



Senior Focus

April 2026



Monroe Township Office of Senior Services & Senior Center

12 Halsey Reed Road, Monroe Township, NJ 08831
Monday thru Friday, 8:30 a.m. to 4:30 p.m.

609-448-7140
www.mtseniorcenter.com

April brings a welcome breath of spring, with longer days, blooming flowers, and a renewed sense of energy all around us. As nature awakens, many in our community also celebrate meaningful religious traditions, including Easter and Passover. Each offers an opportunity for reflection, gratitude, and time with loved ones.

We are proud to share exciting news about a historic milestone for our Senior Center: in February, we officially registered our 10,000th member! We are delighted to celebrate and announce this remarkable achievement in this month's newsletter. It speaks to the strength, vibrancy, and welcoming spirit of our community. We are truly grateful to each and every one of you who make the Center such a special place.

As we also observe Earth Day and recognize National Volunteer Week, we are reminded that it is your involvement, kindness, and dedication, that help our community continue to grow and thrive. Here's to a beautiful month of connection, celebration, and new beginnings together.

On **Tuesday, April 21 at 2:00 p.m.**, the Office of Senior and Homebound Programming of Middlesex County proudly presents *A Taste of African Dance*. West African dancer Audrey Davis-Dunning, joined by master drummer Victor Marchall, will lead an exciting and interactive journey into African culture through vibrant movement, rhythm, and audience participation.

Join us for an outstanding line-up of other performances this month that include:

- **Wednesday, April 1st at 2:00 p.m. - Timeless**
- **Thursday, April 9th at 2:00 p.m. - Terry Cieri Band**
- **Friday, April 10th at 2:00 p.m. - RB Express**
- **Friday, April 17th at 2:00 p.m. - PB2 Duo**
- **Thursday, April 30th at 2:00 p.m. - Just Friends**

On **Friday, April 24th at 1:00 p.m.**, join Cynthia Malkin and Samantha Gerbino for an informational session reviewing the PTR Senior Freeze, ANCHOR, and STAY NJ programs, along with guidance on the PAS-1 application process. This session is **for information and Q&A only**; personal assistance with applications will **not** be provided at this time.

April Registration Information:

Exercise Class Registration

Friday, March 20th at 9:00AM
In-person or online via Community Pass
Use main entrance only. Doors open 8:30AM

Trip Registration

Monday, March 23rd at 9:00AM
In-person or online via Community Pass
Use main entrance only. Doors open 8:30AM.

Program Registration

Wednesday, March 25th at 9:00AM
In-person or online via Community Pass
Use main entrance only. Doors open 8:30AM.

<https://register.communitypass.net/monroetownshipseniorcenter>

Registering in person? If you need transportation for any of the above, please call 609-443-0511 to make arrangements no later than 24 hours in advance.

You must be a registered member of the Senior Center in order to participate in our activities.

REMINDER: Community Pass user support is not available on Registration Days.

THE HENRY RICKLIS HOLOCAUST
MEMORIAL COMMITTEE & THE MONROE
TOWNSHIP HUMAN RELATIONS COMMISSION
PRESENTS

Life After the Holocaust

Sunday, April 19, 2026
2:00 P.M.
Monroe Township Senior Center
12 Halsey Reed Road



Keynote Speaker: Bea Lurie

WE GATHER TO REMEMBER.
Candle Lighting, Reflections & Readings
Survivor Remembrance
No Registration Necessary

April 2026 Center Activities

Registration for programs is
REQUIRED EACH MONTH

Monday

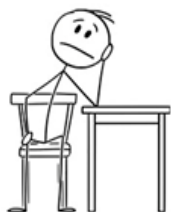
Tuesday

Wednesday

Thursday


Friday

DON'T LEAVE SOMEONE SITTING HOME!



If you are unable to attend a program you must call (609) 448-7140 x216 to cancel.

Waitlisted members will appreciate it!

<p>6</p> <p>9:00 Cardio Blast 9:30 Drop-In Bridge 10:00 Total Body Reset 10:00 Robinson Artshop (\$) 11:00 Gentle Stretch 12:00 Mah Jongg 1:00 Yarn It 2:00 AJ Duo 3:30 Tap Dancing</p>	<p>7</p> <p>8:45 Mat Yoga 9:00 Chorus 10:15 Drums Alive 10:30 Japonisme (Z) 11:30 Drums Alive 1:30 Fred Miller</p>	<p>1</p> <p>9:00 Total Toning (\$) 10:00 Move & Groove (A) (\$) 10:30 Album Covers of the 60s to 80s 11:00 Raise the Barre (\$) 12:15 Duplicate Bridge 2:00 Cribbage 2:00 Timeless 3:30 Ballroom, Latin & Swing (\$)</p>	<p>2</p> <p>8:45 Chair Yoga (\$) 10:00 Body Works (\$) 10:30 Book Club 10:30 The Great Tree Adventure 11:00 Gentle Stretch Plus (\$) 1:30 Uno Tournament</p>	<p>3</p> <p>OFFICE CLOSED</p> 
<p>13</p> <p>9:00 Cardio Blast 9:30 Drop-In Bridge 10:00 Total Body Reset 11:00 Gentle Stretch 12:00 Mah Jongg 1:00 Yarn It 2:00 Barry Jason 3:30 Tap Dancing</p>	<p>14</p> <p>8:45 Mat Yoga 9:00 Chorus 10:15 Drums Alive 10:30 Legacy of The Bronx (Z) 11:00 Green Thumbs 11:30 Drums Alive 2:00 Singing with Teri to the 60s & 70s</p>	<p>8</p> <p>9:00 Total Toning 9:30 Watercolor w/ James 9:30 Body Mass Index Screening 10:00 Move & Groove (A) 11:00 Raise the Barre 12:15 Duplicate Bridge 2:00 Colleen Orozco 3:30 Ballroom, Latin & Swing</p>	<p>9</p> <p>8:45 Chair Yoga 10:00 Body Works 10:00 Creative Art w/ Andrea (\$) 10:30 Ladies Luncheons & Cocktail Parties of the 50s 11:00 Gentle Stretch Plus 2:00 Terry Cieri Band</p>	<p>10</p> <p>9:00 Zumba Gold (\$) 9:30 Canasta 10:00 Meditation (\$) 10:30 Harmonica 11:00 Move & Groove (B) (\$) 2:00 RB Express</p>
<p>20</p> <p>9:00 Cardio Blast 9:30 Drop-In Bridge 10:00 Total Body Reset 10:00 Robinson Artshop (\$) 11:00 Gentle Stretch 12:00 Mah Jongg 1:00 Yarn It 2:00 Willie Nelson & Country Tribute 3:30 Tap Dancing</p>	<p>21</p> <p>8:45 Mat Yoga 9:00 Chorus 10:15 Drums Alive 10:30 Bereavement Group 10:30 The Lost Art of Neon (Z) 11:30 Drums Alive 2:00 A Taste of African Dance 3:15 WOW</p>	<p>15</p> <p>9:00 Total Toning 9:30 Watercolor w/ James 10:00 Move & Groove (A) 10:30 Optimizing Medicare's Annual Wellness Visit 11:00 Raise the Barre 12:15 Duplicate Bridge 2:00 Cribbage 2:00 Diabetes Support 2:00 Chronic Pain 3:30 Ballroom, Latin & Swing</p>	<p>16</p> <p>8:45 Chair Yoga 10:00 Body Works 10:00 Creative Art w/ Andrea 10:30 April Showers Morning Tea 11:00 Gentle Stretch Plus 2:00 Mark Miklos</p>	<p>17</p> <p>9:00 Zumba Gold 9:30 Canasta 10:00 Meditation 10:30 Harmonica 11:00 Move & Groove (B) 12:00 MTHS T.A.P. 2:00 PB2 Duo</p>
<p>27</p> <p>9:00 Cardio Blast 9:30 Drop-In Bridge 10:00 Total Body Reset 11:00 Gentle Stretch 12:00 Mah Jongg 1:00 Yarn It 2:00 Ayan Duo 3:30 Tap Dancing</p>	<p>22</p> <p>9:00 Total Toning 9:30 Watercolor w/ James 10:00 Move & Groove (A) 10:30 Move Well w/ Parkinson's 11:00 Raise the Barre 12:15 Duplicate Bridge 2:00 Stay Strong & Live Long 3:30 Ballroom, Latin & Swing</p>	<p>21</p> <p>9:00 Cardio Blast 9:30 Drop-In Bridge 10:00 Total Body Reset 10:00 Robinson Artshop (\$) 11:00 Gentle Stretch 12:00 Mah Jongg 1:00 Yarn It 2:00 Willie Nelson & Country Tribute 3:30 Tap Dancing</p>	<p>22</p> <p>8:45 Chair Yoga 10:00 Body Works 10:00 Creative Art w/ Andrea 10:30 Bringing Photos to Life with AI 11:00 Gentle Stretch Plus 1:30 Caregiver's Support</p>	<p>24</p> <p>9:00 Zumba Gold 9:30 Canasta 10:00 Meditation 10:30 Harmonica 11:00 Move & Groove (B) 1:00 LGBT Socialize With Me 1:00 Property Tax Relief</p>
<p>28</p> <p>9:00 Chorus 10:15 Drums Alive 10:30 The Guinness Book of World Records (Z) 11:30 Drums Alive 2:00 Billy Joel</p>	<p>23</p> <p>9:00 Total Toning 9:30 Watercolor w/ James 10:00 Move & Groove (A) 10:30 The Tonight Show 11:00 Raise the Barre 12:15 Duplicate Bridge 1:00 Poetry with Jerry 3:30 Ballroom, Latin & Swing 6:00 Friends Bingo</p>	<p>28</p> <p>9:00 Cardio Blast 9:30 Drop-In Bridge 10:00 Total Body Reset 11:00 Gentle Stretch 12:00 Mah Jongg 1:00 Yarn It 2:00 Ayan Duo 3:30 Tap Dancing</p>	<p>30</p> <p>10:00 Body Works 10:00 Creative Art w/ Andrea 10:30 Cultural & Generational Diversity 11:00 Gentle Stretch Plus 2:00 Just Friends</p>	 <p>Happy Passover</p>

Album Covers of the 60s to 80s: Wednesday, April 1 at 10:30 am. From the psychedelic swirl of the late 60s to the glossy maximalism of the 80s, album covers didn't just package music - they defined eras. Art teacher Tom B. explores how visual design of album covers shaped cultural revolutions, technological shifts, and the rise of the superstar. Explore the designers, photographers, and art directors who turned 12-inch sleeves into cultural canvases.

Timeless: Wednesday, April 1 at 2:00 pm. Jim Bakay, John Squitty, Mike Impriano, and Ted Ziffer have decades of singing experience. Their focus on three and four part harmonies is a hallmark of classic doo wop, which emphasizes vocal skill and intricate arrangements. Specializing in R&B, doo-wop, and old-time rock n' roll, *Timeless* offers a nostalgic sound blending smooth vocal harmonies of doo-wop with the upbeat energy of early rock and soul music.

The Great Tree Adventure: Thursday, April 2 at 10:30 am. Arbor Day is celebrated on the last Friday in April. This national day of recognition has led to the planting of over 500 million trees in the United States since 1872. On a once in a lifetime assignment, Walter C. was asked to find and photograph some of the greatest trees across America. From Florida to Washington state, this travelogue documents his adventures as he captured images of America's largest, tallest, and oldest trees.

UNO Tournament: Thursday, April 2 from 1:30 to 3:00 pm. Think you have the best UNO skills around? Come play, laugh, and compete in our UNO Tournament! All skill levels are welcome. Draw some cards, let the wild cards fly, and hopefully shout out UNO! *Sponsored by Platinum Home Care and Preferred Care at Hamilton.*



The Office of Senior Services & Senior Center will be closed on Friday, April 3rd in observance of Good Friday.

Robinson Artshop: Monday, April 6 - OR - April 20 from 10:00 am to 12:00 pm. Join James Robinson as he guides you to paint your own masterpiece. *Project fee: \$10 per person upon registering. No refunds. Only one (1) session per member.*

AJ Duo: Monday, April 6 at 2:00 pm. This talented duo features Jeannine Vena and Alan Quinn on vocals and various musical instruments such as keyboard, guitar, trumpet, and ukulele. Expect a wide variety of music popularized by Patsy Cline, Frank Sinatra, Elvis Presley, *The Beatles*, Doris Day, and *The Duprees*.

Japonisme: Tuesday, April 7 at 10:30 am via Zoom. The art and culture of Japan has always fascinated the Western world, and in the mid 19th century, a wave of "Japanomania" swept across Europe and America. Janet M. will showcase how the artists incorporated these influences into their work and how Japanese aesthetic expanded beyond painting into decorative arts, interior design, furnishings, fabrics, and fashion.

Fred Miller: Tuesday, April 7 at 1:30 pm. Jerome Kern's venerable career permanently secured his place among the true giants of American culture. In this lecture with music, Fred will discuss why Kern is considered the father of the American musical and perform his legendary works such as *The Night Was Made For Love*, *Smoke Gets in Your Eyes*, and the incomparable score of *Show Boat* which includes *Can't Help Lovin' Dat Man of Mine* and *Ol' Man River*.

Body Mass Index Screening: Wednesday, April 8 from 9:30 to 11:30 am by appointment only. A Body Mass Index (BMI) screening is a simple, quick measurement that helps

assess whether your weight falls within a healthy range for your height and age. Knowing your BMI can provide valuable insight into potential health risks that arise from being unfit. Screenings will be performed by Rutgers medical students and interns. *In-person registration only. Not available on Community Pass.*

Colleen Orozco: Wednesday, April 8 at 2:00 pm. Colleen has been putting her heart and soul into her performances for decades in various bands, choirs, musicals, and even opera! She is a native of Howell, New Jersey and is ready to take you on a trip back in time singing many of your favorite songs from the past.

Creative Art with Andrea: Thursdays, starting April 9 from 10:00 to 11:30 am for 6 sessions. Join Andrea for this creative and fun class where you will learn simple techniques using a variety of media such as acrylics, watercolors, pastels, and others to create your own beautiful artwork and unique creative projects. This is a stress-free space where previous experience is not required. *Fee: \$70.00 per person upon registering. No refunds. All supplies provided. Last class 05/14/26.*

Ladies Luncheons & Cocktail Parties of the 50s: Thursday, April 9 at 10:30 am. When we think about the 50s our minds drift to a more nostalgic time of *Father Knows Best*, 45 records, black and white televisions, and "I like Ike." After experiencing hardships of the war years, ladies luncheons and cocktail parties became very popular and men became masters of the grill. Join Judith K. to learn how to throw a retro lunch event with your friends. Come dressed in your 50s best!

Terry Cieri Band: Thursday, April 9 at 2:00 pm. This classic rock band consisting of five seasoned musicians plays all the greatest hits from the 60s through the 80s. They will perform music from Janis Joplin, *The Beatles*, *The Rolling Stones*, *The Who*, Eric Clapton, Tom Petty, *Fleetwood Mac*, and *The Eagles*. Lead vocalist Terry Cieri was the inspiration for Meryl Streep's character in the 2015 movie *Ricki and the Flash*.

RB Express: Friday, April 10 at 2:00 pm. Exemplifying the early street corner groups of the 50s, RB Express, a four-person vocal group, offers a perfect blend of your favorite music while dazzling you with their stage presence, tight harmonies, and rhythm. Get ready for a dynamic return performance. *Sponsored by the Friends of the Senior Center.*

Barry Jason: Monday, April 13 at 2:00 pm. If you like the sounds of Paul Anka, Frankie Avalon, Barry Manilow, *The Bee Gees*, and *The Stylistics*, you will enjoy listening to the artistry of Barry Jason. Barry has been performing since the age of sixteen and is a popular act at many communities in Monroe Township.

Legacy of The Bronx: Tuesday, April 14 at 10:30 am via Zoom. Marty S., a Bronx native, takes you back to the borough of his youth, sharing vivid stories of what life was like growing up there. Through his memories, he offers a nostalgic journey into a neighborhood that shaped countless lives. Revisit the 1955 film *Marty*, starring Ernest Borgnine, and rediscover egg creams, stickball, *Dion and the Belmonts*, Loew's Paradise Theater, Jahn's, Orchard Beach, the seltzer man, and Krums.

Singing with Teri to the 60s & 70s: Tuesday, April 14 at 2:00 pm. Sing along with Teri F. to popular songs you know and love from the 60s and 70s. Song sheets will be provided. Warm up those vocal cords and get ready to have a good time!

Optimizing Medicare's Annual Wellness Visit: Wednesday, April 15 at 10:30 am. The Medicare Annual Wellness Visit is an opportunity to improve preventive care and strengthen patient relationships. This lecture explores how to close care gaps, improve documentation, and take advantage of preventive screening tools. *Sponsored by Atlantic Health.*

Chronic Pain: Wednesday, April 15 at 2:00 pm. Pain is a normal human experience, however living in constant pain is not normal. There are many contributors to aches and pains. Finding the driver for the soreness will help find the treatment to reduce and relieve discomfort. Join therapists from CentraState to find safe and effective pain management.

April Showers Morning Tea: Thursday, April 16 at 10:30 am. Sip, savor, and learn! Enjoy a cozy tea party and a discussion on the benefits of herbal tea. Discover how nature's brews can support wellness, relaxation, and balance. Come dressed in your fascinators and other high tea attire. *Sponsored by Platinum Home Care and The Gardens at Monroe.*

Mark Miklos: Thursday, April 16 at 2:00 pm. Enjoy the best little country music show north of Nashville! Mark takes a journey through country music history singing songs by Hank Williams, Johnny Cash, George Jones, and more. You will feel right at home with his delivery of traditional country music and storytelling. Mark's original music can be found on YouTube and Spotify.

PB2 Duo: Friday, April 17 at 2:00 pm. The acoustic duo of Phil Solomon on guitar and vocals and Bob Reis on percussion perform all the best soft classic rock from the 50s to the 80s. Enjoy the music of *The Eagles*, Van Morrison, Jim Croce, James Taylor, *The Beatles*, doo-wop, and Motown.

Willie Nelson & Country Tribute: Monday, April 20 at 2:00 pm. Saddle up for a country western ride with David Frost, joined by his son David on keyboard and longtime drummer Mike Ratti from the band *Jay Black and the Americans*. Drawing inspiration from Willie Nelson and classic cowboy music, this performance celebrates road worn songs, honest lyrics, and country roots.

The Lost Art of Neon: Tuesday, April 21 at 10:30 am via Zoom. From Las Vegas to small rural towns, neon signage has illuminated skylines and storefronts since the early 20th century. Using vibrant visuals, professional photographer Julien M. traces its origins, artistry, Golden Age, and ongoing preservation.

A Taste of African Dance: Tuesday, April 21 at 2:00 pm. West African dancer Audrey Davis-Dunning and master drummer Victor Marshall perform an exciting and interactive journey into African culture through drumming, dance, song, and storytelling. Some dances celebrate strength while others honor ancestors, tell stories, or mark life transitions. *Sponsored by The Office of Senior & Homebound Programming of Middlesex County.*

Move Well with Parkinson's: Wednesday, April 22 at 10:30 am. Physical therapist, Jeevanjot Nagpal, will illustrate how different types of exercise can support mobility, balance, strength, confidence, and quality of life especially for those dealing with Parkinson's Disease. Exercise recommendations will be provided for those with mobility issues. Learn which exercises to prioritize and how frequently you should be moving. There are many physical, cognitive, and emotional benefits of staying active.

Stay Strong & Live Long: Wednesday, April 22 at 2:00 pm. Do you want to keep up with the grandkids and stay active and independent for years to come? Explore practical exercises designed to build the kind of strength you use daily such as getting out of chairs, climbing stairs, carrying groceries, and more. Learn safe, simple exercises designed to build strength and keep you stronger, steadier, and more energized every day. *Sponsored by CentraState Healthcare.*

Bringing Photos to Life with AI: Thursday, April 23 at 10:30 am. See the past come alive in a whole new way! This exciting demonstration by Jack H. details how iPhone features and AI-powered apps can restore, enhance, and even animate old photos. Watch faded or damaged images transform, details sharpen, expressions reappear, and still photographs become alive. Bring an old photo which may be used as an example during the

presentation to show these remarkable tools in action.

Property Tax Relief: Friday, April 24 at 1:00 pm. Join Cynthia Malkin and Samantha Gerbino for an informational session to review the PTR Senior Freeze, Anchor, and STAY NJ programs, as well as the PAS 1 application process. This discussion is designed to help you understand available New Jersey property tax relief programs.

Ayan Duo: Monday, April 27 at 2:00 pm. The Ayan Duo, violinist/violist Julia Kuzmina and pianist Yanzhima Tsybikova, formed their ensemble in 2023. Born in Siberia, Julia and Yanzhima received their early musical training at some of Russia's most prestigious institutions. Their repertoire ranges from violin - piano sonatas to viola - piano duets reflecting their Siberian background and versatility of chamber music.

The Guinness Book of World Records: Tuesday, April 28 at 10:30 am via Zoom. In a very entertaining yet weird way, Andy G. will explore some of the strangest records ever recorded. The ultimate authority on record-breaking achievements, The Guinness Book of World Records, started out as an idea for a book of facts to solve arguments in pubs. You will not believe some of the stories you will hear!

Billy Joel: Tuesday, April 28 at 2:00 pm. Learning to play piano at the age of four, Billy Joel became one of the most famous pop artists and musicians of the '70s, '80s, '90s, and beyond. Selling out Madison Square Garden more times than any other performer, William Martin Joel has sold over 150 million records worldwide and crafted an enduring catalog of hits from *Piano Man* to *Uptown Girl*, earning six Grammy Awards, induction into the Rock & Roll Hall of Fame and the Songwriters Hall of Fame, and a place as one of the most beloved singer-songwriters in music history. In this lecture, Larry W. discusses Joel's early life and legacy as a recording artist and one of the greatest performers of all time.

The Tonight Show: Wednesday, April 29 at 10:30 am. Join Jeff K. to reminisce about the show that was filled with big personalities, larger than life late night television comedians, and conversationalists that put America to bed each night. From Jack Paar's extemporaneous small talk to Steve Allen's infectious laugh to Johnny Carson's witty monologues and all the big personalities that filled the guest chairs, America has had a love affair with late night television for decades. *Sponsored by Oasis Home Care.*

Poetry with Jerry: Wednesday, April 29 at 1:00 p.m. If you're a poet and you know it, don't miss this poetry session with multidisciplinary artist Jerry Mirelli! Whether you're eager to share your original work or simply want to enjoy the creativity of others, this welcoming space is open to all writers of all levels and those who just wish to listen. Come share your poetry and the inspiration behind it or sit back and be moved by the voices of fellow poets.

Cultural & Generational Diversity: Thursday, April 30 at 10:30 am. How can knowledge gained over a lifetime contribute to a more inclusive and respectful society? Examine cultural and generational diversity as it arises from differing life experiences, traditions, and values that shape individual perspectives. Learn how mutual understanding, respect across differences, and shared knowledge support the development of stronger, more connected communities while allowing diversity to exist. *Sponsored by Wellspring Center for Prevention.*

Just Friends: Thursday, April 30 at 2:00 pm. Local favorite, *Just Friends*, formed in 1986 and consists of seasoned entertainers from Staten Island, New York. Richie, Joe, Bobby, and Carmine return to sing classic hits of the 50s, 60s, and 70s, as well as original songs in true four-part harmony. *Sponsored by the Friends of the Senior Center.*

Monroe Township

SENIOR CENTER

Middlesex County, NJ

INFORMATIONAL SESSION ON PROPERTY TAX RELIEF PROGRAMS & THE PAS 1 APPLICATION

Join Cynthia Malkin and Samantha Gerbino of the Monroe Township Senior Center for an informational session to review the PTR Senior Freeze, Anchor, STAY NJ Program & the PAS 1 application process.

This discussion will help you understand available NJ property tax relief programs.

FRIDAY, APRIL 24, 2026, AT 1:00 PM

Monroe Township Senior Center

12 Halsey Reed Road, Monroe Township, NJ 08831

- **Open to all Monroe Seniors**
- **Registration required - for Senior Center members register via Community Pass**
- **Non-members call 609-448-7140**

Please note: This is informational only. Applications will not be provided, and assistance with completing applications will not be available at this session.



TRANSPORTATION TRIPS

Transportation Dept. John Magda, Transportation Manager (609) 443-0511

Pre-Registration is required for all trips. Trip registration is:

MONDAY, MARCH 23, 2026 at 9:00am

If you are unable to participate in a trip, you must call to cancel.

Resorts Casino in Atlantic City, NJ (1½ hours from the Senior Center)

Wednesday, April 15, 2026

Resorts brought gaming to Atlantic City as the first American casino outside Nevada when it opened in 1978. Resorts offers a large casino floor, numerous restaurants, and an oceanfront location on the Boardwalk.

The following items are prohibited in the casino: weapons of any kind, outside food & beverages, alcohol, large bags, backpacks, chairs, umbrellas, and selfie sticks. Non-professional or professional cameras with detachable, long or extending lenses are not permitted. Recording devices of any kind are also prohibited.

Departure Time: 9:00am **Return Time:** 7:00pm (Charter bus) **Cost:** \$15 per person (You will receive \$20.00 slot play from Resorts.) **Lunch:** There are numerous locations within the casino where you may enjoy lunch.

Green Dragon Farmers Market in Ephrata, PA (1¾ hours from the Senior Center)

Friday, May 15, 2026

The business started as a garage and repair shop, became a restaurant for a short time, then turned into a tavern called "Schreck's." Mr. Schreck was walking on the boardwalk in Atlantic City when he saw a restaurant named "Green Dragon" and thought it would be a great name for his business. With more than 400 local growers, merchants, and craftsmen located on 30 acres, Green Dragon Farmers Market is one of the largest Amish-run and regulated farmers markets in the United States. There is a wide array of unique items for the antique buyer, window shopper, or seasoned browser.

Walking is required for this trip. Outside food items are prohibited.

Lunch: On return trip to the Senior Center, at approximately 1:30pm, there will be a stop for a buffet lunch at

Shady Maple Smorgasbord · 129 Toddy Drive · East Earl, PA

Departure Time: 8:00am **Return Time:** 5:00 pm (Charter Bus)

Cost: \$39 per person (includes Shady Maple buffet, beverage, dessert, and gratuity).

Grounds for Sculpture in Hamilton, NJ (45 minutes from the Senior Center)

Thursday, May 21, 2026

The Grounds for Sculpture is a museum, sculpture garden, and arboretum where art and nature are always at play. Outdoors: nearly 300 contemporary sculptures are sited across 42 landscaped acres. Indoors: temporary exhibitions from established and emerging artists are featured in six galleries. As one of the premier cultural destinations in New Jersey you can stroll through the gardens and galleries, pause when you feel like pausing, take your time to look closer when something catches your eye, and (above all else) relax and enjoy yourself.

Walking is required for this trip including uneven walking surfaces. Comfortable shoes are recommended and most attractions are outdoors so attendees should dress for the day's weather forecast.

Lunch: Lunch is on your own at one of the two restaurants at the venue (see below).

Rat's Restaurant

Rat's Restaurant will make you feel like you've stepped back in time to a cozy French countryside café, offering a one-of-a-kind, unforgettable dining experience. Reservations are recommended by calling (609) 584-7800.

Van Gogh Café

The café serves a delightful selection of freshly prepared sandwiches, an array of desserts, notably the decadent chocolate chip muffin that many customers rave about and expertly brewed hot coffee and refreshing cold drinks to enjoy in a cozy setting inspired by Van Gogh's iconic works.

Departure Time: 9:45am **Return Time:** 3:15pm (Township Bus) **Cost:** \$20 per person

No outside food is permitted. Water is allowed. Smoking and flower picking is prohibited.

River Lady Paddle Wheel Cruise in Toms River, NJ (1 hour from the Senior Center)
Wednesday, May 27, 2026

Come sail the River Lady Paddle Wheel Cruise for a relaxing, elegant lunch, on the magnificent Toms River and Barnegat Bay for 3 hours. The captain will present a fascinating, extended narration, of the interesting history of this lovely area, as you pass elegant waterfront homes, beautiful properties, docks, yacht clubs, and often a sailboat race. Enjoy a delicious meal featuring your choice of 6 entrees, complete from salad to dessert.



Please choose one of the following meals: Chicken Francese, Chicken Marsala, Filet of Salmon, Eggplant Parmesan, or Penne Vodka. If you are gluten free there is the choice of Plain Grilled Salmon or Pasta Primavera. All meals come with Salad, vegetable, potatoes, rolls with butter, and dessert. All meals include your 1st soft drink (refills \$1 each). Coffee and tea is served with dessert only.

You must be able to walk the gang plank, step onto the boat, and climb up 12 steps to the second level where our seats are located. Table seating will be pre-assigned.

Smoking is NOT permitted onboard the vessel. This trip goes rain or shine.

Departure Time: 9:30am **Return Time:** 3:30pm (Township bus) **Cost:** \$63 per person

Frank and Me at the Hunterdon Hills Playhouse in Hampton, NJ (1½ hours from the Senior Center)
Thursday, June 4, 2026



Frank and Me stars the incomparable Linda Miller, together with special guests Jim Barone, Susan Mitchell and Robert Levey II, for a celebration of the fabulous song book of the one and only, Frank Sinatra. A love letter to Sinatra, this unique concert event also includes duets with Rita Hayworth, Ella Fitzgerald, Celine Dion, Nancy Sinatra & Elvis. Don't miss the fun that even Ol' Blue Eyes himself would be proud of!

The theatre requires cell phones to be turned off completely or the ringers silenced. The following is prohibited: video recording or flash photography, outside food and beverage, Tupperware, baggies, or other take home containers.

Departure Time: 9:45am **Lunch time:** 11:30am **Show time:** 1:00 to 3:00pm (includes one intermission)

Return Time: 5:00pm (Township bus) **Cost:** \$86.00 per person
(includes show, plated meal, dessert, hot coffee or tea, and gratuity)



Don't forget: Registration for all trips
in this edition of the Senior Focus
begins on Monday, March 23rd at 9:00am.



Important Information About Monthly Trips

Monthly Trips	Every month, the Senior Focus newsletter offers a wide variety of upcoming destinations which Senior Center members may take advantage of. The newsletter also indicates when registration for these trips will begin. These affordable journeys include entertainment, shopping, culture, and other points of interest.
How to Attend Trips	<ul style="list-style-type: none"> • All trips require pre-registration. • Only current members of the Senior Center may register for trips. (If you have a purple card, it means that you are a current member.)
Registration In-person	<ul style="list-style-type: none"> • Per the above, each Senior Focus monthly newsletter indicates the date that registration will begin for the latest upcoming trip offers. Registration start time is always 9:00 a.m. (satellite/universal time). • You may register in-person at the Senior Center via the main entrance doors which open at 8:30 a.m. or from home using your Community Pass account (see below). • In-person, you may register for yourself and one additional member. If you are registering for yourself and another household member, you may not register for anyone else.
Registration From Home Using Community Pass	<ul style="list-style-type: none"> • Community Pass is a website that Monroe Township and other municipalities offer to its residents for managing programs and activities. • All members of the Senior Center have a Community Pass account with a user name and password. • Internet savvy members may register for trips and other programming from home or elsewhere online using their Community Pass account. • As with in-person registration, start time is at 9:00 a.m. (satellite/universal time). If you have logged in to Community Pass prior to that time, remember to refresh/reload your browser at 9:00 a.m. so that you will see the updated trip list when it “goes live.” • When registering online, Community Pass will only allow you to register for members of your own household/account.
Seat Assignments	Your seat will be assigned by the Transportation Department via a lottery system. You cannot change your seat number with anyone once it is assigned to you. You will be notified the day before the trip by email or phone regarding seat assignment and departure time. Important: Buses leave promptly at the specified departure time.
Payments	<ul style="list-style-type: none"> • In-person, personal checks, credit cards, and cash (exact change) are accepted. • When paying by check, please use one check for the entire household. • DO NOT fill in the dollar amount on your check until it has been verified at the time that you register. • Make checks payable to Township of Monroe. • In-person, when registering for an additional member in a different household, please use a separate check or other method of payment. • When registering online, Community Pass accepts Visa, Mastercard, and Discover, or an e-Check.
Accessibility	Not all trips are wheelchair or scooter accessible, while others may require more walking, steps, or other obstacles. If this is a concern, please call the Transportation Department prior to registration day to determine if a particular trip is appropriate for you.
Cancellation	<ul style="list-style-type: none"> • To avoid the need to cancel, please check your personal calendar <u>before</u> you register. If you must cancel, please call the Transportation Department as soon as possible so there is time to contact the next person on the waitlist. • Outside regular business hours, you may still call to cancel by leaving a voice mail with your name, phone number, and the date of your trip. The answering machine operates 24 hours a day. • Refunds will be given only if your seat is replaced by someone on the waitlist or if the trip is cancelled. • Your purchase is non-transferable. You may not assign another person to take your place.