Age Concern Waikato

Information & Education Sessions

November 2025



Wednesday 5th November 2025

Western Community Centre, 46 Hyde Ave, Nawton

Speaker: Epilepsy Waikato

Esther from Epilepsy Waikato will be providing some education about Epilepsy, in addition she will speak about the role that Epilepsy Waikato plays with individuals, families and community local to the Waikato.

Wednesday 12th November 2025, 1-2pm

On the road!

We are headed to the Waikato Museum! The museum educator will be taking us on a private tour of our museum right up the road at 1 Grantham St, Hamilton. Note: there is a \$5 cost for this, we will meet in the main foyer at 1pm.

Wednesday 19th November 1-2pm

Glenview Community Centre, 12 Tomin Rd, Glenview

Speaker: Mental Health of the Older Person Service

The nursing team from the Waikato Mental Health for the Older Person Service will be joining us to discuss the services available, access and support in the Waikato area for those over 65.

Wednesday 26th November 2025, 1-2pm

Rototuna Library, 30 North City Road, Rototuna North

Speaker: Bridges Insurance

Faith from Bridges insurance will be joining us to discuss insurance as we age and our needs change. There will be time for Q & A, but this will likely be general information rather than personal advice.

Note: All Sessions are at no cost, please feel free to turn up on the day (and bring your friends). For any queries, please contact Kirsty on 07 838 2266 or Education@ageconcernwaikato.org.nz