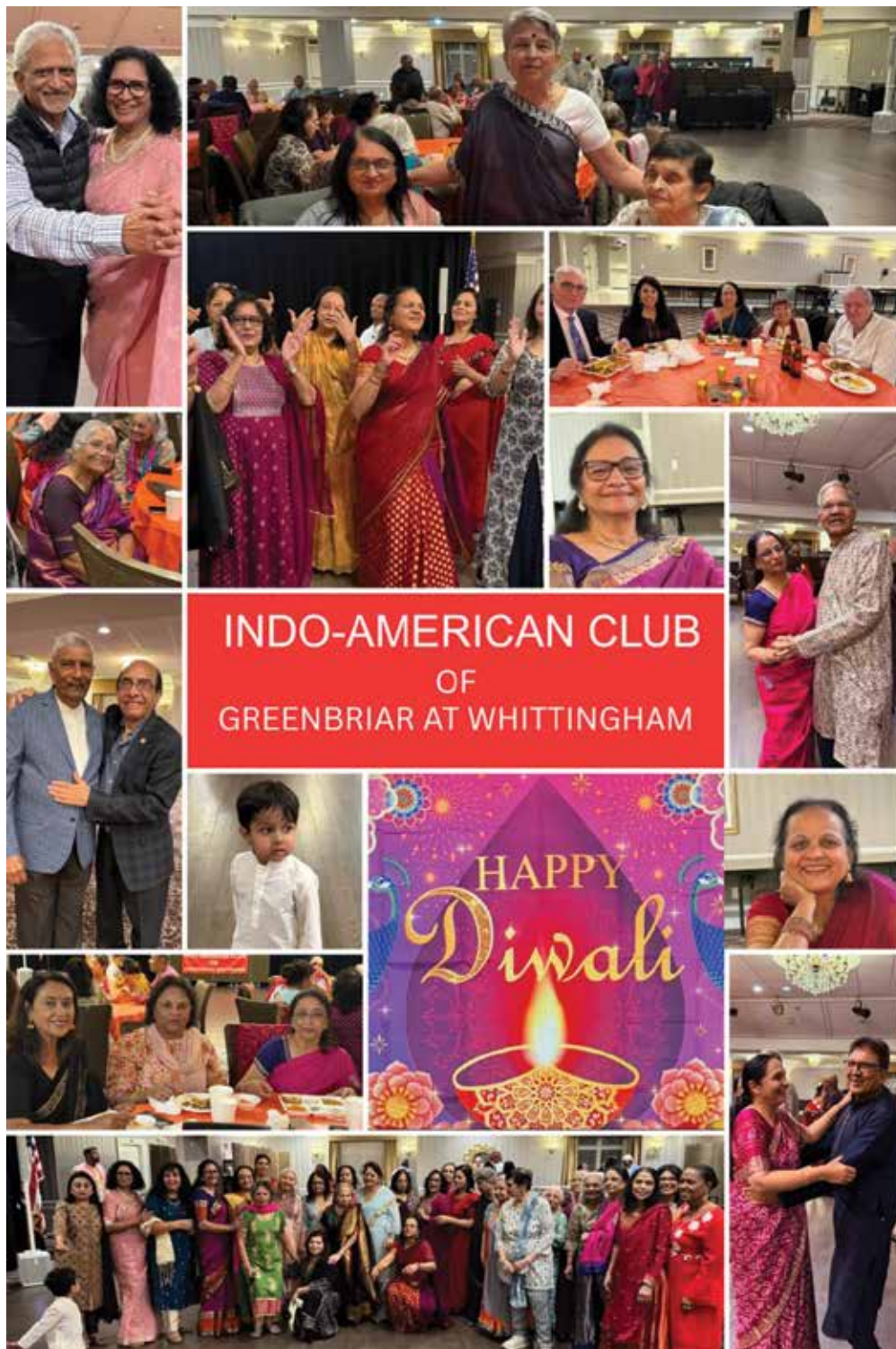
Putting on an event of this size and scope takes a considerable amount of planning, hard work and thought. Deb Wallach guided a large group of volunteers who researched and selected the caterer; created the program flyer; set up and tore down the room/stage adorned with all sorts of Western-themed décor; created and displayed centerpieces; ran the entry table and 50/50 drawing; arranged tables and seating charts; transported and set up hay around the room to create an authentic feel; created video slide shows; made music playlists; etc; etc; etc.

The volunteers who performed these and other tasks included Janice Groves, Margaret Kahn, Harriet Mitchel, Rosie Chorney, Robin Knee, Pat Mizerek, Maxine Chodroff, Cliff Durlacher, Barbara Wolff, Linda Schiff, Stephanie and Jay Lichtenstein, Les Linet, Lonnie Mitchel, Jeff Weiss, Stan Chorney, Randy Kahn, Barbara Levine, Kathy DeDonno, Rich Flathmann, Gerrie Pasapia.

Some of our Club members have left for points South and we wish them all the best. Keep lobbying, dinking and smashing, and we look forward to your safe return in the Spring.

A safe, pleasant and fun-filled Winter to all of our members. We look forward to seeing you on the courts before too long.





By IAC Volunteering Team

(Photos by Lata Shah, Raj Malhotra, Narhari & Gayatri Rao, Ranjan Mehta, Yagnesh Patel)

Diwali's radiant glow lit up the faces and the night as the "HIDDEN GEMS" electrified the stage with energetic rhythms of Bollywood beats. With spirits aglow, the young and young-at-heart danced in a swirl of vibrant colors, celebrating the spirit of Diwali – the triumph of light over darkness and good over evil. Our October gathering was a joyous tribute to the Festival of Lights, embracing new beginnings, hope and delight.

With hearts full of joy and love, we welcomed our New Year.

*Members of HIDDEN GEMS are dedicated volunteers raising funds for humanitarian causes while singing with passion.
(Hidden-Gems.Org)*

At The Oscars

By Diane Vernickas

Sunday, November 2 -- what a great afternoon! I attended a performance by The Performing Arts Club at GW. Hollywood has nothing on hometown talent with their production of **At the Oscars**. The red carpet rolled out for our very own ensemble of talented cast members and the show was hosted by Stu Rosenberg and Ellen Diamond.

The presenters for the award winners provided amusing anecdotes about various Oscar winning performances, shining the spotlight on various composers, directors, choreographers and actors. To my delight the show sparkled with comedy, music and sequins. It was a fun retrospective on the Academy Awards (AKA – The Oscars).

Bill Golda introduced us to The Silent Movie starring Terri Haberman, Harlan Tuckman, Phil Braun, Jacki Rein, Carole Mulvey, Lisa Baruch, Carrie and Joe Ferrero and Sheila Kaplan. And, by the way, no one forgot their lines!

The Carol Burnett iconic spoof on *Gone with The Wind* -- *Went With The Wind* -- was a hilarious parody perfectly executed by Shari Ferber, Jim Britton, Barbara Leftow and Bill Golda. What fun it was!

Shari Ferber introduced the cast of the classic kitchen scene from *Moonstruck*. This skit had all the makings of cross-signals... doorbells ringing... missed bank deposits and Loretta's paramours played by Joe Atanasio and Bill Golda. Other cast members of *Moonstruck* were Barbara Lindell, Marcia Bartoff, Tom Clark, Jacki Rein, Larry Bartolf and Stu Weinstein.

Here in our little hamlet of Greenbriar at Whittingham, At The Oscars had all the ingredients - glitter, giggles and maybe a few technical malfunctions. No matter -- the reaction by the audience was enthusiastic and the applause heartfelt.

Excerpts from the dance routines of *Footloose* and *Night Fever* were enjoyed by the audience as they clapped and cheered along with the music. So much more to comment on -- Jacki Rein as Shirley Temple tap dancing to *The Good Ship Lollypop*; Shelly Leal singing *Moon River*; Gary Filik and Diane Stanley singing *True Love*; Barbara Lindell and Terri Haberman singing *Que Sera*. There were some hilarious bits. Marcia and Larry Bartolf, Joe Ferraro and Gerrie Pisapia singing *Sisters*. The soloists were marvelous! A favorite of mine was Barbara Leftow's rendition of *All The Way from The Joker Is Wild*. It was delivered so beautifully, it brought tears to my eyes.

Oh yes there was more award-winning music. On the *Attchinson Topeka & Santa Fe* performed by Carole Mulvey, Diane Stanley and Shelly Leal; *Hey Big Spender* sung by Lisa Baruch, Shari Ferber and Carrie Ferraro. Also topping off the list was our very own Tom Clark, Joe Atanasio, John Leal and Jim Brittain performing *As Time Goes By* and *Pennies From Heaven*. Comedy Tonight by Jim Brittain and Harlan Tuckman was a lively and fun routine! You Gotta Get A Gimmick from the musical *Gypsy* performed by Lanie Turkel, Carole Mulvey and Ann Matisoff gave meaning to the expression "rollicking fun"! Five of our troupe members -- Jim Brittain, Stu Weinsetin, Gary Filik, Charlie Ohn and Joe Atanasio entertained us with *You've Gotta Have Heart* from *Damn Yankees*!

I'd be remiss if I failed to mention the film of (imagined) outtakes of *Casablanca*. Additionally, there was a reenactment of the famous scene of *On The Waterfront* with Marlon Brando (played by Chip Donogria) delivering the now famous line.... "I could have been a contender." It would not have been complete without a tribute to the film *The Godfather* -- retitled *The Godbarber*. You had to be there!

As the show was nearing final curtains, Charlie Ohn recreated his dramatic and hysterical appearance as Roberto from *Life is Beautiful* followed by Terri Haberman singing *Beautiful That Way*.

The finale was wonderful. Producer Gerrie Pisapia and Director Marie-france MacDonald topped off the show joining the entire ensemble singing *White Christmas*. What a beautiful ending.

It's truly amazing that this little theater group—guided by our technical wizard, James MacDonald, and our all-around stage expert, technician, set designer, and everything man, Mort Resnicoff—has created such wonderful camaraderie among the stagehands and performers. Together, you've made real magic happen... right here in our own backyard! Bravo to you all!



The Sherlock Holmes Club

by Paul Hartnett

Ah, “Merry Olde England”—a phrase that conjures up images of Tudor banquets, green countryside, and the chime of church bells echoing through quaint villages. It’s a nostalgic term often used to romanticize England’s past, especially the medieval and early modern periods. The phrase often idealizes a time of simpler pleasures: maypole dancing, harvest festivals and hearty ale in cozy taverns. However, Victorian England was a paradox: a time of great progress and prosperity for some, but also hardship and upheaval for many.

Sherlock Holmes is best described as solidly middle class with ties to the minor gentry through his family background and education. His income is never precisely detailed, but he and Dr. Watson live comfortably at 221B Baker Street, with a housekeeper (Mrs. Hudson) and Holmes indulges in hobbies like chemistry, violin, and visits to the opera—suggesting prosperity and financial stability. As we have invited readers to “put down that cell phone and journey back to a simpler time and place,” that comfortable place is the world of Holmes and Watson...but not for the average citizen of London.



Dr. Watson called London “that great cesspool into which all the loungers and idlers of the empire are irresistibly drained.” Holmes called it a place where “four million human beings [are] all jostling each other within the space of a few square miles.” To the people of Holmes’s time, London wasn’t a city- London was *The City*- the center of government, the very heart of the nation. The Thames River flows right through the center of the city making it a commercial center as well, importing and exporting the wares of the world. And while London was one of the most populous cities of its time, it was perhaps the single most polluted. The streets were covered in manure. That very same Thames River was a convenient dumping place for everything from raw sewage to manufacturing waste to the latest murder victim’s body. The air was fed by the smokestacks of countless factories; on some days it was unbreathable. The poorest lived in conditions scarcely imaginable by today’s standards. In the East End poverty, drink, and overcrowding led to disease, prostitution, and homelessness.

Victorian England was an extremely class-conscious society with very low social mobility. In early Victorian society, people had little opportunity to move up the social ladder. However, by Holmes’s time, increased industrialization, capitalism, a growing skilled labor force, trade unions and political pressure from socialists put cracks in the class system. The Elementary Education Act of 1870 made basic schooling accessible to all children regardless of class. Literacy rates rose dramatically, empowering the lower classes with knowledge and access to newspapers, books and political ideas. In modern pollution-conscious London, London fog is a thing of the past.

The Sherlock Holmes Club is dedicated to exploring and discussing the adventures of the Master Detective and Dr. John Watson, and the life and times of Victorian England. One of the 60 original stories by Sir Arthur Conan Doyle is selected for each meeting, which features discussion, film clips, and an occasional guest speaker. There are no dues and the stories are available for free online at *Sherlockian.net* and other sites. So put down that phone and climb the seventeen steps to join Holmes and Watson as they sit by the cheery fire in the Baker Street sitting room awaiting their next exciting case. New members are always welcome.

Meetings are held on the 2nd floor meeting room at 4:30 on the 4th Wednesday of the month. Due to upcoming conflicts in November (Thanksgiving Eve) and December (Christmas Eve), our next meeting will be on Wednesday, January 28th. See our announcements and schedule in *The Pulse*, on Ch. 26 and through flyers in the Towne Centre lobby.

The Game is Afoot!

??? call Paul 609-642-6314



New Kids on the Block

By Maddie Litoff

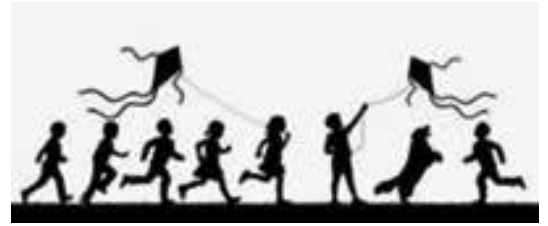
Here we are all together after 15 years. Get off your rocking chair and cheer that we all are here and so dear. I want to give everyone a cheer. I know it is hard to find friends that you left behind but now we all can share new ideas of blending friends, and smiling.

Our community is filled with all wonderful people like you! New Kids on The Block opens doors to everyone. We welcome all new friendships in golden years ahead. Thank you New Kids for being so dear.

We had a wonderful Chinese holiday dinner and look forward to many more good times together. Our next meeting will be the first Wednesday of December. We will have a scavenger hunt of little duckies hiding in the clubhouse. Sign up and put your reservation in box 26. Also try to pay up your dues for next year of \$15.

See you soon

Our best committee members.



A Groovy Time at an Italian American Party
32 - December 2025

They Sure Love



Greenbriar at Whittingham Pulse

GW Residents Urged to Participate in Concordia Fundraiser

By Mark Surks

Concordia is hoping for a good turnout from the Senior Communities in support of its fundraiser for Elijah's Promise. Look time Middlesex County residents are familiar with the good work and the high regard that is associated with Elijah's Promise.

Concordia has made it easy and painless to help. You can, if you wish, bake cookies to donate to their effort. Alternately, or additionally, you can buy a box for \$10 and pack it tight with whatever will fit it. 100% of the receipts go to this worthy cause.

If baked goods are not your thing, a visit to <https://elijahspromise.org/> will offer you with many ways in which you can help.



The premise of the Cookies for Charity is simple:

Bake, Buy, Give

Concordia residents are asked to bake and donate their delicious cookies to be sold at the event.

Attendees purchase **\$10 box** to fill with cookies
(FYI - Your box **must** close).

All profits to be donated to Elijah's Promise

SATURDAY, DECEMBER 13, 2025

FROM 10AM-5PM

(or whenever we run out of cookies)

I would rather have a bottle in
front of me than a frontal lobotomy.

The Martin Salmanowitz Senior Social Club

By Lisa Baruch and Regina Savarese

During the month of December we will celebrate Hanukkah beginning December 14th at sundown and Christmas and New Year's Eve with our families and friends, as well as the beginning of the winter season on December 21st.

On *Thursday, November 13th* we had our luncheon show, "**Just Friends**" who have been together since 1986. They performed classic hits from the 50s through the 70s. Lunch included butternut squash ravioli, potato croquettes, mixed vegetables, chicken breast parmigiana, chicken with artichokes and sun-dried tomatoes, meatballs in tomato sauce, beef with broccoli, tossed salad, rolls, coffee, tea and home style cookies. A great afternoon was had by all.



Upcoming Shows:

Thursday, December 11h @1:00 PM in our Ballroom – "**Al Getler**" is a male vocalist/vocal impersonator/ventriloquist. He sings the greatest songs of the past, by artists such as : Elvis Presley, Frank Sinatra, Neil Diamond, Bobby Vinton, Willie Nelson, Dean Martin, Paul Anka and more. Lunch will include: Penne Ala Vodka Sauce, Garlic Mashed Potatoes, Glazed Carrots, Rolled Eggplant Parmigiana, Chicken Sorrento, American Pot Roast, Sausage and Peppers, Salad. Christmas and Hanukkah Viennese table with all kinds of desserts including an international assortment of pies, cakes, chocolate dipped strawberries, butter cookies, miniature pastries, chocolate mousse, fruit displays and so much more! Fun will be had by all.

Happy New Year to all and see you in 2026!

Bingo: The GW Social Club sponsors Bingo on the second Friday of each month, and doors open at 7:00 p.m. Our upcoming Bingo night will be on December 12th. All are welcome. Come and enjoy playing with your friends and neighbors, and you may win a few bucks!

Membership: Our membership year is July 1st - June 30th. If your membership is not current, please make your separate dues check out to the "GW Social Club" and deposit it into our Box #1 in the clubhouse. Our dues are \$20/couple, \$10/all singles.

We are always looking for volunteers to help out with various committees such as Catering, Entertainment and Setup. Please get in touch with us if you are interested.

We look forward to seeing you in the near future.

Cribbage Anyone?

Want to learn a "new" 400 year old card game? The cribbage group plays on the 1st and 3rd Wednesdays of the month, 2:00 to 4:00 PM at the Monroe Township Senior Center. We can arrange time for teachings here in Greenbriar and perhaps start playing here. It is an easy game to learn and one that you can play with your grand kids too.

Contact Phyllis at 609-619-3656

People say nothing is impossible, but I do
nothing every day."

- Winnie the Pooh

At the Monroe Township Library

American Red Cross Blood Drive

Tuesday, December 23 from 12:00 p.m. until 7:00 p.m.

The need is constant. The gratification is instant. Give blood! The need for blood is increasing much faster than the number of donors. Your donation of blood can help to minimize the impact of these shortages and save the life of someone in need. Register at RedCrossBlood.org.

Teen Tech Buddies

Sunday, December 28 from 2:00 to 4:00 p.m.

Monday, December 29 from 2:00 to 4:00 p.m.

Tuesday, December 30 from 2:00 to 4:00 p.m.

Drop in to get technology help from our teen volunteers. We can help you with your phone, tablet, or laptop. Anything from messaging and apps, to storing and downloading books! Meet at the study tables under the big windows. Registration not required.



1959 Plymouth Fury

By Irwin Dunsky

It was a beauty, turquoise, and white with a chrome wheel on the trunk. A 1959 Plymouth Fury, the coolest car on the block was in our driveway.

This was my Dad's first "almost new" car and it was his pride and joy, his baby.

Dad purchased this left over from the dealer. It was 1961 but this particular car was never sold. It had very low mileage and they offered it to my parents at a very low price. My Dad couldn't pass it up.



It was a big car with even bigger fins in the rear. There was a chrome "tire" sticking out of the trunk and wheel skirts covering half of the rear tires.

My Dad worked long hours to support his family and spent very little on himself. He only purchased used cars and with his mechanical skills kept them running long beyond their prime.

This car was different. He washed it out front of the house and kept it spotless. You could see the pride in his face when we went anywhere as a family in the Fury.

Then I turned seventeen in 1962.

I didn't have a car and knew Dad would never let me drive his baby. So I did the next best thing, I started working on my mother to get Dad to let me drive his car on special nights. After a month or so he finally gave into Mom's relentless barrage.

It was a Saturday and my friends and I were going to the "Y" on Bergen Avenue for a dance. My father was working, and the car was in the driveway. I asked my mother again to use the Fury and she handed me the keys. She told me to be very careful and lectured me how important the car was to Dad. I said, "I know, I know, I know"!

I had my license about two months and I was a terrible driver. I drove too fast and I was always preoccupied.

I got dressed, hopped in the car, and headed out to pick up my two friends. All four windows were down, and the radio was blasting. I was in heaven. I was kind of little for seventeen and the Fury was so big. It was as if I was driving a limo.

On my way to the "Y" I turned a corner too sharply and the front fender of the Fury hit the rear bumper of the car parked on the corner. I scraped that bumper all down the side of the Fury till it reached the front end of the car.

I parked Dad's baby, got out, and looked. There was a deep scrape all the way down the right side of our car. I thought, "Oh my God what am I going to tell Dad"? Then I went in the dance with my friends. When I came out it was after eleven o'clock. I drove my friend home and parked the Fury in the street in front of the house, went upstairs to bed.

Mom woke me up in the morning and asked me what happened to the car. Thinking quickly, I made up some story about being parked and when I got back to the car I noticed that someone had hit me. It wasn't my fault. She said, "Your father is taking a bath. You better tell him before he goes outside".

I mustered up my courage and knocked on the bathroom door. "Dad, I need to tell you something". "What?" "I used your car last night and something happened". There was the sound of a lot of water splashing, and then the door flung open with Dad standing there with a towel wrapped around his waist.

"What happened"? "Somebody hit the car".

As we walked, rather quickly, to the front window I noticed Dad was dripping all through the living room. He looked out the window, clenched his teeth, and said, "Get dressed, we're going down stairs".

We walked around the car. The damage looked worse this morning than last night. Dad said, "What happened?" "I was parked, and when I got back to the car I saw this". "Where were you parked?" "Over on Bergen Avenue". "Show me".

The problem was, this accident could not have happened where I said I was parked. Confronted with my father's logic and his disappointment in my lying to him I came clean and told the truth. I told him how sorry I was, and he said so was he.

He never yelled at me or raised a hand to me. He didn't talk to me for two weeks. That really hurt. I'm sorry Dad.

GREENBRIAR AT WHITTINGHAM PRESENTS

ATLANTIC CITY

Resorts

BUS TRIP

WEDNESDAY, DECEMBER 3, 2025

BUS LEAVES GW PARKING LOT AT 9:00AM,
PLEASE BE TO THE BUS AT 8:45AM.

Refunds only if the trip is sold out and seats are resold.

\$30.00PP

CHECKS PAYABLE TO: WHOA

ON SALE NOW WITH THE CONCIERGE

WELCOME DECEMBER!

BY KRISTIN PURIZA
HOSPITALITY & GOLF

BALLROOM SHOWS:

THANK YOU ALL FOR A WONDERFUL 2025 SHOW SEASON!

THE ENTERTAINMENT COMMITTEE HAS BEEN WORKING HARD TO MAKE 2026'S LINEUP EVEN BETTER!

SAVE THE DATES:

January 18th:
Sensational Soul Cruisers
ON SALE MONDAY, 12/1.

February 22nd:
Carol King Tribute

March 21st:
Foreign Journey

**Flyers with sale dates will be available as show dates are closer.*

CASINO BUS TRIPS:

ON SALE NOW:
12/3: AC Resorts
12/25: AC Resorts
1/7: Wind Creek Casino

ON SALE 12/23:
2/4: AC Resorts

WHOA MOVIES:

1:00PM IN THE AC/DANCE ROOM:
Saturday, 12/6: 27 Nights
Sunday, 12/28:
The Woman in Cabin 10

HEALTH LECTURE:
Friday, 12/5 at 1:00PM
In The AC/Dance Room
Learn how to protect yourself against Medicare fraud, waste and abuse.

NEW YEAR'S EVE:
SEE FLYER FOR DETAILS!

SAINT PETER'S HEALTHCARE SYSTEM

Medicare Fraud

Learn how to protect yourself against Medicare fraud, waste, and abuse. Have your Medicare questions answered.

 Friday, December 5, 2025

 1PM - 2PM

 Greenbriar at Whittingham AC/Dance Room

Charles Clarkson, ESQ
Project Director
Senior Medicare Patrol of NJ

Registration Required
Please call/visit Concierge Desk to sign up!

Shalom Club

of Greenbriar at Whittingham

Sunday December 7, 2025
Doors open at 9:45am Members only

Chanukah Breakfast

Catered by Tommy's Bagels \$25.00 per member
Bagel, cream cheese, Nova lox, whitefish, tuna and egg salad

Florian Schantz Jazz Combo



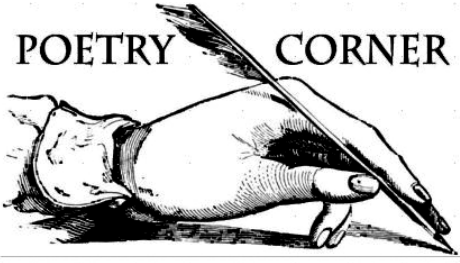
The Combo will perform Chanukah music and assorted Klezmer classics, as well as music by Jewish composers. Get ready for a feel good performance featuring music, humor and insight.

.....cut.....

To sit together, place names and checks, made out to SHALOM CLUB, in envelope. (Maximum 10 people per table). Mark envelope December 7, 2025 breakfast and place in Lock Box #6 no later than December 1, 2025 or mail to Shalom Club, Box #6, 100 Whittingham Drive, Monroe Twp., NJ 08831. Questions Call Robin Zimmerman @ 516-528-2730

Name: _____ Phone: _____ Email: _____
Seat me with: _____

POETRY CORNER



It Could Never Happen Here

By Carol Selick

It could never ever happen here,
We weren't born here, but it's our home.
We have friends here, raised our children,
Don't worry, they'll leave us alone.
He's just a small man with a big voice,
He can't be the one to decide.
Nothing he says makes any sense,
No one will ever take his side.
It could never ever happen here,
We've worked hard to build a better life.
We were welcomed by our community,
But now their stares cut like a knife.
Hurry, pack your bags, there's no time to waste,
Hate is knocking, knocking at our door.
We've got each other, and that should be enough
As we sail towards safer shores.

Oops! They Know who Done It

By Bill Friedman

Hands up....you're under arrest!
Don't avoid this badge on my chest.
We've had you in our sights for a year and a half,
now's the time to face your well-earned wrath.
We have enough audios and videos of your brutal rife.,
to put you away for the rest of your life.
Charges will include bank heists,
pushing drugs even wacking other thugs.
Our under-cover hero's have been on- board from the start
and their testimony will play a big part.
A few of your cronies have already flipped
and others are gradually becoming unzipped.
Any words you may utter today,
can be used against you another day.
The case against you should cause some queeze,
don't expect any bargain pleas.

As Good as it Gets????

By Bill Friedman

We bought a great new home on a cul-de-sac,
not too far from a railroad track.
A new school a few blocks away,
next to a perfect church for us all to pray.
Our neighbors couldn't wait to meet us,
with open arms happy to greet us.
A 3 car garage as good as can be
will easily fit our 3 SUV's.
Wow a brand- new slate roof,
plus state- of -the -art burglar proof.
How about a huge rear deck with hidden stairs,
able to fit a dozen chairs.
Comfortable theater, really cool,
adjacent to our indoor pool.
A few miles from a mall with a big box store,
featuring popular restaurants galore.
A perfect home, so many amazing claims,
unfortunately impossible to sleep because of blaring trains.

Limericks

By Herb Saperstein

An old man:
There was an old man from Monroe
Who danced right along on one toe.
His toe, it did hurt
So he hid in a skirt
And the ladies sure laughed in Monroe.
An old lady:
There was an old lady from Rye
Who claimed she could fly oh so high.
She jumped off a cliff
And expected a lift,
That poor deceased lady from Rye.
A young lady:
There was a young lady whose weight
Destroyed any hope for a date.
The gentlemen laughed
At a woman so daft
As to think they would take her as freight.

The Child

By Herb Saperstein

The child looks up and sees the sun
And down is its reflection.
Oh dandelion, to you she runs,
Offering her benediction.
At night she sees the lesser moon
And down is its reflection.
Light within her heart, commune.
In morning comes recollection.

Insanity is hereditary; you
get it from your children."

- Sam Levenson

Senior Citizen Texting Code

BFF	Best Friend Fell
LOL	Little Old Lady
BTW	Bring The Wheelchair
TTYL	Talk To You Louder
BYOT	Bring Your Own Teeth
LMDO	Laughing My Dentures Out
WAITT	Who Am I Talking To
OMSG	Oh My! Sorry, Gas
GGPL	Gotta Go Pacemaker Battery Low
ROFLACGU	Rolling On Floor And Can't Get Up



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***16 Homes Sept. - Oct. 2025**

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TRAFFIC SAFETY ANNOUNCEMENT

Please drive slowly and carefully
within our community making sure to
come to a full STOP at stop signs. Use
your directions signals and please obey
the Greenbriar at Whittingham SPEED
LIMITS.

Our streets are our sidewalks! Ev-
eryone who lives here is upset with
the speeding on our streets and yet the
vast majority of those who speed **LIVE
HERE!**

GW Woodworking Club Opens a Second Workshop: Robert Ziegler Leads the Woodworkers

By Linda Wagner

Due to popular demand, the GW Woodworking Club has just opened a second weekly, supervised workshop on Thursdays at 11:00 downstairs in the Towne Centre Wood Shop. In addition to the current Tuesday morning sessions, this will provide another opportunity for learning and honing woodworking skills.

The work session will be supervised by resident Robert Ziegler, a former shop teacher and current member of the club. Robert taught Technology and Shop for over 10 years at elementary and high school levels in Virginia and New Jersey. He is a former Navy Engine Room Tech and lives with his wife Laura. Together they have built quite a family. Robert and Laura have three children, and six grandchildren with another on the way.

Due to the increased size of the club and the limited workshop space, this second session will enable more members to take advantage of a supervised educational time slot. Beginners can select from over a dozen starter projects which will expose them to the shop and its equipment as well as club safety protocols.

The GW Woodworking Club has grown in recent months from just a few members to a group of over 30 residents. Club membership is about 30% women, including the President, which may be surprising to some. Output from club members ranges from wooden jewelry to large outdoor constructs, with things like ping pong paddles, whirley gigs and home furniture in between.

Anyone interested can stop by on a Tuesday or Thursday morning at 11:00 to see the team at work. For more information contact Club President, Linda Wagner at 609-273-4998, or Club Vice-President, Dennis Marshall at 908-705-3678.



Keeping it Square: Club member and former shop teacher Robert Ziegler will head up the new Thursday morning workshops for the GW Woodworking Club. Here he squares off a wooden table top.



Land Ho! - Carmine Campanella begins work on the GW Woodworking Armada. Three wooden sailing ships depicting Christopher Columbus' flotilla, namely, the Nina, Pinta and Santa Maria are now in drydock in the GW Wood Shop. The vessels are a gift from Barbara Rachbuch of Rutland Lane. And will remain in drydock until restoration is completed.



Calling for Minyan Volunteers

The Shiva Minyan Group of Greenbriar at Whittingham has served our community for over 30 years. We need to ensure the presence of ten Jewish residents – men and/or women – at all Shiva Minyans.

You do not have to be fluent in Hebrew to be a part of our group, but we do need your presence. If you wish to be a Minyan volunteer, please call: Bob Levine at 609-395-9325, Norman Leiderman at 732-618-6663, or Phyllis Kundel at 609-619-3656.



WE WANT YOU!

To send us your personal stories or recipes-

To send us pictures from your GW events-

To let us know what you would like to see in **The Pulse**

Musings of The Editorial (Ya Gotta Read This)

by Mark Surks

It's been a while since I put my two cents into The Pulse, but I have a few things on my mind.

First off, what a great job the GW residents did with our annual food drive. They had to bring many more empty tubs to get our donations to their facility. It was thrilling to see.

Secondly, an article was published last month by one of our best and prolific writers, Michelle Polk. She and her husband, Richard have written some excellent articles for us.

Recently, Michelle had some articles published that border on medical advice. Others have as well. It has to be understood by our readers, that these articles are opinion pieces. They cannot be construed as medical advice.

Similarly, we don't publish articles that are political editorials, however, we have seen a few poems and articles that are tinged with politics. I think we can live with that but frankly, I would prefer not to get such material. Share your politically tinged material on Facebook.

What I really want to speak about is my disappointment that folks are not submitting material to be published. I love crossword puzzles and Sudoku but when I see that our publisher put that filler in as a result of us not producing more worthwhile material, I consider it a failure on my part to generate enough content of our own, to drive the puzzles off these pages.

So folks send us your stories. *Here is an idea I stole from another senior community's magazine. Please send me short stories about the first job you ever had, or the worst job you ever had, or the most extraordinary job you ever had. Everyone has a job story. Did you meet a celebrity in your work?*

Finally, I want more photos of our artistic talents. There's lots of amazing art on the walls of the Towne Centre. Let's put some in The Pulse. I still haven't seen one piece of 3D art in The Pulse. Art submissions have dwindled.

Frankly, I have found it hard to photograph art, especially if it is behind glass. Luckily, the folks in our Camera Club have stepped up to do that for us. If you want something, anything, photographed properly for The Pulse, contact Rich Lewis at 609-642-6770 or email richlou08831@comcast.net. Rich will get you and I a nice image of your work.

To recap. Send me stories of interesting or unusual or bizarre jobs you've had. Send me images of you artistic creations and let's squeeze the puzzles out.



Attention Artists

If you have a piece of art that you would like to share in The Pulse, The GW Camera Club has agreed to photograph it for you. If you would find that helpful contact Rich Lewis 609-642-6770 or email richlou08831@comcast.net

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Who Says These Things Anyway?

By Ken Wagner

I am pretty well convinced that if I were to somehow get a brand-new body, one that was say 40 years younger, I would still come across as an old man – the first time I opened my mouth.

This came into sharp focus the other day when I used the expression “there are more ways than one to skin a cat” in front of my granddaughters. I think it was the first time I have ever actually seen them roll on the floor laughing. Apparently, no one talks about skinning cats anymore. When did that change? Granddaughter Maggie thought this was so weird that she promised to post it online to Tic Tac – or something that sounded like a breath mint.

On the other hand, once I explained the root meaning of the expression, carefully laying out its etymology... we both realized it really was just a weird expression. I’m also quite sure that cats really don’t appreciate the phrase.

And by the way, it’s not just that I use expressions that no one under 40 has ever heard before. I’ve noticed of late that I work a lot of details into my sentences that reveal an attachment to technology and situations that no longer exist.

For example: the other day I told my wife that I had “rolled my window down” to speak to someone at the bank drive-through. The phrase really doesn’t make sense since today. The last time I had a car window with a crank, gas was selling for 32 cents a gallon. It’s been a while.

Some of this is, of course, just natural. We all refer to films as “movies” without blinking. If you think about it, “movies” is a word that was born when the world went from still photos to pictures that moved back in 1895. Suddenly they were “motion pictures”. Considering that we also went from silent films to movies with sound, why is it we don’t still refer to them as “talkies”? I might try that one out on the grand kids to see their reaction.

Still, I catch myself saying things like, “I taped the World Series this year”. No one has “taped” anything for decades. We don’t even “film” things anymore. That would require film. We just record these days.

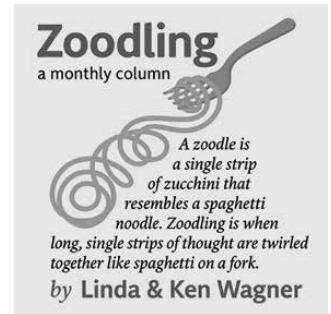
Quick true story: a few years ago, the wife and I visited our old Alma Mater for a reunion of people who had worked on the campus radio station. (It’s where we met as freshmen.) The event included tours of the new radio facility. Everything was digital and computer controlled – not a vinyl disk in sight. However, over in the corner, under a sheet was an old reel-to-reel tape machine with two big wheels of 1” magnetic tape. When we asked the kid giving the tour about it, he said no one knew what it was, so they just left it there. We didn’t have the heart to tell him it was the machine we used for 90% of our off-air production work back in the day. No wonder I still say “taped”. We recorded everything on tape.

It doesn’t end there. I still “dial” my phone. (Try explaining that one to the grand kids. What the heck is a dial?) “You know, we used the dial to make long-distance calls.” (Long distance?) When we were done, we would “hang-up” – you know, actually hang something back on the wall. Sometimes we would dial and speak to someone called an “operator”. Try explaining that one.

Side note: It occurred to me recently that the classic Jim Croce song “Operator” would make no sense to folks born after 1990. Even “Sylvia’s Mother” by famous NJ rock band Dr. Hook gets confusing when he begins to negotiate with someone asking for “40 cents more for the next three minutes”.

Here’s another quick true story: In 1964 I attended the World’s Fair in Queens, NY. One of the exhibits that year was by AT&T, introducing, for the first time, the push button phone. The exhibit allowed you to compete against yourself to dial a number using a rotary phone vs. using the new push button phone. It was no contest. The push button phone was MUCH faster. By the time you could dial the first couple of digits for your home phone number, you could push button your way to calling East Berlin.

I told this story to my granddaughters, mostly because that was a pretty big moment for me. I was seeing history being made. The world had changed! My granddaughters, just tilted their heads like Nipper the RCA puppy listening to a phonograph, and stared at me. I was tempted to tell them about Nipper, but decided against it, lest I end up on Tic Tac or Snapchatter, or even worse, have to explain what a phonograph was all about. Ugh!



SPECIAL EVENT

Shalom Club

of Greenbriar at Whittingham

January 28, 2026

Poker Room 2:00 PM

FROM RICHES TO RAGS

BILL SCHRIMMER

102 years young



Bill, a long time resident of Greenbriar, will tell us about his journey from war torn Germany to England and then to the United States. Hear the extraordinary story of his pre-war youth and of his family. He will tell us about finding refuge in England and his life in the United States.

Don't miss this living history event.

Members Only.

No Charge*

Limited Seating**

*In lieu of payment, we ask for a food donation to Jewish Family Service

Registration for this limited seating free event is required.

.....Cut.....

Mark envelope "January 28" Drop in Shalom Club lockbox 6, or mail to Shalom Club, Box #6, 100 Whittingham Drive, Monroe Twp., NJ 08831. Questions call Janet Horowitz.....at 973-960-6941

Name: _____ phone: _____
Email: _____

Shalom Club

of Greenbriar at Whittingham

Sunday December 7, 2025

Doors open at 9:45am Members only

Chanukah Breakfast

Catered by Tommy's Bagels \$25.00 per member
Bagel, cream cheese, Nova lox, whitefish, tuna and egg salad

Florian Schantz Jazz Combo



The Combo will perform Chanukah music and assorted Klezmer classics, as well as music by Jewish composers. Get ready for a feel good performance featuring music, humor and insight.

.....Cut.....
To sit together, place names and checks, made out to SHALOM CLUB, in envelope. (Maximum 10 people per table). Mark envelope December 7, 2025 breakfast and place in Lock Box #6 no later than December 1, 2025 or mail to Shalom Club, Box #6, 100 Whittingham Drive, Monroe Twp., NJ 08831. Questions Call Robin Zimmerman @ 516-528-2730

Name: _____ Phone: _____ Email: _____
Seat me with: _____

Greenbriar at Whittingham Community Presents



CHESS
• THE MUSICAL •
CHES is a Tony-nominated musical by Benny Andersson and Björn Ulvæus of ABBA and EGOT winner Tim Rice. A metaphor for Cold War tensions in the 1960s, the story presents a faceoff in a politically motivated chess tournament between fictional grandmasters Anatoly Sergiyevich of Russia and Freddie Trumper of the United States of America and their tug-of-war for Florence Vassily. CHES premiered on the West End in 1996, where it received three Olivier Award nominations including Best New Musical, before premiering on Broadway with significant alterations and a new book by Richard Nelson in 1998. The original Broadway production earned Tony nominations for stars David Carroll and Judy Kuhn. In the decades since, CHES has developed a significant cult following and is set for a starry, highly-anticipated Broadway revival in 2025 starring Tony Award winner Aaron Tveit, stage and screen star Lea Michele and breakout talent Nicholas Christopher (Sweeney Todd, Hamilton).

WEDNESDAY, DECEMBER 17, 2025

\$150 per person, checks payable to WHOA

(Price includes show ticket, bus and driver gratuity.)

Bus leaves GW Community at 9:45 a.m., show starts at 2:00 p.m.

At IMPERIAL THEATRE (249 W 45th Street, New York, NY 10036)

Please note: seats are located Mid Mezzanine which will require using the stairs.

*Tickets will be distributed on the bus. Bus departs New York after the show.

RESIDENTS TICKETS ON SALE BEGINNING MONDAY, OCTOBER 27TH

NON-RESIDENTS ON SALE BEGINNING THURSDAY, OCTOBER 30TH

No refunds unless the trip is sold out and your seat is resold.

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Wednesday, December 10, 2025 7:00PM

Monroe Township Senior Center

"Dress Rehearsal"

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This event will be an exciting production starring
members of our ORT organization.**

Come have some fun and laughs with all your friends!

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If you have questions, please call:

Marcia at (609) 619-3994 or Lynda at (609) 409-1099

Greenbriar at Whittingham Community Presents

DECEMBER MOVIES



Saturday, December 6, 2025—27 Nights
1PM in The AC/Dance Room—1h 48m
At 83, Martha is feisty and vivacious. But when her daughters try to institutionalize her, she'll have to prove she's of sound mind. Based on true events.



Sunday, December 28, 2025—The Woman in Cabin 10
1PM in The AC/Dance Room—1h 35m
On a lavish yacht for an assignment, a journalist sees a passenger go overboard. But when no one believes her, she risks her life to uncover the truth.

Free entry, no sign-up required ~ bring your own snacks!
Have a movie you're interested in seeing? Let me know: kristin.purzo@tsresidentist.com

Greenbriar at Whittingham Community Presents

NEW YEAR'S Eve Party

WEDNESDAY, DECEMBER 31, 2025
8:00 p.m. - 12:30 a.m. (Doors open at 7:30 p.m.)
in The Towne Centre Ballroom ~ B.Y.O.

Entertainment by DJ Jeff
Food (Buffet Style) Catered by The Greenery!

Red & White Wine will be on each table.
Champagne Toast at Midnight!

Pass Around Appetizers, Coffee & Dessert
Fresh Garden Salad with Dressings

Buffet will include the following: Chicken Marsala,
Flounder Francaise, Beef Stroganoff, Eggplant Palm,
Baked Ziti, Roasted Potatoes & Roasted Vegetables
*PLEASE MAKE NOTE OF ANY FOOD ALLERGIES ON YOUR TABLE FOR A

\$80.00 PER PERSON, Checks Payable to: WHOA
ON SALE BEGINNING MONDAY, NOVEMBER 10th AT 6:30AM.
CHECKS AND TABLE FORM MUST BE TURNED IN TOGETHER.

This event is limited to 200 people. No refunds unless we are sold out and your seats are resold.

GREENBRIAR AT WHITTINGHAM COMMUNITY PRESENTS

A ♣ 2026 ♣ CASINO BUS TRIPS SAVE THE DATES!

JANUARY 7 * WIND CREEK CASINO * ON SALE 11/25
FEBRUARY 4 * AC RESORTS * ON SALE 12/23
MARCH 4 * PARX CASINO * ON SALE 1/27
APRIL 15 * AC RESORTS * ON SALE 2/24
MAY 6 * AC RESORTS * ON SALE 3/24
JUNE 3 * WIND CREEK CASINO * ON SALE 4/28
JULY 1 * AC RESORTS * ON SALE 5/26
AUGUST 5 * AC RESORTS * ON SALE 6/23
SEPTEMBER 2 * PARX CASINO * ON SALE 7/28
OCTOBER 7 * AC RESORTS * ON SALE 8/25
NOVEMBER 4 * WIND CREEK CASINO * ON SALE 9/22
DECEMBER 2 * AC RESORTS * ON SALE 10/20
DECEMBER 25 * AC RESORTS * ON SALE 10/27

\$30.00 each, checks payable to: WHOA
Bus Leaves GW at 9:00 a.m., please arrive to the bus at 8:45 a.m.
Bus leaves AC & Wind Creek at 5:00 p.m., leaves Parx at 4:00 p.m.
Refunds only if the trip is sold out and seats are resold.
All trips are sold at The Concierge Desk 609-409-9292 x220 or x221.

GREENBRIAR AT WHITTINGHAM COMMUNITY PRESENTS



ATLANTIC CITY RESORTS

THURSDAY,
DECEMBER 25, 2025

Bus leaves GW Parking Lot at 9:00 a.m.,
please be to the bus at 8:45 a.m.

\$30.00 PP
\$20.00 SLOT PLAY

ON SALE NOW WITH THE CONCIERGE.

Refunds only if the trip is sold out and seats are resold.

Christmas Tree Safety



As you deck the halls this holiday season, be fire smart. A small fire that spreads to a Christmas tree can grow large very quickly.



PICKING THE TREE

- Choose a tree with fresh, green needles that do not fall off when touched.



PLACING THE TREE

- Before placing the tree in the stand, cut 2" from the base of the trunk.
- Make sure the tree is at least three feet away from any heat source, like fireplaces, radiators, candles, heat vents or lights.
- Make sure the tree is not blocking an exit.
- Add water to the tree stand. Be sure to add water daily.



LIGHTING THE TREE

- Use lights that are listed by a qualified testing laboratory. Some lights are only for indoor or outdoor use.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Never use lit candles to decorate the tree.
- Always turn off Christmas tree lights before leaving home or going to bed.



After Christmas

Get rid of the tree after Christmas or when it is dry. Dried-out trees are a fire danger and should not be left in the home or garage, or placed outside against the home.

Check with your local community to find a recycling program.

Bring outdoor electrical lights inside after the holidays to prevent hazards and make them last longer.

FACTS

- ! **Almost one third** of home Christmas tree fires are caused by electrical problems.
- ! Although Christmas tree fires are not common, when they do occur, they are more likely to be serious.
- ! A heat source too close to the tree causes more than **one in every five** of the fires.



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