

Clark Fitness Training, LLC
Presents
Greenbriar Whittingham
Monroe Township



AQUACISE CLASS SCHEDULE!
MAY-JUNE 2026

REGISTRATION BEGINS 4/27

SPACE IS LIMITED. TO GUARENTEE A SPOT, PLEASE RSVP TO 908-770-8653.

NO RSVP OR PAYMENT WILL BE ACCEPTED PRIOR TO THE ABOVE DATE!

PLEASE REGISTER FOR YOURSELF AND ONLY 1 OTHER PERSON.

FOR EVERYONE'S SAFETY 20 IS THE MAXIMUM ALLOWED IN AQUACISE CLASS

10 IS THE MAXIMUM ALLOWED FOR DEEP WATER

MONDAY

Aquacise w/Christine

(Make-up 5/11)(No class 5/4, 5/25-Holiday)

11:00AM-12:00PM

6 SESSIONS

5/18-6/29

COST: \$36.00

THURSDAY

Aquacise w/Christine

11:00AM-12:00PM

8 SESSIONS

5/7-6/25

COST: \$48.00

FRIDAY

Deep Water Aquacise w/Christine

11:00AM-12:00PM

4 SESSIONS

5/1-5/22

COST: \$54.00

12:30PM-1:30PM

5 SESSIONS

5/29-6/26

Questions: Contact Marie Wedgeworth at 908-770-8653 or wedge08506@yahoo.com.

Register: 1) RSVP Marie starting 2/23 and Give check payable to Clark Fitness to the instructor

2) register online at www.clarkfitness.com.

Cancellations: Inclement weather cancellations will be listed at www.Clarkfitness.com home page.

Important Updates: To be added to the new message system, text the word Whittingham to 732-344-4578

-----**CUT HERE**-----

Name: _____ Phone: _____ Email _____

I am paying for these classes: _____