



Senior Focus February 2026



Monroe Township Office of Senior Services & Senior Center

12 Halsey Reed Road, Monroe Township, NJ 08831
Monday thru Friday, 8:30 a.m. to 4:30 p.m.

609-448-7140
www.mtseniorcenter.com

February invites us to slow down, come together, and appreciate what makes our community special. With opportunities to honor important cultural history, share moments of kindness, and enjoy familiar winter traditions, the month ahead promises meaningful experiences for all. We hope you'll join us in making the most of everything February has to offer.

Get ready for a fun and competitive morning at our **Super Bowl Party** on **Thursday, February 5th at 11:00 a.m.** We will be bringing the excitement with pre-game day fun, tasty snacks, and plenty of friendly competition. Enjoy football themed games and activities. Whether you're cheering for a team, only plan on watching the commercials, or just enjoying snacks and good company, it's sure to be a winning celebration you won't want to miss.

Join us for a delightful **Valentine's Day Party** on **Friday, February 13th at 1:00 p.m.** filled with good food, great music, and even better company. Enjoy a special lunch prepared just for the occasion, followed by lively entertainment from our DJ, who will be playing favorite tunes to set the mood and keep spirits high. Join us to celebrate friendship, love, or to simply have a fun afternoon out. This festive gathering is sure to warm your heart and put a smile on your face! **\$10.00 per person when registering. No refunds.**

We invite all members to join us in celebrating the **Lunar New Year** on **Tuesday, February 17th at 2:00 p.m.** with a special cultural performance by **Ma Yong Performing Arts**. This festive afternoon will showcase beautiful traditional Asian dance and music as we welcome the new year together and celebrate culture, renewal, and good fortune. Enjoy a classical performance, learn something new, and share in this joyful celebration of the Year of the Horse.

We are proud to honor **Black History Month** with a variety of dynamic and educational events that celebrate the achievements, culture, and contributions of African Americans.

- **Wednesday, February 4 at 2:00 p.m.**
Paula Johns takes us on a musical journey honoring legendary African American singers.
- **Wednesday, February 18th at 2:00 p.m.**
Documentary - Black Patriots of the Civil War. This documentary explores the Civil War and the African American figures whose courage and contributions played a vital role in shaping and strengthening our democracy.
- **Thursday, February 19th at 2:00 p.m.**
Courtney Coletti Soul Tribute is a commemorative performance highlighting America's soul artists of the 50s, 60s, and 70s that created an emotionally expressive sound giving voice to black culture.

February Registration Information:

Trip Registration

Tuesday, January 20th at 9:00AM

In-person or online via Community Pass

Use main entrance only. Doors open 8:30AM.

Program Registration

Friday, January 23rd at 9:00AM

In-person or online via Community Pass

Use main entrance only. Doors open 8:30AM.

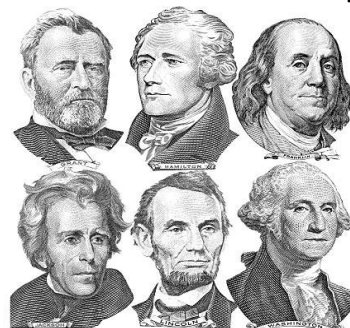
<https://register.communitypass.net/monroetownshipseniorcenter>

Registering in person? If you need transportation for any of the above, please call (609) 443-0511 no later than 24 hours in advance.

You must be a registered member of the Senior Center in order to participate in our activities.

REMINDER: Community Pass user support is not available on Registration Days.

The Office of Senior Services and Senior Center will be closed on Monday, February 16th in honor of President's Day.




Quote of the Month

"In football, you win or lose - unless you tie, and then you win or lose."

- Yogi Berra

February 2026 Center Activities

Registration for programs is
REQUIRED EACH MONTH

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:00 Cardio Blast 9:30 <i>Drop-In Bridge</i> 10:00 Total Body Reset 10:00 Robinson Artshop (\$) 11:00 Gentle Stretch 12:00 <i>Mah Jongg</i> 1:00 <i>Yarn It</i> 2:00 American Revolution 3:30 <i>Tap Dancing</i>	3 8:45 Mat Yoga 10:00 <u>Valentine's Gingerbread Houses</u> 10:15 Drums Alive 10:30 <u>Happy Birthday Mr. President (Z)</u> 11:30 Drums Alive 2:00 <u>Jay Daniels</u>	4 9:00 Total Toning 10:00 Move & Groove (A) 10:30 <u>Essential Tremor</u> 11:00 Raise the Barre 12:15 <i>Duplicate Bridge</i> 2:00 <i>Cribbage</i> 2:00 <u>Paula Johns</u>	5 8:45 Chair Yoga 10:00 Body Works 10:00 <u>Creative Art w/ Andrea (\$)</u> 10:30 <i>Book Club</i> 11:00 <u>Super Bowl Party</u> 11:00 Gentle Stretch Plus 12:00 <u>Pipe Cleaner Flowers (\$)</u>	6 9:00 Zumba Gold 9:30 <i>Canasta</i> 10:00 Meditation 10:30 <i>Harmonica</i> 11:00 Move & Groove (B) 2:00 <u>Lorenzo Branca</u>
9 9:00 Cardio Blast 9:30 <i>Drop-In Bridge</i> 10:00 Total Body Reset 11:00 Gentle Stretch 12:00 <i>Mah Jongg</i> 1:00 <i>Yarn It</i> 2:00 <u>Judge For Yourself</u> 3:30 <i>Tap Dancing</i>	10 8:45 Mat Yoga 9:00 <i>Chorus</i> 10:15 Drums Alive 10:30 <u>Romantic New York (Z)</u> 11:00 <i>Green Thumbs</i> 11:30 Drums Alive 1:00 <u>Hand Massage</u>	11 9:00 Total Toning 10:00 Move & Groove (A) 10:00 <u>Pipe Cleaner Flowers (\$)</u> 10:30 <u>Sit Less, Move More</u> 11:00 Raise the Barre 12:15 <i>Duplicate Bridge</i> 2:00 <u>Dettra Mental</u>	12 8:45 Chair Yoga 10:00 Body Works 10:00 Creative Art w/ Andrea 10:30 <u>EPAT & Dry Needling</u> 11:00 Gentle Stretch Plus 2:00 <u>Dan Stevens</u>	13 9:30 <i>Canasta</i> 10:30 <i>Harmonica</i> 1:00 <u>Valentine's Day Party (\$)</u> 
16 OFFICE CLOSED  PRESIDENTS DAY 	17 8:45 Mat Yoga 9:00 <i>Chorus</i> 10:15 Drums Alive 10:30 <i>Bereavement Group</i> 10:30 <u>Remember the Maine (Z)</u> 11:30 Drums Alive 2:00 <u>Lunar New Year</u> 3:15 <i>WOW</i>	18 9:00 Total Toning 10:00 Move & Groove (A) 10:30 <u>Floral Arranging</u> 11:00 Raise the Barre 12:15 <i>Duplicate Bridge</i> 1:00 <u>Poetry with Jerry</u> 2:00 <i>Cribbage</i> 2:00 <i>Diabetes Support</i> 2:00 <u>Documentary - Black Patriots of the Civil War</u>	19 8:45 Chair Yoga 10:00 Body Works 10:00 Creative Art w/ Andrea 10:30 <u>Breakfast Made Better</u> 11:00 Gentle Stretch Plus 2:00 <u>Courtney Colletti Soul Tribute</u>	20 9:00 Zumba Gold 9:30 <i>Canasta</i> 10:00 Meditation 10:30 <i>Harmonica</i> 11:00 Move & Groove (B) 1:00 <u>Friends Bingo</u>
23 9:00 Cardio Blast 9:30 <i>Drop-In Bridge</i> 10:00 Total Body Reset 10:00 Robinson Artshop (\$) 11:00 Gentle Stretch 12:00 <i>Mah Jongg</i> 1:00 <i>Yarn It</i> 2:00 <u>Healthy Living</u> 3:30 <i>Tap Dancing</i>	24 8:45 Mat Yoga 9:00 <i>Chorus</i> 9:00 <u>AARP Smart Driver (\$)</u> 10:15 Drums Alive 10:30 <u>Lesser-Known Presidents (Z)</u> 11:30 Drums Alive 1:30 <u>The Birth of Rock n' Roll</u>	25 9:00 Total Toning 10:00 Move & Groove (A) 10:30 <u>Post-Traumatic Stress Disorder</u> 11:00 Raise the Barre 12:15 <i>Duplicate Bridge</i>	26 8:45 Chair Yoga 10:00 Body Works 10:00 Creative Art w/ Andrea 10:30 <u>Off to the Races!</u> 11:00 Gentle Stretch Plus 1:30 <i>Caregiver's Support</i> 2:00 <u>Hot Club Philly Duo</u>	27 9:00 Zumba Gold 9:30 <i>Canasta</i> 10:30 <i>Harmonica</i> 11:00 Move & Groove (B) 12:00 MTHS T.A.P. 1:00 <i>LGBT Socialize With Me</i> 1:00 <u>Blackjack Tournament</u>
	DON'T LEAVE SOMEONE SITTING HOME!  If you are unable to attend a program you must call (609) 448-7140 x216 to cancel. Waitlisted members will appreciate it!			

Robinson Artshop: Monday, February 2 - OR - February 23 from 10:00 a.m. to 12:00 p.m. Join James Robinson as he cheerfully guides you to paint your own canvas masterpiece inspired by one of his own creative designs. *Project fee: \$10 per person upon registering. No refunds. Only one (1) session per member.*

The American Revolution: Monday, February 2 at 2:00 p.m. Walter C. presents the story of New Jersey's participation in the American Revolution. He will share stories of the retreat across "The Jerseys" and the triumphant return across the Delaware River. The numerous battles, skirmishes, and harsh winters spent in New Jersey reveal how our state became known as the "The Crossroads of the American Revolution."

Valentine's Gingerbread Houses: Tuesday, February 3 from 10:00 a.m. to 12:00 p.m. Roses are red, violets are blue, gingerbread houses don't crumble if you use enough icing glue. Build the sugary cottage of your dreams, eat half of your decorations, and call it art! Whether you're crafting for a friend or treating yourself on this Valentine's Day, you are guaranteed to have something sweet to nibble on.

Happy Birthday Mr. President: Tuesday, February 3 at 10:30 a.m. via Zoom. Even the Commander in Chief cannot escape getting older. Joann T. will explore some of the unique and extraordinary ways the nation has honored our leaders on their birthday. Presidents may differ wildly in opinion and personality, but at least they all have birthdays!

Jay Daniels – A Time for Love: Tuesday, February 3 at 2:00 p.m. Acclaimed pianist and vocalist Jay Daniels joins us for a soulful and romantic journey through some of the most heartfelt songs ever written. From the tender beauty of *Baby, I Love Your Way* to the passionate power of *When a Man Loves a Woman*, Jay brings his smooth vocals and expressive piano style to a timeless collection of love songs.

Essential Tremor: Wednesday, February 4 at 10:30 a.m. A new, same-day MRI-guided treatment is now available for individuals with Essential Tremor and Parkinson's Disease, often providing noticeable symptom improvement immediately after the procedure. This outpatient option is being offered at several hospitals across New Jersey and Pennsylvania. Jersey Shore University Medical Center will provide details on this new treatment, as well as comprehensive support resources including psychosocial, dietary, and physical therapy guidance. *Sponsored by Insightec Technologies.*

Paula Johns: Wednesday, February 4 at 2:00 p.m. Paula returns with an exciting musical journey celebrating the African American singers who paved the way. Enjoy songs and stories honoring legends such as Nat King Cole, Ella Fitzgerald, Lena Horne, Ethel Waters, Aretha Franklin, Marian Anderson, and Louis Armstrong. Join us for this inspiring new production, perfectly timed for Black History Month.

Creative Art with Andrea: Thursdays, starting February 5 from 10:00 to 11:30 a.m. for 6 sessions. Join Andrea for this creative and fun class where you will learn simple techniques using a variety of media such as acrylics, watercolors, pastels, and others to create your own beautiful artwork and unique creative projects. This is a stress-free space where previous experience is not required. *Fee: \$70.00 per person upon registering. No refunds. All supplies provided. Last Class 03/12/26.*

Super Bowl Party: Thursday, February 5 at 11:00 a.m. Start celebrating before kickoff with mingling, munchies, and a fun pre-game mood that will carry straight into the weekend's big event. Discuss the big questions like who's playing? What's a tight end? And, where did we put the remote? Enjoy a morning

with friends, food, football chatter, and absolutely no sprinting! The best touchdown dance may win a prize or just give everyone a good laugh. *Sponsored by Senior Helpers, Dove Hospice, Waypoint Legal, Brookdale at Monroe, and The Gardens.*

Pipe Cleaner Flowers: Thursday, February 5 from 12:00 to 1:30 p.m. - OR - Wednesday, February 11 from 10:00 to 11:30 a.m. Let your creativity bloom! In this fun workshop with Andrea, you will use fuzzy pipe cleaners to make colorful flowers you can keep for yourself or share for Valentine's Day. *Project fee: \$10 per person upon registering. No refunds. Only one (1) session per member.*

Lorenzo Branca: Friday, February 6 at 2:00 p.m. A multi-talented renaissance man, Lorenzo has performed solo and with various bands across the Tri-State. Either while playing the guitar, drums, flute, harmonica, or singing vocals, Lorenzo entertains with music ranging from modern Top 40 hits to classic favorites of the past decades. He is also quite an accomplished painter and sculptor.

Judge For Yourself: Monday, February 9 at 2:00 p.m. Court is in session as you join "Judge Cindy" for a fun and insightful discussion of true court cases, from the unusual to the controversial. Enjoy a lighthearted debate and compare your "verdict" to the real-life outcome. This is certainly more fun than jury duty. All rise!

Romantic New York: Tuesday, February 10 from 10:30 to 11:45 a.m. via Zoom. Some of the greatest romantic movies of all time have been filmed in New York such as *An Affair to Remember*, *Serendipity*, and *Barefoot in the Park*. There have been many real-life romances that have been made here too. The love stories of F. Scott and Zelda Fitzgerald, Gwen Verdon and Bob Fosse, Archer and Anna Hyatt Huntington, and John Lennon and Yoko Ono, all began in the city that never sleeps. Join the Zuckermans to learn why everyone falls in love in and with New York!

Hand Massage: Tuesday, February 10 from 1:00 to 3:00 p.m. by appt. only. Pamper yourself with a free 10-minute hand massage. Frequent hand massages may help reduce pain associated with many conditions including arthritis, carpal tunnel syndrome, and neuropathy. They can also reduce anxiety, get you into a better mood, improve sleep, and help strengthen your grip. *In-person registration only. Not available on Community Pass.*

Sit Less, Move More: Wednesday, February 11 at 10:30 a.m. Join Pam Rinaldi, Clinical Director of Trinity Rehab, for an encouraging lecture on how small daily movements can make a big difference in your strength, energy, and overall well-being. Learn simple tricks to break up long periods of sitting, improve circulation, ease stiffness, and keep your body moving safely throughout the day.

Dettra Mental: Wednesday, February 11 at 2:00 p.m. With Mike Dettra on drums, Mike McGarry on bass, and Bill Monaghan on piano and guitar, this trio will keep you on your feet! They are back by popular demand playing 60s and 70s hits from Motown to *The Beatles*, Billy Joel, Elton John, a little bit of disco, British Invasion, Elvis, John Denver, and some good old rock n' roll. They may even take a request or two!

EPAT & Dry Needling: Thursday, February 12 at 10:30 a.m. Dr. Suresh Babu will discuss cartilage regenerative techniques such as extracorporeal pulse activation technology (EPAT) and dry needling. In combination with progressive weight bearing exercises, these techniques can minimize the need for surgical intervention when there is cartilage loss.

Dan Stevens: Thursday, February 12 at 2:00 p.m. Get ready to groove as one of your favorite sequin-clad

showstoppers lights up the stage in a 60s vs 70s high-energy musical showdown. This performance is packed with iconic hits, dazzling vocals, and enough glitter to outshine a disco ball. Enjoy two legendary decades from one unbelievable performer.

Valentine's Day Party: Friday, February 13 from 1:00 to 2:30 p.m. Join the Senior Center staff for a Valentine's Lunch that's all about friendship, fun, and feeling good! The DJ will keep the tunes lively while you enjoy a warm meal with fellow seniors. Come solo, with other members, or with your partner. Everyone is welcome! *Entertainment sponsored by Comfort Keepers. Fee: \$10 per person upon registering. No Refunds.*



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will be closed on Monday, February 16th in
observance of President's Day.*

Remember the Maine: Tuesday, February 17 at 10:30 a.m. via Zoom. The destruction of the USS Maine claimed 268 lives and sparked the rally cry "Remember the Maine." Investigations at the time and in the decades since, have left lingering uncertainty and conspiracy theories about what caused the explosion and who may have been responsible. Bruce T. will explore the ship, its crew, the political climate of the era, and the mission that brought the battlecruiser to Cuba.

Lunar New Year: Tuesday, February 17 at 2:00 p.m. Ma Yong Performing Arts Group, founded in 1998 in East Brunswick, is a longtime cultural arts school dedicated to sharing the beauty of Chinese dance, music, and heritage. Under choreographer and Artistic Director Cynthia Liu, the group has grown into a full performing-arts program known for its award-winning traditional Chinese dance, vibrant cultural presentations, and community outreach. Celebrate this joyful holiday and the Year of the Horse!

Floral Arranging: Wednesday, February 18 at 10:30 a.m. Join Jill Lennox and Elise Lawrence for some relaxing post-Valentine's Day floral arranging. Use fresh blooms, greenery, and seasonal accents to create cheerful mini arrangements perfect for brightening up any room. *Sponsored by Platinum Home Care and Compassus Hospice.*

Poetry with Jerry: Wednesday, February 18 at 1:00 p.m. If you're a poet and you know it, don't miss this poetry session with multidisciplinary artist Jerry Mirelli! Whether you're eager to share your original work or simply want to enjoy the creativity of others, this welcoming space is open to all writers of all levels and those who just wish to listen. Come share your poetry and the inspiration behind it or sit back and be moved by the voices of fellow poets.

Documentary - Black Patriots of the Civil War: Wednesday, February 18 at 2:00 p.m. Narrated by Kareem Abdul-Jabbar, this documentary chronicles the Civil War, and the heroic African American figures who helped define and reshape the reality of a democracy. *(Runtime: 45 minutes).*

Breakfast Made Better: Thursday, February 19 from 10:30 a.m. to 12:00 p.m. Begin your day with Town Diner to learn how to whip up two comforting classics. Start with light, fluffy pumpkin pancakes and then sample perfectly tender egg omelets. Boost your cooking confidence and add new favorites to your breakfast routine with simple techniques, fresh flavors, and plenty of inspiration to make every morning tastier.

Courtney Colletti Soul Tribute: Thursday, February 19 at 2:00 p.m. Courtney Colletti has had record deals with United Artists and RCA and has opened for many performers including *The Four Tops*, *Muddy Waters*, and Harry Belafonte. Accompanied by Gary Oleyar and Angelo DiBraccio, the trio will pay tribute to soul artists such as *The Drifters*, *The Clovers*, Otis

Redding, *The Platters*, and Lou Rawls.

Healthy Living: Monday, February 23 at 2:00 p.m. Traditional healthcare often focuses on treating illness but there is so much more you can do to take charge of your well-being. Anthony Alfieri of AllCure Spine & Sports Medicine explores proactive, science based strategies you can implement at home to help prevent disease, enhance mental health, and elevate your overall quality of life. Learn how to go beyond the conventional models and unlock your full potential for healthy living.

AARP Smart Driver: Tuesday, February 24 from 9:00 a.m. to 4:00 p.m. Enhance your driving skills during this AARP Smart Driver course. Most auto insurance companies offer discounts to individuals who complete this course. No test required. **You must attend the entire class to receive a certificate of completion. Exact cash or check payable to "AARP" at the time of registration. The class fee for AARP members is \$20 and \$25 for non-members. In-person registration only. Not available on Community Pass. Only registered members of the Monroe Township Senior Center may attend.**

Lesser-Known Presidents: Tuesday, February 24 at 10:30 a.m. via Zoom. Washington, Jefferson, Lincoln, and Kennedy are familiar names to most Americans. How much do you know about Millard Fillmore, Chester A. Arthur, or Benjamin Harrison? Valerie G. will discuss who these and several other presidents were, how they were elected, their family lives, and what they achieved in the Oval Office.

The Birth of Rock n' Roll: Tuesday, February 24 from 1:30 to 3:00 p.m. Join retired radio host Jerry B. to explore the electrifying origins of Rock 'n' Roll in this dynamic, music-filled lecture. Journey through the early roots of the genre as we explore influential artists, groundbreaking sounds, and cultural shifts all organized year by year. From the rhythm-and-blues backbone of the early 50s to the explosive hits that defined the decade, you'll hear the tracks that changed music history and discover how the genre grew, evolved, and shaped a generation.

Post-Traumatic Stress Disorder: Wednesday, February 25 at 10:30 a.m. Post-Traumatic Stress Disorder (PTSD) is a mental health condition that can affect anyone who has experienced trauma. For many veterans, especially those who served in combat, PTSD can be a lasting and personal challenge. Events like terrorist attacks, natural disasters, and the COVID-19 pandemic can also lead to long-term emotional distress. If you care for someone with PTSD, your support is vital to their healing. Right at Home of Central New Jersey is an approved Veterans Administration mental health care provider and will discuss resources available to those with PTSD.

Off to the Races!: Thursday, February 26 at 10:30 a.m. Senior Center staff will teach you this fun tabletop game of chance where players race their horses to the finish line. Roll the dice and cheer on your horse to win, place, or show!

Hot Club Philly Duo: Thursday, February 26 at 2:00 p.m. Guitarist and vocalist Barry Warren is the founder and leader of the gypsy jazz band *Hot Club of Philadelphia*. He will be joined by bassist Josh Machiz. They are happy to return to the Senior Center to perform songs from Americana, folk, *The Beatles*, Johnny Cash, and popular pieces from the 20s and 30s.

Blackjack Tournament: Friday, February 27 from 1:00 to 2:30 p.m. Luck be a lady, or in this case, the number 21! Enjoy an afternoon of Blackjack with Kevin and his professional dealers as they bring the fun and excitement of Atlantic City to the Monroe Township Senior Center!



VETERANS BENEFITS SEMINAR

HOSTED BY

DEANDRE GURLEY

STATE VETERAN SERVICE OFFICER

FRIDAY, JANUARY 23, 2026

10:00 AM

**MONROE TOWNSHIP SENIOR CENTER
12 HALSEY REED RD.**

MONROE TOWNSHIP, NJ 08831

To register please call 609-448-7140.

**JOIN US FOR AN OVERVIEW OF
BENEFITS AVAILABLE TO
NEW JERSEY VETERANS**



TRANSPORTATION TRIPS

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Transportation Dept. (609) 443-0511

John Magda, Transportation Manager

Pre-Registration is required for all trips. Trip registration is:

TUESDAY, JANUARY 20th 2026 at 9:00 a.m.

If you are unable to participate in a trip, you must call to cancel.

St. Patrick's Day at the Shore Club in Spring Lake, NJ (45 minutes from the Senior Center)

Thursday, March 12, 2026

This traditional show stars Irish Tenor Mike Byrne and the Green Derby Show Band and/or Will Lynch Band, plus a comedian and bagpipes. Make it a great day for the Irish and wearing of the green. Bring your friends and have a wonderful time at this daytime celebration.

Please choose one of the following: Corned Beef & Cabbage | Herbal Salmon | ½ Roasted Chicken
All meals include 1 hour open bar, plated meal, fresh garden salad, caterer's choice of soup or pasta, dessert, coffee, hot tea, and gratuity. (Soda and wine available during lunch.)

Departure Time: 10:00am **Return Time:** 5:00pm (Township bus)

Event Time: 11:30 to 3:30 (includes intermission) **Cost:** \$75.00 per person

Peddler's Village in Lahaska, PA (1 hour from the Senior Center)

Thursday, March 19, 2026

Peddler's Village is a 42-acre storybook village with charming colonial-style buildings, award-winning gardens, and distinctive shopping, dining, and lodging. For more than 60 years, visitors have followed the winding brick pathways to experience exceptional dining, explore the best of Bucks County shopping, and enjoy family fun at Gigglesberry Fair.

Walking is required for this trip including some on uneven paths.

Departure Time: 9:15am **Return Time:** 3:30pm (Township bus) **Cost:** \$5.00 per person.

Lunch: Lunch is on your own.

***The Sunshine Boys* at Hunterdon Hills Playhouse in Hampton, NJ (1 hour from the Senior Center)**

Tuesday, March 24, 2026

Neil Simon's classic comedy features two aging vaudeville performers, Willie Clark and Al Lewis, who were once a legendary duo but haven't spoken in years due to a bitter falling out. When a television network invites them to reunite for a special, their long-standing grudge leads to hilarious clashes and heartfelt moments. Full of wit, nostalgia, and Simon's signature humor, *The Sunshine Boys* is a touching tribute to friendship, show business, and the passage of time.

Departure Time: 9:45am **Return Time:** 5:00pm (Township bus)

Cost: \$80.00 per person.

(Includes show, plated entree, dessert, hot coffee or tea, and gratuity)

Lunch: 11:30 **Show time:** 1:00 to 3:00pm (including intermission)

Metropolitan Museum of Art in New York City (2 hours from the Senior Center) Thursday, March 26, 2026

The Metropolitan Museum of Art in New York City, colloquially known as “the Met”, is the largest art museum in the Americas. Its permanent collection contains over two million works divided among 17 curatorial departments. The Met was founded in 1870 with a mission to bring art and art education to the American people. The two million-square-foot building’s permanent collection consists of works of art from classical antiquity and ancient Egypt, paintings, and sculptures from nearly all the European masters, and an extensive collection of American and Islamic art. The museum is home to encyclopedic collections of musical instruments, costumes, and accessories, as well as antique weapons and armor from around the world. Several notable interiors, ranging from first century Rome through modern American design, are installed in its galleries.

Walking and steps are required for this trip. You will be on your own to enjoy the museum.

Departure Time: 8:00am **Return Time:** 5:00pm (Charter bus) **Cost:** \$32.00 per person

Lunch: Lunch is on your own. The museum offers several onsite dining options.

Small backpacks are allowed but must be worn on your front or carried in your hand. • Water is allowed in a secure bottle. No other liquids are permitted. • No outside food or beverages other than bottled water. • Please retain your ticket. You may be asked to re-validate your ticket when exiting and re-entering the galleries. • For everyone’s safety, all visitors and members must pass through a security check.

New York Botanical Gardens Orchid Show in Bronx, NY (2¼ hours from the Senior Center) Tuesday, March 31, 2026

The Orchid Show: Mr. Flower Fantastic’s Concrete Jungle. New York City has never bloomed like this. Orchids collide with concrete in a dazzling reimagining of the Big Apple, from stoops and slice shops to the subway itself. Step into a breathtaking fusion of nature and cityscape artistry in the Enid A. Haupt Conservatory, and experience the flair and style of New York transformed by thousands of flowers.

Walking is required for this trip. You will be on your own to enjoy the Garden.

Departure Time: 8:15am **Return Time:** 6:00pm (Charter bus) **Cost:** \$31.00 per person

Lunch: Lunch is on your own. The Garden offers several onsite dining options.

Important: Most of the Garden is outdoors and all 250 acres are open in all weather conditions. Dress for the weather and wear comfortable attire for exploration. Outdoor water fountains and bottle refill stations are closed from November to April due to freezing conditions. Water and other refreshments are available at the Pine Tree Café.

The Garden does not have coat-check facilities and does not store personal items. • Backpacks must be worn front-facing in exhibition areas such as the Haupt Conservatory and in the Mertz Library Art Galleries. • NYBG reserves the right to inspect all bags and to report, relocate, or dispose of any unattended object or bag. • Smoking, including the use of electronic cigarettes, is not permitted. • Photography for personal use is allowed. Please follow posted signs regarding flash use.

Winterthur Museum, Garden, & Library in Winterthur, Delaware (2 hours from the Senior Center) Tuesday, April 14, 2026

Nestled in the heart of Delaware’s beautiful Brandywine Valley, this extraordinary museum, garden, and library offers a variety of exhibitions and engaging programs for all ages and is known for its magnificent collection of American decorative arts on display through Henry Francis du Pont’s former home and showcased in their permanent and rotating gallery spaces. Spend a day enjoying the famous 60-acre naturalistic garden and the estate’s 1,000 acres of rolling hills, meadows, and woodlands. Winterthur has 25 miles of well-marked paths and trails, and lush gardens for you to explore. A 30 minute Tram Tour is included with your admission (weather permitting). Tram seating is first come/first served.

**Walking is required for this trip including uneven paths, changes in lighting, and other natural features.
You will be on your own to enjoy all areas of the venue.**

Lunch: On the way home, at approximately 2:30 p.m., we will stop for lunch at:

Buckley’s Tavern 5812 Kennett Pike, Wilmington, DE

Please choose one of the following: HB’s meatloaf with whipped potatoes, vegetables, and beef gravy | Pan-roasted salmon with whipped potatoes, vegetable, and chive cream sauce | Penne Vodka tossed with asparagus and English peas. All meals include a house salad, dessert, non-alcoholic beverage, and gratuity.

Departure Time: 8:00 a.m. **Return Time:** 6:30 p.m. (Charter bus) **Cost:** \$67.00 per person

Photography is permitted. Please do not move or remove any natural or manmade materials from any part of the estate. Pick wildflowers or mushrooms, rock collecting, etc. is not permitted. Please use headphones for music listening and phone calls.

Important Information About Monthly Trips

Monthly Trips	<p>Every month, the Senior Focus newsletter offers a wide variety of upcoming destinations which Senior Center members may take advantage of. The newsletter also indicates when registration for these trips will begin. These affordable journeys include entertainment, shopping, culture, and other points of interest.</p>
How to Attend Trips	<ul style="list-style-type: none"> • All trips require pre-registration. • Only current members of the Senior Center may register for trips. (If you have a purple card, it means that you are a current member.)
Registration In-person	<ul style="list-style-type: none"> • Per the above, each Senior Focus monthly newsletter indicates the date that registration will begin for the latest upcoming trip offers. Registration start time is always 9:00 a.m. (satellite/universal time). • You may register in-person at the Senior Center via the main entrance doors which open at 8:30 a.m. or from home using your Community Pass account (see below). • In-person, you may register for yourself and one additional member. If you are registering for yourself and another household member, you may not register for anyone else.
Registration From Home Using Community Pass	<ul style="list-style-type: none"> • Community Pass is a website that Monroe Township and other municipalities offer to its residents for managing programs and activities. • All members of the Senior Center have a Community Pass account with a user name and password. • Internet savvy members may register for trips and other programming from home or elsewhere online using their Community Pass account. • As with in-person registration, start time is at 9:00 a.m. (satellite/universal time). If you have logged in to Community Pass prior to that time, remember to refresh/reload your browser at 9:00 a.m. so that you will see the updated trip list when it "goes live." • When registering online, Community Pass will only allow you to register for members of your own household/account.
Seat Assignments	<p>Your seat will be assigned by the Transportation Department via a lottery system. You cannot change your seat number with anyone once it is assigned to you. You will be notified the day before the trip by email or phone regarding seat assignment and departure time. Important: Buses leave promptly at the specified departure time.</p>
Payments	<ul style="list-style-type: none"> • In-person, personal checks, credit cards, and cash (exact change) are accepted. • When paying by check, please use one check for the entire household. • DO NOT fill in the dollar amount on your check until it has been verified at the time that you register. • Make checks payable to Township of Monroe. • In-person, when registering for an additional member in a different household, please use a separate check or other method of payment. • When registering online, Community Pass accepts Visa, Mastercard, and Discover, or an e-Check.
Accessibility	<p>Not all trips are wheelchair or scooter accessible, while others may require more walking, steps, or other obstacles. If this is a concern, please call the Transportation Department prior to registration day to determine if a particular trip is appropriate for you.</p>
Cancellation	<ul style="list-style-type: none"> • To avoid the need to cancel, please check your personal calendar <u>before</u> you register. If you must cancel, please call the Transportation Department as soon as possible so there is time to contact the next person on the waitlist. • Outside regular business hours, you may still call to cancel by leaving a voice mail with your name, phone number, and the date of your trip. The answering machine operates 24 hours a day. • Refunds will be given only if your seat is replaced by someone on the waitlist or if the trip is cancelled. • Your purchase is non-transferable. You may not assign another person to take your place.