

2025 Holyoke Youth Risk Behavior Survey of 10th & 12th Grade Students – Frequency Tables

Number of participants: 375

Estimated participation rate, 10th grade: 57.0%

Estimated participation rate, 12th grade: 58.6%

Estimated participation rate, overall: 57.7%

Background

The Holyoke Youth Health Survey (YHS) was administered to students in the Holyoke Public Schools as part of the Youth Health Survey Initiative. The survey was administered collaboratively by the Public Health Institute of Western Massachusetts and the Holyoke Public Schools.

The survey was administered with support from the Springfield Department of Health and Human Services.

Methods

Survey Design and Administration

The survey is a modified version of the MDPH/DESE/CDC YRBS, adapted based on local needs and priorities.

The YRBS is administered biannually by the Massachusetts Departments of Public Health (MDPH) and Elementary and Secondary Education (MDESE) to Massachusetts' public school students to develop MA-wide prevalence estimates. It is also conducted nationwide by the Centers for Disease Control and Prevention (CDC). The YRBS includes questions about general health, eating habits, mental health, physical safety, other health issues, as well as risk and protective factors. The survey was administered in April 2025 (4/14/25-4/17/25) to 10th and 12th grade students enrolled in Holyoke Public Schools. Students took the survey online during school hours using the Alchemer software platform. The schools had the discretion to determine when to administer the survey within a given time frame. Some schools chose to administer the survey on a single day and others chose to administer over multiple days. A total of 211 10th graders and 164 12th graders (375 students total) completed the survey. The overall participation rate was estimated to be 57.7% using school enrollment to estimate total potential number of students who could complete the survey. Guardians were able to opt out through a passive consent process. Students also had the ability to opt out of the survey on the day of administration. Some students were absent during the survey period, which may bias the results if these students are significantly different from their peers.

Data cleaning

Surveys that were blank or less than 5% complete (n=39) were excluded from data analysis.

The survey results presented in this document have not been evaluated for logical consistency. Logical consistency means that responses to related questions - such as drinking behaviors - match or make sense logically. For example, if a student reported never drinking in the last 30 days in the core module, they should have also reported that they did not engage in binge drinking in the last 30 days in the module. Results presented are based on how the students responded and may include inconsistent reporting.

Notes on Interpreting the Data:

- Denominators for Questions with Skip Logic: Some questions used skip logic. This means that students were only asked some questions depending on how they responded to a previous question. If there was skip logic, the total number of respondents may be different because only some students got that question. Where applicable, denominators are explicitly stated and should be interpreted accordingly.
- Missing Data: Not all students answered all questions so total number of respondents may vary for each question. In addition, some students were absent during the surveying period which may bias the results if these students are systematically different from their peers.
- Small Numbers: For some questions, there are few respondents for a given response category. Caution should be exercised when interpreting data based on small numbers.

How to read these tables

The “Freq.” column refers to the number of students who selected a given answer for the question indicated, while the “Percent” column displays that number as a percentage of all respondents. Visit our website for information on survey background, methodology, and more:

(<https://www.publichealthwm.org/youth-health-survey-initiative>).

A “<5” or “<30” indicates that the response has been suppressed due to low counts. A “*” indicates that the response has been suppressed to prevent calculation of suppressed cells using other cells.

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Frequency Tables

Demographics

Age:

1. How old are you?

	Frequency	Percent
15 years old	73	19.5%
16 years old	106	28.3%
17 years old	93	24.9%
18 years old or older	102	27.3%
Total	374	100.0%

Grade:

2. What grade are you in?

	Frequency	Percent
10th grade	211	56.3%
12th grade	164	43.7%
Total	375	100.0%

Survey language:

3. Survey language

	Frequency	Percent
English	370	98.7%
Spanish	5	1.3%
Total	375	100.0%

School:

4. Please select your school from the drop-down list.

	Frequency	Percent
Holyoke High School Dean	*	*
Holyoke High School North	179	62.8%
Holyoke High School Opportunity Academy	<5	*
Total	285	100.0%

Race/ethnicity:

5a. What is your race/ethnicity? (Select all responses that you identify with.)

	Frequency	Percent
American Indian or Alaska Native	7	1.9%
Asian	8	2.1%
Black or African American	62	16.5%
Hispanic/Latino	297	79.2%
Native Hawaiian/Other Pacific Islander	6	1.6%
White	78	20.8%
Other Race/Ethnicity	11	2.9%
Note: Respondents were able to select more than one response option. Total number of respondents: 375		

5b. What is your race/ethnicity? (Mutually exclusive categories)

	Frequency	Percent
American Indian or Alaska Native, Non-Hispanic	<5	*
Asian, Non-Hispanic	6	1.6%
Black, Non-Hispanic	24	6.4%
Hispanic/Latino	297	79.4%
White, Non-Hispanic	39	10.4%
Other Race/Ethnicity, Non-Hispanic	*	*
Total	374	100.0%

5c. Person of color (derived from race/ethnicity)

	Frequency	Percent
No	39	10.4%
Yes	335	89.6%
Total	374	100.0%

Gender:

6. What is your current gender identity?

	Frequency	Percent
Female	160	42.8%
Male	194	51.9%
Nonbinary, genderqueer, not exclusively male or female	7	1.9%
I am questioning/I am not sure of my gender identity	<5	*
I identify another way	8	2.1%
I decline to answer	<5	*
Total	374	100.0%

Transgender experience:

7. Are you transgender?

	Frequency	Percent
No, I am not transgender	352	96.4%
Yes, I am transgender	9	2.5%
I am not sure if I am transgender	<5	*
I do not know what this question is asking	<5	*
Total	365	100.0%

Sexual orientation:

8. This question asks about sexual identity. Which of the following best describes you?

	Frequency	Percent
Asexual	13	3.6%
Bisexual	26	7.1%
Gay or lesbian	10	2.7%
Heterosexual or straight	245	67.1%
Pansexual	11	3.0%
Queer	5	1.4%
Questioning or not sure	17	4.7%
I describe my sexual identity in some other way	7	1.9%
I don't understand what this question is asking	31	8.5%
Total	365	100.0%

LGBTQ+ Experience:

9. Identify as part of the LGBTQ+ community (derived from previous two questions):

	Frequency	Percent
No	244	77.0%
Yes	73	23.0%
Total	317	100.0%

Disability:

10a. Do you have any of the following disabilities or chronic conditions? (select all that apply)

	Frequency	Percent
ADHD	42	13.2%
Autism	27	8.5%
Blind or visually impaired	18	5.7%
Deaf or Hard of Hearing	<5	*
Health-related disability	5	1.6%
Learning disability	15	4.7%
Mental health condition	33	10.4%
Mobility-related disability (this may include using a wheelchair, crutches, or needing to limit your time running/walking)	<5	*
Speech-related disability	6	1.9%
Other (please specify, optional)	<5	*
I do not have a disability or chronic condition	209	65.7%
Note: Respondents were able to select more than one response option. Total number of respondents: 318		

10b. Any disability (derived from question 10a):

	Frequency	Percent
No	206	64.8%
Yes	112	35.2%
Total	318	100.0%

Physical activity:

11. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

	Frequency	Percent
0 days	56	15.2%
1 day	23	6.2%
2 days	31	8.4%
3 days	43	11.7%
4 days	42	11.4%
5 days	58	15.8%
6 days	16	4.3%
7 days	99	26.9%
Total	368	100.0%

Diet: Vegetable consumption

12. During the past 7 days, how many times did you eat vegetables? (Count all cooked and uncooked)

	Frequency	Percent
I did not eat vegetables during the past 7 days	76	20.4%
1 to 3 times during the past 7 days	139	37.4%
4 to 6 times during the past 7 days	58	15.6%
1 time per day	31	8.3%
2 times per day	38	10.2%
3 times per day	14	3.8%
4 or more times per day	16	4.3%
Total	372	100.0%

Diet: Fruit consumption:

13. During the past 7 days, how many times did you eat fruit? (Do NOT count fruit juice)

	Frequency	Percent
I did not eat fruit during the past 7 days	29	7.8%
1 to 3 times during the past 7 days	112	30.1%
4 to 6 times during the past 7 days	96	25.8%
1 time per day	50	13.4%
2 times per day	26	7.0%
3 times per day	23	6.2%
4 or more times per day	36	9.7%
Total	372	100.0%

Diet: Energy drink consumption:

14. In the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink? (For example, Red Bull, Monster, Alani Nu, or Celsius)

	Frequency	Percent
I did not drink any energy drinks during the past 7 days	246	66.1%
1 to 3 times during the past week	67	18.0%
4 to 6 times during the past week	23	6.2%
1 time per day	15	4.0%
2 or more times per day	21	5.6%
Total	372	100.0%

Diet: Breakfast:

15. During the past 7 days, how many days did you eat breakfast?

	Frequency	Percent
0 days	63	17.0%
1 day	28	7.6%
2 days	58	15.7%
3 days	64	17.3%
4 days	34	9.2%
5 days	30	8.1%
6 days	8	2.2%
7 days	85	23.0%
Total	370	100.0%

Sleep:

16. On an average school night, how many hours of sleep do you get?

	Frequency	Percent
4 or less hours	*	*
5 hours	63	17.7%
6 hours	99	27.8%
7 hours	97	27.2%
8 hours	56	15.7%
10 or more hours	<5	--
Total	356	100.0%

17a. The next set of questions ask how you think students are generally treated at school. How strongly do you agree or disagree with the following statements about this school? Students are treated differently or unfairly because of their **race, ethnicity, or culture**.

	Frequency	Percent
Strongly agree	74	20.3%
Agree	82	22.5%
Disagree	191	52.3%
Strongly disagree	18	4.9%
Total	365	100.0%

17b. The next set of questions ask how you think students are generally treated at school. How strongly do you agree or disagree with the following statements about this school? Students are treated differently or unfairly because of their **gender identity or expression**.

	Frequency	Percent
Strongly agree	69	19.2%
Agree	82	22.8%
Disagree	182	50.7%
Strongly disagree	26	7.2%
Total	359	100.0%

17c. The next set of questions ask how you think students are generally treated at school. How strongly do you agree or disagree with the following statements about this school? Students are treated differently or unfairly because of their **sexual orientation**.

	Frequency	Percent
Strongly agree	72	20.4%
Agree	69	19.5%
Disagree	184	52.1%
Strongly disagree	28	7.9%
Total	353	100.0%

Sense of belonging:

18a. The next set of questions ask about feelings of belonging at school. How strongly do you agree or disagree with the following statements about this school? **I feel like I belong at this school.**

	Frequency	Percent
Strongly agree	44	12.2%
Agree	212	58.6%
Disagree	77	21.3%
Strongly disagree	29	8.0%
Total	362	100.0%

Sense of closeness:

18b. The next set of questions ask about feelings of belonging at school. How strongly do you agree or disagree with the following statements about this school? **I feel close to the people at my school.**

	Frequency	Percent
Strongly agree	40	11.2%
Agree	195	54.8%
Disagree	92	25.8%
Strongly disagree	29	8.1%
Total	356	100.0%

Sense of representation:

18c. The next set of questions ask about feelings of belonging at school. How strongly do you agree or disagree with the following statements about this school? **My identities are represented in the things I learn at school.**

	Frequency	Percent
Strongly agree	32	9.1%
Agree	182	52.0%
Disagree	99	28.3%
Strongly disagree	37	10.6%
Total	350	100.0%

Things that keep you up at night:

19a. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Climate change (increasing number of hotter days, flooding, extreme weather events, etc.**

	Frequency	Percent
Never	184	52.4%
Rarely	76	21.7%
Sometimes	65	18.5%
Most of the time	15	4.3%
Always	11	3.1%
Total	351	100.0%

19b. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Discrimination against immigrants**

	Frequency	Percent
Never	180	51.6%
Rarely	59	16.9%
Sometimes	70	20.1%
Most of the time	28	8.0%
Always	12	3.4%
Total	349	100.0%

19c. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Gun violence**

	Frequency	Percent
Never	158	45.5%
Rarely	63	18.2%
Sometimes	74	21.3%
Most of the time	31	8.9%
Always	21	6.1%
Total	347	100.0%

19d. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Policing (presence of police officers in your neighborhood, police acting unfairly or violently, etc.)**

	Frequency	Percent
Never	184	53.2%
Rarely	65	18.8%
Sometimes	56	16.2%
Most of the time	22	6.4%
Always	19	5.5%
Total	346	100.0%

19e. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **War/global conflict**

	Frequency	Percent
Never	164	47.4%
Rarely	61	17.6%
Sometimes	69	19.9%
Most of the time	32	9.2%
Always	20	5.8%
Total	346	100.0%

19f. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Racial/social injustice (unfair treatment of people based on their race, ethnicity, gender identity, or other identity/background)**

	Frequency	Percent
Never	182	52.6%
Rarely	48	13.9%
Sometimes	61	17.6%
Most of the time	29	8.4%
Always	26	7.5%
Total	346	100.0%

Person you could talk to about a problem:

20a. Do you feel like you could talk to the following people if you needed help with a personal problem?

Adult in my home

	Frequency	Percent
No	68	19.5%
Yes	281	80.5%
Total	349	100.0%

20b. Do you feel like you could talk to the following people if you needed help with a personal problem?

School psychologist, school counselor, or school nurse

	Frequency	Percent
No	182	52.1%
Yes	167	47.9%
Total	349	100.0%

20c. Do you feel like you could talk to the following people if you needed help with a personal problem?

Teacher or other adult at school not mentioned above

	Frequency	Percent
No	153	44.1%
Yes	194	55.9%
Total	347	100.0%

20d. Do you feel like you could talk to the following people if you needed help with a personal problem?
Psychologist, therapist, counselor, doctor, or nurse (not school employees)

	Frequency	Percent
No	164	47.3%
Yes	183	52.7%
Total	347	100.0%

20e. Do you feel like you could talk to the following people if you needed help with a personal problem?
Adult in the community

	Frequency	Percent
No	213	61.6%
Yes	133	38.4%
Total	346	100.0%

20f. Do you feel like you could talk to the following people if you needed help with a personal problem?
Friend or non-adult family member (e.g. cousin, sibling)

	Frequency	Percent
No	57	16.5%
Yes	289	83.5%
Total	346	100.0%

20g. Do you feel like you could talk to the following people if you needed help with a personal problem?
Friend online

	Frequency	Percent
No	187	53.9%
Yes	160	46.1%
Total	347	100.0%

20h. Do you feel like you could talk to the following people if you needed help with a personal problem?
Other person

	Frequency	Percent
No	199	65.0%
Yes	107	35.0%
Total	306	100.0%

20i. Have any person to talk to about a problem:

	Frequency	Percent
No	14	4.0%
Yes	336	96.0%
Total	350	100.0%

Note: This variable was calculated based on students' responses to question 20a through 20h. If a student responded "yes" to any of these, they were categorized as having a person to talk to about a problem. If they did not respond "yes" to any of these, they were categorized as not having anyone to talk to about a problem.

Comfort talking about mental health:

21a. How comfortable would you be talking about your mental health and emotional wellbeing with each of the following? **Friends**

	Frequency	Percent
Not at all comfortable	29	8.3%
Not too comfortable	39	11.1%
Somewhat comfortable	112	31.9%
Very comfortable	92	26.2%
Extremely comfortable	79	22.5%
Total	351	100.0%

21b. How comfortable would you be talking about your mental health and emotional wellbeing with each of the following? **Family**

	Frequency	Percent
Not at all comfortable	49	14.0%
Not too comfortable	53	15.1%
Somewhat comfortable	96	27.4%
Very comfortable	86	24.5%
Extremely comfortable	67	19.1%
Total	351	100.0%

21c. How comfortable would you be talking about your mental health and emotional wellbeing with each of the following? **Adults at school**

	Frequency	Percent
Not at all comfortable	109	30.9%
Not too comfortable	71	20.1%
Somewhat comfortable	116	32.9%
Very comfortable	35	9.9%
Extremely comfortable	22	6.2%
Total	353	100.0%

21d. How comfortable would you be talking about your mental health and emotional wellbeing with each of the following? **Adults in the community**

	Frequency	Percent
Not at all comfortable	151	42.9%
Not too comfortable	83	23.6%
Somewhat comfortable	71	20.2%
Very comfortable	30	8.5%
Extremely comfortable	17	4.8%
Total	352	100.0%

Needed to talk to someone, past year:

22. During the past 12 months, have you felt you needed to talk to someone about how you were feeling, how things were going in your life, or problems you might have had?

	Frequency	Percent
No	165	47.8%
Yes	180	52.2%
Total	345	100.0%

Loneliness:

23. During the past 12 months, how often did you feel lonely?

	Frequency	Percent
Rarely	125	35.8%
Sometimes	136	39.0%
Most of the time	56	16.0%
Always	32	9.2%
Total	349	100.0%

Anxiety:

24. How often over the last 2 weeks were you bothered by: Feeling anxious, nervous, or on edge?

	Frequency	Percent
Never	99	32.6%
For several days	104	34.2%
For more than half the days	52	17.1%
Nearly every day	49	16.1%
Total	304	100.0%

Worry:

25. How often over the last 2 weeks were you bothered by: Not being able to stop or control worrying?

	Frequency	Percent
Never	152	49.5%
For several days	74	24.1%
For more than half the days	50	16.3%
Nearly every day	31	10.1%
Total	307	100.0%

Resilience:

25. Rank your agreement with the following statement: 'I tend to bounce back or recover quickly after hard or stressful times.'

	Frequency	Percent
Strongly agree	69	20.0%
Agree	200	58.0%
Disagree	63	18.3%
Strongly disagree	13	3.8%
Total	345	100.0%

26. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)

	Frequency	Percent
Never	97	28.2%
Rarely	74	21.5%
Sometimes	114	33.1%
Most of the time	46	13.4%
Always	13	3.8%
Total	344	100.0%

27. In the past year, have you felt depressed or sad MOST days, even if you felt okay sometimes?

	Frequency	Percent
NO!	90	26.1%
no	116	33.6%
yes	99	28.7%
YES!	40	11.6%
Total	345	100.0%

Self-harm:

28. During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?

	Frequency	Percent
0 times	305	89.7%
1 time	13	3.8%
2 or 3 times	14	4.1%
4 or more times	8	2.4%
Total	340	100.0%

Suicide:

29. During the past 12 months, did you ever seriously consider attempting suicide?

	Frequency	Percent
No	305	90.5%
Yes	32	9.5%
Total	337	100.0%

30. During the past 12 months, how many times did you actually attempt suicide?

	Frequency	Percent
0 times	326	96.4%
1 or more times	12	3.6%
Total	338	100.0%

31. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

Skip logic: Hidden unless #30 was answered with 1 or more times

	Frequency	Percent
No	*	*
Yes	*	*
Total	<30	--

32a. If you attempted suicide during the past 12 months, did you ask for help from someone such as a doctor, counselor, or hotline at any of these times? **BEFORE my attempt**

Skip logic: Hidden unless #31 was answered with 1 or more times

	Frequency	Percent
No	*	*
Yes	*	*
Total	<30	--

32b. If you attempted suicide during the past 12 months, did you ask for help from someone such as a doctor, counselor, or hotline at any of these times? **AFTER my attempt**

Skip logic: Hidden unless #31 was answered with 1 or more times

	Frequency	Percent
No	*	*
Yes	*	*
Total	<30	--

Bullying:

33. During the past 12 months, have you ever been bullied at school or on your way to or from school?

	Frequency	Percent
No	309	91.2%
Yes	30	8.8%
Total	339	100.0%

34. During the past 12 months, have you ever been electronically bullied? This includes being bullied through texting, online gaming, Instagram, Facebook, or other social media.

	Frequency	Percent
No	317	93.5%
Yes	22	6.5%
Total	339	100.0%

Gambling

Lottery tickets:

35a. During the past 12 months how many times have you done any of the following for money or anything of value? **Played lottery or scratch tickets**

	Frequency	Percent
0 times	283	83.5%
1-5 times	37	10.9%
6-10 times	7	2.1%
More than 10 times	12	3.5%
Total	339	100.0%

Casino gambling:

35b. During the past 12 months how many times have you done any of the following for money or anything of value? **Gambled at a casino**

	Frequency	Percent
0 times	325	96.7%
1-5 times	*	*
More than 10 times	<5	--
Total	336	100.0%

Fantasy sports:

35c. During the past 12 months how many times have you done any of the following for money or anything of value? **Participated in fantasy sports**

	Frequency	Percent
0 times	291	88.7%
1-5 times	19	5.8%
6-10 times	6	1.8%
More than 10 times	12	3.7%
Total	328	100.0%

Other gambling:

35d. During the past 12 months how many times have you done any of the following for money or anything of value? **Engaged in one of these other activities: Betting on sporting events, games of personal skill (pool, bowling, dominoes, or darts), dice games, horse or animal races, video poker or other gambling machines; Playing cards or bingo for money or prizes; Gambling on the Internet**

	Frequency	Percent
0 times	266	79.2%
1-5 times	45	13.4%
6-10 times	8	2.4%
More than 10 times	17	5.1%
Total	336	100.0%

Sexual activity and sexual violence

Age at first sexual encounter:

36. How old were you when you had sexual intercourse for the first time?

	Frequency	Percent
12 years old or younger	5	1.5%
13 years old	9	2.7%
14 years old	10	3.0%
15 years old	29	8.7%
16 years old	36	10.8%
17 years or older	18	5.4%
I have never had sexual intercourse	226	67.9%
Total	333	100.0%

Substance use before sex:

37. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

	Frequency	Percent
No	110	33.2%
Yes	19	5.7%
I have never had sexual intercourse	202	61.0%
Total	331	100.0%

Condom use:

38. The last time you had sexual intercourse, did you or your partner use a condom?

	Frequency	Percent
No	55	43.7%
Yes	55	43.7%
I have never had sexual intercourse	16	12.7%
Total	126	100.0%

Birth control methods:

39. The last time you had sexual intercourse with an opposite-sex partner, what method(s) did you or your partner use to prevent pregnancy? (Select ALL methods that you or your partner used.)

	Frequency	Percent
I have never had vaginal sex	26	21.0%
No method was used to prevent pregnancy	14	11.3%
Birth control pills (do not account emergency contraception such as Plan B or the "morning after" pill)	23	18.6%
Condoms	55	44.4%
An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	13	10.5%
A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	<5	--
Withdrawal or some other method	11	8.9%
Not sure	11	8.9%
Note: Respondents were able to select more than one response option. Total number of respondents: 124		

Pregnancy:

40. How many times have you been pregnant or gotten someone pregnant?

	Frequency	Percent
0 times	118	92.9%
1 time	<5	--
2 or more times	<5	--
Not sure	5	3.9%
Total	127	100.0%

Parent expectations:

41. Have your parents, guardians, or other adults in your family ever talked to you about what they expect you to do or not to do when it comes to sex?

	Frequency	Percent
No	94	28.4%
Yes	200	60.4%
Not sure	37	11.2%
Total	331	100.0%

Sexual violence:

42. Have you ever been physically forced, pressured, or coerced to have sex or engage in other sexual activities when you did not want to?

	Frequency	Percent
No	265	79.6%
Yes	38	11.4%
Don't know	30	9.0%
Total	333	100.0%

Dating in past year:

43. Have you dated or gone out with anyone during the past 12 months?

	Frequency	Percent
No	152	44.7%
Yes	188	55.3%
Total	340	100.0%

Dating violence:

Skip logic (for question 44): Hidden unless students responded "yes" to question 43

44a. In the past 12 months, has someone you were dating or going out with ever...**tried to control what you wore, who you spoke to or spent time with, or kept track of your activity?**

	Frequency	Percent
No	139	78.1%
Yes	39	21.9%
Total	178	100.0%

Note: "I don't know" responses omitted due to low number of responses.

44b. In the past 12 months, has someone you were dating or going out with ever...**insulted, humiliated, or made fun of you in front of others?**

	Frequency	Percent
No	152	86.4%
Yes	24	13.6%
Total	176	100.0%

Note: "I don't know" responses omitted due to low number of responses.

44c. In the past 12 months, has someone you were dating or going out with ever...**slapped, pushed, shook, punched, kicked, beat you with an object, choked, burned you intentionally, threw something at you to hurt you, or used or threatened you with any sharp object or weapon?**

	Frequency	Percent
No	168	94.4%
Yes	10	5.6%
Total	178	100.0%

Note: "I don't know" responses omitted due to low number of responses.

44d. In the past 12 months, has someone you were dating or going out with ever...**forced or pressured you to do sexual things that you did not want to do? (count such things as kissing, touching, or being physically forced to have sexual intercourse)**

	Frequency	Percent
No	163	92.1%
Yes	14	7.9%
Total	177	100.0%

Note: "I don't know" responses omitted due to low number of responses.

Social Media

Use frequency:

45. How often do you use social media such as Instagram, Facebook, Snapchat, and TikTok?

	Frequency	Percent
I do not use social media	17	5.0%
A few times a month	10	3.0%
About once a week	5	1.5%
A few times a week	14	4.2%
About once a day	18	5.3%
Several times a day	120	35.6%
About once an hour	27	8.0%
More than once an hour	126	37.4%
Total	337	100.0%

Risky/unwanted situations:

46. Have you ever found yourself in a risky/unwanted situation because of information you shared electronically? (Please include communication by texting, online gaming, Instagram, Facebook, or other social media)

	Frequency	Percent
No	286	85.4%
Yes	49	14.6%
Total	335	100.0%

Feelings about social media:

47a. In general, does what you see on social media make you feel **worse about your own life?**

	Frequency	Percent
No	229	69.6%
Yes, a little	61	18.5%
Yes, a lot	13	4.0%
Don't know	26	7.9%
Total	329	100.0%

47b. In general, does what you see on social media make you feel **more connected to what's going on in your friends' lives?**

	Frequency	Percent
No	118	35.4%
Yes, a little	134	40.2%
Yes, a lot	61	18.3%
Don't know	20	6.0%
Total	333	100.0%

47c. In general, does what you see on social media make you feel **more accepted?**

	Frequency	Percent
No	136	41.1%
Yes, a little	110	33.2%
Yes, a lot	42	12.7%
Don't know	43	13.0%
Total	331	100.0%

47d. In general, does what you see on social media make you feel **overwhelmed by what you see/hear?**

	Frequency	Percent
No	204	61.8%
Yes, a little	71	21.5%
Yes, a lot	26	7.9%
Don't know	29	8.8%
Total	330	100.0%

47e. In general, does what you see on social media make you feel **like you have people who can support you through tough times?**

	Frequency	Percent
No	118	36.0%
Yes, a little	109	33.2%
Yes, a lot	67	20.4%
Don't know	34	10.4%
Total	328	100.0%

Emotions when using social media:

48. What emotions do you experience when using social networking/social media apps? (Select ALL that apply)

	Frequency	Percent
Rejection	32	10.6%
Happiness	216	70.8%
Boost self-esteem	106	34.8%
Jealousy	63	20.7%
Motivation	185	60.7%
Inspiration	192	63.0%
Fear of missing out	82	26.9%
Lower self-esteem	52	17.1%
Sense of belonging	89	29.2%
Note: Respondents were able to select more than one response option. Total number of respondents: 305		

Parent Guardian Supervision:

49. How do your parents or guardians monitor your social media accounts or how you use devices (devices include phones, tablets, or computers)? (SELECT ALL THAT APPLY)

	Frequency	Percent
They don't monitor my social media use	297	90.6%
Following accounts weekly or more often	13	4.0%
Requiring a contract and ground rules for devices	8	2.4%
Requiring that you use devices only at certain times	<5	*
Using parental controls on devices	9	2.7%
Using monitoring, blocking, or filtering software	7	2.1%
Requiring that you use devices only in certain places in the home	<5	*
They don't allow me to use social media	7	2.1%
Note: Respondents were able to select more than one response option. Total number of respondents: 328		

News sources

50. How do you usually get your news or learn about what's going on? Select your top three.

	Frequency	Percent
Facebook	37	11.3%
Instagram	230	70.1%
News websites (for example, cnn.com, bbc.com)	36	11.0%
Newspaper (paper or online)	<5	*
Podcasts	9	2.7%
Radio	8	2.4%
Reddit	5	1.5%
Talking to people you know (including text, WhatsApp, or other messaging services)	94	28.7%
Television	34	10.4%
TikTok	227	69.2%
Twitter	30	9.2%
YouTube	114	34.8%
Note: Respondents were able to select more than one response option (up to three). Total number of respondents: 328		

Participation in extracurricular activities/community engagement:

51a. Do you participate in any of the following activities after school OR on the weekends? **Organized sports (e.g. basketball, soccer, martial arts, cheerleading, football)**

	Frequency	Percent
No	193	60.3%
Yes	127	39.7%
Total	320	100.0%

52b. Do you participate in any of the following activities after school OR on the weekends? **Clubs (e.g. drama, debate, 4H, teen/peer groups)**

	Frequency	Percent
No	266	84.7%
Yes	48	15.3%
Total	314	100.0%

52c. Do you participate in any of the following activities after school OR on the weekends? **Music program (e.g. band, orchestra, choir, music lessons)**

	Frequency	Percent
No	281	90.1%
Yes	31	9.9%
Total	312	100.0%

52d. Do you participate in any of the following activities after school OR on the weekends? **Art program (e.g. dance class, painting class)**

	Frequency	Percent
No	282	92.2%
Yes	24	7.8%
Total	306	100.0%

52e. Do you participate in any of the following activities after school OR on the weekends? **Volunteering**

	Frequency	Percent
No	246	78.6%
Yes	67	21.4%
Total	313	100.0%

52f. Do you participate in any of the following activities after school OR on the weekends? **Employment**

	Frequency	Percent
No	211	67.2%
Yes	103	32.8%
Total	314	100.0%

52g. ANY extracurricular activities (derived from 54a-54f):

	Frequency	Percent
No	114	35.3%
Yes	209	64.7%
Total	323	100.0%

Plans after high school:

53. Which of the following are you most likely to do after you complete high school?

	Frequency	Percent
Attend a 4-year college	138	42.3%
Attend community college	47	14.4%
Attend a technical school	13	4.0%
Join the military	14	4.3%
Work a full-time job only	29	8.9%
Something else	24	7.4%
Not sure	61	18.7%
Total	326	100.0%

Experiencing and witnessing violence

Carrying a weapon:

54. During the past 30 days, on how many days did you carry a weapon such as a gun or a knife?

	Frequency	Percent
0 days	307	94.8%
1 day	<5	*
2 or 3 days	6	1.9%
4 or 5 days	<5	*
6 or more days	8	2.5%
Total	324	100.0%

Felt unsafe at school or on way to/from school:

55. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

	Frequency	Percent
0 days	289	89.5%
1 day	11	3.4%
2 or 3 days	10	3.1%
4 or 5 days	<5	--
6 or more days	*	*
Total	323	100.0%

Threatened or injured on school property:

56. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or other weapon on school property?

	Frequency	Percent
0 times	305	94.1%
1 time	10	3.1%
2 or 3 times	<5	*
4 or 5 times	<5	*
6 or 7 times	<5	*
8 or 9 times	<5	*
10 or 11 times	<5	*
Total	324	100.0%

Fights:

57. During the past 12 months, how many times were you in a physical fight?

	Frequency	Percent
0 times	276	86.0%
1 time	20	6.2%
2 or 3 times	18	5.6%
4 or 5 times	<5	*
8 or 9 times	5	1.6%
12 or more times	<5	*
Total	321	100.0%

Neighborhood violence:

58. Have you ever seen someone get physically attacked, beaten, stabbed, or shot in your neighborhood?

	Frequency	Percent
No	221	68.0%
Yes	104	32.0%
Total	325	100.0%

School absence

59a. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I was sick**

	Frequency	Percent
Never	32	9.9%
Rarely	91	28.3%
Sometimes	89	27.6%
Usually	110	34.2%
Total	322	100.0%

59b. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I had an appointment (doctor, dentist, counselor, etc.)**

	Frequency	Percent
Never	38	11.8%
Rarely	77	24.0%
Sometimes	104	32.4%
Usually	102	31.8%
Total	321	100.0%

59c. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **Transportation challenges (car troubles, missed the bus, etc.)**

	Frequency	Percent
Never	167	53.2%
Rarely	75	23.9%
Sometimes	47	15.0%
Usually	25	8.0%
Total	314	100.0%

59d. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not feel safe on the way to or from school**

	Frequency	Percent
Never	262	82.1%
Rarely	40	12.5%
Sometimes	12	3.8%
Usually	5	1.6%
Total	319	100.0%

59e. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not want to see another student(s) because of drama or conflict.**

	Frequency	Percent
Never	238	74.4%
Rarely	40	12.5%
Sometimes	29	9.1%
Usually	13	4.1%
Total	320	100.0%

59f. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not want to go to a class**

	Frequency	Percent
Never	165	51.6%
Rarely	55	17.2%
Sometimes	63	19.7%
Usually	37	11.6%
Total	320	100.0%

59g. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not feel safe**

	Frequency	Percent
Never	260	81.8%
Rarely	34	10.7%
Sometimes	17	5.3%
Usually	7	2.2%
Total	318	100.0%

59h. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I was too depressed or anxious/upset to come to school**

	Frequency	Percent
Never	194	61.0%
Rarely	57	17.9%
Sometimes	38	11.9%
Usually	29	9.1%
Total	318	100.0%

59i. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I had to take care of or help a family member**

	Frequency	Percent
Never	190	59.2%
Rarely	65	20.2%
Sometimes	51	15.9%
Usually	15	4.7%
Total	321	100.0%

Substance use

Age smoked first cigarette:

60. How old were you when you first smoked a cigarette, even one or two puffs?

	Frequency	Percent
8 years or younger	<5	*
9 or 10 years old	<5	*
11 or 12 years old	7	2.2%
13 or 14 years old	8	2.5%
15 or 16 years old	7	2.2%
17 years old or older	<5	*
I have never smoked a cigarette, even one or two puffs	292	91.2%
Total	320	100.0%

Cigarette smoking frequency:

61. During the past 30 days, on how many days did you smoke cigarettes?

Skip logic: Hidden unless student reported having smoked a cigarette in question 56

	Frequency	Percent
0 days	*	*
1 or 2 days	*	*
Total	<30	*

Ever used electronic nicotine vapor product:

62. Have you ever used an electronic nicotine vapor product, such as JUUL, Vuse, NJOY, Puff Bar, blu, or Bidi Stick? (Electronic vapor products include e-cigarettes, vapes, mods, e-cigs, e-hookahs, or vape pens.)

	Frequency	Percent
No	247	77.7%
Yes	71	22.3%
Total	318	100.0%

Electronic nicotine vapor product use frequency:

63. During the past 30 days, on how many days did you use an electronic nicotine vapor product, such as JUUL, Vuse, NJOY, Puff Bar, blu, or Bidi Stick? (Electronic vapor products include e-cigarettes, vapes, mods, e-cigs, e-hookahs, or vape pens.)

Skip logic: Hidden unless student reported having used an electronic nicotine vapor product in question 62

	Frequency	Percent
0 days	33	46.5%
1 or 2 days	13	18.3%
3 to 5 days	5	7.0%
6 to 9 days	<5	*
10 to 19 days	6	8.5%
20 to 29 days	<5	*
All 30 days	7	9.9%
Total	71	100.0%

Frequency of using dissolvable tobacco products:

64. During the past 30 days, on how many days did you use nicotine pouches, snus, or dissolvable tobacco products, such as Zyn, Copenhagen, Grizzly, Skoal, Camel Snus, on! or Velo (Do not count any electronic vapor products.)

	Frequency	Percent
0 days	314	98.1%
1 or 2 days	<5	*
3 to 5 days	<5	*
6-9 days	<5	*
20-29 days	<5	*
All 30 days	<5	*
Total	320	100.0%

Age at first drink of alcohol:

65. How old were you when you had your first drink of alcohol other than a few sips?

	Frequency	Percent
8 years old or younger	*	*
9 or 10 years old	<5	*
11 or 12 years old	15	4.7%
13 or 14 years old	24	7.5%
15 or 16 years old	28	8.8%
17 years old or older	16	5.0%
I have never had a drink of alcohol OR I have only had a few sips in my life	224	70.0%
Total	320	100.0%

Frequency of alcohol use:

66. During the past 30 days, how many days have you had at least one alcoholic drink? This includes drinking beer, wine, wine coolers, hard lemonade, hard cider, jello shots, and liquor such as rum, gin, vodka, or whiskey.

Skip logic: Hidden unless students reported having had a drink of alcohol in question 65

	Frequency	Percent
0 days	60	63.2%
1 or 2 days	21	22.1%
3 to 5 days	<5	*
6 to 9 days	6	6.3%
10 to 19 days	<5	*
20 to 29 days	<5	*
All 30 days	<5	*
Total	95	100.0%

Age at first marijuana use:

67. How old were you when you tried marijuana for the first time?

	Frequency	Percent
8 years old or younger	*	*
9 or 10 years old	*	*
11 or 12 years old	15	4.7%
13 or 14 years old	25	7.9%
15 or 16 years old	30	9.5%
17 years old or older	10	3.2%
I have never tried marijuana	233	73.5%
Total	317	100.0%

Frequency of marijuana use:

68. During the past 30 days, how many times did you use marijuana or cannabis products? Marijuana is also called grass, hashish, herb, joint, pot, weed, reefer. Include blunts and cigars filled with marijuana; vape cartridges with THC, and edibles or drinks with THC.

Skip logic: Hidden unless students reported marijuana use in question 67

	Frequency	Percent
0 times	41	49.4%
1 or 2 times	9	10.8%
3 to 9 times	9	10.8%
10 to 19 times	5	6.0%
20 to 39 times	7	8.4%
40 or more times	12	14.5%
Total	83	100.0%

Marijuana advertisement:

69a. During the past 30 days, have you seen an advertisement for marijuana products or stores: **In a magazine or newspaper?**

	Frequency	Percent
No	207	65.5%
Yes	33	10.4%
Don't know/Not sure	76	24.1%
Total	316	100.0%

69b. During the past 30 days, have you seen an advertisement for marijuana products or stores: **On a storefront (such as a sign posted in the window of a store)?**

	Frequency	Percent
No	127	40.2%
Yes	133	42.1%
Don't know/Not sure	56	17.7%
Total	316	100.0%

69c. During the past 30 days, have you seen an advertisement for marijuana products or stores: **Online on your cell phone, tablet, or computer through email, websites, or social media?**

	Frequency	Percent
No	129	40.7%
Yes	128	40.4%
Don't know/Not sure	60	18.9%
Total	317	100.0%

69d. During the past 30 days, have you seen an advertisement for marijuana products or stores: **On a billboard?**

	Frequency	Percent
No	135	42.6%
Yes	120	37.9%
Don't know/Not sure	62	19.6%
Total	317	100.0%

69e. During the past 30 days, have you seen an advertisement for marijuana products or stores: **On the sidewalk (like signs or people wearing or waving signs)?**

	Frequency	Percent
No	190	60.7%
Yes	58	18.5%
Don't know/Not sure	65	20.8%
Total	313	100.0%

Prescription drug use:

65a. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Narcotics (such as Methadone, Opium, Morphine, Codeine, OxyContin, Percodan)**

	Frequency	Percent
No	*	*
Yes	<5	*
Total	314	100.0%

65b. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Ritalin (also called vitamin R, R-ball, diet coke, skittles), Adderall (also called addys, uppers, beams)**

	Frequency	Percent
No	307	98.4%
Yes	5	1.6%
Total	312	100.0%

65c. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Steroids (body building hormones in the form of pills or shots)**

	Frequency	Percent
No	*	*
Yes	<5	*
Total	314	100.0%

65d. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Other prescription drugs**

	Frequency	Percent
No	286	93.5%
Yes	20	6.5%
Total	306	100.0%