

## Senior Moments

At the September 8, 2025 Ludington City Council meeting a new concept was started entitled “Senior Moments.” These “Senior Moments,” initiated by the Ludington Senior Citizens Advisory Board, will take place at a city council meeting once a month\* during time allocated for public comments. During these times I will be representing the Ludington Senior Citizens Advisory Board and will share with city council members and others, information to enhance the understanding of issues pertinent to our senior population.

This communication concept came about as a result of all Senior Citizen Advisory Board members being asked to respond to one question, which was “what might we do now that we aren't currently doing, that would benefit senior citizens?” All board members agreed that we needed to do a better job of informing city council members (who appoint advisory board members) and others in our community as well, about senior citizen issues, concerns, accomplishments and value to our community.

It is hoped that by sharing these “senior moments” in the Ludington Daily News, as well as city council members, others in our community might also become better informed, better educated and more willing to advocate for our senior citizens.

The following information was shared during the first “senior moments” on September 8, 2025.

1. “Senior Moments” concept – result of board discussion regarding “what might we do now, that we aren’t currently doing, that would benefit senior citizens?”

### PURPOSE of Senior Moments

a. inform and educate city council members (and hopefully others) on issues pertinent to senior citizens

b. encourage council members (and others) to advocate for senior citizens and keep that population in mind as the city plans for the future

## 2. Information on Senior Citizens Advisory Board

a. 10 members, 3 yr. terms. Each member is recommended by the Mayor and appointed by city council. Members are involved with the Ludington Senior Center as either a volunteer, or provider of services.

### b. Board Duties

- Provide guidance regarding the establishment and provision of services to Ludington senior citizens.
- Encourage, promote, assist and safeguard the rights and abilities of senior citizens to maintain maximum health, welfare, well-being and independence.
- Recommend programs, activities and policies for the operation of the Ludington Senior Center.

\* Senior moments will not be presented to city council January through April of 2026. They will resume in May of 2026.

For further information on the Ludington Senior Center visit:  
<https://www.ludingtonseniorcenter.org>: