

Vol. 2, No. 1 - April 2026

Greenbriar at Whittingham PULSE



“View of Prague” by Dawson Lane Resident Frank Genova

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The *GW Pulse* encourages residents and clubs of Greenbriar at Whittingham to submit articles, stories, recipes, or photos that would be of interest to the community. Additionally, clubs are welcome to submit flyers for upcoming events.

The deadline for material is the 7th of the month prior to the month of publication. Send .pdf .doc .jpg files to:
GWMonroePulse@gmail.com

We reserve the right to edit all materials.

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Minutes of open board meetings are available via the resident portal at gwmonroe.net
Video of open board meetings are available on YouTube. Search for WHOA Recreation

The Marvin Bachman Book Club

The book club meets on the fourth Monday of each month at 4PM in our own Library.

They will meet on Monday April 27th at 4 PM to discuss: **Tangled Vines: Greed, Murder, Obsession, and an Arsonist in the Vineyards of California** by Frances Dinklespiel.

Wine enthusiasts might want to take note of this true story.

On October 12, 2005, a massive fire broke out in the Wines Central wine warehouse in Vallejo, California. Within hours, the flames had destroyed 4.5 million bottles of California's finest wine worth more than \$250 million, making it the largest destruction of wine in history. The fire had been deliberately set by a passionate oenophile named Mark Anderson, a skilled con man and thief with storage space at the warehouse who needed to cover his tracks. With a propane torch and a bucket of gasoline-soaked rags, Anderson annihilated entire California vineyard libraries as well as bottles of some of the most sought-after wines in the world. Among the priceless bottles destroyed were 175 bottles of Port and Angelica from one of the oldest vineyards in California made by Frances Dinklespiel's great-great grandfather, Isaias Hellman, in 1875.

Sadly, Mark Anderson was not the first to harm the industry. The history of the California wine trade, dating back to the 19th Century, is a story of vineyards with dark and bloody pasts, tales of rich men, strangling monopolies, the brutal enslavement of vineyard workers and murder. Five of the wine trade murders were associated with Isaias Hellman's vineyard in Rancho Cucamonga beginning with the killing of John Rains who owned the land at the time. He was shot several times, dragged from a wagon and left off the main road for the coyotes to feed on.

In her new book, Frances Dinklespiel looks beneath the casually elegant veneer of California's wine regions to find the obsession, greed and violence lying in wait. Few people sipping a fine California Cabernet can even guess at the Tangled Vines where its life began.

Contact Harriet Bachman for details. 609-409-5464



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Deadline for material to be submitted for the May issue of **The Pulse** is April 8th.

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GW IRISH AMERICAN CLUB

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On a bitterly cold day in February, over 200 GW residents came to the ballroom for a first Early St. Patrick's Day Celebration. They had a great time enjoying a wide variety of Irish entertainment and refreshments. The club really appreciated the enthusiastic response to the performers.



GW Ladies Club

By Carrie Ferraro

As we approach the much desired spring season, the GW Ladies Club has many fun events planned for the upcoming months.

We managed to navigate the cold and snowy weather in February and had a delicious luncheon at Doughfather's Restaurant in Monroe. We were able to enjoy great food and socialize with a wonderful group of ladies.

Our future events include:

- Bingo at our monthly meeting
- Paint 'n' Sip in an East Brunswick studio
- Lunches and dinners at great restaurants
- Pool and pizza parties

Our annual Kentucky Derby event is scheduled for Saturday, May 2nd. This event is open to spouses and always proves to be a great time. The ladies can show off their beautiful hats and fascinators. The men can wear their dapper hats and bow ties if desired. Everyone can watch the race, place bets and enjoy the traditional Mint Julep and delicious food.

New members are always welcome to join. The membership forms are located in the kiosk in the lobby of the Clubhouse. Our monthly meetings are held the 2nd Monday of the month at 6:30 PM in the ballroom.



GW Music Club



Greenbriar at Whittingham Pulse

Greenbriar at Whittingham Camera Club

By Roy Goldschmidt

Greenbriar at Whittingham Camera Club's April meeting will be April 15, 2026 at 7:00 PM in the Towne Center. We will have an amazing professional photographer and speaker whose name is J.J. Raia as a returning guest, speaking about and exhibiting his newest and some of his best work to date. The title of this year's talk is "*The Homeless Photo Trip*" where he will be describing how he prepares for these trips, why he chose to pursue photography this way and some of the adventures of these trips out west while living out of a rented SUV. He will take questions after the presentation, time permitting. He has become a very famous and accomplished photographer, so it will be advantageous and fun to come to this meeting and experience this for yourself. His work is stunning and nothing less than spectacular. All are welcome to attend. This is one meeting not to miss. Bring friends and your neighbors if you wish. For those who have not paid their annual dues of \$25, please pay by check. We cannot continue to offer this kind of programming without your support. Arie Markowitz, our club's treasurer, will be more than happy to take your money.



Top Places to Take Photographs in New Jersey Close to Monroe

There's a reason New Jersey is called the Garden State – it's not a misnomer. And there are a plethora of locations for photogenic opportunities. New Jersey has variety – every season offers something unique and special. Visiting the same place throughout the year – spring, summer, fall, and winter – will give you a different experience every time you go. The photographic possibilities are limited only by your own imagination.

Princeton University, Princeton – One of the top Ivy League schools in the country, Princeton University is an architectural dream for a photographer. It is situated on 500 acres. Most of the buildings are designed in the collegiate Gothic motif with sweeping arches and walkways. At the southern edge of the campus is Lake Carnegie and host to the Princeton rowing and crew teams. The Princeton University chapel is a glorious creation reminiscent of an English church in the Middle Ages with its carved woodwork, stained glass windows and limestone and sandstone interior.

Sayen Gardens, Hamilton – Not widely known is Sayen Gardens which bursts to life in the spring with more than 250,000 flowering bulbs, 1,000 azaleas and 500 rhododendrons as well as ponds, bridges, gazebos, and walking trails.

Grounds for Sculpture, Hamilton – Fanciful and whimsical, the Grounds for Sculpture marries contemporary sculpture with nature. More than 270 sculptures are on exhibit on the grounds which also feature life-size bronze statues and a lake.

Duke Farms, Hillsborough – Duke Farms is a sprawling 2,740 acres of private-owned parcels of land. Hillsborough sanctuary was owned by the late heiress Doris Duke. The Doris Duke Charitable Foundation renovated the property and opened it to the public in 2012. The estate features the Old Foundation, an orchid hothouse, the old bay barn which features Grecian sculptures and the Orientation Center which was once the stables.

Lambertville – Known for its eclectic mix of antique galleries, coffee shops and Victorian homes. Architecture, street performers, and the banks of the Delaware River give rise to photo opps.

Great Falls of Paterson – Carved out during the last great ice age, the Great Falls were a catalyst to America's industrial revolution. Alexander Hamilton was the architect behind Paterson becoming America's first planned industrial community. While the textile industry is long gone, the majestic eight-story waterfall is as powerful as ever.

Sandy Hook/Fort Hancock – Sandy Hook is a thin barrier peninsula located in the lower section of New York Harbor. Sandy Hook, discovered in the early 1600's by the famous wayfarer Captain Henry Hudson, has a wonderful view of the Manhattan skyline. As part of the Gateway National Recreation area, Sandy Hook has bikeways, walkways, salt marshes and more than 300 species of birds. One notable resident is the Sandy Hook Lighthouse built in 1764 as part of the installation for Fort Hancock which guarded New York Harbor until the U.S. Army deactivated it in 1975. Look for photos of sunsets, beaches, birds and abandoned buildings.

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Hadassah News

By Joanne Sacoff

"The most beautiful springs are those that come after the most horrible winters!" Who can argue with that?

Here we are finally with winter passed and some truly fun and wonderful events to look forward to. I cannot go forward without mentioning our beautiful Purim bags which were distributed last month. Each bag was filled with an excellent selection of treats and "toys", all beautifully wrapped and bagged. Kudos to the team of ladies who worked so diligently to make this program such a lovely and successful event. Do not miss out on this Purim treat next year!

By the time you read this, you all will have enjoyed our very exciting, very delicious, Chocolate Seder. What a sweet night!

I hope all of you game players have put in your checks and supplied us with your table requests for our always fun Game Day on Wednesday, May 13th, in the GW ballroom. This year, McCaffrey's will be catering the afternoon. There will be a nice assortment of sandwiches, as well as some delicious salads. Coffee and dessert will be served as well, and since I am on this committee, you can bet there will be candy to eat while playing. (My sweet tooth is famous.) The cutoff date to save your place for this event is May 4th. Please feel free to call me or Joyce Gerbman with any questions.

I think it should be noted that profits from our fundraising events are almost always earmarked for the Gandel Rehab Center for all of the excellent rehab work they do in every phase of recovery for affected Israeli and Arab citizens. In fact, Alisa Hadassah was very excited to present to the Gandel Rehab Center in Hadassah Hospital a beautiful mezzuzah with a plaque noting our gift. This was placed on the doorpost of the synagogue room of the Rehab Center when Sharon and Alex Nachimson visited Israel in the fall.

I also would like to mention, in case you did not know this, that if you get a membership renewal notice from Hadassah you can mail it right back to the Hadassah address given. You do not need to do it through our chapter. Any questions on this please call Sharon at 973-668-1813.

Please watch the rounders for news of an upcoming Lunch Bunch. They are always delicious, fun and beyond interesting and informative. Any questions, call Ellen Panzer Schwartz.

Here's to a wonderful, warm, sunny spring and summer with great events and lots of fun with our wonderful Hadassah sisters. Please join us. Remember, this is NOT your mother's Hadassah!



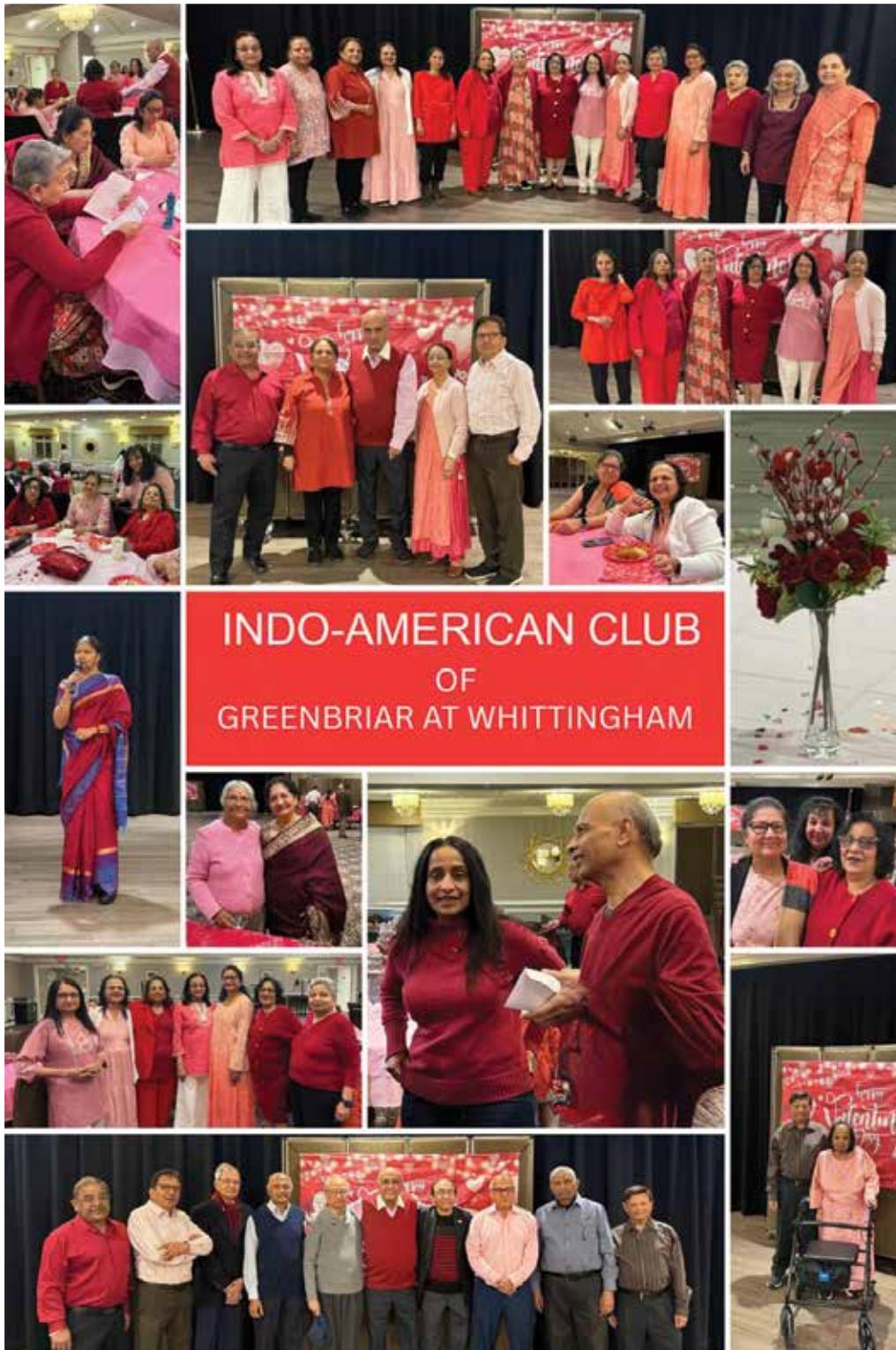
Calling for Minyan Volunteers

The Shiva Minyan Group of Greenbriar at Whittingham has served our community for over 30 years. We need to ensure the presence of ten Jewish residents – men and/or women – at all Shiva Minyans.

You do not have to be fluent in Hebrew to be a part of our group, but we do need your presence. If you wish to be a Minyan volunteer, please call: Bob Levine at 609-395-9325, Norman Leiderman at 732-618-6663, or Phyllis Kundel at 609-619-3656.



- Naomi Stark
- Arlene Velez
- Catherine DiGilio
- Gerard Adimando
- Kathleen Burns
- Betty Over
- Michael & Jayati Jenkins
- Amitkumar & Shilpaben Shah
- Hasmukh & Ameer Kachalla



Credits: Photos by Lata Shah, Raj Malhotra, Darshan Bhatt, Prem Somasundram, Gayatri Rao.

Photo Collage & Text by Asit Sakaria

February air is filled with L♥ve.

Members of the Indo-American Club came together dressed in hues of romance to celebrate Valentine's Day.

For some, February 4th held extra significance – it is Sri Lanka's Independence Day. Selvi Smasundram's soulful rendition of Sri Lanka's national anthem brought everyone together, reminding us of our shared global community.

We also extend our warm welcome to Shilpa and Amit Shah to the GBW IAC community!

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Health, Fitness, and Wellness Club

By *Stephanie Lichtenstein*

On February 18, 2026, the Health Club gathered for a warm and festive post Valentine's celebration. Jay Lichtenstein prepared a delicious vegan chili, and many attendees brought additional dishes and treats to share. Stephanie then led the group through a healing guided meditation followed by a Tai Chi demonstration.



About Healing Meditation and Tai Chi

Healing meditation is a mindfulness based practice that blends deep breathing, visualization, and focused awareness to support physical, emotional, and mental well being. It can help reduce stress, chronic pain, and anxiety while promoting relaxation, self awareness, and faster recovery. Techniques may include guided imagery and mantra based practices, all of which help activate the body's natural healing abilities, cultivate inner peace, and release negative emotions or stored tension.

Tai Chi shares this same mindfulness foundation. Often described as "meditation in motion," Tai Chi began as a form of self defense and has evolved into a graceful, dance like exercise. It helps relieve stress, improve flexibility and balance, and build strength. These are just a few of the many benefits Tai Chi offers.

Both practices are gentle, mind body forms of movement that encourage relaxation and stress relief. After participating, attendees reported feeling calm, centered, and refreshed. It was a wonderfully peaceful evening.

Upcoming Events

- **April 15** – Guided Meditation and Movement
- **May 20** – Self Hypnosis with Debra Taubenslag
- **June 17** – Summer Core Workout: Understanding How the Core Strengthens the Body

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News from the Golf Course

By Allan Cooper

As the weather gets warmer and spring takes over the golf course, the number of people venturing onto the fairways increases rapidly. Many experienced Golfers have good golf-friends and they play with familiar foursomes.

A great way of meeting new Golfers is to join one of our Golf Leagues. There are two Men's leagues and one Women's league. The Men's leagues play on Wednesday and the Women's league on Thursday.

There is an 18 hole and a nine hole Men's league. The 18 hole players are scheduled from 7:30 to 8:30 AM; the 9 hole players are scheduled from 8:30 to 9:15 AM. The Men's leagues begin on Wednesday, April 15 and continue through September 30. There is a \$120 entry fee for the 18 Hole League and a \$100 entry fee for the Nine Hole league. Please make checks out to GGCA.

To play in the leagues you must have an official handicap score, which can be obtained through our Head Professional, Ian Luberecki.

In league play, each team is made up of four players. Prize money is awarded to each player on the first three teams as a credit to be used in the Pro Shop. \$12 for first place, \$10 for second place and \$8 for third place.

There is a weekly sign-up sheet in the Pro Shop. Any questions can be addressed to Carmine Campanella (732-598-7490) who is in charge of the Men's league, or you can call the Pro Shop (609-860-6621). For information about the Women's League call the Pro Shop.

The teeing area that starts each hole is often referred to as the Tee Box. The term goes back in history to the 18th century. Prior to that, in 1700, golfers teed off from an area very close to the hole on the Green - where golfers just putted out. Golfers teed off one club length from the last hole.

The foursome waiting to hit up had to wait not only for the group to putt out, but now had to wait for the group to tee off on the next hole.

When the tee area was moved away from the last Green around the year 1800, the ball was elevated above the ground in order to use the Driver-Golf-Club. To elevate the ball, wet sand was provided in a separate special box. It became known as the Tee Box.

The golfer took wet sand from the box and made a little mound. He placed the ball on the sand tee, swung his driving-club and began to play the new hole. A towel had to be provided so he could clean the sand from his hands before he hit his shot.

In the late 1800s there were several inventions for elevating the golf ball. First several rubber mats were introduced, and finally a wooden peg was introduced. The pegs were similar to today's wooden tees. It was invented by Dr. George Grant, the first African American professor at Harvard.

Today the Tee Box refers to an area for starting each hole. Unlike wet sand, the modern tee fits into your pocket and no one needs a towel on each hole.

We wish everyone a great golf season.

**"Growing old is mandatory,
but growing up is optional!"
— Walt Disney.**



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June Car Show Registration Now Open

GW Wheels has announced that registration for their June 6th car show is now open.

The annual GW Wheels Car Show, to be held this year at the Towne Centre on June 6th is the largest, and only classic, sport, truck and specialty vehicle show held at Greenbriar at Whittingham each year. Last year's show brought over 50 specialty cars and trucks and hundreds of visitors to the Towne Center. This year the club has a goal to show 70 vehicles and bring even more visitors. The show takes place from 11:00 AM to 3:00 PM and has a rain date of June 7th.

Once again, this year the show will feature live music provided by the NTO Band, a DJ, food sales, 50/50s, a food drive for the Monroe Township Senior Center and line dancing! They will also have an expanded set of trophies to be awarded to even more categories. This is a great community event for all of Greenbriar! Registration is free to show a vehicle. Residents can also invite guests from outside of the community to enter a vehicle for the show. Guests are required to be invited by a resident but are welcome to join.

Those interested in showing their special vehicles – classic, sport or specialty cars and trucks are invited to register as early as possible for the show and join the fun! Registration forms are available at the Towne Centre, and also found in this issue of the GW Pulse.

About GW Wheels: *The club's focus is on motorized vehicles with wheels – sport, classic, muscle and special interest cars and trucks. For more information about the club, or to join, or to register for the June show, contact them at gwwheels@icloud.com or visit the club website at <https://gwwheelsclub.godaddysites.com>.*



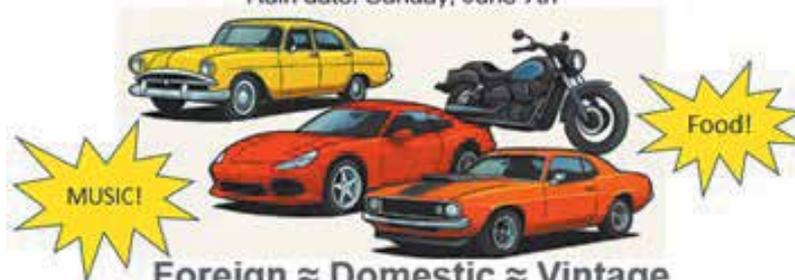
Invitational

CAR SHOW

Saturday, June 6th, 2025

11:00 AM - 3:00 PM @ GW Towne Center

Rain date: Sunday, June 7th



Foreign ≈ Domestic ≈ Vintage

All makes, models and years are welcome!

Classic, sport, muscle, trucks and bikes.

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Residents wishing to register (no fee) a vehicle, or ask questions, contact GW Wheels at gwwheels@icloud.com.

(Any non-resident wishing to participate MUST be a guest of a GW resident.)

Vehicle Registration: Drop in Box 32 in the Towne Center for GW Wheels.

Name: _____

Make / Model / Year: _____

Phone Number / Email : _____

GW Wheels Travels Down Memory Lane

By Ken Wagner

It's a bit of a car buff's dream... Imagine a showroom with nearly 800 classic automobiles housed in 338,000 square feet of display space under one roof – and they are all for sale! In March, members of the GW Wheels club took a road trip out to the Classic Auto Mall in Morgantown, PA to experience just such a showroom. Club members spent hours getting up-close and personal with the eight acres of collectible and special interest vehicles offered for sale at the mall.



The Classic Auto Mall is a world-class vehicle consignment house with indoor space for 1,100 vehicles, located just off Exit 298 on the Pennsylvania Turnpike – about 1 ½ hours from Monroe Township. The mall features dozens of makes and hundreds of models all for sale. For those not shopping for their next collectible or specialty car, the mall serves as one of the largest free auto museums in the country just a short drive away. Each car carries signage that describes not only the condition and price of the auto, but some history about the car's place in the automotive world. In many cases, seeing the cars served as a nice trip down memory lane for the club members as they found autos of the same make, model and year as cars they had owned at one time in the past – or wished they had owned!

The mall property began as a clothing outlet in 1985 and then operated as a furniture outlet until 2011. Later it reopened as the Classic Auto Mall under new ownership and has been going strong ever since. It's a dream destination for collectors, car clubs and racetrack aficionados in the area. Every October the mall hosts "Cars for Kacie" - considered to be the largest car shows in the country dedicated specifically to raising funds to fight substance abuse. The show draws autos nationwide.

About GW Wheels: The club is for those with an interest in sport, classic, muscle and special interest cars and trucks. For more information about the club, or to join, contact them at gwwheels@icloud.com or visit the club website at <https://gwwheelsclub.godaddysites.com>.



Members of the GW Wheels car club explore the 338,000 square foot Classic Auto Mall showroom in Morgantown, PA on March 4th. (L – R) Steve Mamakas, Joe Paradiso, Gene Gavin, Tom Mulvey, Carole Mulvey, Janet Donnelly, Joe Donnelly and Ken Wagner.

GW Connections: Oh! The Places We'll Go!

By Michele Sandler



Oh the places we've gone! Oh the things we have seen!
Through history, science and gardens so green.
With curious minds and a bus full of cheer,
We set out for adventures both far and near.
First stop—**Pennsbury Manor**, by a river so wide,
Where tall grasses whisper and breezes still glide.
“This,” said the guide, “was William Penn’s place!”
A Quaker, a governor—calm face to face.
Then off we all went—hip hooray! Hip hooray!—
To **Botanical Gardens** in Philly one day.
With flowers that twirled and tall trees that stood,
With blossoms and scents that were wonderfully good.
Next off to **West Point**, so stately and tall,
Where soldiers and stories were lining the hall.
The Historical Society showed with great pride
How the Army had grown through the years far and wide.
Then onward to science—experiments bright!
At the **Franklin Institute**, sparks of delight.
With gadgets and wonders and learning galore,
Each hallway invited us, “Come learn some more!”
But wait! There was laughter and culture to see
At the **Treasures and Oak Museum**, yippee!
A lighthearted journey through memories we know—
With icons and treasures from long, long ago.
Then curtains went up—oh what music! What flair!—
At the **Bristol Theater**, right there in the square.
With actors and singing and stories so grand,
The magic of theater was close at hand.
And speaking of magic from screens shining bright—
We toured **New York City** for movie delight!
“Here’s where they filmed!” the guide said with a grin,
“And there was the scene where the hero ran in!”
But one stop was special in heartwarming way:
The Seeing Eye School, where guide dogs all stay.
Since nineteen-twenty-nine they’ve trained dogs to see
For people who cannot—what kindness there be!
Then back through the years at **Ellis Island** we roamed,
Where millions of dreamers first stepped in their home.
Suitcases, hopes, and brave hearts full of cheer—
Beginning new lives in a land far from fear.
And finally we traveled to stories well spun

At the **American Revolution Museum.**

Where voices of patriots, brave and sincere,
Told how freedom's experiment first started here.
Oh the places we've gone! Oh the stories we've heard!
Of soldiers and science, of gardens and word.
Of movies and music and heroes so true—
Each trip was a wonder, each memory grew.
So where will we wander? Where next will we roam?
What story awaits just a bus ride from home?
For history, learning, and fun never end—
When curiosity travels along with a friend.
Gather your friends, come along, take a seat,
For history, laughter, and friends you will meet.
Adventure awaits—so come see what we'll do...
The next great excursion could include **YOU!**
Join us once more—come along, don't be late!
On **Wednesday, June 10, 2026**—it will be great!
We'll visit again where brave stories begin,

At the **American Revolutionary Museum**—come join in!

To celebrate proudly—hooray! Give three cheers.
Our country turns **two-hundred-and-fifty** this year!

All our groups are listed below, and new ideas are always welcome. **Join us, share your voice, and let's grow together.**

Monday, May 4 • 7:00 PM • Ballroom

Meet **Betsy Ross**, brilliantly portrayed by the talented **Alissa Dupuy** — a chance to step into the Revolution and witness a legend.

Wednesday, June 10

Hop on board for our **bus trip to the American Revolution Museum in Philadelphia** — history, discovery, and great company guaranteed!

Monday, August 3 • Ballroom 7:00 PM

Join us as **Ben Franklin** himself pays a visit — witty, wise, and wonderfully entertaining.

Wednesday, August 12 • Knob Hill Country Club

Our **spectacular summer luncheon** returns, featuring the charismatic and joyful voice of **Reginald Proctor** — a performance to remember.

A Community That Gives Back

A portion of all dues and fundraising continues to support: **Homefront • Women Aware • Monroe Food Pantry**
Your participation truly makes a difference.

Current Clubs Include:

- Three Book Clubs

- Two Discussion Groups
- Poetry Reading Club
- Provocative Thinking Club
- Short Story Club
- Writing Workshop

Membership Information

- **Join for only \$15 (single) / \$20 (family)**
- Donations support Homefront, Women Aware and Monroe Food Pantry
- To become a member:

Make checks payable to **GW Connections** and place in **Box #5 (Attn: Sandy Duncan)** in the Clubhouse lobby.

Please include your contact information.

- Questions? Contact **Carol Cooper at 609-409-3860**

"Wrinkles will only go where
the smiles have been" —
Jimmy Buffett

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The Martin Salmanowitz GW Social Club

By Lisa Baruch & Regina Savarese

During the month of April we will celebrate April Fools Day on April 1st, as well as the first night of Passover, Good Friday on April 3rd, Easter Sunday on April 5th, Orthodox Easter on April 12th, Tax Day on April 15th, and Earth Day on April 22nd.

On March 12th **Chris Monte** performed for our club. He is a seasoned comedian and actor known for his stand up specials on Drybar and Amaz on Prime, as well as appearances in film and television. He has over 20 years of experience in stand-up comedy and television, performing across the US and internationally. He is recognized for his unique comedic style, blending the charm of 1960s cool funny men with modern storytelling. He had an engaging and versatile performance.



The ballroom was filled with vibrant shades of green, bringing the St. Patrick's Day spirit to life! From shamrock touches to sparkling green accents with hints of gold, the room felt festive, cheerful, and full of fun—perfect for celebrating our St. Patrick's Day Lunch!

Upcoming Shows:

Join us on Thursday, April 9th at 1:00 PM in our Ballroom for "Singing in the Rain" by John Ciotta. Enjoy an uplifting afternoon of music, fun, and nostalgic charm and a delicious Sandwich Luncheon Buffet. We look forward to seeing you there!

John Ciotta has repeatedly been called a "Master Showman." As an entertainer, singer and percussionist, he has performed for millions of people all over the globe. John Ciotta has introduced his inimitable style, personality and charisma to audiences of every language and culture.

Our menu will consist of: Roast Beef w/Cheddar on Rye Bread, Lettuce & Tomato, Corned Beef Brisket on Rye Bread, Tuna Salad on Rye Bread w/Lettuce & Tomato, Egg Salad on Rye Bread w/Lettuce & Tomato, Turkey w/ Provolone Cheese on Kaiser Rolls w/Lettuce & Tomato, Pickle Platter, Pasta Salad, Potato Salad, Cole Slaw, Spring Cupcakes~Vanilla Cake-Yellow/Purple/Pink Icing, Decaf Coffee/Tea

Bingo: The GW Social Club sponsors Bingo on the second Friday of each month, and doors open at 7:00 p.m. Our upcoming Bingo night will be on April 10th. All are welcome. Come join us for an evening of fun and laughter as you play Bingo with friends and neighbors. Enjoy the excitement, the camaraderie, and maybe even win a few extra dollars along the way!

B I N G O				
7	29	38	49	61
9	30	40	54	70
2	27	FREE	52	62
4	22	31	59	69
10	18	33	56	74

Membership: Our membership year is July 1st - June 30th. If your membership is not current, please make your separate dues check out to the "GW Social Club" and deposit it into our Box #1 in the clubhouse. Our dues are \$20/couple, \$10/all singles.

We are always looking for volunteers to help out with various committees such as Catering, Entertainment and Setup. Please get in touch with us if you are interested.

Please note that due to rising costs of food and entertainment, we have had to make a necessary adjustment to our event pricing. This decision was not made lightly, and we truly appreciate your understanding and continued support as we work to provide enjoyable and quality events for everyone.

We look forward to seeing you in the near future.

The Pulse is looking for input from GW Residents. Please read the article entitled "Hey, Let's See if This is Interesting" on page 34. We really want your input, but make it brief.

***THE ORT REPORT* by Ann Gold**

Dear Member or Not-Yet Member, Please Read

Our World ORT is providing excellent, life-changing education to thousands of students beyond the war-shattered borders of Israel and Ukraine. For instance: Panama. That’s not a country you’d immediately think has an ORT program – but it does. With a tiny Jewish population, ORT Panama, in partnership with the synagogue in the capital, is educating 300 students of all religions, from Pre-K through primary grades to high school. There’s even a marching band!

And then there’s Mexico: Our contributions help support a Kindergarten-High School for 1,200 students. The education there focuses on school-wide themes, critical thinking, and Tikkun Olam. Graduation requires 150 hours of Tikkun Olam projects or missions.

So...please have a look at your checkbook, to make sure that you have paid your **\$36 membership dues**, for **2026**. All money goes to support education. Our chapter keeps none of the dues collected. Make checks out to ORT. Drop off in **box #18, in an envelope marked dues**, in the Towne Centre. If you have **membership questions**, ask Carole at **609-409-3819**.

Note: Celebrating Passover replaces our April monthly program meeting.

On **Sunday, April 19th**, bring your trivia smarts and your friends to our enjoyable **Trivia Luncheon, at 12:30**, in the Ballroom. After a tasty **hot lunch catered by Tuscany**, join a team, solve the clues, and win a prize. **Cost: \$32. RSVP by April 6th**. Questions – call Marcia B at 732-580-5448.

Be on the lookout for news about our May 6th meeting on the community website, in the lobby rounder, and Channel 26.

June will feature two enjoyable ORT events. On **Monday, June 1st**, be part of our annual **Mercer County Symphony Band entertainment at 7:30pm in the Senior Center**. For tickets, still only **\$12**, call Marcia S at 609-619-3994 or Lynda at 609-409-1099. On **Wednesday, June 3rd** our **surprise guest** will be a Greenbriar at Whittingham published author... mysterious. **7pm in the Poker Room**.



Our program on March 4th was a unique presentation by Rabbi Louis Stein about Abraham Lincoln. It included some facts about his face on the penny, his life, and connections that many of us didn’t know about. It was all well received by many attendees.

A big thank you to Barbara Lindell and her team for putting together the Game Day in March. As usual, they did a bang-up job!

Thanks, as always, for supporting ORT’s invaluable mission.

Thanks, as always, for supporting ORT’s invaluable mission.

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MAY 6 * AC RESORTS * ON SALE 3/24
JUNE 3 * WIND CREEK CASINO * ON SALE 4/28
JULY 1 * AC RESORTS * ON SALE 5/26
AUGUST 5 * AC RESORTS * ON SALE 6/23
SEPTEMBER 2 * PARX CASINO * ON SALE 7/28
OCTOBER 7 * AC RESORTS * ON SALE 8/25
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Refunds only if the trip is sold out and seats are resold.
 All trips are sold at The Concourse Desk 609-409-9292 x220 or x221.

Your IQ Test

By Herb Saperstein



Question: All bears are white where there is always snow.

In the villages in northern Russia there is always snow.

What color are the bears in those villages?

Most decent high school and university students know how to answer this question. They know this is a test to see if they can think in a logical manner. If they answer the question correctly, their measured IQ goes up. The correct answer shows that they are intelligent and might even gain admittance to Harvard. Do you know the correct answer? Of course, the correct answer is that the bears are white. Did you answer correctly?

But what would Russian (substitute your favorite peasant group) peasants living in those northern snowy areas say? They don't know your logic and they never heard of Harvard. They only know the facts. They reply:

Answer: I have seen only black bears. I talk of what I see, and what I know from experience.

Question: But what do my words imply? Do you understand that?

Answer: Do you mean that a person who has never been here can tell me about bears he has never seen? If a person has not been here, he cannot know anything based merely on words. If someone who lived here told me that he only saw white bears, that's a different matter.

That Russian peasant is obviously not too bright. If he insists on this answer, he must work harder to understand logic. If he is a student and won't do that, we might send him to the principal's office. He certainly will score poorly on the IQ test. But who is less likely to be fooled by "fake news," the Russian peasant or the Harvard student? The news often makes up facts or lies by omission of important facts or can use language in deceptive ways. Who is more likely to sniff that out?

Notice that we are dealing with different ways of seeing the world. A graduate of a modern university has been trained to see things differently from a farmer or from someone who lived 300 years ago. The logical framing forces you to think along certain lines that get you to the inevitably "correct" answer which is indeed correct according to the rules of logic. If you accept the premise, you have to follow the path that has been set out. The peasant questions the premise. So does the highly educated modern person understand the world better than an uneducated person who has had only to deal with the physical world that he has lived in for his entire life? It's complicated.

Here is a related question: Is there intelligence without understanding? Cognitive scientists try to measure general intelligence (being not very creative, they call this "g") but also use IQ tests which are actually not very good measures of that general intelligence. In order to raise test score numbers, what teachers have taught students in recent decades are algorithms which can be used to get the right answer, but this often happens without insight and understanding. This rewards diligence without developing intelligence and understanding. This often only appears to be intelligence when it is in fact a memorized method to reach an answer that will get a good score.

What has been going on has been hidden by grade inflation that is perhaps most extreme at elite universities. If young people were truly getting smarter, we would see a deep level of thinking and developed speaking abilities more sophisticated than earlier generations, but we have seen no such thing. Standards have been lowered and math scores have declined. There has been a leveling of student capacities, so the most dramatic decline has been at the top end of the bell curve. Students have been trained to take tests but not to actually understand math at a deeper level. We have been seeing the same thing regarding student creativity and language ability. Since the top end has fallen, the culture has fallen with it. Therefore there are fewer geniuses in science as well as in the arts. Comics are turned into our most popular movies. Keep it simple with lots of noise and explosions if you want to make a blockbuster movie that will make money, the ultimate bottom line.

This isn't quite the same as the bear logic, but I hope you will see the trick.

Question: All students are smart when they go to a university.

In America, all students go to a university.

All students in America are smart.

Is there a problem with the logic? Is there a problem somewhere else? What counts, the words or the facts?

GW Friends a Great Year of Free Entertainment Ahead!

By Mark Surks

We have some great presentations lined up for you in 2026!

If you have not done so already, please put your dues of \$10 pp in box 22 with your name and contact information. GW Friends delivers enormous value for that nominal fee.



Here is what our members will get to do exclusively this month:

Monthly meeting Monday, April 27th Once again we will be entertained by the extraordinary musicians of Monroe Township High School. We are so fortunate to have a robust music program that is embraced by the students of the Township. Every year it is our great joy to present them performing for us. It is a delightful evening and the students love the opportunity to perform for us. Don't miss this evening for sure.

Monday, April 13th Join us for our first Monday breakfast except that this month, in consideration of Passover, it will be on the second Monday. The always fun and frenetic *GW Friends Breakfast* is at its new time, 8:45 AM (early birds are expected, late comers are mocked but accommodated) at Christos Kitchen. Price is a ridiculously cheap \$14.00, tax and tip included, exact change preferred. We have our own menu and it is always a fun morning.

Monday, April 6th History Club at 4 PM in the Poker Room. Postponed from last month, Mark Surks will present on the 1893 Colombian Exposition aka The Chicago World's Fair. Poor Mark wrenched his back last month and could not present. We hope he is feeling better. Perhaps a Go Fund Me Page would be beneficial.

The History Club is very ably curated by Pierre Rein (908-420-4181). Pierre created this Club and it has been a real hit for the community. Contact him if there is a topic on which you would like to present. We can assist you with any technology support you may need.

Friday, April 3rd The Chess Club will meet at 2 PM in the former Board Room in the building annex. Contact Anatoly Shpirt at 347-693-8791 or just show up. Beginners are welcome.

Tuesdays, April 7th and April 21st The first and third Tuesday of every month the *Alan Hermelee Current Events Discussion Group* is held in the new upstairs Board Room. We cover many subjects including a gentle handling of otherwise divisive topics. Come share your opinion and intellect with us. It is a wonderful way to give voice to your thoughts and learn so much from others. *Politics is not discussed.* Let me say that again. *Politics is not discussed.* Alan Hermelee set the tone and we honor him by keeping it respectful. If you enjoy a stimulating discussion of topical matters, this is the place for you. Hopefully moderator Arie Markowitz will be back. Nobody seems quite able to fill his shoes when he is in Florida.

Tuesday, March 14th The Finance and Investing Group will meet at 4:00 PM *now in the Poker Room*. Jerry "Wolf of Wall Street" Gittler and Chester "T-Bill" Trubinski facilitate the discussion about today's markets. You can reach Jerry at 609-642-8929. This is an informative and entertaining group of both men and women. It's a good place to learn financial matters. If you need help understanding just what you own, this would be a good place to find out.

Wednesday, April 8th Pizza and Billiards (or just pizza or just pool). This is always well attended. We meet at 12:30 PM at Ciro's and then on to the GW Pool Hall downstairs in the Towne Centre. Contact Howard Katz at 609-409-8606, or just show up. No one will be allowed to use a knife while eating pizza!

Monday, April 20th The *Socrates Cafe* will meet at 4:00 PM in the Poker Room. Stimulating topics chosen by the group from a list curated by the facilitator will be discussed. Socrates Cafes began in 1996 as a place for an open exchange of ideas. The GW "Cafe" is hosted by Allan Cooper 609-409-3860.

Monday, April 22nd The Marvin Bachman Book Club will meet at 4:00 PM. They will discuss *Tangled Vines: Greed, Murder, Obsession, and an Arsonist in the Vineyards of California* by Frances Dinklespiel. Information about this book can be found elsewhere in *The Pulse*.

The Marvin Bachman Book Club is always expertly facilitated by Harriet Bachman.

"The question isn't who's going to let me;
it's who is going to stop me" Ayn Rand



This year, our nation will mark an extraordinary milestone - America's 250th Anniversary. This once-in-a-generation celebration invites us to reflect on our shared past, honor the people and places that shaped our country, and look thoughtfully toward the future we are building together.

Here in Monroe Township, this anniversary holds special meaning. Our community is rich in history, with landmarks and stories that connect us directly to key chapters of America's journey.

To commemorate this historic occasion, Monroe Township is planning a week long celebration beginning in late June and running through Independence Day, filled with events, entertainment, education, and good old-fashioned fun for residents of all ages. This celebration goes beyond traditional Fourth of July festivities, offering activities designed to engage children, families, adults, seniors and veterans alike.

AMERICA 250 – Tentative Event Schedule

Monday, June 29: AM GOLD Yacht Rock Concert at the Senior Center

Tuesday, June 30: Kids Concert and Drone Show at Avenue K/Veterans Park

Wednesday, July 1: Scavenger Hunt Starting at the Library

Thursday, July 2: Cultural Arts Concert at Thompson Park

Friday, July 3: Laser Magic Show at the Community Center

Saturday, July 4: Fireworks at Thompson Park

This special week is truly a community effort. Multiple departments - including Parks & Recreation, Library, Senior Center, Cultural Arts Commission, Historical Commission, Human Relations Commission and others are working hard to coordinate events around this special occasion. Additional activities and details will be announced as plans are finalized, so residents are encouraged to start marking their calendars

Residents Civic Club

By Gary Filik

Please join the Residents Civic Club on Wednesday April 8, 2026 as we present "Guardian Of The Law: The Supreme Court And Its Ethical Challenges ". Judge Philip Carchman will be discussing the ethical conduct of Justices, past and present. He will also discuss the present court. A question and answer session will be held at the end of his presentation. Refreshments will be served. Looking forward to another exciting event.



Attention Artists

If you have a piece of art that you would like to share in The Pulse, The GW Camera Club has agreed to photograph it for you. If you would find that helpful contact Rich Lewis 609-642-6770 or email richlou08831@comcast.net

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The Italian American Senior Cultural Club

By Joe Atanasio

Our March party was held on Friday March 6th, 2026, in honor of the Feast of St. Joseph and St Patrick. Our members and guests were treated to a sumptuous buffet provided by Sir Ives with music provided by the always popular DJ Jeff.

As a young man I always enjoyed movies and TV shows about law and even had the idea of becoming an attorney someday. Although taking another path in life, I always admired the work of Associate Justice of the Supreme Court Antonin Scalia.

Born on March 11, 1936, in Trenton, New Jersey, Antonin Gregory Scalia was the only child of Salvadore Eugene and Catherine Panaro Scalia. His father emigrated from Sicily as a teenager and came through Ellis Island. Salvadore got a college education and became a professor of romance languages at Brooklyn College. Scalia's mother was a first-generation Italian American who worked as an elementary school teacher until Scalia was born. Early in life, he acquired the nickname "Nino," partly in remembrance of his grandfather, for whom he was named.



Scalia grew up in a multi-ethnic neighborhood of Queens in New York City. He attended a public elementary school where he was a straight-A student. He went on to Xavier High School in Manhattan, a military school run by the Jesuit order of the Catholic Church. It was there that Scalia's conservatism and deep religious conviction was further developed. Self-described as "not a cool kid," he spent much of his time absorbed in his schoolwork. He continued to receive high academic marks and finished first in his class.

In 1953, Scalia enrolled at Georgetown University in Washington, D.C., where he graduated valedictorian and summa cum laude with a bachelor's degree in history in 1957. After graduation, he went on to study at Harvard Law School. During his final year, he met Maureen McCarthy, an undergraduate at Radcliffe College. The couple got married on September 10, 1960, and had nine children together.

Scalia began his legal career at the law offices of Jones, Day, Cockley & Reavis in Cleveland, Ohio, in 1961. He was highly regarded and would likely have made partner, but like his father, he longed to teach. In 1967, he took a professorial position at the University of Virginia Law School and moved his family to Charlottesville.

In 1972, Scalia entered public service when President Richard Nixon appointed him general counsel for the Office of Telecommunications Policy, where he helped formulate regulations for the cable television industry. In the immediate aftermath of the Watergate scandal in 1974, Scalia was appointed Assistant Attorney General for the Office of Legal Council. In this role, he testified before congressional committees on behalf of the Gerald Ford administration over executive privilege. He later argued his first and only case before the U.S. Supreme Court in *Alfred Dunhill of London, Inc. v. Republic of Cuba* on behalf of the U.S. Government and won the case.

After a brief stint at the conservative American Enterprise Institute and a teaching post at the University of Chicago Law School, Scalia accepted an appointment from President Ronald Reagan on the Court of Appeals for the District of Columbia in 1982. There he built a conservative record and won high praise in legal circles for his powerful and witty writing, often critical of the U.S. Supreme Court he was bound to follow as a lower court judge. This drew the attention of Reagan administration officials, who put him on the short list for a Supreme Court nomination. Scalia was later confirmed Associate Justice of the U.S. Supreme Court in 1986 upon the retirement of Chief Justice Warren Burger. Over the course of his judicial career, Justice Scalia was characterized as the anchor of the court's conservative majority. In his quarter-century on the court, he became a political celebrity, especially with socially and politically conservative groups. He puzzled conservatives and pleased liberals by voting to uphold free speech, as in the Texas flag-burning case and striking down a prohibition on hate speech. In keeping with conservatives, he strove to limit the right to an abortion, rejecting the notion that his position was religiously motivated and stressing that the issue should be decided in the legislature. He made no apology to the accusation that his role in the case of *Bush v. Gore* handed the 2000 election to George W. Bush, telling critics it was the right thing to do.

On June 25, 2015, when the Supreme Court handed down a 6 to 3 majority decision in the case of *King v. Burwell*, upholding a key component of the 2010 Affordable Care Act, also known as Obamacare, Justice Scalia made headlines in voicing his dissent. One day after the Supreme Court ruling on the health care law on June 26, 2015, the highest court announced a landmark 5 to 4 ruling guaranteeing a right to same-sex marriage. Justice Scalia voted against the majority

decision along with fellow conservatives Chief Justice John Roberts and Justices Clarence Thomas and Samuel Alito.

On February 13, 2016, 79-year-old Justice Scalia was found dead at a luxury resort in West Texas. He reportedly died of natural causes, with later reports revealing that he had suffered from heart trouble and high blood pressure.

Due to the observance of Good Friday, there will be no gathering on April 3rd.

Ciao!!

New Kids on the Block

by Maddi Litoff

We are all happy that spring is almost here just a few more days and we have great plans for the new season. We are a club of all people in the community who like to meet other people and enjoy themselves.

We contribute to Make A Wish as our donation point and we're very happy to do that.

As you can see our last meeting was game night and bring your favorite dessert. Everyone seemed to have a wonderful time. It was really really fun. We have some pictures to show you.

Our next get together will be June 2 at 6:30 Wednesday in the ballroom we will be making a metal tree of life. Bring all your old or new jewelry to to decorate the tree of life or any miscellaneous trivia that you might like to put on your tree of life, we will supply the trees and all the accessories.

You just bring your bag full of jewelry and fun.

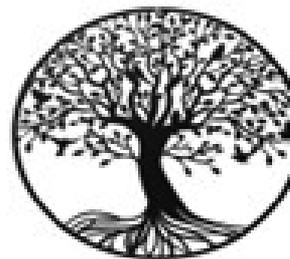
We are looking forward to meeting everyone, especially all our new neighbors that have been coming. We enjoy everyone and all our new guests and of course our members.

Sign up in the on the sheets in the rounder it's \$20 for the tree of life we will supply all the needed trees and glue so put on your happy face and we'll see you all real soon in this nice warm weather.

All our best.

Kids On The Block.

Any questions call or text 201-280-3911



Post 609 Monroe Township Jewish War Veterans Group

By Stuart Weinstein, Post Commander Post 609, JWV Monroe Township

We are pleased to resume meetings here at GW in April. Our first meeting of the new season will take place at the Towne Centre on Sunday April 19th at 9:30 AM in the upstairs poker room. All veterans are cordially invited, and we look forward to seeing you all again. Our monthly meetings are informative and always include bagels and a schmear. Hopefully you can join us to partake of the fellowship and meet other veterans. All veterans are invited.

Looking forward to seeing you all then

WELCOME BACK 'BIRDS

Sunday	Monday	Tuesday	Wednesday
			<p>1</p> <p>9:00 a.m. 9:00 a.m. Pickleball Club Play 10:00 a.m. Chair Yoga 10:30 a.m. Resident Council Meeting 10:30 a.m. Team Weights with Ellen 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. PAC Board Meeting 6:00 p.m. Tap Dancing 6:30 p.m. Billiards</p>
<p>5</p>	<p>6</p> <p>9:00 a.m. Pickleball Club Play 10:00 a.m. Team Weights with Ellen 10:00 a.m. WHOA Executive Board Meeting 11:00 a.m. Aquacise 11:00 a.m. Line Dancing with Teri 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. History Club 7:00 p.m. Intuitive Club</p>	<p>7</p> <p>9:00 a.m. Pickleball Club Play 10:00 a.m. GW Ladies Club Board Meeting 10:00 a.m. Greenbriar Site Review Committee Meeting 10:00 a.m. Line Dancing 11:00 a.m. GW Woodworking Club Workshop 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. The Alan Hermelee Current Events Discussion Group 3:00 p.m. PAC Board Meeting 3:30 p.m. Tap Dancing 5:30 p.m. Water Volleyball 6:30 p.m. Poker 6:30 p.m. Billiards</p>	<p>8</p> <p>9:00 a.m. 9:00 a.m. Pickleball Club Play 9:30 a.m. Computer Workshop 10:00 a.m. 10:00 a.m. Team Weights with Ellen 10:00 a.m. Chair Yoga 10:30 a.m. Team Weights with Ellen 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. PAC Board Meeting 4:30 p.m. Indo-Thai Yoga 6:00 p.m. Tap Dancing 6:30 p.m. Billiards 7:30 p.m. Resident Council Meeting</p>
<p>12</p> <p>9:45 a.m. Shalom Club</p>	<p>13</p> <p>9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 10:00 a.m. Entertainment Committee Meeting 10:00 a.m. Team Weights with Ellen 11:00 a.m. Aquacise 11:00 a.m. Line Dancing with Teri 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. After Hours Club Board Meeting 6:30 p.m. GW Ladies Club 7:00 p.m. Shalom Club Program</p>	<p>14</p> <p>9:00 a.m. Pickleball Club Play 10:00 a.m. Line Dancing 10:00 a.m. Brain Fitness 11:00 a.m. GW Woodworking Club Workshop 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. Finance Discussion Group 5:30 p.m. Water Volleyball 6:30 p.m. Poker 6:30 p.m. Billiards</p>	<p>15</p> <p>9:00 a.m. 9:00 a.m. Pickleball Club Play 10:00 a.m. 10:00 a.m. Greenbriar Community Meeting 10:00 a.m. Team Weights with Ellen 10:00 a.m. Chair Yoga 10:30 a.m. Team Weights with Ellen 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. PAC Board Meeting 6:00 p.m. Tap Dancing 6:30 p.m. Billiards 6:30 p.m. Health/Fitness 7:00 p.m. Camera Club</p>
<p>19</p> <p>9:30 a.m. Monroe Township Post 609 Jewish War Veterans 11:30 a.m. ORT Trivia Day</p>	<p>20</p> <p>9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 10:00 a.m. Provocative Thinking 10:00 a.m. Team Weights with Ellen 11:00 a.m. Aquacise 11:00 a.m. Line Dancing with Teri 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. Socrates Café 6:30 p.m. WHOA Open Workshop Meeting</p>	<p>21</p> <p>9:00 a.m. Pickleball Club Play 10:00 a.m. Line Dancing 11:00 a.m. GW Woodworking Club Workshop 12:30 p.m. Exercise (Instruction on TV) 1:00 p.m. GW Connections Book Club 2:00 p.m. The Alan Hermelee Current Events Discussion Group 3:30 p.m. Tap Dancing 5:30 p.m. Water Volleyball 6:30 p.m. Poker 6:30 p.m. Billiards</p>	<p>22</p> <p>9:00 a.m. 9:00 a.m. Pickleball Club Play 10:00 a.m. 10:00 a.m. WHOA Coverage 10:00 a.m. Chair Yoga 10:30 a.m. Team Weights with Ellen 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. PAC Board Meeting 4:30 p.m. Sherlock Holmes 5:30 p.m. Indo-Thai Yoga 6:00 p.m. Hadassah 6:00 p.m. Billiards 6:30 p.m.</p>
<p>26</p> <p>1:00 p.m. WHOA Movie: Song Sung Blue</p>	<p>27</p> <p>9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 9:30 a.m. Golf Closed Meeting 9:45 a.m. GW Connections Board Meeting 10:00 a.m. Team Weights with Ellen 11:00 a.m. Aquacise 11:00 a.m. Golf Open Meeting 11:00 a.m. Line Dancing with Teri 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 4:00 p.m. GW Friends Book Club 6:00 p.m. Ladies Club Book Club 7:15 p.m. GW Friends</p>	<p>28</p> <p>9:00 a.m. Pickleball Club Play 10:00 a.m. Line Dancing 10:00 a.m. Shalom Club Board Meeting 10:00 a.m. WHOA Landscape Committee Meeting 11:00 a.m. GW Woodworking Club Workshop 12:30 p.m. Exercise (Instruction on TV) 3:30 p.m. Tap Dancing 5:30 p.m. Water Volleyball 6:30 p.m. Poker 6:30 p.m. Billiards</p>	<p>29</p> <p>9:00 a.m. 9:00 a.m. Pickleball Club Play 10:00 a.m. 10:00 a.m. Chair Yoga 10:30 a.m. Team Weights with Ellen 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. PAC Board Meeting 6:00 p.m. Tap Dancing 6:30 p.m. Billiards</p>



Wednesday	Thursday	Friday	Saturday
Ping Pong Pickleball Club Play Ceramics Yoga with Karen & Dave Civic Club Board Meeting Motion with Ellen (Instruction on TV) Acting Workshop Bocce Gin Rummy	2 9:00 a.m. 3D Art 9:00 a.m. Pickleball Club Play 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Aquacise 11:00 a.m. GW Social Club Board Meeting 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. Painting Group 4:30 p.m. Ballroom Dancing with Pam 6:00 p.m. Stained Glass Group 6:30 p.m. Poker 6:30 p.m. Billiards	3 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 9:15 a.m. Meditation Class 10:00 a.m. Beginners Plus Line Dancing with Joan & Sona 10:30 a.m. Yoga with Brian 11:00 a.m. Painting Group 12:30 p.m. Scrabble 2:00 p.m. Chess Club	4 10:00 a.m. Ping Pong 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV)
Ping Pong Pickleball Club Play Club Meeting (Zoom only) Ceramics Writing Group Yoga with Karen & Dave Motion with Ellen (Instruction on TV) Acting Workshop American Ladies Bocce Gin Rummy Resident Civic Club	9 9:00 a.m. 3D Art 9:00 a.m. Greenbriar Budget & Finance Committee Meeting 9:00 a.m. Pickleball Club Play 10:00 a.m. WHOA Budget & Finance Committee Meeting 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Towne Centre Committee Meeting 11:00 a.m. Aquacise 12:30 p.m. Exercise (Instruction on TV) 1:00 p.m. GW Social Club Luncheon 2:00 p.m. Painting Group 4:30 p.m. Ballroom Dancing with Pam 6:00 p.m. Stained Glass Group 6:30 p.m. Poker 6:30 p.m. Billiards	10 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 9:15 a.m. Meditation Class 10:00 a.m. Greenbriar Executive Board Meeting 10:00 a.m. Beginners Plus Line Dancing with Joan & Sona 10:30 a.m. Yoga with Brian 11:00 a.m. Painting Group 11:00 a.m. Deep Water Aquacise 12:30 p.m. Scrabble 7:00 p.m. Bingo 7:00 p.m. Canasta Tournament	11 10:00 a.m. Ping Pong 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV) 1:00 p.m. WHOA Movie: Wicked
Ping Pong Pickleball Club Play Ceramics Covenants Committee Meeting Yiddish Vinkle Yoga with Karen & Dave Motion with Ellen (Instruction on TV) Acting Workshop Bocce Gin Rummy Fitness & Wellness Club Photography Club	16 9:00 a.m. 3D Art 9:00 a.m. Pickleball Club Play 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Aquacise 11:30 a.m. GW Social Club Board Meeting 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. Painting Group 4:00 p.m. GW Friends Board Meeting 4:00 p.m. Shalom Program Committee Meeting 4:30 p.m. Ballroom Dancing with Pam 6:00 p.m. Stained Glass Group 6:30 p.m. Poker 6:30 p.m. Billiards	17 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 9:15 a.m. Meditation Class 10:00 a.m. Site Review Committee Meeting 10:00 a.m. Beginners Plus Line Dancing with Joan & Sona 10:30 a.m. Yoga with Brian 11:00 a.m. Painting Group 11:00 a.m. Deep Water Aquacise 12:30 p.m. Scrabble 6:30 p.m. Canasta Tournament 7:00 p.m. GW Music Club	18 10:00 a.m. Ping Pong 10:00 a.m. Tennis Club 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV)
Ping Pong Pickleball Club Play Ceramics Covenants Committee Meeting Yoga with Karen & Dave Motion with Ellen (Instruction on TV) Acting Workshop Rock Holmes Club American Club General Meeting Bocce Gin Rummy	23 9:00 a.m. 3D Art 9:00 a.m. Pickleball Club Play 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Aquacise 11:30 a.m. GW Social Club Board Meeting 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. Painting Group 3:30 p.m. IASCC Board Meeting 4:30 p.m. Ballroom Dancing with Pam 6:00 p.m. Stained Glass Group 6:30 p.m. Poker 6:30 p.m. Billiards	24 9:00 a.m. Ping Pong 9:00 a.m. Pickleball Club Play 9:15 a.m. Meditation Class 10:00 a.m. Beginner Plus Line Dancing with Joan & Sona 10:00 a.m. Greenbriar Covenants Committee Meeting 10:30 a.m. Yoga with Brian 11:00 a.m. Painting Group 11:00 a.m. Deep Water Aquacise 12:30 p.m. Scrabble 6:30 p.m. After Hours Club	25 10:00 a.m. Ping Pong 10:00 a.m. Chair Yoga with Karen & Dave 10:00 a.m. Exercise (Instruction on TV) 7:00 p.m. GW Show: The Jersey Tenors
Ping Pong Pickleball Club Play Ceramics Yoga with Karen & Dave Motion with Ellen (Instruction on TV) Acting Workshop Bocce Gin Rummy	30 9:00 a.m. 3D Art 9:00 a.m. Pickleball Club Play 10:00 a.m. Chorus 11:00 a.m. GW Woodworking Club Workshop 11:00 a.m. Aquacise 11:30 a.m. GW Social Club Board Meeting 12:30 p.m. Exercise (Instruction on TV) 2:00 p.m. Painting Group 4:30 p.m. Ballroom Dancing with Pam 6:00 p.m. Stained Glass Group 6:30 p.m. Poker 6:30 p.m. Billiards 6:30 p.m. WHOA/GWCA Joint Open Board Meeting		

Nurse's Report: 4 Reasons Why Foot Care Should Matter to Seniors

By *Lisa DiGiovanni, EDD, MSN, RN, MEDSURG-BC, CHSE, and Elizabeth Caruso, MSN, RN, COHN-S, Saint Peter's University Hospital*

It's been said that "when your feet hurt, everything hurts." You only need to wear an ill-fitting pair of shoes for a couple of hours to understand this cliché very clearly.

Foot health tends to get ignored by older adults, even though it plays a direct role in balance, independence, and overall quality of life. For older adults, small foot problems can quietly turn into serious medical issues. Regular foot checks are simple and low risk. You can get a handle on things to look out for and manage those health concerns before they truly affect your quality of life.



Here are 4 Reasons Why Foot Care Should Matter to Seniors

1. Feet carry the full weight of the body. Age-related changes in skin, circulation and even bone structure (think bunions!) increase the risk of injury.
2. Conditions like diabetes, arthritis, and vascular disease often show early signs in the feet.
3. Poor foot health raises fall risk, which is one of the leading causes of injury and loss of independence in older adults.
4. Untreated foot problems can lead to infections that would have been preventable with early care.

So Why Do Seniors Avoid Foot Checks?

Fear of diagnosis. Some avoid care because they worry a doctor will find something serious. The logic is simple but flawed. If you do not know, you do not have to deal with it.

Normalization of pain. Many older adults assume foot pain is just part of aging. They tolerate discomfort instead of seeing it as a medical issue worth addressing.

Access and mobility barriers. Getting to appointments can be hard. Limited transportation, poor balance, or fear of falling can turn a routine visit into a major obstacle.

Lack of awareness. Some people simply do not know that routine foot checks are recommended, or that podiatric care can prevent bigger problems.

The truth is, having your feet checked regularly can catch small problems before they become more difficult to treat, such as skin breakdown or heel cracks that can become infected. A doctor can diagnose changes in circulation that might signal broader vascular problems. If you are suffering from nerve damage, you may also be experiencing numbness that you are not even aware of – and that can lead to falls and other injuries.

Taking care of your feet should be viewed as routine health maintenance. It's a necessity, not a cosmetic issue. As you may know, diabetics have a lot to manage in terms of foot care. Get ahead of these health challenges by not avoiding routine visits. Ask your physician to explain what they are going to do before the exam so you can fully understand the process and have time to ask questions if you need clarification. Focus on prevention, assuming you are not already suffering from a condition that needs expeditious care. Healthy feet support mobility, which is one of the keys to independent living.

You only get one pair of feet, and you want them to take you through every great day that's still ahead of you. The easiest way to stay active and stable as you age is by giving your feet the same attention you give the rest of your body.

"Do the best you can until you know better. Then when you know better, do better." Maya Angelou



The Italian American Senior Cultural Club



"Spring Bloom" by Winthrop Road resident Zena Horvath



*"Golden Doors" by Harwood Road resident Irwin Montlack
Greenbriar at Whittingham Pulse*

Passover, The Celebration of Freedom

By Richard Weber

Every year in Spring, Jewish families celebrate the holiday of Passover which tells the story of how the Jewish people were freed from slavery in ancient Egypt. A cruel king called Pharaoh ruled the land of Egypt and made the Jewish people who lived there his slaves. For years the slaves worked tirelessly building cities and palaces. Until one day when the Jewish leader Moses went to Pharaoh and told him to “Let My People Go!”. But Pharaoh refused to listen to him. After many difficult events (known as the ten plagues), Pharaoh finally agreed to let the Jewish people leave Egypt.

The Passover Seder is a ceremonial meal that retells this story. It explains the Israelites’ exodus from slavery to freedom through blessings, songs, stories, foods and symbols. Some symbols include:

Bitter herbs: reminds us that slavery was painful and unfair.

Matzah: reminds us that the Israelites left in a hurry with no time for their bread to rise.

Sitting in a reclining position reminds us that free people can be comfortable.

Passover is not only learning about something that happened many centuries ago but is also about understanding what freedom means today. Freedom means being able to make choices about our lives and being treated with fairness and respect.

Passover also teaches responsibility. Being free does not mean doing whatever we want. It means using our freedom to make good choices and to stand up for others. If we see someone being bullied or treated unfairly, we can remember the story of Passover and choose to help them.

Passover reminds us that freedom is precious. It is something to be thankful for — and something we should help protect for everyone.

SHALOM CLUB HAPPENINGS

Sunday, April 12 - Monthly breakfast “Remembering the Borscht Belt” - 9:45am

Monday, April 13 - Susan Addelston Series, Part 1 7-9pm

Tuesday, April 28 - Show at George Street Playhouse - 7pm (SOLD OUT)

Sunday, May 3 - Monthly breakfast “Way Past Midnight- music and dance” - 9:45am

Wednesday, May 20 - Shalom Camhi “The History of Sephardic Jewry” - 7pm

SAVE the DATE - Monday, June 8 = Rescheduled - Bill Schrimmer - 2pm

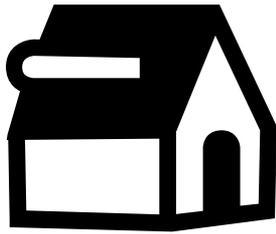
SAVE the DATE - Friday, July 31 - Traditional SHABBAT DINNER in the Ballroom - 6pm



All Residents of Greenbriar at Whittingham Take Note

If you plan on making any changes to the exterior of your home including lighting, garage doors, windows, satellite dishes, roofing, awnings, generators etc. you must fill out the Architectural Modifications form and put it in the white mail box outside the Towne Centre.

Management will likely contact you and then your request go to the appropriate Site Committee for approval. Doing work on the exterior of your property without prior approval may result in fines or other consequences.



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Empower YOUR Legacy by attending our... Living Trusts and Wills Seminar

You Will Leave Our Workshop With the Understanding of How:

- You can avoid your family fighting over money and possessions when you are gone.
- You can protect your home and your savings from the devastating expense of a nursing home.
- You can protect your hard-earned assets from your children's spouses.
- You can protect your loved one with substance abuse issues.
- You can avoid the common missteps by families raising children with challenges, disabilities, or special needs.

Now is the right time for you to get your affairs in order with an up-to-date Estate Plan!

Freehold

Radisson
50 Gibson Place
Tuesday, April 14th
10:00am | 2:00pm | 7:00pm

Monroe

Courtyard Marriott
Cranbury South Brunswick
420 Forsgate Drive
Wednesday, April 15
10:00am | 2:00pm | 7:00pm

Morganville

Levine, Furman & Rubin
1116 Campus Drive
Thursday, April 16
2:00pm | 7:00pm

You may register by calling our office at (732) 238-6000 or online at www.levinefurman.com/seminars.

Most attendees choose to make an appointment at the end of the presentation, so please bring your calendar with you.

ads-1551

Shalom Club

of Greenbriar at Whittingham

SHABBAT DINNER

Greenbriar Ballroom

Friday, July 31, 2026 6:00 pm

Members: \$55.00 per person

Nonmembers: \$65.00 per person

A traditional Kosher Shabbat dinner will be served at your table. Entertainment included

Checks will be accepted as of April 15, 2026
Deadline for reservations is June 30, 2026

Questions?? Please contact Marilyn Gerstein at 609-409-9176

.....CUT.....

For those wishing to sit together, place names and checks, made out to SHALOM CLUB, in same envelope. (Maximum 10 people per table). Mark envelope July 31, 2026 SHABBAT DINNER and place envelope in Lock Box #6 no later than June 30, 2026 or mail to Shalom Club, Box #6, 100 Whittingham Drive, Monroe Twp., NJ 08831

NAME: _____ PHONE: _____

EMAIL: _____



2026 PAPER SHREDDING

Monroe Township Recycling Center

Department of Public Works - Recycling Center
76 Gravel Hill Spotswood Road, Monroe Township, NJ

The Monroe Township Recycling Center offers Paper Shredding on the **second Saturday** of the month in **March, May, July, September, and November!**

This is in addition to the Middlesex County Paper Shredding Program.

Recycle your old confidential files safely and securely.

Monroe residents only - No businesses

Rain or Shine • 8 am - 12 pm

March 14 • May 9 • July 11

September 12 • November 14

Maximum of 5 file boxes per car

DO NOT BRING:

Newspapers, magazines, hardcover books, junk mail, photographs, X-rays, CDs, shredded paper or garbage.

Loads containing unacceptable items may be rejected.

Must be in manageable containers: **No plastic bags.**

NOTE: No need to remove paper clips or staples.

Residents must stay in their vehicles at all times. Please have your materials in your trunk, rear area or trunk bed easily accessible to our staff who will remove it from your vehicle.

Greenbriar at Whittingham Community Presents

FROM FRANK SINATRA TO FRANKIE VALLI TO FIGARO.

THE JERSEY TENORS



The Jersey Tenors are the newest Opera/Rock Mash-up sensation, creating an explosive blend of iconic Opera classics alongside Rock 'N Roll greats like Queen, Elton John, and Bon Jovi—to name but a few.

Visit their website: www.thejerseytenors.com/media/

SATURDAY, APRIL 25, 2026 AT 7:00PM

in The Towne Centre Ballroom

\$30.00 PER PERSON (Check Only, Payable to WHOA)

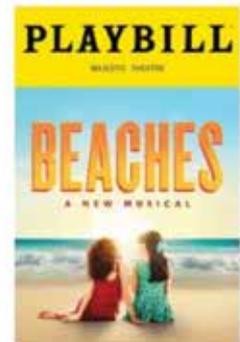
TICKETS ARE ON SALE MONDAY, MARCH 18TH.

OPEN TO NON-RESIDENTS MONDAY, MARCH 23RD.

Call the WHOA Box Office for Ticket information 609-395-0404 Extension 220 or 221.
*Refunds only if we are sold out and your tickets are resold.

Greenbriar at Whittingham Community Presents

SAVE the DATE



Beaches, A New Musical, based on the best-selling novel that became the blockbuster film, brings to the stage one of the most iconic friendships in popular culture. This sweeping, emotional, and joy-filled new musical follows the vivacious Cee Cee and elegant Bertie, who meet as children and become fast friends. From pen-pals to roommates to romantic rivals, Cee Cee and Bertie's oil-and-water friendship perseveres over the course of 30 years through even the most tragic tests. With a touching vulnerability, *Beaches* exemplifies the triumph of the human spirit and the bonds of friendship.

Beaches, A New Musical features a book by **Iris Rainer Dart** & **Thom Thomas**, music by **Mike Stoller**, lyrics by **Iris Rainer Dart**, based on the novel *Beaches* by **Iris Rainer Dart**, and developed in collaboration with **David Austin**.

Beaches, A New Musical is produced by **Jennifer Maloney-Prezioso**, **Douglas McLannet** for **Arden Entertainment**, **Alison Spirits** & **Justin Sudds** for **Right Angle Entertainment**, and **Tracey McFarland** & **Ryan Bogner** for **Broadway & Beyond Theatricals**.

Beaches, A New Musical is directed by **Lonny Price** and co-directed by **Matt Cowart**.

Tickets will be on sale Friday, April 3rd.

A flyer with more information will be available as soon as the details are finalized.

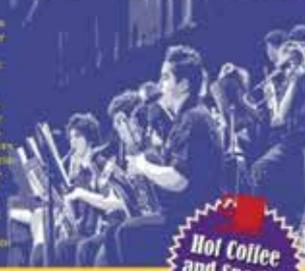


MUSIC ENSEMBLE

MONDAY, APRIL 27 at 7:30 PM
at The GW TOWNE CENTRE BALLROOM

Under the direction of MTHS faculty members, Martin Griffin and Yali Snyder, music students from Monroe Township High School will visit Greenbriar Whittingham to perform for us.

Monroe Township High School's instrumental music program blends creative exploration and expression with rigorous instruction, performance, and competition. Their award-winning programs offer numerous course offerings appealing to the diverse and unique talents of their students. Their courses provide students with authentic learning experiences that coincide with the opportunity to showcase their skills through performance. Instrumental and choral programs address music theory, technique, and performance, in addition to engaging the students with significant community involvement. Students involved in instrumental music can participate in symphonic band, wind ensemble, percussion ensemble, and, of course, their jazz ensemble.



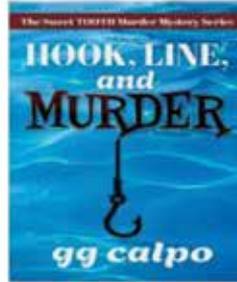
Hot Coffee and Snacks served

This special musical event is open to all paid-up GW Friends members.

If you are not a paid-up member, bring a personal check with you, payable to "GW Friends." 2026 membership is \$10 per person.

Questions? Contact Mark Surks at msurks@comcast.net

THE SHERLOCK HOLMES CLUB



Guest Speaker on Wednesday, April 22nd

Following our discussion on the evolution of the detective story, club member and GW's resident author **Gisella Rivera (gg calpo)** will discuss her latest murder mystery, **Hook, Line, & Murder**, a copy of which will be raffled off at the meeting. **Free to all, don't miss it!**

The Middlesex Constabulary, The Sherlock Holmes Club of Greenbriar Whittingham, invites you to join us at the Towne Centre on Wednesday, April 22nd at 4:30

??? Call Paul (609) 642-6314

|The Game is Afoot.

Greenbriar at Whittingham Community Presents

APRIL MOVIES



WICKED: For Good

SATURDAY, APRIL 11, 2026

1PM in The AC/Dance Room—2h 17m

When an angry mob rises against an exiled Elphaba, the Wicked Witch of the West, she must reunite with Glinda to transform herself, and all of Oz.



SONG SUNG BLUE

SUNDAY, APRIL 26, 2026

1PM in The AC/Dance Room—2h 12m

Two down-on-their-luck performers form a Neil Diamond tribute band, proving it's never too late to find love and follow one's dreams.

Free entry, no sign-up required ~ bring your own snacks!

Have a movie you're interested in seeing? Let me know: kristin.ourso@fiscresidential.com

Greenbriar at Whittingham Community Presents

Danny V's 52nd Street Band BILLY JOEL TRIBUTE



Danny V's 52nd Street Band is a full-scale, 6-piece, live concert show, re-creating the performances of arguably the greatest rock and roll keyboard player ever—the "Piano Man" ... Billy Joel.

Led by the fantastically talented pianist, singer and showman, Dan Vechesky (Danny V), the 52nd Street Band is comprised of top NYC metro-area musicians driven to detail in re-creating Billy's music and live stage show. 52nd Street was honored to open for Billy Joel himself at past four pre-concert parties like Philadelphia's Wachovia Center Arena and Billy Joel's Broadway show smash, *Movin' Out!*

Visit their website for a preview: www.52ndstreetband.com

SATURDAY, MAY 16, 2026 AT 7:00PM

IN THE TOWNE CENTRE BALLROOM

\$30.00 PER PERSON (Check Only, Payable to WHOA)

TICKETS ARE ON SALE MONDAY, APRIL 13TH,

OPEN TO NON-RESIDENTS MONDAY, APRIL 20TH.

Call the WHOA Box Office for Ticket information 609-395-0404 Extension 220 or 221.
*Refunds only if we are sold out and your tickets are resold.

Hey, Let's See If This Is Interesting

by Mark Surks

I have no hesitation to steal ideas. This is something I saw on Facebook. Someone posted "*Name one thing that you have done or experienced, that you think no one else has.*"

Now let me just say, I don't know who posts these surveys and it has been suggested that they use the information about who posts for something nefarious. I just don't care, but I did enjoy what folks had to say. I will give you some examples and I am urging readers to send in their responses for possible publication in an upcoming issue of *The Pulse*.

My response to the post was: I was in Madison Square Garden May 29, 1962 when Marilyn Monroe sang Happy Birthday to Pres. Kennedy in that sultry fashion.

This is true. My father's aunt was treasurer for the NY Democratic Party in the 60's and gave us four tickets for free. They cost \$100 each. \$400 was nearly two months rent on our apartment! So I was there that night and remember it well. I brought my copy of "Profiles in Courage" to be autographed. I asked a Secret Service agent in the aisle way up in the nosebleed seats at the old Madison Square Garden if he could get the President to autograph it for me and he laughed and said he couldn't get close to the President.

Anyhow, here are some other responses to that Facebook posting.

- At thirteen years old, I enjoyed a bottle of Coke offered to myself by John Wayne, where I spent about ten minutes with him and his daughter on the back deck of his yacht in my hometown of Victoria BC in 1975.
- Played on two records with Wynton Marsalis while we were in high school band together.
- Served quesadillas to President George H.W. Bush while working at a Mexican restaurant in Bethesda.
- Felt a child's heart flutter back to life under my hand doing CPR.
- Played the bagpipes solo for Prince Edward at a brunch.
- Picked up and delivered the Superbowl rings to the Pittsburgh Steelers at Heinz Field.
- Water skied naked drinking a beer.
- Popped out of a cake.
- I ate Burger King cheese burgers with Kurt Cobain.
- Sailed a sloop that participated in America's cup.

- I rode an elephant, a zebra, a giraffe, and a camel all in the same day.
- Won \$11,200 dollars on Family Feud in 1983.
- Hiked to the top of Half Dome in Yosemite National Park.
- Proposed to my husband in front of Olivia Newton-John.
- Delivered a baby in the back of an ambulance. Immediately had to code the newborn. For several minutes I was using an AMBU-bag to breathe for the baby. I'm caring for the baby, my partner is caring for the mother, so no one can drive the ambulance. This went on until another unit could arrive. Once help arrived, jetted to the hospital. Baby was placed in the NICU. She survived and was released two weeks later. This was my first delivery!
- Flew a plane under the Golden Gate Bridge.
- I met Little Richard in 2009.
- Rode an elephant. Wrestled a bear. Rode in the Goodyear Blimp over the Pacific Ocean
- Watched a Shuttle launch, day and night. Saw the Shuttle piggyback on a 747 heading to Cape Canaveral and no sound! It blew my mind.
- Neil Armstrong kissed my wife at a funeral.
- Went on a tour of Jay Leno's garage and collection. It was just Jay, me and my brother. We'd met him at a book store, and my brother asked if he gave tours. He asked us if we had some time. Of course we did! So, we followed him to his buildings and spent about two hours there, with him showing us his entire collection.
- Got drafted into the Army at eleven years old! I grew up in the 60s, while the Vietnam War was still raging and the draft was still on. I was eleven years old, in the fifth grade, and came home from school one afternoon and in the mail waiting for me was a draft notice. My father had to spend half the day on the phone with the US Army, trying to convince them that they had drafted an eleven year old.
- Smoked a cigarette with Johnny Carson.
- Played golf with Jackie Robinson.
- Flew commercial from Montreal to Quebec City with Robert Plant. There was no one on the plane but him, his manager, my Diving coach, my sister and I. I talked to him all the way there. He was on tour with Jimmy Page. It was their first time playing together since the Led Zeppelin days. Backstage passes for sure.

- I was actually on stage with magician David Copperfield and he disappeared me and reappeared me in a different part of the auditorium.

I wish I could post all of them. To me they are so interesting. Some may perhaps be fantasies. I think they seem genuine though.

So members of the GW community, what have you done, experienced or have been a part of that was somewhat unique? We would love to share it with others. Send responses to gwmonroepulse@gmail.com so we can publish them.

All About The Beat GW!

By Debbie Harbatkin

Greenbriar at Whittingham is about to welcome its newest club for those with a passion and interest in all things music!

All About The Beat is a group to get together and enjoy all types of musical entertainment with your neighbors and friends. The focus will be on more than live performances, bringing music culture, education, history and variety to our residents.

Meeting monthly on the 3rd Wednesday in the Towne Center Ballroom, members will enjoy live performances by bands and entertainers, movies and media about music and music history. As well as speakers on a range of styles and studies of genres of music through the decades. Group discussions will highlight stories from residents who have studied music, encountered famous musicians and how and what happened, musical education on diverse topics. The stage is set for a world of musical discovery. Each month will be a different theme and each topic will be varied to appeal to a variety of ages and tastes.

As the club evolves, there will be special events and even group road trips to see concerts and shows, especially the wonderful outdoor venues at the many parks and towns that New Jersey has to offer. You'll be surprised at how entertaining our area is.

Our inaugural get-together will be on Wednesday, May 20th at 7:00PM. We will kick off with live music with the band **Rockology, featuring women in rock and the songs of the 70's from artists like Fleetwood Mac, Linda Rondstat, Heart, Carole King and more!** Greenbriar at Whittingham's own **Ira Harbatkin** will be playing drums with a full band of talented and professional musicians from the Central Jersey area. The band is donating their time to perform for our residents and the \$5 per person entry fee is necessary to cover the cost of an independent sound technician because our Ballroom does not have sufficient sound technology. Any additional proceeds will go to the club fund to get it started.

The entry fee can be purchased in advance or collected at the door as space allows. More details will follow, so watch for the flyer for the event on the GW Recreation page on the Community website, hard copies in the lobby of the Towne Center and posted on the Greenbriar at Whittingham Neighbors Facebook page.

This initial "meeting" will be available for all residents, only limited to the capacity of the Ballroom. That evening, we will share what joining this new "Club" will mean. Club dues will be \$20 per year, per person, needed to cover future live show fees and sound, professional speakers, media "streaming" fees. Initially, guests will not be welcome but once established we can open it up as room permits. Our goal is to make our regular monthly meetings free to all members, however, there may be additional costs for special events and professional speakers.

We will announce the second meeting after that to all, however, by our third meeting, you will have to be a club member to learn what is going on and attend.

If you have any questions, or would like more information, please feel free to email the club at AATBGW@gmail.com or contact Debbie Harbatkin at (732) 547-1096.

It's All About The Beat GW!



Shalom Club

of Greenbriar at Whittingham

SUSAN'S 2026 SEMINAR SERIES

SUSAN ADDELSTON

April 13, 2026 7:00-9:00 pm
What History Lurks in Your Kitchen that You Knew
Nothing About?
 Let's learn about common items that reflect human ingenuity, adventure, imperialism and slavery.

May 11, 2026 2:00-4:00 pm
Groucho Marx
 The improbable but true story of a school dropout who kept America laughing for seven decades. What was so special about this man and his brothers? How did they affect American culture?

June 29, 2026 - 7:00-9:00 pm
BAMBI: A Life in the Forest
 Not a children's story at all, but a deep parable of pacifism, ecology, vegetarianism, anti-Semitism and not a Disney cartoon! He got it all wrong!

Admission fee: \$36.00. Series not sold individually.
 Poker room Open seating Limited space...
 Deposit check, made out to Shalom Club, in Box 6 or mail to Shalom Club, 100 Whittingham Drive, Monroe Twp., NJ 08831

Name: _____

Phone Number: _____

Greater Monroe Chapter
ORT AMERICA

A global education network driven by Jewish values and innovation, preparing people and communities for meaningful self-sufficient futures



BACK BY POPULAR DEMAND

Sunday, April 19, 2026

12:30PM Towne Centre Ballroom

Join us for a hot lunch buffet catered by *Tuscany - Old Bridge*

Followed by a fun-filled game of trivia.

AWARDS TO ALL THE VICTORS!

We look forward to seeing you...

Bring friends, family, and neighbors... **ALL ARE WELCOME**

\$32/person

Please respond by April 6, 2026

For more information call:

Marcia 732-580-5448 or Georgia 732-567-0032

Name: _____ Phone: _____

Email: _____

Place completed information slip and your checks (made out to ORT) in box 18 by April 6, 2026. Mark "Trivia" on the outside of the envelope.

APRIL 2026

by Kristin Puriza, Lifestyle/Facilities Director

BALLROOM SHOWS:

Saturday, April 25th:
The Jersey Tenors
 Tickets are on sale now!

Saturday, May 16th:
Billy Joel Tribute
 On sale Monday, April 13th.

Sunday, May 31st:
Carole King Tribute
 *Rescheduled from 2/22.
 See flyer for details.

NYC BROADWAY:

4/22/26: Ragtime
 Wait list only!

6/17/26: Beaches
 On sale Friday, April 3rd.

8/6/26: Les Miserables
 On Sale Monday, May 4th.

CASINO BUS TRIPS:

ON SALE NOW:
 April 15th: AC Resorts
 May 6th: AC Resorts

ON SALE 4/28:
 June 3rd: Wind Creek Casino

WHOA MOVIES:

1PM IN THE AC/DANCE ROOM:

Saturday, April 11th:

WICKED: For Good

Sunday, April 26th:

SONG SONG BLUE

HEALTH LECTURE:

MONDAY, APRIL 20TH
2PM - AC/Dance Room:
Gambling in Today's World
 NO CHARGE - SIGN UP WITH THE CONCIERGE



GW - KIDS ON THE BLOCK

Design Your Own Tree of Life

Bring all your broken or unworn jewelry to decorate the tree



We supply:

- Tree plaque
- Glue
- Basic supplies

Wednesday, June 1st
 6:30 PM

\$20
 per person

RSVP by May 15th
 so we have enough supplies!

We supply the tree plaque and glue.

Maddie 7201-280-3911





**Performing Arts Club
Membership
Appreciation Event**

ENJOY...
Homemade
Desserts
Chocolate Fountain
Coffee
BYOB

**May 30
6:00 pm**

TOWNE CENTRE BALLROOM



Cabaret

This limited FREE event
is open to 150 members
of the Performing Arts Club only

SEATING IS LIMITED TO THE FIRST 150 MEMBERS WHO SIGN UP

DEADLINE TO REGISTER IS **May 1st.**

NO LATE SIGN UPS WILL BE HONORED AFTER THIS DATE

PLEASE FILL OUT TABLE REQUESTS ON SEPARATE FORM...

Greenbriar at Whittingham Community Presents



VS.



New York Yankees

Texas Rangers

at The Yankee Stadium

Tuesday, May 5, 2026

Bus Leaves Community At 3:00 p.m.

Game Starts At 7:05 p.m.

SEATS ARE LOCATED IN SECTION 107.

\$85 Per Person—Checks only, payable to WHOA.

(\$40 Ticket & \$45 Parking, Bus and Driver Gratuity)

*REFUNDS ONLY IF TRIP IS SOLD OUT AND YOUR SEAT IS RESOLD.

*** ON SALE: WEDNESDAY, MARCH 11TH AT 6:30 A.M.**

For more information please call 609-409-9292 x220 or x221.



A Casino in Your Pocket: Gambling in Today's World

The landscape of gambling has changed since the legalization of online sports betting. Advertising is prolific, access is easier than ever, and gambling is normalized into our everyday activities. Come learn the signs when you or a loved one may no longer be 'gambling responsibly'



2PM - 5PM



Monday, April 20,
2026



Greenbriar at
Whittingham
AC/Dance Room

Jeanne Swain, IGRS
Problem Gambling Prevention Specialist
Council on Compulsive Gambling of NJ

Registration Required

Please call/visit Concierge
Desk to sign up!



Shalom Club

of Greenbriar at Whittingham

Sunday, May 3, 2026

Doors open at 9:45 AM \$12.00 per person Members only

WAY PAST MIDNIGHT

Presents

A morning of Music, Joy and Togetherness

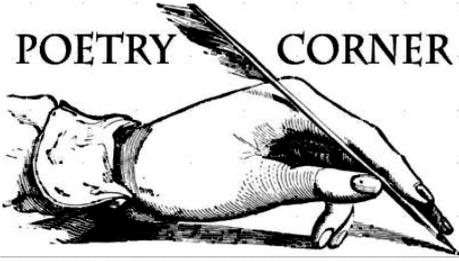
Join us for a spirited celebration featuring the talented ensemble of vocalist Sarah and musicians Melody and Evita performing beloved Hebrew classics, Hora dance tunes and Jewish favorites. Sing along, clap your hands and join in the dancing as we celebrate Israel's Independence Day with music that brings us together.

.....cut.....
For those wishing to sit together, place names and checks, made out to SHALOM CLUB, in same envelope. (Maximum 10 people per table). Mark envelope May 3, 2026, WAY PAST MIDNIGHT and place envelope in Lock Box #6 no later than April 27, 2026 Questions?? Call Robin Zimmerman @ 516-528-2730.

NAME: _____

PHONE: _____ EMAIL: _____

POETRY CORNER



Born to Lead?

By Bill Friedman

At an auction he entered a piece of his art,
the auctioneer resigned before the bidding could start.

Was anchor in a relay,
because he was fast, dropped the baton and came in last.

Fired by Tropicana, so degrading,
too much trouble concentrating.

Nary a glance at a singles dance,
always too shy to take a chance.

As far as transportation, what the heck,
proud to flaunt his rent-a-wreck.

As far as his birthday the party was great,
even though he arrived an hour late.

Spared no cost to satisfy cravings,
never realizing he'd depleted his savings.

Entered a demolition derby, took most of the hits,
within 20 minutes was out in the pits.

Swished potent mouth wash in double doses,
still couldn't cure his acute halitosis.

As a toll-taker his complaints were in vain,
when he realized he was assigned an easy pass lane.

Looked forward to his worldwide trip,
after 3 days he lost his grip.

It took a severe anxiety attack,
to make him realize he'd never lead the pack.

"I'm a success today
because I had a friend who
believed in me and I didn't
have the heart to let him
down." Abraham Lincoln

Poetic Justice

By Bill Friedman

No need for deadlines, time is cheap,
that's why I write many poems in my sleep.

It may be a dream or something I heard,
often just short of sounding absurd.

Like the time my cousin was arrested for treason,
eventually released, no rhyme or reason.

So many questions about how I do it.
my pat answer is if I knew I'd construe it.

As far as my knack for rattling off jokes,
rarely poetic but the humor it invokes.

Thank god I've learned to curse in verse,
leaving little need for acting terse.

When I write new rhymes thoughts can change anytime,
assuring that the final draft is close to sublime.

Checkmate

By Herb Saperstein

The Siamese cat

Has killed the rat.

Do you know what

To make of that?

We often think

We know so much

Of this, of that.

Are we not an acrobat?

So tell me now

Or disavow

What makes us great.

Don't know? Checkmate.

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ad 8416

Equal Airtime for Throw Pillows

By Linda Wagner

There I was, working out of town. It had been a long day. I was hungry and tired; the sun was beginning to set.

Down in the hotel restaurant, a few businessmen warmed the bar stools. I ordered a glass of white wine and settled into a cozy spot. I glanced at each of the four TV screens mounted in the corners. One showed a golf tournament, another football. Basketball was on the other two screens.

What I really needed was good dose of HGTV - the Home and Garden Television channel. I wanted to see a clever interior designer stage a den, instruct me on how to “Design on a Dime,” or watch Canadian designer Candice Olsen create a “Divine Design.”

Why were none of these programs on the screen? It felt a bit like discrimination to me. There is nothing like a lonely dinner accompanied by a tedious football game - or worse yet, golf!

At times, I would request a channel change, but this was not without lots of effort. Invariably I was asked for the channel number. What was the local TV channel that carried these inspirational programs in Missouri? How would I know? I was a long way from New Jersey and the familiar channels of home. Worse yet, the bartender was usually a man who had never heard of HGTV.

Instead of a touchdown, I would rather watch an exciting, colorful reveal – the moment at the end of a show when you get to see how the design turned out. Instead of watching an athlete score baskets, I would prefer to see a clever woman making baskets, or wall hangings or any other item to make a home warm and cozy. Instead of seeing a hole-in-one, I would rather learn how to repair a hole in one of my living room walls.

Just imagine, instead of hearing the room shout “Touchdown!” you’d hear a room full of women shouting, “A touch of elegance!” Instead of “Goal,” it would be “Feature wall.” A glamorous makeover would elicit, “Glam dunk,” from the clientele and maybe some applause.

Yes, Interior Design is not without its own kind of excitement. For instance, a “buzzer beater” might be a perfect piece of art popped on the wall just at the last minute. A “strikeout” might be a perfect design poorly executed.

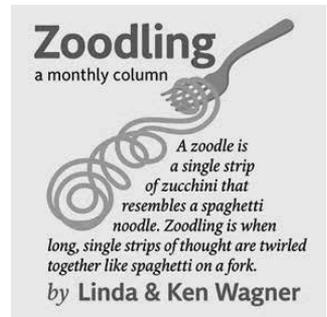
Here are a few more redesigned sports terms turned design appropriate:

Hail Mary: A wall color not expected to work, made perfect after adding the right accessories in the nick of time.

Par for the Course: A ho-hum décor executed by strictly following traditional design rules.

Level Playing Field: A situation where competing designers start with identical empty rooms.

This is just one small instance of “discrimination” that working women face while on the road - though I suppose it might be further down on the list of priorities. After all, equal pay is a much bigger issue, eh?



INTERESTED IN A WALK-RUN-MOVE CLUB?

Do you share a burning urge to get out of the house after this crazy winter? The main purpose of the club would be to connect like-minded residents who enjoy the outdoors while staying fit.

We would help promote the many health benefits and joys of nature through organized fun activities. Individual and group ideas include: themed walks (nature, photography), fitness challenges, destination walks (coffee, lunch) and charity walks. We would also work to promote improved safety and access throughout the community.

Walkers, dog-walkers, joggers, serious runners, wheelchairs, tricycles, scooters are all welcome.

If interested, please contact Steve at 908-322-3306 or WalkRunGW@gmail.com

Women of the Workshop: Ingenuity Finds a Home

By Linda Wagner

When we think of woodworking and woodshops, we don't typically think of it as a place where you would find a lot of women. It has always been a man's domain. But that is changing.

In the past year, more women have joined the GW Woodworking Club and have been a driving force in making it one of the fastest growing clubs here at Greenbriar at Whittingham. Current make-up is about 30 percent women.

This article is the 2nd in a series focusing on the women who have joined the GW Woodworking Club. It explores the influences that brought them to the club. This month we meet Nancy Drake, Queen of Ingenuity.



Nancy is ingenious, creative and likes learning new things. She has been known for creating with assorted media and crafts all her life. Usually this is in an effort to meet a challenge, save money, have fun, create a better way, or apply a newly learned technique. Her ability to knit, crochet, sew, tailor, carve, craft, draw, or book fold are a few of her talents.

She started doing woodworking after college when she was in need of bookcases and tables for her new apartment. Self-taught, with guidance from those she could learn from, she proudly made her furniture with her own basic tools. Her "workshop" was usually her kitchen or outdoor yard and eventually, in her cellar. People were often surprised that she, a girl, had her own tools! They came in handy when she and her son worked together on making him wooden toys like stilts- which are now used by his children, her grandsons.

The Woodworking Club is giving Nancy the opportunity to explore the use of power tools she doesn't own, but most of all she loves the inclusivity and the fact that the president is a woman.

"I had looked into joining a few years ago before Linda took over and was not welcomed at all. I was even redirected when the men there decided I must be lost!!!"

"I'm so pleased that all are now welcomed to Woodworking just as they are, with as much or little knowledge as they have. What a great bunch of people! The fact that so many have such different woodworking skills which they are also willing to share and teach has been wonderful."

Nancy is the one to call on to resolve problems. She has a knack for working things out and appreciates the challenge. When asked what her favorite tool is Nancy said, "It is the one that gets the job done at the time!"

One project she is very proud of is a beautiful pair of oak living room side tables she made for herself and her husband, Bruce, many years ago--- totally on her own.

"I got the idea from a table I saw in a furniture store. I actually measured it in detail right in the store, studied how it was put together, and made a plan! That was when I bought myself a router and used it for the first time. It was a fun accomplishment, and the tables are still in use," she said.

"I am often seen as a leader and willingly accepted many leadership roles throughout my life. I am finding it enjoyable, in my retirement, NOT to have to be in charge. The workshop is a pleasant place to escape, create, and chat.

Nancy and her husband Bruce have lived in Greenbriar for almost 10 years. "We love it here," Nancy said.



Ingenuity Times Two - Nancy Drake rests on one of a pair of oak living room side tables that she created after browsing in a furniture store. The design includes glass inlays over delicately carved wood appliques.



Good Ad"vise" - Woodworking Member Nancy Drake uses a vise and hacksaw to finish off a recent project.

Yoga

Yoga classes are held every Friday morning 10:30-11:30 in the Poker Room



The Friday morning class gave a yoga-style salute to longtime GW Resident Vivian Zavel (second from right) for her 90th Birthday!

The GW Woodworking Club

Greenbriar at Whittingham
WOODWORKING
MONROE, NEW JERSEY

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Beginners Workshop
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GW Woodworkers in Action: (L-R) Carmine Campanella resurrects the Santa Maria; the crew celebrates Project of the Year; Linda Wagner, Club President, atop her kitchen cart; (Bottom Row, L-R) Robert Ziegler measures twice; Dennis Marshall, club VP gears up for another busy work session.

Greenbriar at Whittingham Pulse

Me and Jerry Lewis

by Mark Surks

First off, let me say. There really is no “Me and Jerry Lewis”. I just wrote that to get your attention. Apparently it worked. Actually, I never met the guy. Heck, I’ve never even been to the Brown’s Hotel. While there is no “Me and Jerry Lewis”, there is a me and the *Jerry Lewis Telethon*.

For a number of years in the late 60’s, in my teens, I was on the phone banks at the Labor Day Weekend telethon. I would love to suggest that it was my great respect for Jerry, or more impressively, my wanting to help Jerry’s Kids. The fact is though it was just a lot of fun. I did it because staying up all night talking to strangers from the Tri State Area was a blast.

Now I wasn’t on television sitting next to London Lee or Señor Wences. I was far from the studio, in a ballroom at the Americana Hotel, with 50 other folks manning the back up phone banks.

As the calls came in they were routed to the phones on stage. With any luck, you talked to Tex Antoine or Roger Grimsby. Those phones would “ring” or more accurately illuminate a flashing light, as calls came in. Well way more calls came in than there were celebs on stage and the overflow was routed to the next available line. That’s where we came in.

In the ballroom of this long gone Sixth Avenue hotel, were rows and rows of tables with phones. There were perhaps 300 phones in that room. The phones would ring silently via a flashing light starting from front of the room and moving to the back. So you can see the calls cascade over the room and you knew when a call would come to your phone. Seats at the front tables got the most calls, in the rear, the least.

This whole process was a huge undertaking for the telephone company. There were Bell Telephone employees standing by at all times. Imagine the Jerry Lewis Telethon with the phones not working. Yikes.

Our job was to take the name, address and pledge amount of the caller. We would fill it out on an envelope with a carbon tear off. Periodically, some other volunteer would sweep through the room picking up the envelopes which were then totaled and the information passed up the chain until it ended up in the big tote board. The very next day, the envelopes were mailed out to the person who made the pledge and they would then return the envelope with a check. No credit cards or cash apps were a part of the process back then.

I know what you are thinking. People threw out the envelope once they got it. Well, I have always been told that this telethon had very high rate of envelope return. In fact, it is reportedly in excess of 100%, meaning some folks who did not call in a pledge sent money anyhow. I always sent myself an envelope.

So every year, a group of friends and I would sign up for the first shift. That began on Sunday evening as the show went to air. Our call center covered the Tri State Area. Remember the phone numbers on the screen? Our shift ended 9AM Monday morning when the second shift showed up. If not enough folks showed up, we would just stay on for shift two, otherwise we took the train back to Brooklyn, sleeping all the way.

Calls would come in on an ebb and flow basis depending on what was taking place on TV. During some spectacular performance, the phones would be quiet. During an emotionally moving presentation, the phones roared. We had TV monitors in the room so we could watch as we waited for a caller.

The biggest surge of calls I ever saw in all the years I was on these phone banks was when Dean Martin came out and hugged his old pal and comedy partner after years of estrangement. This was a big deal. Viewers loved it and this simple act put a huge sum on that tote board. It was a wonderful moment. Frank Sinatra’s appearances also made the phones scream.

In the back of the room there were food platters with sandwiches that some caterer donated. You can take a break any time and relax in the back and eat before heading back to the phones. All you had to do is leave your phone off the hook so the call hunted to the next manned phone. We always took our break at like 2-3 in the morning when the phones rarely made it past the first three or four rows of tables. Phone action picked again early Monday.

I loved talking to everyday people all over the area. Some had a sad story to tell. Others talked about how grateful they were that we all volunteered to help. It was delightful chatting with people, doing something good and having a blast with my friends doing it. Well, and there was the all you can eat buffet.

Once I left New York to go to college my telethon volunteering days seemingly ended. Years later though, when I was back living in New York I volunteered for the United Cerebral Palsy Telethon hosted by TV game show emcee, Dennis James.

The set up was the same. I was in a ballroom, this time at the Plaza Hotel on Fifth Avenue. This time, however, I was briefly on TV. They took a camera through the call center and showed the volunteers. I told the person I was talking to that I was about to appear on TV and when I did, I waved to her. She saw it and we got a kick out of that bit of serendipity.

The last telethon I ever worked was the Jerry Lewis Telethon I think it would have been Labor Day, 1982. A few months before we were married, Linda and I answered phones in a much smaller room than the ballrooms I was accustomed to. I was living in New Jersey by then and it was in a meeting room in Quakerbridge Mall.

The calls came from a much smaller geographic area that did not include anything outside of NJ. Consequently, the phones were virtually dead in the middle of the night. A far cry from when I worked in the city that never sleeps. Around two or three in the morning, we were invited to watch a private screening of "Fast Times at Ridgemont High" for free in the Mall's theater.

After the movie we were back on the phones for a bit then headed home to sleep. My days as a telethoner came to a conclusion after that. I would do it again though.



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GW CHESS CLUB

The GW Chess Club meets on the first Friday of the month in the former Board Room in the building annex. Contact Anatoly Shpirt at 347-693-8791 or just show up. Beginners are encouraged to attend.

Directory

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