

2025 Ludlow Youth Health Survey of 8th Grade Students – Frequency Tables

Number of participants: 160

Estimated participation rate: 88.4%

Background

The Ludlow Youth Health Survey (YHS) was administered to students in the Ludlow Public Schools as part of the Youth Health Survey Initiative. The survey was administered collaboratively by the Public Health Institute of Western Massachusetts and the Ludlow Public Schools.

Methods

Survey Design and Administration

The survey is a modified version of the MDPH/DESE YHS, adapted based on local needs and priorities.

The YHS is administered biannually by the Massachusetts Departments of Public Health (MDPH) and Elementary and Secondary Education (MDESE) to Massachusetts' public school students to develop MA-wide prevalence estimates. The YHS includes questions about general health, eating habits, mental health, physical safety, other health issues, as well as risk and protective factors. The survey was administered in April 2025 (4/14/25-4/18/25) to 8th grade students enrolled in Ludlow Public Schools. Students took the survey online during school hours using the Alchemer software platform. The schools had the discretion to determine when to administer the survey within a given time frame. Some schools chose to administer the survey on a single day and others chose to administer over multiple days. A total of 160 8th graders completed the survey. The participation rate was estimated to be 88.4% using school enrollment to estimate total potential number of students who could complete the survey. Guardians were able to opt out through a passive consent process. Students also had the ability to opt out of the survey on the day of administration. Some students were absent during the survey period, which may bias the results if these students are significantly different from their peers.

Data cleaning

Surveys that were blank or less than 5% complete (n=2) were excluded from data analysis. Additionally, if ages were inconsistent with possible ages as reported by students (i.e. reporting cigarette use starting at age 17 if only students aged 13-15 took the survey), they were removed.

The survey results presented in this document have not been evaluated for logical consistency. Logical consistency means that responses to related questions - such as drinking behaviors - match or make sense logically. For example, if a student reported never drinking in the last 30 days in the core module, they should have also reported that they did not engage in binge drinking in the last 30 days in the module. Results presented are based on how the students responded and may include inconsistent reporting.

Notes on Interpreting the Data:

- Denominators for Questions with Skip Logic: Some questions used skip logic. This means that students were only asked some questions depending on how they responded to a previous question. If there was skip logic, the total number of respondents may be different because only some students got that question. Where applicable, denominators are explicitly stated and should be interpreted accordingly.
- Missing Data: Not all students answered all questions so total number of respondents may vary for each question. In addition, some students were absent during the surveying period which may bias the results if these students are systematically different from their peers.
- Small Numbers: For some questions, there are few respondents for a given response category. Caution should be exercised when interpreting data based on small numbers.

How to read these tables

The “Freq.” column refers to the number of students who selected a given answer for the question indicated, while the “Percent” column displays that number as a percentage of all respondents. Visit our website for information on survey background, methodology, and more:

(<https://www.publichealthwm.org/youth-health-survey-initiative>).

A “<5” indicates that the response has been suppressed due to low counts. A “*” indicates that the response has been suppressed to prevent calculation of suppressed cells using other cells.

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Frequency Tables

Demographics

Age:

1. How old are you?

	Frequency	Percent
13 years old	48	30.0%
14 years old	106	66.3%
15 years old	6	3.8%
Total	160	100.0%

Grade:

2. What grade are you in?

	Frequency	Percent
8th grade	160	100.0%
Total	160	100.0%

Survey language:

3. Survey language

	Frequency	Percent
English	*	*
Spanish	<5	*
Total	160	100.0%

Race/ethnicity:

4a. What is your race/ethnicity? (Select all responses that you identify with.)

	Frequency	Percent
American Indian or Alaska Native	<5	--
Asian	6	3.8%
Black or African American	13	8.1%
Hispanic or Latino	33	20.5%
Native Hawaiian or other Pacific Islander	<5	--
White	135	84.4%
Other	17	10.6%

Note: Respondents were able to select more than one response option. **Total number of respondents: 160**

4b. What is your race/ethnicity? (Mutually exclusive categories)

	Frequency	Percent
American Indian or Alaska Native, Non-Hispanic	<5	--
Asian, Non-Hispanic	5	3.1%
Black, Non-Hispanic	6	3.8%
Hispanic/Latino	33	20.6%
White, Non-Hispanic	110	68.8%
Other, Non-Hispanic	<5	--
Total	160	100.0%

4c. Person of color (derived from race/ethnicity)

	Frequency	Percent
No	110	68.8%
Yes	50	31.3%
Total	160	100.0%

Gender:

5. What is your gender?

	Frequency	Percent
Female	67	41.9%
Male	88	55.0%
Nonbinary/Other	5	3.1%
Total	161	100.0%

Disability:

6a. Do you have any of the following disabilities or chronic conditions? (select all that apply)

	Frequency	Percent
ADHD	17	13.1%
Autism	<5	--
Blind or visually impaired	<5	--
Health-related disability	<5	--
Learning disability	8	6.2%
Mental health condition	15	11.5%
Mobility-related disability (this may include using a wheelchair, crutches, or needing to limit your time running/walking)	<5	--
Speech-related disability	<5	--
Other (please specify, optional)	10	7.7%
I do not have a disability or chronic condition	90	69.2%
Note: Respondents were able to select more than one response option. Total number of respondents: 130		

6b. Do you have any of the following disabilities or chronic conditions? (mutually exclusive categories)

	Frequency	Percent
ADHD	7	5.4%
Autism	<5	--
Blind or visually impaired	<5	--
Health-related disability	<5	--
Learning disability	<5	--
Mental health condition	14	10.8%
Mobility-related disability (this may include using a wheelchair, crutches, or needing to limit your time running/walking)	<5	--
Speech-related disability	<5	--
Other (please specify, optional)	9	6.9%
I do not have a disability or chronic condition	90	69.2%
Total	130	100.0%

6c. Any disability (derived from question 6)

	Frequency	Percent
No	87	66.9%
Yes	43	33.1%
Total	130	100.0%

Physical activity:

7. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

	Frequency	Percent
0 days	5	3.1%
1 day	10	6.3%
2 days	8	5.0%
3 days	15	9.4%
4 days	24	15.1%
5 days	36	22.6%
6 days	19	11.9%
7 days	42	26.4%
Total	159	100.0%

Diet: Vegetable consumption

8. **Yesterday**, how many times did you eat vegetables? (Count all cooked and uncooked vegetables; salads; and boiled, baked, and mashed potatoes. Do **NOT** count french fries, potato chips, or lettuce that is on a sandwich or sub.)

	Frequency	Percent
I did not eat vegetables yesterday	37	23.1%
1 time	59	36.9%
2 times	49	30.6%
3 or more times	15	9.4%
Total	160	100.0%

Diet: Fruit consumption:

9. Yesterday, how many times did you eat fruit? (Do NOT count fruit juice)

	Frequency	Percent
I did not eat fruit yesterday	32	20.0%
1 time	43	26.9%
2 times	41	25.6%
3 or more times	44	27.5%
Total	160	100.0%

Diet: Energy drink consumption:

10. In the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink? (For example, Red Bull, Monster, Alani Nu, or Celsius)

	Frequency	Percent
I did not [drink] any energy drinks during the past 7 days	108	67.5%
1 to 3 times during the past week	38	23.8%
4 to 6 times during the past week	9	5.6%
1 time per day	<5	--
2 or more times per day	<5	--
Total	160	100.0%

Food insecurity:

11. During the past 30 days, how often did you go to bed hungry because there was not enough food in your home?

	Frequency	Percent
Never	127	79.4%
Rarely	22	13.8%
Sometimes	11	6.9%
Total	160	100.0%

Sleep:

12. On an average school night, how many hours of sleep do you get?

	Frequency	Percent
4 or less hours	8	5.0%
5 hours	15	9.4%
6 hours	26	16.2%
7 hours	47	29.4%
8 hours	50	31.2%
9 or more hours	14	8.7%
Total	160	100.0%

Sense of belonging:

13a. The next set of questions ask about feelings of belonging at school. How strongly do you agree or disagree with the following statements about this school? **I feel like I belong at this school.**

	Frequency	Percent
Strongly agree	20	12.6%
Agree	101	63.5%
Disagree	27	17.0%
Strongly disagree	11	6.9%
Total	159	100.0%

Sense of closeness:

13b. The next set of questions ask about feelings of belonging at school. How strongly do you agree or disagree with the following statements about this school? **I feel close to the people at my school.**

	Frequency	Percent
Strongly agree	28	17.7%
Agree	95	60.1%
Disagree	25	15.8%
Strongly disagree	10	6.3%
Total	158	100.0%

Sense of representation:

13c. The next set of questions ask about feelings of belonging at school. How strongly do you agree or disagree with the following statements about this school? **My identities are represented in the things I learn at school.**

	Frequency	Percent
Strongly agree	19	12.3%
Agree	73	47.1%
Disagree	44	28.4%
Strongly disagree	19	12.3%
Total	155	100.0%

Things that keep you up at night:

14a. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Climate change (increasing number of hotter days, flooding, extreme weather events, etc.**

	Frequency	Percent
Never	103	64.8%
Rarely	35	22.0%
Sometimes	14	8.8%
Most of the time	7	4.4%
Always	0	0.0%
Total	159	100.0%

14b. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Discrimination against immigrants**

	Frequency	Percent
Never	108	67.5%
Rarely	22	13.8%
Sometimes	22	13.8%
Most of the time	*	*
Always	<5	--
Total	160	100.0%

14c. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Gun violence**

	Frequency	Percent
Never	102	63.7%
Rarely	27	16.9%
Sometimes	26	16.2%
Most of the time	<5	--
Always	<5	--
Total	160	100.0%

14d. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Policing (presence of police officers in your neighborhood, police acting unfairly or violently, etc.)**

	Frequency	Percent
Never	117	74.1%
Rarely	23	14.6%
Sometimes	12	7.6%
Most of the time	*	*
Always	<5	--
Total	158	100.0%

14e. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **War/global conflict**

	Frequency	Percent
Never	107	67.3%
Rarely	21	13.2%
Sometimes	20	12.6%
Most of the time	*	*
Always	<5	--
Total	159	100.0%

14f. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Racial/social injustice (unfair treatment of people based on their race, ethnicity, gender identity, or other identity/background)**

	Frequency	Percent
Never	97	61.4%
Rarely	17	10.8%
Sometimes	30	19.0%
Most of the time	8	5.1%
Always	6	3.8%
Total	158	100.0%

Person you could talk to about a problem:

15a. Do you feel like you could talk to the following people if you needed help with a personal problem?

Adult in my home

	Frequency	Percent
No	20	12.6%
Yes	139	87.4%
Total	159	100.0%

15b. Do you feel like you could talk to the following people if you needed help with a personal problem?

School psychologist, school counselor, or school nurse

	Frequency	Percent
No	88	56.1%
Yes	69	43.9%
Total	157	100.0%

15c. Do you feel like you could talk to the following people if you needed help with a personal problem?

Teacher or other adult at school not mentioned above

	Frequency	Percent
No	90	56.6%
Yes	69	43.4%
Total	159	100.0%

15d. Do you feel like you could talk to the following people if you needed help with a personal problem?
Psychologist, therapist, counselor, doctor, or nurse (not school employees)

	Frequency	Percent
No	52	32.9%
Yes	106	67.1%
Total	158	100.0%

15e. Do you feel like you could talk to the following people if you needed help with a personal problem?
Adult in the community

	Frequency	Percent
No	113	72.4%
Yes	43	27.6%
Total	156	100.0%

15f. Do you feel like you could talk to the following people if you needed help with a personal problem?
Friend or non-adult family member (e.g. cousin, sibling)

	Frequency	Percent
No	22	13.9%
Yes	136	86.1%
Total	158	100.0%

15g. Do you feel like you could talk to the following people if you needed help with a personal problem?
Friend online

	Frequency	Percent
No	112	70.4%
Yes	47	29.6%
Total	159	100.0%

15h. Do you feel like you could talk to the following people if you needed help with a personal problem?
Other person

	Frequency	Percent
No	85	59.0%
Yes	59	41.0%
Total	144	100.0%

15i. Have any person to talk to about a problem

	Frequency	Percent
No	6	3.8%
Yes	153	96.2%
Total	159	100.0%

Note: This variable was calculated based on students' responses to question 15a through 15h. If a student responded "yes" to any of these, they were categorized as having a person to talk to about a problem. If they did not respond "yes" to any of these, they were categorized as not having anyone to talk to about a problem.

Needed to talk to someone, past year:

16. During the past 12 months, have you felt you needed to talk to someone about how you were feeling, how things were going in your life, or problems you might have had?

	Frequency	Percent
No	70	43.8%
Yes	90	56.2%
Total	160	100.0%

Loneliness:

17. During the past 12 months, how often did you feel lonely?

	Frequency	Percent
Never	32	20.0%
Rarely	50	31.2%
Sometimes	51	31.9%
Most of the time	21	13.1%
Always	6	3.8%
Total	160	100.0%

Anxiety:

18. How often over the last 2 weeks were you bothered by: Feeling anxious, nervous, or on edge?

	Frequency	Percent
Never	56	41.2%
For several days	38	27.9%
For more than half the days	20	14.7%
Nearly every day	22	16.2%
Total	136	100.0%

Worry:

19. How often over the last 2 weeks were you bothered by: Not being able to stop or control worrying?

	Frequency	Percent
Never	78	54.9%
For several days	32	22.5%
For more than half the days	17	12.0%
Nearly every day	15	10.6%
Total	142	100.0%

Resilience:

20. Rank your agreement with the following statement: 'I tend to bounce back or recover quickly after hard or stressful times.'

	Frequency	Percent
Strongly agree	32	20.0%
Agree	96	60.0%
Disagree	23	14.4%
Strongly disagree	9	5.6%
Total	160	100.0%

Self-harm:

21. During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?

	Frequency	Percent
0 times	130	82.3%
1 time	8	5.1%
2 or 3 times	12	7.6%
4 or more times	8	5.1%
Total	158	100.0%

Feeling depressed or sad:

22. In the past year, have you felt depressed or sad MOST days, even if you felt okay sometimes?

	Frequency	Percent
NO!	57	35.6%
no	56	35.0%
yes	12	7.5%
YES!	35	21.9%
Total	160	100.0%

Suicide:

23. During the past 12 months, did you ever seriously consider attempting suicide?

	Frequency	Percent
No	135	85.4%
Yes	23	14.6%
Total	158	100.0%

24. During the past 12 months, how many times did you actually attempt suicide?

	Frequency	Percent
0 times	147	93.0%
1 or more times	11	6.9%
Total	158	100.0%

25. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

Skip logic: Hidden unless #26 was answered with 1 or more times

	Frequency	Percent
No	*	*
Yes	<5	--
Total	<30	--

Bullying:

26. During the past 12 months, have you ever been bullied at school or on your way to or from school?

	Frequency	Percent
No	113	70.6%
Yes	47	29.4%
Total	160	100.0%

27. During the past 12 months, have you ever been electronically bullied? This includes being bullied through texting, online gaming, Instagram, Facebook, or other social media.

	Frequency	Percent
No	137	86.2%
Yes	22	13.8%
Total	159	100.0%

Getting together with friends:

28a. In a typical week, how often do you get together with friends...**In person (outside of school or school-related activities)**

	Frequency	Percent
Every day or almost every day	35	21.9%
Several times a week	58	36.2%
About once a week	38	23.8%
Less often	29	18.1%
Total	160	100.0%

28b. In a typical week, how often do you get together with friends...**Online (including on your cell phone, social media, or online gaming)**

	Frequency	Percent
Every day or almost every day	64	40.3%
Several times a week	44	27.7%
About once a week	21	13.2%
Less often	30	18.9%
Total	159	100.0%

Gambling

Lottery tickets:

29a. During the past 12 months how many times have you done any of the following for money or anything of value? **Played lottery or scratch tickets**

	Frequency	Percent
0 times	130	81.2%
1-5 times	22	13.8%
6-10 times	*	*
More than 10 times	<5	--
Total	160	100.0%

Casino gambling:

29b. During the past 12 months how many times have you done any of the following for money or anything of value? **Gambled at a casino**

	Frequency	Percent
0 times	*	*
1-5 times	0	0.0%
6-10 times	<5	--
More than 10 times	0	0.0%
Total	160	100.0%

Fantasy sports:

29c. During the past 12 months how many times have you done any of the following for money or anything of value? **Participated in fantasy sports**

	Frequency	Percent
0 times	130	84.4%
1-5 times	15	9.7%
6-10 times	<5	--
More than 10 times	*	*
Total	154	100.0%

Other gambling:

29d. During the past 12 months how many times have you done any of the following for money or anything of value? **Engaged in one of these other activities: Betting on sporting events, games of personal skill (pool, bowling, dominoes, or darts), dice games, horse or animal races, video poker or other gambling machines; Playing cards or bingo for money or prizes; Gambling on the Internet**

	Frequency	Percent
0 times	122	77.2%
1-5 times	28	17.7%
6-10 times	<5	--
More than 10 times	<5	--
Total	158	100.0%

Sexual activity and sexual violence

Age at first sexual encounter:

30. How old were you when you had sexual intercourse for the first time?

	Frequency	Percent
11 years old or younger	<5	--
12 years old	<5	--
13 years old	5	3.2%
14 years old	<5	--
I have never had sexual intercourse	149	94.3%
Total	158	100.0%

Substance use before sex:

31. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

	Frequency	Percent
No	16	10.1%
Yes	0	0.0%
I have never had sexual intercourse	142	89.9%
Total	158	100.0%

Condom use:

32. The last time you had sexual intercourse, did you or your partner use a condom?

	Frequency	Percent
No	5	3.1%
Yes	6	3.8%
I have never had sexual intercourse	148	93.1%
Total	159	100.0%

Birth control methods:

33. The last time you had sexual intercourse with an opposite-sex partner, what method(s) did you or your partner use to prevent pregnancy? (Select ALL methods that you or your partner used.)

	Frequency	Percent
I have never had sexual intercourse with an opposite-sex partner	140	94.0%
No method was used to prevent pregnancy	<5	--
Birth control pills (do not account emergency contraception such as Plan B or the "morning after" pill)	<5	--
Condoms	5	3.4%
An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	0	0.0%
A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	0	0.0%
Withdrawal or some other method	<5	--
Not sure	<5	--
Note: Respondents were able to select more than one response option. Total number of respondents: 149		

Parent expectations:

34. Have your parents, guardians, or other adults in your family ever talked to you about what they expect you to do or not to do when it comes to sex?

	Frequency	Percent
No	70	44.6%
Yes	57	36.3%
Not sure	30	19.1%
Total	157	100.0%

Sexual violence:

35. Have you ever been physically forced, pressured, or coerced to have sex or engage in other sexual activities when you did not want to?

	Frequency	Percent
No	143	91.1%
Yes	7	4.5%
Don't know	7	4.5%
Total	157	100.0%

Dating in past year:

36. Have you dated or gone out with anyone during the past 12 months?

	Frequency	Percent
No	87	55.4%
Yes	70	44.6%
Total	157	100.0%

Dating violence:

(for question 38): Hidden unless students responded "yes" to question 36

37a. In the past 12 months, has someone you were dating or going out with ever...**tried to control what you wore, who you spoke to or spent time with, or kept track of your activity?**

	Frequency	Percent
No	50	74.6%
Yes	17	25.4%
Don't know	0	0.0%
Total	67	100.0%

37b. In the past 12 months, has someone you were dating or going out with ever...**insulted, humiliated, or made fun of you in front of others?**

	Frequency	Percent
No	54	79.4%
Yes	*	*
Don't know	<5	--
Total	68	100.0%

37c. In the past 12 months, has someone you were dating or going out with ever...**slapped, pushed, shook, punched, kicked, beat you with an object, choked, burned you intentionally, threw something at you to hurt you, or used or threatened you with any sharp object or weapon?**

	Frequency	Percent
No	60	88.2%
Yes	<5	--
Don't know	*	*
Total	68	100.0%

37d. In the past 12 months, has someone you were dating or going out with ever...**forced or pressured you to do sexual things that you did not want to do? (count such things as kissing, touching, or being physically forced to have sexual intercourse)**

	Frequency	Percent
No	59	86.8%
Yes	*	*
Don't know	<5	--
Total	68	100.0%

Social Media

Use frequency:

38. How often do you use social media such as Instagram, Facebook, Snapchat, and TikTok?

	Frequency	Percent
I do not use social media	18	11.2%
A few times a month	<5	--
About once a week	<5	--
A few times a week	5	3.1%
About once a day	11	6.9%
Several times a day	68	42.5%
About once an hour	6	3.8%
More than once an hour	46	28.7%
Total	160	100.0%

Feelings about social media:

39a. In general, does what you see on social media make you feel **worse about your own life?**

	Frequency	Percent
No	122	77.2%
Yes, a little	21	13.3%
Yes, a lot	<5	--
Don't know	*	*
Total	158	100.0%

39b. In general, does what you see on social media make you feel **more connected to what's going on in your friends' lives?**

	Frequency	Percent
No	35	22.2%
Yes, a little	70	44.3%
Yes, a lot	40	25.3%
Don't know	13	8.2%
Total	158	100.0%

39c. In general, does what you see on social media make you feel **more accepted?**

	Frequency	Percent
No	65	41.1%
Yes, a little	53	33.5%
Yes, a lot	21	13.3%
Don't know	19	12.0%
Total	158	100.0%

39d. In general, does what you see on social media make you feel **overwhelmed by what you see/hear?**

	Frequency	Percent
No	111	71.2%
Yes, a little	26	16.7%
Yes, a lot	9	5.8%
Don't know	10	6.4%
Total	156	100.0%

39e. In general, does what you see on social media make you feel **like you have people who can support you through tough times?**

	Frequency	Percent
No	46	29.1%
Yes, a little	63	39.9%
Yes, a lot	33	20.9%
Don't know	16	10.1%
Total	158	100.0%

Risky/unwanted situations:

40. Have you ever found yourself in a risky/unwanted situation because of information you shared electronically? (Please include communication by texting, online gaming, Instagram, Facebook, or other social media)

	Frequency	Percent
No	123	78.8%
Yes	33	21.2%
Total	156	100.0%

Emotions when using social media:

41. What emotions do you experience when using social networking/social media apps? (Select ALL that apply)

	Frequency	Percent
Rejection	9	6.4%
Happiness	112	79.4%
Boost self-esteem	48	34.0%
Jealousy	36	25.5%
Motivation	98	69.5%
Inspiration	105	74.5%
Fear of missing out	35	24.8%
Lower self-esteem	24	17.0%
Sense of belonging	38	27.0%

Note: Respondents were able to select more than one response option. **Total number of respondents: 141**

Parent Guardian Supervision:

42. How do your parents or guardians monitor your social media accounts or how you use devices (devices include phones, tablets, or computers)? (SELECT ALL THAT APPLY)

	Frequency	Percent
They don't monitor my social media use	107	70.9%
Following accounts weekly or more often	*	*
Requiring a contract and ground rules for devices	12	8.0%
Requiring that you use devices only at certain times	9	6.0%
Using parental controls on devices	25	16.6%
Using monitoring, blocking, or filtering software	11	7.3%
Requiring that you use devices only in certain places in the home	<5	--
They don't allow me to use social media	13	8.6%
Note: Respondents were able to select more than one response option. Total number of respondents: 151		

News sources

43. How do you usually get your news or learn about what's going on? Select your top three.

	Frequency	Percent
Facebook	<5	--
Instagram	54	35.8%
News websites (for example, cnn.com, bbc.com)	16	10.6%
Newspaper (paper or online)	<5	--
Podcasts	6	4.0%
Radio	8	5.3%
Reddit	<5	--
Talking to people you know (including text, WhatsApp, or other messaging services)	98	64.9%
Television	38	25.2%
TikTok	101	66.9%
Twitter	5	3.3%
YouTube	75	49.7%
Note: Respondents were able to select more than one response option (up to three). Total number of respondents: 151		

Experiencing and witnessing violence

Witnessing violence in family

44. During the past 12 months, did you witness violence in your family?

	Frequency	Percent
No	132	83.5%
Yes	9	5.7%
Don't know	17	10.8%
Total	158	100.0%

Neighborhood safety from crime:

45. How safe from crime do you consider your neighborhood to be?

	Frequency	Percent
Extremely safe	60	38.2%
Safe	85	54.1%
Unsafe	*	*
Extremely unsafe	<5	--
Total	157	100.0%

Neighborhood violence:

46. Have you ever witnessed someone being physically harmed in your neighborhood (for example, with a gun, knife or other weapon, or in a physical fight)?

	Frequency	Percent
No	130	82.3%
Yes	28	17.7%
Total	158	100.0%

Participation in extracurricular activities/community engagement:

47a. Do you participate in any of the following activities after school OR on the weekends? **Organized sports (e.g. basketball, soccer, martial arts, cheerleading, football)**

	Frequency	Percent
No	53	34.0%
Yes	103	66.0%
Total	156	100.0%

47b. Do you participate in any of the following activities after school OR on the weekends? **Clubs (e.g. drama, debate, 4H, teen/peer groups)**

	Frequency	Percent
No	130	86.1%
Yes	21	13.9%
Total	151	100.0%

47c. Do you participate in any of the following activities after school OR on the weekends? **Music program (e.g. band, orchestra, choir, music lessons)**

	Frequency	Percent
No	128	84.2%
Yes	24	15.8%
Total	152	100.0%

47d. Do you participate in any of the following activities after school OR on the weekends? **Art program (e.g. dance class, painting class)**

	Frequency	Percent
No	145	96.7%
Yes	5	3.3%
Total	150	100.0%

47e. Do you participate in any of the following activities after school OR on the weekends? **Volunteering**

	Frequency	Percent
No	123	80.4%
Yes	30	19.6%
Total	153	100.0%

47f. Do you participate in any of the following activities after school OR on the weekends? **Employment**

	Frequency	Percent
No	131	86.2%
Yes	21	13.8%
Total	152	100.0%

47g. 48g. Any extracurricular activities (derived from 47a-47f):

	Frequency	Percent
No	37	23.7%
Yes	119	76.3%
Total	156	100.0%

School absence

48a. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I was sick**

	Frequency	Percent
Never	5	3.2%
Rarely	47	30.1%
Sometimes	42	26.9%
Usually	62	39.7%
Total	156	100.0%

48b. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I had an appointment (doctor, dentist, counselor, etc.)**

	Frequency	Percent
Never	11	7.2%
Rarely	54	35.3%
Sometimes	53	34.6%
Usually	35	22.9%
Total	153	100.0%

48c. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **Transportation challenges (car troubles, missed the bus, etc.)**

	Frequency	Percent
Never	86	55.8%
Rarely	50	32.5%
Sometimes	13	8.4%
Usually	5	3.2%
Total	154	100.0%

48d. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not feel safe on the way to or from school**

	Frequency	Percent
Never	140	90.3%
Rarely	11	7.1%
Sometimes	<5	--
Usually	<5	--
Total	155	100.0%

48e. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not want to see another student(s) because of drama or conflict.**

	Frequency	Percent
Never	109	71.2%
Rarely	20	13.1%
Sometimes	17	11.1%
Usually	7	4.6%
Total	153	100.0%

48f. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not want to go to a class**

	Frequency	Percent
Never	96	61.9%
Rarely	27	17.4%
Sometimes	22	14.2%
Usually	10	6.5%
Total	155	100.0%

48g. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not feel safe**

	Frequency	Percent
Never	138	89.0%
Rarely	12	7.7%
Sometimes	<5	--
Usually	<5	--
Total	155	100.0%

48h. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I was too depressed or anxious/upset to come to school**

	Frequency	Percent
Never	111	72.1%
Rarely	19	12.3%
Sometimes	12	7.8%
Usually	12	7.8%
Total	154	100.0%

48i. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I had to take care of or help a family member**

	Frequency	Percent
Never	117	75.5%
Rarely	25	16.1%
Sometimes	8	5.2%
Usually	5	3.2%
Total	155	100.0%

Substance use

Age smoked first cigarette:

49. How old were you when you first smoked a cigarette, even one or two puffs?

	Frequency	Percent
I have never smoked a cigarette, even one or two puffs	150	96.8%
8 years or younger	<5	--
9 or 10 years old	<5	--
11 or 12 years old	<5	--
13 or 14 years old	<5	--
Total	155	100.0%

Cigarette smoking frequency:

50. During the past 30 days, on how many days did you smoke cigarettes?

	Frequency	Percent
0 days	*	*
1 or 2 days	<5	--
Total	<30	--

Ever used electronic nicotine vapor product:

51. Have you ever used an electronic nicotine vapor product, such as JUUL, Vuse, NJOY, Puff Bar, blu, or Bidi Stick? (Electronic vapor products include e-cigarettes, vapes, mods, e-cigs, e-hookahs, or vape pens.)

	Frequency	Percent
No	138	88.5%
Yes	18	11.5%
Total	156	100.0%

Electronic nicotine vapor product use frequency:

52. During the past 30 days, on how many days did you use an electronic nicotine vapor product, such as JUUL, Vuse, NJOY, Puff Bar, blu, or Bidi Stick? (Electronic vapor products include e-cigarettes, vapes, mods, e-cigs, e-hookahs, or vape pens.)

Skip logic: Hidden unless student reported having used an electronic nicotine vapor product in question 51

	Frequency	Percent
0 days	*	*
1 or more days	*	*
Total	<30	100.0%

Frequency of using dissolvable tobacco products:

52. During the past 30 days, on how many days did you use nicotine pouches, snus, or dissolvable tobacco products, such as Zyn, Copenhagen, Grizzly, Skoal, Camel Snus, on! or Velo (Do not count any electronic vapor products.)

	Frequency	Percent
0 days	*	*
1 or 2 days	<5	--
Total	156	100.0%

Age at first drink of alcohol:

53. How old were you when you had your first drink of alcohol other than a few sips?

	Frequency	Percent
8 years or younger	<5	--
9 or 10 years old	*	*
11 or 12 years old	8	5.1%
13 or 14 years old	9	5.8%
I have never had a drink of alcohol OR I have only had a few sips in my life	129	82.7%
Total	156	100.0%

Frequency of alcohol use:

54. During the past 30 days, how many days have you had at least one alcoholic drink? This includes drinking beer, wine, wine coolers, hard lemonade, hard cider, jello shots, and liquor such as rum, gin, vodka, or whiskey.

Skip logic: Hidden unless students reported having had a drink of alcohol in question 60

	Frequency	Percent
0 days	*	*
1 or more days	*	*
Total	<30	*

Age at first marijuana use:

55. How old were you when you tried marijuana for the first time?

	Frequency	Percent
11 or 12 years old	*	*
13 or 14 years old	<5	--
I have never tried marijuana	145	92.4%
Total	157	100.0%

Frequency of marijuana use:

56. During the past 30 days, how many times did you use marijuana or cannabis products? Marijuana is also called grass, hashish, herb, joint, pot, weed, reefer. Include blunts and cigars filled with marijuana; vape cartridges with THC, and edibles or drinks with THC.

Skip logic: Hidden unless students reported marijuana use in question 61

	Frequency	Percent
0 times	*	*
1 or more times	*	*
Total	<30	*

Marijuana advertisement:

57a. During the past 30 days, have you seen an advertisement for marijuana products or stores: **In a magazine or newspaper?**

	Frequency	Percent
No	99	63.9%
Yes	16	10.3%
Don't know/Not sure	40	25.8%
Total	155	100.0%

57b. During the past 30 days, have you seen an advertisement for marijuana products or stores: **On a storefront (such as a sign posted in the window of a store)?**

	Frequency	Percent
No	51	32.9%
Yes	77	49.7%
Don't know/Not sure	27	17.4%
Total	155	100.0%

57c. During the past 30 days, have you seen an advertisement for marijuana products or stores: **Online on your cell phone, tablet, or computer through email, websites, or social media?**

	Frequency	Percent
No	60	39.0%
Yes	68	44.2%
Don't know/Not sure	26	16.9%
Total	154	100.0%

57d. During the past 30 days, have you seen an advertisement for marijuana products or stores: **On a billboard?**

	Frequency	Percent
No	63	41.2%
Yes	65	42.5%
Don't know/Not sure	25	16.3%
Total	153	100.0%

57e. During the past 30 days, have you seen an advertisement for marijuana products or stores: **On the sidewalk (like signs or people wearing or waving signs)?**

	Frequency	Percent
No	109	70.3%
Yes	13	8.4%
Don't know/Not sure	33	21.3%
Total	155	100.0%

Prescription drug use:

58a. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Narcotics (such as Methadone, Opium, Morphine, Codeine, OxyContin, Percodan)**

	Frequency	Percent
No	154	100.0%
Yes	0	0.0%
Total	154	100.0%

58b. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Ritalin (also called vitamin R, R-ball, diet coke, skittles), Adderall (also called addys, uppers, beams)**

	Frequency	Percent
No	148	95.5%
Yes	7	4.5%
Total	155	100.0%

58c. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Steroids (body building hormones in the form of pills or shots)**

	Frequency	Percent
No	*	*
Yes	<5	--
Total	154	100.0%

58d. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Other prescription drugs**

	Frequency	Percent
No	146	96.1%
Yes	6	3.9%
Total	152	100.0%