MASSACHUSETTS Fall 2025 Vaccines

Updated 10/6/2025

		Flu	Covid-19	RSV
Who is Eligible?	*Infants & Children*	**All children 6 months and older.** Children who receive the vaccine for the first time will need 2 doses	**All children 6-23 months** should complete primary vaccination series, OR if already completed, receive a single booster dose at least 8 weeks after the last dose. **Children 2-18 years** old should receive one dose, especially for those with higher risk, residents of congregate care facilities, or never vaccinated.	**All infants 8 months or younger** (if no immunization during pregnancy) **AND children 8-19 with risk factors**
	Adults 18-64	**All adults**. Especially those with health conditions associated with higher risk	**All adults may receive one dose.** Especially recommended for adults with higher risk AND those whose household contacts are at higher risk.	**None, unless pregnant or with risk factors.** As of now, only one lifetime dose needed.
	Adults 65+	**All older adults**. A high-dose vaccine is preferred (if available)	**All adults 65+ should receive two doses**, with the 2nd dose at least 6 months after the first	**All 75+ and adults 50-74 with risk factors.** As of now, only one lifetime dose needed.
	Pregnant Individuals	**All pregnant individuals** at any point of pregnancy	**All pregnant individuals** (at any point of pregnancy) should receive one dose.	**Pregnant individuals between 32-36 weeks gestation**
When should I get it?		**October** to maintain good protection during height of flu season	**Now.** If you were recently infected, wait at least 4-6 months	• **Infants:** Oct-March • **Pregnancy:** Sept-Jan • **Older Adults:** Now as protection durable
What is available?		**A shot that targets 3 strains of seasonal flu**	**Updated vaccines with new sub-variants JN.1 or LP.8.1.** • Pfizer: mRNA; for ages 5+) • Moderna: mRNA for ages 6 months+ • Novavax: protein for ages 12 years+	• **Children:** Monoclonal antibodies nirsevimab or clesrovimab • **Pregnant:** ABRYSVO Pfizer vaccine • **Adults 50+:** GSK & Pfizer (protein) or Moderna (mRNA) vaccines
How well do they work?		Reduced risk of hospitalization **by 50%** in the Southern Hemisphere this year	**30-60% protection against illness and severe disease,** *Important for older adult who are most at risk for hospitalization and death.*	**Reduces risk of severe disease by 80-96%**

Get vaccinated at your local pharmacy, doctor's office, health center, or health department, or search on VaccineFinder.org.

Questions? Talk with your doctor about what is right for you.

Sources: *Massachusetts Department of Public Health, the American Academy of Pediatrics (AAP), the American College of Obstetricians and Gynecologists (ACOG), the American Academy of Family Physicians (AAFP), Centers for Disease Control, and Your Local Epidemiologist.*