



# EMMA SHIELS

Occupational Therapist &  
Moving and Handling Practitioner

## **Profile**

-  07756 060699
-  emma@supportiveaction.com
-  www.supportiveaction.com
-  Manchester & Cheshire West

I am a hardworking and compassionate Occupational Therapist with excellent communication and problem-solving skills. I have experience working across the Private sector and Local Authority settings. I also conducted my OT placements within the NHS and charity sectors. I have written specialist assessments, delivered complex rehabilitation interventions and moving and handling plans, alongside ensuring that I am collaborating within multidisciplinary teams to support clients in achieving meaningful and sustainable outcomes.

## **Key Qualifications**

- Bachelor of Science: Occupational Therapy | Sheffield Hallam University | 2:1 Honours Degree (2022)
- Bachelor of Arts: Television and Radio | University of Salford | 2:1 Honours Degree (2016)
- GCSEs: English (A), Maths (C), Science (C) | St Mary's High School, Astley, Manchester
- Moving and handling experience (Proportionate Handling Course Level 4)



## **Key Achievements**

- Treatment planning and therapeutic interventions
- Patient and family education
- Housing adaptations and DFG processes
- Communication and interpersonal skills
- Strong organisational and time management skills
- Excellent written reporting and assessment writing
- Full UK Driving Licence
- Moving and handling specialist





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## Work Experience

### Occupational Therapist and Moving & Handling Practitioner

SupportiveAction Ltd

Sept  
2025  
–  
Present

In my role I carry out thorough assessments and develop tailored treatment plans for adults and children with a range of functional, motor, and sensory needs. I have experience working with clients recovering from complex physical injuries, brain injuries, and neurological conditions. I analyse daily living activities to support independence, provide training to care teams, and deliver focused therapy and functional rehabilitation. My work also includes identifying and implementing specialist equipment.

### Grade 9 – Occupational Therapist (Adults and Pediatrics) DFG / Moving & Handling Team

Cheshire East Council – Cheshire East, UK

Feb  
2025  
–  
Present

Within this role, I am experienced in assessing the delivery of the Disabled Facilities Grants (DFG), specialist equipment provision, and conducting moving and handling assessments to promote client safety for both adults and children. In August, I joined the Moving and Handling Team as part of a rotational post, providing advice and recommendations to support safe and effective moving and handling for service users and carers.

- Deliver training and guidance to colleagues and support staff on safe handling techniques and use of specialist equipment, conducting equipment demonstrations, justifications for funding and training.
- I have undertaken Proportionate care level 4, adults and pediatrics manual handling training.
- Demonstrate a client-centred approach, ensuring all interventions are tailored to individual needs and aspirations.

### Band 6 Community Neuro Occupational Therapist

Munro Therapy Services

Aug  
2022  
–  
Feb  
2025

I started this Role in November 2019 as an OT assistant, quickly joining the OT Apprenticeship degree with Sheffield Hallam in January 2020. I then qualified as a band 5 OT in August 2022. During my time as an Occupational therapist with MTS I have worked with a complex caseload of paediatrics and adults with acquired brain injuries across the North West of England. I was responsible for delivering client-centred assessments, interventions, guidelines and comprehensive reports for case managers and solicitors. This role focused on rehabilitation, recommending equipment, alongside liaising with architects to ensure the design or adaptation of a property was suitable.



Professional references available upon request

