

2025 Holyoke Youth Health Survey of 8th Grade Students – Frequency Tables

Number of participants: 177

Estimated participation rate, 8th grade: 50.0%

Background

The Holyoke Youth Health Survey (YHS) was administered to students in the Holyoke Public Schools as part of the Youth Health Survey Initiative. The survey was administered collaboratively by the Public Health Institute of Western Massachusetts and the Holyoke Public Schools.

The survey was administered with support from the Springfield Department of Health and Human Services.

Methods

Survey Design and Administration

The survey is a modified version of the MDPH/DESE/CDC YRBS, adapted based on local needs and priorities.

The YHS was selected for use in Springfield because it is administered biannually by the Massachusetts Departments of Public Health (MDPH) and Elementary and Secondary Education (MDESE) to Massachusetts' public school students to develop MA-wide prevalence estimates. The MA YHS was developed by the Center for Survey Research of the University of Massachusetts-Boston (CSR) and MDPH and includes questions about general health, eating habits, mental health, physical safety, other health issues, as well as risk and protective factors. The survey was administered in May and June 2025 (May 29, May 30, June 5, and June 9) to 8th grade students enrolled in Holyoke Public Schools. Students took the survey online during school hours using the Alchemer software platform. The schools had the discretion to determine when to administer the survey within a given time frame. Some schools chose to administer the survey on a single day and others chose to administer over multiple days. A total of 177 eighth grade students completed the survey. The participation rate was estimated to be 50.0% using school enrollment to estimate total potential number of students who could complete the survey. Guardians were able to opt out through a passive consent process. Students also had the ability to opt out of the survey on the day of administration. Some students were absent during the survey period, which may bias the results if these students are significantly different from their peers.

Data cleaning

Surveys that were blank or less than 5% complete (n=21) were excluded from data analysis.

The survey results presented in this document have not been evaluated for logical consistency. Logical consistency means that responses to related questions - such as drinking behaviors - match or make sense logically. For example, if a student reported never drinking in the last 30 days in the core module,

they should have also reported that they did not engage in binge drinking in the last 30 days in the module. Results presented are based on how the students responded and may include inconsistent reporting.

Notes on Interpreting the Data:

- Denominators for Questions with Skip Logic: Some questions used skip logic. This means that students were only asked some questions depending on how they responded to a previous question. If there was skip logic, the total number of respondents may be different because only some students got that question. Where applicable, denominators are explicitly stated and should be interpreted accordingly.
- Missing Data: Not all students answered all questions so total number of respondents may vary for each question. In addition, some students were absent during the surveying period which may bias the results if these students are systematically different from their peers.
- Small Numbers: For some questions, there are few respondents for a given response category. Caution should be exercised when interpreting data based on small numbers.

How to read these tables

The “Freq.” column refers to the number of students who selected a given answer for the question indicated, while the “Percent” column displays that number as a percentage of all respondents. Visit our website for information on survey background, methodology, and more:

(<https://www.publichealthwm.org/youth-health-survey-initiative>).

A “<5” or “<30” indicates that the response has been suppressed due to low counts. A “*” indicates that the response has been suppressed to prevent calculation of suppressed cells using other cells.

Contents

2025 Holyoke Youth Health Survey of 8 th Grade Students – Frequency Tables	1
Background	1
Methods	1
<i>Survey Design and Administration</i>	1
<i>Data cleaning</i>	1
Notes on Interpreting the Data:	2
<i>How to read these tables</i>	2
Frequency Tables	6
<i>Demographics</i>	6
Age:	6
Grade:	6
Survey language:	6
School:	6
Race/ethnicity:	7
Gender:	7
Transgender experience:	8
Sexual orientation:	8
LGBTQ+ Experience:	8
Disability:	9
Physical activity:	9
Diet: Vegetable consumption	10
Diet: Fruit consumption:	10
Diet: Energy drink consumption:	10
Food insecurity:	10
Sleep:	11
Sense of belonging:	12
Sense of closeness:	12
Sense of representation:	13
Things that keep you up at night:	13
Person you could talk to about a problem:	15
Needed to talk to someone, past year:	17
Loneliness:	17
Anxiety:	17

Worry:.....	18
Resilience:	18
Self-harm:.....	18
Depressive symptoms:	18
Suicide:	19
Bullying:	19
Getting together with friends:	20
<i>Gambling</i>	20
Lottery tickets:	20
Casino gambling:	21
Fantasy sports:	21
Other gambling:	21
<i>Sexual activity and sexual violence</i>	22
Age at first sexual encounter:	22
Substance use before sex:.....	22
Condom use:.....	22
Birth control methods:	23
Parent expectations:	23
Sexual violence:.....	23
Dating in past year:	24
Dating violence:.....	24
<i>Social Media</i>	25
Use frequency:	25
Feelings about social media:	25
Risky/unwanted situations:.....	26
Emotions when using social media:.....	27
Parent Guardian Supervision:	27
<i>News sources</i>	28
<i>Experiencing and witnessing violence</i>	28
Parent/guardian/adult relative physical violence:	28
Parent/guardian/adult relative ridicule/humiliate:	28
Witnessing violence in family:	29
Neighborhood safety.....	29
Witnessed violence in neighborhood.....	29
Participation in extracurricular activities/community engagement:	29
<i>School absence</i>	31

<i>Substance use</i>	33
Age smoked first cigarette:	33
Cigarette smoking frequency:.....	33
Ever used electronic nicotine vapor product:.....	34
Electronic nicotine vapor product use frequency:	34
Frequency of using dissolvable tobacco products:.....	34
Age at first drink of alcohol:	35
Frequency of alcohol use:	35
Age at first marijuana use:	35
Frequency of marijuana use:	36
Marijuana advertisement:.....	36
Prescription drug use:	37

Frequency Tables

Demographics

Age:

1. How old are you?

	Frequency	Percent
13 years old	24	13.6%
14 years old	138	78.0%
15 years old	*	*
16 years old or older	<5	*
Total	177	100.0%

Grade:

2. What grade are you in?

	Frequency	Percent
8	177	100.0%
Total	177	100.0%

Survey language:

3. Survey language

	Frequency	Percent
English	*	*
Spanish	<5	*
Total	177	100.0%

School:

4. Please select your school from the drop-down list.

	Frequency	Percent
Holyoke STEM Academy	23	18.3%
Metcalf School	30	23.8%
Sullivan School	73	57.9%
Total	126	100.0%

Race/ethnicity:

5a. What is your race/ethnicity? (Select all responses that you identify with.)

	Frequency	Percent
American Indian or Alaska Native	<5	--
Asian	<5	*
Black or African American	32	18.1%
Hispanic/Latino	142	80.2%
Native Hawaiian/Other Pacific Islander	<5	--
White	34	19.2%
Other Race/Ethnicity	18	10.2%
Note: Respondents were able to select more than one response option. Total number of respondents: 177		

5b. What is your race/ethnicity? (Mutually exclusive categories)

	Frequency	Percent
American Indian or Alaska Native, Non-Hispanic	<5	--
Black, Non-Hispanic	12	6.8%
Hispanic/Latino	142	80.2%
Native Hawaiian/Other Pacific Islander, Non-Hispanic	<5	--
White, Non-Hispanic	13	7.3%
Other Race/Ethnicity, Non-Hispanic	8	4.5%
Total	177	100.0%

5c. Person of color (derived from race/ethnicity)

	Frequency	Percent
No	13	7.3%
Yes	164	92.7%
Total	177	100.0%

Gender:

6. What is your current gender identity?

	Frequency	Percent
Female	91	52.3%
Male	69	39.7%
Nonbinary, genderqueer, not exclusively male or female	7	4.0%
I am questioning/I am not sure of my gender identity	<5	--
I identify another way	<5	--
I decline to answer	<5	--
Total	174	100.0%

Transgender experience:

7. Are you transgender?

	Frequency	Percent
No, I am not transgender	152	91.6%
Yes, I am transgender	6	3.6%
I am not sure if I am transgender	<5	--
I do not know what this question is asking	*	*
Total	166	100.0%

Sexual orientation:

8. This question asks about sexual identity. Which of the following best describes you?

	Frequency	Percent
Asexual	<5	--
Bisexual	17	9.9%
Gay or lesbian	8	4.7%
Heterosexual or straight	108	62.8%
Pansexual	5	2.9%
Questioning or not sure	8	4.7%
I describe my sexual identity in some other way	<5	--
I don't understand what this question is asking	21	12.2%
Total	172	100.0%

LGBTQ+ Experience:

9. Identify as part of the LGBTQ+ community (derived from previous two questions):

	Frequency	Percent
No	108	75.5%
Yes	35	24.5%
Total	143	100.0%

Disability:

10a. Do you have any of the following disabilities or chronic conditions? (select all that apply)

	Frequency	Percent
ADHD	21	14.5%
Autism	14	9.7%
Blind or visually impaired	8	5.5%
Deaf or Hard of Hearing	6	4.1%
Health-related disability	<5	--
Learning disability	8	5.5%
Mental health condition	21	14.5%
Mobility-related disability (this may include using a wheelchair, crutches, or needing to limit your time running/walking)	<5	--
Speech-related disability	6	4.1%
Other (please specify, optional)	27	18.6%
I do not have a disability or chronic condition	75	51.7%
Note: Respondents were able to select more than one response option. Total number of respondents: 145		

10b. Any disability (derived from question 10a):

	Frequency	Percent
No	71	54.6%
Yes	59	45.4%
Total	130	100.0%

Physical activity:

11. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

	Frequency	Percent
0 days	22	13.1%
1 day	10	6.0%
2 days	20	11.9%
3 days	19	11.3%
4 days	21	12.5%
5 days	19	11.3%
6 days	18	10.7%
7 days	39	23.2%
Total	168	100.0%

Diet: Vegetable consumption

12. During the past 7 days, how many times did you eat vegetables? (Count all cooked and uncooked)

	Frequency	Percent
I did not eat vegetables yesterday	66	40.0%
1 time	39	23.6%
2 times	36	21.8%
3 or more times	24	14.5%
Total	165	100.0%

Diet: Fruit consumption:

13. During the past 7 days, how many times did you eat fruit? (Do NOT count fruit juice)

	Frequency	Percent
I did not eat fruit yesterday	39	23.4%
1 time	47	28.1%
2 times	33	19.8%
3 or more times	48	28.7%
Total	167	100.0%

Diet: Energy drink consumption:

14. In the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink? (For example, Red Bull, Monster, Alani Nu, or Celsius)

	Frequency	Percent
I did not drink any energy drinks during the past 7 days	99	58.2%
1 to 3 times during the past week	46	27.1%
4 to 6 times during the past week	8	4.7%
1 time per day	6	3.5%
2 or more times per day	11	6.5%
Total	170	100.0%

Food insecurity:

15. During the past 30 days, how often did you go to bed hungry because there was not enough food in your home?

	Frequency	Percent
Never	107	65.6%
Rarely	33	20.2%
Sometimes	20	12.3%
Most of the time	<5	--
Always	<5	--
Total	163	100.0%

Sleep:

16. On an average school night, how many hours of sleep do you get?

	Frequency	Percent
4 or less hours	15	9.2%
5 hours	17	10.4%
6 hours	30	18.4%
7 hours	36	22.1%
8 hours	47	28.8%
9 hours	10	6.1%
10 or more hours	8	4.9%
Total	163	100.0%

17a. The next set of questions ask how you think students are generally treated at school. How strongly do you agree or disagree with the following statements about this school? Students are treated differently or unfairly because of their **race, ethnicity, or culture**.

	Frequency	Percent
Strongly agree	26	16.6%
Agree	31	19.7%
Disagree	65	41.4%
Strongly disagree	35	22.3%
Total	157	100.0%

17b. The next set of questions ask how you think students are generally treated at school. How strongly do you agree or disagree with the following statements about this school? Students are treated differently or unfairly because of their **gender identity or expression**.

	Frequency	Percent
Strongly agree	22	14.2%
Agree	38	24.5%
Disagree	61	39.4%
Strongly disagree	34	21.9%
Total	155	100.0%

17c. The next set of questions ask how you think students are generally treated at school. How strongly do you agree or disagree with the following statements about this school? Students are treated differently or unfairly because of their **sexual orientation**.

	Frequency	Percent
Strongly agree	21	13.6%
Agree	28	18.2%
Disagree	67	43.5%
Strongly disagree	38	24.7%
Total	154	100.0%

Sense of belonging:

18a. The next set of questions ask about feelings of belonging at school. How strongly do you agree or disagree with the following statements about this school? **I feel like I belong at this school.**

	Frequency	Percent
Strongly agree	19	12.0%
Agree	78	49.4%
Disagree	42	26.6%
Strongly disagree	19	12.0%
Total	158	100.0%

Sense of closeness:

18b. The next set of questions ask about feelings of belonging at school. How strongly do you agree or disagree with the following statements about this school? **I feel close to the people at my school.**

	Frequency	Percent
Strongly agree	29	18.6%
Agree	74	47.4%
Disagree	36	23.1%
Strongly disagree	17	10.9%
Total	156	100.0%

Sense of representation:

18c. The next set of questions ask about feelings of belonging at school. How strongly do you agree or disagree with the following statements about this school? **My identities are represented in the things I learn at school.**

	Frequency	Percent
Strongly agree	21	13.7%
Agree	71	46.4%
Disagree	42	27.5%
Strongly disagree	19	12.4%
Total	153	100.0%

Things that keep you up at night:

19a. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Climate change (increasing number of hotter days, flooding, extreme weather events, etc.**

	Frequency	Percent
Never	76	51.4%
Rarely	26	17.6%
Sometimes	35	23.6%
Most of the time	*	*
Always	<5	--
Total	148	100.0%

19b. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Discrimination against immigrants**

	Frequency	Percent
Never	85	58.2%
Rarely	23	15.8%
Sometimes	26	17.8%
Most of the time	7	4.8%
Always	5	3.4%
Total	146	100.0%

19c. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Gun violence**

	Frequency	Percent
Never	78	53.4%
Rarely	29	19.9%
Sometimes	30	20.5%
Most of the time	<5	--
Always	*	*
Total	146	100.0%

19d. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Policing (presence of police officers in your neighborhood, police acting unfairly or violently, etc.)**

	Frequency	Percent
Never	83	57.2%
Rarely	24	16.6%
Sometimes	28	19.3%
Most of the time	*	*
Always	<5	--
Total	145	100.0%

19e. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **War/global conflict**

	Frequency	Percent
Never	89	63.6%
Rarely	21	15.0%
Sometimes	26	18.6%
Most of the time	<5	--
Always	<5	--
Total	140	100.0%

19f. During the past 12 months, how often were you so worried about each of the following issues that you could not sleep at night? **Racial/social injustice (unfair treatment of people based on their race, ethnicity, gender identity, or other identity/background)**

	Frequency	Percent
Never	77	54.2%
Rarely	25	17.6%
Sometimes	28	19.7%
Most of the time	<5	--
Always	*	*
Total	142	100.0%

Person you could talk to about a problem:

20a. Do you feel like you could talk to the following people if you needed help with a personal problem?

Adult in my home

	Frequency	Percent
No	33	22.6%
Yes	113	77.4%
Total	146	100.0%

20b. Do you feel like you could talk to the following people if you needed help with a personal problem?

School psychologist, school counselor, or school nurse

	Frequency	Percent
No	77	53.8%
Yes	66	46.2%
Total	143	100.0%

20c. Do you feel like you could talk to the following people if you needed help with a personal problem?

Teacher or other adult at school not mentioned above

	Frequency	Percent
No	72	49.7%
Yes	73	50.3%
Total	145	100.0%

20d. Do you feel like you could talk to the following people if you needed help with a personal problem?
Psychologist, therapist, counselor, doctor, or nurse (not school employees)

	Frequency	Percent
No	65	45.5%
Yes	78	54.5%
Total	143	100.0%

20e. Do you feel like you could talk to the following people if you needed help with a personal problem?
Adult in the community

	Frequency	Percent
No	103	73.0%
Yes	38	27.0%
Total	141	100.0%

20f. Do you feel like you could talk to the following people if you needed help with a personal problem?
Friend or non-adult family member (e.g. cousin, sibling)

	Frequency	Percent
No	32	22.2%
Yes	112	77.8%
Total	144	100.0%

20g. Do you feel like you could talk to the following people if you needed help with a personal problem?
Friend online

	Frequency	Percent
No	92	64.8%
Yes	50	35.2%
Total	142	100.0%

20h. Do you feel like you could talk to the following people if you needed help with a personal problem?
Other person

	Frequency	Percent
No	82	63.6%
Yes	47	36.4%
Total	129	100.0%

20i. Have any person to talk to about a problem

	Frequency	Percent
No	6	4.0%
Yes	142	96.0%
Total	148	100.0%

Note: This variable was calculated based on students' responses to question 20a through 20h. If a student responded "yes" to any of these, they were categorized as having a person to talk to about a problem. If they did not respond "yes" to any of these, they were categorized as not having anyone to talk to about a problem.

Needed to talk to someone, past year:

21. During the past 12 months, have you felt you needed to talk to someone about how you were feeling, how things were going in your life, or problems you might have had?

	Frequency	Percent
No	55	36.9%
Yes	94	63.1%
Total	149	100.0%

Loneliness:

22. During the past 12 months, how often did you feel lonely?

	Frequency	Percent
Never	29	19.6%
Rarely	24	16.2%
Sometimes	49	33.1%
Most of the time	33	22.3%
Always	13	8.8%
Total	148	100.0%

Anxiety:

23. How often over the last 2 weeks were you bothered by: Feeling anxious, nervous, or on edge?

	Frequency	Percent
Never	43	34.1%
For several days	36	28.6%
For more than half the days	19	15.1%
Nearly every day	28	22.2%
Total	126	100.0%

Worry:

24. How often over the last 2 weeks were you bothered by: Not being able to stop or control worrying?

	Frequency	Percent
Never	63	49.6%
For several days	37	29.1%
For more than half the days	16	12.6%
Nearly every day	11	8.7%
Total	127	100.0%

Resilience:

25. Rank your agreement with the following statement: 'I tend to bounce back or recover quickly after hard or stressful times.'

	Frequency	Percent
Strongly agree	27	18.4%
Agree	75	51.0%
Disagree	36	24.5%
Strongly disagree	9	6.1%
Total	147	100.0%

Self-harm:

26. During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?

	Frequency	Percent
0 times	111	77.6%
1 time	10	7.0%
2 or 3 times	11	7.7%
4 or 5 times	6	4.2%
6 or more times	5	3.5%
Total	143	100.0%

Depressive symptoms:

27. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Frequency	Percent
No	87	60.0%
Yes	58	40.0%
Total	145	100.0%

28. In the past year, have you felt depressed or sad MOST days, even if you felt okay sometimes?

	Frequency	Percent
NO!	36	25.0%
no	39	27.1%
yes	48	33.3%
YES!	21	14.6%
Total	144	100.0%

Suicide:

29. During the past 12 months, did you ever seriously consider attempting suicide?

	Frequency	Percent
No	126	88.7%
Yes	16	11.3%
Total	142	100.0%

30. During the past 12 months, how many times did you actually attempt suicide?

	Frequency	Percent
0 times	128	90.1%
1 or more times	14	9.9%
Total	142	100.0%

31. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

Skip logic: Hidden unless #30 was answered with 1 or more times

	Frequency	Percent
No	*	*
Yes	*	*
Total	<30	--

Bullying:

32. During the past 12 months, have you ever been bullied at school or on your way to or from school?

	Frequency	Percent
No	105	73.4%
Yes	38	26.6%
Total	143	100.0%

33. During the past 12 months, have you ever been electronically bullied? This includes being bullied through texting, online gaming, Instagram, Facebook, or other social media.

	Frequency	Percent
No	123	87.2%
Yes	18	12.8%
Total	141	100.0%

Getting together with friends:

34a. In a typical week, how often do you get together with friends...**In person (outside of school or school-related activities)**

	Frequency	Percent
Every day or almost every day	46	32.4%
Several times a week	21	14.8%
About once a week	34	23.9%
Less often	41	28.9%
Total	142	100.0%

34a. In a typical week, how often do you get together with friends...**Online (including on your cell phone, on social media, or through online gaming)**

	Frequency	Percent
Every day or almost every day	54	38.8%
Several times a week	33	23.7%
About once a week	22	15.8%
Less often	30	21.6%
Total	139	100.0%

Gambling

Lottery tickets:

35a. During the past 12 months how many times have you done any of the following for money or anything of value? **Played lottery or scratch tickets**

	Frequency	Percent
0 times	116	82.3%
1-5 times	23	16.3%
6-10 times	<5	--
More than 10 times	<5	--
Total	141	100.0%

Casino gambling:

35b. During the past 12 months how many times have you done any of the following for money or anything of value? **Gambled at a casino**

	Frequency	Percent
0 times	130	95.6%
1-5 times	*	*
More than 10 times	<5	--
Total	136	100.0%

Fantasy sports:

35c. During the past 12 months how many times have you done any of the following for money or anything of value? **Participated in fantasy sports**

	Frequency	Percent
0 times	125	90.6%
1-5 times	9	6.5%
6-10 times	<5	--
More than 10 times	<5	--
Total	138	100.0%

Other gambling:

35d. During the past 12 months how many times have you done any of the following for money or anything of value? **Engaged in one of these other activities: Betting on sporting events, games of personal skill (pool, bowling, dominoes, or darts), dice games, horse or animal races, video poker or other gambling machines; Playing cards or bingo for money or prizes; Gambling on the Internet**

	Frequency	Percent
0 times	111	79.3%
1-5 times	17	12.1%
6-10 times	5	3.6%
More than 10 times	7	5.0%
Total	140	100.0%

Sexual activity and sexual violence

Age at first sexual encounter:

36. How old were you when you had sexual intercourse for the first time?

	Frequency	Percent
11 years old or younger	<5	--
12 years old	<5	--
13 years old	5	3.6%
14 years old	<5	--
15 years old	<5	--
17 years old	<5	--
I have never had sexual intercourse	124	90.5%
Total	137	100.0%

Substance use before sex:

37. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

	Frequency	Percent
No	*	*
Yes	<5	--
I have never had sexual intercourse	97	70.8%
Total	137	100.0%

Condom use:

38. The last time you had sexual intercourse, did you or your partner use a condom?

	Frequency	Percent
No	*	*
Yes	<5	--
I have never had sexual intercourse	111	81.6%
Total	136	100.0%

Birth control methods:

39. The last time you had sexual intercourse with an opposite-sex partner, what method(s) did you or your partner use to prevent pregnancy? (Select ALL methods that you or your partner used.)

	Frequency	Percent
I have never had sexual intercourse with an opposite-sex partner	112	87.5%
No method was used to prevent pregnancy	6	4.7%
Birth control pills (do not account emergency contraception such as Plan B or the “morning after” pill)	<5	--
Condoms	<5	--
An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	<5	--
A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	<5	--
Withdrawal or some other method	<5	--
Not sure	12	9.4%
Note: Respondents were able to select more than one response option. Total number of respondents: 128		

Parent expectations:

40. Have your parents, guardians, or other adults in your family ever talked to you about what they expect you to do or not to do when it comes to sex?

	Frequency	Percent
No	48	35.0%
Yes	70	51.1%
Not sure	19	13.9%
Total	137	100.0%

Sexual violence:

41. Have you ever been physically forced, pressured, or coerced to have sex or engage in other sexual activities when you did not want to?

	Frequency	Percent
No	120	85.7%
Yes	10	7.1%
Don't know	10	7.1%
Total	140	100.0%

Dating in past year:

42. Have you dated or gone out with anyone during the past 12 months?

	Frequency	Percent
No	57	40.4%
Yes	84	59.6%
Total	141	100.0%

Dating violence:

Skip logic (for question 43): Hidden unless students responded “yes” to question 42

43a. In the past 12 months, has someone you were dating or going out with ever...**tried to control what you wore, who you spoke to or spent time with, or kept track of your activity?**

	Frequency	Percent
No	58	70.7%
Yes	24	29.3%
Total	82	100.0%

Note: “I don’t know” responses omitted due to low number of responses.

43b. In the past 12 months, has someone you were dating or going out with ever...**insulted, humiliated, or made fun of you in front of others?**

	Frequency	Percent
No	63	77.8%
Yes	18	22.2%
Total	81	100.0%

Note: “I don’t know” responses omitted due to low number of responses.

43c. In the past 12 months, has someone you were dating or going out with ever...**slapped, pushed, shook, punched, kicked, beat you with an object, choked, burned you intentionally, threw something at you to hurt you, or used or threatened you with any sharp object or weapon?**

	Frequency	Percent
No	70	87.5%
Yes	10	12.5%
Total	80	100.0%

Note: “I don’t know” responses omitted due to low number of responses.

43d. In the past 12 months, has someone you were dating or going out with ever...**forced or pressured you to do sexual things that you did not want to do?** (count such things as kissing, touching, or being physically forced to have sexual intercourse)

	Frequency	Percent
No	*	*
Yes	<5	--
Total	79	100.0%

Note: "I don't know" responses omitted due to low number of responses.

Social Media

Use frequency:

44. How often do you use social media such as Instagram, Facebook, Snapchat, and TikTok?

	Frequency	Percent
I do not use social media	10	7.3%
A few times a month	10	7.3%
About once a week	5	3.6%
A few times a week	10	7.3%
About once a day	7	5.1%
Several times a day	45	32.8%
About once an hour	6	4.4%
More than once an hour	44	32.1%
Total	137	100.0%

Feelings about social media:

45a. In general, does what you see on social media make you feel **worse about your own life?**

	Frequency	Percent
No	92	68.1%
Yes, a little	24	17.8%
Yes, a lot	11	8.1%
Don't know	8	5.9%
Total	135	100.0%

45b. In general, does what you see on social media make you feel **more connected to what's going on in your friends' lives?**

	Frequency	Percent
No	41	30.1%
Yes, a little	50	36.8%
Yes, a lot	39	28.7%
Don't know	6	4.4%
Total	136	100.0%

45c. In general, does what you see on social media make you feel **more accepted**?

	Frequency	Percent
No	55	41.0%
Yes, a little	46	34.3%
Yes, a lot	22	16.4%
Don't know	11	8.2%
Total	134	100.0%

45d. In general, does what you see on social media make you feel **overwhelmed by what you see/hear**?

	Frequency	Percent
No	82	62.1%
Yes, a little	29	22.0%
Yes, a lot	9	6.8%
Don't know	12	9.1%
Total	132	100.0%

45e. In general, does what you see on social media make you feel **like you have people who can support you through tough times**?

	Frequency	Percent
No	43	32.3%
Yes, a little	42	31.6%
Yes, a lot	32	24.1%
Don't know	16	12.0%
Total	133	100.0%

Risky/unwanted situations:

46. Have you ever found yourself in a risky/unwanted situation because of information you shared electronically? (Please include communication by texting, online gaming, Instagram, Facebook, or other social media)

	Frequency	Percent
No	103	81.1%
Yes	24	18.9%
Total	127	100.0%

Emotions when using social media:

47. What emotions do you experience when using social networking/social media apps? (Select ALL that apply)

	Frequency	Percent
Rejection	11	8.9%
Happiness	84	67.7%
Boost self-esteem	33	26.6%
Jealousy	24	19.4%
Motivation	61	49.2%
Inspiration	63	50.8%
Fear of missing out	28	22.6%
Lower self-esteem	18	14.5%
Sense of belonging	38	30.7%
Note: Respondents were able to select more than one response option. Total number of respondents: 124		

Parent Guardian Supervision:

48. How do your parents or guardians monitor your social media accounts or how you use devices (devices include phones, tablets, or computers)? (SELECT ALL THAT APPLY)

	Frequency	Percent
They don't monitor my social media use	98	75.4%
Following accounts weekly or more often	14	10.8%
Requiring a contract and ground rules for devices	7	5.4%
Requiring that you use devices only at certain times	6	4.6%
Using parental controls on devices	11	8.5%
Using monitoring, blocking, or filtering software	7	5.4%
Requiring that you use devices only in certain places in the home	<5	--
They don't allow me to use social media	7	5.4%
Note: Respondents were able to select more than one response option. Total number of respondents: 130		

News sources

49. How do you usually get your news or learn about what's going on? Select your top three.

	Frequency	Percent
Facebook	<5	--
Instagram	64	50.4%
News websites (for example, cnn.com, bbc.com)	15	11.8%
Newspaper (paper or online)	9	7.1%
Podcasts	<5	--
Radio	8	6.3%
Reddit	<5	--
Talking to people you know (including text, WhatsApp, or other messaging services)	64	50.4%
Television	22	17.3%
TikTok	80	63.0%
Twitter	5	3.9%
YouTube	42	33.1%
Note: Respondents were able to select more than one response option (up to three). Total number of respondents: 127		

Experiencing and witnessing violence

Parent/guardian/adult relative physical violence:

50a. During the past 12 months, did a parent/guardian, adult caregiver, or other adult relative do any of the following to you? **Slap, push, shake, kick, beat you with an object, choke, burn you intentionally, throw something at you to hurt you, or use or threaten you with any sharp object or weapon.**

	Frequency	Percent
No	116	91.3%
Yes	11	8.7%
Total	127	100.0%

Parent/guardian/adult relative ridicule/humiliate:

50b. During the past 12 months, did a parent/guardian, adult caregiver, or other adult relative do any of the following to you? **Ridicule, humiliate, or put you down, for example say that you are stupid, lazy, or useless.**

	Frequency	Percent
No	90	72.0%
Yes	35	28.0%
Total	125	100.0%

Witnessing violence in family:

51. During the past 12 months, did you witness violence in your family?

	Frequency	Percent
No	101	80.2%
Yes	11	8.7%
Don't know	14	11.1%
Total	126	100.0%

Neighborhood safety

52. How safe from crime do you consider your neighborhood to be?

	Frequency	Percent
Extremely safe	17	13.4%
Safe	67	52.8%
Unsafe	35	27.6%
Extremely unsafe	8	6.3%
Total	127	100.0%

Witnessed violence in neighborhood

53. Have you ever witnessed someone being physically harmed in your neighborhood (for example, with a gun, knife, or other weapon, or in a physical fight)?

	Frequency	Percent
No	82	65.6%
Yes	43	34.4%
Total	125	100.0%

Participation in extracurricular activities/community engagement:

54a. Do you participate in any of the following activities after school OR on the weekends? **Organized sports (e.g. basketball, soccer, martial arts, cheerleading, football)**

	Frequency	Percent
No	66	53.2%
Yes	58	46.8%
Total	124	100.0%

54b. Do you participate in any of the following activities after school OR on the weekends? **Clubs (e.g. drama, debate, 4H, teen/peer groups)**

	Frequency	Percent
No	110	91.7%
Yes	10	8.3%
Total	120	100.0%

54c. Do you participate in any of the following activities after school OR on the weekends? **Music program (e.g. band, orchestra, choir, music lessons)**

	Frequency	Percent
No	108	90.8%
Yes	11	9.2%
Total	119	100.0%

54d. Do you participate in any of the following activities after school OR on the weekends? **Art program (e.g. dance class, painting class)**

	Frequency	Percent
No	109	90.8%
Yes	11	9.2%
Total	120	100.0%

54e. Do you participate in any of the following activities after school OR on the weekends? **Volunteering**

	Frequency	Percent
No	103	85.8%
Yes	17	14.2%
Total	120	100.0%

54f. Do you participate in any of the following activities after school OR on the weekends? **Employment**

	Frequency	Percent
No	105	87.5%
Yes	15	12.5%
Total	120	100.0%

54g. ANY extracurricular activities (derived from 54a-54f):

	Frequency	Percent
No	50	40.0%
Yes	75	60.0%
Total	125	100.0%

School absence

55a. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I was sick**

	Frequency	Percent
Never	11	9.0%
Rarely	29	23.8%
Sometimes	46	37.7%
Usually	36	29.5%
Total	122	100.0%

55b. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I had an appointment (doctor, dentist, counselor, etc.)**

	Frequency	Percent
Never	10	8.3%
Rarely	19	15.7%
Sometimes	48	39.7%
Usually	44	36.4%
Total	121	100.0%

55c. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **Transportation challenges (car troubles, missed the bus, etc.)**

	Frequency	Percent
Never	56	46.3%
Rarely	42	34.7%
Sometimes	13	10.7%
Usually	10	8.3%
Total	121	100.0%

55d. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not feel safe on the way to or from school**

	Frequency	Percent
Never	100	81.3%
Rarely	15	12.2%
Sometimes	*	*
Usually	<5	--
Total	123	100.0%

55e. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not want to see another student(s) because of drama or conflict.**

	Frequency	Percent
Never	84	67.7%
Rarely	21	16.9%
Sometimes	14	11.3%
Usually	5	4.0%
Total	124	100.0%

55f. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not want to go to a class**

	Frequency	Percent
Never	66	53.7%
Rarely	22	17.9%
Sometimes	23	18.7%
Usually	12	9.8%
Total	123	100.0%

55g. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I did not feel safe**

	Frequency	Percent
Never	93	76.9%
Rarely	15	12.4%
Sometimes	8	6.6%
Usually	5	4.1%
Total	121	100.0%

55h. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I was too depressed or anxious/upset to come to school**

	Frequency	Percent
Never	71	57.3%
Rarely	25	20.2%
Sometimes	15	12.1%
Usually	13	10.5%
Total	124	100.0%

55i. Please rate each statement as being Never, Rarely, Sometimes, or Usually the reasons you miss school. **I had to take care of or help a family member**

	Frequency	Percent
Never	66	53.7%
Rarely	24	19.5%
Sometimes	25	20.3%
Usually	8	6.5%
Total	123	100.0%

Substance use

Age smoked first cigarette:

56. How old were you when you first smoked a cigarette, even one or two puffs?

	Frequency	Percent
14 years old or younger	9	7.3%
I have never smoked a cigarette, even one or two puffs	115	92.7%
Total	124	100.0%

Cigarette smoking frequency:

57. During the past 30 days, on how many days did you smoke cigarettes?

Skip logic: Hidden unless student reported having smoked a cigarette in question 56

	Frequency	Percent
0 days	*	*
20 to 29 days	*	*
Total	<30	--

Ever used electronic nicotine vapor product:

58. Have you ever used an electronic nicotine vapor product, such as JUUL, Vuse, NJOY, Puff Bar, blu, or Bidi Stick? (Electronic vapor products include e-cigarettes, vapes, mods, e-cigs, e-hookahs, or vape pens.)

	Frequency	Percent
No	104	86.7%
Yes	16	13.3%
Total	120	100.0%

Electronic nicotine vapor product use frequency:

59. During the past 30 days, on how many days did you use an electronic nicotine vapor product, such as JUUL, Vuse, NJOY, Puff Bar, blu, or Bidi Stick? (Electronic vapor products include e-cigarettes, vapes, mods, e-cigs, e-hookahs, or vape pens.)

Skip logic: Hidden unless student reported having used an electronic nicotine vapor product in question 58

	Frequency	Percent
0 days	*	*
1 or 2 days	*	*
6 to 9 days	*	*
10 to 19 days	*	*
20 to 29 days	*	*
Total	<30	--

Frequency of using dissolvable tobacco products:

59. During the past 30 days, on how many days did you use nicotine pouches, snus, or dissolvable tobacco products, such as Zyn, Copenhagen, Grizzly, Skoal, Camel Snus, on! or Velo (Do not count any electronic vapor products.)

	Frequency	Percent
0 days	123	100.0%
Total	123	100.0%

Age at first drink of alcohol:

60. How old were you when you had your first drink of alcohol other than a few sips?

	Frequency	Percent
8 years or younger	7	5.7%
9 or 10 years old	<5	--
11 or 12 years old	<5	--
13 or 14 years old	7	5.7%
I have never had a drink of alcohol OR I have only had a few sips in my life	103	83.7%
Total	123	100.0%

Frequency of alcohol use:

61. During the past 30 days, how many days have you had at least one alcoholic drink? This includes drinking beer, wine, wine coolers, hard lemonade, hard cider, jello shots, and liquor such as rum, gin, vodka, or whiskey.

Skip logic: Hidden unless students reported having had a drink of alcohol in question 60

	Frequency	Percent
0 days	*	*
1 or 2 days	*	*
6 to 9 days	*	*
10 to 19 days	*	*
Total	<30	--

Age at first marijuana use:

62. How old were you when you tried marijuana for the first time?

	Frequency	Percent
8 years old or younger	*	*
9 or 10 years old	*	*
11 or 12 years old	*	*
13 or 14 years old	*	*
Total	<30	--

Frequency of marijuana use:

63. During the past 30 days, how many times did you use marijuana or cannabis products? Marijuana is also called grass, hashish, herb, joint, pot, weed, reefer. Include blunts and cigars filled with marijuana; vape cartridges with THC, and edibles or drinks with THC.

Skip logic: Hidden unless students reported marijuana use in question 62

	Frequency	Percent
0 times	*	*
1 or 2 times	*	*
3 to 9 times	*	*
10 to 19 times	*	*
20 to 39 times	*	*
Total	<30	--

Marijuana advertisement:

64a. During the past 30 days, have you seen an advertisement for marijuana products or stores: **In a magazine or newspaper?**

	Frequency	Percent
No	80	66.1%
Yes	11	9.1%
Don't know/Not sure	30	24.8%
Total	121	100.0%

64b. During the past 30 days, have you seen an advertisement for marijuana products or stores: **On a storefront (such as a sign posted in the window of a store)?**

	Frequency	Percent
No	50	41.3%
Yes	54	44.6%
Don't know/Not sure	17	14.0%
Total	121	100.0%

64c. During the past 30 days, have you seen an advertisement for marijuana products or stores: **Online on your cell phone, tablet, or computer through email, websites, or social media?**

	Frequency	Percent
No	56	46.3%
Yes	48	39.7%
Don't know/Not sure	17	14.0%
Total	121	100.0%

64d. During the past 30 days, have you seen an advertisement for marijuana products or stores: **On a billboard?**

	Frequency	Percent
No	64	52.5%
Yes	35	28.7%
Don't know/Not sure	23	18.9%
Total	122	100.0%

64a. During the past 30 days, have you seen an advertisement for marijuana products or stores: **On the sidewalk (like signs or people wearing or waving signs)?**

	Frequency	Percent
No	78	63.9%
Yes	18	14.8%
Don't know/Not sure	26	21.3%
Total	122	100.0%

Prescription drug use:

65a. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Narcotics (such as Methadone, Opium, Morphine, Codeine, OxyContin, Percodan)**

	Frequency	Percent
No	*	*
Yes	<5	--
Total	121	100.0%

65b. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Ritalin (also called vitamin R, R-ball, diet coke, skittles), Adderall (also called addys, uppers, beams)**

	Frequency	Percent
No	*	*
Yes	<5	--
Total	120	100.0%

65c. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Steroids (body building hormones in the form of pills or shots)**

	Frequency	Percent
No	*	*
Yes	<5	--
Total	120	100.0%

65d. During the past 30 days, have you taken any of the following prescription drugs that were not your own OR used your own prescription drugs in a way that your doctor did not prescribe (such as taking more than directed)? **Other prescription drugs**

	Frequency	Percent
No	115	95.8%
Yes	5	4.2%
Total	120	100.0%