

An Dokter Taropwen Pungun Screenin Ususn Pechakun



Poputa June 1, 2026 - October 31, 2026

Achengichen Chon Fitinong,

Foster Farms a kan angang fiti Navigate ren an epwe anisuk ne kaeo usun eomuwe safei iei ME PWAN ngonuk ew sakkun ren eom kopwe akisano met ka kan moni ren insurens ren safei non 2027. Ren emon chon angang ika punuwom mi pwonupwon seni Foster Farms, en a kan wor ei attun fansoun eom kopwe fitinong non eomuwe kompeni we Programen Ususun Pechakun a kan katowow seni Navigate. Fitinong a kan mecheres!

**Auchea: Kose mochen awasano ekkewe fofor mi tapweto ren eom kopwe tumunu pwe eom kewe
pungun ra kan angei me mwan 10/31/2026.**

1. Ateteni ew appointment ren ew iteiten ier chekin pinepin ren noumuwe Dokterin Aewin Tumun ren eom kopwe tumunu pwe mi wor nafen fansoun ren an epwe churuk me pwan eom foforun lab kena repwe fofori me pwan niwinto me mwan ewe nasenon ranin ewe program. Achema ngeni noumuwe chon awora pwe ewe screenin epwe kan namapan code ngeni pwe ew "preventive care" Tumunu pwe ewe chon awora ka kan kuna ii a kan nom non eomuwe amonen aninis network ika en kopwene kan forata ew momo.

*Ika pwe eomuwe chekin pinepin a kan tonong nefinen **November 1, 2025 – October 31, 2026**, iwe eom kewe pungun repwene kan eaea ne awasano ewe met kopwene kan fofori. Kose mochen angei noumuwe chon awora epwe amasowanong ewe Taropwen Dokter mi pachenong me pwan aniwinningeni Navigate.*

2. Awasano ewe kinikinin "Participant Information" seni ewe Taropwen Dokter mi pachenong me mwan eomuwe screenin safei me pwan saini me ranin ewe taropwe. Ewe achemechem seni ewe taropwe a kan ren ewe chon awora an epwe amasowano.
3. Chechemeni pwe kopwe achuun 10 tori 12 awa me mwan eomuwe appointment. Kosapw mongo ika uun chienon chok konik. Angei eom safei usun a kan kawor, me pwan ika pwe en kose kan tongeni achuun pokiten ew sakkun semwen, iwe kose mochen kopwe tapwei an noumuwe dokter kewe orders.
4. Uwei ewe Taropwen Dokter ngeni eomuwe appointment. Eisini noumuwe dokter pwe epwe amasowanong ewe kinikinin "Biometric Screening Results" seni ewe taropwe fiti pungun eomuwe chekin pechakun. Ei poraus a kan fakkun auchea ren fansoun me pwan epwe kan awasano, sain seni noumuwe dokter me pwan uploaded **me mwan 10/31/2026**. An Dokter sainin epwe kan nom won ren ar repwe fofori pungun kena. **Echo taropwe ese unus epwene punguno non ususun chon rese fitinong.**
5. Epwe kan wisom eom kopwe upload noumuwe Taropwen Dokter ngeni www.FosterFarmsWellness.com.
 - a. Ren eom kopwe upload ewe taropwe a unusen wasino: Scaneni ren eom kopwe forata ew kapiin digital ika angei ew sasingen won noumuwe smartphone, iwe aniwinato ngeni ewe portal me pwan fini Complete Form seni ewe menu arun Annual Preventative Exam.
 - i. Upload noumuwe unusunon wasinon taropwe non ewe neni a kawor. Ususumuwe epwene siwin ngeni "Pending" murin ewe taropwe a kan uploaded.
 - ii. Murin noumuwe taropwe a kan chek, ususumuwe epwene asiwin ngeni "Complete" me pwan eomkewe pungun biometric repwene kan kawor ren chechekir.
6. Pungun kena ra kan iteiten kawor menon 10 ranin bisinis. Sineiin noum kewe nampa me pwan ekkewe nenien ngaw mi ew fakkun auchean pekin ren aeochunano eom pechakun me pwan pechakunen nonomum. Chechemeni pwe kopwe log sefaninong ngeni eomuwe Navigate account ren eom kopwe cheki porauseomuwe.

Taropwen Dokter

Porausen Chon Fitinong (Awasino seni chon safei – kose mochen maakei)

Noun Chon Non Mwich ID:

NASENON ITEN:

MAAKEN NUKENAPEN ITEN:

Met en emon: ☐Mwan ☐Fefin ☐Pwan ekkoch
☐Use mochen ponuwani

AEWIN ITOM:

NAMPAN FON:

RANIN
UPUTIWIN:

ADDRESSIN AN:

CITY:

STATE:

ZIP CODE:

ITEN NENIEN ANGANG: Foster Farms

EMAIL:

AN CHON FITINONG SAIN (REPWENE MOCHEN): RANIN:

ITEN CHON FITINONG (KOSE MOCHEN MAAKEI):

Pungun Biometric Screening kena (Awasino seni dokter)

RANIN CHECHEK: / /

TAMWOM:

BLOOD PRESSURE mmHg:

FT. IN.

/

WEIGHT (LBS):

EWUUCHAN INISUM %:

UNUSEN CHOLESTEROL:

AWUKUKUN ARUN INISUM (INIS):

A1C

TRIGLYCERIDES:

LDL:

N/A

BMI:

COTININE:

HDL:

SUKEN ACHUUN:

N/A

AN DOKTER SAIN (RA MOCHEN): RANIN:

ITEN DOKTER (KOSE MOCHEN MAAKEI):