# THEATRICAL TRAINING

### TAKE THE STAGE ---

### Overview **O**-

The Academy offers students the opportunity for a more intensive course of study in theatre arts. Our inaugural year focuses on acting and important theatrical fundamentals, with classes that provide training to support varied levels of skills and experience. Students ages 13–18 are invited to apply for the year, which runs from September 2025–June 2026 and will be separated into three trimesters. This foundational year allows instructors to prepare for future years' curricula and tailor this year's program directly to the students. While elements of the Academy may be taken independently, the program is designed for students to embark on a significant course of study and build their skills year over year, preparing them for potential careers in Theatre or simply a wonderful love of the arts to take with them beyond their journey here.

### - Application & Placement

The Academy application may be found on our website. Submission is required four weeks prior to the start of the session. Applicants will be placed in the level that best supports their continuous growth, with consideration given to prior experience and past performances, and with reflection on the engagement & involvement with UP and the directorial & education teams.

#### Apply at www.theatreupnh.org



### MORE OPPORTUNITIES

### Studio Workshops 💸

While our Academy offers an intensive program best suited for students interested in being enrolled in continuous theatre training, Theatre UP's Studio program provides opportunities for those who may be interested in topical workshops with a significantly smaller time commitment. Studio classes are open to a broader range of ages. Check our website for the latest list of workshops and dates.

### Youth Production

Theatre UP presents a Youth Production each spring, welcoming young actors to perform in a Junior Show. Our past shows include Disney's "The Lion King JR" and "Finding Nemo JR." We schedule rehearsals after school hours and before dinner so that children can participate, with consideration to schedules that may include other activities such as dance & sports. This is a fantastic opportunity for youth to be part of a musical that provides great fun and the chance to hone all kinds of skills. Check our website for information on upcoming productions and auditions.



### Specialized Training •

Participating in an UP Youth Production includes a focus on acting, singing, and dancing, as well as the opportunity for specialized training. The cast of "Finding Nemo JR" took classes in Puppetry, adding a new skill to their toolboxes. As we select future shows and develop our Academy curriculum, we look forward to offering opportunities for students to receive training in specialized areas of performance studies.



## Theatrical Education & Training

Learn to act from expert instructors with extensive performing arts industry experience. Whether you're looking to improve your theatre skills or preparing for a college theatre program, you'll love the guidance you get from the UP Academy team. Our mission is to provide an intensive study in a supportive and inclusive environment where students can advance their artistic potential. Through weekly classes, we aim to inspire self-expression, cultivate discipline, and build a lifelong love for the arts. We believe in the power of performance to change lives, build community, and create tomorrow's leaders on and off the stage!



### **Future Offerings**

### BEYOND SEASON 46

The Academy will focus on an intensive study in Acting, providing foundational knowledge and skills. Future offerings will build on this study, incorporating elements of Musical Theatre and training in Technical Theatre, which include studies and internships in all aspects of "behind-the-scenes" production such as lighting & sound, scenic, stage management and more. As we develop our instructor base, offerings will expand, providing education & training to those who wish to specialize in specific areas of theatrical arts.





Soft Skills & Social-Emotional Development

## SKILLS FOR LIFE

Whether choosing a life in the theatre or any career path, soft skill development contribute to a successful life. From collaboration to communication and emotional intelligence to self-confidence, these skills play a significant role in determining an individual's success and happiness. Although several tools and processes are used for this training, none are as effective as an education in theatre.



## ACADEMY YEAR ONE PROGRAMMING

### ■● ● Fall 2025-Spring 2026

Opening year of our UP Academy offers an in-depth study of Acting. It is strongly recommended that students enroll for the entire year, as skill-building and mastery of competencies result from consistent engagement and practice.

### Aspiring Actors

Aspiring actors learn to behave logically and naturally onstage. Students work on scene study, monologues, poetry, and audition technique. Relaxation, concentration, collaboration, and focus are stressed. Students are exposed to various techniques including: Spolin, Stanislavski, Hagen, Meisner, and Alexander techniques. We work on speech, diction, and improvisation during every class meeting.

### Schedule

Mondays & Fridays 4:30-6:00PM

Session 1: September 15 - December 12, 2025

Session 2: January 5 - March 20, 2026

Session 3: April 6 - June 19, 2026

### Young Actors

Young actors focus on choosing and preparing monologues, improvisation skills, cold readings and audition technique. Actors learn to behave logically and naturally. Relaxation, concentration, and focus are stressed. Students are exposed to various techniques including: Spolin, Stanislavski, Hagen, Meisner, and Alexander techniques. We work on speech and diction during every class meeting.

#### Schedule

Mondays & Fridays 6:30-8:00PM

Session 1: September 15 - December 12, 2025

Session 2: January 5 - March 20, 2026

Session 3: April 6 - June 19, 2026

### Tuition: \$375 per trimester

### Apply at www.theatreupnh.org

Theatre UP is a registered EFA provider, accepting payment through Class Wallet. Scholarships are also available. Please see the scholarship form on the application page.