# Community Support and Health Services - Yamba, Maclean, Iluka

## Wellspring Food Pantry Treelands Drive 6645 8829

Thursday and Friday 9 am to 2pm

## Wellspring Iluka

• Friday 9 am to 2pm

## Anglicare 5 Wharf St Maclean 6645 1244 7 Wiseman Way Grafton 6643 4844

Provides material assistance, advice and referrals for people in financial crisis. Can provide some immediate help with grocery vouchers, food parcels, and vouchers to help with phone and power bill costs.

## Counselling/ Emotional Help

- Lifeline 24 hr Counselling Service 131114
- Salvation Army Careline 24 hr Counselling 1300363622
- Suicide Call back Service 1300659467
- Domestic Violence line Free call 1800656463

## At risk of homelessness

- Link2Home state-wide emergency accommodation service 1800 152 152 (best number in holiday periods)
- Youth Accommodation Line 1800 424 830
- Indigenous Australians 1800 727 555
- Dept of Housing Lifeline 1300 468 746

#### Other numbers

- Treelands Community Centre 6646 1478
- Clarence Valley Community Transport 6645 3200
- Uniting 1800 864 846
- Yamba Police Station 6603 0199