

## Great Neck | Mt. Sinai Women's | Maternal Medical Care | Fetal Medicine

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A.C.R. ACCREDITED - American College of Radiology
AIUM ACCREDITED - American Institute of Ultrasound in Medicine



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Patient's Name				Date	1
Referring Physician				Tel #	
Clinical History (Please bring copies of pertine	nt medical records)				
BREAS	T EVALUATION			ULTRASONOGRAPHY	ANTEPARTUM TESTING
<ul> <li>□ Screening Mammogram</li> <li>□ Diagnostic Mammogram</li> <li>□ Breast Exam</li> <li>□ Breast Sonogram</li> <li>□ Fine Needle Aspiration / Biopsy</li> <li>□ Core Biopsy/ Cyst Aspiration</li> <li>□ Ultrasound Guidance</li> </ul>	BILATERAL	LEFT	RIGHT	OB / Gyn Procedures  □ Pregnancy Sonogram □ Pelvic Sonogram Transabdominal □ Pelvic Sonogram Transvaginal □ Ovarian Cancer Screening □ Ovarian Color Doppler □ Saline Infusion Sonohysterography (SIS)	<ul> <li>□ Pregnancy Sonogram</li> <li>□ Biophysical Profile</li> <li>□ With NST</li> <li>□ Without NST</li> <li>□ Obstetrical Doppler</li> <li>□ Fetal Echocardiography with Doppler Echocardiography and Color Flow Velocity</li> </ul>
Please mark location of any palpable lump(s) We suggest the following symbols:				General Ultrasonography Procedures  Applications	
Discrete Diffuse		or nipple retraction	<ul> <li>□ Amniocentesis</li> <li>□ Blood Type</li> <li>□ Chorionic Villus Sampling</li> <li>□ Blood Type</li> <li>□ Multifetal Pregnancy Reduction</li> <li>□ Non-Stress Test</li> </ul>		
				☐ Other	OSTEOPOROSIS SCREENING  ☐ Bone Densitometry (DEXA)

□ Osteoporosis Consultation

## PREPARATION FOR DIAGNOSTIC PROCEDURES

#### **ULTRASONOGRAPHY:**

## COLOR DOPPLER IMAGING AND SALINE INFUSION

#### **SONOHYSTEROGRAPHY**

No preparation is necessary for the exam, however must be scheduled day 5-10 of menstrual cycle.

## PELVIC SONOGRAM TRANSABDOMINAL

A full bladder is necessary for the exam. In order to have a full bladder, please drink 32 oz. of liquid 1 hour before exam. Do not empty bladder.

#### PELVIC TRANSVAGINAL

No preparation is necessary.

#### PREGNANCY SONOGRAM

OB from 4-28 weeks, no preparation is necessary. For 28 weeks to term, <u>eat</u> one hour before visit, unless your doctor indicates otherwise.

#### ABDOMINAL, GALLBLADDER AND RENAL SONOGRAM

Do not eat or drink starting at midnight the evening before the exam. If your sono is later in the day, you may not eat for 6 hours before the appointment time. You may drink water only and you can take any of your prescribed medications.

Please call the office if you have any questions regarding preparations for studies.

#### MAMMOGRAPHY:

Please schedule appointment within the first two weeks of your menstrual cycle, when pregnancy is unlikely and breasts are less sensitive.

**DO NOT USE** any powder or deodorant the day of the test (Powder and the microcrystals in deodorant can cause confusing shadows on the x-rays which may require additional views.)

Wear comfortable clothes (a blouse and skirt or slacks) for the test.

# PLEASE BRING PREVIOUS MAMMOGRAPHY FILMS WITH YOU

#### **DIRECTIONS:**

Great Neck Women's Medical Care is located on Northern Blvd. between Lakeville Road and Community Drive.

#### By Car

#### From Manhattan or Queens

<u>Long Island Expressway to Exit 33 - Lakeville Road.</u> Make a left turn onto Lakeville Rd. Drive 1 mile and make a right turn onto Northern Blvd. (25A). The office is 1/2 mile on right side.

Grand Central Parkway to Exit 25 - Lakeville Road. Make a right turn onto Marcus Avenue and then an immediate right onto Lakeville Road. Drive to Northern Blvd. and make a right turn. The office is 1/2 mile on the right side.

#### From Long Island

Long Island Expressway to Exit 33 - Lakeville Road. Make a right turn onto Community Drive. Drive 1 mile to Northern Blvd. (25A). Make a left turn onto Northern Blvd. The office is near the top of the hill, on the left side.

Northern State Parkway to Exit 25 - Lakeville Road. Make a right turn onto Lakeville Road. Drive to Northern Blvd. and make a right turn onto Northern Blvd. The office is 1/2 mile on the right side.

#### By Bus The follo

The following buses stop on Northern Blvd. near the office: N20, N21, N25

## **By Train**

The Great Neck Port Washington
Line to Great Neck
Station. Cabs are
available at the
station, which
is approximately
1 mile from the office.

