

Spiritual Fitness Camp schedule (sample)

One Day Schedule

9:00 AM	Registration and Breakfast	
9:45 AM	Orientation. Combined for boys and girls <ul style="list-style-type: none"> • Opening remarks • Team introduction • Plan for the day including breaks and topics • Etiquettes; Small Acts, Big Rewards 	
10:00 AM	First Session. Parallel session for Boys and Girls <ul style="list-style-type: none"> • Present alislam.org and features of the website such as search functionality • Topic presentation(s) as selected by your Jamaat. • Collect questions and discuss them to fine tune to the right questions. Facilitate these discussions without answering them. 	
11:00 AM	Break (Remind Small Acts; Big Rewards)	
11:15 AM	Student work session <ul style="list-style-type: none"> • Students may be formed groups and each group assigned one of more questions • Each group will research these questions on alislam.org and prepare their answers. 	
12:30 PM	Lunch Break (Remind Small Acts; Big Rewards)	
1:45 PM	Wuzu and prepare for Salat. Ask them to sit in rows waiting for Salat	
2:00 PM	Zuhr Salat	
2:30 PM	Boys Student presentation session. Each group will discuss the question they are given and the answers they found from their research <ul style="list-style-type: none"> • Murabbi Sahib to actively guide the discussions. 	Girls Socializing / game time
4:00 PM	Boys Socializing / game time	Girls Student presentation session. Each group will discuss the question they are given and the answers they found from their research <ul style="list-style-type: none"> • Murabbi Sahib to actively guide the discussions.
5: 30 PM	Asr Prayers & Closing Session	