HOUHIA Equity by Design Project

PHASE 1: DISCOVER

Building Equity and Tiriti Tools for the Health System





MINISTRY OF HEALTH





JADE CHASE I CHIEF ADVISOR PAE ORA Māori Health Directorate I Ministry of Health



Part 1:

The kaupapa

HOUHIA - EQUITY BY DESIGN

PROJECT

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PHASE ONE - DISCOVER

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The kaupapa

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Phase 2 Dream Phase 3-Prototype

Phase 1
Discover

Phase 4
Refine & Scale

Understand what equity and Te Tiriti tools currently exist

Understand the utility, usability and desirability of the Health Equity
Assessment Tool (HEAT)

Capture the sector's experience, insights, needs and wants around equity and Te Tiriti design

Determine future opportunities, including digital and technological possibilities.

Phase 1: Discover goals





Part 2:

Why this kaupapa is important

HOUHIA: EQUITY BY DESIGN

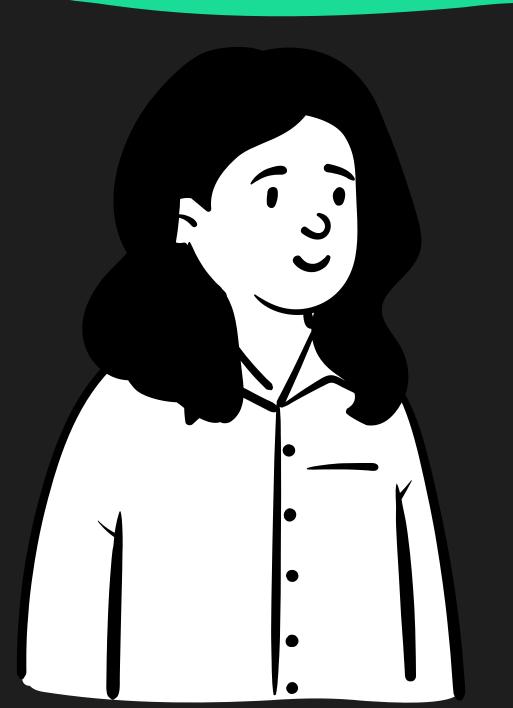
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PHASE ONE

PROJECT

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We acknowledge that, as stewards of the health system, we can, and must, do better.



Achieving equity for Māori and meeting our Te Tiriti obligations is a responsibility

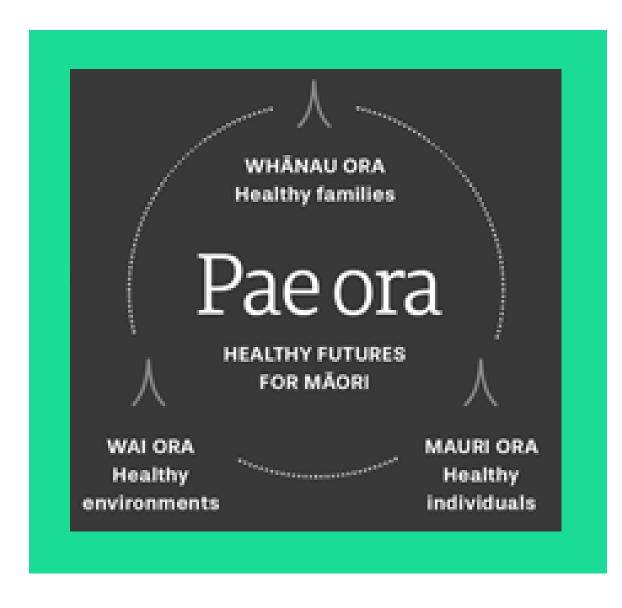
In Aotearoa New Zealand, people have differences in health that are not only avoidable but unfair and unjust. Equity recognises different people with different levels of advantage require different approaches and resources to get equitable health outcomes.

As a Department of the Public Service, the Ministry of Health has a responsibility to contribute to the Crown meeting its obligations under Te Tiriti o Waitangi.

Achieving the aims of He Korowai Oranga

he Korowai Oranga sets the overarching framework that guides the Government and the health and disability sector to achieve the best health outcomes for Māori.

The vision is Pae Ora (Healthy Futures for Māori) - a holistic concepts that includes three interconnected elements:



From strategy to action

Whakamaua: Māori Health Action Plan 2020-2025 sets the Governments direction for Māori health advancement over the next five years. Within it are a suite of priority areas, objectives and actions. This project aligns to two actions within Whakamaua, as detailed in the boxes below.

Like <u>Ao Mai Te Rā - the anti-racism project, He Kawe Mātauranga Framework</u> and the <u>Commissioning for Pae Ora Framework</u> - the <u>Houhia - Equity By Design Project</u> is a flagship kaupapa within Whakamaua that will contribute to much needed, systemlevel and system-wide transformation of the health and disability system.

PRIORITY AREA

Quality and Safety

6

Review and implement a refreshed Health Equity Assessment Tool.

PRIORITY AREA

Performance and Accountability –

Develop and implement Māori health equity and Te Tiriti tools and resources to guide the health and disability system in its strategies, planning, monitoring and accountability documents.

Whakamaua Māori Health Action Plan 2020-2025

Our brand

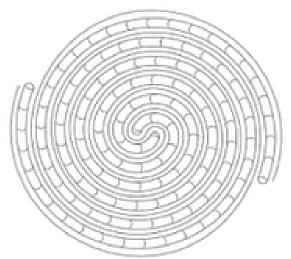
Lashings or bindings are commonly used on waka to tie and hold together the different pieces of the waka.

Niho taniwha patterns represent learning from lessons of the past, making better decisions in the present, to create better futures for our grandchildren.

The takarangi spirals represents Ranginui and Papatūānuku, the centre of it represents the origin of all.

Kia hohou i te rongo (working towards peace). Equity is a journey. Like waka lashings, equity tools can support and connect us on this journey.







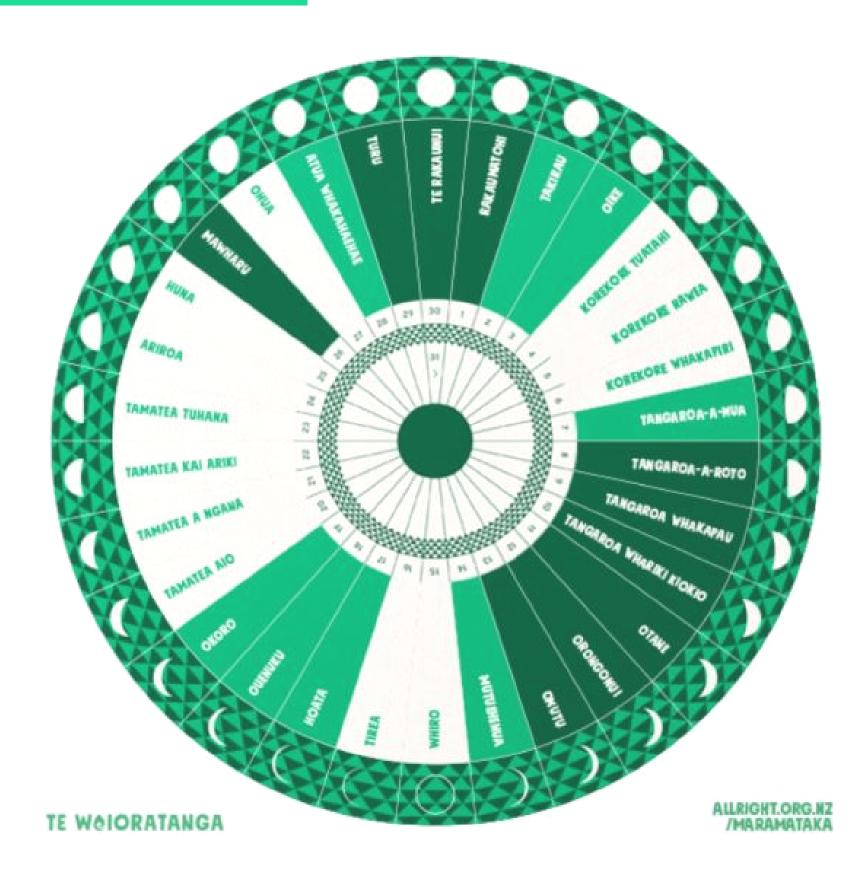
Embracing the Maramataka

The Maramataka is the Māori lunar calendar, and is the traditional Māori way by which time was marked. Instead of following the movement of the sun throughout the year, iwi in history noted the movements of the moon over a typical month and year, and marked by the passage of 12 or 13 lunar months (depending on the location throughout the country) and each phase of the moon was named.

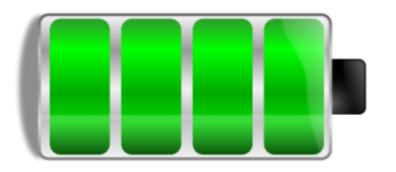
The Māori calendar begins in Pipiri (June/July) with the reappearance of the Matariki star cluster signalling the New Year.

The Maramataka signals shifts in energy levels caused by the gravitational forces of the moon, sun, and earth. The energy levels set different times for things to grow, to be active, and to regenerate. We humans are also pulled by gravitational forces, which affect our biology and emotions, thus impact our productivity and effectiveness.

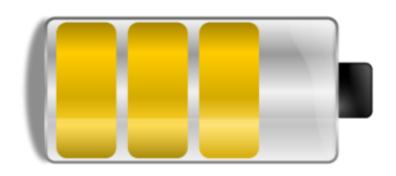
There are a variety of activities that will be undertaken throughout the life of this project. This includes, but not limited to - planning, wānanga, user engagements, communications, reflection, creative content development and research. The ensure the highest level of productivity and success, the scheduling of these activities will be informed by the maramataka.



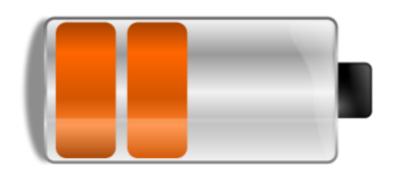
HIGH - SURGING ENERGY



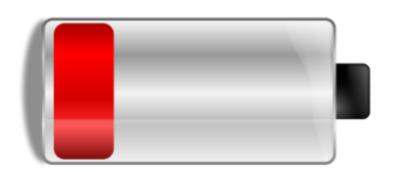
BUILDING ENERGY



LOW - RISING ENERGY



STATIC - UNPREDEICTABLE ENERGY



A GOOD PERIOD FOR...

- Decision-making
- Hui and wānanga
- Engagements interviews/focus groups
- Complete tasks
- Productivity
- Trying something new
- Celebrating wins

- Mobilising energy and agency
- Travel
- Pitching new ideas
- Research
- Being active

- Having a break
- Reflection
- Reading
- Planning and scheduling
- Practicing mindfulness

- Not making big decisions
- Having patience
- Being mindful of your words
- Self-care

MARAMATAKA DAYS

Oturu
Rakau-nui
Rakau-matohī
Tangāroa-a-roto
Tangāroa-whakapau
Tangāroa-a-kiokio
Hoata
Māwharu
Otane
Orongonui
Māuri

Ouenuku Ari Maure Turu Rakaunui Rakaumatohi Ohua Takirāu Tangāroa-a-mua Hoata Okoro

Whiro
Tirea
Tamatea-kai-ariki
Ariroa
Hoata
Oike
Tamatea-a-aio
Tamatea-whakapau
Atua whakahaehae

Whīro
Tamatea-a-ngāna
Tamatea-a-hotu
Korokoro te whīwhīa
Korekore te rāwea
Korekore te piri ki Tangāroa
Huna

Co-design Rōpū members

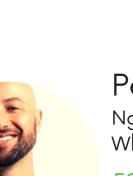


Manaaki Nepia Waikato, Tainui WAIKATO TAINUI / STRATEGY & RELATIONSHIP MANAGER lwi Strategy



Tuihana Ohia Ngai Te Rangi, Ngāti Pūkenga WOO WELLBEING, CO-FOUNDER

Provocateur & wellbeing expert



Pera Barrett Ngāti Raukawa ki te Tonga, Te Ati Awa ki Whakarongotai, Ngāti Toa Rangatira FOUNDER | SHOEBOX CHRISTMAS **AOTEAROA** & EQUITY LEAD, MANATŪ HAUORA





Ezekial Raui Te Rarawa, Ngāpuhi CHIEF ADVISOR - TE AO MĀORI & SOCIAL INNOVATION, SKILLS **CONSULTING GROUP**





Mary Lose Waikato, Tainui / Samoa CHIEF EQUITY LEAD WHAKARONGORAU AOTEAROA Equity & customer experience expert

Māori entrepreneur & equity expert



Timoti Pahi Rereahu ki Maniapoto CHIEF MĀORI ADVISOR, HATO HONE/ST JOHN Māori health / Clinical



Eloise Pollard TAUIRA - OTAGO UNIVERSITY Researcher



To'a Fereti Samoa CHIEF CLINICAL ADVISOR, PACIFIC HEALTH - MANATŪ HAUORA Pasifika Health / Nursing



Bridget Robson Ngati Raukawa, te au ki te tonga, Ngati Kea Ngati Tuara RESEARCH ASSOCIATE PROFESSOR,

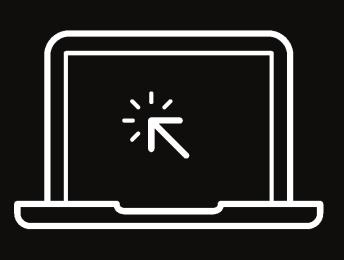
DIRECTOR OF TE ROPŪ RANGAHAU HAUORA A ERU POMARE

HEAT creator/Academia



Louise Signal PROFESSOR DEPARTMENT OF PUBLIC HEALTH

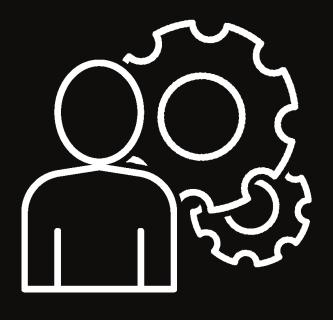
Deliverable approaches and artefacts



Stocktake of equity & Te Tiriti



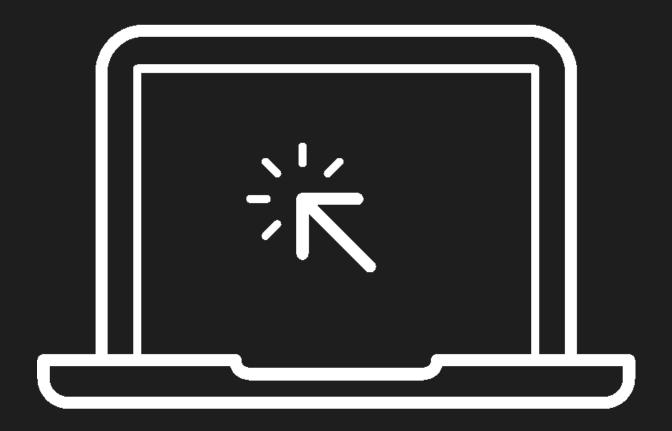
Health Equity
Assessment
Tool review



Developing User Persona's



Horizon Scan



Stocktake of equity and Te Tiriti tools





Deliverable one stocktake

We will will conduct a stocktake of existing and emerging equity and Te Tiriti o Waitangi tools and resources from Aotearoa and beyond.

This will involve a mix of desktop research, connecting with and hearing from the sector and equity/Tiriti experts, and the exploration of health library archives and databases.

The stocktake report is a critical piece of work to inform the next phase (Imagine/Ideation) of the Equity By Design Tools Project.

Equity Tools Stocktake

TAGS:

Approach: #cultural-capability #te-tiriti-training #intervention-dev #intervention-specific #delivery-model #guiding-principles #service #action-plan #specific #client-evaluation #process-assessment **Cultural inclusiveness:** #te-ao-maori #tikanga #te-tiriti #tino-rangatiratanga #by-maori-for-maori #whanau-centred #kaupapa-maori (#k-m won't additionally tag #te-ao-maori #tikanga #te-tiriti)

Plus: we've indicated if a tool has been #visualised

<u>Te Whare Tapa Whā</u>	<u>Te Wheke</u>	<u>Te Pae Māhutonga</u>	Whakamaua Action Plan 2020 – 25
1984	1997	1999	2020
Provide a Māori perspective of the interconnected aspects of wellbeing #cultural-capability	Highlight the interconnected nature of family health (in contrast to individualised Western approach) #cultural-capability	Ensure that all the essential aspects of health promotion and protection are addressed in the public and community healthcare. #guiding-principles	Achieve better health outcomes for Māori by setting govt direction for Māori health advancement over the next five years. #action-plan #guiding-principles
Community and public health professionals + communities	Community and public health professionals + communities	Community and public health professionals	Ministry of Health, the health + disability sector, + wider government
#visualised wellbeing framework depicts health and wellbeing as a wharenui/meeting house with 4 walls. When all 4 are in balance, we thrive. When one or more of these is out of balance our wellbeing is impacted. #teaomaori	#visualised framework of octopus to depict holistic family health. Shows aspects of Māori life and health as interconnected – enabling an inclusion of family, spirituality and ancestors. #te ao maori	#visualised framework of 4 stars representing 4 key goals of health promotion: physical environment, health lifestyles, participation in society + cultural identity. 2 pointers representing two prerequisites for effectiveness: leadership and autonomy. #te ao maori	Roadmap of actions that contribute to achieving the vision of Pae Ora for Māori, relating to 4 key outcomes, including monitoring strategy. #kaupapa-maori #visualised #tino-rangatiratanga #te-tiriti
Mason Durie	Rose Pere	Mason Durie	Ministry of Health. Māori-led. Te Tiriti informed.
Has inspired multiple kaupapa and ways of working. Focused more on what vs how. High level how outlined in regards to diabetes.	Useful for highlighting holistic nature of Māori worldview. Focused more on what (shared understanding) vs how.	Guiding principles. Focused on what vs how.	Well visualised. Strong hierarchy of info. Not exactly a tool but will influence future equity tools in health sector.
	Provide a Māori perspective of the interconnected aspects of wellbeing #cultural-capability Community and public health professionals + communities #visualised wellbeing framework depicts health and wellbeing as a wharenui/meeting house with 4 walls. When all 4 are in balance, we thrive. When one or more of these is out of balance our wellbeing is impacted. #teaomaori Mason Durie Has inspired multiple kaupapa and ways of working. Focused more on what vs how. High level how	Provide a Māori perspective of the interconnected aspects of wellbeing #cultural-capability Community and public health professionals + communities Community and public health professionals + communities #visualised wellbeing framework depicts health and wellbeing as a wharenui/meeting house with 4 walls. When all 4 are in balance, we thrive. When one or more of these is out of balance our wellbeing is impacted. #teaomaori Mason Durie Rose Pere Has inspired multiple kaupapa and ways of working. Focused more on what vs how. High level how Highlight the interconnected nature of family health (in contrast to individualised Western approach) #walls, light the interconnected nature of family health (in contrast to individualised Western approach) #visualised Western approach) #visualised framework of octopus to depict holistic family health. Shows aspects of Māori life and health as interconnected – enabling an inclusion of family, spirituality and ancestors. #te ao maori Useful for highlighting holistic nature of Māori worldview. Focused more on what (shared understanding) vs	Provide a Māori perspective of the interconnected and perspective of the interconnected aspects of wellbeing #cultural-capability Provide a Māori perspective of the interconnected nature of family health (in contrast to individualised Western approach) #cultural-capability Community and public health professionals + communities Community and public health professionals + communities Community and public health professionals + communities #visualised wellbeing framework depicts health and wellbeing as a wharenui/meeting house with 4 walls. When all 4 are in balance, we thrive. When one or more of these is out of balance our wellbeing is impacted. #teaomaori Mason Durie Rose Pere Highlight the interconnected nature of family health (in contrast to individualised Western approach) #visualised Western approach #visualised framework of octopus to depict holistic family health. Shows aspects of Māori life and health as interconnected – enabling an interconn

Deliverable two - HEAT Review

We will develop a 'discovery framework' outlining what we want to understand further, who we will engage with, and how we will do this, will shape our approach, empathy tools and templates for deliverables two and three (with some slight variances*).

We will engage with a range of kaimahi in the health and disability system via:

- A series of hui to identify themes and gaps to explore further in the empathy interviews.
- Empathy interviews with up to 16 people to understand their experiences and broader perceptions, challenges and hopes in relation to addressing equity.
- *Observing and testing how people engage with the HEAT tool to gain a detailed understanding of its usability and desirability in their context.

After testing the early insights and ideas, we will work with creatives (e.g. illustrators, videographers, artists) to bring the HEAT Review insights to life through a highly visual outputs (VO1) and a light report with recommendations.



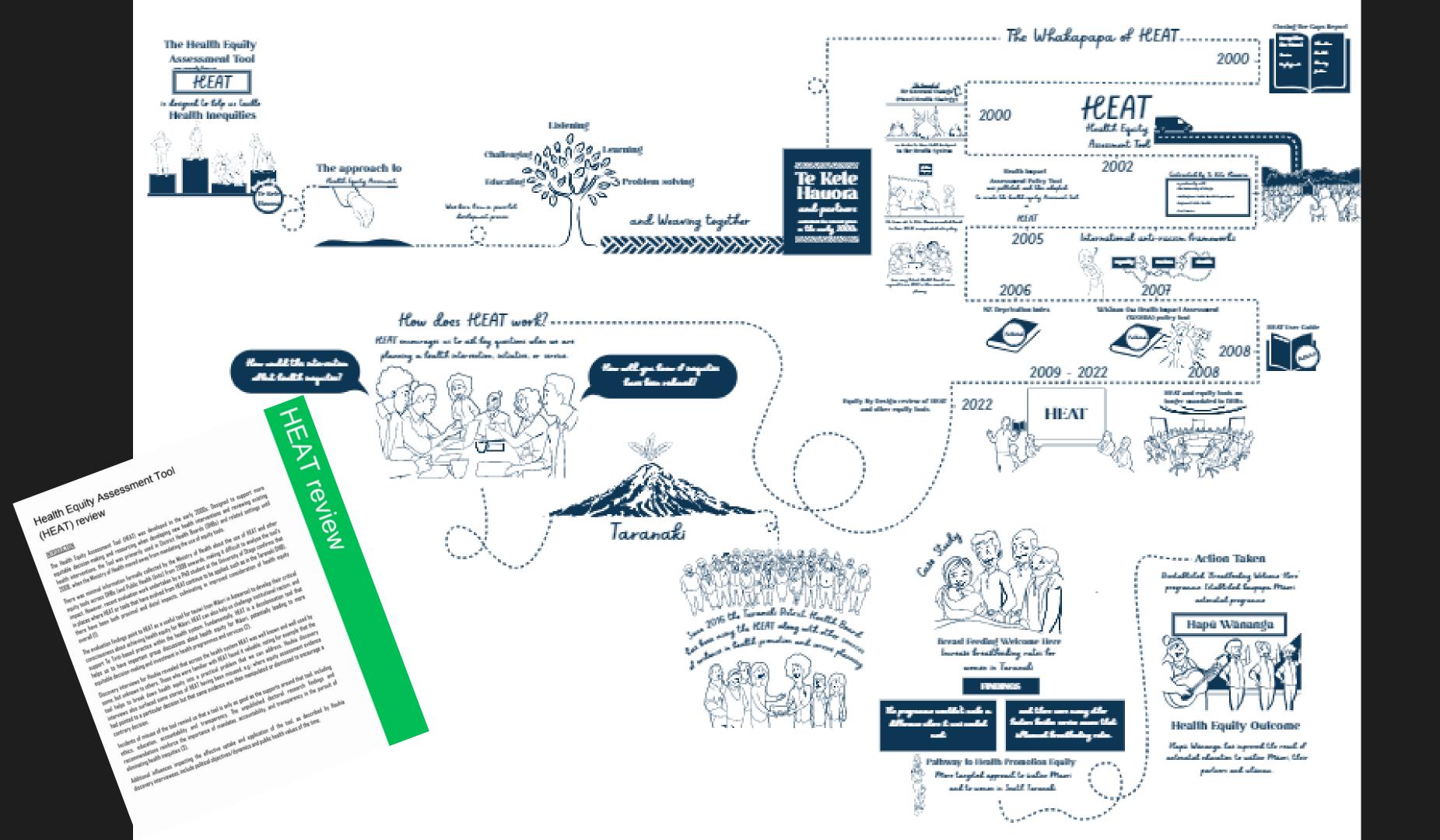
Review of the Health Equity Assessment Tool

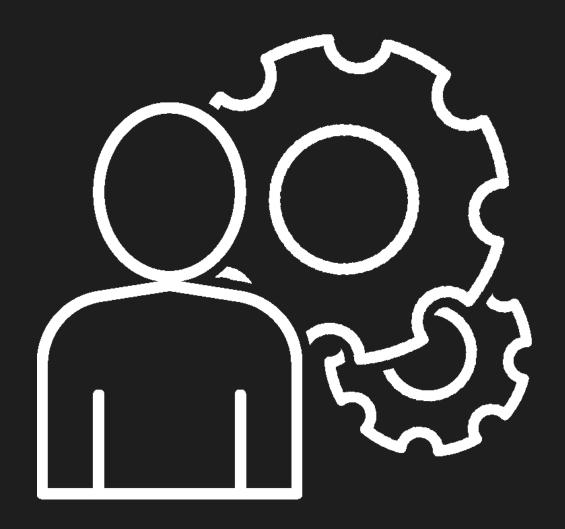
ARTEFACTS produced











Developing End User Persona's

ARTEFACTS produced







Deliverable three - Persona's

The discovery process for this piece will align to, and be done simultaneously with, the HEAT Review involving engagements with a range of kaimahi in the health and disability system (with some slight variances*). This includes:

- A series of hui to identify themes and gaps to explore further in the empathy interviews.
- *Engaging with up to 6 wider informants these might be people who have deep knowledge in a niche area relating to equity in Aotearoa, mātauranga and rongoā Māori, or the wider health and disability system.
- Empathy interviews with up to 16 people to understand their experiences and broader perceptions, challenges and hopes in relation to addressing equity.

After testing the early insights and ideas, we will work with creatives to bring the persona's to life through a highly visual output (VO2) and a light report ensuring they are accessible, digestible, and engaging for a broad audience.



Deliverable four - Horizon scan

Using Innovation Unit's database of over 550+ innovation case studies, desk research, and key informant interviews, we will develop a set of 5-10 'horizon scans' or examples of best and next practice in equity across Aotearoa and the world.

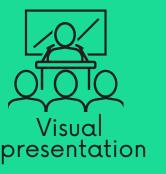
We will briefly document approaches to equity which are interesting, innovative and impactful, drawing out the key features in order to encourage bold and creative thinking about what might be possible. Along with specific case studies, we will explore the context in which they exist: the opportunities, challenges and constraints which underpin and determine how those approaches work in that specific situation.



Horizon scan

ARTEFACTS produced







understand equity when it's explained in a context they understand and are invested in sharms barrett. Data and Digital, Ministry of Health

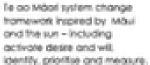
Te Tirti Driven Equity Planning Process Wananga

In 2022 Aperahama Barrett (Ngôti Raukawa, Te Āñawa, Ngôti Too) from the Ministry of Heath Data. and Digital Team was tasked with developing a Te Tittl-driven easily planning process to engage teams involved in the health system across a spectrum of Te Tirtli awareness and its applications.

Equity planning warshops are facilitated online using the MIRO collaborative platform to identify equity issues, explore enablers and barriers and haw to address them. Supports litting perspectives + efforts above slos. The evolving format: 1, define problem statement, 2 librero about lie Tritl 1, create empathy map of the Tirtli in action in the team's context 4, create apportunity statements 5, prioritise apportunities 4. develop five SMART actions (specific, measurable, achievable, relevant, time-bound)

- 10-12 fears have been through the process to date (the largest 460 people across multiple sessions)
- Every w\u00e4nanga has resulted in enhanced understanding of where a programme can direct its time. nd season to impact are the god to first expossibilities. Cit \$1 i \$5/745 for the lad conductor outs by

Currently an MVP so being iterated to support teams to identify the current state. create aspirations for change. define opportunities and prioritise actions that can be embedded. Also considering apportunities to scale.





Multip is probably the leading example of healthcare redesign... the quality of care is the highest I have seen anywhere in the wedst, and the costs are highly sustainable. It's estimation; it is surely leading healthcare to its new and proper destination. – former US President Obama

Multidimensional welfness can only occur effectively in a relationship-based system of care designed by and for the

NUKA System of Core

Nuks was established 20+ years ago by the Southcentral Foundation -profit healthcare organisation employing 2.500+ people serving 45,000+ Indians. Nuka is an Alaska native word that means strong, giant structure

Nuka System of Care is an Alaskan relationship-based, customer-owned to transforming health care, improving outcomes and reducing casts, it delivering medical, dental, behavioural, traditional healthcare and supp native community that enjoys physical, mental, emotional and spirituals changing needs, enhance culture and empower individuals and familie

Significant decrease in ER visits, reduced hospital discharge delays + Reimproving health outcomes, * 97% outcomer-owner satisfaction, 95% enattracted a range of awards and is recognised globally as a quality pro-Alongside Western health approaches, enhances cultural wellbeing that learning circles • established culturally and spiritually aligned therapeutimedium security correctional centre. CHALLENGES Changing needs of met through building relationships to co-design new models.

International Inspiration Scan

Wish Telehealth (IE) - British calonisation led to poor health outcomes. Telehealth example of turning this ground (+ annual health spend per capita almost twice higher than N2)

EWJ Foundation (US) - Large NGO coordinating with policymakers, business traders and community groups to create sustainable systems change around health and wellbeing.

Looking Forward Maying Forward (AU) - Driving change to organizational policies and practices through direct and sustained co-design with indigenous community leaders

Wyngening Alcohol + Drug Services (AU) - Aboriginal community-led organisation providing free, culturally informed, holistic services to Aboriginal people in Perth metro.



eggs of software products haved on whatawhenessgalange coedics the dedresy of solutions

Emergency O

After a weekend top to a crowded emergency department with his son, founder MontePita wanted to enhance patient outcomes and experiences by improving the triage process to reduce heightal lead.

Led by Morrio Pita (Ngàtissu i, Ngàti Hine) Emergency Q iorun by a small, diverse team quided by kaspapa Māos to serve patients through supporting secondary and primary care trains.

Emergency Q is a cloud based platform which integrates reconducy and primary care teams in real time - aimed at reducing hospital ED patient volume sby transferring non-emergency cases to primary care quickly and safety. It also offers a popular free, public app which provides current wait time sof-ED and local urgent care clinic splus various up to date health information.

THE particular inferred from ED to primary care + 5 million minute are ved for ED doctors - 30 million manyten arred for patients - Up to 15% reduction at total ED volume aper an our - 100-150h Million -Paulika accessing sevement - Powerful tool for improving access of minority populationate urpratprimary care - Reduces aggression towards nuces by offering patients choice + reducing wait times

- Impowers non-emergency patients to safely start their journey in primary value conducty care.
- Delivers befor health outcomes by reducing ED crowding and wait times. Delivers cod savings to hopels leand health systems. Reduces ambulance callouts to non-emergencies CHALLING II: Fraigmented health system, Hopes le Whata Ora resolve stagmentation challenge for proven solutions.

Patient + equity focused -Connected, holatic, ecopyt thinking . Te a o Misori perpectives community. faimess sutice ditiven, humili tka, poso, manaski, - Buid relationships: forsponser r a ciclosumbalbilio

Sevika to grow teams, especia for Māori + Pasilika, Keen to further explore artificial intelligence (and noteoits potential to target other hea chaffenged:

ida la Findipenous Awh wh



"Equity is built into the DNA of Te Aho I Te Katu" - Michelle Moto, Equity Director

Te Aho o te Kohy - Concer Control Agency

Established soon after the 2000 Health System Review as an independent governmental agency. Māori concer leadership council involved in establishment and advisory. Sits inside Ministry of Health but has relative autonomy. Small, agile, responsive - and consequently impactful. Consumer advisory to powney: 50% Möori, board advisory, 50% Möori.

Te Aho o Te Kahu works with partners across the concer continuum to: prevent as many concers as posible, ersure early detection and diagnosis, provide high-quality treatment and care plus helpidentify and address inequities in concer care and treatment. A policy advisory agency on small, selfsustaining budget. "We are the oho not the kahu" (influencer, connector, leadership)

. Consolidated concer plans and priorities from DHB's into a national plan for fie Whotu Ora to help provide clear advice to commissioning agencies • Created more agile version of HEAT tool. Cirunched 12 questions into 7 and applied to every project plan. Level of analysis required depends on scale/length of project • Developing Te Tirtl analysis tools – though variable success because equity analysis currently easier for more people to undestand • Eguity is embedded via Kahui Mana Taurite community of practice attended by equity leads from every workstream CHALLENGES . Balancing tradeoffs in program logic • Resource allocation sits with other agencies. Equity issues are diverse. patentially intersectional * complicated and regional.

Equity led, whôngu-centred. knowledge driven, outcomes focused. Aims to be the leading source of information on concer control for people. with concer, their whônou, health care professionals and others involved in

concer core.

Developing 5 monitoring processes for outcome + intervention tracking, delivery of the Concer Action Flon. early identification of servicechallenges, achievements + challenges, corporate performance.

Raystem-change Roower. Ewhônou centred

tid, easily navigated, at-scale system of services for

agency supporting better outcomes for those.

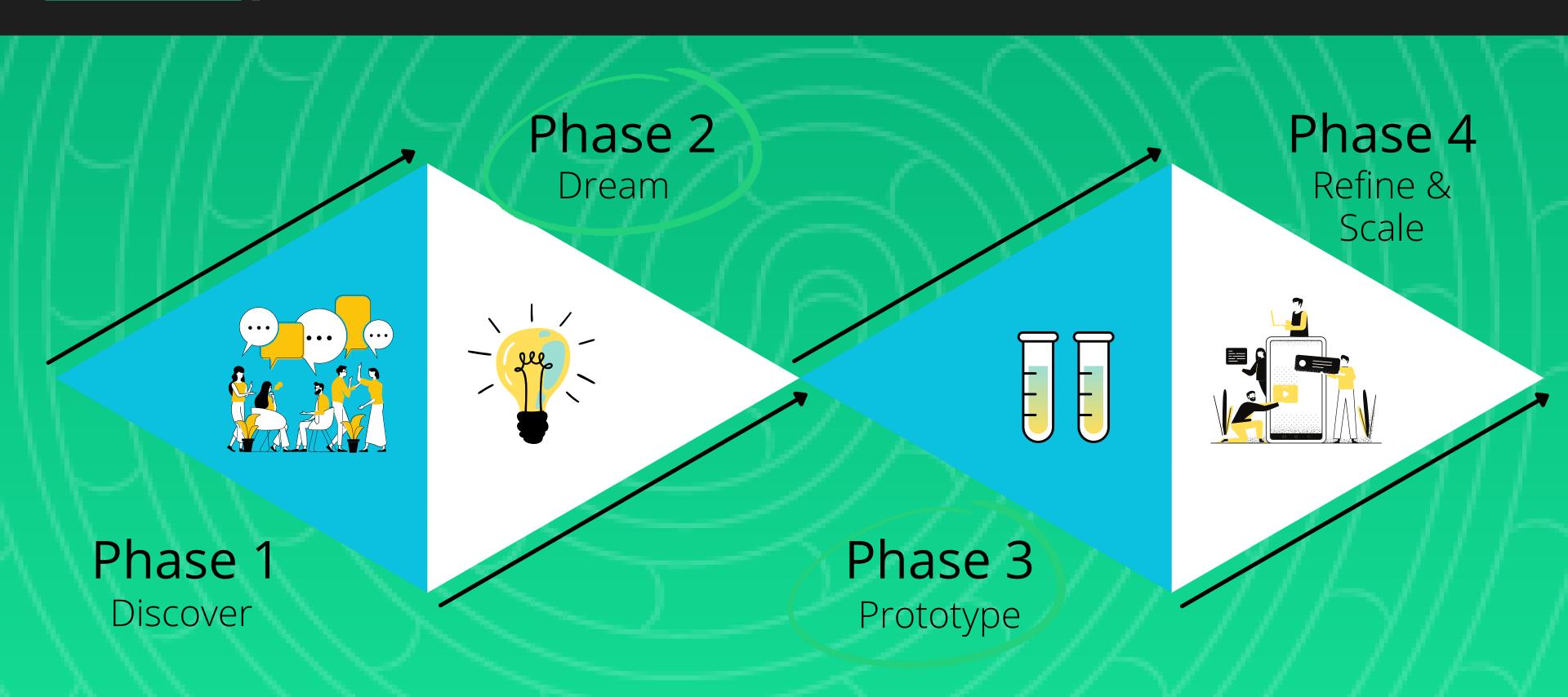
sent systems. Potential to explore how language



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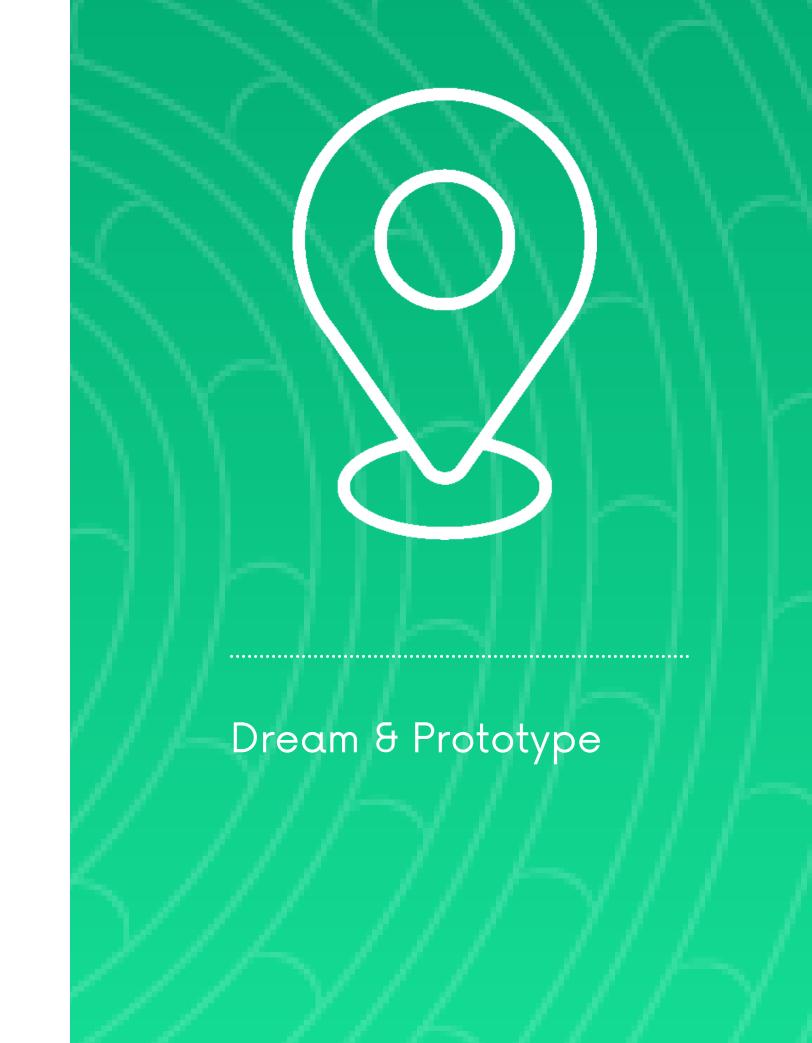


Next phases



Deliverables

- 1.Design and launch a Baseline Survey
- 2.Refresh the HEAT tool
- 3. Develop an equity and Te Tiriti maturity model
- 4.Co-create and build new equity and Te Tiriti tools
- 5. Prototype the new tools across numerous settings
- 6.Scope and establish a centralised equity and Te Tiriti web platform





What gets in the way of you embedding equity and Te Tiriti in your mahi?

HOUHIA - EQUITY BY DESIGN DESIGN PROJECT

PHASE ONE

What kinds of resources, supports and tools would be useful for you, as leaders?

HOUHIA - EQUITY BY DESIGN DESIGN PROJECT

PHASE ONE

