

Hamilton Age Friendly Plan 2025-2030



**Hamilton
City Council**
Te kaunihera o Kirikiriroa

Thank you to the partners of the Age Friendly Plan

We would like to thank our following partners for their input into the plan:

Age Concern Waikato, Blind Low Vision NZ Hamilton, Dementia Waikato, Grey Power, Hamilton Central Business Association, Hamilton's Community Houses, Hamilton Chinese Golden Age and Rainbow Chinese community, Kainga Ora, Accessible Properties, Kaute Pasifica, Hamilton Multicultural Services Trust, Neighbourhood Support Waikato, Rainbow Hub Waikato, Rauawaawa Kaumatua Charitable Trust, Shama Ethnic Women's Trust, Sport Waikato, Te Runanga o Kirikiriroa, Te Whatu Ora, Volunteering Waikato, Waikato Regional Council.



Special thanks to our 2022-2025 Age Friendly Steering Group members:

Emeritus Professor Brian Findsen (Chair), Sayeeda Bano, Gail Gilbert, Rae Hooper, Peter Humphreys, Paul Knox, Pare Meha, Emeritus Professor Peter Oettli, Ofa Pouono, Judy Small, Jenny Song, Vanessa Williams.

We also acknowledge the contribution of Dell Hood, Margaret Wilson and Rangimahora Ready who were founding members from the first plan in 2018, and who have now stepped back from the steering group during the last term.

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**He paa kaumatua he paa
korowai te paa taangata**

**We are gifted the cloaks
weaved with the loving hands
of our older people**

Welcome from the Mayor



Kia ora koutou, warm greetings.

I wish to convey my huge thanks to the partners of the Age Friendly Plan and the Age Friendly Steering Group, for your work in supporting Hamilton's older people and improving their quality of life. It is a remarkable achievement and deeply appreciated.

As the fastest growing city in New Zealand, Hamilton Kirikiriroa is also known for being a very young city, with more than a third of our population under the age of 25 (35.4%).

However, we are also beginning to see the predicted and significant demographic shift towards an aging community, with our over 65 population expected to significantly increase. For Hamilton to continue to evolve as a city that serves all Hamiltonians, it is vital that we meet the needs of our aging community, to develop an inclusive, accessible and safer city for all of us. We should also celebrate the huge and wonderful contributions of our older citizens to our community. They are the builders of our city's foundation, the guardians of our history, and a source of wisdom, community and strength that has shaped who we are today.

At Council, we remain committed to making Hamilton one of the friendliest cities for those 65 and older. Our Hamilton Age Friendly Plan 2021-2024, developed in conjunction with community agencies, organisations, and businesses, has been focussed on ensuring a more inclusive and

supportive city for older residents. As our city continues to grow and evolve, it is timely to review our plan.

Council have been working closely with the Age Friendly Steering Group and external partners to ensure the new 2025-2030 plan is fit for purpose and reflects the changing needs and aspirations of our older community. To date, several key themes have emerged, including:

- older people need more support for digital literacy and alternatives for distributing information that do not rely on the internet
- they have safety concerns when out in the city, when using public transport and within neighbourhoods
- there is a lack of affordable or appropriate housing for seniors
- they have concerns regarding the impact of the cost-of-living crisis
- they have concerns around social isolation and loneliness.

If our people and city are to thrive, we must work together to address these issues.

Council remains committed to working with our partners to take bold steps on these issues, so that our aging residents continue to have a strong sense of belonging to their city, and feel connected, empowered, and valued, as vital contributors to Hamilton. Only by working together can we build a city for all.

As you will see throughout this plan, there are many people who are a part of bringing this document to life. I want to acknowledge and thank everyone who continues to support the Age Friendly Plan as we adapt and grow with each new version. I also want to thank and acknowledge Councillor Louise Hutt for the time and commitment she has put in

over the past years to support our Age Friendly Steering Group, and to ensure that the needs of our older people remain a priority for our Council.

Nga mihi

Mayor Paula Southgate

Welcome from Councillor Hutt

Being an age friendly city is a qualification we should be proud of – and it's also a commitment to always be doing better for our older community. Hamilton might be a youthful city, with the youngest median age of citizens in Aotearoa, but looking after our elders and having strong intergenerational connections is what helps our city thrive.

As someone in their 30s, I know our older people helped build this city into what it is today and it's our responsibility to work with them on how our city can continue to be their home. This plan has been informed by advocacy and community groups, stakeholders across transport,

healthcare, social services, and other key sectors, and, of course, the Hamilton City Council Age Friendly Steering Group.

Ensuring our city is somewhere that's easy to get around no matter how old you are, where there's ample accessible, safe, secure housing, with communities that value and treasure the contributions of our older citizens, and local services tailored to their needs – we have our work cut out for us.

I look forward to continuing this work and our commitment to our older community.



Introduction

Our goal is for Hamilton to be one of the most age-friendly cities; a place where residents aged 65 and older are valued and respected, feel connected and included. The Age Friendly Plan 2025-2030 provides a refreshed framework to address the needs of our increasing older population, ensuring our city supports our older residents in living accessible, happy and healthy lives. The plan identifies important actions that Hamilton City Council and key partner organisations are working on to improve accessibility, infrastructure, services and supports to increase the quality of life for older Hamiltonians.

Hamilton is growing at a rapid rate, and like other cities in Aotearoa, we are experiencing a rise in our aging population. The number of New Zealanders aged 65+ is expected to double to between 1.3 and 1.5 million by 2046, and Hamilton's over 65 population is expected to increase from approximately 22,000 in 2023 to 66,000 by 2050. This will have a significant impact on the design and provision of facilities and infrastructure in the future. While Hamilton is already recognised as a great place in which to grow old, it is important to ensure the needs of our older population are met now, and into the future.

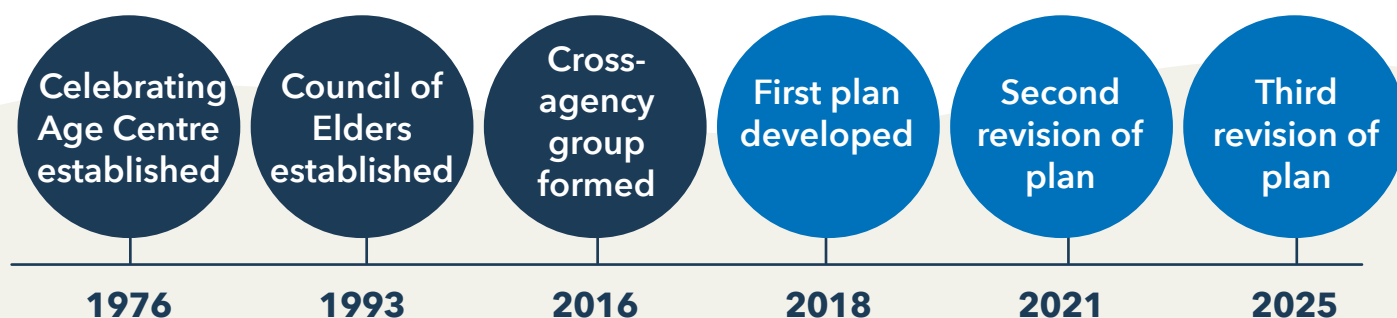
Planning and preparing for the needs of older people has been an important focus for the city. Council first established the Celebrating Age Centre

in 1976, and a Council of Elders was established in 1993. Public, private and not-for-profit organisations have made a major contribution to the welfare and support of Hamilton's older people. This includes the significant work of Iwi groups and Maaori organisations, including Rauawaawa Kaumatua Charitable Trust and Te Runanga o Kirikiriroa.

In 2016, a cross-agency group was formed in partnership with central and local government to work together to achieve collective impact for an age-friendly and inclusive city. As a result, Hamilton's first Age Friendly Plan (2018 - 2021) was developed. This plan became the basis for Hamilton's inclusion in the World Health Organisations (WHO) Global Network of Age Friendly Cities, the first city in Aotearoa to be recognised and included in this network.

The second revision of this plan (2021 - 2024) included 44 actions, which were delivered across 27 community agencies and Hamilton City Council. These actions have been successfully implemented, resulting in significant progress towards making Hamilton a more inclusive and welcoming city for older people.

The focus of the 2025 revision is on future-proofing the city's infrastructure, facilities, support, and services to ensure the city is fully prepared to support and serve the growing population of residents aged 65 and over.



Process of reviewing the plan

The revised plan has continued to follow the WHO framework, incorporating the eight interconnected WHO themes that contribute to the wellbeing and participation of older people, with an additional theme of safety to reflect the needs of older people in the Hamilton community.

The Age Friendly Steering Group and key partners have used relationships and connections within the older persons sector to drive community engagement. This allowed for targeted consultation, ensuring the diverse voices of the older community across all sectors were well represented.

During consultation and community engagement the views of many people and groups were gathered using questionnaires, meetings and discussions with older people in the community. The results of this engagement provided the following themes:

More support with digital literacy and exploring alternatives for distributing information that does not rely on the internet.

Safety concerns when out in the city, when using public transport and in neighbourhoods.

Lack of affordable, accessible or appropriate housing for seniors.

Impact of the cost-of-living crisis.

Social isolation and loneliness.



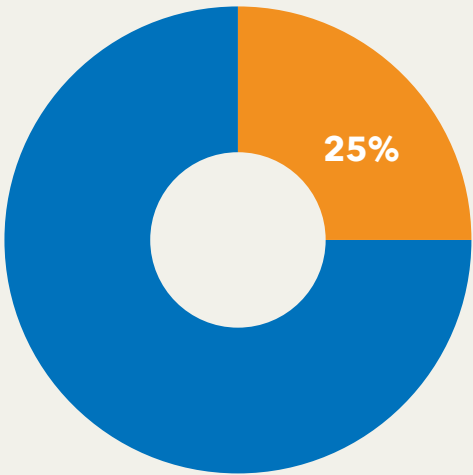
Demographics



Hamilton has 21,783 residents over the age of 65 - that's 12% of all Hamiltonians. The number of older people in Hamilton is smaller than other larger cities in New Zealand. However, this number is growing faster than any other age group for our city and is increasingly diverse with divergent needs. Older Hamiltonians are ethnically diverse, with 27% them being born outside of New Zealand.

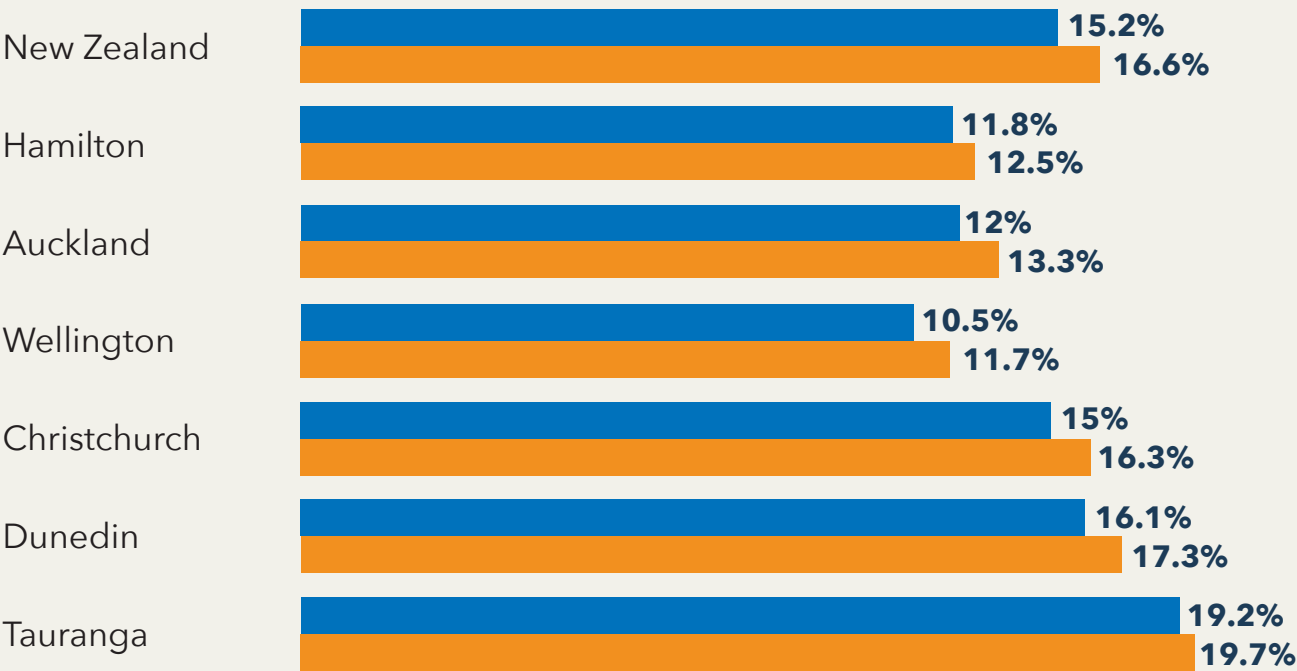
25%
**of Hamilton's over 65 year olds
are in the 80 years plus group**

● 65-79 ● 80+

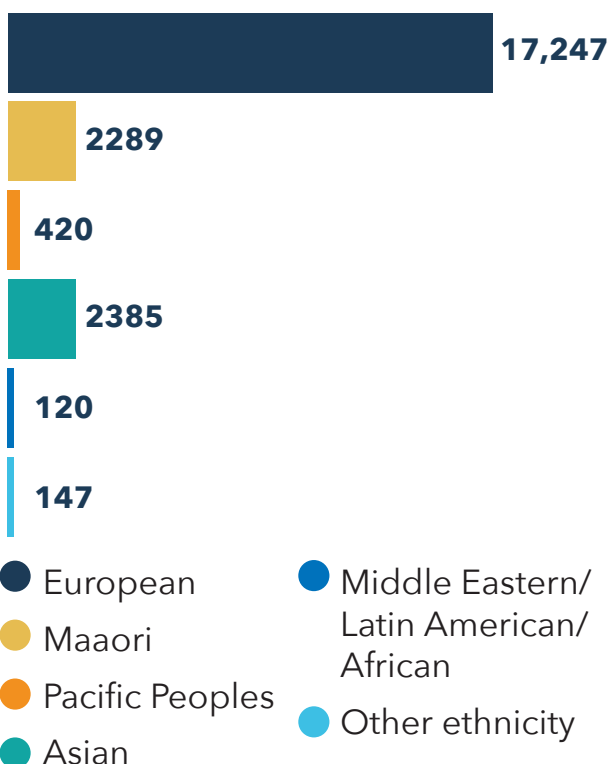


Compared to other main cities, Hamilton has one of the lowest percentages of population over 65 years old:

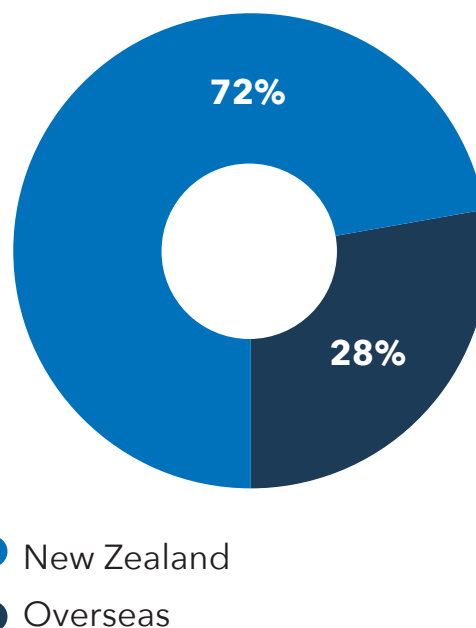
● 2018 census ● 2023 census



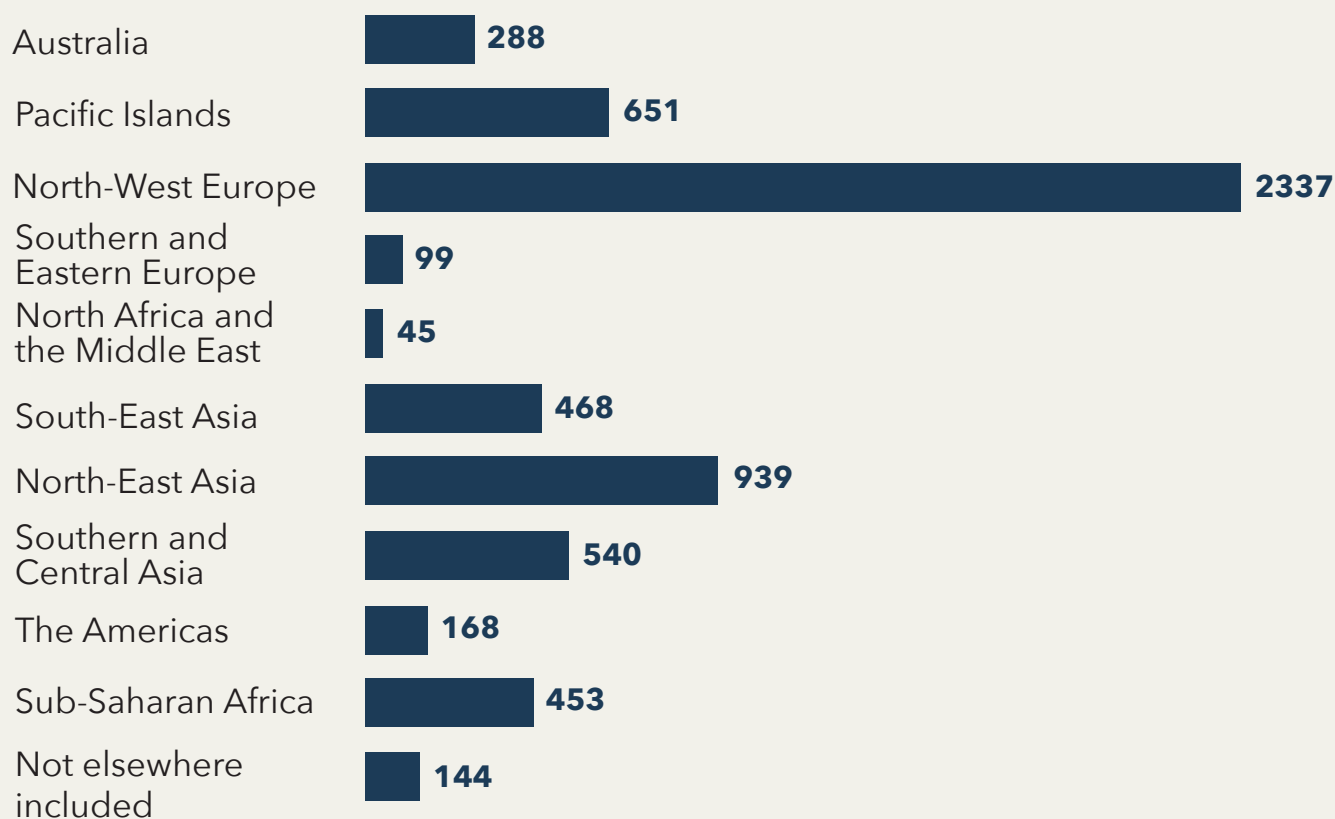
Ethnicities represented by older people in Hamilton:



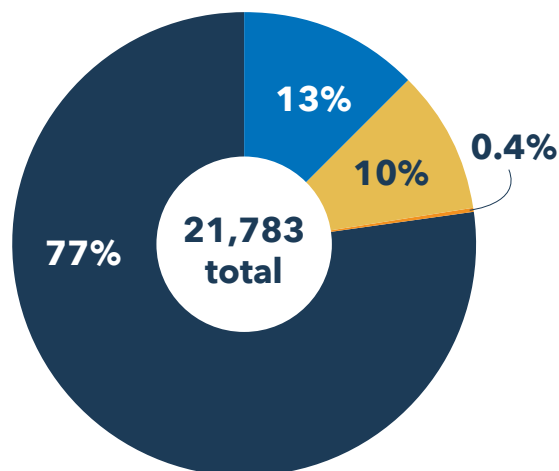
Place of birth by older people in Hamilton:



Overseas place of birth by older people in Hamilton:



Employment rate of older people in Hamilton



- Employed full-time
- Employed part-time
- Unemployed
- Not in the labour force



19,968 Hamiltonians over the age of 65 stated their disability status. Of these,

3840 (19%)

indicated they had a disability.

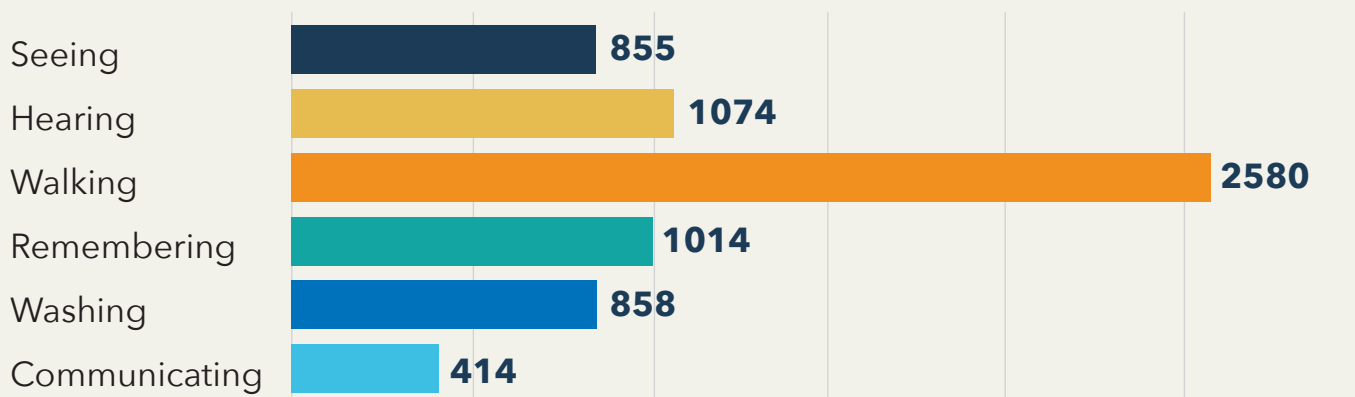


For Hamiltonians over 65, the median personal income before tax is

\$26,400

per year per person

Activity limitations of Hamiltonians over the age of 65 - a lot of difficulty or cannot do the activity at all



Source: Census 2023

The views of Hamilton's older people



What is going well in Hamilton?

Feedback from our community and partners:

- People generally felt that Hamilton does a good job of keeping its public spaces clean and maintained.
- Positive acknowledgment of our libraries (and staff) for providing dementia friendly resources.
- Community houses provide a wide variety of programmes and activities that older people enjoyed and could easily access in their neighbourhoods.
- The provision of free transport for older people was valued, and there was a good variety of bus routes and frequency.
- The variety of volunteering opportunities helped to reduce social isolation and could help seniors feel they were making a valuable contribution to the city.

What could be improved?

Safety was reported as a major concern from almost every group. People spoke positively of the presence of City Safe Officers and cameras in the CBD, however there was concern about the lack of visible security at the smaller shopping centres (including Dinsdale, Chartwell and Five Crossroads), Hamilton Transport Centre and bus stops.

Cobbled and poorly maintained footpaths were frequently reported as an issue. Older people felt this contributed to trips and falls and were particularly challenging for those who needed mobility support such as a walking stick or frame.

There was consistent feedback that many older people struggled with digital literacy. The significant rise in scams in recent years has made them weary about using the internet, which likely restricts their access to community information.

Access to hospital services, long waiting lists and parking for medical appointments was seen as a major challenge. These were particularly difficult for those with dementia and their carers.



General feedback

Older people in the community also shared what is important for them to live full and meaningful lives. Their statements have been grouped according to the WHO domains:

Outdoor spaces and buildings

It was felt there has been an improvement in accessible public spaces. However, the availability of more shaded seating areas in outdoor spaces to rest and congregate socially was needed. This was particularly relevant for migrant communities who reported there were limited areas they could safely congregate informally to engage in shared social and cultural activities.

Housing

People told us they would like to see more affordable and accessible housing options to ensure seniors can live comfortably. It was identified there is a need for a greater range of suitable housing options, including supported living housing and rest home care that recognised diverse cultural needs.

The challenge for many of meeting high market rents is of major concern, as the number of older people renting is increasing.

Ensuring safe social housing for older rainbow people was recognised as a concern, with a priority placed on connecting them to inclusive and supportive services.

Communication and information

Many seniors find digital technology challenging. This highlights the need for ongoing and comprehensive support to navigate online resources and stay informed. Scams pose a significant

obstacle to effectively using technology, highlighting the need for increased awareness and guidance. Stakeholders spoke of setting up a trusted information hub for Hamilton seniors that provided accurate up to date information on services, senior housing, promotion of events and more.

Respect and social inclusion

Social isolation and loneliness were one of the most consistently reported issues. Social isolation is widely recognised as a world-wide problem which has a significant impact on the wellbeing of older people.

The Rainbow Community recognised that older people who come out later in life face unique challenges in seeking help, often fearing losing their family, grandchildren and long held social connections. Training to raise awareness among services supporting older people could help address these issues.

Social participation

The cost-of-living crisis has significantly impacted older people's ability to participate in community activities, secure suitable housing and manage everyday costs. The decline in older volunteers was seen as a direct impact from the current economic conditions, as volunteering often incurs costs such as travel and parking, which many can no longer afford. Nevertheless, volunteering among older people provides for ongoing social connectedness and enhances the effectiveness of community agencies and groups.

Civic participation and employment

It was reported that older people feel they are not always as visible in civic life as they could be. More representation and involvement in local council, boards and committees from older people, particularly our marginalised groups, would help ensure they feel heard.

Although over 20% of older people in Hamilton are employed, there is a feeling from the community that employment opportunities for seniors who wish to remain in or re-enter the workforce are limited. Ageism and a lack of flexible working conditions can be barriers.

Transport

There are limited options for older people unable to use public transport. Community services such as shuttle buses or volunteer driver programmes could fill this gap where other transport is not an option. Public transport should align with essential services, with bus stops closer to these services.

Many older people, especially older migrants ineligible for subsidies and SuperGold Card benefits, struggle to attend events due to limited transportation options and the high cost of taxis.

Older people reported difficulties understanding and navigating bus routes and scheduled stops. It was suggested bus timetable information, both digital and paper based, needs to be more age friendly in design and colour.

Community and health care

Like many others, our older people struggle to access health and social services due to barriers such as affordable and available transport, parking, waiting lists for appointments, and information barriers. The suggestion of a park to ride shuttle directly to the hospital from the main hubs like Te Awa The Base, was proposed by several key partners.

A number of groups provided positive feedback on the Strength and Balance Classes, supported by ACC's Live Stronger for Longer initiative. One senior said, "The number of physical activity programmes being run across the city is impressive and so important for the wellbeing and socialisation of older people".

Safety

It was identified that a better understanding of current safety measures, as well as developing more safety initiatives, is needed to help older people feel safe in their communities. Increasing the visibility of security in the smaller shopping centres, and strengthening neighbourhood support networks and community programmes focused on safety, were suggested.

Training emergency responders to assist older people and encouraging them to develop personal emergency plans was also seen as important to their resilience in a civil emergency.

Where possible, these views and concerns have been addressed through the actions of the Age Friendly Plan 2025 -2030.

Hamilton Age Friendly Plan update on goals and actions 2025 - 2030



How the plan works

The Age Friendly Plan (2025-2030) demonstrates Hamilton's commitment to the city's older residents, to raise awareness of their contributions, and to ensure that their needs are met now and into the future. Enhancing accessibility and quality of life for older people will also benefit future generations.

The Age Friendly Plans vision is 'a city that ensures older citizens enjoy a high quality life'. This vision drives the goals, principles, and actions of the Age Friendly Plan, building on the work of the 2021-2024 plan, with a refreshed set of actions.

The 49 actions will ensure the delivery of the plan's goals, principles, and vision, and have been developed through community engagement by the Age Friendly Steering Group, key partners and Council. The actions reflect the voices of our community and what is important for older people to live full and meaningful lives. They are grouped according to the eight age friendly themes developed by WHO, alongside the ninth theme of safety which has been identified by the community as an important addition.

Each of the nine themes has several actions for completion, with specific partner organisations or council's responsible for delivery. Some actions will provide short-term impact or gradually build impact over time. Each action is defined in one of the following status:

Continue

An existing activity that will continue in its current form.

Enhanced

An existing activity that will be expanded and enhanced.

New

An new action not already being undertaken.

1

Outdoor spaces and public buildings

Goal

The natural and built environments of Hamilton offer public amenities that are designed to be safe, accessible and promote an active lifestyle.

Action 1

Newly developed community facilities will incorporate aspects of universal and age friendly design.

Status: **Enhanced**

Responsible agency:
Hamilton City Council

Action 2

Accessibility, inclusion and community needs are considered when undertaking renewal and upgrades in Council open spaces.

Status: **Continue**

Responsible agency:
Hamilton City Council

Action 3

Parks and open spaces are looked at through an age-friendly lens to ensure people of all ages and stages can use them.

Status: **Continue**

Responsible agency:
Hamilton City Council

Action 4

Develop a map of accessible toilets and amenities in Hamilton's Central Business District for older people.

Status: **New**

Responsible agency:
Hamilton City Council

Action 5

Commence phase three of the Age Friendly and Dementia Friendly Kaumaatua Centre.

Status: **New**

Responsible agency:
Rauawaawa Kaumaatua Charitable Trust



Transport and mobility

Goal

All Hamiltonians, regardless of ability, mode of transport or income, can get where they want to in a timely and uncomplicated way.

Action 1

Continue to promote the SuperGold card concession to older people, which gives free travel on public transport during set hours.

Status: **Continue**

Responsible agency:
Waikato Regional Council

Action 2

Deliver a community engagement programme to educate older people about using public transport. This will include a 'Train the Trainer' and advocacy programme focused on underrepresented and minority seniors groups within Hamilton.

Status: **New**

Responsible agency:
Waikato Regional Council

Action 3

Footpaths are designed and maintained to provide safe use by older people who are: pedestrians, grandparents with children, users of mobility aids.

Status: **Continue**

Responsible agency:
Hamilton City Council

Action 4

Cycle paths and lanes are designed and maintained to provide safe use by older people who are cyclists and grandparents with children.

Status: **Continue**

Responsible agency:
Hamilton City Council

Action 5

Support the rebranding of the bus scheduling service to enable easier use for the community.

Status: **New**

Responsible agency:
**Waikato Regional Council
Age Friendly Steering
Group**

3

Housing

Goal

Older people have homes that are secure, comfortable and accessible, regardless of whether they rent, own or live in shared or residential housing.

Action 1

Advocate for senior housing in Hamilton that meets Universal Design Principles and provides for intergenerational living options.

Status: **Continue**

Responsible agency:
Age Friendly Steering Group

Action 2

Promote and run events that inform older people about their choices when considering moving into retirement villages and other supported living options.

Status: **New**

Responsible agency:
Age Concern

Action 3

Support the provision of appropriate homes for those living in senior housing, and consider their needs in future housing developments.

Status: **Continue**

Responsible agency:
Kainga Ora Accessible Properties

Action 4

Housing support services and papakainga developments for kaumaatua are supported and planned for.

Status: **New**

Responsible agency:
Te Runanga o Kirikiriroa

Action 5

Provide advocacy and support for kaumaatua in need of housing assistance and collaborating with social housing providers.

Status: **New**

Responsible agency:
Rauawaawa Kaumaatua Charitable Trust



4

Social participation

Goal

Older people have opportunities to connect with family, friends and the wider community, and have places to go to keep them active and socially connected.

Action 1

Community facilities, houses and centres continue to provide a range of programmes and activities for older people.

Status: **Continue**

Responsible agency:
Community houses

Action 2

Hamilton City Libraries will deliver programmes for older people, including intergenerational programmes that provide older people with opportunities to interact with younger people.

Status: **Enhanced**

Responsible agency:
Hamilton City Council

Action 3

Hamilton City Libraries will continue to work towards having engaging and accessible spaces for older people, both physical and online.

Status: **Continue**

Responsible agency:
Hamilton City Council

Action 4

A range of kaumaatua-led programmes and activities are provided to achieve "Hei Manaaki ngaa Kaumaatua" - to enhance the quality of life and wellbeing of kaumaatua.

Status: **Enhanced**

Responsible agency:
**Rauawaawa Kaumaatua
Charitable Trust**

Action 5

Events held by ethnic and migrant groups in Hamilton are inclusive of older people where possible.

Status: **Continue**

Responsible agency:
**Shama
HMS
Settlement Centre**

Action 6

A range of programmes and activities will be provided for older people by Sport Waikato via their Actively website.

Status: **Enhanced**

Responsible agency:
Sport Waikato



Respect and social inclusion

Goal

Older people are visible in the community and their experiences and needs are valued and actively considered. There are many positive examples of the contributions they make.

Action 1

Advocate for and support events and research projects that promote intergenerational connections.

Status: **New**

Responsible agency:
Age Friendly Steering Group

Action 2

Advocate for and support central businesses to adopt age friendly practices and recognition as an age friendly business through the WHO framework.

Status: **Enhanced**

Responsible agency:
Hamilton Central Business Association
Age Friendly Steering Group

Action 3

Increase awareness of the needs of older people among businesses in Hamilton.

Status: **Enhanced**

Responsible agency:
Hamilton Central Business Association
Age Friendly Steering Group

Action 4

Promote and assist people living with dementia (mate wareware), to access services and/or schemes that will encourage more inclusivity in their local communities.

Status: **New**

Responsible agency:
Dementia Waikato

Action 5

Strengthen the awareness of the public and community agencies to the special conditions and challenges of people with dementia.

Status: **New**

Responsible agency:
Dementia Waikato

Action 6

A range of intergenerational activities and resources are organised to support and showcase the engagement of older and younger generations.

Status: **New**

Responsible agency:
Rauawaawa Kaumatua Charitable Trust

Action 7

Research opportunities are organised to support the inclusion of kaumatua voices, and to highlight the strength of kaumatua inclusion, in co-creation and development.

Status: **New**

Responsible agency:
Rauawaawa Kaumatua Charitable Trust

Action 8

Hamilton City Libraries will continue to work towards becoming dementia friendly spaces through staff upskilling and content/ collection development.

Status: **New**

Responsible agency:
Hamilton City Council



Civic participation and employment

Goal

Older people have an active role in the community through volunteering, supporting local events and taking part in local politics.

Action 1

Provide opportunities to raise the awareness of older people regarding governance at Council.

Status: **Enhanced**

Responsible agency:
Hamilton City Council

Action 2

Provide meaningful opportunities for Hamilton's older population to participate in the 2025 and 2028 local elections, with tailored education and events during each phase of the election programme.

Status: **New**

Responsible agency:
Hamilton City Council

Action 3

Celebrate International Day of the Older Person annually on 1 October.

Status: **Continue**

Responsible agency:
**Age Concern
Hamilton City Council**

Action 4

Provide advocacy and support for the inclusion of kaumaatua in the parliamentary submission process.

Status: **New**

Responsible agency:
**Rauawaawa Kaumaatua
Charitable Trust**

Action 5

Support older people to engage in volunteering activities by actively promoting opportunities in a way that helps remove barriers for education and participation.

Status: **New**

Responsible agency:
Volunteering Waikato

Action 5

Develop a transition to retirement programme for Council staff approaching retirement age.

Status: **New**

Responsible agency:
Hamilton City Council



Communication and information

Goal

Older people are able to easily access information and support regardless of their abilities.

Action 1

Council communication and information about events and important services are accessible for all ethnic and migrant communities, and reflect the diversity of the main languages spoken in the older persons' community.

Status: **New**

Responsible agency:
**Hamilton City Council
Hamilton Multicultural
Services Trust**

Action 2

Improve digital literacy and support to older people to access new technologies.

Status: **Continue**

Responsible agency:
**Hamilton City Council
Age Concern
SeniorNet**

Action 3

Progress and information regarding the Hamilton Age Friendly Steering Group are updated on the Council website to ensure ongoing progress of the plan and activities more widely known.

Status: **Enhance**

Responsible agency:
**Hamilton City Council
Age Friendly Steering
Group**

Action 4

Facilitate 'Age-Friendly Cities and Communities Questionnaire' to identify achievements and gaps in Hamilton becoming a more age friendly city.

Status: **New**

Responsible agency:
**Age Friendly Steering
Group
Office for Seniors
Hamilton City Council**

Community support and health services

Goal

Community-related services and health promotion support older people's physical and mental wellbeing, and promote healthy behaviours and life choices.

Action 1

Ensure ongoing avenues for advice and feedback from older people to Te Whatu Ora governance.

Status: **Enhance**

Responsible agency:
Te Whatu Ora

Action 2

Continue to provide age-appropriate aquatic services and hydrotherapy at the Hamilton Pools, and ensure future planning has a focus on older people.

Status: **Enhance**

Responsible agency:
Hamilton City Council

Action 3

Continue to partner with Waikato Masters Swim Club to support and promote their activities for older people, including quarterly club meetings, trainings and events.

Status: **New**

Responsible agency:
Hamilton City Council
Waikato Masters Swim Club

Action 4

Continue to provide and develop programmes and activities that support kaumaatua physical and mental wellbeing. For example, Piki te Ora: Kaumaatua Wellbeing and Piki Tech Ora: Enhancing Kaumaatua Wellbeing through Technology.

Status: **New**

Responsible agency:
Rauawaawa Kaumaatua Charitable Trust

Safety

Goal

Older residents feel safe and secure in their homes, neighbourhoods, public spaces and in their wider community.

Action 1

Raise awareness of personal safety issues (including abuse and neglect), and avenues for seeking support in addressing these.

Status: **Continue**

Responsible agency:
Age Concern

Action 2

Develop support and guidance for older people to prepare, respond to, and recover from Civil Defence emergencies.

Status: **Continue**

Responsible agency:
Hamilton City Council

Action 3

Raise the awareness and understanding of City Safe staff on dementia and older persons' issues through education and training.

Status: **New**

Responsible agency:
Hamilton City Council

Action 4

Provide educational safety training to age care facilities and seniors groups regarding how to keep safe in public places.

Status: **Enhance**

Responsible agency:
Hamilton City Council

Action 5

Promote and support community safety programmes, such as neighborhood watch groups and buddy systems, to create a safer environment for older people.

Status: **New**

Responsible agency:
Grey Power

Action 6

Enable communication and connectedness with older residents and their community through membership in a neighbourhood support street group.

Status: **New**

Responsible agency:
**Neighbourhood Support
Hamilton**



Partnerships and community-led actions

The Hamilton Age Friendly Plan (2025-2030) is a cross-sector community plan that enables collaboration between Hamilton City Council, older people's organisations and communities to achieve collective input for an age friendly city.

The action plan provides direction for targeting resources more effectively, while encouraging the sector and community to work collaboratively, leveraging their collective strengths to achieve results.

In this plan, actions are broadly defined. This is because a community-driven project such as the Age Friendly Plan needs to be flexible to respond to changes in the community itself, as well as the various agencies and groups supporting it.

The Age Friendly Plan has links to, and complements several national and international strategies including:

- Better Later Life He Oranga Kaumātua 2019 to 2034 Strategy
- Healthy Aging Strategy 2016
- World Health Organisation - Age-friendly Cities Framework and Global Network for Age-friendly Cities and Communities
- New Zealand Disability Strategy 2016.

The Plan also aligns with the following Council Strategies:

- He Pou Manawa Ora - Pillars of Wellbeing Strategy
- Access Hamilton Strategy
- Community and Social Development Strategy
- Open Spaces Strategy
- Play Strategy
- Libraries Strategy
- Disability Action Plan.

Implementing and monitoring

Implementation of the plan will be overseen by the community-led Hamilton Age Friendly Steering group who continue to connect and support community key partners in delivering the actions that have been agreed on. The steering group is made up of members from the older persons sector, and represents a wide range of backgrounds, cultures, professions and experience.

Progress on the implementation of the plan will be reported to Hamilton City Council Elected Members annually through the Community Development team. The plan is due for expiry in 2030, when it will be reviewed and updated to reflect the collaboration between Council and community stakeholders in delivering age friendly practices and services that support older people to live a valued and rewarding life.

Helpful resources/tools for older people



Your Guide to Hamilton

hamilton.govt.nz/new-settlers-directory

This guide to Hamilton provides basic settlement information for people who have recently moved to the city to live, work, or study.

Kai Map

hamilton.govt.nz/kai-map

This map shows people where they can access low or no cost food across Hamilton.

Hamilton City Libraries

hamiltonlibraries.co.nz

- borrowing books, magazines, puzzles, games, and more
- free access to newspapers from local, national and international sources
- creative resources available through two Auaha Makerspace facilities
- meeting rooms
- Justice of the Peace services
- programmes and events for all ages.

Here to Help You

heretohelpu.nz

Support with access to services including free kai, health support, budgeting and more.

Citizens Advice Bureau

cab.org.nz/location/cab-hamilton

Helps people to know and understand their rights and obligations, and how to use this information to get the best outcomes. Provides people with the confidence and support they need to take action, and work for positive social change within communities and wider society. Provides a free and independent service to all.

Welcoming communities

hamilton.govt.nz/community-support-and-funding/welcoming-communities/

You can find this plan on the Hamilton City Council website or pick up a physical copy from your local Hamilton City Library or the Hamilton City Council reception in Garden Place.

Community houses

These organisations provide safe spaces for connection, support and upskilling:

Pukete Neighbourhood House

43 Church Road, Pukete

07 849 1115

www.puketehouse.org.nz

Western Community Centre

46 Hyde Avenue, Newton

07 8474873

www.westerncommunitycentre.org

Te Papanui Enderley Community Centre

66 Tennyson Road, Enderley

0800 363 375

[www.facebook.com/
TePapanuiEnderleyCommunity](https://www.facebook.com/TePapanuiEnderleyCommunity)

Desert Spring Community Centre

408 Peachgrove Road, Fairfield

07 855 2728

[www.discovery.org.nz/desert-spring-
community-centre](http://www.discovery.org.nz/desert-spring-community-centre)

Te Whare o Te Ata

214 Clarkin Road, Fairfield

07 855 7804

twota.org.nz

Waimarie: Hamilton East Community House

53 Wellington Street, Hamilton East

07 8583453

waimarie.house

Te Whanau Putahi

37 Oxford Street, Fairfield

07 855 0990

www.facebook.com/TeWhanauPutahi

Glenview Community Centre

12 Tomin Road, Glenview

07 843 2600

[www.glenviewcommunitycentre.
co.nz](http://www.glenviewcommunitycentre.co.nz)

Te Whare Kokonga

58 Bader Street, Bader

07 843 8811

www.facebook.com/tewharek



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