

Clark Fitness Training, LLC
Presents
Greenbriar Whittingham
Monroe Township



AQUACISE CLASS SCHEDULE!
JULY-AUGUST 2026

REGISTRATION BEGINS 6/29

SPACE IS LIMITED. TO GUARENTEE A SPOT, PLEASE RSVP TO 908-770-8653.

NO RSVP OR PAYMENT WILL BE ACCEPTED PRIOR TO THE ABOVE DATE!

PLEASE REGISTER FOR YOURSELF AND ONLY 1 OTHER PERSON.

FOR EVERYONE'S SAFETY 20 IS THE MAXIMUM ALLOWED IN AQUACISE CLASS
10 IS THE MAXIMUM ALLOWED FOR DEEP WATER

MONDAY

Aquacise w/Christine

11:00AM-12:00PM

7 SESSIONS

(Make-up 7/6)(No class 8/24)

7/13-8/31

COST: \$42.00

THURSDAY

Aquacise w/Christine

11:00AM-12:00PM

9 SESSIONS

7/2-8/27

COST: \$54.00

FRIDAY

Deep Water Aquacise w/Christine

12:30PM-1:30PM

8 SESSIONS

7/10-8/28

Make up 7/3

COST: \$48.00

Questions: Contact Marie Wedgeworth at 908-770-8653 or wedge08506@yahoo.com.

Register: 1) RSVP Marie starting 6/29 and Give check payable to Clark Fitness to the instructor
2) register online at www.clarkfitness.com.

Cancellations: Inclement weather cancellations will be listed at www.Clarkfitness.com home page.

Important Updates: To be added to the new message system, text the word Whittingham to 732-344-4578 and follow the prompts.

-----CUT HERE-----

Name: _____ Phone: _____ Email _____

I am paying for these classes: _____