

A Weekend of Deep Lomi, Table Thai, and Dynamic Stretching!

Join us for a weekend of exploration, growth, and transformation as we teach you our proprietary style of Deep Lomi Table Thai Fusion and Dynamic Stretching (and an 8-hour online review of the entire massage, including detailed breakdowns of each specific technique).

Deep Lomi Table Thai Fusion allows you to be infinitely creative and expressive with your massage while producing significant therapeutic results for your clients – all with less energy, effort, and wear on your body. Deep Lomi Table Thai Fusion is a beautiful integration of several amazing styles of bodywork:

Deep Lomi is generally much slower, deeper, and intentionally inquisitive than similar styles of massage. It encourages the client's body to move beyond its usual limits. Anticipation is replaced with acceptance. Muscle guarding is greatly reduced, if not completely eliminated. Deep Lomi Massage has several profound effects on the neuromuscular system: decreasing muscle tension and spasms, increasing the range of motion in the joints, and breaking tightly held neuro-physical and neuro-emotional patterns.

Table Thai Massage, Dynamic Stretching, and Compression techniques are extremely effective therapeutically, and your clients will absolutely love how these techniques make them feel. The combined use of deep compressions and stretching techniques will immediately transform your massage. Your bodywork will be exponentially deeper, more therapeutically effective, and altogether amazing while at the same time reducing the amount of stress that you put on your body.

The bottom line is that this work is beautiful, dynamic, effective, and memorable. It will help you distinguish yourself from other therapists in your area because there are very few therapists who know how to do either one of these well, and far fewer who can integrate the techniques seamlessly with their “regular” massage work.

Your Teachers



Joe Lavin LMT, CPT, CEIM, AOBT

Joe is a Licensed Massage Therapist, Certified Educator of Infant Massage, NCBTMB Nationally Approved Massage Instructor, IMA Educational Ambassador and Certified International Teacher, Certified Phenomenal Touch Practitioner®, Certified Ashiatsu DeepFeet Bar Therapy Practitioner®, Certified Sarga Practitioner®, Certified Reiki Master & Teacher, as well as being certified in IASTM (Instrument Assisted Soft Tissue Mobilization) and Contemporary Cupping Methods. Joe operates several boutique massage practices, a continuing education school, a Couple's Massage Workshop business, and teaches all over the world.

Wendy Lavin, PT, MPT, FAAOMPT, CSCS

Wendy is a manually trained physical therapist with over 25 years of experience treating orthopedic injuries (musculoskeletal and neural), post-surgical rehabilitation, and pain management. She also specializes in the pelvic health needs of women (including pre and postpartum therapy, pelvic pain, and incontinence) and TMJ disorders (restoring stability/or mobility of the jaw, decreasing muscle tone, and correcting jaw movement). Wendy owns and operates her own private physical therapy practice and is Joe's business partner in their continuing education school and Couple's Massage Workshop business.



Schedule: Saturday and Sunday from 9:00 AM to 6:00 PM

NCBTMB CE Hours: 24

Cost: \$395