MAINS

CHICKEN

SAGE BUTTER CHICKEN

Slow roasted chicken & shallots

CHICKEN PARMESAN

marinara sauce, mozzarella, parmesan & garlic breading – with spaghetti & Caesar salad

CHICKEN CHASSEUR

fresh herb butter sauce, tomatoes, mushroom & homemade vegetable stock – white beans & kale

COQ AU VIN

Crispy chicken thighs, red wine reduction, mushrooms & Onion.

CHICKEN FRICASSÉE

Creamy mushroom & chicken stew

SHERRY CHICKEN

sherry wine cream sauce, leeks, thyme, arugula & mushrooms

CILANTRO CHICKEN

Cilantro & lime marinated

BLACKENED CHICKEN WITH MANGO SALSA

blackened breast. mango. lime. cilantro. red onion

BLACKENED AIRLINE BREAST

Blackened and Cast Iron Seared Airline Breast

JERK CHICKEN

sweet peppers & coconut cream reduction

SMOKED CHICKEN & SWEET CORN

Homemade sweet BBQ

CAST IRON CHICKEN BREAST

arugula pesto, lemon & olive oil



TERIYAKI CHICKEN

homemade teriyaki, pineapple & green onion – sweet potato hash & citrus salad

SMOKED CHICKEN THIGH

Coconut glazed

SEAFOOD

STUFFED SQUID

roasted fennel, chorizo, chard, anchovy, pine nuts & squid ink aioli

SEARED SALMON

Cast iron seared, lemon caper beurre blanc – parmesan risotto & aparagus

BLACKENED SALMON

Roasted corn salsa & green onion oil

BOUILLABAISSE

Classic French Fish Stew, homemade saffron stock, grouper, shrimp and shellfish with baked zucchini rouille

LOCAL WHITE SHRIMP

smoked paprika butter & garlic oil

COCONUT SHRIMP

orange & apricot jam

– Fried Rice & Citrus Salad

BACON WRAPPED SCALLOPS

with roasted shallot butter

COCONUT CRUSTED SALMON

Jamaican spices, fried leeks, mashed purple potatoes & braised kale **PORK**

GRILLED PORK TENDERLION

Pickled onion, beet puree

CURED PORK BELLY

Slow roasted, smashed cauliflower, pickled mustard greens with thyme & beet oil

PULLED PORK

Sweet BBQ, onion and tomato

KALUA PORK BITES

slow roasted Hawaiian style pork, pickled cabbage & pineapple chutney **BFFF**

FILET GRUYERE

seared filet, gruyere crust

– blue cheese wedge salad & duck fat roasted potatoes

BEEF TENDERLOIN IN YUENGLING GRAVY

thyme, onion, green beans & mushroom

SHRIMP SCAMPI

White wine, parsley, lemon butter sauce

FLANK STEAK

Arugula Pesto
– duck fat roasted potatoes & zucchini with mushrooms

SHORT RIBS IN PINOT NOIR

Arugula pesto, baby carrots, roasted hazelnut

PINOT NOIR BRAISED SHORT RIBS

Slow cooked with garlic & thyme. Pinot Noir reduction, Gruyere potato pave, roasted baby carrot & broccolini

STEAK SANDO

grilled filet, pickled onion, gouda, chimichurri aioli **VEGETARIAN**

STUFFED PORTOBELLO MUSHROOM

roasted vegetables, Gruyere cheese and garlic bread crumbs

CHICKEN & GOAT CHEESE QUESADILLAS

cilantro, cheddar, pico de gallo

STUFFED PEPPERS & MUSHROOMS

smoked gouda & arugula pesto

GRUYERE GRITS

Gruyere cheese, Marsh Hen Mills grits

SWEET POTATO CROQUETTES

roasted red pepper aioli