

Real Nurses. Real Care.
Always There.

Protect Workers. Support Psychosocial Safety. Evidence Duty of Care.

INS LifeGuard helps employers strengthen worker protection with monitored personal alarms, safety check-ins, GPS support, fall and crash detection, workplace emergency devices and 24/7 nurse response.

Whether workers are alone, mobile, attending homes, managing aggression, travelling between sites or working after hours, INS LifeGuard gives them a direct connection to qualified nurses and emergency escalation when needed.



24/7 Nurse Response



100% Australian-Based Monitoring



ISO 9001:2015 Certified



GPS Location Support



Manager's Portal



More than an alarm. Real nurses answer the call.

When a worker triggers an alert, misses a check-in, or needs support, they are connected to INS LifeGuard's 24/7 Emergency Response Centre. Unlike standard alarm monitoring, INS LifeGuard emergency calls are answered by qualified nurses — meaning workers receive calm triage, de-escalation, practical advice and appropriate escalation when needed.

3 WHS risks INS LifeGuard helps address

Physical incidents

Falls, vehicle incidents, sudden illness, injury, aggression, or incapacitation can leave a worker unable to call for help.

INS support: Emergency button, fall/crash detection, GPS support, two-way communication, and nurse response and escalation.

Psychosocial hazards

Workers exposed to aggression, stress, isolation, trauma, unsafe situations, or post-incident distress may need early support.

INS support: 24/7 nurse chat line, clinical de-escalation, and support from qualified nurses when workers feel unsafe, unwell, or distressed.

Evidence gaps

A written policy may not show that daily safety processes were active.

INS support: Manager's Portal records check-ins, alerts, activations, and response activity, helping employers maintain visibility and evidence of active safety processes.

From policy to active protection

Check in



Monitor



Nurse response



Escalate



Record

INS LifeGuard helps employers turn lone worker safety into an active, monitored and evidence-backed response system. Nurses assess and support workers first, then escalate to emergency services, managers or nominated contacts if needed



Speak with a specialist about the right solution for your workforce

1800 636 226

inslifeguard.com.au

Request a callback

WHS Safety Solutions for Every Work Environment

Choose the right safety layer for your workers, workplace, and risk profile.

PRODUCT	SOLUTION	KEY FEATURES
 INS LifeGuardian® Watch	Supplied Samsung or Apple smartwatch safety solution	Emergency button, safety check-ins, GPS support, fall detection, two-way communication and premium health monitoring*
 INS LifeGuardian® App	BYO compatible smartphone safety solution, with optional BYO smartwatch connection	Emergency button, safety check-ins, GPS support, fall detection, crash detection, geofence alerts, compatible smartwatch pairing and premium health monitoring*
 SmartTracker & SafetyWatch	Dedicated GPS safety devices for travelling, remote and higher-risk workers	GPS location support, emergency alerts, fall detection, crash detection and worker location visibility
 Workplace Base Unit	Fixed-location safety support for offices, clinics, reception areas and higher-risk workplace zones	Two-way talk, workplace emergency support, optional call points for high-risk or high-slip areas, and optional smoke detection

Every monitored solution is backed by INS LifeGuard's 24/7 nurse-led Emergency Response Centre, staffed by qualified nurses and healthcare professionals.

**Premium health monitoring requires a Premium plan and a compatible smartwatch/device. Fall and crash detection availability may depend on device type and operating system.*

Could your current safety system show this?

- Can workers get help if they are injured, threatened, unwell or unable to call?
- Do missed check-ins automatically trigger a response?
- Can workers access support during distress, aggression or isolation?
- Can your workplace provide fixed-location emergency support for staff, visitors, clients or contractors?
- Can you show records of safety activity, alerts and response events?
- Can your system support mobile, remote, in-home, after-hours, office-based and lone work environments?



Read the full employer guide to worker safety

**Protect your people.
Strengthen your safety system.**

1800 636 226

inlifeguard.com.au