

# Saint Peter's University Hospital Community Health Services

## AHA Friends and Family CPR Course

Family and Family CPR is for individuals who want to learn CPR, but do not need a CPR certification to meet job requirements. This course does not provide a course completion card.

### Participants will learn:

- Adult Hands-Only CPR and AED
- Adult CPR With Breaths
- Child CPR and AED
- Infant CPR
- Mild and Severe Airway Block:  
How to Help a Choking Infant, Child, and Adult

**Greenbriar at Whittingham Clubhouse: Front Multipurpose Room**  
**Wednesday, July 30, 2025**  
**10:00am-12:30pm or 2pm-4:30pm**



Registration required, seats limited.

This program is for Greenbriar at Whittingham residents ONLY.

Cost: \$15.00 per person. (To cover cost of class supplies and participant book). Please bring cash or a check made out to: "Saint Peter's University Hospital" to the Greenbriar at Whittingham Healthcare Center (Nurse's Office) to secure your seat.

If you have any questions or concerns, please contact Saint Peter's Mobile Community Health Department at 732-339-7675 or email: [CHS@saintpetersuh.com](mailto:CHS@saintpetersuh.com)

