

Retirement Village Safety Checklist

Use this checklist to review your village's safety systems and resident support. Tick each item as you go.



CHECKLIST	HOW INS LIFEGUARD CAN HELP
FALL PREVENTION	INS LifeGuard can help:
<input type="checkbox"/> Hallways, common areas and outdoor spaces are well lit	<ul style="list-style-type: none">• Fall detection pendants and wristwatch alarms• Voice-activated call points for hands-free alerts• 24/7 nurse-monitored Emergency Response Centre• Wearable transmitters suitable for shower use
<input type="checkbox"/> Raised toilet seats and handrails fitted in bathrooms	
<input type="checkbox"/> Non-slip flooring in wet areas and high-traffic zones	
<input type="checkbox"/> Residents have access to a personal alarm or call point	
<input type="checkbox"/> Emergency call points installed in high-risk areas	
FIRE SAFETY	INS LifeGuard can help:
<input type="checkbox"/> Smoke detectors installed in all units and common areas	<ul style="list-style-type: none">• Advanced smoke detectors linked to our Emergency Response Centre• Indoor strobe lights for residents with hearing impairments• Remote access management to facilitate emergency services• Secure Manager's Portal for real-time evacuation alerts
<input type="checkbox"/> Sprinkler systems in kitchens and laundry rooms	
<input type="checkbox"/> Fire extinguishers accessible throughout the village	
<input type="checkbox"/> Emergency communication system in place for evacuations	
<input type="checkbox"/> Fire safety equipment inspected and maintained regularly	
ACCESS CONTROL	INS LifeGuard can help:
<input type="checkbox"/> Controlled entry and exit points with gated access	<ul style="list-style-type: none">• Smart home automation — lighting, locking and access• Remote door unlocking by INS nurses in emergencies• Secure key holder PIN storage to prevent forced entry• Village Manager's Portal for broadcasting alerts to all residents
<input type="checkbox"/> Cameras, intercoms and gate systems regularly maintained	
<input type="checkbox"/> Evacuation plans established and communicated to residents	
<input type="checkbox"/> Designated security key holders appointed	
<input type="checkbox"/> Residents encouraged to report unusual activity	

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CHECKLIST	HOW INS LIFEGUARD CAN HELP
MEDICAL ASSISTANCE	INS LifeGuard can help:
<input type="checkbox"/> Secure access to each resident's medical history and medications	<ul style="list-style-type: none">• Personal alarm systems with TeleHealth features• 24/7 nurse support for welfare checks and health queries• Vital signs monitoring via smartwatch or app• LifeGuard SmartCarer App for family and carer access to alerts
<input type="checkbox"/> Well-organised care plans and assessment records maintained	
<input type="checkbox"/> Personalised care plans developed with residents and family	
<input type="checkbox"/> Welfare checks conducted for residents returning from hospital	
<input type="checkbox"/> On-call support available for health concerns	
SOCIAL & MENTAL HEALTH SUPPORT	INS LifeGuard can help:
<input type="checkbox"/> Regular mental health assessments conducted for residents	<ul style="list-style-type: none">• Free 24/7 Nurse Chat Line — friendly support for residents feeling isolated• Health Information Line with personalised answers at no extra cost• On-call nurse assistance for health concerns any time of day or night
<input type="checkbox"/> Inclusive, respectful environment fostered across the community	
<input type="checkbox"/> Residents experiencing isolation have access to support	
<input type="checkbox"/> Entry and exit equipment maintained and accessible for all	
<input type="checkbox"/> Residents and families know how to access help quickly	

Want to strengthen your village's safety systems?

Talk to the INS LifeGuard team — we specialise in retirement village monitoring solutions.



1800 636 226



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